

The

BRISBANE BUSHWALKER

Sep 2018-Nov 2018



BRISBANE BUSHWALKERS QUARTERLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001
www.brisbanebushwalkers.org.au

MEETINGS

CLUB MEETING: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

Start time: 7:30pm for new members (for an introductory talk).
8:00pm (or a bit earlier) for existing members.

COMMITTEE MEETING: Committee meetings are held on the 1st Wednesday of the month at 7.00pm at 228 Stafford Rd. Stafford. (cnr Gamelin Cres). All members are welcome to attend. (Check for December and January in case meetings are rescheduled.)

EQUIPMENT HIRE

The following equipment is available **for club activities**.

The charge *between meetings* per item is:

Foam mat	\$2.00
Self inflating mat	\$5.00
Stove	\$5.00
Tent or Pack	\$10.00

Members can hire up to 4 items at one time for a maximum charge of \$10 per person.

All equipment may be booked for hire by emailing the Equipment Officer. Pre-booking will ensure availability.

PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only.

MEMBERSHIP FEES

<u>Full Members:</u>	Singles	\$40 per annum
	Couples	\$60 per annum
Annual membership falls due 28th February.		
<u>Probationary Members:</u>	Singles	\$20 per 6 month

LIBRARY

Free loan to members:-

Books, Magazines, DVDs, CDs

Free loan to leaders:-

Maps and Rasters

Duration of loan:- 2 weeks for Maps, 4 weeks for all other items. If unable to return items on time please put them in the mail.

For Sale:-

Snake bandages: \$10.00

Car stickers and badges: 3.00

Club T shirts, jackets, vests

FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members).

The Club will refund 50% of cost upon completion.

COVER PHOTOGRAPH

2018 Photo Comp - 1st Prize Amateur Bushwalking/Action
Errol Thomas, "Hinchinbrook Island"

CLUB OFFICIALS

President	Stephen Simpson
Vice President	Marion Daverniza email: vicepresident@brisbanebushwalkers.org.au
Secretary	Lucy Guzman
Treasurer	Tom Cowlshaw 0427 226 006
Outings	Diana Norkaitis email: outings@brisbanebushwalkers.org.au
Safety & Training	Nick Brooking
Membership	Brenda Beattie email: membership@brisbanebushwalkers.org.au
Librarian	Margretha Gould (& Julie Brown) email: library@brisbanebushwalkers.org.au
Equipment	Steve Cockburn (& Jenny Howell) email: equipment@brisbanebushwalkers.org.au
Photographic	Angie Sobyra (& Ian Poynten) email: photographic@brisbanebushwalkers.org.au

Social	Libby Andersen email: social@brisbanebushwalkers.org.au
Technology Officer	Shaun Johnston email: technology@brisbanebushwalkers.org.au
Abseil Coordinator	Lynley Murtagh email: abseiling@brisbanebushwalkers.org.au
Members Registrar	Anna Bransden 0432 248 945 email: registrar@brisbanebushwalkers.org.au
Website Admin	Shaun Johnston email: webadmin@brisbanebushwalkers.org.au
Editors	Eugene Hedemann (& Jenny Zohn) email: editor@brisbanebushwalkers.org.au

Contact Officers

0431 691 773 (Tom Cowlshaw) or

0423 095 580 (Steve Cockburn) or

0434 194 996 (Barry Culley)

These are VOICE ONLY numbers (ie. no SMS)

PREPARING FOR AN ACTIVITY

Information on the types of activities, their grading scales and the types of equipment you may need can all be found on the website at these places:

Activities the Club Undertakes

Brisbane Bushwalkers Club offers a wide range of activities for members' enjoyment. The main club activities are day walks, through walks and base camps. These are ...

See full article at website: <https://www.brisbanebushwalkers.org.au/club-activities>

Activity Grading System

Brisbane Bushwalkers conducts activities over a wide range of skill levels. Consequently, we have evolved a grading and classification system which is designed to be ...

See full article at website: <https://www.brisbanebushwalkers.org.au/gradings>

Recommended Equipment

Initially we recommend you spend little or no money until you discover which activities you enjoy. Discussion with experienced members will reveal the "pros and cons ...

See full article at website: <https://www.brisbanebushwalkers.org.au/equipment>

The Brisbane Bushwalkers Quarterly News is a selection of articles that have been posted on the Brisbane Bushwalkers web site over the past few months. This newsletter will be published quarterly - or thereabouts - depending on the number of articles that are posted.

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Committee Members for 2018/2019

Congratulations to the incoming Committee members elected at the AGM on 24th October - please support them in their roles.
(The position of Abseil Coordinator has now been made a Committee position.)

Position	Person	Club email
President	Stephen Simpson	president@brisbanebushwalkers.org.au
Vice President	Marion Daverniza	vicepresident@brisbanebushwalkers.org.au
Secretary	Lucy Guzman	secretary@brisbanebushwalkers.org.au
Treasurer	Tom Cowlshaw	treasurer@brisbanebushwalkers.org.au
Outings	Diana Norkaitis	outings@brisbanebushwalkers.org.au
Social	Libby Andersen	social@brisbanebushwalkers.org.au
Technology	Shaun Johnston	technology@brisbanebushwalkers.org.au
Membership	Brenda Beattie	newmembers@brisbanebushwalkers.org.au
Safety & Training	Nick Brooking	training@brisbanebushwalkers.org.au
Library	Margretha Gould (& Julie Brown)	library@brisbanebushwalkers.org.au
Equipment	Steve Cockburn (& Jenny Howell)	equipment@brisbanebushwalkers.org.au
Photographic	Angie Sobyra (& Ian Poynten)	photographic@brisbanebushwalkers.org.au
Abseil Coordinator	Lynley Murtagh	abseiling@brisbanebushwalkers.org.au

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Registrar	Anna Bransden	registrar@brisbanebushwalkers.org.au
Family Co-ordinators	Malcolm Crabtree & Jenny Newmann	family@brisbanebushwalkers.org.au

Correspondence - Newsletters/Magazines Oct/Nov 2018

Posted by Lucy Guzman (Secretary), October, 2018

Hi all,

I am back after spending some quality time with family and friends in my home country; the experience was re-energizing. Now, I am catching up with the correspondence received during the last couple of months. Please find below items relevant to our activities and newsletters we have received lately (up to mid-Oct 2018).

[Those items in *italy*cs have associated documents on the club web site. From the club web site, click on the item to view the doc.]

- **BBW Certificate of currency.**
The Club has recently updated its Public Liability Insurance by increasing the limit of indemnity to \$20,000,000. See additional details on the BBW website (Resources > Rules & Forms > 17. *Club Insurance Policy*)
- **Mt Coot-tha zipline.**
The Brisbane City Council site provides updated information regarding this project. There is a summary on the three experiences proposed, a timeline and details on how to contact Council if more information is required.
- **BWQ Annual General Meeting.**
Bushwalking Queensland Inc. will held their Annual General Meeting at the Ashgrove Library on 15th Nov 2018.

- Newsletter **Jilalan** - Catholic Bushwalking Club - *August, September and October 2018*
- Newsletter **Footnotes** - Bushwalkers of Southern Queensland - *August, September and October 2018*
- eNews **Queensland Outdoor Recreation Federation (QORF)** - *August and September 2018*
- News **The Leaf - Greening Australia** - *August and September 2018*
- Newsletter **Footprint** - Toowoomba Bushwalkers Club - *August and September 2018*
- Magazine **Protected** - NPAQ - *Issue 22 Spring 2018*. Hardcopy of this magazine is available from the BBW library.

Note: Minutes from the Management Committee Meetings are available from the [minutes page](#).

Update 05/11/2018:

- **Good Practice Guide (GPG) for Canyoning** has been released for public comment. QORF. Submissions close 12 Nov 2018.
- News **The Leaf** - Greening Australia - Oct 2018
- eBulletin **Neck of the Woods** - NPAQ - Issue 78

Photographic Competition 2018 Results

Posted October, 2018

The BBW annual photographic competition took place on Wednesday 10th October. All 31 winners received a prize. Photos were judged by Stef Dunn (Digital Dreamtime).

A very big thanks to our judge Stef Dunn and our sponsors who supported this activity, including Mt Barney Lodge, K2 Base Camp, club member Debra Huntley, Great Walks Magazine, Paddy Pallin & Bunnings Warehouse.

Thanks everyone for supporting this event. Looking forward to another great year of photography ahead!



Grand Prize Winner

Congratulations to Richard Lukacz for being the 2018 BBW Photo Competition Grand Prize Winner!

Photo title: Little flower under magnifying glass

Category: Enthusiast - Macro/Wildlife



Photographic Competition Results

Our Photographic Competition Page has been updated with the 2018 results!

If you missed the meeting, check out the results and winning photos here!

<https://www.brisbanebushwalkers.org.au/photographic-competition>

[Those items in *italy*cs have links on the club web site. From the club web site, click on the *italy*cs to view the linked article.]

Amateur – Bushwalking/Action

1st Prize Errol Thomas, Hinchinbrook Island
2nd Prize Lou Darveniza, Mount Maroon
Highly Commended Mary Brook, Green Gully



Amateur – Landscape

1st Prize Barbara Jones, Carlo's Blow
2nd Prize Chris Hall/Shannon Bratton, Maiala FMR Navigation
Highly Commended Lisa Fleming, Chilly Sunrise over Flinders



Amateur – Wildlife/Macro

1st Prize Lisa Fleming, Fun Guy Pun
2nd Prize Liz Izquierdo, Equilibrium
Highly Commended Michele Cottrell, Burnt



Amateur – Natural Light

1st Prize Liz Izquierdo, Mt Flinders view
2nd Prize Errol Thomas, Hinchinbrook Island
Highly Commended Bernie Ryan, Lake Cootharaba



Amateur – Overseas Tramping

1st Prize Stephen Cockburn, At the end of the rainbow no gold nuggets, Mueller Hut, NZ
2nd Prize Eiril McNamara, Steps
Highly Commended Eiril McNamara, Minster



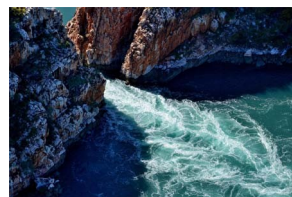
Enthusiast – Bushwalking/Action

1st Prize Peter Hunt, Leap of faith
2nd Prize Richard Lukacz, Between rock and hard place
- Horizontal Trekking at Blue Gorge, Sundown
Highly Commended Lou Darveniza, Byron Gorge



Enthusiast – Landscape

1st Prize Peter Hunt, Horizontal Falls
2nd Prize Stephen Simpson, Smoky Hills
Highly Commended Liz Izquierdo, Hinchinbrook



Enthusiast – Wildlife/macro

1st Prize Richard Lukacz, Little flower under magnifying glass
2nd Prize Stephen Simpson, The Claw
Highly Commended Liz Izquierdo, Fingers flower



Enthusiast – Natural Light

1st Prize Richard Lukacz, Misty morning on Fraser Island
2nd Prize Michele Cottrell, Tree fingers
Highly Commended Stephen Simpson, Rock kiss



Enthusiast – Overseas Tramping

1st Prize Vanessa Orr, Misty Mountains
2nd Prize Nicholas Shera, Autumn Foliage in the White Mountains
Highly Commended Nicholas Shera, Road through White Mountains



Albert River Circuit - Lamington National Park

Roz Glazebrook

After camping at O'Reilly's on Friday night, eight BBW members started out after an early breakfast to walk the 21.8 km Albert River Circuit. The track starts from the Border track and turns off on the circuit after about five km. We chose to do the walk in an anti-clockwise direction so we could enjoy the creek crossings and waterfalls while we were still fresh.

Leader Brenda had told us to expect quite a few creek crossings and to bring a spare pair of socks. We followed the track down to the river and crossed over. Four men were ahead of us and not long after we crossed the river we came across them heading back. They told us the track petered out. We all started looking around for the right track. Eventually Brenda went back across the river and found the large arrow pointing the way to the right. It was at head height and we had all missed it by concentrating on how we were going to get across the river on the rocks. It was a good lesson in backtracking to find the right track. I think the four men were impressed when we called them back and pointed out the right way to go.

On the way we saw one of the elusive Lamington Spiny Crayfish and some lovely flowering cascade lilies (*Helmholtzia glaberrima*). The adult crayfish can grow to 100-130 mm long. They have a prominent spiny tail with the outer edge of the claw covered with a series of spines. The inner edge of the wrist claw also has two prominent spines and they have a moveable finger of claw with 1-4 spines at the base.

The Lamington and Springbrook crayfish are vibrant blue or blue-green contrasting with white. They live in streams bordered by rainforest and sometimes in wet eucalypt forest at more than 300 m altitude. Walkers often find them walking along rainforest tracks after rain. They can be very aggressive and wave their claws around and hiss at you and have been known to give painful nips if handled. I heard there is a steep fine for handling them.

The cascade lilies are also called stream lilies. They are native to New South Wales and Queensland rainforest creeks and gullies. We were lucky to see the pale pink tall flower spikes as they only appear in summer. It was still Spring when we were there.

There were lots of beautiful waterfalls along the way, including Echo Falls, Mirror Falls, Gwahlahla Falls, Gurrungulli Falls and lots of others. There were also lots of cascades.

We stopped for lunch at the lookout at Echo Point where we had magnificent views into New South Wales and the peaks surrounding Mt Warning.

There is a campsite at Echo Point, and small groups of walkers can book this campsite through the national park website. On our way out we met two fathers with their young daughters heading to the campsite to camp. The two young girls looked very excited to be having such a great adventure.

Brisbane Bushwalking club often has a through walk to Echo Point where they camp overnight and return the next day, but we decided to do the walk as a day walk and return to camp at O'Reilly's for a second night.

There are stands of ancient Antarctic beech trees (*Nothofagus moorie*) along this track. These majestic trees are a link with Gondwana and are protected within Gondwana Rainforests of Australia World Heritage Area. On the way back to O'Reilly's we passed the Cominan lookout.

We didn't need our spare dry socks as none of us got our feet wet crossing all the creeks, and no one got any leeches or ticks either, which is unusual. It was a lovely walk and you will enjoy it if you get the opportunity to go.



Our group near Antarctic Beech Trees



Creek crossing



Put your foot there...

Trip Report: "iPod On Coolum"

Coolum Mountain. And Point Arkwright to Peregian Beach

Posted by Greg Kuss, December, 2018

The alarms went off at 3:30 am. It was Greg's annual Christmas walk. Mt Coolum and Point Arkwright to Peregian. Greg arrived at Enoggera Station, and just as he opened the boot his phone went off. It was Stefan Choo - Stef had grabbed the wrong pack and had to return, he would be 10 minutes late, could they wait. OK Stefan, Greg confirmed we will see you when you get here. This was one of the many times that day, they would have to wait for Stefan. Stefan Choo is a Doctoral candidate at QUT. His research explores the topic 'Tuning-in' to music to 'tune out' on-the-go, and imagine gestures through the use of portable music devices.

The itinerary had been emailed to the 11 participants earlier in the week:

Itinerary for Saturday.

5:00 Depart Enoggera station. to Coolum Mountain

7:00 - 8:00 Mt Coolum

8:00 - 9:00 Coolum Mountain, Point Arkwright, Peregian, Point Arkwright car shuffle.

9:00 - 10:00 Point Arkwright to Coolum walk.

10:00 - 10:15 Coolum swim.

10:15 - 11:15 Lunch at Raw Energy Cafe Coolum

11:15 - 1:15 Beach walk Coolum to Peregian.

1:15- 1:45 Peregian swim.

1:45 - 2:15 Pick up car.

2:15- 2:45 Afternoon tea at Baked Poet Cafe Peregian Village.

2:45 - 4:45 Cars Peregian to Enoggera.

4:45 - 5:30 Enoggera to our houses.

Great! They were already 10 minutes late to "Greg's" to the minute timed day!

Once in Greg's new Ford Fiesta Sport, 3 cylinder, 1L turbo, with the voice activated Sony sound system, the playlists on his new \$600, 120gig Apple Ipod touch started to kick in. They were treated to playlists from the likes of artists Tex Perkins (By the way he is releasing a new album with the Beasts in the new year), Lana Del Rey and a great 95 song mix. An hour and 40 later saw them scale Coolum. Great views. And a never-ending stream of coast girls and guys in tights and sports bras. "Stefan can you take a pic of Tom and I on my iphone?" "Sure Greg!" And it was instantaneously posted to facebook. 7:30am.

The car shuffle ensued. They were treated to the melodies of Angus and Julia Stone from the ipod touch on the return. Everyone enjoyed the fantastic views around the Pt Arkwright headlands and the Coolum lookout. They cooled off with a swim at Coolum Beach next. Loved it!

Brunch at Raw Energy health food café with innovative cuisine, saw Vegan and Vegetarian dishes all round, and a rasher of bacon thrown in for the meat lovers. Cold smoothies, "Banana Bender", "Coolum Coolum", and "Pine Thrills" chilled their souls. Triple shot coffees finished off the sorte to prepare them for the final 6km march up the beach to Peregian.

Tom grabbed a Tee from Red Zoo, street surf and skate wear store next door. It was a great new motif to match Greg's "Mad Huey's" Captain of the ship tee. They love to wear these tees after walks to stir the establishment.

Although temperatures sored to 38°C in Brisbane that day, they barely reached 30 on the beach, and it was low tide, hard sand with a cool breeze in their faces all the way to Peregian. Another swim ensued, where they all wallowed in the blue waters, dreaming of places far away.

After a change of clothes, coffee and cake followed at the Baked Poet Café. Sidewalk tables were quickly prepared for the 11 of them by the proprietor. The coffee was strong and extra hot just the way Greg liked it, and they all commented that the cakes might have been made in house. A perfect finish to a perfect day. Stefan sang an operatic song in Italian to a tune from the movie "The God Father" at the table as their Christmas send off, which ended in a round of applause.

They jumped in the cars and headed back down the highway to Brisbane. Not a hold up and once again 1 hour 40 minutes journey. In the fiesta on the way to Yandina they were treated to a playlist from the haunting sounds of Boards of Canada. Greg commented to Tom did he remember the song from the list that had been played in the car on the way back from the "Big Moreton Trips" dedicated to Katia. Tom remembered. Once back in city limits rock from the likes of Jimi Hendrix, digitally remastered Imagine by John Lennon and other punk tunes reverberated through the sound system as the volume was cranked up a number or two to finish the day.

I think everyone enjoyed the day. A good mix of people, and a variety of activities with an end of year theme. Oh, and I was back at my place by 4:30 an hour earlier than scheduled. Love you all.

Trip Report: Middle Ridge Traverse (Lamington NP)

Posted by Chris Hall, November, 2018

This trip across Middle Ridge Traverse was to be a combined walk with the Lamington National Park Rangers and BBW Leaders who were keen to lead it in the future. Unfortunately illness and work priorities prevented the Rangers from participating and they reluctantly took a rain check, this time around. The walk is off track and is about 13km long with over 1,000m of ascent throughout.

Weather was in our favour, however the lack of wind and increased humidity made the 'ups' a bit of hard work but the creeks were very enjoyable. We had two groups, one led by Ray Glancy from the Green Mountains side just above Bull Ant Spur, parking the cars in the dirt carpark at the top of Duck Creek Road. There were 7 in this group including Annette Miller, Jane Davidson, Anton Raynor, Anna Bransden, Glenys Bradley, Steve Ponsonby and of course Ray. David Sydes led the 2nd group of 6 from the carpark at the Binna Burra Information Centre and this group included Chris Hall, Shannon Bratton, Eugene Hedemann, Jo Luke and Annie Marlow.

I was in the group leaving from Binna Burra so can't ably report on all the action of the Green Mountain crew, however I was told that Steve Ponsonby tripped on a vine, stumbled and then trod on a rather surprised large red belly black snake - we think both parties may have soiled their pants/skin J This may have happened around the time when our leader, David, 'hit the wall' just at the cliff line and after about 4km into the walk from the Binna Burra side. I've never seen this happen to David before and it may have been as a result of recent overseas trips, underlying illness or whatever. So the leadership of that group was passed to me, however my companions were of invaluable assistance throughout the rest of the walk.

The first part of the walk from Binna Burra side is fairly straight forward with some pink/orange tape marking the way up the ridge to the cliff line. The morning tea tree/lookout has to be searched for but the tree/lookout overhangs the cliff markedly. Navigation on the next section is a bit vague as there have been a lot of older tree falls burying the tape, so the turn left off the saddle down to the creek needs to be found. Once on that ridge, try and stay on it all the way to the bottom where it gets skinny and hits the creek. We decided to shortcut slightly to the right as we heard the creek and ended up doing some dirt/bum sliding down steeper slopes but it was a little quicker. Follow the creek and you'll get to look over Joonbeela/Curtin Falls where you sneak around to the left and follow the track to Fountain Falls. We arrived at 11AM (lunch) after leaving Binna Burra at 7:30AM. The Binna Burra mob arrived about 10 minutes after with Annette and Stephen across the line by a nose.

The trip thus far from Binna Burra was 5.7km with 501m of ascent and 521m of descent, leaving us another 6km, 584m of ascent and 327m descent to the end point at Duck Creek Road, Green Mountains.

The next 3.7km to West Canungra Creek requires some diligence in keeping an eye out for tape as well as knowing at which elevation points to do critical turns. About 1.6km from Fountain Falls up a 200m slope, you need to do a sharp right turn and then come across a small rock cairn. A lot of groups miss this cairn as it is only about knee height and is on a slope, not a peak. After that you head down a wide ridge and pass a large log on your left where the Green Mountains group would have had their morning tea. It is all downhill to West Canungra Creek at this stage.

After a cool down at the Yerralahla/Blue Pool you have a choice of walking 4.9km up the tourist track to O'Reillys and then a 2.5km walk down the road to Duck Creek Road Junction, or you go up Bull Ant Spur for 1.6km and 360m ascent to really cap your day off. Really fit people can do this section in 19 minutes, whilst most of us walk it in 1 hour plus. At the end of a hot humid day, it really finishes you off.

In summary, everyone had a great day out with challenges in navigation and enjoying the views as well as the creeks to cool off in.



Downhill quickstep
(by Annie Marlow)



Fountain Falls (by Annie Marlow)



The two groups meet for lunch at
Fountain Falls (by Annie Marlow)

Trip Report: Kenilworth Bluff - A Hidden Gem in the Sunshine Coast Hinterland

Posted by Shaun Johnston, October 2018

“Kenilworth Bluff” as referred to in this report is a little-visited area known as the Kenilworth Bluff Nature Refuge, on the Southern end of Mount Bonoum, a small massif a few kilometres to the North of Kenilworth. The actual Bluff is a cliff line situated to the North West of the nature refuge, and is located on private property. The Kenilworth Bluff Nature Refuge is nonetheless an interesting place to visit, hosting a variety of birds, abundant forest plant life and fauna, and an impressive cliff line of its own.

I first heard about Kenilworth Bluff from a thread on the *Bushwalking and Hiking in Brisbane and SEQ* Facebook group, where some discussion was occurring about bushwalking opportunities in the Sunshine Coast hinterland. A comment in the thread simply mentioned “Kenilworth Bluff starting at Wilcox Family Park”, with no further clarification. Since I had never heard of this walk, the comment piqued my interest and I started reading up and locating clues about what was being referenced.

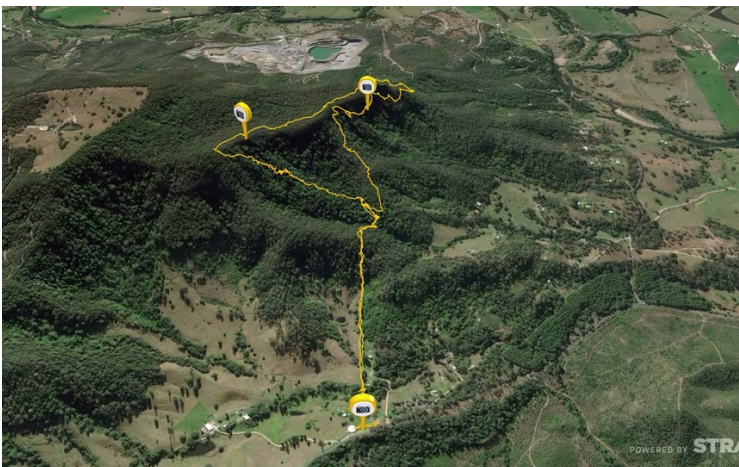
The walk starts at a non-descript sign advertising “Kenilworth Bluff Wilcox Family Park”, situated on Kenilworth-Brooloo Road, near a small parking / turnaround area. If one were simply stopping to look at the sign out of curiosity, one would have difficulty interpreting what the purpose of it was, as the land behind it drops into what appears to be a weed-infested field backed with farmers’ paddocks. However, the sign does indicate that “walking”, “picnic tables” and “sightseeing opportunities” are available somewhere, and that only experienced bushwalkers should proceed. Duly noted!

In fact, the “park” is located on a very thin easement running between two farm properties - in fact as we walked the easement we walked quite close to a shed, no fence or other sign of property boundary between, where a chap was going about his daily business. After walking in a more-or-less straight line, undulating along the easement for about 600 metres and occasionally pushing through stands of spear thistle and other abundant weeds, one comes to the bottom of a staircase running up a bush-covered hillside, where the weeds, thankfully, abruptly dissipate. Research suggests that the staircase was built by participants in a work-for-the-dole scheme at an undetermined point in time, and it does make sense that they were built to mitigate erosion by intrepid feet. As one ascends the three-hundred-or-so steps up the hillside, one’s panting and sweating may be punctuated by curiosity about why such an undertaking occurred in the first place. It is evident that at some point, someone decided that this location would attract greater patronage than it currently seems to. Thus far, one wonders why this would ever be the case.

At the top of the steps a dilapidated-but-still-functional wooden table and chairs provides a welcome spot to catch one’s breath and continue pondering the purpose of this place, before setting off along the track to the North and a bit further up the hillside.

The top of the hill immediately after the table and chairs marks the point where, presumably, “Wilcox Family Park” ends and “Kenilworth Bluff Nature Refuge”, and thus, the real walk begins. This section of the walk is taped, and is also punctuated with red arrows and even the occasional direction pole, yet again indicating a grander purpose for this place envisaged at some point in the past.

One immediately begins descending via a sensibly switch-backed trail down into a gully containing a creek, and the bushland gives way to rainforest as one descends. The creek is quite pretty, and one follows the rocky moss-covered creek bed upstream for a small distance before making an abrupt right turn straight up the creek bank and contouring for a short distance SSE, then making another abrupt left turn to proceed NE up a ridge, eventually hitting an altitude of about 400 metres. At this point, one is below the Southern cliffline of Mount Bonoum, and the trail begins to veer East along the base of the cliff line. Here, the trail is quite broken in places and the terrain could be a little tricky for inexperienced walkers. In fact, in my research I stumbled across an article about an injured bushwalker helicoptered to safety after breaking her ankle on this very walk in 2016. For a stalwart BBWer though, this is another day in the office.



After traversing the base of the cliffline, one eventually comes to a small open area, a small pile of rocks in a straight line crossing a track to the East indicating “NO FURTHER!”, and an arrow pointing up the steep ridge to the North-West.

Our party decided that this was an opportune time for a spot of morning tea, so we settled here for a few minutes before proceeding up the ridge, which is described in an Aussie Bushwalking account as the place where “the climb now becomes more vertical”. In fact there are really only one or two spots where scrambling may be required, however one does need to be sure of their footing on the occasionally loose ground deeply covered in pine needles.

Once at the top of the ridge, a very short razorback is crossed, and some very nice views of the Mary Valley may be taken in. Our group wasn’t too sure if “this was it”, but we decided that if that was the case, we were going to get a bit more out of our day so decided to see if we could find a trail or pad along the Southern escarpment. We set off into the bush, attempting to find the path of least resistance through the tangle of bracken and grass trees. There were occasional signs of a pad and the less occasional

piece of tape, but the going was relatively easy and eventually we found ourselves on a rocky precipice (complete with a strangely festooned geocache) and an even more magnificent view over the valley. Perfect lunch spot!

In my reading I had noted that there was a waterfall "about a kilometre to the west" of the plateau, and there was tacit confirmation of an alternative route back down a South-West ridge- "the original cutting". After another look at the report which indicated these features, I am of the view that the "precipice" where we lunched may actually be the waterfall, but it was bone dry when we visited. Further investigation is warranted!

Nonetheless, after lunch we decided that we would continue West, try to find the waterfall, and then if the terrain looked amicable enough, traverse down one of the ridges or gullies and try to make a circuit of the walk.

After heading West for a short distance, Annie came across a "mandarin bag tag" which indicated that a peculiar soul with an inventive mind and a stockpile of citrus had preceded us. Henceforth, our route West and then down a South-West-but-pointing-South-East ridge would be punctuated by the occasional mandarin bag, its depositor speaking to us through time in a strange but familiar language.

After negotiating the ridge and the tangle of bracken thereupon, discovering an ancient 4wd track and some pads along the way, we eventually pushed our way through a beastly stand of lantana (Annie forging forward aided by my secateurs) and broke out at the pretty moss covered creek. From there it was a short amble down the creek, a few switchbacks up to the top of the hill, down to the table and chairs, and then back down the steps and across the easement back to our cars.

Kenilworth Bluff is a lovely walk with some nice variety, spectacular views, a little bit of fun terrain, and for those so inclined, a small navigational challenge to make the walk a circuit. Our only complaint was that it was possibly a little late in the year to do the walk, and it would be better suited to the Winter months. This walk would be an ideal component of a base camp situated in the Sunshine Coast Hinterland.

The distance of the walk was quite short, at about 7.25 kilometres, but at a moderate pace we clocked in about 5 ½ hours to cover this distance. With some of the terrain on the way up to the plateau, the walk would attract a terrain grading of "low" 5, but if one adds the off-track traverse down the ridge / gullies to make a circuit, the 5 would be undisputed. We clocked in 606 metres of elevation gain, which just scrapes in at a physical / endurance grading of 'C'. Consequently, our recommended grading for this walk would be Short Day Walk 5C.

At the conclusion of our walk, we stopped at Nanna McGinn's Coffee Shop, which is open until 4pm on Saturdays and Sundays. Although they were well patronised when the 10 of our group visited, they were very good about accommodating our large group, and their organisation was excellent. Nanna McGinn's provides table service, and one may pay individually at the end of their sitting. The food and drinks are great, and Nanna McGinn herself also produces an excellent assortment of jams, chutneys and relishes which may be readily purchased. As I like to say, the coffee shop is half the survey, and in this case we lucked out with both a fun walk that is readily repeatable, and a great cafe at the end. A very satisfying day!

Special thanks to Gavin Dale of Glasshouse Bushwalkers for information about the easement and entry to the Nature Refuge.

To see a small video illustrating the route we took, please have a look at my *Relive Video* of the walk.

References:

- Hinterland Times - *Hinterland Gem - Kenilworth Bluff - a tricky climb steeped in history*
- Aussie Bushwalking - *Kenilworth Bluff - Wilcox Family Park Trail*
- Sunshine Coast Daily - *Bushwalker Winched from Kenilworth Bluff*
- Sunshine Coast Bushwalking Club, Trudge Newsletter, May 2010 - "*Kenilworth Bluff 11 April 2010 - It's about the Journey, Not the Destination*"

[Those items in *italycs* have links on the club web site. From the club web site, click on the *italycs* to view the linked article.]



View from Kenilworth Bluff

Trip Report: Purling Brook Falls and Twin Falls - Walking in the rain

(STORM SEASON ALTERNATIVE to Warrie Circuit)

Posted by Brenda Beattie, October 2018

We 10 enjoyed a fabulous wet day completing these two popular tracks after deciding that it was a safer option than Warrie Circuit as the weather was significantly closing in. And it had been raining all week so the waterfalls had turned on the best display in months. This fast became a photographic walk.

There were no issues on the Twin Falls tracks even with all the water, and still easy to enjoy walking behind the waterfalls. We were pleased for the extra layers and the coffee that most of us had brought with us in a flask - like a warm hug! The caves and overhangs were a great break from the rain and to eat some snakes (lollies!) The temperature was down to around 14 degrees, but walking soon warmed us through. Alas, the lookouts were a waste for us as there was not too much to see, although some beautiful hardy orchids did make themselves a highlight for us.

The Purling Brook Falls track carpark is still closed at the Dancing Waters Cafe entrance for concreting works, so we drove to Settlement Park Day area in Carricks Road to park. There is good rather large shelter and toilets there. It was the first time I had walked that part of the track, and found it really pleasant and certainly not busy. We made use of the shelter at the end of the walk by using it to change.

We walked clockwise on this track so we could walk down the steps and up the winding path coming back. It is recommended in the map guide to do this way. Again, there were no issues with the amount of water on the steps or the track. Surprising the number of people who brushed away the wet weather (which didn't stop raining the whole time) to enjoy the spectacular falls and rainforest. We did see plenty of birds, but no paddymelons or other wildlife to speak of.

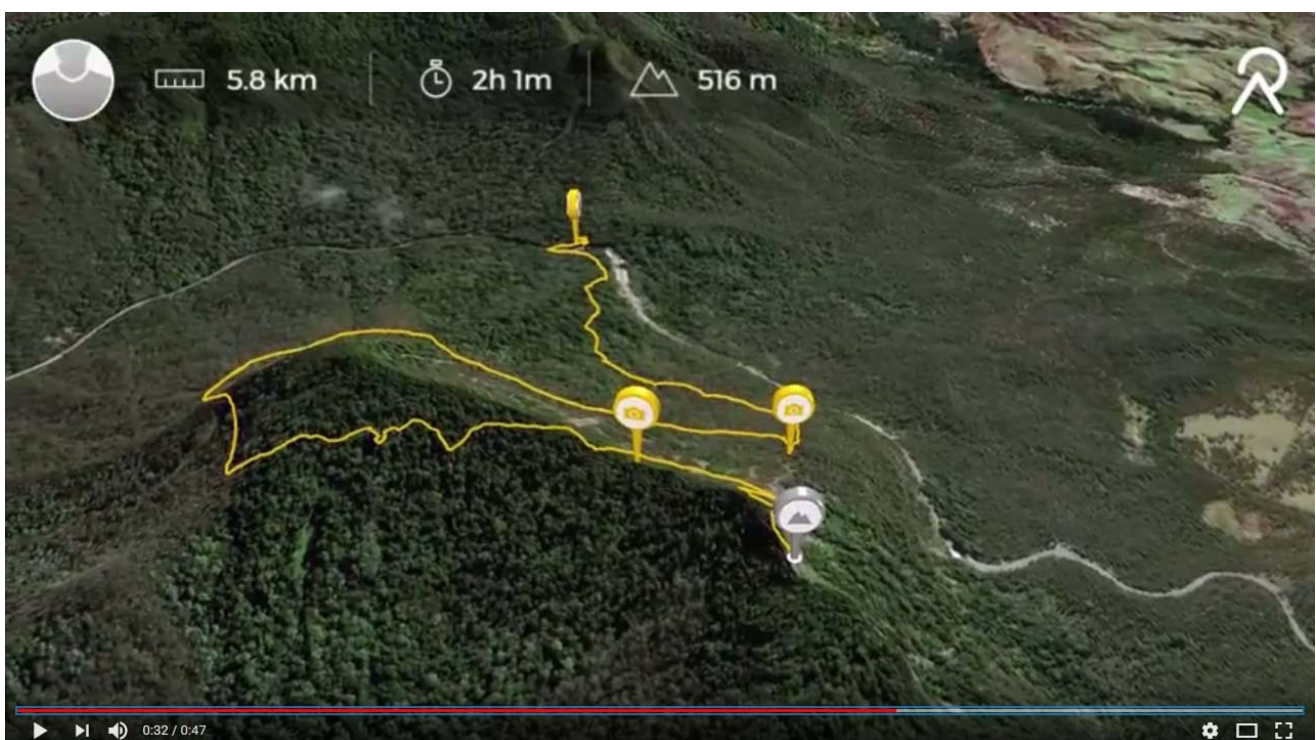
Our final stop was at 'The Lost Fawn' cafe. This is an existing cafe on Springbrook Road, made new again by a marvellous young man named Charles. The food, coffee and service are a credit to the area, especially because you are able to phone Charles ahead to make a booking - he will stay open until you get back from your walk so you can enjoy his hospitality. Just let him know you are from BBW!

Trip Report: Mt Mitchell Bush Walk in 3D - 18 August 2018. Youtube video

Posted by Bea Duffield, August 2018

Have a look at this youtube video of our Mt Mitchell Walk lead by Brenda and Barry: <https://youtu.be/HHImYnI5vY>
[Type the address into your browser or go this post on the club website and click on the link.]

Below is a snap from the video. The walk started from Cunningham's Gap and that "ribbon" in the background is the Cunningham Highway as it crosses the Main Range. Ed.



Mt Greville

Roz Glazebrook

Mt Greville is South West of Lake Moogerah. The 770 metre mountain was gazetted as a national park in 1948. Explorer Allan Cunningham named the mountain after Scottish botanist Dr Robert Kaye Greville in 1928. Greville originally studied medicine, but gave up his medical education to concentrate on Botany. He was also an accomplished artist and natural history illustrator.



A group of BBW members drove out through Aratula towards Cunningham's Gap and turned off at the Lake Moogerah sign. We turned into Mt Greville Road and followed it until we got to small carpark on the right with National Park signs.

There are three different routes up the mountain: Palm Gorge, Waterfall Gorge and South East Ridge. The whole trip up and back is only six kilometers. We planned to go up Palm Gorge and down South East Ridge.

Going up the gorge was very beautiful which helped take my mind off my laboured breathing. I wasn't as fit as I should have been for this walk.

About two thirds of the way up we met a couple of fit young men coming down the gorge. I asked them how much further it was to the top. They both told me different distances and times, then just smiled and said, "It's a good workout".

Eventually we did climb out of the gorge and had a rest before going onto a lookout spot for morning tea. After morning tea we headed up again to the top of the mountain where there was a large rock cairn. There was a view a short distance from the top along a short track to the west. I was very relieved to reach the top and see the rock cairn.

One of the more experienced walkers said he knew a different route down so we all followed him. It was a very steep descent to some slabs of flat rock where we had lunch and fantastic views over Lake Moogerah.

After lunch we walked across a connection track from the top of Waterfall gorge to the South East Ridge Track. I was very pleased when we found the track as I was concerned we may have to go up again if we didn't find it, and I'd sure had enough of going up.

National Parks warn this walk is only suitable for experienced walkers. There are sheer cliffs and rocks can be slippery, especially after rain. I always like to go on walks with people who have been to places before and know the area well. I have heard of people getting lost on this mountain. It would be easy to lose the tracks.

People have been enjoying climbing Mt Greville for many years. An article in the *Queensland Times* on 11 January 1933 described a camping trip to Mt Greville:

"Mt. Greville and Mt. Moore were climbed by energetic members of the party, and the hunters brought in enough game to add pigeon stew and roast wild duck to the menu. Mt. Greville is one of the beauty spots of the district and the climb up through the gorge to the top is well worth the time and energy spent."



Palm Gorge

The *Courier Mail* featured a story on 15 May 1939 about the first nighttime climb:

"Mt. Greville, known as the sentinel to Spicer's Gap, was climbed by five Brisbane residents after midnight on Saturday. It was the first ascent of the mountain in the dark....Leaving Brisbane shortly after 10 pm on Saturday, the party, consisting of Douglas Jolly, Harold Napier, Cyril Hesse, Cecil Streten, and Ley Outridge, journeyed to Reynold's Creek by car. Taking two packs, with food and blankets, the party began the climb at 12.45 a.m. The climbers were fortunate in finding the western gorge, a deep cleft which runs from the foot half-way up the mountain, and they clambered up this, over boulders, fallen timber, and palm leaves.

After a short rest at a look-out on the Mt. Maroon side of the mountain they reached the summit at 4.15am. A fire was lit and bread toasted, and the party watched the sunrise shortly before 6 am. A fine panorama was presented as the sun rose, outlining the Great Barrier Range and Mt. Moon, Mt. Roberts, Mt. Superbus, and Mt. Edwards. The party descended by the eastern gorge and breakfasted in style on grilled meat and poached eggs before returning to Brisbane".

BBW does this walk as a day walk. A night walk would be interesting.