

The BRISBANE BUSHWALKER

August 2016

BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001

www.bbwwalkers.org.au

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The next committee meeting, to be held at 7.00pm on **Wednesday 3rd August** is at David Sydes' at 2/12 Maidstone St, Kelvin Grove. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: Pre-trip descriptions are submitted via the Walks page on the web site. Articles from members, especially post-trip reports, are welcome. Lengthy articles may be edited to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

Deadline for the September magazine is the Meeting on Wednesday 10th August.

MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum
Couples \$60 per annum

Annual membership falls due 31st January.

Probationary Members:

Singles \$25 per 6 month
Couples \$40 per 6 month



COVER PHOTOGRAPH

View from Mt Maroon climb
(Wednesday Ck via the Knoll day walk)
Photo: Richard Lukacz

EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat	\$2.00
Self inflating mat	\$5.00
Stove	\$5.00
Tent or Pack	\$10.00



Members can hire up to 4 items at one time for a maximum charge of \$10 per person.

All equipment may be booked for hire by emailing the Equipment Officer. Pre-booking will ensure availability.

PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only.

LIBRARY

Free loan to members:-

Books, Magazines, DVDs, CDs

Free loan to leaders:-

Maps and Rasters

Duration of loan:- 2 weeks for Maps, 4 weeks for all other items. If unable to return items on time please put them in the mail.

For Sale:-

Snake bandages: \$10.00
Car stickers and badges: 3.00
Club T shirts, jackets, vests

FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members). The Club will refund 70% of the cost upon completion.

Club Officials

President	Marge Henry	3856 5757
Vice President	Graham Olive	0455 539 999
Secretary	Tania Withington	
Treasurer	Tom Cowlshaw	0427 226 006
Outings	David Sydes	0419 871 100 email: outings@bbw.org.au
Safety & Training	Chris Hall	0498 051 811
New Members	Bernie Ryan	0432 907 275 email: membership@bbw.org.au
Librarian	Burgi Wagner	3325 0629
Equipment	Jenny Howell & Elena Williams	email: equipment@bbw.org.au
Photographic	Lucy Guzman	

Social	Kurt Wagner	3325 0629
Abseil Coordinator	Ross Ernst	
Members Registrar	Anna Bransden	email: registrar@bbw.org.au
Website Admin	Shaun Johnston	email: webadmin@bbw.org.au
Editors	Eugene Hedemann	3311 6248
	Jenny Zohn	0407 630 362 email: editor@bbw.org.au

Contact Officers
0431 691 773 or 0423 095 580 or 0434 194 996
These are VOICE ONLY numbers (ie. no SMS)

ABBREVIATIONS & GRADING

DISTANCE Short — Under 10 km per day
Medium — 10 to 15 km per day
Long — 15 to 20 km per day
EXtra Long — Over 20 km per day

ACTIVITY **ABS**eil; **Base Camp**; **Day Walk**; **Through Walk**; **Easy Through Walk**; **Night Walk**; **SOC**ial Activity; **KaYaK**; **CYCl**e; **Safety & Training**; **Federation Mountain Rescue**; **ROG**aine.

FAMILY Family — Family Group conditions; contact Leader

Note for Leaders when grading a walk: *The brief descriptions below are to help members match their ability to an activity. To grade your walk consult the Standard List of Graded Walks.*

TERRAIN GRADING - 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

FITNESS & ENDURANCE GRADING - A to E (Note: Walking times do not include breaks.)

- A** Basic - Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- B** Easy - About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate - About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High - High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging - Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or from the BBW website).

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

CAMPING FEES: National Park or State Forest camping fees are \$5.95 per person per night. (The leader will provide details.) Many NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

Example -- **SDW-3B**
Short Day Walk (**SDW**)
Graded track with obstacles (**3**)
Easy (**B**)

PROGRAM

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

July

27 Meeting	A walk along the French Alps (GR5)	Lou Darveniza
28 TRNG-3A	Bunyaville Conservation Park	Jenny Zohn
29-31	The Pilgrimage	Marge Henry
30 MINIMAXS- 3A	Chermside Hills Reserve - New Members	Steve Cockburn
31 SDW - 4B	Border Ranges NP - Gradys Ck - Source	Jim Lydon
31 LDW-2B	Daves Creek Circuit and Upper Ballunju Falls	Diana Norkaitis

August

3 MDW-2A	Chermside Hills Reserve	Tom Vaughan
4 MDW-8D	Mt Barney - Logans Ridge	Sonja Risa
5 SOCIAL	Vietnamese/Chinese dinner night at West End Garden	Karen & Bernie Ryan
5-7 MBC-3A,B	Photo Base Camp – Mt Glorious Barracks	Lucy Guzman
6 LDW-4C	Mt Cordeaux, Bare Rock via Stacey`s	Mary Comer
6 MDW-6/7C	England Creek via Chert Ridge	Kelvin Taylor
6 LDW3B	Hobwee Circuit Binna Burra	Barry Culley
6 MDW-4B	McAfees Lookout to Enoggera Reservoir	Neill Butler
6-7 SNW-5C	Mount Maroon by Starlight	Shaun Johnston
7 LDW-4C	Mount Joyce	Bernie Ryan
7 ABS-M5C	Redcliffs Abseil	Ross Ernst
7 LDW-3B	Toolona Creek Circuit	Tom McAlister
7 MDW-3B	Mt Gravatt / Toohey Forest	Diana Norkaitis
10 MDW-3A	Somerset Trail, Mt Mee	Jenny Zohn
10 Meeting	Website demonstration and launch info	Shaun Johnston
10 MDW-3A+	EKKA Holiday: Greene's Falls + Westside Track	Michele Cottrell
10 MDW-8D	Logans Ridge Mt Barney	Annette Miller
13 MDW-8D	Mezzanine Ridge	John Perry
13 MINIMAX-2A	Daves Creek Circuit	Mary Comer
13 SDW-5C	Mt Maroon	Wendy Spiry
13 SDW-5B	Mt Coochin and Mt Ngungun Non Tourist route (Glasshouse Mts)	Dan Cirsky
14 LDW-4C	Gold Creek Hills	Bernie Ryan
19-21 MBC-4C	Goomburra, Main Range NP	Elaine Beller
20 MDW 7D	Mt Ernest via Organ Pipes	David Haliczzer
20 MDW-4C	Mt Beerburum to Ferris Lookout(Glashouse Mtns)	Dan Cirsky
21 MDW-5C	Mt Maroon via 'Maroon Ck'	Glenis Bradley
21 SDW-7C	Flinders Peak Creek Adventure	Shaun Johnston
24 Meeting	Carnarvon Gorge Base Camp trip report	Sandra Winzar
26-28 SDW-5B	Sunrise at Mt Warning & Rainforest Rail Trail	Dan Cirsky
27 LDW-3C	Coomera Circuit	Pauline Kasper
28 MDW-4B	Tabletop Mountain and Picnic Point walking trails	Bernie Ryan

September

2-4 MBC-4B	Springbrook Basecamp Weeding: Purlingbrook Falls, Ankida/Numinbah Valley ridge	Michele Cottrell
4 MDW-4C	Mount Zahel [alternate descent]	Bernie Ryan
8-11 MTW 3B	Stradbroke Island	Jim Jeavons
10	FMR Incident Management Seminar	Frank Evans
10 LDW-5C	The Steamers	John Perry
10 MDW-3B	Noosa National Park (Headland section) Whale Watch	Dan Cirsky
10 MDW-3B	Bellbird Grove to Camp Mountain (Mt Nebo)	Michele Cottrell
11 MDW 3B	Mt Cordeaux & Bare Rock	Shaun Johnston
11 MDW-4B	Sunshine Falls / Box Forest Circuit	Mary Comer
14 Meeting		
16-18 MBC-4C	Girraween National Park	Elaine Beller
17 MD/NW-3B	Sunset and Moonrise from MT MITCHELL	Michele Cottrell
17 SDW-4B	Mt Coolum (Non-Tourist Route) & MT Ninderry	Dan Cirsky
17-25 Easy Snow	Snowy Mountains Snow Shoe	Peter Lock

18	XDW-4C	Teviot Range - Southern Section	Bernie Ryan
18	LDW-3B	Araucaria Track	Mary Comer
24-25	MTW-6D	Mt Doubletop/Mt Huntley	John Perry
25	SDW-3B	Mt Mitchell	Shaun Johnston
25	LDW-4C	Jubilee Park and Redwood Park from the bottom	Bernie Ryan
28	Meeting	Heart Health and Heart Attacks....Lifestyle, Screening and Management in the Bush.	Dr Con Aroney
30	MDW 4B	Mt Norman and Castle Rock (Part of Girraween BC)	Jim Jeavons
30	SDW 4B	Girraween BC - The Pyramid	Dan Cirsky
30-4	MBC 3B - 7C	Girraween NP	Jim Jeavons

October

1	MDW 5C	West Bald Rock & Stone Cottage (Part of Girraween BC)	Jim Jeavons
1	MDW-7C	Girraween NP	Tim Easton
1	XDW- 3C	Binna Burra to O`Reillys & Vice Versa	Mary Comer
1-3	MTW -6D	Basket Swamp Ck/Cataract River .	Lou & Marion Darveniza
1-7	LTW-4C	Fraser Island Great Walk	Sandra Winzar
2	KYK	Coochiemudlo Island	Peter Hunt
2	SDW 5B	Underground Creek and Aztec Temple (Part of Girraween BC)	Jim Jeavons
2-3	MTW-6C	Girraween NP	Tim Easton
3	SDW 4B	Girraween BC - Turtle Rock & Sphinx	Dan Cirsky
3-4	Social	Girraween BC - BBQ & Campfire sing along.	Dan Cirsky
7-9	MBC-3B	Bunya Mountains Base Camp	Bernie Ryan
7-9	STW-6D	Girraween National Park	Annette Miller
12	Meeting	Photographic Competition Presentation	
14-16	MBC-5C	Rimfall Base Camp	Ray Glancy
15-16	S&T	First Aid Training Base Camp - Mt Glorious Barracks	Chris Hall
15-16	MTW-3B	Echo Point	Mary Comer
21-23	MBC - 6C, 7C	Mt Glorious Basecamp	Lou & Marion Darveniza
22	MABS-5C	Love Creek Falls Abseil	Lynley Murtagh
22	SDW-7C	Muscat & Baileys Creeks	Annette Miller
22-30	S&T ABS-LGT	Abseil Leader Guide Training	Ross Ernst
23	MABS-5C	Love Creek Falls Abseil	Lynley Murtagh
23	MDW-6C	South Kobble Ck (Mt Glorious Base Camp)	Lou & Marion Darveniza
26	Meeting	AGM - Election of Office Bearers	
28-30	LBC-3B	Border Ranges Base Camp	Karen Ryan
30	ABS-8B	Mt Ngungun Rescue Abseil	Ross Ernst



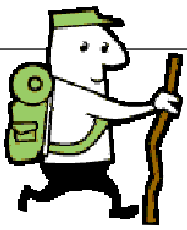
Don't want the magazine posted?



Members can choose not to have their monthly copy of the club magazine posted. Just follow these steps:

- Log in to BBW website
- Go to the "My Details" section
- Click "Edit"
- Scroll down to the "Protected" subsection
- Where it says "Magazine", untick the box.
- Click "Save"
- Logout

Colour versions of magazines are available in the "Magazine" section of the website as PDF files for downloading.



.....Coming Trips.....



BUNYAVILLE CONSERVATION PARK

Training Thu 28 Jul
LEADER: Jenny Zohn 0407 630 362
GRADE: TRNG-3A
BRING: Page 3 items and torch, water is available in park.
MEET: At entrance car park on West side of Old Northern Road and 350 m North of Collins Road in Albany Creek.

DEPART: 6:30pm
Bunyaville Conservation Park is lightly wooded with multiple intertwined dirt roads, fire trails and bike tracks. We will walk for about 1.5 hrs. Averaging around 5km/hr. so reasonable fitness is required.

THE PILGRIMAGE

Base Camp Fri 29 -- Sun 31 Jul
LEADER: Marge Henry 0413 337 530
COST: \$50pp
MEET: Baden Powell Scout Park - Samford
The Annual Pilgrimage is a the traditional weekend get together of the bushwalking clubs in SE Queensland. This year BBW is the host club. Friday night is the registration evening and also when you nominate for the walks to be undertaken on the Saturday (these will be listed nearer the time). Traditionally the host Club also provides soup on this evening. Saturday we do the walks. Dinner could be with your friends around the campsite or at any of the local pubs and eateries. After dinner there will be the traditional bush dance with acclaimed bush band Stone the Crows. Sunday various activities will be planned during the next few month and broadcast nearer the date.

CHERMSIDE HILLS RESERVE - NEW MEMBERS

Minimax Sat 30 Jul
LEADER: Steve Cockburn 0421 059 482
GRADE: MINIMAXS- 3A
LIMIT: 12
BRING: Usual day walk gear including P3 items, 2L water
MEET: Chermshire Hills Reserve Picnic Shelter Cnr of Hamilton Road and Troutts Road. Entry on Troutts Rd
DEPART: 7am
This activity is designed to introduce new members to bush walking and to the Brisbane Bushwalkers club. This Minimaxs is on a Saturday am and is being held locally in Brisbane and is designed for those new to the club or who might not feel too confident at this point to hit the track system. All are welcome to attend but as this

activity is on local walking tracks and off shoots, this activity would suit those who might be keen but feeling a little under confident and beginning the journey into bush walking . Please note we will still be doing hills , some off track bits, different walking surfaces and environs and will cover a fair amount of territory and topics as we move through the Reserve. We will not go above any walk gradings of Terrain 3-4. Being a Minimax, we will be discussing safety, clothing, club protocol, minimal environmental impact, first aid, the clubs grading system etc. We expect to finish well before lunch so bring your morning tea and the "always take" items on p3 of the Magazine.

BORDER RANGES NP - GRADYS CK - SOURCE

Daywalk Sun 31 Jul
LEADER: Jim Lydon 04 3191 3264
GRADE: SDW - 4B
LIMIT: 12
BRING: P3 Kit + 2L Water
COST: Suggest \$30 Car Pool
MEET: Antarctic Beech Picnic Ground
DEPART: 9.00 am
CAR KMS: 2 X 150 = 300 km
MAP: Brays Creek 1:25,000 Topographic 9541-3-S :: Lamington 1:25,000 Topographic 9541-34

Length = 5.5 km : Up = Down = 185 m We park on Brindle Creek Road at 10,440 61,135 1050 m, and begin our walk heading NE down the gently sloping, rainforest clad crest of the Tweed Range, for an initial leg length of 750 m, after which the range turns to the N and begins a more rapid descent. The heavily vegetated scarp makes it difficult to locate a window with a view, but there is one opening (11,087 62,158 910 m) at 910 m elevation, which provides outstanding views out to the East, and is a good spot for Morning Tea. This is one of the finest lookouts on either the Tweed or McPherson ranges, and is easy of access, being only 30 m away from the pad on the crest. After "Smoko", we continue our descent to the long, broad saddle above the head of Gradys Creek. There is a big log across the pad at 11,013 62,349 905 m. This is a signpost telling us to turn West off the saddle, and walk down to the creek about 80 m away, which we contact at 10,941 62,384 905 m, after a few minutes walking. This is the nominal source of Gradys Creek. It is the highest point of the watercourse at which permanent water may be found. Walking down the stream a little over 100 m brings us to a small creek junction, which is but one of a number of beautiful places for Lunch. A major creek junction, a further 350 m downstream is another Luncheon possibility; however, the decision to pull up and

rest will be made by popular vote on the ground. If time, energy and inclination permit, Gradys Creek may be explored a little further down after Lunch. Otherwise, we return the way we came - back to the log on the saddle, and then up the range to the cars.

DAVES CREEK CIRCUIT AND UPPER BALLUNJUI FALLS

Day Walk Sun 31 Jul
LEADER: Diana Norkaitis 0408 700 520
GRADE: LDW-2B
LIMIT: 15
BRING: Page 3 gear, 2+ litres water
COST: Vehicle contribution \$20
MEET: Fairfield Gardens
DEPART: 6:30
CAR KMS: 220 kms
MAP: Beechmont

This is a beautiful graded track walk in the Binna Burra section of Lamington NP. It combines rainforest, eucalypt forest and heathland, with good views to the southern end of the Numinbah Valley, Springbrook and the coast beyond. We will have the opportunity to do a side trip to climb Surprise Rock for some great views. Another side trip along a graded track to the head of Ballunju Falls also provides access to the Ballunju Cascades, Booboora Falls and the view from Guraigumai Rock to the north. Together these will provide a graded track walk of ~18 km which is suitable for new members who are happy with the distance.

CHERMSIDE HILLS RESERVE

Day Walk Wed 3 Aug
LEADER: Tom Vaughan 0407 283 106
GRADE: MDW-2A
LIMIT: 15
BRING: Usual day walk gear, page 3 items.
MEET: Downfall Creek Environment Centre Carpark, Raven Street Reserve, 815 Rode Road McDowal.

DEPART: 8am, please arrive 10 mins prior.
We will start with a walk along Downfall Creek to Huxtable Park Rainforest Walk and return. After a rest stop at the Environment Centre we will continue along the Banksia Track into Milne Hill Reserve and then explore the Chermshire Hills Reserve before returning to the Environment Centre. There is a picnic area with water and toilets available at the Environment Centre. The activity should only take 5 hours.

MT BARNEY - LOGANS RIDGE

Day Walk Thu 4 Aug
LEADER: Sonja Risa 0412 021 939
GRADE: MDW-8D
LIMIT: 8
BRING: Page 3
COST: \$25

MEET: Yellow Pinch
DEPART: 7:00 am
CAR KMS: about 240 km
MAP: Mt Lindesay

Please note that this is a Thursday walk. Logans Ridge provides the most direct route to the east peak summit of Mt Barney and provides great views of the surrounding landscape. From Yellowpinch the group will ascend and descend Logans ridge to the east peak summit. The intended pace is moderate to quick. The ascent is steep and includes scrambling over several areas of exposed rock. The requirements to nominate for this walk include a high level of fitness, good scrambling skills and competency with moderate exposure.

PHOTO BASE CAMP - MT GLORIOUS BARRACKS

Base Camp Fri 5 -- Sun 7 Aug
LEADER: Lucy Guzman 0438 760 531
GRADE: MBC-3A,B
LIMIT: 15
BRING: Day walking gear, warm clothes, food
COST: \$5 per night per person + \$ 2 car pooling
MEET: We will meet at the Barracks on Friday evening
CAR KMS: 42 km from the CBD
MAP: Mt glorious National Park

Are you into photography? Come along, we will have easy photographic walks nearby the Barracks (Saturday and Sunday during the day), an introduction to photographing the night sky (Saturday night) with Renato Langersek - "amateur astronomer - and a quick chat about using tripods on different terrains (Sunday morning). There will be time for socialising with like minded people too. We camp at the Mt Glorious Forestry Barracks which apart from grassy campsites has the luxury of an electric kitchen with stove/oven, m/w, toasters, refrigerator, crockery, cutlery and cooking utensils. Hot shower and one flushing toilet.

Photographic walks We walk at 8.30am on Saturday so be ready to leave then with your morning tea and lunch in your pack. We plan to be back in camp for an afternoon coffee. Mornings are cool and it warms up during the day and cooling off at night. Ensure that you have sufficient warm clothing. Sunday walk will finish after lunch to enable an early departure. Camping gear can be hired from the Club at reasonable rates. Walks will be within reasonable distance of the Barracks.

Renato's comments: Having travelled the world with my cameras a few times I have learned to adapt to different equipment needs and would like to share with you how to take astronomical images and still travel light. As bush walkers, you might not want to take a very heavy tripod with

you. There are ways to make a very light tripod more stable by using materials you find during your travels. There are also techniques that reduce camera shake. No matter if you use a professional DSLR or your mobile phone you will hear some interesting things about collecting photons with equipment you have on hand. No need to buy new cameras for thousands of dollars. My first talk will be an introduction in Astro-Photography using only bare essentials and ways to optimise the weight of equipment to success ratio plus some tips for the evening when we take images together. The second talk will be the proper use of tripods and a show and tell where we can compare our images and find ways to improve on them.

MT CORDEAUX, BARE ROCK VIA STACEY'S

Survey Sat 6 Aug
LEADER: Mary Comer 0427 446 000
This activity is full.

ENGLAND CREEK VIA CHERT RIDGE

Day Walk Sat 6 Aug
LEADER: Kelvin Taylor
This activity is full.

HOBWEE CIRCUIT BINNA BURRA

day walk Sat 6 Aug
LEADER: Barry Culley 0415 320 029
GRADE: LDW3B
LIMIT: 12
BRING: page three gear
COST: \$20
MEET: Fairfield Gardens
DEPART: 7am
CAR KMS: 200kms
MAP: lamington

This is an 18km track walk from Binna Burra. We head out along the border track with some great views of the Gold Coast etc. We then branch off the border track to head to Hobwee. There will be some good views into NSW and some magnificent rainforest along the way. We return to Binna Burra via the border track. This is an on track walk with no steep up and suitable for beginners.

MCAFEES LOOKOUT TO ENOGGERA RESERVOIR.

Day Walk. Sat 6 Aug
LEADER: Neill Butler 0413 077 572
GRADE: MDW-4B
LIMIT: 14
BRING: As per P3 in Mag.
COST: \$1.50
MEET: Near Red Fire Hydrant box. D'Aguilar National Park Headquarters. 60 Mt. Nebo Rd., The Gap. (Walkabout Creek.)
DEPART: 8:00am
CAR KMS: 15km

MAP: D'Aguilar NP. South D'Aguilar section McAfees Lookout and Enoggera Reservoir are in the Southern section of D'Aguilar National Park near Brisbane about 11 to 16km north-west of Brisbane CBD. After a car shuffle the walk starts from McAfees Lookout carpark. A trail is followed down to close to Enoggera Creek. This rough, often indistinct trail is followed beside Enoggera Creek to the Mt. Arum Mines trail. The mines trail is followed back to the Araucaria Track and on to the National Park headquarters. A long sleeve shirt and gloves are recommended on this trip, but if we manage to be always on exactly the right trail as first surveyed by Mark Houghton they should not be needed. Suitable for new members who are reasonably fit and used to doing much walking & ready for 'off track' walking. Dist: 10 - 12km. Estim. elev. gain:200m. Elev.loss: 400m

MOUNT MAROON BY STARLIGHT

Night Walk Sat 6 -- Sun 7 Aug
LEADER: Shaun Johnston 0478 124 075
This activity is full.

MOUNT JOYCE

Day Walk Sun 7 Aug
LEADER: Bernie Ryan 0432 907275
This activity is full.

REDCLIFFS ABSEIL

Day Walk Abseil Sun 7 Aug
LEADER: Ross Ernst 0414 450 955
GRADE: ABS-M5C
LIMIT: 10
BRING: Abseil equipment and usual DW gear
MEET: Fairfield Gardens
DEPART: 6:30am
MAP: Murphys Creek 1:25000
Redcliffs is a short section of magnificent sandstone cliffs in the Helidon Hills (north west of Gatton) which offers an extensive range of opportunities to try longer abseils or experience a range of overhangs. The walk in is short so we'll have plenty of time to try different routes. This activity is for members who have completed the two day BBW abseil training at Kangaroo Point. Ropes and equipment will have to be carried so if you have a larger pack it would be useful. Please let me know if you need club equipment or need more information.

TOOLONA CREEK CIRCUIT

Day Walk Sun 7 Aug
LEADER: Tom McAlister 0417 078 561
GRADE: LDW-3B
LIMIT: 12
BRING: Page 3 requirements
COST: \$25 fuel contribution
MEET: Fairfield Gardens
DEPART: 6:30am
CAR KMS: 220km

MAP: Lamington N.P.
Toolona Creek Circuit is a picturesque graded track walk out of Green Mountain (O'Reilly's) in Lamington National Park. The walk is about 17 km & a great introduction to sub-tropical rainforest. Suitable for walkers new to the club. Initially we drop down to Box Forest circuit past Elabana Falls. The track then picks up the Toolona Creek branch, passing numerous waterfalls & via several creek crossings, we will gradually ascend through changing vegetation, including king ferns & ancient antarctic beech. We will finally emerge on the rim of the Mt Warning caldera near Wanungara Lookout with spectacular views into the Tweed valley & across to Mt Warning itself a great spot for lunch. The return is via the Border track (~7km) past more amazing antarctic beech along the rim to Bithongabel & then the side of the ridge back to the carpark.

MT GRAVATT / TOOHEY FOREST

Day Walk Sun 7 Aug
LEADER: Diana Norkaitis 0408 700 520
GRADE: MDW-3B
LIMIT: 10
BRING: Page 3 items
MEET: Car park next to McDONALDS
Salisbury. Beside the cliff face.

DEPART: 7:30am
MAP: BCC Toohey Forest track map
Toohey Forest is located 10km south of Brisbane's CBD. There are extensive walking tracks through open eucalypt forest and heath. We start this walk from the car park beside the McDonalds restaurant in Salisbury and make our way to Mt Gravatt Outlook for morning tea. The outlook provides spectacular views of Brisbane and surrounding suburbs. From there we will make our way back to Toohey Forest and explore other parts of the park - with some more hills. This walk will be on both sealed and dirt tracks. Expect to be at the cars by mid-day. Hang around for coffee / lunch at Zarraffa's or bring your own or go home early.

SOMERSET TRAIL, MT MEE

Day Walk Wed 10 Aug
LEADER: Jenny Zohn 0407 630 362
This activity is full.

EKKA HOLIDAY: GREENE'S FALLS + WESTSIDE TRACK

Day Walk Wed 10 Aug
LEADER: Michele Cottrell 0427 579 069
GRADE: MDW-3A+
LIMIT: 15
BRING: Pg 3 Gear
COST: \$7
MEET: Enoggera Train Station carpark, off Bowling Street, off Pickering Street.
DEPART: 8am

CAR KMS: 66km return
MAP: D'Aguilar NP, South D'Aguilar Section
BACK AT ENOGGERA TRAIN STATION: around 3.30pm

N.B. Am looking for a second Leader, so will be able to take a total of 20. :) I will put 4 or 5 people on "RESERVE" just in case... often a few members WITHDRAW in the last week.

We will combine two adjacent walks. The Greenes Falls track passes over rainforest pools and ends at a lookout adjacent to Greenes Falls. Be prepared for an uphill walk (stairs) on the return trip. We will have a break at the vehicles left at the Maiala picnic area and then walk to the Westside Track. The Westside Track branches off the Western Window track, starting from near the Maiala day-use area. There is a short steep slope towards the western end. We will have a longer break here and then return to the vehicles. Total walking distance is about 11.6km. This combined walk is a high '3A'. It has a rise and fall over the walk of over 300m. Good non-slip walking shoes are needed for Westside track - many tree roots and loose rocks. This walk is suitable for new members who are generally fit.

LOGANS RIDGE MT BARNEY

Day Walk Wed 10 Aug
LEADER: Annette Miller 0418 791 841
GRADE: MDW-8D
LIMIT: 6
BRING: Page 3
COST: \$25
MEET: Yellowpinch
DEPART: 6.30am sharp
CAR KMS: 250
MAP: Mt Lindesay

ELEVATION GAIN: Min. 1,000 metres
This walk will be done as a moderate to fast, half day training trip, starting at 6.30am from Yellowpinch. Morning tea will be on top and lunch will be back at Rathdowney - or maybe at home.

MEZZANINE RIDGE

Day Walk Sat 13 Aug
LEADER: John Perry 0432 322 171
GRADE: MDW-8D
LIMIT: 8
BRING: Page 3 gear
MEET: Yellow Pinch
DEPART: 0600
CAR KMS: about 240km
MAP: Mt Lindesay

Mezzanine Ridge is the 'intermediary' ridge that lies between South and Southeast ridges on Mt Barney. It is one of the most exposed ridges on the mountain as the main 'feature' the razorback does have at various points a drop of 200m on each side. The walk is definitely NOT for people who are "vertically challenged" - i.e. people who are "challenged" by big vertical drops on a very

narrow ridge. Above the razorback the ridge has some less exposed sections and a few more serious 'scrambly bits'. The views along the way of both West and East peaks are extraordinary. East peak will be our lunch destination followed by descent down Logan's Ridge.

DAVES CREEK CIRCUIT

MiniMaxS Day Walk Sat 13 Aug
LEADER: Mary Comer 0427 446 000
GRADE: MINIMAX-2A
LIMIT: 15
BRING: Usual day walk gear as per page 3 of the magazine
COST: \$20
MEET: Fairfield Gardens
DEPART: 7:00am
CAR KMS: 200 km
MAP: Lamington N P

The purpose of this walk is to introduce new members to bushwalking, and to BBW in particular. We will walk on the Dave's Creek Circuit at Binna Burra in the Lamington National Park to provide new members the experience of a relatively easy 12km day walk in a lovely bushwalking place. During the day we will discuss what should be in your pack, what to wear, walking safely, first aid, and bushwalking ethics. The walk is on a well graded track, passing through a variety of vegetation types & offering some wonderful views into the Numinbah Valley. Along the way, we will be pointing out areas which constitute higher graded walks.

MT MAROON

Day Walk Sat 13 Aug
LEADER: Wendy Spiry 0409 055 000
GRADE: SDW-5C
LIMIT: 10
BRING: See always take P3 of mag
MEET: Fairfield Gardens
DEPART: 6:30am
CAR KMS: 200kms
MAP: Maroon

Mt Maroon is a prominent peak of 967m height in the Mt Barney National Park. We will be doing the normal "tourist" route up the north east ridge and having lunch on the top. This is a beautiful mountain and the route we will be taking gives us great views of the mountain itself. The views from the top are really spectacular. We will descend the same way we came up. We do make an elevation gain of 600m so reasonable fitness is required.

MT COOCHIN AND MT NGUNGUN NON TOURIST ROUTE (Glasshouse Mountains)

Day Walk Sat 13 Aug
LEADER: Dan Cirsky 0417 623 729
GRADE: SDW-5B
LIMIT: 14

BRING: Usual day walk gear, page 3 items
COST: Petrol \$10/ passenger
MEET: Bald Hills Train Station
CULLIMORE ST

DEPART: 8am Sharp - Pls Arrive earlier
CAR KMS: 120km return
Great view from the two Mountains including the adjoining Glasshouse Mountains, rock formations, vegetation and the ocean.

1. Starting at Mt Coochin (This mountain has two parts to it, like a backside)
2. We climb up one side than descend into a saddle at lower elevation between the hills and than climb up the other part.
3. Have morning tea at the top and enjoy the views.
4. Return to the cars.

5. With the aid of cars, we will drive to Mt Ngungun.

Have lunch ~ noon

6. Starting from the Mt NGUNGUN car park, walk to the non-tourist side of the mountain.

7. There is a SMALL CLIMB (approx 50m) which makes it higher grade (5B - the rest of the trip is lower grade).

Continue climbing to the top of Ngungun and enjoy the views. For a smaller mountain, the views are magic, including the rock formations views of the other Glass House Mountains and the different vegetation.

8. Have Afternoon Tea at the at top of Mt Ngungun.

9. Descend via tourist route.

Afternoon tea Lookout Café - Great Coffees

Depart ~4pm for home.

GOLD CREEK HILLS

Day Walk Sun 14 Aug
LEADER: Bernie Ryan 0432 907275
This activity is full.

GOOMBURRA, MAIN RANGE NP

Base Camp Fri 19 -- Sun 21 Aug
LEADER: Elaine Beller 0450 614 300

GRADE: MBC-4C

LIMIT: 15

BRING: Base camp and day walk gear, nibbles to share.

COST: NP camp fee + car contribution (\$30 recommended)

MEET: transport pre-arranged for Friday

DEPART: Friday

CAR KMS: approx. 300 kms

The Goomburra campgrounds are situated in the Main Range NP, approximately 2 1/2 hours drive west of Brisbane just over Cunningham's Gap. On Saturday Elaine will lead a track/trail walk of around 3B/4C grading. A higher grade walk may be available if other leaders join the camp. Saturday night will be party food and a chance to get to know each other or renew old friendships

and relax around a campfire. Sunday morning we will set off on a shorter track walk before having lunch and packing up camp. We will head back to Brisbane early afternoon with maybe a coffee stop at Aratula.

MT ERNEST VIA ORGAN PIPES

Day walk Sat 20 Aug
LEADER: David Haliczzer 0432 901 030
GRADE: MDW 7D
LIMIT: 6
BRING: Day gear
COST: fuel, wear & tear
MEET: Beaudesert McDonalds
DEPART: 6am
CAR KMS: 220
MAP: Mt Lindsay 1:25000

Ascend of Ernest by Organ Pipes will be new to me so would welcome any participant who has done this before. Having said this I am a confident route finder and the traverse I have done many times over the top. Happy for a co-leader to nominate. Please email if interested as I have disabled one-click nominations
dhaliczzer@gmail.com

MT BEERBURRUM TO FERRIS LOOKOUT (GLASHOUSE MTNS)

Day Walk Sat 20 Aug
LEADER: Dan Cirsky 0417 623 729
This activity is full.

MT MAROON VIA 'MAROON CK'

Day walk Sun 21 Aug
LEADER: Glenis Bradley 0412 618 607
GRADE: MDW-5C
LIMIT: 8
BRING: Usual Day Walk gear, 3 L water
COST: \$25
MEET: Fairfield Gardens
DEPART: 6am
CAR KMS: 210 km
MAP: Maroon 1:25000

This route up Mt Maroon takes longer than the 'tourist' route from Cotswold road, but it is a great way to go. The Terrain is easier - a lovely creek, slabby for about half the way, then a 'use' track for most of the rest including two small gorges. Starting from near Drynans Hut, first Mt Barney Creek has to be crossed, and an old road followed until the steepish track up to near Paddys Falls. About 15 mins later is the Paddys Plains remote bush campsite where 'Maroon' Ck meets Paddys Gully. A couple of hours later will bring us to the final rocky part of the 'tourist' route up to the summit. We will descend via West Maroon Ck, a route that follows a series of rocky slabs with great views for some time before dropping into West Maroon Ck.

FLINDERS PEAK CREEK ADVENTURE

Day walk Sun 21 Aug
LEADER: Shaun Johnston 0478 124 075
GRADE: SDW-7C
LIMIT: 10
BRING: P3, Advise 3L water
COST: \$15
MEET: Fairfield Gardens
DEPART: 0600

This is a circuit, ascending Flinders Peak via its rocky Northern slopes, and descending via its South Ridge. This circuit only intersects with the "tourist track" for about 200 metres. We will leave Flinders Plum and follow the Sandy Creek Trail for a short distance, before breaking off at the Honeymoon Hill Trail. We will follow this trail until the first creek crossing, whence upon we shall break from the track and go rock-hopping up the creek, navigating the network of creeks and gullies that spiderweb from the Northern slopes of Mount Flinders, pausing at an opportune time for morning tea in the creek bed. Shortly after a five-way junction in the creek complex, faced with an impenetrable thicket of lantana, we will head steeply up the bank, and follow a ridge for a short while, until the gorge below us becomes clear enough again to traverse. We shall then thread our way up the ever-steepening slabs and rocks of the gorge, until we push through a small patch of scrub, and meet the tourist track a short walk from the summit of the mountain. After lunch at the summit, we will make our way steeply down the South Ridge of Flinders, picking up a pad back to the Flinders-Goolman trail. The walk back to Flinders Plum will be along a gently undulating 4WD track, with some lovely views of Flinders Peak, and, if we have time, a short detour and stop at a knoll which, in lieu of better information, we have affectionately named "Bernie's Bluff".

SUNRISE AT MT WARNING & RAINFOREST RAIL TRAIL

Base Camp Fri 26 -- Sun 28 Aug
LEADER: Dan Cirsky 0417 623 729
GRADE: SDW-5B
LIMIT: 12
BRING: P15 Handbook gear, Torch, warm jacket, Camera

COST: Camping Fees
MEET: Organise own transport
DEPART: Meet at Mt Warning Rainforest Park
CAR KMS: 300km Return

Top of Mt Warning gets the 1st sunlight in Australia. All participants can ARRIVE ANYTIME Friday or Saturday morning. 26/8 - I will be there before lunch Friday. noon~Rail Tunnel Survey Happy Hour Friday night and camp fire. 27/8 - (about NOON) Rainforest Rail Trail. It's an easy 5km walk through and old Railway Tunnel which is 524 metres long. It has Glow Worms and micro-bats in the alcoves. (For people that wish to arrive Saturday morning, I will be leaving for the Tunnel

walk approx noon time). Come back to camp for another happy hour and camp fire. Mt Warning is part of the UNESCO World Heritage Gondwana Rainforest and marks the centre of the 20 million year old Tweed shield volcano. From the summit (1156m above sea level) the sides of this ancient caldera are clearly visible. The 4.4km ascent (730m rise). 28/8 Sunrise will be at 6:03am. So at 3:00am Sharp we will depart for the car park at the base of Mt Warning. Start walking at 3:30am and no dilly-dally as we will miss the sunrise. It's 4.4km walk on well formed Bitumen track with a constant ascend and many steps. The final 200m of the climb involves a series of rock scrambles aided by the provision of permanent chains anchored to the track. (This is the hardest part of the climb and that's why it's level 5 but it's still reasonably easy). We will NEED Torches for most of the climb. We need to celebrate a new experience and a new day :) We will enjoy breathtaking 360 degree views of Mt Barney, Mt Lindesay, Springbrook Plateau Tweed Heads and Byron Bay. We will have breakfast up on Mt Warning. We will return during daylight and admire the views..

COOMERA CIRCUIT

Day Walk Sat 27 Aug
LEADER: Pauline Kasper 0419 026 281
This activity is full.

TABLETOP MOUNTAIN AND PICNIC POINT WALKING TRAILS

Day Walk Sun 28 Aug
LEADER: Bernie Ryan 0432 907275
This activity is full.

SPRINGBROOK BASECAMP WEEDING: PURLINGBROOK FALLS, ANKIDA/NUMINBAH VALLEY RIDGE

Base Camp Fri 2 -- Sun 4 Sep
LEADER: Michele Cottrell 0427 579 069
GRADE: MBC-4B
LIMIT: 15
BRING: Page 3 items & as listed
COST: \$40 plus fuel contribution \$20
MEET: To be organised
DEPART: To be organised
MAP: Gold Coast Great Walk

Springbrook Future Rainforests. The walk on Saturday is a track walk which goes behind the spectacular Purlingbrook Falls and is all in rain forest. The other walk for the weekend (~ 5 hrs) is on Sunday morning to Ankida where we will walk towards the Numinbah valley and walk along that ridge and return along the same path. This is an area that is not accessible to the public. With the kind permission of ARCS (Australian Rainforest Conservation Society) and the Springbrook Rescue, we will be walking through an area which

is pristine and part of the Gondwana Rainforests of Australia, a World Heritage Area. Please bring one dish per person of either nibbles, main course or dessert for a shared dinner on Saturday night. Please also bring all other meals for the weekend. We have a well appointed kitchen with crockery, cutlery, glassware, pans and utensils. Fridge, stove, microwave and electric kettle are also provided to result in an easy base camp and light packing. Accommodation: is in a Lodge with bunk beds and some normal type beds so will be on a shared room basis. There are five showers so not much waiting time. Please bring sheets or a sleeping bag. As a personal reward, as a thank you for our cheap accommodation and to assist in the restoration of this World Heritage Area to its former glory, we will assist with the removal of exotic plants. There are lots of, naturally regenerated, trees from the parts that have previously received attention. This involves 4hrs of sitting on the soft grass while gently levering out small exotic plants. The numbers are more of a challenge than the size. Tools and gardening gloves are provided. Coffee from the real coffee machine will be available at morning tea time. Car pooling: is essential due to the tiny size of the car park and at least three people per car is preferable.

DEPARTURE TIME

Walkers, please be at the meeting point 10-15 mins before the departure time so that car pooling can be organised. Actual departure will be EXACTLY at the stated departure time.

How Hot Is That Cuppa?

We've all been taught that boiling water is needed for a good cup of tea and that water boils at 100°C, right? Well, this only happens at sea level; at higher altitudes the boiling point can be significantly lower and this may affect how the tea leaves infuse. Nothing worse than a cuppa made with not-properly-boiling water!

Here are a few of the favourite places we visit, and a few other well-known places. You'll be surprised at how "cold" that boiling water can be.

Height		Boiling Point °C
287m	Mt Coot-tha	99.0
675m	Mt Glorious Barracks	97.6
679m	Flinders Peak	97.6
967m	Mt Maroon	96.6
1200m	Lizard Point	95.8
1351m	Mt Barney (East Peak)	95.3
2228m	Mt Kosciuszko	92.3
5200m	Mt Everest Base Camp	82.7
6050m	Dzo Jongo Base Camp	80.1
8848m	Mt Everest	72.0



Data taken from The Engineering ToolBox (www.EngineeringToolBox.com)

Can we fix the problem? Yes, but you will need to take a pressure-cooker on your walk. The RACO 6L Pressure Cooker would be fine... If only there was a light-weight version.

Eugene Hedemann

FMR INCIDENT MANAGEMENT SEMINAR

Seminar Sat 10 Sep
LEADER: Frank Evans 0432 861 198
LIMIT: 50 (from all clubs)
BRING: Paper, Pen, Water, Snack
COST: \$10 (note: parking is free)
MEET: Room 39-103, University of Qld, St. Lucia.
START: 9 am
MAP: Colin Clark Building #39 , University of QLD, St. Lucia

Topics - Critical Incident Response and Recovery Plans:

- Death or serious injury(s)
- Triage and managing the provision of first aid
- Emotional first aid to survivors
- Communication with Emergency services
- Helicopter rescue
- PLBs and Other Communication Devices
- Dealing with media
- Recording information
- Incident Reports
- Operational debriefs

Topics - Risk Management and Prevention:

- Identifying Risks
- Control Measures
- Group size / Restricting participation
- Weather

Guest Speakers

Wednesday 27 July A Walk Along The French Alps (GR5)
Lou Darveniza

This presentation will describe a walk traversing the French Alps from Lake Geneva to the Mediterranean along a section of the GR 5 (Grand Randonnee) trail. Distance walked about 550 Km. The French Alps create the natural border between France and Italy stretching from Lake Geneva in the north (Switzerland) to the Mediterranean Sea. This is an iconic walk. Almost all long walks in Europe follow a network of simple & basic mountain accommodation. On this walk, it was possible to carry and utilise full camping gear, creating a wonderful experience.

Wednesday 10 Aug Website demonstration and launch info
Shaun Johnston

Shaun will present the Club's new website with a practical demonstration. The new features will be highlighted and explained.

Wednesday 24 Aug Carnarvon Gorge Base Camp Trip Report
Sandra Winzar

Sandra will give a short report on her trip. Carnarvon Gorge is 550 km north-west of Brisbane and worth the drive. The magnificent gorge has towering, white sandstone cliffs, scenic side gorges, Aboriginal rock art, beautiful waterfalls and a peaceful, excellent National Park camping ground.

Wednesday 28 Sep Heart Health And Heart Attacks - Lifestyle, screening and management in the bush
Dr Con Aroney

Dr Con Aroney is a BBW member and a very highly respected Coronary Surgeon. He will discuss issues relevant to walking and the heart.

Member Clothing Offer from Icebreaker

The Icebreaker clothing company have given us a discount offer (30% off) on their Winter catalogue, up to 30 August. We also have our separate offer of a limited range of Icebreaker clothing, which will include the BBW logo (50% off). Get in now before it gets too cold or before that next trip!

Go to the "Extra Info" tab on the BBW website where you will see "Member Clothing Offers". You have a choice of:

- Icebreaker Winter Offer (order online)
- BBW Branded Icebreaker Apparel - Price List (order via Chris)

Chris Hall

Brisbane Bushwalker - branded apparel

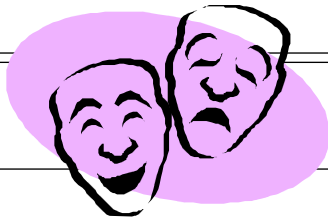


<p>TECH LITE SS POLO Fabric: 50% jersey 37% merino 13% Nylon Cordun Fit: Regular fit Size: S-XL</p> <ul style="list-style-type: none"> • Set in sleeves • Soft fabric collar • Placket with button closure • Icebreaker pip label  <p style="text-align: right;">\$75</p>
<p>TECH T LITE SS Fabric: 50% jersey 37% merino 13% Nylon Cordun Fit: Regular fit Size: S-XL</p> <ul style="list-style-type: none"> • Crew neck • Set in sleeves • Icebreaker tonal embroidered logo • Icebreaker pip label  <p style="text-align: right;">\$60</p>
<p>TECH T LITE SS Fabric: 50% jersey 37% merino 13% Nylon Cordun Fit: Regular fit Size: S-XL</p> <ul style="list-style-type: none"> • Crew neck • Set in sleeves • Icebreaker tonal embroidered logo • Icebreaker pip label  <p style="text-align: right;">\$135</p>
<p>HELIX VEST Fabric: 100% recycled polyester body, 50% jersey 50% merino 42% nylon 10% 3000M Aqua guard, 20g merino wool insulation, 100% wool merino lining Fit: W Slim fit, M Regular fit Size: Mens S-XL Womens S-XL</p> <ul style="list-style-type: none"> • Secure zippered front hand pockets • Icebreaker branding • Internal storm flap • Mesh pocket with media cord port  <p style="text-align: right;">\$25</p>
<p>POCKET BEANIE Fabric: 50% jersey 50% merino Fit: Slim fit Size: One size</p> <ul style="list-style-type: none"> • Reversible, two-color beanie • Non-itch, lightweight insulation • Odour resistant  <p style="text-align: right;">\$25</p>



Icebreaker Winter Corporate Offer

30% off RRP



Out & About

VIETNAMESE/CHINESE DINNER AT WEST END GARDEN

Social Fri 05 Aug
 LEADER: Karen and Bernie Ryan 0432 907275
 LIMIT: 15
 BRING: cash
 MEET: 190 Melbourne St, South Brisbane
 TIME: 6:30pm
 BYO wine corkage \$3
 BYO beer & cider corkage \$1.00 per stubbie
 The Vietnamese and Chinese menus are equally

tempting. A meat focus is evident with dozens of different styles of beef, chicken, lamb and seafood. Why not try something new, such as the pepper chicken, flaming pork ribs, Vietnamese-style barbecue duck or sugar cane prawns. Also familiar Chinese and Vietnamese favourites are also available, with pho soup and Chinese-style lemon chicken. There are also banquets for 3 or more people. Dessert is also a high priority with deep-fried ice-cream the list-topper, followed by the house speciality of coconut pudding, and lychees or mango with ice-cream.

NEW MEMBERS

Welcome to the following New Members who joined during the last month:

Maria Avila	Deborah Bryant	Kath Butler	Benn Culverhouse-Steadman
Hazel Culverhouse-Steadman	Veronica Ebert	Michelle Goswell	Shirlee Green
Cathrine Hogan	Christine Hatton	Glen Hatton	Megan Jones
Helmut Land	Kym Lewis	Lei Liu	Renata MacLeod
Peter Mills	Stephanie Orrego	Margelis O'Callaghan	Paul O'Callaghan
Jenna O'Reilly	Megan Oliver	Cheryl Phillips	John Redfern
Victoria Sanchez	Greg Shepherd	Christine Thomas	Jessica van Soest
Nola Welling	Deb Williamson	Joris Wu	Gareth Ward

Congratulations to the following who have become Full Members:

Janelle Adrain	Amanda Johnston	Kay Long	Mick Long
Tamara Messinbird	John MacLeod	Alistair Read	Sarah Rowan
Elena Stolyarova	Morag Stewart	David Thomsen	

Magazine Collating

Magazine collating will be at Julie & Brian Moore's at Everton Hills on Thursday 18 August at 6:30pm. There is only about 1½ hours work required. If you would like to help while enjoying an easy social night with dinner please email, or phone 3353 5641, to confirm.



For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.



If you have recently changed your address, mobile number or phone number (home or work) or email, please update your record on the website so that the Club register can be kept up to date.

If unclaimed, please return to:
Brisbane Bushwalkers Club Inc.
GPO Box 1949
BRISBANE 4001

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