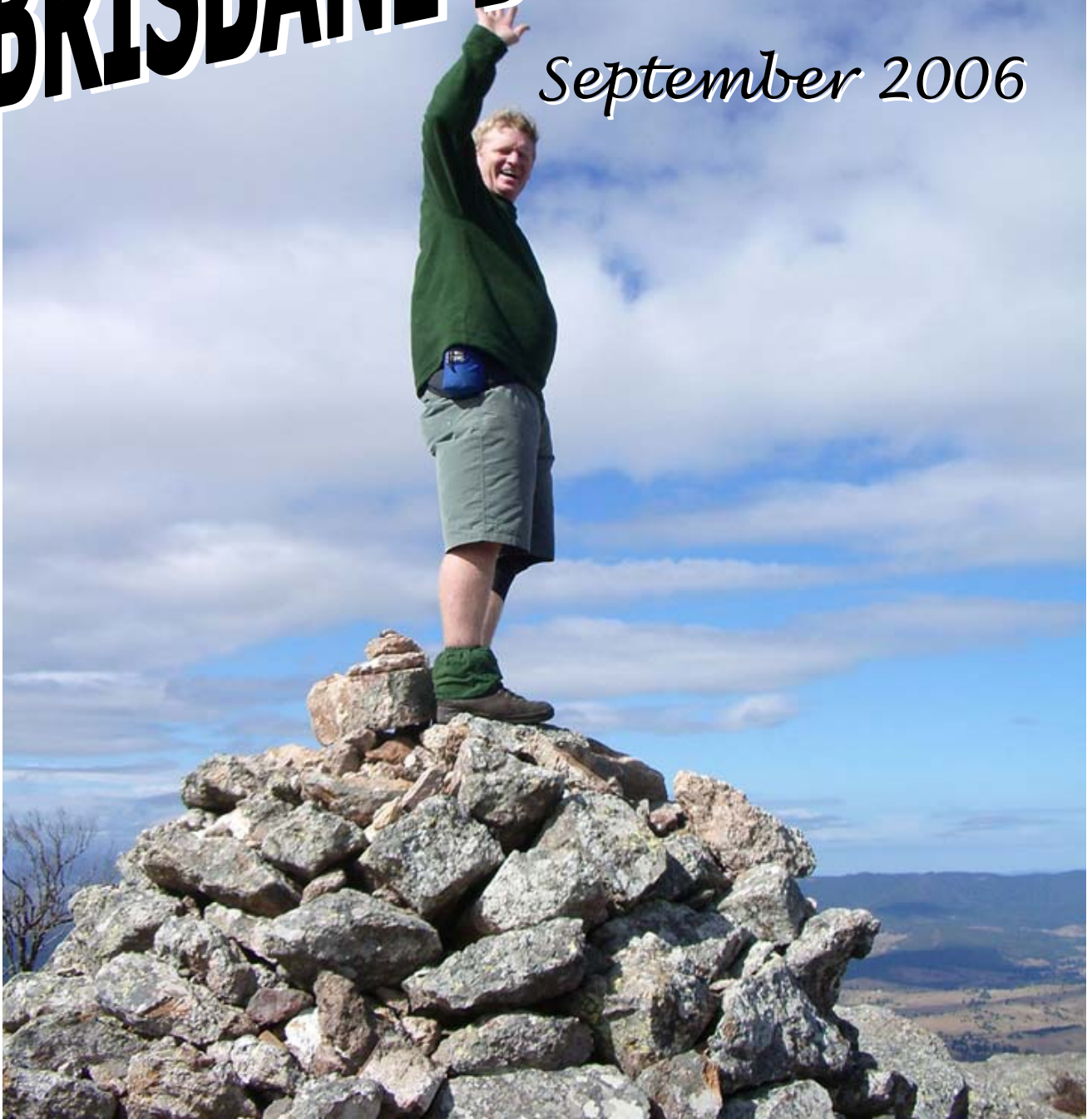


# *The* **BRISBANE BUSHWALKER**

*September 2006*



## **BRISBANE BUSHWALKERS MONTHLY NEWS**



**BRISBANE BUSHWALKERS CLUB INC (EST. 1948)  
GPO BOX 1949, BRISBANE 4001**

***www.bbw.org.au***

PRICE PER ANNUM \$20.00  
(included in Club Membership fee)

**MEETINGS:** The Brisbane Bushwalkers Club meets every 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2<sup>nd</sup> Wednesday. All welcome.

**COMMITTEE MEETINGS:** The next committee meeting to be held at 7.30pm on **Wednesday 6<sup>th</sup> September** is at Tom Cowlshaw's at 116 Alderley Ave. Alderley. Ph: 3856 4050. All members are welcome to attend.

**MAGAZINE:** *It is preferred that leaders submit pre-trip descriptions via the leaders page on the web site.*

Articles may also be submitted by e-mail, CD or 3.5" floppy discs (RTF format). Typed or clearly printed copy is acceptable. Articles may be given to the Editors at any meeting, or mailed to: Editor, Brisbane Bushwalkers Club Inc. GPO Box 1949 Brisbane 4001 or Fax 3274 6782.

Pre-trips will be given first priority, then articles in order of receipt (subject to available space). The editor reserves the right to edit or reject copy where necessary.

**DEADLINE** for the **October** magazine is the Open Meeting **Wednesday 13th September**  
*Pre-trip descriptions for all activities please!*

**website**  
**www.bbw.org.au**  
  
**email**  
**editor@bbw.org.au**  
**outings@bbw.org.au**

Cover Photograph  
"Moreton Island" by Janine Hope

### EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

- Foam mat ..... \$2.00
- Self inflating mat ..... \$5.00
- Stove ..... \$5.00
- Tent or Pack ..... \$10.00

**EPIRB:** An EPIRB is available for loan on club activities. The EPIRB is free of charge to leaders.

**GPS:** A GPS is available for loan on club activities. The GPS is free of charge.

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

*All equipment may be booked for hire by phoning the Equipment Officer.  
Pre-booking will ensure availability.*

### LIBRARY

Books, Maps and Magazines are available for loan between meetings. A fee of 50<sup>c</sup> per item is required. Late fees do apply.

### MEMBERSHIP FEES

Annual membership falls due 31st January. Fees include magazine subscription.

Full Members: Singles \$48.00 per annum  
Couples \$76.00 per annum

Probationary Members:  
Nomination fee \$30.00 per 6mth

### FIRST AID CERTIFICATES

BBW will refund 50% of the cost of a recognised First Aid certification course for full members. Show the receipt and give a photocopy of the certificate to the Treasurer.



## Club Officials

President	Peter James	0412 886 880	Photographic	Jenny Zohn	3342 6345
Vice President	Elaine Beller	3356 4730	Librarian	Jodi Frith	3393 4337
Secretary	Burgi Wagner	3325 0629	Abseil Co-ordinator	John Granat	3265 5404
Treasurer	Tom Cowlshaw	3856 4050	Members Register	Ken Shea	3371 3623
Outings	Peter Lock	3351 1184	Website Admin	Gary Curtis	3801 1311
Safety & Training	Lynsey Moore	3366 6135	Editors	Jenny Zohn	3342 6345
Membership	Julia Wain	3201 2013		Elaine Beller	3356 4730
Social	Burney Starkey	3269 9383	Contact Officers	Tom Cowlshaw	3856 4050
Equipment	Vanessa Kapper	3358 1475		Ron Farmer	3355 2895

## GUIDE TO WALK GRADINGS

DISTANCE	<b>Short</b>	Under 10 km per day		
	<b>Medium</b>	10 - 15 km per day		
	<b>Long</b>	15 - 20 km per day		
	<b>EXtra Long</b>	Over 20 km per day		
TERRAIN	1	Concrete or paved surface	5	Loose or uneven surface
	2	Well-formed gravel path	6	Rock hopping
	3	Graded track, some steps	7+	Scrambling
	4	Off-track, easy going		
FITNESS	1-3	<u>Easy</u> . Suitable for beginners.		
	4-7	<u>Medium</u> . Reasonable fitness required.		
	8-10	<u>Hard</u> . Strenuous, fit walkers only		
ACTIVITY		<b>Base Camp, Easy Day Walk , Day Walk, Through Walk, Easy Through Walk, Night Walk, SOCial Activity, KaYaK, CYCle. Safety &amp; Training, Federation Mountain Rescue, ROGaIne,</b>		

eg: M33DW = Medium; Graded track some steps; Easy, suitable for beginners; Day Walk

## INFORMATION FOR WALKERS

*Members are advised to refer to the Members Handbook for a complete list of Club Guidelines.  
(available from the library or download from the BBW website)*

1. Nominate for the walks or social events on the clipboard list or social book at the meetings. *Walkers are responsible for ensuring they are financial at the time of nominating.*
2. **Walkers are responsible for ensuring they are capable of doing the walk for which they nominate. Review the guide to walk gradings. If you are uncertain, consult the walk leader.**
3. If you are unable to attend meetings contact the leader (who keeps the list).
4. If you are unable to attend the trip you must contact the leader to cancel so that someone on the waiting list may go. (Leader's number is in the magazine.)
5. Concerned relatives can ring the Contact Officer for information if the trip is exceptionally late.

### Transport Costs:

Passengers are asked to pay an appropriate contribution to their driver for their share of the petrol and running costs. The costs may vary according to the number of passengers and economy of the vehicle – for the average vehicle you should expect to contribute 9c/km per person. Trips to base camps tend to cost more due to the extra weight and bulk of gear.

If you are unhappy with the contribution amount, remember you are always free to take your own vehicle.

### Camping Fees:

There is nearly always a National Park or State Forest camping fee of \$4.50 per person per night. (The leader will provide details.) NSW National Parks also charge \$7.00 per vehicle per day.

### Always Take:

**MEMBERSHIP CARD**, food & water, first aid kit, sunscreen, torch, whistle, paper/pencil, warm clothing, raincoat & hat, **and don't forget a change of clothing & shoes for after the walk.**

**Water allowance, where noted, is the minimum the leader recommends.**

## PROGRAM

Gradings approximate only (subject to trip leaders' survey)

Members are responsible for ensuring they are capable of doing the walks for which they nominate.

### August

25-27	L33BC M44BC M55BC M66TW	Toolona Creek Circuit New Members Base Camp - Girraween Girraween National Park Steamers	Sue Rogerson Julia Wain David McAully Allan Swanepoel	3891 1684 3201 2013 38623504 38145104
26	S34DW M75DW S83S&T	Mt Matheson Trail, Spicers Gap Piper Comanche and S. Kobble Creek Abseil Training	Dawn Hendrick Mary Comer John Granat	3818 3687 3844 6231 3274 2777 wk
27	S83S&T	Abseil Training	John Granat	3274 2777 wk
31	SOC	Thursday Nightwalk	Jenny Zohn	33426345

### September

1-2	M75TW	The Steamers	Jenny Zohn	3342 6345
2	M33DW M44DW M44S&T M55DW SOC	Mt Cordeaux and Bare Rock Mt Warning Navigation Training Brisbane Forest Park Lizard Point Southbank—Riverfire	Sue Rogerson Greg Long Lynsey Moore Mary Comer Peter Hunt	3891 1684 38411720 33666135 38446231 33513642
3	S34DW M66DW	Glasshouse Mtns-Mt Ngungun Mount Maroon via South Ridge	John Shields Paul Gorell	07-32646565
7	SOC	Thursday Nightwalk	Jenny Zohn	33426345
8-10	M44TW	Girraween Ladies TW	Betty Healy	3849 6446
9	S23DW M55DW M75DW	Ravensbourne National Park Love and Cedar Circuit Abseil Day Walk	Dawn Hendrick Kurt Wagner Anne Kemp	3818 3687 33250629 33712707
10	M78DW	North Ridge - Mt Barney	John Hinz	3846 1432 (H/W)
<b>13</b>	<b>Open Meeting—Entries for Photographic Competition close</b>			
14	SOC	Thursday Nightwalk	Jenny Zohn	33426345
15-17	M57TW	Mt May to Mt Maroon	Jenny Hogue	3219 2005
16	X33DW M56DW S4B-D"W	Shipstern Circuit Wilson's Peak via the Verandah Cainbale Falls (S44—old grade)	Greg Long Margaret Moran Peter Hunt	38411720 33982404 33513642
17	M33DW M44DW	Western Window & Greenes Falls Mt GREVILLE	John Shields Terry Bryant	07-32646565 33513991
21	SOC	Thursday Nightwalk	Jenny Zohn	33426345

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## PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to previous page for a list of the minimum items required to take on a Day Walk

23	M76DW	Mt Castle	Cath Carkeet	3357 5607
23-24	S11S&T	St John's First Aid Course	Lynsey Moore	3366 6135
24	M55DW	Love & Cedar Creek	Terry Bryant	33513991

### 27 General meeting—Photographic Competition

28	SOC	Thursday Nightwalk	Jenny Zohn	33426345
29-1	M44BC	Rimfall Base Camp	Dawn Glancy	3343 8854

### October

1	M23DW	Glasshouse Mtns-Mt Tibrogargen	John Shields	07--32646565
5	SOC	Thursday Nightwalk	Jenny Zohn	33426345
6-8	L33BC	Straddie Social	Jenny Zohn	33426345
7	M22NW	Minnippi Parkland Night Walk	Dawn Glancy	3343 8854
7-13	M44TW	Barrington Tops	Peter Lock	3351 1184
8	M45DW	Eagles Nest to Wivenhoe Lookout	Mary Comer	38446231

### 11 Open Meeting—Nominations for Committee Positions close

12	SOC	Thursday Nightwalk	Jenny Zohn	33426345
14	S22DW	Brisbane Riverside Walk	Dawn Hendrick	3818 3687
14-21	L45TW	Fraser Island Great Walk	Greg Long	38411720
19	SOC	Thursday Nightwalk	Jenny Zohn	33426345

### 25 Annual General Meeting

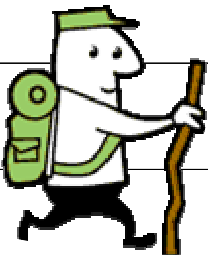
26	SOC	Thursday Nightwalk	Jenny Zohn	33426345
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### November

18	S11S&T	St John's First Aid Refresher	Lynsey Moore	3366 6135
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### December

8-10	L33DW	Mt. Springbrook Christmas Party	Burney	32699383
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## Coming Trips

### **TOOLONA CREEK CIRCUIT**

Base Camp Fri 25 - Sun 27 Aug  
LEADER: Sue Rogerson 3891 1684  
MOBILE: 0400 784 745  
EMAIL: [bbwwalks@yahoo.com.au](mailto:bbwwalks@yahoo.com.au)  
GRADE: L33BC  
LIMIT: 10  
BRING: Base camping gear, warm clothing  
COST: \$9 p/p camp fee  
CAR KMS: 210km

This 17.4km walk is in the Green Mt (O'Reilly's) section of Lamington NP. We start by walking along the border track and then branch off down to Picnic Rock for morning tea. From here we walk upstream along the Toolona Ck with as many as 12 waterfalls. The track does cross the creek several times and generally you can make it across without getting your feet wet. Toolona Falls will be our lunch stop and this is the most spectacular of the waterfalls on the walk. From Toolona Falls we end up at Wanungara Lookout on the edge of the escarpment where views of Mt Warning and the Tweed Valley can be observed on a clear day. The walk along the escarpment features many Antarctic Beech trees and a particular Beech tree called the "Wedding Tree". The track then heads back along the ridgeline to O'Reilly's. Sunday will a late breakfast and pack up before heading out to Pat's Bluff for a quick look and back to Brisbane. Expect temperature between 6 and 23 degrees when camping in this area at this time of the year. Best to camp down the bottom of Green Mt campground because it is more sheltered from strong winds. The campground has running water, drop toilets and hot showers. Friday night it is a case of making your own way up to O'Reilly's. I will take more than 10 people but it will be subject to availability of sites on the 23 Aug. Please do not contact me via phone between 26Jun - 9Jul as I'm on holidays.

### **NEW MEMBERS BASE CAMP - GIRRAWEEEN**

Base Camp Fri 25 - Sun 27 Aug  
LEADER: Julia Wain 3201 2013  
EMAIL: [glenwain@bigpond.com](mailto:glenwain@bigpond.com)  
GRADE: M44BC  
LIMIT: 22 probationary, 8 full members  
BRING: Base camp gear, thermals/warm clothes, rain gear, gaiters or long pants, tent, stove, chair, water (10lt)  
COST: \$9 per person camp fees (2 nights, payable to leader) + petrol

DEPART: 7:30pm contact leader  
CAR KMS: approx 520km  
MAP: Girraween 9240-21, Wallangarra 9240-22

Girraween NP is near the NSW border Granite Belt. It will be spring so the wildflowers should be in abundance. Some of you may be able to head up to Girraween earlier on Friday. For those who are unfamiliar with the area or cannot leave until later (like me) the plan is to meet at Aratula Pub at around 6.30pm for dinner. We can convoy to the Castle Rock campground after dinner and set up camp. Be prepared for either warm or cold weather as it can vary no matter what time of year. Facilities include hot showers, flushing toilets and fireplaces (BYO firewood). No generators are allowed (or welcome!). Water is available but they suggest boil it first or bring your own. Saturday morning at 8am we will have discussions on safety, ethics, etc. We will do a medium distance walk with an option at lunch time to go up Mt Norman. Saturday night will be drinks, nibbles and social around the camp fire and a possible info talk. Sunday will be an 8am start with some more info talks and a shorter walk up the Pyramids where the views are magnificent. Saturday night will be drinks, nibbles, social with a possible info talk around the camp fire. Sunday will be more info talks followed by some very fine track walks. It will be a busy but fun weekend. Mid afternoon pack up and coffee or dinner on the way home if time permits. Please note that ALL the activities on the weekend are mandatory for probationary members who are using this base camp to become full members. It is preferable that full members participate in all the activities as your assistance will be valuable to the group. If you need information about equipment, please contact either myself or talk to the equipment officer at the meetings. An equipment list is available on the website. Please note the limits on both full and probationary members. LANDLINES only please. Ring or email Monday or Tuesday night prior to confirm attendance and arrange carpooling if required. NOTE: As camp fees have been prepaid (\$9pp) fees are still payable to leader for cancellations received after Monday 21 August, if no replacement found.

### **GIRRAWEEEN NATIONAL PARK**

Base Camp Fri 25 - Sun 27 Aug  
LEADER: David McAully 38623504  
MOBILE: 0418 794421  
EMAIL: [davemcaully@optusnet.com.au](mailto:davemcaully@optusnet.com.au)  
GRADE: M55BC

LIMIT: 15  
BRING: Usual Base camp gear  
COST: \$9 camp fees  
DEPART: 8pm Caltex Service Station, Warwick  
CAR KMS: 520  
MAP: Girraween National Park

Girraween National Park is classic granite country with some spectacular features. It is south of Stanthorpe near the Qld NSW border. The wildflowers should be in bloom at this time of year and the wattles in particular are spectacular. We travel down on Friday night and set up camp at Castle Rock campground. Saturday we will be doing a circuit walk and visiting Underground River and the Aztec Temples before climbing Mt Norman, the highest peak in the park. Great views of the park are to be seen from the top. The optional climb to the summit is via a chimney. This increases the grading to 55 but the rest of the walk is only a 44. We will then decent and return to camp by the track that passes Turtle Rock and Castle Rock. The amenities at the campground include hot showers which are welcome after a day's walk. Saturday dinner is a BBQ. Bring your own meat and I will arrange the salads etc. Girraween can be quite cold so bring warm clothes. Sunday we start the day with a quick climb to the top of the 1st Pyramid which again has great views of the park including Mt Norman. Then it is back to camp and pack up before heading off to visit a couple of Stanthorpe's wineries. Lunch will be at the restaurant at Hidden Creek Winery followed by desert at the Bramble Patch which offers a selection of waffles, ice-cream and an assortment of berries. Then it is off to the Heritage Winery for coffee. As you can see, Sunday is quite exhausting so make sure you have the stamina to endure it.

### **STEAMERS**

Through Walk Fri 25 - Sun 27 Aug  
LEADER: Allan Swanepoel 38145104  
MOBILE: 0412 662 918  
EMAIL: allanandmichelle@hotmail.com  
GRADE: M66TW  
LIMIT: 8  
BRING: Usual warm TW gear  
COST: \$4.00 per night  
DEPART: 6:45pm 19 Pardalote Dve Brookwater  
CAR KMS: approx 400 kms

This seems a popular walk and for good reason, hopefully we might catch some early wild flowers. This is a classic through walk in the main range National Park. We start Friday night at Aratula for dinner, then head off to our first nights camp. Saturday morning we start with some steep ups which gets us to the funnel and mast for morning tea. Then we go up to the stern to look at the

view of the Steamers. After lunch we climb Mt Steamer for views of the area, then descend to the Steamer saddle for our 2nd nights camp. On Sunday we follow the main range north to Davis Ridge where we drop our packs and head to Lower Panorama Point for morning tea before heading up to Panorama Point. We then return to the packs for lunch and walk down Davis Ridge to the cars. This through walk requires reasonable fitness and is not suitable for first timers. Water is available on Saturday night.

### **MT MATHESON TRAIL, SPICERS GAP**

Day Walk Sat 26 Aug  
LEADER: Dawn Hendrick 3818 3687  
MOBILE: 0428 197 268  
EMAIL: hendrick@iprimus.com.au  
GRADE: S34DW  
LIMIT: 16  
BRING: Usual day walk gear, + 2lt water.  
LUNCH TO BE LEFT IN CARS  
COST: \$16  
DEPART: 7:30am Redbank Station Secure Car Park UBD p216 B9  
CAR KMS: 170kms @ 9c  
This activity is full.

### **PIPER COMANCHE AND S. KOBBLE CREEK**

Day Walk Sat 26 Aug  
LEADER: Mary Comer 3844 6231  
MOBILE: 0427 446 000  
EMAIL: mco71878@bigpond.net.au  
GRADE: M75DW  
LIMIT: 12  
BRING: Usual Day Walk Gear  
DEPART: 6:30am Alderley  
CAR KMS: Approx. 60km  
This activity is full.

### **ABSEIL TRAINING**

Beginners Sat 26 Aug  
LEADER: John Granat 3274 2777 wk  
EMAIL: Johngranat@AOL.com  
GRADE: S83S&T  
LIMIT: 8  
BRING: Usual day walk gear & lunch  
COST: \$20  
DEPART: 8am Nursery Cliffs at Kangaroo Pt  
This is day one of a two day abseil training weekend. Each day begins at 8am and concludes at 1pm. Today is the beginners level one abseil. Tomorrow is the intermediate level two Abseil. Equipment will be available for hire. \$20 for ropes, harness, helmet per day. This day is for beginners only. That means you have not abseiled with the club before but may have abseiled quite some time ago elsewhere and want to refresh your skills. It will be a back to basics day.

The 'Roo point cliffs are 12m high with shade atop the cliff. Water and toilets are close by. It is a requirement that if you attend today's training you will return tomorrow for the Intermediate day/level two abseil training. Please e-mail me or phone my work number (It's okay to call me at work) to nominate or find out more details as this activity will not appear in the mag.

### **ABSEIL TRAINING**

Intermediate Sun 27 Aug  
LEADER: John Granat 3274 2777 wk  
EMAIL: Johngranat@AOL.com  
GRADE: S83S&T  
LIMIT: 8  
BRING: Usual day walk gear & lunch  
COST: \$20

DEPART: 8am Nursery Cliffs at Kangaroo Pt  
This is day two of a two day abseil training weekend. Each day begins at 8am and concludes at 1pm. Today is the intermediate level two abseil. Equipment will be available for hire. \$20 for ropes, harness, helmet per day. This day is for beginners who have completed level one and are continuing today with intermediate level two. We will refresh a little on yesterday's training before continuing with more exciting training. It is a requirement that you attended yesterday's training to proceed with today's instruction. In other words to nominate for today you would have to nominate for day one as well. The 'Roo point cliffs are 12m high with shade atop the cliff. Water and toilets are close by. Please e-mail me or phone my work number (It's okay to call me at work) to nominate or find out more details.

### **THE STEAMERS**

Through Walk Fri 1 - Sat 2 Sep  
LEADER: Jenny Zohn 3342 6345  
GRADE: M75TW  
LIMIT: 8  
BRING: Warm Gear  
COST: \$8 camping +fuel  
DEPART: 8pm B.P. Aratula after dinner  
CAR KMS: 400km approx.  
This walk is full

### **MT CORDEAUX AND BARE ROCK**

Day Walk Sat 2 Sep  
LEADER: Sue Rogerson 3891 1684  
MOBILE: 0400 784 745  
EMAIL: bbwwalks@yahoo.com.au  
GRADE: M33DW  
BRING: Torch, 2L water + member card  
COST: \$19 (210km)  
DEPART: 3:30am Fairfield Gardens Carpark  
Note the start time on this walk (3:30 in the morning), no it's not a typo, it's a sunrise walk. That

means that part of the walk will be done in the dark until we reach the staddle of Mt Cordeaux. I will take a toaster (bring bread) and pot (to heat water for coffee) so that we can eat breakfast while watching the sunrise over the plains. Spring flowers should be out and the bird life will be much better to see due to the early morning start. This is a 12k walk on graded track which starts on the northern side of Cunninghams Gap in the Main Range NP. We will zigzag up the side of Mt Cordeaux, through rainforest and brushbox before reaching the rocky outcrop of Bare Rock. Good views to the north-east can be enjoyed on a clear day before returning down along the same track past an old gold mine to the cars. This walk is suitable for new members.

### **MT WARNING**

Day Walk Sat 2 Sep  
LEADER: Greg Long 38411720  
MOBILE: 0409474152  
EMAIL: longmg@netspace.net.au  
GRADE: M44DW  
LIMIT: 12  
BRING: Usual day walk gear, 2l water + member card  
DEPART: 6:30am Eight Miles Plains Bus Station Park & Ride—Miles Platting Rd UBD Map 201 M19

CAR KMS: 280

Mt Warning NP is in NSW near Murwillumbah. It is an ancient volcano that has weathered away to expose the main lava plug. We start by walking up 200 odd steps which is probably the hardest part of the walk. Most of the track is graded and easy but the last 50m will require you to climb up the volcanic plug using a chain fence. On top of the plug you have 360 degree views of the Lamington Plateau, Springbrook, Tweed Heads and numerous other towns in the surrounding area. We will have lunch at the top before making our way back down to the car park. Preferred nomination is by email. In your message leave your name, phone+SUBURB & MEMBERSHIP TYPE.

### **NAVIGATION TRAINING BRISBANE FOREST PARK**

Navigation Training Sat 2 Sep  
LEADER: Lynsey Moore 33666135  
MOBILE: 0409 725843  
EMAIL: moorealjac@optushome.com.au  
GRADE: M44S&T  
LIMIT: 16  
BRING: "What to bring" p3 + 3lt water  
COST: Fuel  
DEPART: 7am Alderley Carpark  
CAR KMS: Approx. 60 km  
MAP: Brisbane Forest Park 1:30000



Both probationary & ordinary members are encouraged to attend navigation training. Basic training will be offered. There will be a number of hands-on activities to develop skills in map reading, compass bearings, and route selection. We will break into small groups so that everybody has a chance to lead for a while. If you are serious about learning to navigate, please consider attending several training camps, and finding opportunities to practice in between. The more you have a go, the better equipped you will become. We will combine the navigation bit with a walk up a creek, up a hill down a hill, through some scrub: probably be in the same locale as previous training sessions.

### **LIZARD POINT**

Day Walk Sat 2 Sep  
LEADER: Mary Comer 38446231  
MOBILE: 0427446000  
EMAIL: mco71878@bigpond.net.au  
GRADE: M55DW  
LIMIT: 12  
BRING: Usual day walk gear  
COST: Petrol money  
DEPART: 6am Fairfield Gardens Car Park  
MAP: Mount Superbus 1:25,000  
This activity is full.

### **GLASSHOUSE MTNS-MT NGUNGUN**

Day Walk Sun 3 Sep  
LEADER: John Shields 07-32646565  
EMAIL: johnshields@netspace.net.au  
GRADE: S34DW  
LIMIT: 15 [reserves accepted]  
BRING: Usual p.3 + 2lt water  
COST: fuel contribution[10c/km]  
DEPART: 7am Aspley Pick 'n' Pay [Aust Post sign]  
CAR KMS: 80-100  
MAP: Glass House Mtns

We will first drive to Mt Beerwah where we will take a short walk and view the lookout track then northern cliff face. Morning tea back at the cars before we drive to Mt Ngungun. Taking our lunch with us, we will proceed up a gradually sloping graded track until we are at a lookout clearing below the summit. The track then gets steeper and rougher past the Ngungun Cave to the summit. This section will be done very very slowly and it is only a few hundred metres. The views from the summits [there are two] are 360 degrees and breathtaking. This walk is only rated 4 because of the last section. Recommended for new walkers and slow strollers. Lunch will be at the summit and we will have the usual coffee stop on the way home. We may slip up to Landsborough to walk into the abandoned railway tun-

nel built in 1890 if we have time. Speak to me if you have any worries or doubts. Anyone having to cancel should advise me promptly so reserves can come and enjoy the walk.

### **GIRRAWEE LADIES TW**

Ladies Only Through Walk Fri 8 - Sun 10 Sep  
LEADER: Betty Healy 3849 6446  
GRADE: M44TW  
LIMIT: 8  
BRING: TW gear & nibbles for Sat  
COST: \$8 camp fees payable on nomination  
DEPART: Pre arranged Fri night  
CAR KMS: approx 520 km  
MAP: Hema Girraween  
Girraween NP is about 3hr drive southwest of Brisbane near Stanthorpe on the Granite Belt. This ladies only walk is suitable for first time through walkers who are reasonably fit i.e. you will need to carry a full pack for 12-14k each day. Remember the weight of your pack is up to you! Go light weight-however remember all essentials and emergency gear. We will keep the walking easy, utilising a mix of tracks, roads and some easy off-track. Hopefully the weather will be warmer and we may even see some early spring flowers for which Girraween is famous. Bring party food for Sat night and prepare to have fun. It's a great chance to "see how the girls do it".

### **RAVENSBORNE NATIONAL PARK**

Day Walk Sat 9 Sep  
LEADER: Dawn Hendrick 3818 3687  
MOBILE: 0428 197 268  
EMAIL: hendrick@iprimus.com.au  
GRADE: S23DW  
LIMIT: 16  
BRING: Must take p.3 +2lt water. Lunch to be left in cars so you can bring an esky.  
COST: \$22.50 (250km @ 9cents per km)  
DEPART: 7:30am Redbank Railway Station  
UBD 216 B9  
CAR KMS: 250km return from Brisbane  
MAP: Ravensbourne NP Guide (download from EPA website)

Ravensbourne NP is situated on a spur of the Great Dividing Range between Toowoomba and Esk. The park was declared in 1922 and preserves a variety of Eucalypts in a pocket of rain-forest. We will meet at Redbank Railway station and car pool to the Ravensbourne area to cut down on the number of cars and reduce costs. We will be walking on a number of tracks including the Palm Ck Circuit, Caves Circuit and down to Buaraba Ck (which will hopefully have some water in it by then!) A side-track will also be included to check out an area called the Caves which has some interesting geology. During the

walk we may see a variety of different birds including Rainbow Lorikeets, Red-tailed Black Cockatoos and Red-backed Fairy Wrens. At the end of the walk (which is less than 10km) we will return to the cars and drive up to Gus Beutel's Lookout to admire the view down the Lockyer Valley and eat lunch in one of the many picnic areas. Wood-fire BBQs are also available for those so inclined. We should be back in Brisbane by the mid-afternoon. Preferred nomination is by email or on the website. When nominating please include the following details (as on the nomination sheet): car, no. of passengers, phone number, suburb, membership status (full or probationary). No list at meetings.

### **LOVE AND CEDAR CIRCUIT**

Day Walk Sat 9 Sep  
LEADER: Kurt Wagner 33250629  
MOBILE: 0413272085  
EMAIL: kurt@wagner.id.au  
GRADE: M55DW  
LIMIT: 14  
BRING: usual day pack  
COST: car travel  
DEPART: 7:30am Alderley

This day walk in Brisbane Forest Park starts at the end of Alex Rd. We follow down a short track to a small creek, by BBW members commonly known as Annes Ck, and follow it till it merges with Love Ck. From there we make our way to Love Ck Falls, where we stop for Morning Tea. Usually a good vantage point to see Moreton Bay and the mouth of Brisbane River. After the break we continue our walk down the creek to the junction with Cedar Ck. From there we climb up many waterfalls till we reach the bottom of Green Falls. A very steep section through rainforest and bush, leads us up to a ridge from where we descend down to Annes Ck and back to our cars. The beauty of this rugged and lush area makes any effort worthwhile.

### **ABSEIL DAY WALK**

Abseil Day Walk Sat 9 Sep  
LEADER: Anne Kemp 33712707  
EMAIL: anneikemp@hotmail.com  
GRADE: M75DW  
LIMIT: 6  
BRING: Abseil & day walk gear  
DEPART: 7am Alderley car park

This will be a moderate three pitch abseil close to Brisbane. It is suitable for anybody who has completed Basic Abseil 1 and Intermediate Abseil 2. For those who have trained at Kangaroo Point it will be an excellent opportunity to try their skills in the wild. Paul Gorell, an approved abseil leader, will be assisting. Please advise if you need to

borrow a harness for the day.

### **NORTH RIDGE - MT BARNEY**

Day Walk Sun 10 Sep  
LEADER: John Hinz 3846 1432 (H/W)  
EMAIL: johnhinz@optusnet.com.au  
GRADE: M78DW  
LIMIT: 10 including leader  
BRING: Refer below for details  
DEPART: 5am Fairfield Gardens car park  
MAP: Mt Lindesay 1:25000

North Ridge is an interesting alternative route on Mt Barney to the more usually travelled South and South-East Ridges. In my opinion it has better views than the above ridges, but without the same level of technical difficulty as Logans Ridge. Some moderate grade scrambling is still required and walkers should not underestimate the level of difficulty. A lot of vertical metres will be covered on the day and you should be easily capable of a moderately high peak such as Mt Maroon to consider this walk, as well as have some off track walking experience. The walk will start from Yellow Pinch, and travel via the bottom of Logans Ridge to reach the base of North Ridge. Once we get to North Peak, we will descend to the North Peak East Peak saddle and travel back to the cars via Rocky Creek. This is a highly recommended walk for those wanting to experience the spectacular nature of the Mt Barney massif, my favourite walk destination. All attendees on this walk must have sufficient suitable clothing and equipment to safely spend a night in the open in the event of unforeseen adverse circumstances. Please read my article in the June 2006 magazine for recommendations. Ask me for a copy if you do not have access to it. On the day I reserve the right to refuse walkers who are inadequately equipped.

### **MT MAY TO MT MAROON**

Through Walk Fri 15 - Sun 17 Sep  
LEADER: Jenny Hogue 3219 2005  
EMAIL: jhogue@westnet.com.au  
GRADE: M57TW  
LIMIT: 8  
BRING: usual throughwalk gear + water for Fri night and Saturday  
COST: \$4.50 + petrol  
DEPART: Flavours Cafe Friday night, transport pre-arranged  
CAR KMS: 270 km  
MAP: Maroon 1: 25000

This is a classic walk in Mt Barney NP. Fri night we will camp at Mt May water reserve. Sat morning we will do a car shuffle. The walk begins with a steep ascent of Mt May. We follow the ridge to Paddy's Peak and then down to our campsite at

Paddy's Plains. We should be able to get water from the creek. On Sun we climb a picturesque, slabby gully up the back of Mt Maroon. Lunch will be on the summit. We then descend via the tourist route and head to Flavours (if they are open!). Good fitness is required. Come along for a great walk with fabulous views.

### **CAINBABLE FALLS**

Day Walk Sat 16 Sep  
LEADER: Peter Hunt Ph: 3351 3642  
GRADE: S4B-DW (=S44 old grade)  
LIMIT: 15  
DEPART: 8am Fairfield Gardens Car park  
BRING: Usual day walk gear, + 2l water  
MAP: Lamington National Park

The walk is designed to provide opportunity to those who wish to experience a walk that is at a lower grade which is on a track worn through the forest rather than a maintained, graded track. Being a shorter walk there will also be sufficient time to look at the scenery and take advantage of the photo opportunities that are available.

We follow the worn track through rainforest visiting a small attractive waterfall along the way. Plus there are all of the other attractions of a rainforest just waiting for your enjoyment. As we come into open forest, near the top of Cainbale Falls, we experience excellent views down the valley. Views will be there for our enjoyment all the way along the escarpment. The finish will be along a four wheel drive road with another good view of Lamington Plateau. There are no big ups or downs just gentle undulations.

I have not done this walk recently so will lead it as an unsurveyed walk.

### **SHIPSTERN CIRCUIT**

Day Walk Sat 16 Sep  
LEADER: Greg Long 38411720  
MOBILE: 0409474152  
EMAIL: longmg@netspace.net.au  
GRADE: X33DW  
LIMIT: 12  
BRING: Usual day walk gear, 2L water + member card  
DEPART: 7am Eight Miles Plains Bus Station Park and Ride - Miles Platting Road UBD Map 201 M19

CAR KMS: 210

MAP: HEMA Lamington National Park

This is a 21k walk combining rainforest, open eucalypt forest and a section along the top of a cliff overlooking the Numinbah Valley. In includes a descent of about 400m down toward the Lower Ballanjui Falls which we will go and have a look at. The main track runs along the back of the creek and then crosses and climbs the slopes of

Ships Stern. After lunch at Kooloonbano Lookout it is an easy walk back to the Border Track and onto Binna Burra Cafe. Preferred nomination is by email. Please include your name, phone + SUBURB and MEMBERSHIP TYPE.

### **WILSON'S PEAK VIA THE VERANDAH**

Day Walk Sat 16 Sep  
LEADER: Margaret Moran 33982404  
MOBILE: 0403293689  
GRADE: M56DW  
LIMIT: 10  
BRING: Usual day gear, 2l water & gloves  
COST: Fuel  
DEPART: 6am Fairfield Gardens  
CAR KMS: 200kms approx.

MAP: Wilsons Peak, Teviot & Mt Superbus  
Wilson's Peak (1229m) is a distinctive peak at the southern end of the Main Range NP near Teviot Gap. We approach the peak via the verandah, a narrow rock ledge not suitable for those with a fear of heights. We ascend to the main ridge via a very steep grassy slope. The main ridge features another less steep climb through rainforest to a cliff break and then a short rock scramble to the summit. We return along the NSW/QLD border fence (the gloves now are very useful) to Kinnane Falls. This walk offers a variety of terrain-rainforest, open forest and grass trees. A feature of this walk on special days is the "fly past" of wedge tail eagles, visible from the top. good fitness is required for the steep ups. A great walk!

### **WESTERN WINDOW & GREENES FALLS**

Day Walk Sun 17 Sep  
LEADER: John Shields 07-32646565  
EMAIL: johnshields@netspace.net.au  
GRADE: M33DW  
LIMIT: 15 [reserves accepted]  
BRING: Usual p3 + 2lt water  
COST: \$8 petrol  
DEPART: 7am AlbanyCk Centro Shopping Cnt.  
CAR KMS: 70  
MAP: Brisbane Forest Park

Meet at Westpac sign at Centro. This is a casual rainforest walk to suit new walkers and strollers. Roughly 10km with an early finish. Carry smoko and lunch. Mostly graded tracks with some ungraded track which can be interesting. Coffee stop [and maybe a tasty pastry] at the Samford Bakery on the way home. Please advise leader should you have to cancel so that reserves can be notified.

### **MT GREVILLE**

Day Walk Sun 17 Sep  
LEADER: Terry Bryant 33513991  
GRADE: M44DW

LIMIT: 12  
BRING: Usual day walk gear, p3. +2l water.  
DEPART: 7am Alderley Car Park

Mt Greville is an isolated peak overlooking Lake Moogerah. We will ascend via Waterfall Gorge, having morning tea on the slabs at the top of the gorge overlooking the lake, then on to the summit for lunch and views of the main range. Descent is via Palm Gorge, a narrow gorge full of tall slender Palms and various other types of vegetation clinging tenaciously to the high rocky walls. We will take our time on the walk with plenty of stops to rest and to enjoy the scenery, particularly in the two gorges. This walk is suitable for those reasonably fit, and as an introduction to off track walking.

### **MT CASTLE**

Day Walk Sat 23 Sep  
LEADER: Cath Carkeet 3357 5607  
GRADE: M76DW  
LIMIT: 10  
BRING: usual day walk gear, +3l water  
DEPART: 7am Fairfield Gardens car park  
MAP: Townson 1:25000

Mt Castle is a 970m peak located in the southern section of the Little Liverpool Range. Instead of climbing the conventional way from Sylvester's Lookout, we access the mountain from the north, from the Aratula-Rosevale Rd, taking advantage of an easement through private property. The northern ascent is initially via a steep scrubby ridge. From the saddle, it's another very steep climb up the mountain with a substantial cliff break to negotiate on the way to Mt Castle's northern peak, which provides interesting views over the Little Liverpool Range. We then traverse to the main summit for excellent views along the Main Range. Good fitness for the steep ups and confidence in scrambling are required. This walk is largely off-track. I've done the walk before but not for a couple of years, so it should be regarded as unsurveyed. Please bear this in mind when nominating.

### **LOVE & CEDAR CREEK**

Day Walk Sun 24 Sep  
LEADER: Terry Bryant 33513991  
GRADE: M55DW  
LIMIT: 12  
BRING: Usual day walk gear p,3. + 2l water.  
DEPART: 7am Alderley Car Park

This walk is in the Mt/Glorious region of Brisbane Forest Park. We start at the end of Alex Rd' and descend a short ridge to a tributary of Love Ck, we then rock hop and scramble downstream to join up with Love Ck and on past Love Ck Falls to the junction of Cedar Ck. After lunch we follow

Cedar Ck upstream rock hopping and scrambling our way up or around the various waterfalls to the base of Greens Falls, from here we leave the creeks and make our way through the rain forest back to the cars. Some confidence in rock scrambling is required, as there are numerous waterfalls and cascades to negotiate. The effort is well rewarded, as this is a rugged and scenic section of the park. A walk suitable for anyone reasonably fit, and comfortable with rock hopping and scrambling.

### **RIMFALL BASE CAMP**

Base Camp Fri 29 Sep - Sun 1 Oct  
LEADER: Dawn Glancy,  
Lynsey Moore 3343 8854  
MOBILE: 0418 778 369  
EMAIL: rayanddawnaglancy@yahoo.com.au  
GRADE: M44BC  
LIMIT: 20  
BRING: Linen, food, day walk gear, 4WD's,  
dinner for sat night (to be arranged)  
COST: \$34 per person for 2 nights accom-  
modation + car contribution  
CAR KMS: 220k approx  
MAP: Lamington

This is a relaxed base camp on 1200ha cattle property next to Lamington NP. We stay in 3 cottages which are fully equipped (only 1 microwave in Rimfall Cottage). On Sat, walkers will walk to Running Ck Falls with the assistance (hopefully) of 4WD's to avoid a 5k walk each way across the paddocks. Running Ck Falls is a delightful walk with a variety to suit most tastes, ranging from rainforest, open forest to rock hopping, before arriving at the waterfall for lunch. Running Ck Falls is one of the highest single drop falls in SEQ at 90m. Sun we will walk around the property, up a creek near the cottages and do some bird watching, just stroll around, laze around, read a book, or whatever takes your fancy. Dinner will be organised for Sat night, let me know your specialty. This will be a very relaxing weekend with plenty of time for socialising. As this base camp is very popular, EARLY PAYMENT WILL SECURE YOUR PLACE - so get in early.

### **GLASSHOUSE MTNS-MT TIBROGARGEN**

Day Walk Sun 1 Oct  
LEADER: John Shields 07--32646565  
EMAIL: johnshields@netspace.net.au  
GRADE: M23DW  
LIMIT: 15 [reserves accepted]  
BRING: usual p.3 + 2 lt water  
COST: \$10 petrol contribution  
DEPART: 7am Aspley hypermarket [Aust Post SIGN]  
CAR KMS: 100

MAP: Glasshouse Mtns

This is an easy walk for new members and those who prefer a slower pace. We follow Tibrogargan and Trachite circuits which are around [NOT UP] Mt Tibrogargen. The walk is only 9k with smoko and lunch on the walk. The lunch spot has great views and we may see mountain climbers in action and possibly the peregrine falcon. Both these tracks are new with the Trachyte track still being built but easily trafficable. Coffeestop on the way home. Should you have to cancel please advise leader so that reserves can be notified.

### **STRADDIE SOCIAL**

Base Camp/social Fri 6 Oct  
LEADER: Jenny Zohn 33426345  
GRADE: L33BC  
LIMIT: 8 inc. leader  
BRING: Base camp & day walk gear, chair, extra sunscreen & swimmers. There are hot showers!  
COST: approx \$50,  
MEET: 6.45pm for 7.15pm depart  
Stradbroke Is Ferries, Cleveland

Walk is full

### **MINNIPPI PARKLAND NIGHT WALK**

Night Walk Sat 7 Oct  
LEADER: Dawn Glancy 3343 8854  
MOBILE: 0418 778 369  
EMAIL: rayanddawnlancy@yahoo.com.au  
GRADE: M22NW  
LIMIT: 16  
BRING: Always take p.3, TORCH, Nibblies (1/2 time), food & drinks for BBQ  
DEPART: 5pm Minnippi Parklands UBD P162 B15  
By the light of the silvery moon (hopefully), please come along if you would like to do an easy nightwalk by moonlight and socialise with a BBQ after. We will meet at the Minnippi Parkland carpark (turn off Wynnum Rd into Graystone St then into Stanton Rd West - drive past the Model Aeroplane Club). We follow Bulimba Ck nearly to the Pacific Golf Club. We will be walking mostly on concrete pathways. This is an easy night walk (of about 12k) for new members or anyone who wants to have a moonlit walk on a Sat afternoon/evening. Don't forget to bring something to nibble on at the half way stage, and also your food and drink for the BBQ after. We will leave our BBQ food in the cars until we return.

### **BARRINGTON TOPS**

Supported Through Walk  
- Partly Unsurveyed Sat 7 - Fri 13 Oct  
LEADER: Peter Lock 3351 1184  
MOBILE: 0419 496 837

EMAIL: peter@lock.id.au

GRADE: M44TW

LIMIT: 12

DEPART: Car pool arranged

The Barrington Tops NP is upstream from Newcastle in NSW. It offers some spectacular and varied scenery including waterfalls, rainforest, open forest, sub alpine forest, ocean views and an occasional dusting of snow. Well worth a week off work! This walk will start at the Gloucester River, and visit Gloucester Falls, Munro Hut, the Gloucester Tops Walking Trail, Junction Hole, Big Hole, Carey's Peak, Selby Alley Hut, glow worms, and my personal favourite - Rocky Crossing. We will finish with Devonshire tea at Barrington Guest House. But there's more! This walk will be supported by a ground crew that will meet us every second night or so to cook a good BBQ and top up our through pack supplies. The ground crew will have a separate itinerary of sight seeing by car, and will join the walkers for some of the activities.

### **EAGLES NEST TO WIVENHOE LOOKOUT**

Day Walk Sun 8 Oct  
LEADER: Mary Comer 38446231  
MOBILE: 0427446000  
EMAIL: mco71878@bigpond.net.au  
GRADE: M45DW  
LIMIT: 14  
BRING: Day walk gear + swimmers  
COST: Petrol money  
DEPART: 7am Alderley Car Park  
MAP: Brisbane Forest Park 1:30,000

After positioning a car at Wivenhoe Lookout, we start the walk at the locked gate 2k after Maiala Picnic Ground. We follow the forestry track to the turn off to Eagles Nest where we will have morning tea. From here we descend steeply to Northbrook Ck which we will follow downstream to a swimming hole for lunch. Our route then follows Northbrook Ck upstream until we reach a tributary which will take us fairly steeply to Wivenhoe Lookout. This is the part of the walk at the end of the day which warrants the 5 grading

### **BRISBANE RIVERSIDE WALK**

Day Walk Sat 14 Oct  
LEADER: Dawn Hendrick 3818 3687  
MOBILE: 0418 778 369  
EMAIL: hendrick@iprimus.com.au  
GRADE: S22DW  
LIMIT: 16  
BRING: Money for ferry & refreshments, usual day walk gear, +2l water. Folding chair for picnic after.  
COST: \$2.50 return ferry + coffee money  
DEPART: 7:30am City Cat Terminus West

End, cnr Orleigh Rd & Hoogley St,  
UBD p21 K19

This is a lovely walk by the Brisbane River. We never venture more than 50m away from the water. It is an easy mostly flat walk with a bit of a teaser along the way when we will climb the 130 steps up the cliffs near where they do the rock climbing (and sorry, 130 steps down). From here we will get very good views of the city. When we reach Dockside we will catch the city ferry to Sydney St, New Farm and then the City Cat back to West End. If anyone is interested, there is a BBQ in Orleigh Pk for anyone who wants to cook lunch. Come along for a lovely morning walk. Along the way, we will look at the Nepalese Peace Pagoda, the Naval Stores, a plaque to Kenneth Towerton and John Bourke. We will stop for refreshments at South Bank. We walk right beside the volcanic tuffs at Kangaroo Point

for those who are interested in some spectacular geological exposure! Preferred nomination is by email or on the website. When nominating please include the following details (as on the nomination sheet): car, no. of passengers, phone number, suburb, membership status (full or probationary). No list at meetings.

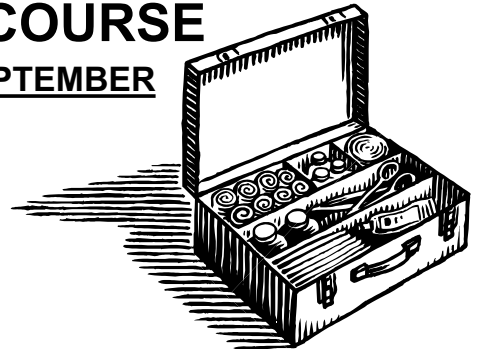
### **FRASER ISLAND GREAT WALK**

Through Walk Sat 14 - Sat 21 Oct  
LEADER: Greg Long 38411720  
MOBILE: 0409474152  
EMAIL: longmg@netspace.net.au  
GRADE: L45TW  
LIMIT: 5  
BRING: Thru walk gear  
DEPART: 7am TBA  
Great Walk Fraser Island  
This activity is full.

## **ST JOHN'S FIRST AID COURSE**

**SATURDAY 23 - SUNDAY 24 SEPTEMBER**

LEADER: Lynsey Moore: 3366 6135 MOBILE: 0409 725 843  
EMAIL: moorealjac@optusnet.com.au  
GRADE: S11S&T  
LIMIT: 16  
BRING: Lunch  
COST: \$120 (current price)  
DEPART: 8:30am 225 St Paul's Terrace



This is a 2 day course run by St John's. We have organised a group booking for BBW members & as such will have some direct focus on bushwalking-related first aid. It is a very enjoyable 2 days & quite essential if you do a lot of bushwalking; & is essential even if you don't: in other words everyone should have a first aid qualification. And you get a certificate. The course runs from 0830 to 1630 each day with a half hour break for lunch - so it is best to bring some & eat it on site. BBW supports first aid training and therefore will reimburse 50% of the course cost on presentation of your certificate & registration receipt. Places will be limited to the first 16 people who pay their registration fee.

## **ST JOHN'S FIRST AID REFRESHER**

**SATURDAY 18 NOVEMBER**

LEADER: Lynsey Moore: 3366 6135 MOBILE: 0409 725 843  
EMAIL: moorealjac@optusnet.com.au  
GRADE: S11S&T  
LIMIT: 16  
BRING: Lunch  
COST: \$TBD (~\$60)  
DEPART: 8:30am 225 St Paul's Terrace

This course is a refresher for members with an existing 1st Aid qualification. It will be a 1 day course run by St John's. We will organise a group booking for BBW members with a direct focus on bushwalking-related first aid. The course will run from 0830 to 1630 with a half hour break for lunch - so it is best to bring some & eat it on site. At this stage I have not confirmed the cost or whether BBW will reimburse a portion of the course cost - but update in near future. Places will be limited to the first 16 people who pay their registration fee.

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# Starting Next Month

## A NEW WAY OF GRADING ACTIVITIES

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### CHANGES TO EXPECT

There's two new abbreviations and one deletion.

- F for Family Group and
- ABS for ABSeil
- no EDW—Easy Day Walk

The Type of Activity abbreviation and Grading abbreviation are separated by a hyphen (-)

Terrain Gradings are 1 to 9 and have different descriptions so are not the same as the old 1 to 9.

Fitness Gradings are A to E so they're all new.

Read 'ABBREVIATIONS & GRADING' for the detail!

### LEADERS, READ THIS....

Please re-grade your activities using the new gradings by 30th August. After this date all unchanged activities on the Web program will have to be re-graded by Outings Officer ready for the October magazine. If you have the clipboard, change that too.

To re-grade or for new gradings, read the descriptions on this page and for more help refer to 'Gradings Guide for Leaders' available from [outings@bbw.org.au](mailto:outings@bbw.org.au). A copy has been emailed to Leaders on the email Leaders list.

### ABBREVIATIONS & GRADING

Example: **FSDW-3B** is:

- Family Group activity (F),
- Short Day Walk (SDW) -
- Graded Track with Obstacles (3),
- Fitness & Endurance : Easy (B).

F - Family Group conditions; contact Leader

#### DISTANCE

- Short - Under 10 km per day
- Medium - 10 - 15 km per day
- Long - 15 - 20 km per day
- EXtra Long - Over 20 km per day

#### ACTIVITY

**ABSeil**, **Base Camp**, **Day Walk**, **Through Walk**, **Easy Through Walk**, **Night Walk**, **SOCial Activity**, **KaYaK**, **CYCl**e. **Safety & Training**, **Federation Mountain Rescue**, **ROG**aine.

### TERRAIN GRADING (1 - 9)

1. Path with smooth surface and low gradient.
2. Well-formed path or graded track with some minor obstacles.
3. Graded track, with obstacles such as rock or root intrusions, fallen debris or creek crossings.
4. Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
5. Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
6. Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
7. Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
8. Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
9. Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

### FITNESS & ENDURANCE GRADING (A - E)

(Note: Walking times do not include breaks.)

- A Basic—Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- B Easy - About five hours of walking and up to 300m of elevation gain/loss per day.
- C Moderate - About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D High - High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E Challenging - Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

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# *Photographic Competition*

*Entries are now invited for the 2006 Photographic Competition*

## *There are 3 Categories:*

- Pictorial:** Photographs of any broad natural scene. e.g, Creeks, Seascapes, Waterfalls, Mountains, Rocky outcrops, Clouds.
- Nature:** Photographs depicting flora or fauna (excluding domestic animals) e.g. Birds, Animals, Native flowers, Forest, Fungi, Reptiles, etc.
- Club Character:** Photographs showing one or more people participating in a bushwalking type of activity.

## **- CONDITIONS -**

- Photographs must have been taken during the past 12 months on a bushwalking related activity.
- Entries may be either (1) PRINTS or (2) SLIDES/DIGITAL MEDIA. These will be judged separately i.e. one section for prints and one section for slides/digital media.
- Prints must be of standard postcard size (150 x 100mm) mounted on a card mount. These may be produced from film or digital cameras.
- Slides must be "spotted" in the lower left corner when viewed the right way up from the correct side.
- Digital media images must be on CD-ROM as 1024 x 768 pixel SRGB tagged JPG files (2MByte maximum file size per image). These may be produced from a digital camera or a scanned image (of a print or slide),
- All entries are to be marked with your name and the category. Specifically for digital media, each image filename should consist of your name, category and photograph number e.g. Joe\_Walker\_pictorial\_1.jpg,
- There is a limit of 10 entries per person.
- Entries attract a fee of 50c each.

Note 1: Consider placing entries in both the print and the digital media sections (particularly members with digital cameras) to even up the number of submissions in each section.

## *Competition Presentation Night:*

*General Meeting—20<sup>th</sup> September 2006*

*All entries will be on display.*

### **CLOSING DATE**

**All entries must be submitted to the  
Photographic Officer (Jenny Zohn)  
by the Open Meeting  
13<sup>th</sup> September 2006.**

Enquiries should be directed to Jenny Zohn on 3342 6345 (a/h)  
or email [jenny.zohn@gmail.com](mailto:jenny.zohn@gmail.com)





## Photographic Competition Sponsors

The Brisbane Bushwalkers gratefully acknowledges the support of the following organizations for donating the photographic competition prizes. Please consider patronizing them when purchasing new equipment, visiting Mt Barney or buying maps, guides, calendars, and bushwalking books.



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***Hurry! Hurry! Hurry!***

*Entries closing soon.*

*Get your photos in for the Photographic Competition.*

*Don't miss out on a chance to score some  
great prizes from our sponsors.*

## **NOTICE TO ALL MEMBERS**

### **NOMINATION FOR MANAGEMENT COMMITTEE 2007**

Nominations are called for all positions on the Management Committee for the 2007 club year. All nominations must be in writing from fully qualified financial members. The form must have the consent of the member nominated and the signature of a nominator and a seconder. Nominations close 9pm on 11 October 2006 (Open night). Nominations, must be given to the returning officer. David Thorp.

As stated in the club rules, any member may nominate for several positions but can only be elected to one position. No member can be elected to a specific position for more than two consecutive years. All positions fall vacant and they are:-

President	Vice-President	Secretary	Treasurer
Outing Secretary	Safety & Training Officer	Membership Officer	Social Coordinator
Equipment Officer	Photographic Officer	Librarian	

### **ANNUAL GENERAL MEETING 2006**

The Annual General Meeting of Brisbane Bushwalkers Club Inc is to be held immediately after the October General Meeting on Wednesday 25th October, 2006 at Newmarket Memorial Hall, corner Enoggera Road and Ashgrove Avenue, Newmarket, where the business of the meeting will be limited to the following:-

- Receiving Annual Reports and Financial Statements;
- Receiving the Auditors Report;
- Election of Members to the Management Committee;
- Appointment of an Auditor; and
- The Setting of Fees.

Please note: Only fully qualified financial members are eligible to vote at the AGM elections.

## **From the Editors Desk**

Its been ages since I have needed to fill space with words of editorial wisdom. This month is rather timely as I have decided to hang up my keyboard and pass on the job to another. Hopefully our new editor will enjoy the job as much as I have. (If you are interested get in touch)

Over the last few years I have had many comments on the mag, at the start it was mostly.."*I'm leading a walk on.....it doesn't seem to be in the Mag!!*" message received, loud and clear!.

Thankfully, after initial hick-ups the Web site seems to have eliminated nearly all errors with regards to missing pretrips, wrong dates and phone No's. So, lately the comments have often been, "*Mag's looking good Jen!*" Much better! I still get the dates wrong, sometimes....the timing and scheduling of events really does my head in.

Although I haven't changed the format much I have aimed to turn our little publication into as slick a presentation as can be expected from a green cover and photocopy paper. I have especially enjoyed working on the front cover & montages, and hope you all enjoyed seeing the new pics. Although I don't get the contrast quite right, what looks brilliant in Photoshop often doesn't translate in print. I'm afraid by the time I get to that stage I'm pretty much over the idea, and out of time. So If anyone wants print quality colour jpg's of any of the pics, email me soon and I'll send them over. Thanks to everyone who has sent in their snaps. They're not always right for the front cover but I've managed to include a lot this way.

Special thanks must go to the co-editors (Elaine at present) and offers of help I've had over the years, The collating co-ordinators (currently Shirley & Ian) and all the volunteer hosts who have ensured the mag gets out on time, and finally the team at Snap—Coopers Plains who have given excellent service, and helped us to achieve our goal of controlling expenditure on one our big outlays.

I'll still be here for a little while yet.....its been fun.

Cheers, jenz



# Committee Reports

## PRESIDENT

---

The 26 July 2006 general meeting resolved to approve probationary membership of The Family Group, and the first Family Group walk is planned for September. The committee will make the necessary changes to our bylaws, which will be published in the next magazine.

As you will see in a notice in this issue, the committee accepted the recommendations of the gradings sub-committee without amendment, and a process has been established to introduce the new system in the next month or so. On behalf of all members, I thank the sub-committee for its efforts—I observed their emailed discussion and can report that every possible aspect of our grading system was examined in detail and debated vigorously. Special thanks to Tom Hulse who coordinated the sub-committee and is following through with the implementation phase.

Peter

## EQUIPMENT

---

The winter months have seen an increase in bookings for equipment to be used on through walks and base camps. The good news is that, for those members planning walks and wanting to hire some gear, we have secured two new tents with thanks to Silk Road Travel Outfitters. The MSR Hubba Hubba and MSR Hubba are two extremely lightweight tents suitable for through walking trips. Their minimal weight is due to the use of siliconised nylon in the outer and a unique hub construction makes them very sturdy in a range of weather conditions. Members Dave McAuley and Mavis Bindley hired these tents for the recent Steamers through walk and have given them the thumbs up! If you are looking to purchase a new lightweight tent, why not try before you buy. Please pass on your thanks to the Silk Road staff when you are next in store. This donation is very generous and will be acknowledged in the magazine and at club meetings. Shortly, a sign will hang above the equipment desk promoting Silk Road's contribution to our club hire gear. Silk Road is a great supporter of the club, having organised the donation of packs in the past. Let's show our appreciation by shopping there!

Vanessa

## OUTINGS

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More leaders: With the current downturn in the number of walks on the program, there has never been a better time to consider leading yourself. Start with walks in your comfort zone, and take it one step at a time!

Pilgrimage: The annual pilgrimage of bushwalkers is organised in August each year. This year it will be hosted by the Glass House and Sunshine Coast clubs, on 18th-20th August. Members of BBW are invited to attend the weekend. More details including registration forms and payment instructions are available online at <http://au.geocities.com/qldpilgrimage>.

Picnic Pete

## SAFETY & TRAINING

---

We have had to postpone the Leader Training day due to insufficient nominations - only 3! So I will arrange another day for later in the year, around late October. As well as encouraging prospective leaders to attend, it is a useful for current leaders, particularly newer ones, to come along and share the experience & wisdom of some of our very seasoned practitioners who help out on the day.

The need for more leaders has perhaps manifest itself in very large numbers wanting to attend some walks. Some of our very generously spirited leaders have extended their walking lists to accommodate this need. However such large numbers impact on our "tread softly" approach; on our ability to manage the safety & well-being of members on the walk; and on the club's image. Therefore leaders are requested to limit the number on their walks to 15; unless there is a second leader present, when the number may be increased to 20. Of course, as a leader, you get to set the limit - and remember, for safety reasons, the minimum number on a walk should be 4.

There are still plenty of places on the Navigation Training Day on Sat 2 Sep; & on the St Johns' 1st Aid Training on Sat 23/Sun 24 Sep.

Lynsey

## MEMBERSHIP

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A new members base camp was held at Green Mountains (O'Reillys) on 29-31 July graded L34.7 probationary members attended and 5

full members. We had a small but lively group for the weekend. The weather was fantastic with beautiful clear blue skies both days. We did some brisk walking covering approx 30+kilms over 2 days. The social part was great too which made it a most enjoyable weekend. Thanks to the 'usual' full members for their help and support. Thanks to the "P's" - Kev (Caveman), Donna (Midnight), Barbara, Jennifer, Nick, Bec and Tom for your great company.

The next NMBC will be held at Girraween on 25-27 August. Looking forward to Girraween as hopefully the wildflowers will be on display. This will be my last base camp as Membership Officer. The next camp for 2006 is on the calendar for 24-26 Nov., however the date and location are subject to the new Membership Officer's approval. Keep this date noted for those probationary members wishing to obtain full membership status.

Vacancy – Membership Officer. If there are any members interested in becoming the BBW Membership Officer for the coming year and want to know more, please contact me. I have

loads of information, notes etc to get started and happy to pass on all of this data as assistance.  
Julia

## PHOTOGRAPHIC

On the photographic calendar we have the Annual Competition in September, entries are required by the Open Meeting, A visual display and presentation of the winners will be shown at the General Meeting. Results will be published in the Nov Mag. This year we welcome John Lomas from the Brisbane Camera Club—Digital Subgroup as our judge. There are heaps of prizes from our suppliers so be sure to support them in return.

Vacancy—Photographic Officer. A new photographic officer is required for the next club year. If you think you would like to get involved please contact me for details. This is probably one of the easier club positions in terms of time/commitment and is very rewarding. Photographic skill is not a requirement.  
Jenz

## NEW MEMBERS

### *Welcome to New Members during July*

Michael Beeby	George Bruce	Jason Chen	Anne Cole	Jo Connah
Julian Corbett	Col Davis	Cheryl Dellow	Carmen Emborski	Deborah Hay
Robert Hay	Jill Henrys	Linda Houldey	Jodie Howes	Mark Kerr
Tamara Messinbird	Rosemary Meyer	Cheryl Muirhead	David Muirhead	Greg Parnell
Bobby Pawagi	Meg Philp	Col Purnell	Nedra Purnell	Claus Rotstein
Cheryl Ryan	Thomas Seviour	Anja Skroblin	Jennifer Stewart	Rebecca Strachan
Tanya Sullivan	Oliver Wang	Cathy Willis		

### *Congratulations to the following people who have been granted full membership in July:*

Mark Smith      Judy Smith      Elizabeth Billing      Barbara Kirkwood

## Walk Gratings Subcommittee

MANY, MANY THANKS to: **Tom Hulse, Cath Carkeet, Marion and Lou Darveniza, John Hinz** and **Peter Hunt** for the time and effort spent on BBW's new grading system.

Your work is greatly appreciated. - BBW Committee

## Letter to the Editor

BBW must be commended for its wisdom in its acknowledgment of the family unit and its importance. Family oriented events will not interfere with the every day running of the club but will permit those who place importance on their family as a unit the ability to continue their participation in their club. They will also be able to educate their children in the beauty and safety of bushwalking as a healthy recreation. The club has legislation in place to deal with any undesirable who may penetrate the levels of desirable behaviour. They who fear that strong adult behaviour may influence minors can rest easy as the leaders of the family oriented events would have control over this. We must not allow the extremes of political correctness destroy the freedoms of healthy family life.

John Shields

# MT. SPRINGBROOK CHRISTMAS PARTY

*Friday 8 December to Sunday 10 December*

The BBW Xmas party is on again and with your help will be another great event!

This time the theme is **"Back to School Days"** so come dressed in your old uniform, or a tattered St. Trinian's version, be a Gym teacher or Head Mistress and be prepared for some theme music throughout the evening.

Koonjewarre Accommodation & Activity Centre is on Mt. Springbrook just 300m from the Tallabana picnic area.

Take exit 69 - Hwy 1 through Nerang and travel south towards Numinbah taking the Springbrook Rd east shortly after the bridge at Advancetown OR take exit 79 - Hwy 1 at Mudgeeraba.

This year it is fully CATERED. That means there will be a simple meal on Friday night. Breakfasts will be provided as well as lunch items to take on your walks.

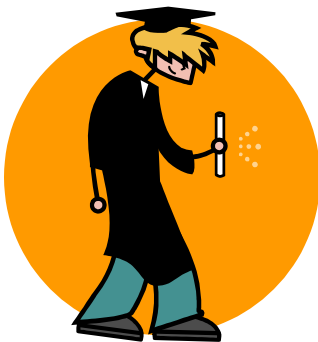
Saturday night after our BYO party nibbles we can retire to the dining hall for a 3 course Christmas dinner. We have use of a central recreation room for our Party Time!!

Please bring along an old class photo for the notice board. See if you can recognize anyone?

Accommodation is in double bunk dormitories. You will need your own pillow and sleeping bag.

There is a soccer field, cricket pitch, basketball dunk court and Table Tennis room, so bring along some sporting gear and form some teams.

Walks include Warrie and Purlingbrook Falls Circuit. Usual day walk gear required.



**Cost \$80 per person**  
**Bookings are essential.**  
**Full payment is required by**  
**25TH OCTOBER**  
**to secure a place. Limit 80.**  
**Contact Burney on**  
**3269 9383 / 0422 386 080**  
**or look for list at the meeting.**



## ROGAINING IN SOUTH EAST QUEENSLAND

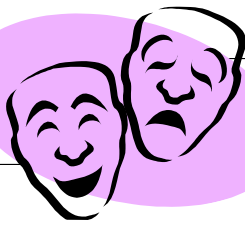
Rogaining is the sport of long distance cross-country navigation in which teams of 2 to 5 people visit as many checkpoints as they can in a set time period. This sport is perfect for people of all ages and fitness levels because you choose your own course! So if you want to improve your navigation skills in a safe environment come along and have some fun.

The Queensland Rogaine Association regularly hold rogaine events. The next is in September.

Destination:	South East Queensland
Date:	Sat 9 - Sun 10 Sep 2006
Email:	<a href="http://www.qldrogaine.asn.au">www.qldrogaine.asn.au</a>
Limit:	Teams of 2- 5 people
Cost:	Approx \$40-\$50
Map:	Provided on the day

After the event you can relax around the camp fire and discuss the "if only we had....." A nutritious meal is provided at the 'Hash House' and you can camp overnight. This is all included in the cost. More details will be given on the rogaine website closer to the date.

Jenny Hogue



# Out & About

## DINNER & MOVIE NIGHT

WHEN: 6.30pm Tuesday 5 September  
WHERE: Ceylon Inn, 194 Oxford St, Bulimba  
CONTACT: Peter Hunt 3351 3642

The home of traditional Indian and Sri Lankan cuisines is the advertisement for this restaurant. Having dined there before I can assure you that the food is delicious. You can choose from curries with a grade to suit your taste and a good range of other types of meals. The appetizers and desserts are worth a look as well. You are welcome to come along for the dinner only. The movie sessions are a little late and there is no obligation to join in for this part of the evening.

Movies screening at the time will be discussed over dinner. Peter

## RIVERFIRE

### SOUTHBANK RIVER FESTIVAL

WHEN: 5pm Saturday 2 September  
BRING: \$\$, picnic rug, umbrella?  
CONTACT: Peter Hunt 33513642

The festival's signature opening event Riverfire presented in association with Triple M and Channel Nine will be held on Sat 2 Sept. Further details are not yet available. As there does not yet appear to be a food court, as was the case in past years, we await confirmation of this. (In the past, we met at the stairs near the Music Conser-

vatorium. Entrance into the food court was usually \$5. Food and beverages could be purchased while we waited for the fireworks at 7pm.) There is usually a band to dance to after the event. More details to come.... Peter



## THURSDAY NIGHT WALK

GRADE S23NW  
WHEN: 6.10 sharp—don't be late.  
WHERE: Good Will Bridge, Southbank side.  
BRING: Membership Card, Water, \$'s  
CONTACT: Jenny Zohn. No need to book.

Join us for a brisk midweek walk in our fair city. as we explore the walking tracks along the river, as well as city parks. Bring a few dollars for coffee and possible city cat fares. (S'bank to The Powerhouse, Newfarm is approx 12km return, walks will average 9km & 2-2.5hrs) Occasionally another member may be substitute leader. This walk does not count towards full membership.

Jenz

## Yummy Party Food

### Mulled Wine

(courtesy of David Sydes from Drake weekend)

- 1 bottle of red wine      60 ml rum
- 125ml lady grey tea      1 orange
- 4 cloves                      2 cinnamon sticks
- 1 star anise                  1 tbsp sugar
- 1 tbsp honey

Mix wine with rum, sugar, honey and spices in metal saucepan and stir whilst bringing to the boil. Slice fruit and add to simmering mixture. Allow to simmer for at least 30 minutes. Warm glasses before serving to avoid mixture

cooling too quickly once served. Take care as this is quite alcoholic and very more-ish!

### Guacamole (courtesy of The Coffee Club)

- 1 ripe avocado              1 tbsp sour cream
- tsp lemon juice              1/2 tsp Tabasco sauce
- paprika

Mash avocado. Mix in sour cream, lemon juice and Tabasco sauce. Sprinkle with paprika to provide colour. Serve as a dip with corn chips.

Dawn Hendrick

## Magazine Collating

Collating for October magazine is at Ros & Jim Walker's at Bardon on Thursday 21 September at 7.30pm. There is only about 1½-2 hours work required – If you would like to come along for an easy social night and supper please phone 3367 1458 to book.

***For your Bushwalking Safety***  
***NEVER WALK ALONE...***  
***ALWAYS TELL SOMEONE...***  
***WALK WITH A CLUB.***

If you have recently changed your address, phone number (home or work) or email please advise the Membership Register Officer so that the club records can be kept up to date:  
Ken Shea—email: registrar@bbw.org.au; or phone: 07 3371 3623

If unclaimed, please return to:  
Brisbane Bushwalkers Club Inc.  
GPO Box 1949  
BRISBANE 4001

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