

The **BRISBANE BUSHWALKER**

June 2006



BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001

[www.bbww.org.au](http://www bbw.org.au)

PRICE PER ANNUM \$20.00
(included in Club Membership fee)

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The next committee meeting to be held at 7.30pm on **Wednesday 5th July** is at Tom Cowlshaw's at 116 Alderley Ave. Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: *It is preferred that leaders submit pre-trip descriptions via the leaders page on the web site.*

Articles may also be submitted by e-mail, CD or 3.5" floppy discs (RTF format). Typed or clearly printed copy is acceptable. Articles may be given to the Editors at any meeting, or mailed to: Editor, Brisbane Bushwalkers Club Inc. GPO Box 1949 Brisbane 4001 or Fax 3274 6782.

Pre-trips will be given first priority, then articles in order of receipt (subject to available space). The editor reserves the right to edit or reject copy where necessary.

DEADLINE for the **July** magazine is
Friday 9th June

Pre-trip descriptions for all activities please!

website
www.bbw.org.au

email
editor@bbw.org.au
outings@bbw.org.au

Cover Photograph

"Reynolds Gorge" by Richard Lukacz

EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

- Foam mat \$2.00
- Self inflating mat \$5.00
- Stove \$5.00
- Tent or Pack \$10.00

EPIRB: An EPIRB is available for loan on club activities. The EPIRB is free of charge to leaders.

GPS: A GPS is available for loan on club activities. The GPS is free of charge.

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

All equipment may be booked for hire by phoning the Equipment Officer. Pre-booking will ensure availability.

LIBRARY

Books, Maps and Magazines are available for loan between meetings. A fee of 50^c per item is required. Late fees do apply.

MEMBERSHIP FEES

Annual membership falls due 31st January. Fees include magazine subscription.

Full Members: Singles \$48.00 per annum
Couples \$76.00 per annum

Probationary Members:
Nomination fee \$30.00 per 6mth

FIRST AID CERTIFICATES

BBW will refund 50% of the cost of a recognised First Aid certification course for full members. Show the receipt and give a photocopy of the certificate to the Treasurer.



Club Officials

President	Peter James	0412 886 880	Photographic	Jenny Zohn	3342 6345
Vice President	Elaine Beller	3356 4730	Librarian	Jodi Frith	3393 4337
Secretary	Burgi Wagner	3325 0629	Abseil Co-ordinator	John Granat	3265 5404
Treasurer	Tom Cowlshaw	3856 4050	Members Register	Ken Shea	3371 3623
Outings	Peter Lock	3351 1184	Website Admin	Gary Curtis	3801 1311
Safety & Training	Lynsey Moore	3366 6135	Editors	Jenny Zohn	3342 6345
Membership	Julia Wain	3201 2013		Elaine Beller	3356 4730
Social	Burney Starkey	3269 9383	Contact Officers	Tom Cowlshaw	3856 4050
Equipment	Vanessa Kapper	3358 1475		Ron Farmer	3355 2895

GUIDE TO WALK GRADINGS

DISTANCE	Short	Under 10 km per day		
	Medium	10 - 15 km per day		
	Long	15 - 20 km per day		
	EXtra Long	Over 20 km per day		
TERRAIN	1	Concrete or paved surface	5	Loose or uneven surface
	2	Well-formed gravel path	6	Rock hopping
	3	Graded track, some steps	7+	Scrambling
	4	Off-track, easy going		
FITNESS	1-3	<u>Easy</u> . Suitable for beginners.		
	4-7	<u>Medium</u> . Reasonable fitness required.		
	8-10	<u>Hard</u> . Strenuous, fit walkers only		
ACTIVITY		Base Camp, Easy Day Walk , Day Walk, Through Walk, Easy Through Walk, Night Walk, SOcial Activity, KaYaK, CYcle. Safety & Training, Federation Mountain Rescue, ROGaîne,		

eg: M33DW = Medium; Graded track some steps; Easy, suitable for beginners; Day Walk

INFORMATION FOR WALKERS

*Members are advised to refer to the Members Handbook for a complete list of Club Guidelines.
(available from the library or download from the BBW website)*

1. Nominate for the walks or social events on the clipboard list or social book at the meetings. *Walkers are responsible for ensuring they are financial at the time of nominating.*
2. **Walkers are responsible for ensuring they are capable of doing the walk for which they nominate. Review the guide to walk gradings. If you are uncertain, consult the walk leader.**
3. If you are unable to attend meetings contact the leader (who keeps the list).
4. If you are unable to attend the trip you must contact the leader to cancel so that someone on the waiting list may go. (Leader's number is in the magazine.)
5. Concerned relatives can ring the Contact Officer for information if the trip is exceptionally late.

Transport Costs:

Passengers are asked to pay an appropriate contribution to their driver for their share of the petrol and running costs. The costs may vary according to the number of passengers and economy of the vehicle – for the average vehicle you should expect to contribute 9c/km per person. Trips to base camps tend to cost more due to the extra weight and bulk of gear.

If you are unhappy with the contribution amount, remember you are always free to take your own vehicle.

Camping Fees:

There is nearly always a National Park or State Forest camping fee of \$4.00 per person per night. (The leader will provide details.) NSW National Parks also charge \$7.00 per vehicle per day.

Always Take:

MEMBERSHIP CARD, food & water, first aid kit, sunscreen, torch, whistle, paper/pencil, warm clothing, raincoat & hat, **and don't forget a change of clothing & shoes for after the walk.**

Water allowance, where noted, is the minimum the leader recommends.

PROGRAM

Gradings approximate only (subject to trip leaders' survey)

Members are responsible for ensuring they are capable of doing the walks for which they nominate.

May

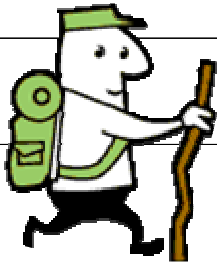
24	General Meeting			
25	SOC	Thursday Nightwalk	Jenny Zohn	33426345
26-28	L67DW	Mt Barney First Timers	Drew O'Brien, Lynsey Moore	3856 3336
27-28	KYK	Coochin Creek Paddle	Carol Russell	33250671
28	M33DW M55DW S83S&T	Mt Cordeaux and Bare Rock Lincoln Wreck Abseil Refresher - Kangaroo Pt Nursery Cliffs	Sue Rogerson Paul Gorell, John Dwyer John Granat	3891 1684 3265 5404
30	M55DW	Lincoln Wreck	Marion Darveniza	3378 4031
June				
1	SOC	Thursday Nightwalk	Jenny Zohn	3342 6345
2-4	L34BC M44TW	New Members Base Camp - Springbrook National Park Girraween National Park	Julia Wain Cath Carkeet	3201 2013 3357 5607
3	M32DW	Pat's Bluff via Moran Falls	Sue Rogerson	3891 1684
3-4	M87TW	Logan's Ridge, Mt Barney- Through walk	Marion Darveniza	3378 4031
4	M66DW	Lost World & Albert River Circuit	Paul Gorell	
8	SOC	Thursday Nightwalk	Jenny Zohn	3342 6345
9-12	CYC	Benarkin State Forest	Peter Lock	3351 1184
10-12	X34TW	Nth Moreton Island	Burney, David McAully	32699383
10-13	M77TW	Fourth Annual Barney Four Day Classic	John Hinz	3846 1432 (H/W)
11	M54DW	Lyrebird Lookout Survey	Sue Rogerson	3891 1684
	SOC	Thursday Nightwalk	Jenny Zohn	3342 6345
16	S22NW	City Scapes—Photographic see website	Jenny Zohn	3342 6345
17	M23DW S45DW	Daisy Hill Forest Park Mt Maroon	Dawn Hendrick Cath Carkeet	3818 3687 3357 5607
17-18	S11S&T	St John's First Aid Course	Lynsey Moore	3366 6135
18	M33DW	Western Window & Greenes Falls	John Shields	07-32646565
22	SOC	Thursday Nightwalk	Jenny Zohn	3342 6345
23-25	M55TW	The Steamers	David Thorpe	32893773
25	S32DW	Photographic Walk—see website	Jenny Zohn	3342 6345

PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to previous page for a list of the minimum items required to take on a Day Walk

24	M43DW M44S&T	Bribie Island,Southern Tip Navigation Training Brisbane Forest Park	Kay Byrne Greg Long / Lynsey Moore	33971021 33666135
25	M67DW	Leader Survey - Barney Gorge	Peter James	0412886880
29	SOC	Thursday Nightwalk	Jenny Zohn	3342 6345
30-2	L34BC L55ROG	New Members Base Camp, Green Mountains (Winter O'Reillys) NavShield 2006	Julia Wain Peter Lock	3201 2013 3351 1184
July				
2	M75DW	Mt. Greville for the Vertically Challenged	Jenny Zohn,	33426345
3-9	M55TW	Budawangs	Peter Lock	3351 1184
6	SOC	Thursday Nightwalk	Jenny Zohn	3342 6345
7-9	M34BC	Photographic Camp Springbrook Mt.	Jenny Zohn	33426345
13	SOC	Thursday Nightwalk	Jenny Zohn	33426345
15	M33DW L66DW	Venman & Tingalpa Creek Circuits Mt Ernest Traverse	Dawn Glancy Margaret Moran	3343 8854 33982404
15-16	SOC	Xmas in July at Beecroft, Drake	Burney	32699383
16	M23DW	Glasshouse Mtns-Mt Tibrogargen	John Shields	07 32646565
20	SOC	Thursday Nightwalk	Jenny Zohn	33426345
21-23	M55TW	The Steamers	David Thorpe	32893773
23	M75DW	Mt Maroon for the Vertically Challenged	Jenny Zohn	33426345
27	SOC	Thursday Nightwalk	Jenny Zohn	33426345
28-30	M23BC M55BC	Mapleton & Noosa National Park Goomburra	Dawn Hendrick Julia Wain	3818 3687 3201 2013
August				
6	M74DW SOC	Mt Warning Ambiwerra Jazz	Sue Rogerson Burney	3891 1684 32699383
12	M33DW X33DW	Buhot Creek and Plunkett Mallee Circuits Shipstern Circuit	Dawn Glancy Sue Rogerson	3343 8854 3891 1684
16	(Ekka holiday) M44DW	Bellthorpe[Survey]	John Shields	07-32646565
	S75DW	Mt Barney for the Vertically Challenged	Jenny Zohn	33426345



Coming Trips

MT BARNEY FIRST TIMERS

Base Camp Fri 26 - Sun 28 May
LEADER: Drew O'Brien,
Lynsey Moore 3856 3336
MOBILE: 0412 821 796
EMAIL: drewobrien@optusnet.com.au
GRADE: L67DW
LIMIT: 15 climbers
BRING: camping gear, party food and usual
walking gear + 4lt water
COST: 2 x nights camping fees
DEPART: 6:30pm Meet at Mt Barney Lodge
Rob Leavy's Mt Barney First Timers

Following the tradition established by Rob, the club is again holding this weekend. Unfortunately due to heavy accommodation bookings we will be camping out this year. All facilities (showers etc) are still available. We book in Friday night and start to climb bright and early Saturday morning. At this stage we go up South East Ridge and down South Ridge. The timing of the walk for the end of May will give you plenty of time to build up your stamina for the walk. If the interest expressed so far is any indication, be sure to let us know early so that you don't miss out.

COOCHIN CREEK PADDLE

Base Camp Kayak Sat 27 - Sun 28 May
LEADER: Carol Russell 33250671
GRADE: KYK
LIMIT: 15
BRING: Usual base camp gear, kayak, PDF,
etc. Lots of insect protection
COST: \$4 camping +petrol
DEPART: 7:30am Hungry Jacks, Castledine

We will convoy north on the Bruce Highway to Roys Rd Exit and travel through to Coochin Ck. Campground. We will set up camp on arrival then paddle upstream with the morning tide and return with the ebb tide. Enjoy happy hour at sunset. Sunday either a leisurely downstream paddle or some participants will do a training cycle. You may like to bring your fishing/crabbing gear. This weekend is suitable for beginners, however you will need to arrange hire of kayaks, transport etc. State forest permits are required for all vehicles, see me for a copy. (permits are free, numbers needed by end of April) Contact me for more info. Join us for a fun weekend and a bit of exercise.

MT CORDEAUX AND BARE ROCK

Day Walk Sun 28 May
LEADER: Sue Rogerson 3891 1684
MOBILE: 0400 784 745
EMAIL: dillulla@yahoo.com.au
GRADE: M33DW
LIMIT: 14
BRING: Usual day walk gear
COST: \$16 (180km)
DEPART: 7am Fairfield Gardens Carpark
This activity is full.

LINCOLN WRECK

Day Walk Sun 28 May
LEADER: Paul Gorell, John Dwyer
MOBILE: 0422 091 300
EMAIL: gorell@powerup.com.au
GRADE: M55DW
LIMIT: 10
BRING: Usual Day Walk Gear
DEPART: 6am Fairfield
CAR KMS: Approx. 250
MAP: Mount Superbus

This walk is for those people who can't go mid-week with Marion. The walk starts from Teviot Gap and follows the old rabbit fence towards the top of the range. This section of the walk is quite steep. At the top, we'll turn west and head toward Mt. Superbus. Just after crossing Mt. Superbus, we'll branch south and following an old logging road until we reach a faint track entering from the south west. At that point, we'll walk off-track and follow what remains of the faint track until we reach the Lincoln wreck. We'll have lunch in the clearing above the wreck and return by the same route. Please note the 6am departure.

ABSEIL REFRESHER - KANGAROO PT NURSERY CLIFFS

Training Sun 28 May
LEADER: John Granat 3265 5404
MOBILE: 0409 620 047
EMAIL: Johngranat@AOL.com
GRADE: S83S&T
LIMIT: 15
BRING: Abseil Gear
COST: \$20
DEPART: 1pm

This day is for BBW abseilers who have completed their intermediate level 2 and wish to pursue advanced level 3 components. It is also open to advanced level 3 abseilers wishing to brush up on their skills. If you have your own gear please bring it along. I have club gear that can be hired if you don't. \$10 for harness etc, \$10 for

ropes. Note 1pm start time. No early cold morning start for this one. No beginners for this training day, but look to next month for training dates.

LINCOLN WRECK

Day Walk Tue 30 May
LEADER: Marion Darveniza 3378 4031
EMAIL: Lmdarven@bigpond.net.au
GRADE: M55DW
LIMIT: 10
BRING: Day walk gear 3l water
DEPART: 6am Fairfield Gardens
CAR KMS: 250
MAP: Mt Superbus 1:25000

The Lincoln Bomber crashed on April 9 1955 with 4 RAAF crew, a nurse and sick baby on board. There were no survivors. To get to the crash site, the walk starts from Teviot Gap and follows the old rabbit fence towards the top of the range. This section of the walk is quite steep. At the top we turn west and head towards Mt Superbus. Near the top there are some views towards The Steamers. From Mt Superbus, with a bit of compass work we will get to a clearing in a knoll above the wreck, have lunch and then return the same way.

NEW MEMBERS BASE CAMP - SPRINGBROOK NATIONAL PARK

Base Camp Fri 2 - Sun 4 Jun
LEADER: Julia Wain 3201 2013
EMAIL: glenwain@bigpond.com
GRADE: L34BC
LIMIT: 22 probationary, 8 full members
BRING: Base camp gear, thermals/warm clothes (it will be cold), rain gear, gaiters/long pants, tent, stove, chair
COST: \$8 per person camp fees (payable to leader) plus petrol contribution
DEPART: 6pm contact leader
CAR KMS: 210km return
MAP: Springbrook 9541-13

Springbrook NP is a beautiful rainforest area renowned for its waterfalls, escarpment and wildlife. Everyone will make their own way to The Settlement' campground (Purlingbrook Falls) on Friday afternoon/evening. This is a new campground opened recently on Carricks Rd. There is a covered cooking, eating area with free electric barbeques for those who wish to use them. There are no showers, only composting toilets. At 8am on Saturday we will commence with our discussions on safety, ethics, etc. Our walk today will be the 17km Warrie Circuit with fantastic views to the coast. We will have lunch at the 'Meeting of the Waters' along the way. Saturday night will be drinks, nibbles and social. Sunday will be more info talks and a shorter walk

to Purlingbrook Falls. It will be a busy but fun weekend. This is a winter base camp in a cold area so please ensure you bring lots of warm clothing and sleeping gear. Please note that ALL the activities on the weekend are mandatory for probationary members who are using this base camp to become full members. It is preferable that full members participate in all the activities as your assistance will be valuable to the group. If you need information about equipment, please contact either myself or talk to the equipment officer at the meetings. An equipment list is available on the website. Please note the limits on both full and probationary members. LANDLINES only please. Ring or email Monday or Tuesday night prior to confirm attendance and arrange carpooling if required. NOTE: As camp fees have been prepaid (\$8pp) fees are still payable to leader for cancellations received after Monday 29 May, if no replacement found.

GIRRAWEE NATIONAL PARK

Throughwalk Fri 2 - Sun 4 Jun
LEADER: Cath Carkeet 3357 5607
GRADE: M44TW
LIMIT: 6
BRING: Usual throughwalk gear, warm cloths
COST: \$8 camping fee + petrol
DEPART: 8pm Caltex Warwick (transport TBA)
CAR KMS: 500 km
MAP: Girraween & Bald Rock (Hema maps) 1:33000

Girraween NP is located south of Stanthorpe in the Granite belt near the Qld/NSW border. We camp Friday night at Castle Rock camp ground. We start walking Saturday from the Underground Ck and have the option of visiting some of the features of Girraween such as the Aztec Temples, the Round House, Twin Peaks and Billy Goat Hill. We'll camp by Paling Yard Ck on Saturday night. Some walking will be on fire trails with some cross-country navigation. This is suitable as an introductory throughwalk. The terrain is fairly open and most of the climbing is done without packs. Experience the first weekend of winter in the chill of Girraween.

PAT'S BLUFF VIA MORAN FALLS

Day Walk Sat 3 Jun
LEADER: Sue Rogerson 3891 1684
MOBILE: 0400 784 745
EMAIL: dillulla@yahoo.com.au
GRADE: M32DW
LIMIT: 15
BRING: Items on p.3 +2L water + m.card
COST: \$18 (200km)
DEPART: 7am Fairfield Gardens Carpark
This is a 13km walk in the Green Mt (O'Reilly's)

section of Lamington NP. Start from the O'Reilly's car park we traverse down the hill using the Wishing Tree track to Balancing Rock. There are views to Moran's Falls on one side and over the Albert River Valley to Lost World on the other. We then head towards Moran Falls for morning tea. The track continues along the escarpment before heading inland to the road where we meet up with the Python Rock track. This track will take us out to Pat's Bluff lookout on the escarpment. This walk is suitable for new members and there is not much in the way of elevation.

LOGAN'S RIDGE, MT BARNEY

Through Walk Sat 3 - Sun 4 Jun
LEADER: Marion Darveniza 3378 4031
EMAIL: Lmdarven@bigpond.net.au
GRADE: M87TW
LIMIT: 6
BRING: Through Walk gear, 3l water, nibbles to share before dinner.
COST: \$4 camping fee + car contribution
DEPART: 6am TBA
MAP: Mt Lindsay 1:25 000

On Saturday we will ascend Mt Barney by Logans Ridge and Saturday night camp at the old hut site. On Sunday morning we will go up to the summit of West Peak (the highest peak on Mt Barney) and then return to the cars via the South Ridge. Light packs are recommended as the ridge up is rocky and exposed in a few places but as we are spending the night on the mountain, there will be time to enjoy the view on the way up as well as on top. Warm clothes will be needed as Mt Barney can be very cold in Winter.

LOST WORLD & ALBERT RIVER CIRCUIT

Day Walk Sun 4 Jun
LEADER: Paul Gorell
MOBILE: 0422 091 300
EMAIL: gorell@powerup.com.au
GRADE: M66DW
LIMIT: 10
BRING: Usual Day Walk Gear
DEPART: 6am Fairfield
CAR KMS: Approx. 200km
MAP: Lamington

Lost World is part of the southern section of Lamington NP. We'll access it from the Kerry Valley south of Beaudesert. The initial ascent to the ridge is fairly steep and slow. Sections of the razorback are narrow and exposed and require good balance. There are spectacular views all along the razorback. We will have morning tea at the waterfall campsite. We'll then traverse the top of Lost World before dropping steeply into the Worendo Saddle for lunch. To return, we'll descend south into the right branch of the Albert

River and rock hop back to the cars. This is a strenuous and longish day requiring good stamina and we'll need to maintain a fairly brisk pace. Please note the 6am departure.

BENARKIN STATE FOREST

Bike Base Camp, Unsurveyed Fri 9 - Mon 12 Jun
LEADER: Peter Lock 3351 1184
EMAIL: peter@lock.id.au
GRADE: CYC
LIMIT: 12
BRING: Bike, Helmet, Permit
COST: \$15
CAR KMS: 150km
MAP: Gympie 250,000:1
Bring your bike for a base camp! Our camp site is on Emu Creek. We'll ride through the forest trails near the campground expecting to see hoop pines towering over the subtropical rainforest. I have tried to select a site with no hills (but I offer no guarantee.) A permit will be required for your bike. There is no fee, but it should be organised in advance.

NTH MORETON ISLAND

Through Walk Sat 10 - Mon 12 Jun
LEADER: Burney, David McAully 32699383
MOBILE: 0422386080
GRADE: X34TW
LIMIT: 15
BRING: Daypack, Throughpack, fruit, party food, swimmers
COST: \$35 ferry, \$4pppn, \$5 taxi
MEET 5.40am AT THE LATEST
Rtn 1530 Monday 12th June
DEPART: 6am Combie Trader, Thurecht Pde Scarborough

Queens Birthday long weekend we will be doing a TW of sorts?! As the high tide coincides with our arrival on Moreton. A taxi will take our through packs to Blue Lagoon where will be camping for 2 nights. We will carry a day pack for our 20+k walk around the northern end of the island. As we have to cross an inlet at Yellow Patch that may have waist high water, I advise a waterproof liner in your daypack. On Sun it is optional as to whether you choose to relax, fish, swim or walk to Mt Tempest a 23k return walk. On Mon, we will carry our through packs out across the island following a 4WD road for most of the way to Bulwer. Parking costs \$11 if you want leave your vehicle in the locked compound for the weekend. Bring piece of fresh fruit for communal fruit salad Sun night (or Sat if fruit is going off!) There is plenty of water at Blue Lagoon also toilets and showers but could be crowded as it is a long weekend. We will probably camp closer to the second toilet away from the crowd, I hope.

FOURTH ANNUAL BARNEY 4 DAY CLASSIC

Through Walk Sat 10 - Tue 13 Jun

LEADER: John Hinz 3846 1432 (H/W)

EMAIL: johnhinz@optusnet.com.au

GRADE: M77TW

LIMIT: TBA

BRING: Light through walk gear

DEPART: TBA Bne on Fri afternoon 9 June

MAP: Maroon and Mt Lindesay 1:25000

This is the fourth year that a hardy band of BBW walkers will be venturing into the Mt Barney area for a four-day scenic tour. Last year was a bit too scungy so we will be staying as far away from Barney Spur as possible! On the first day of the Queens Birthday long weekend, we will leave our Fri night campsite at Mt May water reserve and enter the little known north-west gorge of Mt May. This small but beautiful gorge system deserves to be seen by more people. The chances of spotting rock wallabies are high. After reaching the top of the gorge we will climb the steep and exposed direct route to the south peak of Mt May. Excellent views of Mt Barney and our route for the next two days will be had. After a short, steep descent, several km of road walking will see us at Cleared Ridge, with a beautiful panorama of Mts May & Maroon. Camp that night is on Mt Barney Ck. Sun will see us quickly attain Midget Ridge from our campsite and a long, steady climb with some different and interesting views of Mt Barney, will see us arrive at the West Peak of Mt Barney. We will camp at Rum Jungle. On Mon, we will descend to Mt Barney Ck via. Barney Gorge. This never fails to dissappoint and is one of the best creek walks in SE Qld. Once we're back at Mt Barney Ck, an undulating cross country jaunt that will entail crossing some private property will see us arrive at our campsite at Paddy's Plain on the western side of Mt Maroon. Our last day will be a relatively easy walk along open ridges with more great views of the Barney massif before our final descent back to the cars, at the end of a very memorable walk. Come along if you're looking for a challenge and are an experienced and fit through walker. It is essential that all participants strive to keep the weight of their packs as low as possible.

LYREBIRD LOOKOUT SURVEY

Day Walk Sun 11 Jun

LEADER: Sue Rogerson 3891 1684

MOBILE: 0400 784 745

EMAIL: bbwwalks@yahoo.com.au

GRADE: M54DW

LIMIT: 6

BRING: Usual day walk gear + 2L water

COST: \$18 (200km)

DEPART: 7am Fairfield Gardens Carpark

This is a 12km walk in the Green Mt (O'Reilly's) section of Lamington NP. The track is not used very often so lantana bashing is expected. Starting from the O'Reilly's car park, we ascend down to Balancing Rock via the wishing tree track. From Balancing Rock, we climb up to Moonlight Crag Lookout and continue along the edge of the escarpment to Orchid Grotto Lookout. Orchid Grotto has a series of large boulders with orchids and ferns. The section between Orchid Grotto and Lyrebird lookout is more rugged (apparently). From Lyrebird lookout, we turn away from the escarpment and walk inland towards an old forester camp and back to the border track.

DAISY HILL FOREST PARK

Day Walk Sat 17 Jun

LEADER: Dawn Hendrick 3818 3687

MOBILE: 0428 197 268

EMAIL: hendrick@iprimus.com.au

GRADE: M23DW

LIMIT: 16

BRING: p.3 must bring, +2lt water, chair for picnic after. (Lunch to be left in cars)

COST: nil - own transport to Daisy Hill (ring me the week before if you need a lift)

DEPART: 7:30am Upper Day Use Area, Daisy Hill Forest Park (turn right on entering park, and before the boom gate), Daisy Hill Road, Daisy Hill

MAP: Koala Bushland Map Guide free from Brisbane City Council

This walk is a combination of 4 easy track walks in the park area. We travel parts of the Tree Discovery, Spotted Gum and Stringybark Trails and the Buhot Ck Circuit. The walk is approximately 11km long and will take about 3-3.5hrs. We will walk through eucalyptus gums, along some wide open tracks and beside creeks. There are a few ups and downs of approximately 100-200m in length. These tracks are also used by cyclists and horses. We will go at a SLOW pace with plenty of time to take in the surroundings and hopefully see a koala or two. Lunch will be at the Upper Day Use picnic area and then if we haven't seen one already you can always go to the Koala Centre in the park and see a live koala. Preferred nomination is by email or on the website (No List at meetings). When nominating please include the following details (as on the nomination sheet): car, no. of passengers, phone number, suburb, membership status (full or probationary).

MT MAROON

Day Walk Sat 17 Jun

LEADER: Cath Carkeet 3357 5607

GRADE: S45DW

LIMIT: 12
BRING: usual daywalk gear, + 2lt water
DEPART: 7:30am Fairfield Gardens car park
CAR KMS: 250 km
MAP: Maroon 1:25000
This activity is full.

ST JOHN'S FIRST AID COURSE

Safety & Training Sat 17 - Sun 18 Jun
LEADER: Lynsey Moore 3366 6135
MOBILE: 0409 725 843
EMAIL: moorealjac@optusnet.com.au
GRADE: S11S&T
LIMIT: 16
BRING: Lunch
COST: \$120 (current price)
DEPART: 8:30am 225 St Paul's Terrace

This is a 2 day course run by St John's. We have organised a group booking for BBW members & as such will have some direct focus on bushwalking-related first aid. It is a very enjoyable 2 days & quite essential if you do a lot of bushwalking; & is essential even if you don't: in other words everyone should have a first aid qualification. And you get a certificate. The course runs from 0830 to 1630 each day with a half hour break for lunch - so it is best to bring some & eat it on site. BBW supports first aid training and therefore will reimburse 50% of the course cost on presentation of your certificate & registration receipt. Places will be limited to the first 16 people who pay their registration fee.

WESTERN WINDOW & GREENES FALLS

Day Walk Sun 18 Jun
LEADER: John Shields 07-32646565
MOBILE: 0427731449
EMAIL: johnshields@netspace.net.au
GRADE: M33DW
LIMIT: none
BRING: Usual p3 + 2lt water
COST: \$7 petrol
DEPART: 7am Albany Ck Centro Shop Centre
CAR KMS: 70
MAP: Brisbane Forest Park

Meet at Westpac sign at Centro. This is a casual rainforest walk to suit new walkers and strollers. Roughly 10k with an early finish. Carry smoko and lunch. Mostly graded tracks with some ungraded track which can be interesting. Coffee stop [and maybe a tasty pastry] at the Samford Bakery on the way home. [I promise not to lose the track in the ungraded section this time.]

THE STEAMERS

Throughwalk Fri 23 - Sun 25 Jun
LEADER: David Thorpe 32893773
MOBILE: 33617642 (w)

EMAIL: david.thorpe@lion-nathan.com.au
GRADE: M55TW
LIMIT: 8
BRING: Warm Gear
COST: \$8camping+fuel
DEPART: 8pm B.P.Servo Aratula after dinner
CAR KMS: 400km approx.

This is a classic cold winter throughwalk in the Main Range NP. We start on Fri night with dinner at Aratula then head off to our first night campsite. Sat morning we start with some steep ups which gets us to the Funnel and Mast for morning tea then up to the Stern to see the view of the Steamers shown by Ian Marlow on our Website. After lunch we climb Mt.Steamer for views of the area then descend to the Steamer Saddle for our second nights camping. On Sun morning we follow the Main Range north to Davies Ridge where we drop our packs and with morning tea in hand climb to Lower Panorama Pt then up to Panorama Pt for great views of the area. We return to the packs for lunch then walk down Davies Ridge to the cars. This is not suitable for a first time TW.

BRIBIE ISLAND, SOUTHERN TIP

Day Walk Sat 24 Jun
LEADER: Kay Byrne 33971021
EMAIL: byrne@cytech.com.au
GRADE: M43DW
LIMIT: 16
BRING: Usual day walk gear, p.3
DEPART: 7:30am Alderley Carpark

This beach walk will begin at McMahan Street, Bribie Island after leaving most of the cars at our end point at Bongaree. We start walking along a 4WD track through Wallum Heathland to reach the picnic ground and World War 2 bunker north of Woorim Beach. After morning tea we will walk south along the beach past Woorim and Skirmish Point for views of Moreton Island. We will have the opportunity to spot sea birds and dolphins while resting in the shade of banksia and casurina while the more intrepid may enjoy a dip in the sheltered waters of Woody Bay at lunchtime. We will continue past Bald Point along Red Beach to Buckley's Hole and the bird hide before emerging from the beach at Bongaree and the lively Bribie Island cafe precinct for afternoon tea. This walk is a flat walk on sand, most of which will be firm except for the 4 wheel drive tracks. It will be necessary to wear sand shoes for the tracks but the beach can be done barefoot. This walk would be suitable for beginners who have reasonable fitness and anyone who enjoys beach walks, bird watching or if you have never seen what beautiful Bribie has to offer.

NAVIGATION TRAINING BNE FOREST PARK

Navigation Training Sat 24 Jun
LEADER: Greg Long / Lynsey Moore 33666135
MOBILE: 0409 725843
EMAIL: moorealjac@optusnet.com.au
GRADE: M44S&T
LIMIT: 16
BRING: "What to bring" p3 + 3lt water
COST: Fuel
DEPART: 7am Alderley Carpark
CAR KMS: Approx. 100 km
MAP: Brisbane Forest Park 1:30000

Greg Long has kindly offered to run this course with me as backstop. Both probationary & ordinary members are encouraged to attend navigation training. Basic training will be offered. There will be a number of hands-on activities to develop skills in map reading, compass bearings, and route selection. We will break into small groups so that everybody has a chance to lead for a while. If you are serious about learning to navigate, please consider attending several training camps, and finding opportunities to practice in between. The more you have a go, the better equipped you will become. We will combine the navigation bit with a walk up a creek, down a gorge & over a hill: as yet we haven't determined the exact location: so watch this space

LEADER SURVEY - BARNEY GORGE

Day Walk Sun 25 Jun
LEADER: Peter James 0412886880
EMAIL: psjames1@bigpond.net.au
GRADE: M67DW
LIMIT: 10
DEPART: 5am Fairfield Gardens car park

This is a survey for leaders, but other members are welcome to nominate. We start the walk at Lower Portals carpark, walk to Barney Gorge via Lower Portals and the ridge to the Barney Gorge campsite, ascend Barney Gorge to the saddle between the West and East Peaks, and descend via Egans Ck, finishing at Yellow Pinch car park. I haven't been down the upper section of Egan's Ck from the saddle before, so I have qualified the walk as being suitable only for fit, experienced off-track walkers. Rock hopping skills are required. Expect a hard day. There will be a car shuttle at the start of the day.

NEW MEMBERS BASE CAMP, GREEN MOUNTAINS (WINTER O'REILLYS)

Base Camp Fri 30 Jun - Sun 2 Jul
LEADER: Julia Wain 3201 2013
EMAIL: glenwain@bigpond.com
GRADE: L34BC
LIMIT: 22 probationary, 8 full members
BRING: Base camp gear, thermals, raingear,

gaiters or long pants, warm clothes
COST: \$8 per person camp fees (payable to leader) + transport
DEPART: 6pm Green Mts camp ground Friday
CAR KMS: 220km @ .9c
MAP: Lamington 9541-34, Beechmont 9541-42

Green Mountains NP is 110km south of Brisbane in the Gold Coast hinterland. The park has beautiful rainforest, waterfalls and plenty of bird and wildlife. The walks will be mostly on graded tracks but will be long (17-22km). We will meet at the camp ground on Friday night. Access is just before the visitor carpark (to the right). Facilities at the camp ground include composting toilets and hot showers. Saturday morning at 8am (after brekky) we will commence with some information talks before leaving on a walk (approx 18km). Back to camp to clean up with short talks etc whilst having pre-dinner nibbles. Sunday will be an 8am start again with a short talk before heading out on another track. Today will be a shorter walk. We plan to be back at camp by around 2pm to pack up and head back to Brisbane. This is a winter base camp in a cold area so please ensure you bring lots of warm clothing and sleeping gear. Please note that ALL the activities on the weekend are mandatory for probationary members who are using this base camp to become full members. It is preferable that full members participate in all the activities as your assistance will be valuable to the group. If you need information about equipment, please contact either myself or talk to the equipment officer at the meetings. An equipment list is available on the website. Please note the limits on both full and probationary members. LANDLINES only please. Ring or email Monday or Tuesday night prior to confirm attendance and arrange carpooling if required. NOTE: As camp fees have been prepaid (\$8pp) fees are still payable to leader for cancellations received after Monday 26 June, if no replacement found.

NAVSHIELD 2006

Rogaine Fri 30 Jun - Sun 2 Jul
LEADER: Peter Lock 3351 1184
MOBILE: 0419496837
EMAIL: peter@lock.id.au
GRADE: L55ROG
COST: Approx \$40 entry fee
CAR KMS: approx 2000km

The 18th annual NSW Wilderness Rescue Association Navigation Shield is a fabulous social experience, with nearly 1000 people in the base camp. Many organisations (including BBW) enter several teams, some using the event as a training opportunity, and some being more serious about

competition. We will leave Brisbane Friday morning to arrive at the base camp Friday night. The competition is from 8am to 7:30pm on Saturday, including 1.5 hours of darkness. We stay at the basecamp again Saturday night and head for home on Sunday. A rogaine competition involves walking off track through the bush, and using a map and compass to find control points that have been placed by the organisers. There are some more details on the internet at <http://bwrs.org.au/navshield/index.html>

MT. GREVILLE FOR THE VERTICALLY CHALLENGED

Day Walk Sun 2 Jul
LEADER: Jenny Zohn, 33426345
GRADE: M75DW
LIMIT: 8
BRING: Usual p.3 +3lt water
DEPART: 7am Fairfield Gardens Carpark
CAR KMS: 210
MAP: Mt. Alford 1:2500

Greville is an isolated peak not far from Aratula. The climb to the summit is only about 600m up from the car park. We will ascend via Waterfall Gorge and have morning tea on the slabs overlooking Lake Moogerah and continue climbing to the summit for lunch and views of the main range. We will descend via Palm Gorge. This is an interesting off track walk with lots of variety. Reasonable fitness is required for the walk. However we will be doing it at a moderate pace suited to walkers who struggle with the ups. Please do not nominate if you prefer a brisk pace.

BUDAWANGS

Through Walk Mon 3 - Sun 9 Jul
LEADER: Peter Lock 3351 1184
MOBILE: 0419 496 837
EMAIL: peter@lock.id.au
GRADE: M55TW
LIMIT: 8
BRING: Warm clothes
CAR KMS: 2500km

The Budawangs in NSW offer spectacular scenery and a great through walking destination. This trip is timed to follow the NSW Navshield which we expect to be nearby. We will enter via the Wog Wog entrance on the west side of the park, and walk to the Castle and back. Along the way we will visit Mt Owen, Mt Cole, two arches, the Seven Gods Pinnacles, Monolith Valley and several cascades and waterfalls. Walkers in the Budawangs usually camp in caves and rock overhangs, and we will try to do that as well. But you should be ready with a tent or some other basic shelter just in case we don't find a suitable cave. The Budawangs can be cold in winter! The climb to the castle requires a small amount of

grade 7 scrambling, but the majority of the walk will be on tracks of varying quality. Five days should give us plenty of time to explore this park at a relaxed pace.

PHOTOGRAPHIC CAMP SPRINGBROOK MT.

Base Camp/photographic Fri 7 - Sun 9 Jul
LEADER: Jenny Zohn 33426345
EMAIL: jennz@optusnet.com.au
GRADE: M34BC
BRING: Base camp & photographic gear.
COST: ?
DEPART: TBA

The plan is to camp at Purlingbrook, do a walk on sat and sun, dinner at the Homestead on sat night, and a visit to the private observatory sat night. Please email expressions of interest and I will chase up costings etc. The date is now confirmed, The observatory is \$10 donation!! As camp fees are prepaid, \$ on registration is preferred. No cancellations unless a replacement is found.

VENMAN & TINGALPA CREEK CIRCUITS

Day Walk Sat 15 Jul
LEADER: Dawn Glancy 3343 8854
MOBILE: 0418 778 369
EMAIL: rayanddawnglancy@yahoo.com.au
GRADE: M33DW
LIMIT: 16
BRING: P .3 'must take', + 2lt water, morning tea, lunch to be left in cars for after walk
DEPART: 8am Venman Bushland NP, UBD Map 244 E3

These two walks are in Venman Bushland NP, West Mt Cotton Rd, Mt Cotton. The first part of this walk passes through a significant area of open eucalypt forest and smaller areas of lowland rainforest. The second part meanders beside Tingalpa Ck. The walk will take between 3-3.5hrs. There are several steep ups and downs, but the pace will be SLOW. Lunch will be left in cars till after our walk. There are wood barbecues for anyone wanting to cook.

MT ERNEST TRAVERSE

Day Walk Sat 15 Jul
LEADER: Margaret Moran 33982404
EMAIL: boots-a-walkin@pacific.net.au
GRADE: L66DW
LIMIT: 10
BRING: Usual day gear INCLUDING TORCH
COST: n/a
DEPART: 4:30am Fairfield Gardens
CAR KMS: Approx.200kms return
MAP: Mt Lindesay

An early start! This is a very long day and a

6.40am departure from Mt Barney camping area will assure a 5.30pm finish. I have done this walk a couple of times recently and it is a long but most rewarding day. We leave the camping area and walk for approx. 1hr before we begin our ascent. It is about 3.5hrs to the top of Mt Ernest. Although this will be our lunch spot, we will stop for morning tea somewhere on the way. After lunch we continue along the traverse for a couple of hours before we begin our descent. It is a day with a long "up" but some great scrambling and on a good day lovely views, Mts. Barney and Lindesay look superb. Once we are back on the road it is another 1.5hrs to the cars. This is one fabulous walk. However, it is a long day. Please note that you bring the usual day gear. I suggest 3 litres of water and you **MUST BRING YOUR TORCH**. It could be dark before we reach the cars. If you are nominating for this walk please call me. There will be no walk list at the meetings.

XMAS IN JULY AT BEECROFT, DRAKE

Social Base Camp Sat 15 - Sun 16 Jul
LEADER: Burney 32699383
MOBILE: 0422386080
GRADE: SOC
LIMIT: 30
BRING: Nibbles for happy hour & BYO drinks
COST: Dinner \$10

This year we're going to celebrate Xmas in July on John and Layne Stevenson's property in Drake. Drake is half way between CASINO and TENTERFIELD on the BRUXNER HWY. From Brisbane follow the Mt. Lindsay Hwy to Woodenbong, then Urbenville and onto the Bruxner Hwy, through Tabulam. Please bring camping gear and meals for the weekend ie breakfast and lunch... We will enjoy some simple Xmas fare for Sat. dinner, thanks to the cooking talents of Danny and his helpers. Weather permitting a warm woodfire will coax the winter chills away. A leisurely weekend of wining and dining, with the odd hill walk on the property for the keen. More to come.....watch this space

GLASSHOUSE MTNS-MT TIBROGARGEN

Day Walk Sun 16 Jul
LEADER: John Shields 07--32646565
MOBILE: 0427731449
EMAIL: johnshields@netspace.net.au
GRADE: M23DW
LIMIT: none
BRING: usual p.3 + 2 lt water
COST: \$10 petrol contribution
DEPART: 7am Aspley hypermarket Aust Post Sign
CAR KMS: 100
MAP: Glasshouse Mtns

This is an easy walk for new members and those

who prefer a slower pace. We follow Tibrogargan and Trachite circuits which are around [NOT UP] Mt Tibrogargen. The walk is only 9k with smoko and lunch on the walk. The lunch spot has great views and we may see mountain climbers in action and possibly the peregrine falcon. Both these tracks are new with the Trachyte track still being built but easily trafficable. Coffee stop on the way home.

THE STEAMERS

Throughwalk Fri 21 - Sun 23 Jul
LEADER: David Thorpe 32893773
MOBILE: 33617642 (w)
EMAIL: david.thorpe@lion-nathan.com.au
GRADE: M55TW
LIMIT: 8
BRING: Warm Gear
COST: \$8camping+fuel
DEPART: 8pm B.P. Servo Aratula after dinner
CAR KMS: 400km approx.

This is a classic cold winter throughwalk in the Main Range NP. We start on Fri night with dinner at Aratula then head off to our first night campsite. Sat morning we start with some steep ups which gets us to the Funnel and Mast for morning tea then up to the Stern to see the view of the Steamers shown by Ian Marlow on our Website. After lunch we climb Mt. Steamer for views of the area then descend to the Steamer Saddle for our second nights camping. On Sun morning we follow the Main Range north to Davies Ridge where we drop our packs and with morning tea in hand climb to Lower Panorama Pt then up to Panorama Pt for great views of the area. We return to the packs for lunch then walk down Davies Ridge to the cars. This is not suitable for a first time TW.

MT MAROON FOR THE VERTICALLY CHALLENGED

Day Walk Sun 23 Jul
LEADER: Jenny Zohn, 33426345
GRADE: M75DW
BRING: Usual p.3 + 3lt Water
DEPART: 7am Fairfield Gardens Carpark
Mt Maroon is a 965m peak in the Mt Barney NP, accessed from the Boonah-Rathdowney Rd. The walk starts with a steep climb up the NE ridge after which we contour to join a steep gully with some loose rocks. It is then a scramble up to the saddle and a gentle climb over more rocks to the summit with brilliant views of Mt Barney and the peaks of the Scenic Rim. We return via the same route. Reasonable fitness is required for the walk as we gain over 600m in elevation. However we will be doing it at a moderate pace suited to walkers who struggle with the ups. Please do not nominate if you prefer a brisk pace.

MAPLETON & NOOSA NATIONAL PARK

Base Camp Fri 28 - Sun 30 Jul
LEADER: Dawn Hendrick 3818 3687
MOBILE: 0428 197 268
EMAIL: hendrick@iprimus.com.au
GRADE: M23BC
LIMIT: 20
BRING: Camp gear, food, usual day walk gear
COST: \$10 per tent per night (for single person dome tents)
DEPART: Friday evening to arrive at Lilyponds Holiday Park, 26 Warruga St, Mapleton by 9pm
CAR KMS: 220km from Brisbane 10km from Nambour (\$18)
MAP: Noosa NP brochure from EPA shop or www.epa.qld.gov.au and NEW Sunshine Coast Hinterland Great Walks from EPA (\$7.20)

This is a base camp for those who want two easy walks and to camp in a beautiful setting. Mapleton is one of those sleepy little towns in the Blackall Ranges behind the Sunshine Coast. It has a Post Office, pizza cafe and pub that serves very nice counter meals. We will be camping on the lush green grass of the avocado orchard at Lilyponds Holiday Park in the centre of town. It has excellent facilities including laundry, swimming pool and camp kitchen with cooker, fridge and microwave for use by campers. If you don't want to sleep under canvas (because it may be very cold in July!) there are cabins and a lodge (just book with Peter or Alison on 5445 7238) On Sat morning we will leave the campsite and drive to Sunshine Beach where we will park the cars and start our walk through the Noosa NP. This is an easy walk along sandy tracks lined with huge banksia trees full of noisy birds. We will have morning tea at Hells Gates where the 270 degree view is spectacular, before continuing our walk via the Coastal path to the Info Centre. We pass several interesting geological formations along the way and daring surfboard riders too. We will have lunch in the amphitheatre adjacent to the Info Centre before returning to the cars via the Tanglewood track which passes through lush rainforest. We can meander our way back to Mapleton via coffee shops or ice creameries upon request. Sun morning we will do part of the Great Walk of the Sunshine Coast Track from the Delicia Road entrance to Ubajee Walkers Camp. After lunch we will break camp before heading back to Brisbane about mid afternoon. Website nominations or via email preferred including ALL the required information (no list at meetings).

GOOMBURRA

Base Camp Fri 28 - Sun 30 Jul
LEADER: Julia Wain 3201 2013
EMAIL: glenwain@bigpond.com
GRADE: M55BC
LIMIT: 12
BRING: Base camp gear, thermals, rain gear, gaiters or long pants, warm clothes, warm bedding, firewood (optional)
COST: \$8 per person camp fees (2 nights, payable to leader) plus petrol contribution
DEPART: 6pm contact leader
CAR KMS: TBA
MAP: Cunningham's Gap 9341-11, Townson 9342-22

Goomburra campground is situated in the Goomburra State Forest adjacent to Main Range near Cunningham's Gap. It is a great area for winter camps as we can have a fire (BYO firewood). There are no showers but composting toilets. Some of you may be able to head up to Goomburra earlier on Friday. For those who are unfamiliar with the area or cannot leave until later (like me) the plan is to meet at Aratula Pub at around 6.30pm for dinner. We can convoy to the 'Poplar Flat' campground after dinner and set up camp. On Saturday, providing the weather is dry, we will be able to walk via Sylvester's lookout to 'Hole in the Wall'. There are some rough/scrubby sections along this trail but the views are the reward when you arrive at the 'Hole'. Saturday night will be drinks, nibbles and social around the camp fire. Sunday we will do some very fine track walks. Mid afternoon pack up and coffee on the way home if time permits. This is a winter base camp in a very cold area so please ensure you bring lots of warm clothing and sleeping gear.

FOR SALE

Rola Roof Racks – suit Nissan Pulsar (95 on) or similar. \$125. Rosemary 3369 8714

NAFA KOKODA RAFFLE

1st prize - trip to Kokoda - won by Travis Johnson, who bought the ticket while abseiling at Kangaroo Point!

2nd prize - digital camera - Frank Buckley

3rd Prize - DVD player - Linda

Thanks to all who supported NAFA's projects in Nepal. Unfortunately it wasn't won by a BBW member.
Helen

Committee Reports

PRESIDENT

At recent Club meetings, the number of visitors attending the "kitchen talk" has again reached almost unmanageable levels. Despite this, our total membership is reasonably constant, and our admission of ordinary (full) members is low, indicating that we are not retaining many of our probationary members and that we have a turnover of ordinary members. These observations are a reflection that we do not meet everyone's initial expectations and that people's interests change over time. A fluid membership is not unexpected in a club with over 480 members and in some ways adds to the essence that is BBW. However it does highlight the need to be vigilant to ensure we continue to make newcomers welcome and to ensure we have enough walks on the programme at the beginner level.

At the April committee meeting, Paul Gorell and Terry Bryant were approved as abseil leaders, and Anne Kemp, already an abseil leader, was approved as an abseil trainer. Congratulations to each of you. We expect to see more abseil walks on our programme in the near future.

Please look for the notice elsewhere in this issue of the magazine about a review of activity grading. I encourage leaders in particular to contribute their ideas about how we grade activities, both for fitness and terrain.

Peter

SAFETY & TRAINING

Some upcoming training date claimers:

St Johns 1st Aid: Sat/Sun 17/18th June—still plenty of spaces; & a reminder to get your \$120 to me in the next couple of weeks, so we can confirm your places & get on with the course. This will provide you with very useful skills: we had an incident on a walk recently where a walker had a fall & the subsequent 1st aid ad-

ministered by a couple of members was administered very professionally. Could you do that? And remember, the training is supported by the club such that you will be reimbursed 50% of the cost upon successful completion of the course. If you are unable to make this one, there will be another in September.

Navigation Training: Sat 24th June—plenty of space left. This will be run by Greg Long, who demonstrated his excellent navigation skills leading an intrepid band of wanderers from Border Ranges NP to Green Mountains—we hardly ever had to "wait awhile"!! And watch the calendar for another course later in the year. As Paddy Pallin said: "you are only lost if you don't know where you are or you don't know where to go to safety".

Leader Training: we have had a sprouting of a number of new leaders onto the bushwalking calendar. So we will be running another day, date yet to be confirmed. But keep a look out, probably in August/September.

A couple of reminders to leaders:

If you are going to be leading a higher graded walk (I would suggest 5 & above) or you are going into a remote area, you should always have an EPIRB—I know some leaders have their own; but for those that don't: borrow the club's!

If you do have the misfortune to have an accident on your walk, make sure you capture all the details of the incident & submit an incident report as soon as possible, so that we can transfer useful learnings back to all members.

And a reminder to all members: the "always take" list on Page 3 of the magazine is very important. For example, there have been a couple of "late returns" recently where there have been members without a torch, having then to rely on others for support. Everything on the "always take" list is a must take!

Lynsey

Magazine Collating

Collating for June magazine is at Vanessa & Genesio's at New Farm on Thursday 22 June at 7.30pm. There is only about 1½-2 hours work required – If you would like to come along for an easy social night and supper please phone 3358 1475 to book.

OFF TRACK WALKS - WHAT DO I REALLY NEED TO CARRY IN MY DAY PACK?

As the cooler weather arrives, the club undertakes harder off track day walks, to rugged and remote locations such as Mt Barney. It's great to carry a nice light day pack on these difficult walks, but do you really have everything needed to safely and comfortably complete the activity? Often I've seen walkers on hard off track walks with tiny day packs, and I wonder how they're going to cope in the event of being forced to spend a night out in the open. Serious accidents can and do occur on club trips. To the best of my knowledge we have had three helicopter rescues in the last five years. Luckily, there were no weather, terrain or communication issues with these incidents. The helicopter was able to complete the rescue shortly after each accident took place, and no-one was caught out overnight.

Even if no injury occurs, it's very easy to become complacent and forget that being caught out overnight is a distinct possibility on harder walks. In the six years that I've been in the club, this has happened to me on one day walk, as well as a weekend through walk. I've completed a walk in darkness on roughly ten other occasions. Walkers shouldn't rely on a helicopter being able to rescue them quickly in the event of an injury. Even if you are able to contact the rescue service, bad weather conditions can make it too dangerous for a helicopter to safely carry out the rescue. A ground rescue or waiting until the weather improves may be the only alternatives. If you incapacitate yourself on Mt Barney in bad weather in the afternoon, the odds are that is where you will be spending the night.

Several situations could occur where a party or member of the party is forced to spend an unplanned night in the bush. The delay could be caused by unforeseen weather or terrain, a flooded creek, route finding or navigation problems, or a slower than planned pace. The leader must make a decision as to whether it is safe to continue walking once night falls, or whether the party should dig in for the night. A member of the party may have become injured and be unable to walk at all, or they are slowed down enough that they cannot complete the walk that day. Communications issues, lack of time or bad weather meant it hasn't been possible to complete a rescue that day. Also an individual might become separated from the group, and be unable to find them or the way back to the cars before darkness sets in.

On many occasions, bad weather is a direct causative factor in the delay. Rain, mist and clouds can make navigation much harder, as well as increasing the chances of a walker injuring themselves as a result of a fall on slippery rock. It's one thing to spend an unplanned night in the open on a fine summer's night at sea level, but a totally different experience to do the same thing in driving rain on a freezing cold night on a high mountain. Also consider the fact that you may be injured, soaking wet and possibly in shock. Ask yourself the question – do I have enough clothing and equipment to safely survive the night without becoming hypothermic, and not having to rely on others in the party for my safety? If you aren't, this can compromise the safety of the whole group.

So how much spare clothing and gear do you need? Let's look at what I carry in my day pack for a winter walk on Mt Barney. It makes no difference on whether it's the easiest or hardest way to the top. My gear list doesn't vary that much from what I take on most off track walks, even in summer. Lots of other locations have similar issues in terms of getting out on the day the problem occurs. Off track walks in less remote locations and at lower altitudes can sometimes have a bit more leeway on what should be taken. Each walk should be considered on an individual basis. Whether it is sunny or raining at the start of the walk is irrelevant, as the weather can change very quickly. Before discussing specifics, be aware that even when I'm wearing everything that I've got in my pack, the odds are I'm going to feel extremely cold and uncomfortable if stuck out for the night, particularly if it is wet. I'm not aiming to be warm, just to avoid hypothermia.

Firstly, what size pack do you need? I believe that a minimum of a 30 litre pack is needed for off track walkers. In my opinion, if you are using a 20 litre pack you haven't got enough gear. I also think that a 40 litre pack is the ideal size for a serious off track walker, particularly if you are a leader and maybe carrying extra group safety gear. For abseil walks a 50 litre pack is ideal, giving you ample room to carry a rope, harness and helmet inside your pack. You must ensure that you can keep all your spare clothing dry in the event of rain, or if you fall in a creek. The easiest way to do this is to use a large plastic bag as a pack liner, or use individual waterproof containers, eg. Dry bags or large plastic peanut butter jars. These should be used no matter what the weather is like at the start of the walk.

What not to take

Please don't use any cotton garments in the bush. In the US it is commonly called "death cloth". This is because when it gets wet, it stays that way, has minimal insulation properties, and greatly increases the risk of the user getting hypothermia compared to using modern synthetic or wool garments. Cotton includes t-shirts or shorts; underwear, denim or flannelette garments, as well as fleecy cotton track pants or sweat tops.

Basic Spare Clothing and Equipment

- Synthetic or wool long sleeved thermal top – this is in addition to whatever shirt you're wearing, unless you use the thermal top as your base layer. This is a good idea on a wet and cold day
- Synthetic or wool long thermal underwear – it is essential to have at least one bottom thermal layer on all off track walks.

On a cold and wet day, these are great worn under your shorts

- Fleece or similar jacket
- Waterproof rain jacket
- Thermal gloves, as well as a beanie or light balaclava – most warmth is lost from the extremities of the body so these light and compact items can make a big difference at night time
- Torch and spare batteries – this is essential but it is amazing how often they aren't taken
- Whistle – extremely important in the event you become separated from the party. It must be kept attached to your harness for quick access, NOT inside your pack
- Spare dry socks – on the only time I have been stuck out an extra night on a day walk, I had to sleep in my damp (only from perspiration) socks in freezing temperatures. This was extremely uncomfortable and having dry socks would have made a huge difference. If you carry 2 small plastic bags you can use these between your dry socks and your wet boots to keep them dry
- Water treatment tablets, waterproof matches, paper and pen, toilet paper, hand gel and trowel
- First aid kit – this should be comprehensive. Don't rely on others. It should be kept in a waterproof bag, even just double Ziplock plastic bags

Sustenance and Hydration

- Water – this varies with the individual, but on the harder walks I suggest an absolute minimum of 2 litres and an average of 3 to 4 litres. Some walkers drink 6 litres or more in a day
- Spare food – you won't die of starvation without it but eating extra high energy food can make a big difference late in the day when your energy is fading fast

Extra gear for Leader to take

- Map and compass – essential even if you have done the walk many times. Even if this is the case it can be useful in an emergency for directing rescue crews or finding an escape route. At least two people in each party should carry these in the event of loss
- Climbing tape or equivalent (15m minimum length) – on walks with scrambling of Grade 6 and above I believe this is an essential item to assist less experienced members
- Mobile phone – it is strongly recommended to have at least one of these in the party, unless you are 100% certain you won't get a signal. With a GSM phone, in an emergency dial 112 anywhere in the world. In Australia your phone will connect with emergency services even if you are outside the coverage of your regular mobile phone network, but within the network of another GSM provider. The phone will work even if your keyboard pad is locked.
- EPIRB – optional, but the club does have one available. Several leaders and myself own their own units and consider them as cheap insurance
- GPS – optional, but the club does have one available. They can be a great time saving device in the event of navigational issues, particularly if visibility is poor. They can make the difference between getting out in daylight or not, and are an excellent safety device as a direct result

Optional equipment

- Scunge gloves – I take these if I expect to encounter problematic vegetation
- Spare pair of glasses or contact lenses – people with vision problems should take these if loss or damage of these items will affect their ability to walk at normal pace and level of safety
- Waterproof over pants – I often take a light pair of these if I suspect the weather is going to be bad. They can make a considerable difference to your comfort level
- Fleece pants – useful if you really feel the cold or have poor circulation
- Space blanket or emergency survival bag – these have saved many lives in more extreme conditions than we normally encounter in SEQ. Strongly recommended. For your pack liner, if you use an extra-large plastic garbage bag that is large enough for you to fit inside, it will perform double duty

I am sure that this article will raise numerous questions. If walkers are in doubt as to what gear they need to take on a walk, they should talk to the leader. Please note that the opinions expressed in this article are my own, although much of what I've covered is in the BBW Members Handbook. I hope that this article achieves its aim of allowing safer off track bushwalking. Reader's comments and suggestions are welcome.

John Hinz

NOTICE

REVIEW OF GUIDE TO ACTIVITY GRADING

Page 3 of the April and May magazines contained a revised guide for grading terrain for BBW activities, mirroring what has been in the Members Handbook since September 2005. Historically, we have used three broad categories of terrain grading (1 to 3; 4 to 7; and 8 to 10). The terrain grading guide in the April and May magazines described each grade from 1 to 10.

It has been evident from comments by a number of leaders that terrain grading needs to be further refined.

Page 3 of this (June) magazine contains a guide for terrain grading that is limited to 7 categories (rather than 10), with descriptions that are more consistent with historical terrain grading in BBW. This is an interim measure only.

Members are invited to comment on the methodology and descriptions used as a guide for terrain and fitness grading for BBW activities. Descriptions for each grade need to be concise (e.g. no more than 8 words, but preferably 3 or 4 words).

Members are also asked to comment on the proposal that the following notes are included below the grading guide:

Grades are based on the most difficult section of an activity.

Vegetation, exposure (where a fall is likely to be fatal), potential of upgrade for wet conditions, and the degree of difficulty of specialist aspects such as canoeing, abseiling and cycling are to be covered in the activity description

Comments should be either emailed to: secretary@bbw.org.au; or posted to: The Secretary, BBW, PO Box 1949 BRISBANE 4001 before 27 June 2006.

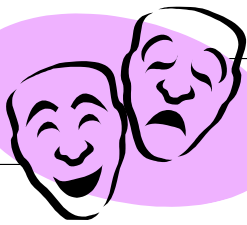
NOTICE OF MOTION

ADMISSION OF PROBATIONARY MEMBER - THE FAMILY GROUP

The committee proposes the following motion be decided at the general meeting on 26 July 2006:

"That an entity named the 'Family Group' is admitted as a probationary member of BBW to provide a vehicle for members to be accompanied by their children on BBW activities, under the following conditions:

- a. adults who attend any Family Group activity must be members of BBW who are parents of children attending the activity or members of BBW who are invited to attend the activity by the activity leader;
- b. parents are responsible for the safety and control of their children during any Family Group activity and cannot delegate responsibility for their children to another person;
- c. children will be admitted as visitors of BBW for the duration of any Family Group activity only;
- d. children are not to attend any other BBW activities; nor are Family Group activities to be held in conjunction with another BBW activity;
- e. an amount to be decided by the BBW committee will be levied for each child attending a Family Group activity;
- f. the Family Group is to establish a committee of two ordinary members of BBW to manage and promote the activities of the Family Group; and
- g. the BBW committee is to amend the Bylaws and publish policy and procedures to establish and regulate the Family Group."



Out & About

DINNER & MOVIE NIGHT

WHEN: 6.30pm Tuesday 6 June

WHERE: Otello on Oxford,
1/180 Oxford St, Bulimba

CONTACT: Peter Hunt 3351 3642

Welcome to Italy. There is a good range of Italian cuisine at this restaurant including the pastas, pizzas, risottos veals etc etc. The desserts are well worth a look as is the hot chocolate. Please join me for a tour of Italy. The movie theatre is down the road for your convenience.

Movies screening at the time will be discussed over dinner. Peter

PERFORMERS' CAFE ANNUAL FUND RAISER

When: Friday 2nd June at 7pm

Where: Community Centre, School Road,
Samford (take Mt. Glorious Rd at
round about then 2nd street on left)

Cost: \$15 plus drinks and supper

Contact: Carol Russell 3325 0671

Each year the Samford Monthly Performers' Cafe members organize an evening of entertainment to raise funds for their public liability insurance premium. Performing this year will be Janie Schrapnell, "Marmalade" and a variety of bands. Doors open at 7pm with the performance starting at 7.30pm. Drinks and supper are available to purchase and at the end of the night the floor is cleared for a dance session (not compulsory but highly recommended). Bookings are required. Come along and enjoy a fabulous night of entertainment, socializing and dancing.

Carol

VAREKAI - CIRQUE DU SOLEIL

WHEN: Tuesday 14 Nov. at 8pm
Section 203 Row H Seats 1-12.

WHERE: Kingsford Smith Drive, Hamilton

COST: \$89 per person

CONTACT: Deniz denizturak@yahoo.com
I have booked 12 seats for the show. A PDF of the seating plan is available if you contact me. More information about Varekai is available at www.cirquedusoleil.com

Deniz

AMBIWERRA JAZZ FESTIVAL

WHEN: 11am Sun 6 Aug

WHERE: Erinvale St., Corinda

LEADER: Burney 32699383 0422386080

Ambiwerra Jazz Festival, now in its 13th year, is one of Brisbane's premier jazz events. Festival commences at 10:30am at the Ambiwerra Sports Fields. This is located off Erinvale Street in the suburb of Corinda. On the main stage see Katie Noonan followed by Joe Camilleri & The Black Sorrows. The afternoon finishes on a high note with party band, Hot Sauce, so you can hit the dance floor as the sun sets. A dozen of Brisbane's best restaurants are presenting in entree-sized portions which are easy on the pocket. Wine is sold by the glass or bottle, and prices are usually lower than retail outlets, likewise beer is purchased by the bottle.

Currency of the day is Ambi Dollars. A\$1 = AMBI \$1 Ambi Dollars can be purchased at the Commonwealth Bank by the festival entrance. Ambi Dollars are the ONLY accepted currency. THINGS TO BRING Ambiwerra is an all weather event, so be prepared. Picnic rug, sunscreen, hat, umbrella. No BYO food or alcohol.

COSTS Earlybird tickets only available until July 29th @ \$30ea. After 29th tickets will only be available through Ticketek (132849)* or at the gate for \$35. Booking fees will apply. Phone orders (until 29/7) 32785122. Or www.Ambiwerra.com and download a order form Adult Gate Price @ \$35ea There are free shuttle buses connecting Corinda train station to and from the festival. There is limited on-site parking. (approximately 1000) All day parking is \$6.

Burney

THURSDAY NIGHT WALK

GRADE S23NW

WHEN: 6.10 sharp—don't be late.

WHERE: Good Will Bridge, Southbank side.

BRING: Membership Card, Water, \$'s

CONTACT: Jenny Zohn. No need to book.

Join us for a brisk midweek walk in our fair city. as we explore the walking tracks along the river, as well as city parks. Bring a few dollars for coffee and possible city cat fares. (S'bank to The Powerhouse, Newfarm is approx 12km return, walks will average 9km & 1.5-2hrs) Occasionally another member may be substitute leader. This walk does not count towards full membership. Jenz

For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.

If you have recently changed your address or phone number (home or work)
please advise one of the following so that the club records can be kept up to date:
Ken Shea (3371 3623) or Tom Cowlshaw (3856 4050)

If unclaimed, please return to:
Brisbane Bushwalkers Club Inc.
GPO Box 1949
BRISBANE 4001

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**SURFACE
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