# The BUSHWALKER BRISBARE BUSHWALKER March 2008



# BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948) GPO BOX 1949, BRISBANE 4001

#### www.bbw.org.au

PRICE PER ANNUM \$20.00 (included in Club Membership fee)

**MEETINGS:** The Brisbane Bushwalkers Club meets every 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2<sup>nd</sup> Wednesday. All welcome.

**COMMITTEE MEETINGS:** The next committee meeting to be held at 7.30pm on **Wednesday 5th March** is at Tom Cowlishaw's at 47 Samford Rd. Alderley. Ph: 3856 4050. All members are welcome to attend.

**MAGAZINE:** It is preferred that leaders submit pre-trip descriptions via the leaders page on the web site.

Articles may also be submitted by e-mail or CD (RTF format). Typed or <u>clearly printed</u> copy is acceptable. Articles may be given to the Editors at any meeting, or mailed to: Editor, Brisbane Bushwalkers Club Inc. GPO Box 1949 Brisbane 4001 or Fax 3274 6782.

Pre-trips will be given first priority, then articles in order of receipt (subject to available space). The editor reserves the right to edit or reject copy where necessary.

**DEADLINE** for the **April** magazine is the Open Meeting **Wednesday 12th March** *Pre-trip descriptions for all activities please!* 



email editor@bbw.org.au outings@bbw.org.au

Cover Photograph "Kayaking on the Clarence River" by Picnic Pete

### EQUIPMENT HIRE

The following equipment is available *for club activities*. The charge *between meetings* per item is:

Foam mat	\$2.00
Self inflating mat	\$5.00
Stove	\$5.00
Tent or Pack	\$10.00

**EPIRB:** An EPIRB is available for loan on club activities. The EPIRB is free of charge to leaders.

**GPS:** A GPS is available for loan on club activities. The GPS is free of charge.

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

All equipment may be booked for hire by phoning the Equipment Officer. Pre-booking will ensure availability.

### LIBRARY

Books, Maps and Magazines are available for loan between meetings. A fee of 50<sup>°</sup> per item is required. Late fees do apply.

### MEMBERSHIP FEES

Annual membership falls due 31st January. Fees include magazine subscription.

<u>Full Members:</u> Singles \$48.00 per annum Couples \$76.00 per annum

Probationary Members:

Nomination fee \$30.00 per 6mth

### FIRST AID CERTIFICATES



BBW will refund 50% of the cost of a recognised First Aid certification course for full members. Show the receipt and give a photocopy of the certificate to the Treasurer.

### <u>Club Officials</u>

President	Tom Cowlishaw	3856 4050	Photographic	Jo Iriondo	3892 7640
Vice President	Narelle Haling	3857 4263	Librarian	Burgi Wagner	3325 0629
Secretary	Ian Marlow	3207 1750	Abseil Co-ordinato	r John Granat	3265 5404
Treasurer	David Sydes	3318 4085	Members Register	Shirley Peadon	3892 4641
Outings	Elaine Beller	0417 069 366	Website Admin	Gary Curtis	3801 1311
Safety & Training	Kay Byrne	3397 1021	Editors	Eugene Hedemann	
Membership	Ray Glancy	3343 8854		Jenny Zohn Elaine Beller	3272 2732 0417 069 366
Social	Carrol Helander	3396 8652	Contact Officers	Tom Cowlishaw	3856 4050
Equipment	Greg Long	3841 1720		Peter James	0412 886 880

The Brisbane Bushwalker

- DISTANCE Short Under 10 km per day
  - Medium 10 to 15 km per day
  - Long 15 to 20 km per day

EXtra Long — Over 20 km per day

- ACTIVITY ABSeil; Base Camp; Day Walk; Through Walk; Easy Through Walk; Night Walk; SOCial Activity; KaYaK; CYCle; Safety & Training; Federation Mountain Rescue; ROGaine.
- FAMILY Family Family Group conditions; contact Leader

### TERRAIN GRADING -1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- **5** Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- **9** Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

### FITNESS & ENDURANCE GRADING — A to E (Note: Walking times do not include breaks.)

- A Basic Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- B Easy About five hours of walking and up to 300m of elevation gain/loss per day.
- C Moderate About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- **D** High High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- **E** Challenging Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

### **INFORMATION FOR WALKERS**

The Members Handbook has a complete list of Club Guidelines (also available from the library or download from the BBW website)

- Nominate for an activity on the clipboard list at the meetings. Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend meetings contact the leader (who keeps the list).
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

**TRANSPORT COSTS:** Passengers are asked to pay a contribution to the driver for their share of car expenses. These may vary depending on several factors, but for the average car you should expect to contribute 9c/km per person. Trips needing 4WD or extra space for gear tend to cost more. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

**CAMPING FEES:** National Park or State Forest camping fees are \$4.50 per person per night. (The leader will provide details.) NSW National Parks also charge \$7 per vehicle per day.

**ALWAYS TAKE:** Membership Card; Food & Water\*; First Aid Kit; Sunscreen; Torch; Whistle; Paper/pencil; Warm Clothing; Raincoat; Sun Hat. Don't forget a change of clothing & shoes for after the walk.

\*Water allowance, where noted, is the minimum the leader recommends.

### PROGRAM

### ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to previous page for a list of the minimum items required to take on a Day Walk

### February

27	General Mee	ting		
29-2	MBC4AS&T	Navigation & Leader Training Base Camp Mt Barney	Kay Byrne	33971021

### March

2	SDW-4C	Mt Warning	Sue Rogerson	3891 1684
8	MDW-2B	Daves Creek Circuit	Mary Comer	38446231
	MDW-6D	Moran's Creek	David Sydes	33184085
9	MDW-6C?	Running Creek Falls via the Stretcher Track - surve	y Jon Beer	38651808
	MDW-3C	Mt D'Aguilar - Mt Samson SURVEY	John Shields	32646565
15	MDW-2B	Mt. Cordeaux/ Bare Rock	Greg Long	38411720
16	XDW-4C	Sunshine Coast Great Walk-Gheerulla Circuit	Eddie Chappel	32619337
	SDW-5B	Flinders Peak	Cath Carkeet	3357 5607
	MDW-6C	Muscat & Bailey via 560	Lynsey Moore	33666135
	MDW-6C	Best of Byron Gorge - AGAIN	Lou & Marion Darv	eniza
				3298 6001
18	LDW-6D	Around Mt Bangalore via Reynolds Gorge	Cheryl Curtis, Lou	Darveniza
			•	3801 1311
20-24	MTW-6C?	Gara River/Gorge Oxley Wild Rivers NP	Jon Beer	38651808
21-24	XLTW-7D	Lost World, Worendo, Wild Ride	Ray Glancy	3343 8854
28-30	LBC-3B	New Members Base Camp - Green Mountains (Spr	ingbrook Cancelled	)
			Ray Glancy	3343 8854
30	MDW-5C	Neglected Mountain	John Dwyer	3844 9213
			•	
April				
6	MDW 5C	Mt May - leadership training	Jon Beer	38651808
•	MDW-6C	Lizard Point	John Dwyer	3844 9213
12	MDW-6D	Middle Ridge Traverse	Ray Glancy / Lynse	
. –				/ 33666135
13	S&T-KYK	Mooloolaba	Peter Hunt & Kay E	
		moorooraba		\$ 33971021
	SDW-2A	Glasshouse Mtns-Mt Tibrogargen	John Shields	32646565
	MDW-5C	Lincoln Bomber Wreck	John Dwyer / Mary	
				3844 9213
19	MDW-2B	Daves Creek Circuit	Greg Long	38411720
	LTW-6C	Stinson Stretcher Track Through Walk	Ray Glancy	3343 8854
	MBC-3C	Mt Glorious Base Camp	John Shields	32646565
	MTW-4C	Moreton Island - Northern End	Jon Beer	38651808
26-27	LTW-3C	Echo Point Through Walk	Ray Glancy	3343 8854
	2111 00			
May				
3-5	LTW-7D	Border Gate to Butlers Ridge and Reverse	Ray Glancy	3343 8854
9-11	MBC-5C	Doubletop/Huntley	Julie Moore	33535641
	MBC-3B	NEW MEMBERS BASE CAMP - Brisbane Forest Pa		20000011
				3343 8854
16-18	FBC-3B	FAMILY NEW MEMBERS BASE CAMP - Brisbane		
	0 02		Ray Glancy	3343 8854

Coming Trips



### NAVIGATION AND LEADER TRAINING BASE CAMP MT BARNEY

Base Cam	5 Fri 29 Feb - Sun 2 Mar
LEADER:	Kay Byrne 33971021
MOBILE:	0429924726
EMAIL:	kby51515@bigpond.net.au
GRADE:	MBC4AS&T
LIMIT:	20
BRING:	Base Camp Gear, Thermals,
	Fleeces, etc.
COST:	\$10pp/night camping fee
DEPART:	5:30pm Car pooling can be arranged
	by seeing me at the meeting on
	Wednesday 27th February or phon-
	's s s a t that the s a 0400004700

ing me at that time on 0429924726 CAR KMS: 250km

MAP: Maps will be supplied, please bring your compass

This weekend is a combination of Navigation and Leader training with sharing information in a relaxing atmosphere of a base camp weekend. You will learn a number of bushcraft skills as well as learn some helpful hints for a range of different situations that may be encountered and the essentials of leading a BBW walk. Basic and advanced navigation training also be offered. There will be a number of hands-on activities to develop skills in map reading, compass bearings, and route selection. We will break into small groups so that everybody has a chance to lead for a while. We will be doing some walking to enhance our activities with plenty of time to relax and socialize on this which promises to be an informative and enjoyable weekend.

### MT WARNING

Day Walk		Sun 2 Mar
LEADER:	Sue Rogerson	3891 1684
MOBILE:	0400 784 745	
EMAIL:	bbwwalks@yahoo.com	.au
GRADE:	SDW-4C	
LIMIT:	15	
BRING:	Usual day walk gear, 2	L water
COST:	\$25 (280km)	
	Zam Enirfield Cardona	

DEPART: 7am Fairfield Gardens Mt Warning NP is in NSW near Murwillumbah. It is an ancient volcano that has weathered away to expose the main lava plug. We start by walking up 200 odd steps which is probably the hardest part of the walk. Most of the track is graded and easy but the last 50m will require you to climb up the volcanic plug using a chain fence. If you suffer from heights this is not the walk for you. On top of the plug you have 360 degree views of the Lamington Plateau, Springbrook, Tweed Heads and numerous other towns in the surrounding area. We will have lunch at the top before making our way back down to the car park.

### DAVES CREEK CIRCUIT

Day Walk		Sat 8 Mar
LEADER:	Mary Comer	38446231
MOBILE:	0427446000	
EMAIL:	mco71878@bigpond.ne	et.au
GRADE:	MDW-2B	
LIMIT:	15	
MAP:	Lamington NP	

This activity is full.

### MORAN'S CREEK

Day Walk		Sat 8 Mar
LEADER:	David Sydes	33184085
MOBILE:	0419871100	
GRADE:	MDW-6D	
LIMIT:	12	
BRING:	Usual day walk gear	
DEPART:	5am Fairfield Gardens	
CAR KMS:	220	

Moran's Creek has re-opened for business - and it is a delight!! The recent flooding in the Gold Coast hinterland has cleaned out the weed and overgrowth in this creek, and this extremely attractive creek, with cascades, waterfalls, and several swimming opportunities is just waiting for you! We'll leave the cars at the turnoff to Luke's Bluff, and head down past the bluff on the Stockyard Creek track, before turning on to the Commando track. This descends steeply into Rocky creek - from here, it's just a short climb over into Moran's creek. We'll then rock hop up Morans creek, stopping to swim and marvel at the scenery as the mood takes us. We'll exit via the old track and stairway alongside Moran's falls, and then follow the graded track back to the road and the cars. You'll need to be prepared for a long day (note the 5am start - expect about 8 hours walking), and be reasonably competent at rockhopping - there are some fairly large boulders to be negotiated in the upper reaches of the creek. You WILL get wet feet, but it's an experience not to be missed !

#### RUNNING CREEK FALLS VIA THE STRETCHER TRACK - SURVEY

OTALION		
Day Walk		Sun 9 Mar
LEADER:	Jon Beer	38651808
GRADE:	MDW 6C?	

LIMIT:

BRING: togs, leech repellent?, and don't forget a torch!!

DEPART: 6am Fairfield Gardens CAR KMS: 220?

MAP: Lamington 1:25000

8

NOMINATE: Direct to me (no list at meetings) Running Creek falls is located on the north branch of Running Creek in Lamington NP, south southwest of Brisbane. This walk starts from the Christmas Creek valley and follows initially Gap Creek Road (through Buchanan's property) and then along and UP the Stretcher Track. Some distance along the Track there is a trail (apparently ??) that leads down to England Creek which adjoins Running Creek not too far from the falls. As this is a survey, finding this route down to England Creek will be part of the fun. Regardless of this we'll navigate from the Stretcher Track down to the creeks and falls anyway. Our return route will (hopefully?) be basically the reverse of the outward journey. After recent rains (at time of writing), the falls should still be pretty 'specky'. Swimming in the pool at the bottom of the falls will be optional, but at the end of the summer should not be too cool?! This will be a long walk, but a very satisfying one, and there will be no paddocks to cross at the start or finish!

### MT D'AGUILAR - MT SAMSON SURVEY

Day Walk		Sun 9 Mar
LEADER:	John Shields	32646565
EMAIL:	johnshields@netspace.	net.a
GRADE:	MDW-3C	
LIMIT:	10	
BRING:	must bring page3 mag.	2 litres water
COST:	fuel (\$10)	
DEPART:	7am Albany Ck Coles S	Shopping Cen-
	tre [Westpac sign in Alb	any Ck Road]
	UBD MAP 108 F16	
CAR KMS:	90	

MAP: BFP

A reasonably easy track walk with a bit of up and down and a bit of off track thrown in to show new walkers what to expect on higher graded walks. Most of the walk is in rainforest and shaded. This is the usual walk plus finding our way across to Mt Samson. I have not done this section before so we do not know what to expect. It will add 2km over and 2km back as the crow flies so we can add 5km to the walk making a total of 13km for the day. This will bring out the spirit of adventure but should not be too heavy going. If there are any problems we will adopt our democratic decision making procedure as usual. The only thing that we want to achieve is a 3 graded path between the two mountains. Coffee stop at Samford on way home of course will be included. SELF

SERVE ON LINE BOOKINGS PREFERRED. EMAIL OR PHONE ALSO OK. TRUST ME - I AM YOUR LEADER

### MT. CORDEAUX/ BARE ROCK

		•
Day Walk		Sat 15 Mar
LEADER:	Greg Long	38411720
MOBILE:	0409474152	
EMAIL:	longmg@netspa	ce.net.au
GRADE:	MDW-2B	
LIMIT:	15	
BRING:	Usual day walk g	ear, at least 2lts of
	water, hat and su	in screen
DEPART:	7:30am Fairfield	Gardens
PREFERR	ED CONTACT:	Email
This is a 12	2km walk from Cu	nninghams Gap. The
track pass	es through rain fo	rest to Mt Cordeaux

This is a 12km walk from Cunninghams Gap. The track passes through rain forest to Mt Cordeaux. We will walk on to Morgans Lookout and Bare Rock where we will have lunch. This walk is suitable for beginners.

### SUNSHINE COAST GREAT WALK -GHEERULLA CIRCUIT

Day Walk		Sun 16 Mar
LEADER:	Eddie Chappel	32619337
MOBILE:	0432733847	
EMAIL:	edwin.chappel@big	gpond.com
GRADE:	XDW-4C	
LIMIT:	12	
BRING:	As per Mag, 3 litres	s water
COST:	petrol Money \$20	
DEPART:	7am Aspley Hyperr	narket Aust Post
	Sign	
MAP:	Sunshine Coast Gr	eat walk
This walk	is the final section	of the Sunshine

This walk is the final section of the Sunshine Coast Great Walk. We start the walk where the Great Walk joins Delicia Rd at Mapleton. The walk goes from this point along Gheerulla Bluff & there are excellent views of the Mary Valley & the surrounding countryside. The walk then descends down into Gheerulla Creek which we will follow back up to the beginning of the walk. Some other features we will see are Thilba Thalba walkers camp & Gheerulla Falls (if there has been rain). This walk is 21km long & would be suitable for newer members who have done other walks providing they are reasonable fit. Please nominate by phone, e-mail or at meetings.

### FLINDERS PEAK

Day Walk		Sun 16 Mar
LEADER:	Cath Carkeet	3357 5607
GRADE:	SDW-5B	
LIMIT:	12	
BRING:	usual day walk	gear, min 2L water
DEPART:	7:30am Fairfiel	d Gardens
CAR KMS:	140	
Flinders Peak (679m) is in the Ipswich area and		

offers good views of the scenic rim peaks, and also to Brisbane city if the weather is clear. Access to the peak is only about an hour's drive from Brisbane off the Boonah road. We start walking from the picnic area at the end of Mt Flinders road. The climb starts with a defined track but becomes steep and rocky, with some short steep ups. We follow a narrow rocky ridgeline and close to the summit there is some scrambling required but nothing too difficult. We have lunch at the top and return via the same route. This walk is at the upper end of the B fitness grading. Reasonable fitness is required for the ups. It is suitable for those who've done a few longer track walks and want to venture into something more challenging.

### MUSCAT & BAILEY VIA 560

Day Walk		Sun 16 Mar
LEADER:	Lynsey Moore	33666135
MOBILE:	0409725843	
EMAIL:	moorealjac@optusr	net.com.au
GRADE:	MDW-6C	
LIMIT:	12	
BRING:	Day walk gear + sw	immers
DEPART:	7am Alderley	
MAP:	Brisbane Forest Pa	rk (1:30000)

This walk is located in Brisbane Forest Park, approx. 45 mins drive from Alderley. We start the walk at Tenison Woods and follow a forestry road north before heading along a logging track to the knoll at spot height 560m. We then descend a steep spur to South Kobble Ck where we will have morning tea. The rest of the day is a rock hop down South Kobble Ck. and then up Muscat and then Bailey Cks (lunch will probably be at the junction) back to a logging track and the cars. There are no compulsory swim-throughs, however with recent inclemency, we will encounter several good swimming holes. This is a typical Brisbane Forest Park creek walk with a good variety of vegetation & river rock formations. Note: as the walk involves plenty of rock hopping and some scrambling up a few tricky waterfalls you should be confident in this environment. And of course the compulsory coffee stop is included on the way home.

### **BEST OF BYRON GORGE - AGAIN**

Day Walk	Sun 16 Mar
LEADER:	Lou & Marion Darveniza, Don Rose
	3298 6001
EMAIL:	don_rose@iinet.net.au
GRADE:	MDW-6C
LIMIT:	12
BRING:	Usual day walk gear, 3L water
DEPART:	7am Alderley
CAR KMS:	120

MAP: Mt Byron 1:25 000

This is a second go at the Best of Byron - the rocks were too wet and the creeks were torrents in early February, but there was enough call for an attempt to do it as planned. As said before, this is the trip with everything :- rock slabs, waterfalls, rock hopping, rock scrambling, huge overhanging cliffs, caves, swimming, interesting vegetation changes, some scunge and isolation. It is in the Mt Mee State Forest and with the many swims possible it is perfect for this time of year. Please contact Don - phone or email as above to nominate. There will not be a list at meetings.

#### AROUND MT BANGALORE VIA REYNOLDS GORGE

Tue 18 Mar
Cheryl Curtis, Lou Darveniza
3801 1311
0414 661 499
cherylacurtis@gmail.com
LDW-6D
10
Daywalk gear waterproofed
5:30am Fairfield Gardens
Mt Superbus 1:25000, Teviot
1:25000

This is a longish day and the early start is to try to beat the heat as we climb up a saddle between Mt Bell & Mt Bangalore, before dropping down a valley and into the gorge. Going through the gorge involves sliding, climbing down and jumping into the pools with the certainty of being wet for nearly 1.5 hours, so wearing a thermal top is recommended. A second gorge will be checked out from above and then we return to the cars by continuing around the mountain. Please contact Cheryl by email or phone - no list at meeting.

### GARA RIVER/GORGE OXLEY WILD RIVERS

Through Walk		Thu 20 -	Mon 24 Mar
LEADER:	Jon Beer		38651808
GRADE:	MTW 6C?		
LIMIT:	8 (including	leader)	
BRING:	Party food,	togs, inse	ct repellent/
	protection a	ind a good	attitude!
CAR KMS:	1000?		
MAP:	Gostwyck, I	Enmore ar	nd Hillgrove
	1:25000 top	o. (NSW)	
NOMINATE	E:direct to lea	ader (no lis	st at meetings)
DEPART:	Thursday 2	0th late af	ternoon, or pos-
	sibly earlier		
Gara River	is located in	the Oxley	Wild Rivers NP
in northern	NSW near A	Armidale.	We'll drive down
on the Thursday afternoon (not a public holiday)			
to camp at	Dangars Fal	lls east of	Armidale. Route

from Blue Hole - Gara River/Gorge, Salisbury

Waters, Dangars Creek exiting up Dangars Falls track by lunch time on the 31st. Campsites will be determined by time and suitability (and by past experience and knowledge!). I did this walk in 1998 and was very impressed with the scenery, big granite boulders and great swimming opportunities. This is classic rugged country typical of areas like Sundown NP near Stanthorpe but still different! It will be warm so bring adequate sunscreen and be prepared to treat or boil your water. And don't forget the party food (and drink) at least for the first night or two.

### LOST WORLD, WORENDO, WILD RIDE

	, -	= /
Through W	alk	Fri 21 - Mon 24 Mar
LEADER:	Ray Glancy	3343 8854
MOBILE:	0419 719 480	C
EMAIL:	rayanddawng	glancy@yahoo.com.au
GRADE:	XLTW-7D	
LIMIT:	8	
COST:	\$13.50 per pe	erson + petrol contribu-
	tion	
DEPART:	6am 24 Moria	alta Street, Mansfield
CAR KMS:	220 kms	
	Peeebmont .	Tuolaum

MAP: Beechmont, Tyalgum

As I'm not fond of traveling long distances over the Easter weekend but still want to do an extended through walk, I thought this route would give experienced or interested through walkers a good workout over the Easter break, but still only have the drive to and from Green Mountains to deal with. Day 1 will be a track walk out along the Border track (though we may walk the disused section of the Border Track) to the junction of the Albert River circuit which we will follow all the way down to the Echo Point campsite where we will begin the adventure. We will take the footpad south to Mt Worendo, Mt Wapawn and have our first night at the beautiful Rat-a-tat site where the Albert River begins. At night we can see glowworms in the earthbanks. Day 2 will see us retreat back to Mt Worendo where we will descend the ridge to the west till we meet the saddle where we will drop our through packs, then take small day packs with lunch and a first aid kit to the Albert River and then up through Red Rock cutting till we hit Black Canyon with its stunning waterfalls and narrow sides - all of which make Black Canyon one of the most beautiful places in SE Qld. After lunch we will retreat back to our through packs and ascend the eastern end of the Lost World and continue on to the waterfall campsite for night 2. Day 3 will be over the edge of the Lost World, down the narrow Razorback till we turn down to the right to the Albert River and then up over Castle Crag and back to the cars. While this is the route that I have in mind, any person who nominates and has their own suggestions for

modifying the route or campsites please feel free to contact me as I am happy to consider different routes. PLEASE NOTE, due to suggestions by Lou and Marion that we extend the walk to fill the 4 days has led to this modification:- Day Two will be continue the Border track to Mt. Throakban, go down towards Mt Widgee to a point at about GR128716 and follow this ridge down to the Albert River, cross over and go up the usual route to Worendo saddle to camp. Day Three will be down to Black Canyon and the coldest swim this side of hypothermia through Red Rock Cutting till we get to the Falls. After lunch we'll retrace our steps back to Worendo saddle and then go on to Lost World Waterfall campsite. Day Four as before.

#### NEW MEMBERS BASE CAMP - GREEN MOUNTAINS - (SPRINGBROOK CANCELLER

MOUNTAII	NS - (SPRINGBROOK CANCELLED)
Base Camp	Fri 28 - Sun 30 Mar
LEADER:	Ray Glancy 07 3343 8854
MOBILE:	0419 719 480
EMAIL:	rayanddawnglancy@yahoo.com.au
GRADE:	LBC-3B
LIMIT:	30
BRING:	base camp gear, nibblies, btl of what
	you like, COLD GEAR, folding chair,
COST:	\$9 for 2 nights camp fees plus petrol
	contribution
DEPART:	Contact leader
CAR KMS:	220 kms
MAP:	Beechmont 1:25000

SPRINGBROOK NEW MEMBERS BASE CAMP HAS BEEN RELOCATED TO GREEN MOUN-TAINS BECAUSE OF THE CLOSURE OF THE WALKING TRACKS. Green Mountains National Park is 110 kms south of Brisbane in the Gold Coast Hinterland. The area is renowned for the beauty of its rainforest, pristine creeks and waterfalls and for these reasons features heavily in the club's walks program and magazine. Other features include prolific birdlife, pademelons around the campsite and the noted Lamington Blue Spiny Crayfish. The walks in this area are predominantly on graded tracks though many are long (17 to 22 kms). As this area is easily accessed, we will meet at the camp ground just before the National Parks Car Park on Friday night (entry on the right). I will have a stove and tables set up for people to use who may wish to have their Friday night evening meal at the camp ground. The campground has composting toilets and hot showers. I will be going up early Friday afternoon so members can arrive as early as they wish. Saturday morning at 8.00 a.m. (after breakfast) we will discuss Club Ethics and other talks before leaving to walk the Tooloona Circuit (18 kms). Back to camp to clean up and pre-dinner

drinks and nibblies while we have an informal discussion of equipment (tents, packs, clothes, stoves etc.) This will be a good opportunity for new members to chat with those full members who come along and gain some insights into different types of walks. Sunday, after a discussion on food and first aid etc., we will do the Box Log Forest walk which incorporates some of the most beautiful waterfalls in this area. We plan to be back at camp by 2 o'clock to pack up and head back to Brisbane. If you have any queries about equipment, please ring the Equipment Officer regarding the hiring of same or ring me for a list. Even though the Base Camp is designed for new members to qualify for full membership, experienced members who would like to help out and assist with welcoming new members are also very welcome, and actively encouraged. LAND-LINES ONLY PLEASE. RING MONDAY OR TUESDAY NIGHT PRIOR TO WEEKEND TO CONFIRM ATTENDANCE AND ARRANGE TRANSPORT. Please note that Probationary members intending to use this base camp to qualify for full membership, are required to complete the walks on both days.

#### **NEGLECTED MOUNTAIN**

Day Walk		Sun 30 Mar
LEADER:	John Dwyer	38449213
MOBILE:	0408077491	
EMAIL:	john@mountainr	nojo.info
GRADE:	MDW-5C	
LIMIT:	12	
BRING:	Usual day walk g	jear
DEPART:	6:30am Fairfield	Gardens
MAP:	Lamington 1:250	00
This walk is in calchratian of the 100 year anni		

This walk is in celebration of the 100 year anniversary of National Parks in Queensland which occurs on 28/3/08. We travel south via Beaudesert and Laravale and leave the cars at Stinson Memorial Park. The walk starts on Gap Creek Road followed by a short steep section onto the main ridge. We follow this ridge all the way to Neglected Mountain. It is open country and there are good views along the way. We will visit both spot height points (789 & 740) on Neglected Mountain. Reasonable fitness is required. Nominate direct to leader as no list at meetings.

### MT MAY - LEADERSHIP TRAINING

Day Walk		Sun 6 Apr
LEADER:	Jon Beer	38651808
GRADE:	MDW 5C	
LIMIT:	12	
BRING:	Map and compass if wa this walk	nting to learn
DEPART:	7am Fairfield Gardens	
CAR KMS:	250?	

MAP: Maroon 1:25000 NOMINATE:

direct to me Mt May is located in the Mt Barney NP south southwest of Brisbane near Boonah. The intention of this walk is to 'teach' any leader new or old a different route up (or down) Mt May starting from the normal departure point at Mt May water reserve. The route I'll be following goes from the cars 'around' the base across a small creek before ascending up a less steep (than the usual ascent ridge) and more open ridge. It still takes in both peaks of the mountain, and has great views from many points, but has no road walking! As far as navigation is concerned I think this direction is easier to learn than going in the reverse direction (descending via the less used ridge). We'll lunch on the main summit before heading over to the other peak, and descending via usual ascent ridae.

### LIZARD POINT

Day Walk		Sun 6 Apr
LEADER:	John Dwyer	3844 9213
MOBILE:	0408077491	
EMAIL:	john@mountainr	nojo.info
GRADE:	MDW6C	-
LIMIT:	10	
DEPART:	6:30am Fairfield	Gardens
MAP:	Mount Superbus	1:25000
Lizard Poir	nt is a scenic spo	ot offering panorami

Lizard Point is a scenic spot offering panoramic views of the peaks of the Main Range and Mt Barney. Most of the walk is in rainforest. After leaving the cars at Teviot Gap we ascend one of the spurs of Mt Superbus along the site of the old rabbit fence. The track is steep and slippery and involves some scrambling. Once on top, we follow the escarpment north to the summit of Mt Roberts, then onto Lizard Point where we will have lunch. We return via the same route. The walk is suitable for fit and experienced walkers. Nominate direct to the leader. No list at the meetings.

### MIDDLE RIDGE TRAVERSE

Day Walk	Sat 12 Apr
LEADER:	Ray Glancy / Lynsey Moore
	33438854 / 33666135
MOBILE:	0419 719480 / 0409 725843
EMAIL:	rayanddawnglancy@yahoo.com.au /
	moorealjac@optusnet.com.au
GRADE:	MDW-6D
LIMIT:	16
BRING:	3 Itrs water, and usual day walk gear
DEPART:	6:30am Fairfield Gardens
CAR KMS:	220 kms
MAP:	Beechmont
We will spl	lit into two groups - one leaving from
the Binna	Burra Information area and the other

leaving from the junction of Duck Creek and Canungra-Green Mountains roads. The Binna Burra group will descend to Gwongorool Pool via the track system, cross Coomera River and proceed up a steep ridge, pass through a cliff break and take in the views at Nwongbill Lookout. From there we descend a spur to Canungra Creek East Branch and lunch at Fountain Falls where we will exchange car keys with the other group. From here we navigate our way up via a series of spurs & eventually down to Puragulli Creek, the old track system at Green Mountains and then finally up Bull Ant Spur if we have enough energy left. (Should time be a problem we will exit via the West Canungra Creek track.) The Duck Creek group will descend Bull Ant Spur, cross West Canungra Creek at Blue Pool, and proceed a couple of hundred metres downstream and exit the creek just past the entry of Puragulli Creek and will make their way to Fountain Falls navigating over a series of spurs. After lunch (and exchanging car keys) this group will have a steepish spur to climb and then take in the views that the earlier group had at Nwongbill Lookout. They then descend the spur below the cliff break, cross Coomera River at Gwongorool Pool and then come up to the cars via the track system. This will be a LONG & probably hot day - but there are several opportunities for a swim if time permits. If you're prepared to take your car, please be aware that someone else will need to drive it to the starting point.

### MOOLOOLABA

Day Sea Ka	ayak Training	Sun 13 Apr
LEADER:	Peter Hunt & Kay Byrne	
	33513642 & 33971021	l
EMAIL:	peterjameshunt@optu	snet.com.au
GRADE:	S&T-KYK	
LIMIT:	12	
BRING:	Kayak, paddle, PFD, n	noney for
	lunch, morning tea, wa	ater & clothes
	change	

DEPART: 8:30am Mooloolaba

This is an opportunity to learn some sea kayaking skills without any cost for the training. Included in the skills list is paddle strokes, beach launching & landing, deep water rescue, handling basic sea conditions. Mooloolaba is a reasonably protected beach from which to learn these skills. I do not have any qualifications so all that I can provide is knowledge, no certificate. Please bring your own kayak as you will need it when we launch into the sea. Either an estuary or sea style of kayak is suitable. No other options please. You can hire either of these from such places as Rosco Canoe & Kayak, Windsor, Goodtime, Woolloongabba and other options in the yellow pages. You can hire roof racks with the kayak if needed. Include your e-mail address with your nomination so that I can e-mail the details for the meeting place at Mooloolaba. Please do not launch your kayak as we will be covering some theory first. Also, bring some money for a fish and chip lunch from one of the many places in the area.

### GLASSHOUSE MTNS - MT TIBROGARGEN

Day Walk		Sun 13 Apr
LEADER:	John Shields	32646565
EMAIL:	johnshields@netspace	e.net.a
GRADE:	SDW-2A	
LIMIT:	15 [reserves accepted	1]
BRING:	usual p.3 + 2L water	-
COST:	\$10 petrol contribution	ו
DEPART:	7am Aspley hypermar	ket [Aust Post
	SIGN] UBD MAP1	19 J4
CAR KMS:	100	

MAP: Glasshouse Mtns

This is an easy walk for new members and those who prefer a slower pace. We follow Tibrogargan and Trachite circuits which are around (NOT UP) Mt Tibrogargen. The walk is only 9km with smoko and lunch on the walk. The lunch spot has great views and we may see mountain climbers in action and possibly the peregrine falcon. Both these tracks are new with the Trachyte track still being built but easily trafficable. Coffee stop on the way home. Should you have to cancel please advise leader so that reserves can be notified. An interesting section of off track has been added to this walk. SELF SERVE ON LINE NOMINATIONS PREFERRED.

### LINCOLN BOMBER WRECK

Day Walk	Sun 13 Apr
LEADER:	John Dwyer / Mary Comer 3844 9213
MOBILE:	0408077491
EMAIL:	john@mountainmojo.info
GRADE:	MDW-5C
LIMIT:	10
DEPART:	6:00am Fairfield Gardens
MAP:	Mt Superbus 1:25000

The walk starts from Teviot Gap and follows the old rabbit fence to the top of the range. This section of the walk is quite steep and can be slippery. At the top we turn west and head towards Mt Superbus. Just after crossing Mt Superbus we'll branch south and follow an old logging road until we reach a faint track entering from the south west. At that point, we'll walk off-track and follow what remains of the faint track until we reach the Lincoln wreck. This is a good opportunity for people to practice some navigation skills. We'll have lunch in the clearing above the wreck and return by the same route. It will be a long day but there will still be time for coffee on the way home. Suitable for fit walkers. Nominate direct to the leader. No list at the meetings.

### DAVES CREEK CIRCUIT

Day Walk		Sat 19 Apr
LEADER:	Greg Long	38411720
MOBILE:	0409474152	
EMAIL:	longmg@netspace.ne	t.au
GRADE:	MDW-2B	
LIMIT:	15	
BRING:	Day walk gear	
DEPART:	7am Eight Miles Plains	s Bus Station
	Park and Ride - Miles	Platting Road
	behind the toilets UBD	Map 201 M19
MAP:	Lamington NP	

PREFERRED CONTACT: Email

This is a beautiful 12km graded track walk in the Binna Burra section of Lamington NP. It combines rainforest and heathland with good views to the southern end of the Numinbah Valley, Springbrook and the coast beyond. A short side track leads to Molongolee Cave. We will have lunch on Surprise Rock then complete the circuit back to the cars. This walk is most suitable for new club members.

### STINSON STRETCHER TRACK THROUGH WALK

Through Walk		Sat 19 - Sun 20 Apr	
LEADER: Ray Glancy		3343 8854	
MOBILE:	0419 719 480		
EMAIL:	rayanddawng	ancy@yahoo.com.au	
GRADE:	LTW-6C		
LIMIT:	8		
BRING:	usual through walk gear, nibblies for		
		nge gloves, long pants/	
		ense of adventure	
COST:	1 night camping \$4.50, petrol contri-		
	bution (if pool	0,	
DEPART:		Ita Street, Mansfield	
CAR KMS:			
MAP:	Lamington 1:25000		

This is a historic walk retracing Bernard O'Reilly's steps bringing the injured down from the Stinson Wreck. We will drive down to Stinson Memorial Park Campground Saturday morning and will leave there at approx. 8 a.m. and have smoko at Westray's Grave. We will camp at Point Lookout on Saturday night. This will be a long day with some steep climbs. I've given up trying to find the easy cliff break Peter James showed me when we surveyed this walk and that I have failed to find ever since. Sunday morning we will get up before sunrise to enjoy the spectacle of dawn over Mt Warning. We will head off about 8 a.m. The Stretcher Track will be a gentle walk though the track may be difficult to locate around tree falls. Also there will be significant amounts of lawyer vine and other rainforest thorns to contend with. There is a steep descent back to the Christmas Creek camp site. Coffee at Beaudesert RSL and then home for a well-earned shower.

### MT GLORIOUS BASE CAMP

Base Camp	)	Fri 25 - Sur	1 27 Apr
LEADER:	John Shields	32	646565
EMAIL:	johnshields@n	etspace.net	.a
GRADE:	MBC-3C		
LIMIT:	15 [reserves lis	ted]	
BRING:	Base camp & day walk gear		
COST:	\$9 [2 nights camp fees]		
DEPART:	Mt Glorious Barracks		
CAR KMS:	80		
MAP:	Brisbane Forest Park		
	SELF SERVE I	NOMINATIC	<b>DNS PRE-</b>
	FERRED OR	CALL LEA	DER

This is the Anzac Day weekend so we can arrive early and do a walk on both Friday and Saturday with a short one on the Sunday. We will find our own way to the camp and arrive by 8am Friday. Arrange your own car pooling and if Friday does not suit then Saturday is OK BUT ADVISE LEADER. The walks will be 3 graded and in rainforest. A democratic decision could be made at the camp if it is requested to upgrade the walks to a higher grade. That is the beauty of this area and it is no big deal but we will not take anybody out of their comfort zone. PLEASE BRING FIRE-WOOD IF POSSIBLE. There are both a septic toilet and hot shower as well as a BBQ and a camp fire. Gate is on the left 700m past the information board at Maiala Pk and has red & white tape on the post and NP SIGNS ON THE GATE. Gate is to be kept CLOSED at all times except when driving through it. The water available is tank water from a new tank and is just soooo soft.

### **MORETON ISLAND - NORTHERN END**

Through W	/alk	Fri 25 - S	Sun 27 Apr
LEADER:	Jon Beer		38651808
GRADE:	MTW 4C		
LIMIT:	8		
BRING:	Hat, sunscree	en, sunnies	s, and party
	food!		
COST:	\$40 ferry fare	and \$9 ca	mping fees
	(2 nights)		
DEPART:	8am Ferry ter	minal - Th	urecht pde
	Scarborough		
	(Be there at le		. ,
MAP:	Moreton Islan	d - tourist	map
	(1:50000)		
NOMINATE: direct to leader			
FOOTWEAR: Sandshoes or joggers/runners -			s/runners -

OOTWEAR: Sandshoes or joggers/runners boots with hard soles NOT recommended! Moreton Island is located on Brisbane's front doorstep in Moreton Bay and is the 2nd largest sand island in the world. This outing will commence from Bulwer on the western side of the island when we walk off the Combie Trader ferry on Friday morning. Route (open to 'options') -Bulwer, Blue Lagoon (eastern beach), Friday. Cape Moreton and northern coast and north western beach, Saturday. Sunday will be a leisurely stroll back to Bulwer along the western coast. Highlights - (if we detour from the direct road to Blue Lagoon - Mt Tempest), Honeyeater Lake and Blue Lagoon. Second day Cape Moreton, and the northern beaches including Honeymoon Bay. Third day the beautiful (and for the most part 4wd free!) western beach with great views of the Glasshouse Mtns/Sunshine Coast hinterland, and wading is also possible (and fun!).

### ECHO POINT THROUGH WALK

Through W	alk	Sat 26 - Su	un 27 Apr
LEADER:	Ray Glancy	3	343 8854
MOBILE:	0419 719 480		
EMAIL:	rayanddawng	lancy@yah	oo.com.au
GRADE:	LTW-3C		
LIMIT:	8		
BRING:	usual through	walk gear,	nibblies,
	cold gear,		
COST:	\$4.50 camp fe	ee + petrol o	contribution
DEPART:	7am 24 Moria	lta Street, N	/lansfield
CAR KMS:	220 kms		
MAP:	Beechmont		
مرجا مراجع المراجع	ing this as a	" a lativaly a	any through

I am planning this as a relatively easy through walk - though you will still need to carry all you require for the weekend (food, tent and clothing). Saturday morning will see us head out along the Border Track and then turn down the Albert River circuit passing many picturesque waterfalls. As we head down, careful checking of the map will show us where the route down to Black Canyon leaves the circuit (also shown by the One Mile Post). Smoko and lunch will be at points along the circuit, probably at a rainforest creek or something similar. We will collect the water that we need for Saturday night and Sunday at the last major creek crossing - a short distance from Echo Point. When we get to Echo Point campsite we will set up and then we can explore the old track system for a kilometre or so and maybe even set out towards Rat-a-tat campsite. Nibblies will be at Echo Point lookout (I think the nicest on the track system in Lamington). Then we go back to camp 200 metres away for dinner, coffee and a chat and then to bed for a few zeds. Sunday we will finish the Albert River circuit but maybe go back via Lyrebird lookout to Green Mountains then home. As this is all on graded track or easy trails, it is a good entry point for the harder Through Walks that some of the other leaders will plan for the winter months. It gives you an opportunity to assess your ability to plan, carry and finish a Through Walk.

### BORDER GATE TO BUTLERS RIDGE AND REVERSE

Through W	alk	Sat 3 - Mon 5 May	
LEADER:	Ray Glancy	3343 8854	
MOBILE:	0419 719 480		
EMAIL:		ancy@yahoo.com.au	
GRADE:	LTW-7D		
LIMIT:	16		
BRING:	usual through	walking gear, nibblies	
	•	old gear, scunge	
	gloves, gaiters		
COST:		+ petrol contribution	
DEPART:		Ita Street, Mansfield	
	250 kms minir	num	
MAP:	Tyalgum		

Instead of the usual May long weekend through walk between Green Mountains and Border Ranges, I thought this year might be an opportune time to try a route Brian and Julie Moore suggested to me some time ago, as last year some of the sooks who got tangled up in the 'wait-a-while' near Border Ranges needed too much TLC at the coffee shop. I hope to have two groups who should meet on the track lunch timeish on the 2nd day if all goes well. The first group will leave the Border gate, scramble up to Bushrangers Cave, then up to Mt Wagawn, then follow the track system to Bithongabel campsite for the first night. The second day will be a gentle stroll to Rat-a-tat campsite and on the third day continue along the Border Track till the turnoff down to Butlers Ridge where they will pick up the cars left behind by Group 2. The second group will leave Butlers Road GR157660 (Tyalgum map) and go up a very steep ridge till they meet the Border Track somewhere around GR136681, they will then continue to Rat-a-tat site for night 1. Day 2 will be down past Echo Point to the track system and on to Bithongabel campsite for the 2nd night. The third day will be down the track system past Mt Wagawn, past Bushrangers Cave and then down to the cars at Border Gate. As described earlier, both groups should meet on day 2 and as it should not be a long day for either group, we will have a nice long lunch together and both groups can whinge about the poor planning the leader has done. This should be a challenging walk for a day at the beginning and 1/2 a day at the end and as such is really more suited to experienced off track walkers. If you are not certain if you're up to this walk, please contact me and we can discuss it. I am looking for an experienced leader to lead one of the groups.

### DOUBLETOP / HUNTLEY

Base Cam	р	Fri 9 - Sun 11 May
LEADER:	Julie Moore	33535641
MOBILE:	0402722871	
EMAIL:	anymoore@o	otusnet.com.au
GRADE:	M5C	
LIMIT:	12	
	Marma goor for	, agal nighta agmaning

BRING: Warm gear for cool nights camping DEPART: 6pm Transport prearranged

SAT:Some road and track walking will bring us to a rainforest ridge and lead to Doubletop on the Main Range. Good views for morning tea, then head west along the range to Cuthbertson. return to Doubletop and hopefully find the same ridge off Doubletop. Sat evening we can enjoy a sumptuous feast as we don't have to carry dinner in on our backs. SUN: We climb a steep grassy slope (from memory pulling ourselves up by handfuls of grass) and follow the ridge to Sentinel Point. A rocky descent from Sentinel Point leads on to a track and across to Mt Huntley for lunch. Return to our campsite on a different track. Should be a nice weekends walking.

### NEW MEMBERS BASE CAMP - BRISBANE FOREST PARK

New Members Base Camp Fri 9 - Sun 11 May LEADER: Ray Glancy 07 3343 8854 0419 719 480 MOBILE: EMAIL: rayanddawnglancy@yahoo.com.au GRADE: MBC-3B LIMIT: 25 BRING: Base camp gear, tent, sleeping bag etc. PLUS 'Must take Page 3' COST: \$4.50 per person per night camp fee DEPART: tba CAR KMS: tba MAP Brisbane Forest Park The club has been offered exclusive weekend use of the old Ranger's Station opposite Maiala Day Use area and the plan is to use this campground for New Members Base Camps. The area offers secure (locked) camping areas so members' cars and equipment should be safe at this venue. The walks haven't been decided yet but there is scope for different levels of walks. Members are required to arrive on Friday night but as the venue is only an hour from the outskirts of Brisbane, this shouldn't be a problem. Saturday morning will be the usual talks on ethics, first aid etc., after which we will do a walk in the area. Late Saturday afternoon will be a discussion on equipment while we have nibblies and wine. Sunday morning will be talks on safety

and training, through walking etc. and another

short walk. Sunday afternoon at approximately

3pm we will head home. The venue has a large grassed area, covered spaces for outdoor meals etc. plus a fully equipped kitchen (fridge, stove, microwave etc.), shower and toilet. As probationary members will presumably be using this base camp to qualify for full membership, completing all the walks and talks on this weekend is necessary.

#### FAMILY NEW MEMBERS BASE CAMP - BRIS-BANE FOREST PARK

Family New Members Base Camp Fri 16 - Sun			
18 May			
LEADER:	Ray Glancy	3343 8854	
MOBILE:	0419 719 480		
EMAIL:	rayanddawnglai	ncy@yahoo.com.au	
GRADE:	FBC-3B		
LIMIT:	25		
BRING:	Base camp gea	r, tent, sleeping bag	
	etc. PLUS 'Must	t take Page 3'	
COST:	\$4.50 per perso	n per night camp fee	
DEPART:	tba		
CAR KMS:	tba		

MAP: Brisbane Forest Park

Even though the age of our club is slowly creeping up, we still attract a lot of interest from vounger people still in their breeding phase. You can spot these members by their outrageous haircuts and weird clothes and that's only the men, SO when a couple of probationary members approached me about bringing their children to New Members Base Camps, I had to refuse them as the club doesn't allow children on base camps. I have decided to put on a Family New Members Base Camp specifically for probationary members who wish to qualify and have children and also for full members with children. The club has been offered exclusive weekend use of the old Ranger's Station opposite Maiala Day Use area and the plan is to use this campground. The area offers secure (locked) camping areas so members' children, cars and equipment should be safe at this venue. The walks haven't been decided yet but there is scope for different levels of walks. Members are required to arrive on Friday night but as the venue is only an hour from the outskirts of Brisbane, this shouldn't be a problem. Saturday morning will be the usual talks on ethics, first aid etc., after which we will do a walk in the area. Late Saturday afternoon will be a discussion on equipment while we have nibblies and wine. Sunday morning will be talks on safety and training, through walking etc. and another short walk. Sunday afternoon at approximately 3pm we will head home.

### **Membership Officer's Report**

As usual at this time of year, interest in the club goes through the roof and it is pleasing to see so many people lined up to pay the Treasurer and his group. This interest brings its own problems with the level of noise being quite distracting - like being in a steel drum with people bashing on the outside.

Because we get so many new people the need for lower level walks increases dramatically and it's great to see so many leaders stepping up and offering interesting track walks and lower level off track walks - these are the stepping stones we need to encourage new people to extend themselves. Hope-fully the harder off track walks and the more difficult through walks are only just around the corner for these people.

One problem that seems to be increasing is that significant numbers of people are walking while they are unfinancial and some people are walking who are not, and have never been, members of our club. This exposes the club to some risk in relation to our insurance policy. This must stop and leaders have an important role to play in that they ALWAYS check MEMBERSHIP CARDS and refuse to take any-one who is not a financial member of our club. This may sound draconian but as more and more people ignore the club's rules, we lose control over the walks. I am aware that 2 people attended a club walk who had only flown in to Brisbane the day before the walk.

The New Members Base Camps planned for the next couple of months are already filling up (44 at Green Mountains in February). Please check the club calendar for the base camp that suits you. On that note, please be aware that the Club is planning a Family New Members Base Camp 23rd to 25th May at the Mt Glorious Rangers Station. This base camp is ONLY for new members with children who are looking to qualify and existing members with families. The walks will be tailored to suit those attending and the camping area is especially suitable for families in that we have sole use of the area. Please check the website if this interests you and contact me a.s.a.p.

Ray Glancy

Membership Officer

### Base Camp Melt Down

### (Supplement to Membership Officer's Report)

Being Membership Officer is a position I enjoy but it is also one which requires a significant amount of planning with regard to the New Members Base Camps the club offers to probationary members five or six times a year. As Membership Officer in 2005, I was aware of the pull out rate for New Members Base Camps BUT the recent Green Mountains New Members Base Camp has seen the pull out rate reach epidemic proportions. My wife has logged and replied to all the emails, collated their information regarding name, email address, suburb and phone number etc. and printed this information at least four times. I closed the nomination sheet at 44 nominees and advised at least six others that they couldn't come to this base camp and could nominate for a later camp. Ten days before the camp I sent an email to everyone giving more information about the weekend and requesting confirmation of attendance.

SINCE that email, 17 probationary members have pulled out and 9 had not replied with 1 day to go. This is unacceptable given that when I nominate and book campsites I am required to pay the full amount of camp fees in advance at \$9 per person for the weekend - none of which is refundable, putting me at significant financial risk. Some of the reasons I have been given for pulling out are perfectly reasonable regarding family health issues BUT by far the majority were frivolous such as 'Friday is difficult to organise', 'it might be raining' and 'work commitments'. At the high water mark of nominations I asked some walk leaders to help me on the weekend as there were too many probationary members for me to lead on walks. These walk leaders have given up their weekend to help me. While I enjoy assisting people who want to join our club and enjoy the riches of South East Queensland I get the greatest satisfaction from organising harder off track day walks and through walks as I know that those people who nominate for these activities won't let me down and the pull out rate is nearly zero. In the future, it is my intention to only accept nominations for New Members Base Camps from people who pay their \$9 per person camp fees.

Ray Glancy

# Training Certificates awaiting collection

Certificates are available for the following people to collect. These certificates will only be available to be collected from me at club meetings until the **23rd of April**. After this date they will be discarded.

Kay Byrne Safety and Training Officer)

### Abseil training

(Family Name		Date attained)
Beer	Jon	05/06
Bolitho	Peter	04/06
Bruce	George	03/07
Chetham	Ralph	02/06
Cunningham	Margaret	04/06
Double	Christine	04/06
Forster	Florian	04/06
Haynes	Alan	02/06
Heinke	Miriam	04/06
Hinz	Carmen	02/06
Hinz	John	02/06
Houldey	Linda	03/07
Hunter	Susan	04/06
Hyslop	Greg	03/07
Ingram	Katie	04/06
lveson	Alex	04/06
lveson	John	04/06
Judge	Nick	04/06
Kuss	Greg	04/06
L'Estrange	Marissa	04/06
Mullins	Thomas	03/07
Murtagh	Lynley	04/06
Rhodes	Dianne	03/07
Smithson	Derrick	02/06
Viero	Daniel	03/07

### First Aid Certificates

(Family Name	First Name	Date attained)
Doherty	Tom	18/06/06
Emborsla	Carmen	24/09/06
Giddens	Jan	24/09/06
Odgers	Barbara	24/09/06



### SIMPSON DESERT CROSSING FOR STRONG WALKERS

- Old Andado Station (east of Alice Springs) to Birdsville
- 15 days in early May 2008, 410 km, 800+ sand dunes
- Prearranged food and water drops
- Privately organized, costs to be shared

### Interested?

Contact Lutz Fehling (BBW member) <u>lufe@spiderweb.com.au</u> or 3846 1003

### HOT CROSS BUN SEASON (Part 2)

The 2008 hot cross bun season will be the shortest for 150 years. Some people say that Easter Sunday is the first Sunday after the first full moon after 20th March. (They would not be exactly correct, but it would take a long campfire discussion to divulge the real truth.) In any case, the earliest possible Easter Sunday would be 22nd March, when a full moon happens to occur on Saturday 21st March. In 2008, Easter Sunday is 23rd March, making it almost as early as possible. The next year that has Easter on 23rd March is 2152. I don't know when we'll see it on 22nd March.

Although the end date of hot cross bun season moves with Easter, the starting date is always 1st January when the buns appear in the supermarkets. Early Easter makes for a short season. We are lucky that this is a leap year!

**Picnic Pete** 

### **MEMBERSHIP CARDS**

There seems to be an increasing number of incidences of people walking while they are unfinancial and some people walking who are not, and have never been, members of our club. This exposes the club to some risk in relation to our insurance policy.

BBW walk leaders will need to see your membership card at the start of all walks, so PLEASE have it with you!

Elaine Beller Outings Officer

### **GUEST SPEAKERS**

### Top 10 Global Walks - 27 February

Ros and Jim Walker will give a presentation on their Top 10 global walks.

Narelle

### HOW LONG SHOULD YOU BOIL WATER TO MAKE IT SAFE TO DRINK?

This report was published in *Communicable Diseases Intelligence* Volume 22, No 9, 3 September 1998.

"The recent incidents of contamination of the Sydney water supply with *Cryptosporidium* and *Giardia* have generated considerable interest in the issue of how long water should be boiled to make it safe to drink. *CDI* inadvertently muddied the waters (so to speak) in last month's edition when our 'Advice for travellers' recommended that water be boiled for at least 10 minutes.<sup>1</sup> This information was sourced from the fourth edition of the Commonwealth Department of Human Services and Health's publication *Health information for international travel.*<sup>2</sup> This reiterates the unreferenced recommendation of earlier editions of the same publication. Our attention has since been drawn to the Centers for Disease Control (CDC) recommendations for boiling water, which were made in September 1994 on the basis of a contemporary literature review.<sup>3,4</sup> These recommendations have been followed by the New South Wales health authorities in responding to the contamination incidents.

CDC recommends making water microbiologically safe to drink by bringing it to a rolling boil for one (1) minute. This will inactivate all major waterborne bacterial pathogens (for example, *Vibrio cholerae*, enterotoxigenic *Escherichia coli*, *Salmonella*, *Shigella sonnei*, *Campylobacter jejuni*, *Yersinia enterocolitica* and *Legionella pneumophila*) and waterborne protozoa (for example, *Cryptosporidium parvum*, *Giardia lamblia*, and *Entamoeba histolytica*). It will also be effective for waterborne viral pathogens such as hepatitis A virus, which is considered one of the more heat-resistant viruses. An increase in boiling time to three (3) minutes is recommended if viral pathogens are suspected in drinking water in communities at elevations above 2 km.

### References

1. Anonymous. Advice for travellers. Commun Dis Intell 1998;22:154.

2. Department of Human Services and Health. Health information for international travel. Fourth edition. Australian Government Publishing Service, 1994.

3. Anonymous. Assessment of inadequately filtered public drinking water - Washington, D.C., December 1993. *MMWR* 1994;43;661-668.

4. Anonymous. Assessment of inadequately filtered public drinking water - Washington, DC, December 1993. *JAMA* 1994;272;1401-1402".

[The Communicable Diseases Intelligence Journal, the Journal of the American Medical Association (JAMA) and the Morbidity and Mortality Weekly Report (MMWR) are highly regarded journals in the health field. Centres for Disease Control (CDC) are leading world microbiology reference centres].

A copy of this article was sent to BBW magazine by Tom McAlister as there have been varied BBW opinions on this topic. Comments within [] are made by Tom McAlister.

Tom McAlister



March 2008

### **Emergency Position Indicating Radio Beacons (EPIRBs) upgrade**

An EPIRB (Emergency Position Indicating Radio Beacon) is considered to be an essential item of safety equipment for bushwalkers, canoeists or paddlers. If you own one, or are intending to buy one, new or secondhand, you need to be aware of changes which may render the model you have, or are thinking of getting, useless. From 1 February 2009 only 406 MHz EPIRBs will be detected by satellite. The decision to upgrade was made to reduce the chronically high false alarm rate from analogue distress beacons. Currently 97 percent of analogue distress beacon signals are false alarms.

The following information is from the Australian Maritime Safety Authority website. While it has a maritime focus, the advantages for bushwalkers will be similar.

"If you own a distress beacon - which may also be called an EPIRB - or are planning to purchase one, you should know that from 2009 only one type will be detected by the Cospas-Sarsat satellite system. That is the digital 406 MHz distress beacon. Analogue 121.5 MHz distress beacons will no longer be detected from February 2009. The digital beacons transmit an identity code on the 406 MHz frequency that can be cross-referenced with a database of registered 406 MHz beacon owners at the Australian Maritime Safety Authority. This database includes phone numbers, next of kin contacts, information on the type of vessel, etc... and other vital information that enable the right response to the emergency to be provided. On false alarms, it enables us to make a call to the registered beacon owner to see if he/she is in genuine distress or just has a beacon transmitting by accident. Many maritime false alarms occur because the switch on the distress beacon has been bumped on.

Most significantly however, 406 MHz beacons are detected more quickly and accurately (to within 5 km by satellite compared to 20 km for the analogue beacons) which has an obvious safety advantage. As well, depending on the location of the 406 MHz beacon it may be detected within minutes, compared to the average one hour and 30 minutes it takes to get a confirmed satellite detection from a 121.5 MHz analogue beacon."

The club EPIRB, which is available to walk leaders, will be replaced in line with these requirements. I will investigate options and may be able to provide a saving for members who wish to upgrade, by placing a multiple order. If you have any recommendations on an upgraded EPIRB or would be interested in purchasing a new EPRIB please contact me.

Note also that if your new 406 MHz EPIRB is not coded for Australia, it won't work here (ie. don't buy one overseas).

For more information from the Australian maritime Safety Authority the following link is provided: http://beacons.amsa.gov.au/Beacon\_monitoring/Important\_changes.asp

Greg Long Equipment Officer

### **NEW MEMBERS**

Welcome to the following new members who joined during the last month

Vicky Abel	Lindsay Ball	Miriam Barber	Jenny Blaik	Philip Blunder
Karlene Booker	Angie Boudette	Sangeeta Chopra	Jim Collins	Laura Curtis
Sybil Dixon	Christina Dott	Nancy Fishlock	Bob Fitzsimmons	Luella Forbes
Eileen Green	Aaron Hall	Byron Harrison	Cassandra Hohnke	e Ben Howard
Nicola Kenway	Christine Kerley	Lee Lanza	Lei Liu	Louise Mattheisson
Perry Maxwell	Julia Moore	Carleton Nothling	Nicky Peberdy	Cathy Perkins
Louise Petrie	Robert Preston	Paul Relton	Sheila Robinson	Tammie Ruhl
Steph Sanders	Paula Scheiwe	Tony Scott	George Smith	Cathy Stewart
Caecelia Sweeney	Kate Taylor	Sandra Tolstrup	lan Uhr	Jane Vasquez
Ellen Verschoor	Graham Vickery	Sarah Vince	Jutta Voigt	Ralf Weishaupt

Congratulations to the following who were granted full membership

Dee Lago

Susan Edwards



## Out & About

### DINNER AND MOVIE NIGHT

### **GROSVENOR ON GEORGE & DENDY**

- WHEN: 5:00pm Tue 4 MarWHERE: Grosvenor on George, 320 George St & Dendy 346 George St City
- CONTACT: Tanya Hussey 0434 359 818 one.tanya@hotmail.com

This evening is an early start in the city, so hope you can make it! Most movies start at 6.30pm therefore a good idea to eat early - if you are arriving later you could grab a snack and eat after the movie. Please purchase your cinema ticket (\$13.00) and obtain your Meal Deal voucher at Dendy Cinema first, then proceed to the Grosvenor on George to meet with the group for dinner, just a couple of steps from the cinema. The Meal Deal provides for a discount of \$16.95 off anything on their menu (Mids, Pizza & Mains). This is a great deal and options include (with the discount taken off) gourmet pizza from just a dollar or two, pasta from around \$10 and mains at around \$20. Entrees, desserts and of course a lovely selection of beverages abound! The venue is a great old cinema with lots of atmosphere and an alternative movie offering. The movie will be chosen over dinner. Parking at the Myer Centre car park is also discounted to just \$5.00 with your movie ticket (\$11.00 without the movie ticket if you arrive at the car park after 1.30pm), and is located just a couple of blocks away. Train travel is also close by, with Roma Street Station two blocks in the other direction from the Myer Centre. Look forward to hearing from you and to seeing you there!

Tanya



### High Tea at the Stamford Plaza

WHEN:	3pm Sun 2 Mar	
WHERE:	Cnr Edward & Margaret Streets, City	
COST:	\$32.50	
CONTACT: Deniz Clarke 0412 007 360		
	denizclarke@gmail.com	

High Tea at the Stamford Plaza on Sunday afternoon. Come and sit by the Brisbane River and enjoy a delicious buffet of savouries & sweets. Bookings essential, please contact Deniz Clarke on 0412 007 360 or denizclarke@gmail.com.

Deniz



### THURSDAY NIGHT WALK

GRADE SNW-1 WHEN: 6.10 sharp - don't be late. WHERE: Good Will Bridge, Southbank side. BRING: Membership Card, Water, \$'s CONTACT: Jenny Zohn. No need to book. Join us for a very brisk midweek walk in our fair city as we explore the walking tracks along the river, as well as city parks. Bring a few dollars for coffee and possible city cat fares. (S'bank to The Powerhouse, Newfarm is approx 12km return, walks will average 9k & 2-2.5hr) Occasionally another member may be substitute leader. This walk does not count towards full membership.

### Magazine Collating



Magazine collating is at Perry Maxwell's at West End on Wednesday 19th March at 6.30pm. There is only about 1½ hours work required If you would like to come along for an easy social night and share take-away dinner please phone 0405 324 577 to confirm.

### Note: For this month, collating night has been changed to Wednesday to avoid the clash with Easter Thursday

# For your Bushwalking Safety NEVER WALK ALONE... ALWAYS TELL SOMEONE... WALK WITH A CLUB.

If you have recently changed your address, phone number (home or work) or email please advise the Membership Register Officer so that the club records can be kept up to date: Shirley Peadon—email: registrar@bbw.org.au; or phone: 07 3892 4641

If unclaimed, please return to: Brisbane Bushwalkers Club Inc. GPO Box 1949 BRISBANE 4001

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