The BRISBANE BUSHWALKER March 2017



BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948) GPO BOX 1949, BRISBANE 4001

www.brisbanebushwalkers.org.au

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 MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome. COMMITTEE MEETING: NOTE NEW ADDRESS The next committee meeting will be held at 7.00pm on Wednesday 1st March at 228 Stafford Rd. Stafford. (cnr Gamelin Cres). All members are welcome to attend. MAGAZINE: Pre-trip descriptions are submitted via the Walks page on the web site. Articles from members, especially post-trip reports, are welcome. Lengthy articles may be edited to fit available space. The preferred method for article submission is email; for other methods please 	EQUIPMENT HIREThe following equipment is available for clubactivities.The charge between meetings per item is:Foam mat \$2.00Self inflating mat \$5.00Stove \$5.00Tent or Pack \$10.00Members can hire up to 4 items at one time for amaximum charge of \$10 per person.All equipment may be booked for hire by emailing the Equipment Officer. Pre-booking will ensure availability.PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only.
discuss with editor. Deadline for the April magazine is the Meeting on Wednesday 8th March .	LIBRARY Free loan to members:- Books, Magazines, DVDs, CDs
MEMBERSHIP FEES Fees include magazine subscription. Full Members: Singles Stopper annum Couples \$60 per annum Annual membership falls due 31st January. Probationary Members: Singles \$25 per 6month Couples \$40 per 6 month	 Free Ioan to leaders:- Maps and Rasters Duration of Ioan:- 2 weeks for Maps, 4 weeks for all other items. If unable to return items on time please put them in the mail. For Sale:- Snake bandages: \$10.00 Car stickers and badges: 3.00 Club T shirts, jackets, vests
COVER PHOTOGRAPH Abseil refresher day—Kangaroo Pt Cliffs photo: Jenny Zohn	FIRST AID CERTIFICATES To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members). The Club will refund 50% of cost upon completion.
Club C	Officials
PresidentChris Hall0498 051 811Vice PresidentGraham Olive0455 539 999SecretaryTom Cowlishaw0427 226 006TreasurerLucy GuzmanOutingsDavid Sydes0419 871 100email:outings@brisbanebushwalkers.org.auSafety & TrainingAndy Mauger	Social Anna-Lena Moore 0423 779 266 Technology Officer Julie Van Dore Abseil Coordinator Ross Ernst Members Registrar Anna Bransden email: registrar@brisbanebushwalkers.org.au Website Admin Shaun Johnston email: webadmin@brisbanebushwalkers.org.au
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	These are VOICE ONLY numbers (ie. no SMS)

ABBREVIATIONS & GRADING

DISTANCE	S hort	— Under 10 km per day
	Medium	— 10 to 15 km per day
	Long	— 15 to 20 km per day
	EXtra Long	g — Over 20 km per day
	-	

Example -- SDW-3B Short Day Walk (SDW) Graded track with obstacles (3) Easy (B)

- ACTIVITY ABSeil; Base Camp; Day Walk; Through Walk; Easy Through Walk; Night Walk; SOCial Activity; KaYaK; CYCle; Safety & Training; Federation Mountain Rescue; ROGaine.
- FAMILY Family Family Group conditions; contact Leader

Note for Leaders when grading a walk: The brief descriptions below are to help members match their ability to an activity. To grade your walk consult the Standard List of Graded Walks.

TERRAIN GRADING - 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- **3** Graded track, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

FITNESS & ENDURANCE GRADING - A to E (Note: Walking times do not include breaks.)

- A Basic Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- **B** Easy About five hours of walking and up to 300m of elevation gain/loss per day.
- C Moderate About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- **D** High High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/ loss per day.
- E Challenging Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or from the BBW website).

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading
 descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- · Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

CAMPING FEES: National Park or State Forest camping fees are \$6.15 per person per night. (The leader will provide details.) Many NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

PROGRAM

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

Februa	arv		
22	S-DW-6C	Annie's, Love and Cedar Creeks	Annette Miller
23	S-NW	Chermside Hills Reserve	Jenny Zohn
	M-DW-3A	Springbrook LODGE Basecamp 3:	
24 20		Dung Beetle Research Walks: LAST ONE!	Michele Cottrell
25	S-DW-5B	Northbrook Gorge from Lawton Rd. via Eagles Nest.	Neill Butler
25	M-DW-3B	West Canungra Creek Circuit; Sunshine Falls	Mary Comer
25		Chermside Hills Reserve - New Members Mini Max	Steve Cockburn
	M-TW-4D	Lake Angelus Basin: New Zealand	Anthony Logan
26-20	M-DW-3A	Jolly's Lookout	Mark Houghton
26	L-DW-4C	Augie's Loop (D'Aigular National Park)	Andrew Fleming
20		Augle 5 Loop (D Algular National Fairt)	Andrew Fierning
March			
2-6	L-TW-3D	Heaphy Track - Great Walk: New Zealand	Anthony Logan
2	TRNG	Thursday Kangaroo Point - Pack Training	Pete Watson
	S-BC/TRNG-4B		Peter Lock
4	M-DW-6C	England Creek Falls via Chert Ridge	Kelvin Taylor
4		MiniMaxs for new members	
•		- Glasshouse Mountains - All Day	Dan Cirsky
5	L-DW-3C	Sunshine Coast Hinterland Great Walk Stage 2	
•		- Flaxton to Gheerulla Circuit	Bernie Ryan
5	M-DW-5C	Mt Barney Waterfall	Marion Darveniza
5	M-DW-4C	Mt D'Aguilar and Hanging Valley	David Haliczer
8-12	L-TW-3C	Abel Tasman Coastal Track - Great Walk: New Zealand	Anthony Logan
8	S-DW-6C	Scotts Creek	Lou Darveniza
9	TRNG	Thursday Kangaroo Point - Pack Training	Pete Watson
10-12		Mt Mee "Summers End" Base Camp	Dwan Moore
11	M-DW-5C	Larapinta Falls	Thomas Bishton
11	M-DW-3A	Artists Cascades	Neill Butler
	M-TW-3B	Echo Point	Mary Comer
11	S-NW-7D	Mt Beerwah and Tibrogargan by Moonlight	Elsy Ramirez
12	M-DW-5C	The Cougals via Boyds Butte	Glenis Bradley
12	M-DW-3B	Mt Cordeaux & Bare Rock	Diana Norkaitis
15	M-DW-2B	Chermside Hills Reserve	Tom Vaughan
15-17	S-TW-6C	Cataract River/Basket Swamp Ck	Lou Darveniza
18	M-DW-4B	Noosa National Park (Headland section)	Dan Cirsky
18	L-DW-3B	Coomera Circuit	Mary Comer
19	X-DW-3C	Sunshine Coast Hinterland Great Walk Stage 3	-
		- Gheerulla Circuit	Bernie Ryan
19	M-DW-3A	Jolly's Lookout	Julie Marsden
25	M-DW-4B	McAfees Lookout to Enoggera Reservoir.	Neill Butler
25-26	M-TW-3B	Echo Point	Mary Comer
25-26	TRNG	Remote First Aid Training Base Camp - Mt Glorious Barracks	Andy Mauger
25	M-DW-6C	Mt May east circuit	David Haliczer
25		Chermside Hills Reserve - New Members Mini Max	Steve Cockburn
26	S-DW-7C	Flinders Peak Creek Adventure	Shaun Johnston
26	M-DW-6D	Around Mt Bangalora	Marion Darveniza
26	M-DW-3A	Somerset Trail, Mt Mee	Anna Bransden
26	M-DW-2A	Lota and Tingalpa Creeks	Julie Marsden
28	M-DW-6C	Cedar & Love Cks from Cedar Ck Rd	Lou Darveniza
April			
1-2	S-NW-5C	Mount Maroon by Starlight	Shaun Johnston
1-2	ABS/TRNG	Kangaroo Point Nursery Cliffs	Lynley Murtagh
2	S-DW-5B	Love & Cedar Creek Falls from the bottom	–
		- slow and easy	Julie Van Dore

2	M-DW-7D	Mt Maroon - South Ridge	Lou Darveniza
2	S-DW-4B	Cainbable Falls (O'Reillys) Survey	Peter Hunt
8	ABS/DW	Redcliffs Abseil	Lynley Murtagh
8-9	M-TW-3B	Echo Point	Mary Comer
8-9	M-DW-7C	Leader's Weekend - D'Aguilar National Park	Marion Darveniz
8	M-DW-3A	Jollys Lookout to Boombana	Valerie Fjellstrom
8	S-MINIMAXS-4B	Mt Coot-tha for new members	Neill Butler
9	SVY	Flinders Peak Alternate Ridge SURVEY	Shaun Johnston
9	M-DW/SVY-5C	Flinders Peak via Mount Blaine SURVEY	Bernie Ryan
	M-BC-3B	EASTER: Moreton Island Basecamp 5 day Long Weekend	
14-17	M-SVY/TW-5C	Oxley Wild Rivers	Tom Pursiheimo
14-17	M-TW-7D	Sundown Circuit	Marion Darveniza
16	M-DW-5C	Neurum Ck (Survey)	Peter Hunt
21-23	L-TW-7D	Lost World/Black Canyon	Tim Easton
22-25	M-TW-4C	Moreton Island North	Greg Kuss
22	M-DW-3B	Enoggera Reservoir Loop (The Gap)	Andy Law
23	SVY	Flinders Peak Creek Adventure MK II SURVEY	Shaun Johnston
23	M-DW-5B	Mount Blaine via Bernie's Bluff	Bernie Ryan

DEPARTURE TIME

Walkers, please be at the meeting point 10-15 mins before the departure time so that car pooling can be organized. Actual departure will be EXACTLY at the stated departure time.

LIFESAVING AT LOWER PORTALS

On Saturday, 11th February, one of the hottest days in recent times, a group of BBW walkers spent a few hours at Lower Portals, a beautiful swimming hole in the Mt. Barney region.

A young couple, not members of the Club were also there to enjoy the cool waters. We had left the pool and were getting changed ready for our walk back when we heard the shout of "Help" from the young woman, unsighted by most of us as it was around the corner in the deep part of the pool. Three of our members, Josie Duigo, Neill Butler and Keiko Tanaka immediately went back into the pool to offer assistance. Apparently the young man had been encouraged by his partner to venture out to the deep part, and on realising he could not touch the bottom, had started to panic. She was a slightly built girl who was trying to help him but he was only making it worse for both of them and causing her to struggle as well.

In the words of Neill - "Josie was out to the guy so quickly she actually had him and had started to return as I approached. He was not in a good way though and before Josie grabbed him I could see his face was starting to duck into the water. I think he was pretty exhausted. After Josie had towed him a fair distance into the shallows where he could touch bottom we stayed with them in the water for a while as the guy was clearly shaken. He seemed pretty distant and said he was dizzy, so I wanted to make sure he at least got out of the water and was responding verbally before leaving. Josie was the star though - amazing how she sprang into action and absolutely awesome how she brought the guy back into the shallows so quickly. I don't think it could have gone better if we'd had a professional lifeguard there."

Josie told us afterwards that she had learned lifesaving skills at school and had told the man to calm down, stop fighting and relax while she towed him in true lifesaver fashion to the shallow waters to recover.

Great job by all three BBW members - we have such a huge store of untapped talent in the Club and in this case, it helped save someone's life

Marge Henry



This walk is full.

.....Coming Trips.....

ANNIE'S, LOVE AND CEDAR CREEKS Day Walk Wed 22 Feb LEADERS: Annette Miller 0418 791 841 GRADE: S-DW-6C LIMIT: 8

CHERMSIDE HILLS RESERVE

Night Walk		Thu 23 Feb
LEADERS:	Wendy Spiry	0409 055 000
GRADE:	S-NW	
LIMIT:	12	
BRING:		ns and torch, water is (end) and Bushland
	Centre	
COST:	NA	
MEET:	Opposite 421 Tr	outs Road,

MEET: Opposite 421 Trouts Road, Chermside West DEPART: 6:30PM

CAR KMS: N/A

A training walk through Chermside Hills reserve, up Spider Hill and around the various formed and rough paths - grade 3 - for 1.5 hrs & approx 7kms.This walk does not count towards full membership.

SPRINGBROOK LODGE BASECAMP 3: DUNG BEETLE RESEARCH WALKS: LAST ONE!

Day Walk	Fri 24 - Sun 26 Feb
LEADERS:	Michele Cottrell 0427 579 069
GRADE:	M-DW-3A
LIMIT:	15
BRING:	Page 3 items & as listed, Day pack,
	3L water
COST:	\$66.00 - \$66 Accom; plus fuel \$20
MEET:	TBA - car pooling to be arranged
DEPART:	N/A
CAR KMS:	
This will be	the LAST ONE of these Dung Beetl
-	

le Basecamps as the weather starts to cool down and the research winds up. [NB. Weekend activities MAY change..] As a personal reward, and a thank you for our value-for-money accommodation, we will assist researchers in laying, and the following day, collecting dung beetle traps. This will require walking within the Springbrook National Park area. *We are contributing to a survey of Dung Beetle numbers and varieties in the Springbrook area-this hasn't been done before. (Search online for a survey done in the Lockyer Valley - quite informative!) There are about 45 native species and 5 introduced species of dung beetles. Native dung is dry, while cow, sheep and pig dung is all wet. Five African species were introduced to cater for wet dung. The beetles range in size from millimetres to several centimetres! Some live underground, some above, some fly, some don't. Much more variety than you may have thought! *There will be a short instruction session about setting up the traps and then we walk and lay out the traps on Saturday afternoon and then collect them again on Sunday afternoon. *Saturday morning walk: *4km Twin Falls walk from Tallanbana Picnic Area *Saturday afternoon walk:* ~6km Set Traps. *Sunday afternoon walk: *From 12 noon - 6km Collect Traps. We will have a yummy lunch of leftovers - there are ALWAYS leftovers :).We will also clean the Lodge, pack up and then collect the traps and return to Brisbane. leaving in the afternoon. For Saturday night please bring one dish per person of your speciality - either nibbles, main course or dessert for a shared dinner on Saturday night. Please bring other meals for the weekend - Friday dinner, 2 x breakfasts, Saturday lunch. (Usually Sunday lunch is yummy leftovers from Saturday night :)). We have a well appointed kitchen with crockery, cutlery, glassware, pans and utensils. Fridge, stove, oven, microwave and electric kettle are also provided to result in an easy base camp and light packing. Accommodation: is in a Lodge with some normal type beds and some bunk beds and so will be on a shared room basis. Please bring either a a sleeping bag or sheets, quilt cover + pillow slip. (Quilts & pillows available.) We will car pool to reduce the number of cars needed.

NORTHBROOK GORGE FROM LAWTON RD. VIA EAGLES NEST.

Day Walk			Sat 25 Feb
LEADERS:	Neill Butler		0413 077 572
GRADE:	S-DW-5B		
LIMIT:	12		
BRING:	As per P.3 of	Magaz	ine & waterproof
	pack.	-	
COST:	\$8.00 - \$8.00		
MEET:	Cnr. Pratt. St.	& Glei	nalva Tce.
	Enoggera UB	D.Page	e;139. A10.
			ra Train Station P
	& R.		
DEPART:	7:30AM		
CAR KMS:	80km		
Northbrook	Gorge is i	n the	South D'Aguilar
	· · · · · ·		

Northbrook Gorge is in the South D'Aguilar National Park near Mt. Glorious. N.B.: You will get totally wet swimming through the gorge.

WEST CANUNGRA CREEK CIRCUIT

	TALLO	
Day Walk		Sat 25 Feb
LEADERS:	Mary Comer	0427 446 000
	Peter Hunt	0431 652 083
GRADE:	M-DW-3B	
LIMIT:	16	

This walk is full. CHERMSIDE HILLS RESERVE -NEW MEMBERS MINI MAX

MiniMaxS Walk Sat 25 Feb LEADERS: **Steve Cockburn** GRADE: S-MINIMAXS-3A LIMIT: 12 This walk is full.

LAKE ANGELUS BASIN: NEW ZEALAND

Through Walk Sun 26 - Tue 28 Feb LEADERS: Anthony Logan 0427 729 805 GRADE: M-TW-4D LIMIT: 6 N/A BRING: COST: NA MEET: Nelson - NZ DEPART: 7:00AM CAR KMS: N/A

Experience an alpine area of New Zealand. Day 1: Meet in Nelson, NZ and then travel to the Nelson Lakes N.P.Å The walk commences at Mt Robert carpark, follows Speargrass Track / Speargrass Creek Route then up the climb to Lake Angelus. We will stay at the magnificent Lake Angelus hut set in the Lake Angelus Basin. Day2: Spend a day exploring the area: Mount Cedric track, Sunset Saddle and Mt Angelus are options. Day3: From Lake Angelus follow the Pinchgut Track/ Robert Ridge Route back to Mt Robert carpark before returning to Nelson.

JOLLY'S LOOKOUT

Day Walk		Sun 26 Feb
LEADERS:	Mark Houghton	0417 025 182
GRADE:	M-DW-3A	
LIMIT:	14	
BRING:	As per P3 of Mag.	
COST:	\$4.00 - Petrol Con	tribution \$4.00
MEET:	The (new) Gap Pa	rk & Ride,
	Waterworks Rd, T	he Gap.
DEPART:	8:00AM	
0 1 D 1 (1 10	a a 1	

CAR KMS: 36km

Jolly's Lookout is on Mt Nebo Road, giving access to D'Aguilar National Park, with great views across the Brisbane Valley and to the coastline. We will walk on track through some beautiful subtropical rainforest and more open eucalyptus forest, using the Thylogale Track to Boombana where we will have a short break and optional morning tea before continuing on to the Pitta Circuit. From here we take a short track to Bombana Cafe at Mt. Nebo for coffee and/or snacks.

AUGIE'S LOOP D'AIGULAR NATIONAL PARK)

Day Walk Sun 26 Feb LEADERS: Andrew Fleming 0421 194 767 GRADE: L-DW-4C LIMIT: 15 BRING: as per p.3 of Mag

COST: \$4.00 - Petrol contribution: \$4

MEET: Illowra Park & Ride (cnr Waterworks Rd & Illowra St The Gap)

DEPART: 7:00AM

CAR KMS: 40km

If you are looking for a long, reasonable paced walk near Brisbane, then this may be one for you! This will be moderate track walk along forestry roads (not snig tracks or fire trails). We will aim to complete the 16 km walk in 5/5.5 hours--a reasonable paced BBW track walk, especially when you take into account the 400 metres "rise and fall", over this walk's length. We will pass through wet and dry eucalypt forest, and some rainforest.

HEAPHY TRACK - GREAT WALK: NEW ZEALAND

Through Walk Thu 2 - Mon 6 Mar LEADERS: Anthony Logan 0427 729 805 GRADE: L-TW-3D LIMIT: 6 BRING: N/A COST: NA MEET: Nelson - NZ DEPART: 7:00AM CAR KMS: N/A

Varied and rugged landscapes with mountain views. Pass through tussock downs, lush forests and nikau palms before reaching the roaring seas of the west coast. Retrace the steps of the early Maori seeking pounamu (greenstone) and the european settlers seeking gold. Day 1: Meet in Nelson and travel to Brown Hut. Walk to Perry Saddle Day 2: Perry Saddle to Saxon Hut Day 3: Saxon Hut to James Mackay Hut Day 4: James Mackay Hut to Heaphy Hut Day 5 Heaphy Hut to Kohaihi Shelter. Travel to Nelson

THURSDAY KANGAROO POINT -PACK TRAINING

Training W	alk	Thu 2 Mar
LEADERS	Pete Watson	0400 706 493
	Laura Grogan	0402 255 204
GRADE:	TRNG	
LIMIT:	N/A	
BRING:	Exercise gear, jog	agers
COST:	Nil	
MEET:	Rotunda on Rive	r Terrace (southern
		pp the fancy marble
	church	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
DEPART:	6:00PM	
CAR KMS:	N/A	
		walkers looking t

This session is for those walkers looking to improve their pack carrying fitness - not a free replacement for gym training. Whilst we do walk along the beautiful Brisbane River, the primary aim is a fitness session for walking. The session includes a weighted back pack (between 5-15 kilos), stairs, bridging, lunges, stretching etc.. Car parking is available in the streets opposite and give yourself a little extra travel time given that this starts around peak hour

NAVIGATION TRAINING WEEKEND

Base Camp / Training Walk Fri 3 - Sun 5 Mar LEADERS: Peter Lock 0419 496 837 Anna Lock 0438 052 411 GRADE: S-BC/TRNG-4B LIMIT: 20 This walk is full.

ENGLAND CREEK FALLS VIA CHERT RIDGE Day Walk Sat 4 Mar

Day Walk LEADERS: Kelvin Taylor GRADE: M-DW-6C LIMIT: 10 BRING: N/A COST: \$10.00 -MEET: John Scott Park DEPART: 7:30AM CAR KMS: 60km

Starting at Maiala car park, we will walk a forestry road to the top of Chert Ridge and descend it's length into Englnad Creek. The ridge is an excellent, steep, rocky, Â razorback ridge. little vegetation and great views of the England Creek valley as we descend. Once in the creek we head upstream to two sets of falls, being England Creek falls. Negotiating the falls is entertaining. Above the falls we head up to the Western Window Trail by a tributary that takes us to a large vertical waterfall in a narrow chasm. Needs to be worked around and continue upstream for a few more.And back to the cars.

MINIMAXS FOR NEW MEMBERS -GLASSHOUSE MOUNTAINS - ALL DAY

GLASSHU	USE MOUNTAINS	- ALL DA I
MiniMaxS V	Valk	Sat 4 Mar
LEADERS:	Dan Cirsky	0417 623 729
	Tom Vaughan	0407 283 106
GRADE:	S-MINIMAXS-4A	
LIMIT:	20	
BRING:	Use page 3 of the	Magazine and Car
	Pooling Money - A	LSŐ SEE NOTES
COST:	\$10.00 - Car pooli	
MEET:	Bald Hills Train Sta	ation-CULLIMORE
	ST	
DEPART:	7:30AM	
CAR KMS:	120km	

This walk is intended to introduce new members to bush walking and to the Brisbane Bushwalkers club in particular. The Minimax is a good option for your first walk. We will be mainly walking on a track and stopping at regular intervals to discuss a number of topics such as Clothing, Equipment, Safety and First Aid and Environmental Impact. There will be a sample of OFF TRACK walking to get an appreciation of the clubs walk grading system.

SUNSHINE COAST HINTERLAND GREAT

WALK STAGE 2 -FLAXTON TO GHEERULLA CIRCUIT

Day WalkSun 5 MarLEADERS:Bernie Ryan0432 907275GRADE:L-DW-3CLIMIT:10This walk is full.This walk is full.10

MT BARNEY WATERFALL

Day Walk Sun 5 Mar LEADERS: Marion Darveniza 0438 481 186 Lou Darveniza GRADE: M-DW-5C LIMIT: 10 This walk is full.

MT D'AGUILAR AND HANGING VALLEY

Day Walk Sun 5 Mar LEADERS: **David Haliczer** 0432 901 030 GRADE: M-DW-4C LIMIT: 12 This walk is full.

ABEL TASMAN COASTAL TRACK -

GREAT WALK: NEW ZEALAND Wed 8 - Sun 12 Mar Through Walk LEADERS: Anthony Logan 0427 729 805 GRADE: L-TW-3Č LIMIT: 8 N/A BRING: COST: NA MEET: Nelson - NZ DEPART: 7:00AM CAR KMS: N/A Walk the Abel Tasman Coastal Track along

golden beaches and through coastal Track along golden beaches and through coastal native bush. The track includes a climb of 600m and a compulsory tidal crossing. Day 1: Meet in Nelson and travel to Marahu; walk to Anchorage Day 2: Anchorage to Bark Bay Day 3: Bark Bay to Awaroa Day 4: Awaroa to Whariwharangi Bay Day 5: Whariwharangi Bay to Winui Bay; then catch shuttle to Nelson. At the end of this walk Julie Marsden will have completed the 9 NZ Great Walks - we'll celebrate!

SCOTT CREEK

Day Walk Wed 8 Mar LEADERS: Lou Darveniza Marion Darveniza 0438 481 186 GRADE: S-DW-6C LIMIT: 10 This walk is full.

THURSDAY KANGAROO POINT - PACK TRAINING

alk	Thu 9 Mar
Pete Watson	0400 706 493
Laura Grogan	0402 255 204
TRNG	
N/A	
	TRNG

- BRING: Exercise gear, joggers Nil
- COST:
- MEET: Rotunda on River Terrace (southern end of KP cliffs opp the fancy marble church
- DEPART: 6:00PM

CAR KMS: N/A

This session is for those walkers looking to improve their pack carrying fitness - not a free replacement for gym training. Whilst we do walk along the beautiful Brisbane River, the primary aim is a fitness session for walking. The session includes a weighted back pack (between 5-15 kilos), stairs, bridging, lunges, stretching etc.. Car parking is available in the streets opposite and give yourself a little extra travel time given that this starts around peak hour

MT MEE SUMMERS END BASE CAMP

Base Camp	· · · · · · · · · · · · · · · · · · ·	Fri 10 - Sun 12 Mar
		TITTO - Sult 12 Ivial
LEADERS:	Dwan Moore	0402 884 220
GRADE:	BC	
LIMIT:	10	
BRING:	Base camp gear, Day Walk gear inc	
	"page 3" Swim	imers
COST:	\$12.30 - Camp	bing fee, Fuel
	contribution TE	3A ¯
MEET:	TBA - car poo	ing to be arranged
DEPART:	4:00PM	

CAR KMS: 160km

Officially summer ends on the 28th February in Australia but there are some who believe the seasons change at the Equinox/Solstice. To hedge my bets I am going to celebrate the end of summer on the 11th March at the beautiful little Neurum Creek drive in bush camp in the Mt Mee section of the D'Aguilar National Park. https:// www.npsr.qld.gov.au/parks/daguilar/pdf/neurumcampground-map.pdf [1] Those who can will arrive Friday afternoon/evening to set up camp (I have reserved 4 sites and each site has room for 2 - 3 tents). After a leisurely start Saturday morning we will head off and walk the Somerset LEADERS: Diana Norkaitis trail (a 13k 3B walk that I will post on the BBW site closer to the day), stopping for lunch at the Somerset lookout. Then we will head off to Rocky Hole for a refreshing swim before returning to camp and a relaxing afternoon finishing that last chapter of the summer novel or completing the monster crossword or just snoozing in the sun followed by the obligatory pre dinner wine and nibbles. Sunday morning and after coffee and the Sunday newspapers in bed we break camp and visit a few of the other falls and lookouts in the area on our way home (these are only 1-2k walks so dont constitute a BBW listing). https:// gov.au/parks/daguilar/pdf/mountwww.npsr.gld. mee-trailmap.pdf[2][1] https:// www.npsr.qld.gov.au/parks/daguilar/pdf/neurumcampground-map.pdf[2] https:// www.npsr.gld.gov.au/parks/daguilar/pdf/mount-

mee-trail-map.pdf

LARAPINTA FALLS

Dav Walk Sat 11 Mar LEADERS: Thomas Bishton 0404 025 150 GRADE: M-DW-5C LIMIT: 10 This walk is full.

ARTISTS CASCADES

Day Walk		Sat 11 Mar
LEADERS:	Neill Butler	0413 077 572
	Marge Henry	0413 337 530
GRADE:	M-DW-3A	
LIMIT:	18	
This walk is	; full.	

ECHO POINT

LIMIT:

This walk is full.

Through Walk Sat 11 - Sun 12 Mar LEADERS: Mary Comer 0427 446 000 GRADE: M-TW-3B LIMIT: This walk is full.

MT BEERWAH AND TIBROGARGAN BY

MOONLIGHT Night Walk LEADERS: Elsy Ramirez GRADE: S-NW-7D

Sat 11 Mar 0434 275 799

THE COUGALS VIA BOVDS BUT

6

THE COUGALS VIA BOYDS BUTTE		
Day Walk		Sun 12 Mar
LEADERS:	Glenis Bradley	0412 618 607
	Nick Brooking	04 1972 4296
GRADE:	M-DW-5C	
LIMIT:	12	
This walk is	s full.	

MT CORDEAUX & BARE ROCK

Day Walk Sun 12 Mar 0408 700 520 GRADE: M-DW-3B LIMIT: 12 This walk is full.

CHERMSIDE HILLS RESERVE

Day Walk		Wed 15 Mar
LEADERS	: Tom Vaughan	0407 283 106
GRADE:	M-DW-2B	
LIMIT:	15	
BRING:	Usual day walk ge	ear, page 3 items.
COST:	NA	
MEET:	Downfall Creek E	nvironment Centre
	Carpark, Raven S	Street Reserve, 815
	Rode Road McDo	owal.
DEPART:	8:00AM	
CAR KMS	: N/A	
		ng Downfall Creek to
Huxtable F	Park Rainforest Wa	lk and return. After a

rest stop at the Environment Centre we will continue along the Banksia Track into Milne Hill Reserve and then explore the Chermside Hills Reserve before returning to the Environment Centre, There is a picnic area with water and toilets available at the Environment Centre. The activity should only take 5 hours.

CATARACT RIVER/BASKET SWAMP CK

Through Walk Wed 15 - Fri 17 Mar LEADERS: Lou Darveniza Marion Darveniza 0438 481 186 GRADE: S-TW-6C LIMIT: 8 This walk is full.

NOOSA NATIONAL PARK

(HEADLAN	ID SECTION)	
Day Walk	-	Sat 18 Mar
LEÁDERS: Dan Cirsky		0417 623 729
	Tom Vaughan	0407 283 106
GRADE:	M-DW-4B	
LIMIT:	20	
This walk is full.		

COOMERA CIRCUIT

Day Walk		Sat 18 Mar
LEADERS:	Mary Comer	0427 446 000
	Bob Reid	0412 625 944
GRADE:	L-DW-3B	
LIMIT:	20	
This walk is	s full.	

SUNSHINE COAST HINTERLAND GREAT

WALK STAGES - GITEENULLA CINCUT		
Day Walk		Sun 19 Mar
LEADERS:	Bernie Ryan	0432 907275
GRADE:	X-DW-3C	
LIMIT:	10	
This walk is	full.	

JOLLY'S LOOKOUT

Day Walk		Sun 19 Mar
LEADERS:	Julie Marsden	0407 930 757
GRADE:	M-DW-3A	
LIMIT:	10	
BRING:	As per P3 of Mag.	
COST:	\$4.00 - Petrol Con	tribution \$4.00
MEET:	New Gap Park n R	lide, Waterworks
	Rd, near Enoggera	a Reservoir
DEPART:	7:30AM	

CAR KMS: 34km

Jolly's Lookout is on Mt Nebo Road, in the D'Aguilar National Park, with great views across the Brisbane Valley and to the coastline. We will walk on track through some beautiful sub-tropical rainforest and open eucalyptus forest, using the Thylogale Track to Boombana, around the Pitta Circuit and onto Mt Nebo Village where we will have morning tea at the Boombana Cafe. We will walk back to Jolly's Lookout via the same route.

We should see a variety of animal and birdlife. The distance for the walk is approximately 10km and suitable for new members.

MCAFEES LOOKOUT TO

ENOGGER	A RESERVOIR.	
Day Walk		Sat 25 Mar
LEADERS:	Neill Butler	0413 077 572
	Mark Houghton	0417 025 182
GRADE:	M-DW-4B	
LIMIT:	15	
BRING:	As per P3 in Mag.	
COST:	\$1.50 - \$1.50	
MEET:		drant box. D'Aguilar
	National Park Hea	dquarters. 60 Mt.
	Nebo Rd., The Ga	p. (Walkabout
	Creek.)	
DEPART:	8:00AM	
CAR KMS:	15km	

McAfees Lookout and Enoggera Reservoir are in the Southern section of D'Aguilar National Park near Brisbane about 11 to 16km north-west of Brisbane CBD. After a car shuffle the walk starts from McAfees Lookout carpark. A trail is followed down to close to Enoggera Creek. This rough, often indistinct trail is followed beside Enoggera Creek to the Mt. Arum Mines trail.

ECHO POINT

Through Walk		Sat 25 - Sun 26 Mar
LEADERS:	Mary Comer	0427 446 000
GRADE:	M-TW-3B	
LIMIT:	6	
This walk is	full.	

REMOTE FIRST AID TRAINING BASE CAMP -MT GLORIOUS BARRACKS

Training Wa	alk Sat 25 - Sun 2	26 Mar
	Andy Mauger 0415 63	32 154
GRADE:	TRNG	
LIMIT:	20	
BRING:	Day walking gear, food & nig	ghtly
	nibblies	
COST:	\$250.00 - (Subsidised by the	e club,
	with accurate costing / subsi	idy
	updated early in 2017) - pay	to BBW
	A/C with Ref: RFAName	
MEET:	We will meet at the Barracks	s on
	Friday evening.	
DEPART:	8:00ÅM	
CAR KMS:	N/A	
Ear those experienced leaders and members in		

For those experienced leaders and members in the club who want to learn expanded first aid techniques. Training will be held at the Mt Glorious Barracks starting at 8 am on Saturday. This training is a certified remote first aid course & will provide you with skills to provide first aid in isolated situations. You will learn more than basic first aid and be able to improvise in off track situations using what resources you have. Logistics: Travel via either Mt Nebo or Samford to Mt Glorious Village and on to Maiala Pk.

MT MAY EAST CIRCUIT			
Day Walk		Sat 25 Mar	
LEADERS:	David Haliczer	0432 901 030	
GRADE:	M-DW-6C		
LIMIT:	12		
This walk is full.			

CHERMSIDE HILLS RESERVE -

NEW MEMBERS MINI MAX					
MiniMaxS Walk		Sat 25 Mar			
LEADERS:	Steve Cockburn	0438110249			
GRADE:	S-MINIMAXS-3A				
LIMIT:	12				
BRING:	Usual day walk gea items, 2L water	r including P3			
COST:	check website.				
MEET	Chermside Hills Re	serve Picnic			

MEET: Chermside Hills Reserve Picnic Shelter Trouts Road Entry .Cnr Trouts and Hamilton Rd .

DEPART: 7:00AM

CAR KMS: N/A

This activity ia an induction to this wonderful club and is designed to introduce new members to bush walking and to the Brisbane Bushwalkers club. This Minimax is on a Saturday am and is being held locally in Brisbane and is designed for those new to the club or who might not feel too confident at this point to hit the more isolated track systems. All are welcome to attend but as this activity is on local bush walking tracks and off shoots, this activity would suit those who might be keen but feeling a little under confident and beginning the journey into bush walking . Please note we will still be doing hills, some off track bits, different walking surfaces and environs and will cover a fair amount of territory and topics as we move through the Reserve. We will not go above any walk gradings of Terrain 4. Being a Minimax, this activity is an induction into the club so there will be lots of info to discuss and share : we will be discussing safety, clothing, club protocol, minimal environmental impact, first aid, the clubs grading system etc. We expect to finish before lunch so bring your morning tea and the "always take" items on p3 of the Magazine. Additional Information * I will bring tea and coffee making supplies for our initial meeting and the afterwards debriefing if desired. * There are no toilets.

FLINDERS PEAK CREEK ADVENTURE

Day WalkSun 26 MarLEADERS:Shaun Johnston0478 124 075GRADE:S-DW-7CLIMIT:10This walk is full.This walk is full.10

AROUND MT BANGALORA Day Walk

Sun 26 Mar

LEADERS: Marion Darveniza 0438 481 186 Lou Darveniza

GRADE: M-DW-6D LIMIT: 10 This walk is full.

SOMERSET TRAIL, MT MEE

Day Walk	-		Sun 26	6 Mar
LEÁDERS:	Anna Brar	nsden	0432 248	3 945
GRADE:	M-DW-3A			
LIMIT:	12			
BRING:	As page 3			
COST:	\$15.00 - \$ ⁻	15		
MEET:	Albany Cre	ek Shopp	ing Cent	re.
	(Westpac s	sign) UBD	108H16	
DEPART:	7:00AM			
CAR KMS:	115km			
Samaraat	Trail in ir			north

Somerset Trail is in D'Aguilar NP north of Dayboro and towards Mt Mee. We park at the Gantry Day Use area, a legacy of a once active sawmill. We start on the Piccabeen circuit, a short board walk giving you an appreciation of the timber milling days, then join the Somerset Trail. This is an easy walk in beautiful forest, with some undulation. We walk amongst scribbly gums, rainforest and dry open forest with time for photos of the grass trees, banksias and grevilleas. Morning tea along the track, and lunch at Somerset lookout with excellent views of the dam and valley.

LOTA AND TINGALPA CREEKS

Day Walk		Sun 26 Mar	
	Julie Marsden	0407 930 757	
GRADE:	M-DW-2A		
LIMIT:	10		
BRING:	Page 3 items, 2 litres of water		
COST:	Nil		
MEET:	7.15 am Fairlead Crescent, Manly		
	near climbing play	ground	
DEPART:	7:30AM	-	
CAR KMS:	N/A		

The walk starts at Fairlead Crescent, Manly near the climbing playground. We will walk along the Esplanade past mangroves and parkland till we reach Lota Creek. Then following Lota Creek under the railway bridge we come to a causeway crossing which will take us to a eucalypt forest off Chelsea Road. Morning tea will be overlooking Tingalpa creek. We will head back a similar route arriving back at Manly prior lunch where you can enjoy the Manly Creative Markets. Wide brimmed hat and sunscreen essential, but the walk is almost totally flat, so heat should not be a problem. The walk is suitable for new members.

CEDAR & LOVE CKS FROM CEDAR CK RD Day Walk Tue 28 Mar

LEÁDERS: Lou Darveniza Marion Darveniza 0438 481 186 GRADE: M-DW-6C

March 2017

HOW TO REMOVE LEECHES

(Taken nearly verbatim from http://www.wikihow.com/Remove-Leeches)

Leeches live in moist undergrowth and grasses as well as freshwater areas. They attach themselves to warm-blooded animals, including humans, and can expand to 10 times their normal size as the fill themselves up on blood. If you find a leech on your body, don't panic, since they don't spread disease or cause pain. If you can stand the thought of letting the leech get its fill, it'll drop off on its own after about 20 minutes, but you can also remove the little sucker using nothing but your fingernail.

Part 1 Removing a Leech

1 Locate the head and sucker. The head is the narrower part of the leech, and the sucker where it attaches to your skin. If the leech is located on one of your arms, legs, your torso, or another easily accessible area, you should be able to remove it yourself. Otherwise, you'll need someone else to help you take it off.

If you find one leech, you should check your entire body to see if there are more. Leeches inject an anesthetic into your skin when sink in their teeth, so their bites are painless. You may not be able to feel the presence of other leeches elsewhere on your body.

Remember that leeches aren't poisonous and they don't carry diseases, so don't panic when you find one. Leeches are usually quite easy to remove and won't cause any long-term harm.

2 **Slide your fingernail under the sucker.** Use one hand to gently pull the skin near the sucker taught, then place your other hand next to the leech and slide one of your fingernails underneath the sucker. The leech will immediately begin attempting to reattach itself, so flick it off right away.

Do not yank off the leech, since this will leave its sucker attached to your body.

If you're squeamish about using your fingernail to remove the leech, you can use the edge of a credit card, a sturdy piece of paper or any other thin object instead.

3 **Treat the open wound.** When leeches latch on, they inject an anticoagulant to prevent the blood from clotting before they can get their fill. When you remove a leech, it might bleed for several hours or even days before the anticoagulant leaves your system. Be prepared for the sight of profuse bleeding when you take the leech off. Cleanse the open wound with rubbing alcohol or another first aid cleansing solution, then apply a bandage to protect it.

Since the bleeding might take awhile to stop, you should change the bandage regularly in the meantime.

It's important to treat the area as you would any open wound, especially if you're hiking around in a jungle. Open wounds are more susceptible to getting infected in jungle environments.

Expect the wound to itch while it heals.

4 **Consider letting leeches fill up and drop off.** If you can stand it, an easy way to get rid of a leech is by letting it drop off on its own. It takes around 20 minutes for a leech to fill up, and when it's done feeding it will fall off your skin. Leeches don't take enough blood for blood loss to be a worry here, and since they don't spread disease, there's really no harm in letting them fall of without intervening.

The practice of letting leeches feed on human blood for medical purposes has been done for thousands of years, and "leech therapy" continues to be medically important. The FDA has approved the use of leeches to help with circulation problems and to aid in tissue reattachment.

5 **Avoid removing leaches by any other means.** You might have heard that you can remove a leech by pouring salt on it, burning it, spraying it with repellant or drowning it in shampoo. While these techniques might cause the leech to release its grip and fall off, it won't do so before vomiting back into the wound. This can lead to bad infections, so stick to the healthier practice of simply using a fingernail or other straightedge to get under the sucker.

Part 2 Dealing With Difficult Leeches

1 See how deeply the leech has burrowed. Sometimes leeches find their way into orifices, like the nostrils, ear canals and mouth. This is especially common when you're swimming among leeches. When this happens, it can be difficult to reach the sucker and use the simple leech removal method. Do your best to remove it the easy way before trying alternative methods.

See if someone can help you slide something under the sucker. Be very careful not to poke yourself, though. Do not use this method if you can't see the sucker.

You can try to let the leech finish sucking and fall off, but if it's inside a tiny space it might get too big and cause problems.

2 **Use alcohol if it's in your mouth.** If the leech has attached itself to the inside of your mouth, you might be able to cause it to fall off by rinsing your mouth with vodka or another strong alcohol. Rinse it around your mouth for about 30 seconds, then spit. Check to see if the leech is gone.

If you don't have alcohol on hand, hydrogen peroxide may also work.

If the leech is still there after you spit, and doesn't fall off on its own, you need to seek medical attention.

3 **Puncture the leech if it's getting too big.** If you're in a remote area and don't have immediate access to a doctor, you might need to puncture the leech. Hopefully you will have been able to remove it via another method, but if it's in a really tricky place, like your nostril, you might need to pop the leech before it obstructs your breathing. To do this, take a sharp knife and simply pop through the skin. It's not going to be pretty, but the leech will die and you should have an easier time getting to the sucker.

Remove the leech's body and immediately wash the area.

If signs of infection occur, seek medical attention as soon as possible.

4 Get medical attention if it can't be removed. If you have a leech far up your nose, in your ear canal or in another place that's impossible to reach, go to the doctor to get it removed. The doctor will be able to use instruments to remove the leech without hurting you.

5 Get treated immediately if you show signs of a leech allergy. Few people are allergic to leeches, but it does happen. If you experience dizziness, a rash, shortness of breath or swelling, take an antihistamine and seek medical attention right away.

Part 3 Keeping Leeches Off Your Skin

1 **Be wary when you're in areas known for having leeches.** Land leeches are common in the jungles of Africa and Asia, and they're also found in freshwater lakes and ponds across the world. If you're planning a trip to a place known for having leeches, bring the right gear with you to minimize the chances that you'll get bitten.

Land leeches tend to live in muddy and leafy areas in the jungle. If you stand in one place long enough, they'll start crawling toward you. Try to avoid touching trees and plants, and check yourself often for leeches.

Water leeches are attracted to movement, so splashing around and swimming might put you at greater risk.

2 Wear long sleeves and pants. Leeches are attracted to the exposed skin of warm-blooded animals. Wearing long sleeves and pants will protect you from getting bitten, although you'll probably find leeches trying to get through the fabric. If you're especially concerned about getting bitten, wear gloves and a head covering so that no skin is left exposed.

Wear close-toed shoes instead of sandals.

If you're planning a longer jungle expedition, it's worth investing in a pair of leech-proof socks.

3 **Use insect repellent.** While this isn't a foolproof measure for avoiding leeches, it'll prevent them from piling on. Spray your skin and clothes with a standard insect repellent, and reapply it every few hours while you're in a leech-infested area. Here are a few other tricks you can try to repel them:

Put loose tobacco in your socks. It's said that leeches don't like the smell.

Rub soap or detergent on your hands and clothes.

Dr Richard Duczmal

Upcoming Rogaine Events

Bushwalkers who would like to practice or improve their navigation skills might like to try out some of the rogaine events offered by the Queensland Rogaine Association for SE Qld.

- Sat 11 Mar
 8hr "Upside Down" Night/Day Rogaine, Kholo and Mt Crosby area
 - Sat 8 April Training Day, Bunyaville State Forest, Brisbane
- Sun 9 April 3 Hour Mini Rogaine, Bunyaville State Forest, Brisbane

For further information and more event dates visit the QRA web site at www.qldrogaine.asn.au

March 2017

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Notice To All Members



Monthly Newsletter - a case for a new way forward

There has been discussion of late on the need to continue with a hard copy of the Monthly Newsletter/Magazine. The magazine has been one of many constant forms of communication in the club for many years. Other communication include our regular twice a month meetings, the bushwalks we all participate in, in particularly our through walks, regular email communication between members, email forums

for leaders, our website and what is called social media eg. Facebook. This article is to present some facts about the magazine, propose a way forward and seek feedback for alternatives.

The Monthly News/Magazine has served the function of communicating upcoming walks (65% of pages), the first couple of pages of Club protocols/fees etc., and the last couple of pages contain recent notices such as New Members and particular social events. Once a year it is also used to share the Annual Statements and Committee Reports.

From our 790 members, approximately 340 people have opted out of receiving the hard copy so far. This has left approximately 450 magazines being sent out each month. It is suspected that if we had adopted an 'opt in' approach this number would be even smaller. As highlighted on page 13 of the December 2016 magazine, the numbers of posted magazines have declined over a six year period by approximately 40%. As newer members join up, this number is expected to decline even further.

At an annual cost for printing and postage of just over \$10,000 this expenditure represents a significant outlay for the Club. This cost is not likely to decline and in fact has increased by approximately \$2,000 over the last 3 years, despite declining posted magazines. Hikes (excuse the pun) in postage costs and a tendency to revert to electronic media is making printed material production more exclusive. Corporate entities with very large print budgets now tend to get their publications done overseas in Asia where costs are hard to beat, but our smaller quantities prohibit this approach. As you know the Club has kept subscription fees at the same level for many years as we have been fortunate to have such a huge influx of new members each month, so there is an argument that these printing funds be diverted (not necessarily cut) to enhance our communication avenues with this larger audience.

The above statistics point to an obvious conclusion that we should seek more responsible ways for spending this budget as our club grows. A quick scan of the major bushwalking clubs across Australia shows that many clubs are converting to digitised versions of their magazines, downloadable, emailing magazine links to members, a greater focus on post trip reports and some are only doing them quarterly.

My proposal would be to:

- Firstly rationalise the content of the magazine to exclude both the walks Program and the Coming Trips section, as these are usually out of date by the time it goes to print and are more accurately managed via the Activities section on the website. However if leaders wished to promote a significant walk by submitting a Pre-Trip Description eg. Pilgrimage, overseas trip etc. then they could submit a small account of that upcoming walk for publication in the magazine.
- Secondly, that we maintain the magazine in its current format (excluding the two sections stated above), not print it and not post it out to members, keeping it simply as a digital magazine. To assist those members that do not use computers regularly, I suggest that we email all members the link to the digital magazine. We should also print out some hard copies of the magazine via computer printer for handing out to new members at club meetings (this would be about 60 a month, not using current professional print service). I think that the club needs to maintain this aspect as part of marketing its identity to the public and ensuring that new members receive hard copy sections such as 'Page 3', Club Contacts etc..
- Thirdly, that Leaders be encouraged to submit post trip reports for publication in the digital magazine and also in the News section of the website. A simple template with title of walk, date, author, text description of walk and photos would suffice. This would remain as a catalogue of information on walks completed and serve to inform people going on these walks into the future. There is a current trend of using portals such as Facebook to publish photos and comments on walks which has probably led to the decline in Leaders and members submitting these types of reports, but we should encourage Post Trip Reports to ensure that all club members receive this information.
- Lastly, change the timing of the publication of the digital magazine to every two months as a trial to allow the above changes to take effect and gauge the input/quantity of post trip reports.

There may be more options and approaches available which I would like the membership to provide so that the Committee can fully discuss a way forward in the February/March 2017 Committee meetings.

Please send me your ideas preferably to the email address of president@brisbanebushwalkers.org.au

Chris Hall, President Monday, 9 January 2017

Don't want the magazine posted?



Members can choose not to have their monthly copy of the club magazine posted. Just follow these steps:

- Log in to BBW website
- Go to the "My Details" section
- Click "Edit"
- Scroll down to the "Protected" subsection
- Where it says "Magazine", untick the box.
- Click "Save"
- Logout

Colour versions of magazines are available in the "Magazine" section of the website as PDF files for downloading.

"Bring and Buy" Table Club Meeting - Wednesday 22 Feb

Many of us have become gear junkies, buying the newest or lightest or most gadgety items when it comes to bushwalking.

Now is the time to get rid of some of those impulse purchases, or items that you may just no longer need. And a chance to possibly pick up something that you never knew you needed till you saw it! Therefore bring any items you wish to sell to the meeting - clearly labelled with your name and a desired price.

This is not an auction - you will be responsible for your own bargaining & sales.

Robyn Bodey

Natasha Kiso

Michael Vavro

Diane Pabst

Dorothy Harkins

Leanne Cunliffe Alan Haynes Holly Jeffries Michael Macbeth Carol Missen Sarah Rankin Andreas Schwartz Jessica Stuckey Dana Young

Mark Lacv

Helen Beard

Julie Jeffries

Christine Thomas

New Members -

Leonie Elphinstone Josie Hazard Sharlene Lloyd Tanya Mahony Therese O'Hara Anthony Reilly Jess Schwartz Joan Williamson Richard Young Bec Graham Lisa Heanes-kurokawa Andrew Lynch Rosemary Mammino Dan Owbridge Matthew Rockman Lorraine Shelton Ken Williamson

New Ordinary Members -Janene Carrad Cheryl Feeney

Cheryl Feeney Ariane Milinovich Trevor Blake Nigel Morris Donnie Wilkes Geoffrey Hanrahan Nicholas Shera Michelle Goswell Megan Oliver Beds Zitelli

Magazine Collating

Magazine collating will be at Eugene Hedemann's at Stafford Heights on **Thursday 16 March** at 6:30pm. There is only about 1½ hours work involved. If you would like to help out while enjoying an easy social night with dinner please email, or phone 3311 6248, to confirm.



For your Bushwalking Safety NEVER WALK ALONE... ALWAYS TELL SOMEONE... WALK WITH A CLUB.



If you have recently changed your address, mobile number or phone number (home or work) or email, please update your record on the website so that the Club register can be kept up to date.

If unclaimed, please return to: Brisbane Bushwalkers Club Inc. GPO Box 1949 BRISBANE 4001

Brisbane Bushwalkers Monthly News

03/2017 Edition





