

The **BRISBANE BUSHWALKER**

October 2005



BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001

www.bbw.org.au

PRICE PER ANNUM \$20.00
(included in Club Membership fee)

THE BRISBANE BUSHWALKER

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd and 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Road & Ashgrove Avenue, Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The venue for the next committee meeting on **Wednesday 5th October 7.30pm** is at Tom Cowlshaw's at 116 Alderley Ave. Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: *It is preferred that leaders submit pre-trip descriptions via the leaders page on the web site.*

Articles may also be submitted by e-mail, CD or 3.5" floppy discs (RTF format). Typed or clearly printed copy is acceptable. Articles may be given to the Editors at any meeting, or mailed to: J.Zohn, 45 Granville St. West End. 4101 or Fax 3352 8388

Pre-trips will be given first priority, then articles in order of receipt (subject to available space). The editor reserves the right to edit or reject copy where necessary.

DEADLINE for the **November** magazine is **Friday 7th October**
Pre-trip descriptions for all activities please!

website
www.bbw.org.au
email
editor@bbw.org.au

Cover Photograph
On top of Mt Maroon by Lou Darveniza

EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat.....\$2.00
Self inflating mat \$5.00
Stove.....\$5.00
Tent or Pack\$10.00

EPIRB: An EPIRB is available for loan on club activities. The EPIRB is free of charge to leaders.

GPS: A GPS is available for loan on club activities. The GPS is free of charge.

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

*All equipment may be booked for hire by phoning the Equipment Officer.
Pre-booking will ensure availability.*

LIBRARY

Books, Maps and Magazines are available for loan between meetings. A deposit of 20c per item is required. Late fees do apply.

MEMBERSHIP FEES

Annual membership falls due 31st January. Fees include magazine subscription.

Full Members: Singles \$40.00 per annum
Couples \$60.00 per annum

Probationary Members:
Nomination fee \$25.00 per 6 mth

FIRST AID CERTIFICATES

BBW will refund 50% of the cost of a recognised First Aid certification course for full members. Show the receipt and give a photocopy of the certificate to the Treasurer.



Club Officials

President	Peter James	0412 886 880
Vice President	Mary Comer	3844 6231
Secretary	Elaine Beller	3356 4730
Treasurer	Tom Cowlshaw	3856 4050
Outings	Tom Hulse	3351 2190
Safety & Training	Peter Lock	3351 1184
Membership	Ray Glancy	3343 8854
Social	Janine Hope	3397 7706

Equipment	Paul Cech	0403 290 770
Photographic	Alan Pryor	3264 3960
Librarian	Jodi Frith	3393 4337
Editors	Jenny Zohn	3342 6345
	Elaine Beller	3356 4730
Abseil Co-ordinator	John Granat	3265 5404
Members Register	Ken Shea	3371 3623
Contact Officers	Tom Cowlshaw	3856 4050
	Ron Farmer	3355 2895

THE BRISBANE BUSHWALKER

GUIDE TO WALK GRADINGS

- | | | |
|-------------|--|--|
| 1. DISTANCE | Short | Under 10 klm per day |
| | Medium | 10 - 15 klm per day |
| | Long | 15 - 20 klm per day |
| | EXtra Long | Over 20 klm per day |
| 2. TERRAIN | 1-3 | <u>Graded or open terrain.</u> No scrub |
| | 4-7 | <u>Bush.</u> Minor scrub, rainforest, rock, creek, rock hopping, scrambling. |
| | 8-10 | <u>Bush.</u> As above +thick scrub, major rock, scrambling using hands, technical. |
| 3. FITNESS | 1-3 | <u>Easy.</u> Suitable for beginners. |
| | 4-7 | <u>Medium.</u> Reasonable fitness required. |
| | 8-10 | <u>Hard.</u> Strenuous, fit walkers only |
| 4. ACTIVITY | Base Camp, Easy Day Walk , Day Walk, Through Walk, Easy Through Walk, SOCIAL Activity, Safety & Training, ROGaine, Federation Mountain Rescue, Night Walk, KaYaK CYCle. | |

INFORMATION FOR WALKERS



1. Nominate for the walks or social events on the clipboard list or social book at the meetings. *Walkers are responsible for ensuring they are financial at the time of nominating.*
2. **Walkers are responsible for ensuring they are capable of doing the walk for which they nominate. Review the guide to walk gradings. If you are uncertain, consult the walk leader.**
3. If you are unable to attend meetings contact the leader (who keeps the list).
4. If you are unable to attend the trip you must contact the leader to cancel so that someone on the waiting list may go. (Leader's number is in the magazine.)
5. Concerned relatives can ring the Contact Officer for information if the trip is exceptionally late.

Transport Costs:

Passengers are asked to pay an appropriate contribution to their driver for their share of the petrol and running costs. The costs may vary according to the number of passengers and economy of the vehicle – for the average vehicle you should expect to contribute 9c/km per person. Trips to base camps tend to cost more due to the extra weight and bulk of gear.

If you are unhappy with the contribution amount, remember you are always free to take your own vehicle.

Camping Fees:

There is nearly always a National Park or State Forest camping fee of \$4.00 per person per night. (The leader will provide details.) NSW National Parks also charge \$7.00 per vehicle per day.

Always Take:

MEMBERSHIP CARD, food & water, first aid kit, sunscreen, torch, whistle, paper/pencil, warm clothing, raincoat & hat, **and don't forget a change of clothing & shoes for after the walk.**

Water allowance, where noted, is the minimum the leader recommends.

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PROGRAM

Gradings approximate only (subject to trip leaders' survey)

Members are responsible for ensuring they are capable of doing the walks for which they nominate.

September 28 General Meeting - Photographic Competition

29-2	S33BC	Inskip Point	Julie Moore	3353 5641
30-2	M33BC	Mapleton & Noosa National Park	Dawn Hendrick	3818 3687

October

1	M77DW	Mt Barney - South & SouthEast Ridge	Kev Pinter	32733517
	L33DW	Coomera Circuit	Burgi Wagner	3325 0629
1-2	M56TW	Big Lonely and the Ballow Range	Jon Beer	3865 1808 (after 6pm)
2	L33DW	Ship's Stern Circuit	Terry Bryant	3351 3991
4	M66DW	Mount May via Northern Gorge	John Hinz	3846 1432 H/W
6	M22NW	River City Circuit	Jenny Zohn	
8-9	L55TW	Stinson Wreck Stretcher Track	Ray Glancy	3343 8854
9	L33DW	Illinbah Circuit	Sven&Helene Nilsson	32731187
	M45DW	Upper Portals	Jenny Zohn	3342 6345

12 Open Meeting

15	M33DW	Daves Creek Circuit	Adam Clarke & Deniz Turak	0417 790 276
15-21	S66TW	Hastings River Waterfalls	Peter Lock	3351 1184
16	M66DW	Mt MAROON VIA THE CAVES ROUTE	Terry Bryant	3351 3991
	S33DW	Twin Peaks	Jenny Zohn	33426345
19	CYC	Wynnum and Manly	Terry Bryant	3351 3991
22	M45DW	West Canungra Creek	Mary Comer	3844 6231
	M75DW	Egg Rock (Exploratory)/ Nixon Creek - Lamington NP	Jon Beer	3865 1808

THE BRISBANE BUSHWALKER

PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

22-23	L55TW	Stinson Wreck Stretcher Track	Ray Glancy	3343 8854
23	M33DW	Mt. Cordeaux and Bare Rock	Burney	32699383
	L33DW	Warrie Circuit	Jenny Zohn	33426345

26 AGM & General Meeting

29-30	S11S&T	St John First Aid	Peter Lock	3351 1184
30	M33DW	Somerset Trail	Jenny Zohn	33426A345

November

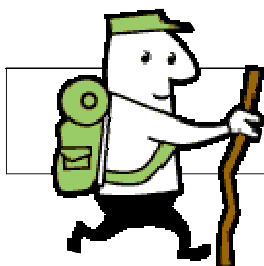
5-6	M54TW	Lower Portals / Barney Ck. gorge	Sven/Helene Nilsson	32731187
	M66TW	Mt Glennie & Upper Sawpit Creek Levers Plateau	John Hinz	3846 1432 H/W
6	L33DW	Wagawn Lookout	Jenny Zohn	3342 6345

9 Open Meeting

12	M33DW	Jolly's Lookout to Boombana	Dawn Hendrick	3818 3687
13	M55DW	Muscat and Bailey via 560	Mary Comer	3844 6231
	L33DW	Tooloona Circuit	Jenny Zohn	33426345
14	KYK	Indooroopilly Full Moon Night Paddle	Kerry Hardy	
16	CYC	Moonfest at Shorncliffe	Peter Lock	3351 1184
19	M45DW	Northbrook Gorge	Burney, Janine Hope	32699383
20	S33DW	Twin Peaks	Jenny Zohn	3342 6345

23 General Meeting

25-27	M33BC	New Members Base Camp - Bunya Mountains	Ray Glancy	3343 8854
27	L33DW	Warrie Circuit	Jenny Zohn	3342 6345



Coming Trips

INSKIP POINT

Birding Base Camp Thu 29 Sep - Sun 2 Oct

LEADER: Julie Moore 3353 5641

MOBILE: 0402722871

EMAIL: anymoore@optusnet.com.au

GRADE: S33BC

LIMIT: 16

BRING: Binoculars, Field guide

COST: \$8 + fuel

DEPART: To be arranged

A repeat of a popular birding weekend. Hoping for Black-breasted Button-quail, Marbled Frogmouth, Ground Parrot and up to 100 species of birds. It would be good if most folk can depart Thurs afternoon and be there for the 3 days. The best days birding last year was Friday. We will cover several different habitats and spotlight at night for owls and frogmouth. Due to limit on numbers I will only take those with an interest in birdwatching. Usually a great weekend.

Julie

MAPLETON & NOOSA NATIONAL PARK

Base Camp Fri 30 Sep - Sun 2 Oct

LEADER: Dawn Hendrick 3818 3687

MOBILE: 0428 197 268

EMAIL: hendrick@iprimus.com.au

GRADE: M33BC

LIMIT: 40

BRING: Camping gear, food, must take p.3

COST: \$20 per tent per night (with 50% discount if we get more than 30 people)

DEPART: Friday evening to arrive at Lilyponds Holiday Park, 26 Warruga St, Mapleton by 9pm

CAR KMS: 220km from Brisbane 10km from Nambour

MAP: Noosa NP brochure from EPA shop or www.epa.qld.gov.au

This is a base camp for those who want two easy walks and to camp in a beautiful setting. Mapleton is one of those sleepy little towns in the Blackall Ranges behind the Sunshine Coast. It has a Post Office, pizza cafe and pub that serves very nice counter meals. We will be camping on the lush green grass of the avocado orchard at Lilyponds Holiday Park in the centre of town. It has excellent facilities including laundry, swimming pool and camp kitchen with cooker, fridge and microwave for use by campers. If you don't want to sleep

under canvas there are cabins and a lodge (just book with Peter or Alison on 5445 7238) On Sat morning we will leave the campsite and drive to Sunshine Beach where we will park the cars and start our walk through the Noosa NP. This is an easy walk along sandy tracks lined with huge banksia trees full of noisy birds. We will have morning tea at Hells Gates where the 270 degree view is spectacular, before continuing our walk via the Coastal path to the Info Centre. We pass several interesting geological formations along the way and daring surfboard riders too. We will have lunch in the amphitheatre adjacent to the Info Centre before returning to the cars via the Tanglewood track which passes through lush rainforest. We can meander our way back to Mapleton via coffee shops or ice creameries upon request. Sun morning we will pack up after breakfast and head to Baroon Pocket Dam if the new Great Walk of the Sunshine Coast Track is open by then. Otherwise we will drive down to the Glasshouse Mts. Here we can walk the Trachyte Circuit and hopefully the new track will be open at the base of Tibrogargan as well. A picnic lunch will follow for those who can stay before heading back to Brisbane by mid afternoon.

Dawn

MT BARNEY - SOUTH & SOUTHEAST RIDGE

Day Walk Sat 1 Oct

LEADER: Kev Pinter 32733517

EMAIL: fiordland@primusonline.com.au

GRADE: M77DW

LIMIT: 8

BRING: Usual day walk gear + 2lt water

DEPART: 5.30am Fairfield Gardens carpark

CAR KMS: 250Km

MAP: Mt Lindesay 1:25000

This walk up Mt Barney is via South Ridge and returning via South East Ridge. South Ridge leads to the Barney Saddle located between East and West Peaks. The route to East Peak via South Ridge is regarded as the easiest of all routes up Mt Barney, nevertheless it will be a long and reasonably arduous day. There is an elevation difference of 1100m between where we leave the cars at Yellowpinch and the summit of East Peak, our lunch spot. Parts of the ascent and descent are very steep with medium levels of exposure and loose ground. On a clear day, the views are spectacular.

Kev

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COOMERA CIRCUIT

Day Walk Sat 1 Oct
LEADER: Burgi Wagner 3325 0629
MOBILE: 0428551222
EMAIL: burgi@wagner.id.au
GRADE: L33DW
LIMIT: 14
BRING: see 'Always bring' p.3
COST: petrol contribution
DEPART: 7am Fairfield Gardens car park
CAR KMS: 210km
MAP: Lamington

This 17.4km walk is the most scenic at Binna Burra. First we will walk along the Border track. After 1.9km the track branches off and descends gradually through forest containing some giant brush box trees. It then narrows and runs along the edge of Coomera Gorge. The views from the Coomera Lookout are breath taking! The track continues through an exceptional beautiful rainforest area. It crosses the creek a few times as it gradually climbs up to the top. There are numerous small waterfalls along the way. At the top the circuit joins the Border track again. From there it is 7.6km back to Binna Burra. Some of the creek crossings can be tricky as rocks might be slippery. We also might get wet boots. Other than that this is a fairly easy lovely rainforest walk.

Burgi

BIG LONELY AND THE BALLOW RANGE

Throughwalk Sat 1 - Sun 2 Oct
LEADER: Jon Beer 3865 1808 (after 6pm)
GRADE: M56TW
LIMIT: 8 including leader
BRING: Party food, camera, and usual 'stuff' including warm clothes
COST: 4 dollars NP camping fee/person - payable on nomination to leader
CAR KMS: 250?
TRANSPORT: Pre-arranged leaving Friday pm
MAPS: Maroon, Mt Lindesay and Mt Clunie 1:25000 topographic

(Okay folks its definitely on this time!) Located in the Mt Barney NP (SSW of Brisbane), Big Lonely is the largish 'lump' next to the Ballow massif near Nothofagus Mt. The route for this walk will be Cleared Ridge-Montserrat-Mt Barney/Ballow creek junction-Big Lonely-Nothofagus 'shoulder'-Junction Peak (Mt Ballow) on Saturday. Sunday from Mt Ballow we'll follow the top of the range over Double-Peak, Durramlee and Mowburra Peaks and then take probably the northern ridge off Mowburra back to the cars. Now as I intend to start the walk from Cleared Ridge it is HIGHLY DESIRABLE to have 4wd's as these vehicles are necessary to get there, otherwise we'll have to

walk up (and down) the 5km long (and boring) dirt road from Mt May water reserve. Highlights of this walk - views at Montserrat on Saturday, and Double-Peak and Mowburra Peak Sunday plus all the wonderful (mainly) rainforest terrain in between these hills including some of the most classic stands of Antarctic Beech anywhere!

Jon

SHIP'S STERN CIRCUIT

Day Walk Sun 2 Oct
LEADER: Terry Bryant 3351 3991
GRADE: L33DW
LIMIT: 12
BRING: Usual day walk gear p.3, +2-3lt water
DEPART: 7am Fairfield Gardens Car Park
This is a track walk of approx' 20km in the Binna Burra region of Lamington NP. As we leave Binna Burra and make our way down into the valley great views of Egg Rock, Turtle Rock and the Numinbah Valley can be enjoyed. A short side trip and morning tea at Lower Ballanjui Falls. Then through rain forest as we make our way along Nixon Creek for a short distance before ascending to Ship's Stern for lunch and more great views. The afternoon has us completing the circuit through open forest and rainforest along the Ship's Stern Range. This walk is suitable for all, particularly newer members, as a good day out.

Terry

MOUNT MAY VIA NORTHERN GORGE

Day Walk Tue 4 Oct
LEADER: John Hinz 3846 1432 H/W
EMAIL: johnhinz@optusnet.com.au
GRADE: M66DW
LIMIT: 12
BRING: Gaiters, + 3 lt water
DEPART: 6am Fairfield Gardens car park
MAP: Maroon 1:25000

Today we will explore an alternative route on Mt May. This interesting peak is located in the northern part of Mt Barney NP. Starting from Mt May campground we will scramble up a number of cascades in the Northern Gorge. Some scrub bashing may be needed as we near the northern summit. After descending to the saddle between the two summits, we will walk down the creek that flows in a northeast direction from the saddle. Travel back to the car will be via one of the northern ridges. The walk is unsurveyed. This should be a great day for those walkers with an adventurous streak, good scrambling ability and a reasonable level of fitness. Walkers should note that this may be a hot walk so please carry plenty of water.

John

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STINSON WRECK STRETCHER TRACK

Through Walk Sat 8 - Sun 9 Oct
LEADER: Ray Glancy 3343 8854
MOBILE: 0419 719 480
EMAIL: rayanddawnglancy@yahoo.com.au
GRADE: L55TW
LIMIT: 8 including leader
BRING: through walk gear, party food for Saturday night
COST: \$4 camp fee
DEPART: 6am 24 Morialta St, Mansfield
CAR KMS: 220 kms
MAP: Lamington (supplied)

This is a historic walk retracing Bernard O'Reilly's steps bringing the injured down from the Stinson Wreck. Saturday morning smoko will be at We-stray's Grave, and camp at Pt Lookout on Saturday night. This will be a long day with some steep climbs. Sunday the Stretcher Track will be a gentle walk through the track may be difficult to locate around tree falls. There is a steep descent back to the Christmas Ck camp site. In the past we've camped at Stinson Memorial Pk on Friday night but it has always been difficult for those who can only leave the City late on Friday to meet at the campground - so I am planning an early Saturday morning departure to give everyone a chance for a good night's sleep before the slog up the hill. At this point, I have 6 people including me already booked so anyone interested may wish to consider an alternative date on the weekend of 22nd-23rd October which I am prepared to offer should there be sufficient interest.

Ray

ILLINBAH CIRCUIT

Day Walk Sun 9 Oct
LEADER: Sven & Helene Nilsson 32731187
MOBILE: 0413850180
EMAIL: snilsson@iprimus.com.au
GRADE: L33DW
LIMIT: 12
BRING: Usual day gear, inc. lunch +2lt water
DEPART: 6.30am Fairfield Gardens
CAR KMS: About 220kms

This is a 18km track walk that starts at the Binna Burra information centre, descends into the Coomera valley and then winds its way up again, roughly following the course of the river including about 11 creek crossings. There are also some swimming opportunities along the way. There is a bit of an up' of about 350m altitude rise at the end, but it is an easy, graded track' gradient.

Sven & Helene

UPPER PORTALS

Day Walk Sun 9 Oct

LEADER: Jenny Zohn 3342 6345
EMAIL: jennz@optusnet.com.au
GRADE: M45DW
LIMIT: 10 inc. leader
BRING: See must take p.3 + 3lt water.
COST: petrol contribution
DEPART: 6.30am Fairfield Gardens carpark
The walk leaves the lower portals carpark and follows a variable track most of the way. It involves a decent gain in elevation over the day, with only a few sharper ups. Like all my walks the ups are slow. The river at upper portals is pleasant, we may have time for a dip. Be prepared to treat it if you need a top up. The simplicity of the walk is well offset by the stunning views of Barney visible for nearly the whole of the way.

Jenz

DAVES CREEK CIRCUIT

Day Walk Sat 15 Oct
LEADER: Adam Clarke & Deniz Turak
0417 790 276
EMAIL: denizturak@yahoo.com
GRADE: M33DW
LIMIT: 12
BRING: Items on p.3 and Membership card
DEPART: 7am Fairfield Gardens carpark
DAVES CREEK CIRCUIT:

This is a 12-13km graded track walk and a very good introduction for first-timers or those who want a leisurely day out at Binna Burra. We'll be walking through cool mossy rainforest, more open eucalypt terrain and heath land. Don't forget to bring morning tea and lunch which will be at locations with views of the Numinbah Valley and further on at Surprise Rock. Then it's back to the lodge for more refreshments. This walk is to enable new members the opportunity to begin their club activities in a relaxing manner. Speed is not the intention. We are not contactable via phone until after 28 September. Please send emails or add your name to the list at a meeting.

Adam and Deniz

HASTINGS RIVER WATERFALLS

Through Walk Sat 15 - Fri 21 Oct
LEADER: Peter Lock 3351 1184
EMAIL: peter@lock.id.au
GRADE: S66TW
LIMIT: 8
CAR KMS: 1400
MAP: Kangaroo Flat, Seaview

The Hastings River in Werrikimbe NP drops over 5 major waterfalls to lose 500m altitude in a distance of 5km. Broadly speaking, the plan is to drop down to visit a waterfall each day, and climb back up to camp on the plateau each night. On

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Sat we walk from Cobcroft's Rest Area to a campsite on the edge of the Mesa Plateau with spectacular views. Sun we leave the tents behind, descend 500m to Lower Falls, collect water, and return to the same camp. On Mon, a 400m descent to Middle Falls. On Tues we visit Cobcroft's Cascades and the Blue Slide, carrying a full pack because we are heading out a different way. Wed we will visit Upper Falls, again with light packs, and camp at Lower Mooraback. On Thurs, we walk beside the river up to its headwaters at Moorabacks Rest Area, and camp with the cars. Head home on Fri, visiting Tia Falls and Apsley Falls which are only a few steps from the car park. This will be a big adventure in rugged country. Expect steep climbs and descents, arriving at camp late or in the dark, some unsurveyed walking and rough camp sites.

Picnic Pete

MT MAROON VIA THE CAVES ROUTE

Day Walk Sun 16 Oct
LEADER: Terry Bryant 3351 3991
GRADE: M66DW
LIMIT: 12
BRING: Usual day walk gear p.3, +3 lt water
DEPART: 7am Alderley Car Park

Mt Maroon is located in an area sometimes referred to as The Scenic Rim of South-East QLD. We begin from the end of Cotswold Rd' but this is the only similarity with the conventional ascent route. We head approx' south-west to caves in the far cliff line and after a short stop contour around the base of the cliffs across rocky terrain to our northern ascent point. This will be a scrambling ascent and will take us to the low point of the rim on the opposite side to the summit. Then a mixture of bush and rocky terrain as we rock hop and scramble our way around the rim to its highest point with views to the north and back to the summit in the south, before heading across the saddle and on to the summit for a very late lunch and excellent views of Mt Barney. Return is by the conventional route.

Terry

TWIN PEAKS

Day Walk/social Sun 16 Oct
LEADER: Jenny Zohn 33426345
EMAIL: jennz@optusnet.com.au
GRADE: S33DW
LIMIT: 12 inc. leader
BRING: See "must take" p.3 +3lt water
COST: extra \$'s for m/tea. + petrol contribution
DEPART: 7.30am Alderley Car Park
Twin Peaks is a bit of an exaggeration. We start

with a gentle amble up GunGun of Glass House mts. fame followed by a lovely drive north to Malaney for m/tea. Our 2nd peak is Mt. Allan in the Connondale forest. Its a short sharp up with good views from the fire tower on top. As always on my walks we will take the ups at a slow pace. We can refresh ourselves for the long drive home with more treats at Malaney. Your sides will hurt as much as your legs at the end of the day as our prime objective is to have a good time. Suited for newer members.

Jenz

WYNNUM AND MANLY

Night Ride Wed 19 Oct
LEADER: Terry Bryant 3351 3991
GRADE: CYC
LIMIT: 16
BRING: Bike with lights, helmet
DEPART: 6:30pm

Meet at Elanora Park, near corner of Crown St and Granada St in Wynnum. UBD reference G14 on page 143. Please be ready for a 6:30pm start. This will be a leisurely-paced ride of about 20km, along the foreshore to Tingalpa Creek, and return. We'll keep our eyes open for a cafe as we go, and visit on the way back.

Terry

WEST CANUNGRA CREEK

Day Walk Sat 22 Oct
LEADER: Mary Comer 3844 6231
MOBILE: 0427446000
EMAIL: maryccomer@optusnet.com.au
GRADE: M45DW
LIMIT: 16
BRING: Day walk gear and swimmers
COST: Petrol Money
DEPART: 6am Fairfield Gardens car park
MAP: Lamington NP

This walk is in the Green Mountains (O'Reillys) section of Lamington NP. We will leave the cars at the end of Duck Creek Road and descend Bull Ant Spur to Blue Pool. Depending on the time we will either stop here for morning tea and a swim or go a little further downstream to the beautiful Stairway Falls. From here we continue to follow the old dilapidated track, with many crossings, to the junction of East and West Canungra Cks where we will have lunch. We will return the same way. As I will probably be unable to do the walk before this date be prepared for new tree falls and extra growth along the creek. This is quite a long day so you must be reasonably fit and be prepared for the steep walk up Bull Ant Spur at the end of the day. I will be away from Brisbane from September 13 until October 10. If you want more

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information about this walk please speak to Burgi Wagner at a meeting or phone her at home on - 33250629.

Mary

EGG ROCK (EXPLORATORY)/NIXON CREEK - LAMINGTON NATIONAL PARK

Day Walk Sat 22 Oct
LEADER: Jon Beer 3865 1808

GRADE: M75DW

LIMIT: 11 plus leader

BRING: A sense of adventure, swimming togs, plus the 'usual'

DEPART: 6am Fairfield Gardens carpark

CAR KMS: 250?

MAP: Beechmont 1:25000 topographic

Egg Rock is the appropriately named smallish pinnacle adjacent to Nixon Creek in Lamington NP not far from Binna Burra. The walk entails initially following an old forestry road down to Nixon Creek (not far from the information centre) then going farther down the creek to Egg Rock. We then proceed to climb this feature (the 'exploratory' bit) before returning down the rock to the creek. We'll follow this pretty creek all the way back to the track system which will take us back to the cars. Lunch will be at one of the swimming holes which even by the time of the walk should be quite refreshing, but it is a definite option. So if you are up for a bit of adventure and don't mind a swim, come along.

Jon

STINSON WRECK STRETCHER TRACK

Through Walk Sat 22 - Sun 23 Oct

LEADER: Ray Glancy 3343 8854

MOBILE: 0419 719 480

EMAIL: rayanddawnglancy@yahoo.com.au

GRADE: L55TW

LIMIT: 8 including leader

BRING: through walk gear, party food for Saturday night

COST: \$4 camp fee

DEPART: 6 a.m. 24 Morialta St, Mansfield

CAR KMS: 220 kms

MAP: Lamington (supplied)

Due to the interest in this particular activity, I am offering this walk for the second time this month. At this point, there are only three spots still available. This is a historic walk retracing Bernard O'Reilly's steps bringing the injured down from the Stinson Wreck. Saturday morning smoko will be at Westray's Grave, and camp at Point Lookout on Saturday night. This will be a long day with some steep climbs. Sunday the Stretcher Track will be a gentle walk through the track may be difficult to locate around tree falls. There is a

steep descent back to the Christmas Creek camp site. In the past we've camped at Stinson Memorial Park on Friday night but it has always been difficult for those who can only leave the City late on Friday to meet at the campground - so I am planning an early Saturday morning departure to give everyone a chance for a good night's sleep before the slog up the hill.

Ray

MT. CORDEAUX AND BARE ROCK

Day Walk Sun 23 Oct

LEADER: Burney 32699383

MOBILE: 0422386080

GRADE: M33DW

LIMIT: 12

BRING: See always take p3 + 2lt water

DEPART: 7am Fairfield Gardens Car Park

CAR KMS: 210km

MAP: Cunninghams Gap 1:25,000

This is a 12.4k walk on graded track which starts on the northern side of Cunninghams Gap in the Main Range NP. We will zigzag up the side of Mt Cordeaux, and enjoy morning tea with a view. Then as we walk across the saddle we should have some flowering Giant Spear Lillies, through rainforest and brushbox before reaching the rocky outcrop of Bare Rock, for lunch. Good views to the north-east can be enjoyed on a clear day before returning down along the same track past an old gold mine to the cars. This walk is suitable for new members, but it is a mountain and therefore it does go up.

Burney

WARRIE CIRCUIT

Day Walk Sun 23 Oct

LEADER: Jenny Zohn 33426345

EMAIL: jeenz@optusnet.com.au

GRADE: L33DW

LIMIT: 12

BRING: See must take p.3 +3lt water

COST: \$15 petrol contribution

DEPART: 7am Fairfield Gardens Car Park

Warrie Circuit is a graded track out of Springbrook with fabulous views over the Gold Coast hinterland. We will experience a variety of rainforest habitats, moss gardens and spectacular waterfalls. Lunch at meeting of waters and walk back up the mountain completes a very do-able longer walk for newer members. The ups are slow on all my walks but we will need to move along on the other stretches. Note there are several creek crossings on this walk, but unless it rains you will hardly get your boots wet. Refreshments @ the cafe if we make it back in time.

Jenz

THE BRISBANE BUSHWALKER

SOMERSET TRAIL

Day Walk Sun 30 Oct
LEADER: Jenny Zohn 33426345
EMAIL: jennz@optusnet.com.au
GRADE: M33DW
LIMIT: 12
BRING: See must take p.3 +3lt water, afternoon tea to share, mug.
COST: petrol contribution
DEPART: 7.30am Alderley carpark

This is a very pleasant walk of 13km on the Somerset Trail in Mt Mee State Forest. A variety of vegetation such as scribbly gum, rainforest and dry open forest on a, at times, 2 metre wide track. Lunch at the escarpment overlooking Somerset and Wivenhoe dams. Upon return to the attractive picnic spot at Gantry Day Use Area we will enjoy afternoon tea/coffee, with the goodies you've brought thereby rounding off a good day's outing. I will supply the billy and stove for boiling water & an esky for keeping things chilled while we walk. Join me.

Jenz

BRING: TW gear, party food, gaiters
DEPART: TBA Brisbane on Friday night 4 Nov.
MAP: Mt Lindesay, Grevillia and Palen Ck 1:25000

This walk explores the western part of Levers Plateau, which lies south of Rathdowney, on the NSW side of the border. We will drive through Rathdowney, turning off the highway along an old forestry track just after the Palen Ck Prison Farm. Once we start walking we will head up steep ground to Glennies Chair, a prominent rock formation with views towards Mt Barney. After summiting the flat topped Mt Glennie we will navigate our way through the Mt Glennie plateau, before descending a ridge to the rainforested Sawpit Ck. Camp tonight will be somewhere beside water on this creek. On Sunday we will ascend Sawpit Ck to the border, and then back to the cars. Come along if you're looking for an interesting walk in an area not visited very often. Participants must be confident offtrack walkers. Please note that part of this walk is unsurveyed.

John

LOWER PORTALS / BARNEY CK. GORGE

Throughwalk Sat 5 - Sun 6 Nov
LEADER: Sven/Helene Nilsson 32731187
MOBILE: 0413850180
EMAIL: snilsson@iprimus.com.au
GRADE: M54TW
LIMIT: 10 including leaders
BRING: Usual throughwalk gear, 2l water plus swimmers
COST: \$4 camp fee - pay on nomination
DEPART: 6am Fairfield Gardens car park
CAR KMS: 220kms
MAP: Mt. Lindsay

Walk into the lower portals- a 4 km. track walk, then climb the northern ridge and follow this track before descending into the campsite on Barney creek. Here we will set up camp, have lunch and then rockhop upstream to the upper portals. Return route to camp will be either the same or via the ridge. Next morning we will rockhop back to the lower portals for lunch and return via the same track to the cars. Both days will offer good swimming holes to cool off. Suitable for people who have tried off track and rockhopping before.

Sven & Helene

MT GLENNIE & UPPER SAWPIT CREEK LEVERS PLATEAU

Through Walk Sat 5 - Sun 6 Nov
LEADER: John Hinz 3846 1432 H/W
EMAIL: johnhinz@optusnet.com.au
GRADE: M66TW
LIMIT: 8 (including leader)

WAGAWN LOOKOUT

Day Walk Sun 6 Nov
LEADER: Jenny Zohn 3342 6345
EMAIL: jennz@optusnet.com.au
GRADE: L33DW
LIMIT: 12
BRING: See must take p.3 +3lt water
DEPART: 7am Fairfield Gardens carpark

Wagawn Lookout is located in the Binna Burra Track system. We follow the border track to Mt Hobwee circuit track. Our track then branches off Hobwee circuit and we walk a further 3.4k to Wagawn Lookout where we get commanding views of Springbrook, the Numinbah Valley and Mt Warning. We also visit Warumblebah and Garra-goolba lookouts. The distance is approx 20k and is suitable for fit beginners. Come and enjoy a pleasant walk.

Jenz

JOLLY'S LOOKOUT TO BOOMBANA

Day Walk Sat 12 Nov
LEADER: Dawn Hendrick 3818 3687
MOBILE: 0428 197 268
EMAIL: hendrick@iprimus.com.au
GRADE: M33DW
LIMIT: open
BRING: Usual daywalk gear, 2 lt water, morning tea. Lunch to be left in car. WARM CLOTHING for lunch area which is exposed to winds.
COST: nil - own cost of transport
DEPART: 7.30am Park & Ride, Waterworks

THE BRISBANE BUSHWALKER

Rd, The Gap. (opp.Settlement Rd intersection)

MAP: Brisbane Forest Map

This is combination of three beautiful track walks totalling 10.6km We car pool at the Park & Ride Bus facility and drive up to Jolly's Lookout(where there are Public Toilets) From here we do the Egernia Circuit then the Thylogale Walking Track and finally the Rainforest Track to Boombana. We will walk through open eucalypt woodlands and some rainforest beside creek beds. If we are quiet we should see a good variety of birdlife. Lunch will be at Jolly's Lookout(which has BBQ facilities) with a return to the Coffee Club at the Gap for those who have a free afternoon.

Dawn

GRADE: L33DW

LIMIT: 12

BRING: See must take p.3 +3lt water

DEPART: 7am Fairfield Gardens carpark

This is a lovely 18k rainforest track walk in the World Heritage listed Lamington NP. We will commence the walk by walking along the Border Track, to the escarpment where there are some beautiful examples of ancient Antarctic Beech trees and lovely views to Mt Warning and the Tweed Valley. We then continue down Tooloona Ck seeing 10 beautiful waterfalls before returning to the O'Reilly's area via Picnic Rock. Afternoon tea at Canungra. This walk suits anyone with a reasonable level of fitness.

Jenz

MUSCAT AND BAILEY VIA 560

Day Walk

Sun 13 Nov

LEADER: Mary Comer 3844 6231

MOBILE: 0427446000

EMAIL: maryccomer@optusnet.com.au

GRADE: M55DW

LIMIT: 12

BRING: Usual day walk gear + swimmers

COST: Car expenses

DEPART: 7am Alderley Car Park

MAP: Brisbane Forest Park

This walk is located in Brisbane Forest Pk approx. 45min drive from Alderley. Frank Finch and I have put this walk on twice previously but due to wet rocks have not completed the circuit. We are hoping for a dry sunny day this time!! I will be away until October 10. Frank is happy to give any more information concerning the walk and can be contacted at meetings or phoned on 32891863 From the cars we follow a forest road north before heading along a logging track to the knoll at spot height 560. We then descend down a steep spur to South Kobble Ck. The rest of the day is a rock hop down South Kobble Ck and up Muscat then Bailey Cks back to a logging track and then the cars. There are no compulsory swim-throughs, however we pass lots of great swimming spots. This walk involves plenty of rock hopping and some scrambling up a few slightly tricky waterfalls so you should be confident rock scrambling. Please ring to discuss if in doubt. This is a very pretty walk in an area quite close to Brisbane. We will stop for afternoon tea somewhere on the way home.

Mary

TOOLOONA CIRCUIT

Day Walk

Sun 13 Nov

LEADER: Jenny Zohn 33426345

EMAIL: jennz@optusnet.com.au

INDOOROOPILLY FULL MOON

NIGHT PADDLE

Night Paddle

Mon 14 Nov

LEADER: Kerry Hardy

EMAIL: kerryhardy@ozemail.com.au

GRADE: KYK

BRING: All usual paddling gear incl PFD and lights to make yourself visible (eg headlamp at front and red bike light clipped at rear;binoculars. Picnic dinner or BBQ doings.

DEPART: Sir John Chandler Park boatramp at the end of Meiers Road Indooroopilly at 4pm for 4.30 paddle away

No first-time paddlers on this trip please. We'll paddle around Long Pocket, check out the bats on Indooroopilly Island by daylight then foray up Oxley Ck. The plan is to return to the bat colony for sunset by which time millions of bats are waking, noisy and active. At dusk they take off and it's quite spectacular. We'll return by the light of the full moon to our cars for a picnic/BBQ (BCC BBQ's.) It should be a moonlit, balmy, beautiful evening so come along.

Kerry

MOONFEST AT SHORNCLIFFE

Night Ride

Wed 16 Nov

LEADER: Peter Lock 3351 1184

MOBILE: 0419 496 837

EMAIL: peter@lock.id.au

GRADE: CYC

LIMIT: 16

BRING: Bike, lights, helmet

DEPART: 6:30pm Aberdeen Pde, south west side of Boondal Station

This ride will be about 30km, almost entirely level, and mostly on bike tracks. We'll start at Boondal Station and take bike tracks beside the Gateway

THE BRISBANE BUSHWALKER

Motorway and Deagon Deviation. Then across the Hornibrook Viaduct to Pelican Park. Our return follows the coast to Shorncliffe, where we'll pause to watch the Moonfest party. Then a few more km of back streets and bike tracks to Boondal station. No cafe tonight.

Picnic Pete

NORTHBROOK GORGE

Day Walk Sat 19 Nov

LEADER: Burney, Janine Hope 32699383

MOBILE: 0422386080

GRADE: M45DW

LIMIT: 12

BRING: pge 3 + waterproofing for pack

DEPART: 7am Alderley Carpark

This is a Brisbane Forest Park walk with 5 compulsory swim throughs. Starting at Wivenhoe Lookout, we will follow a gully down to Northbrook Creek and then rock hop down to the gorge, stopping part way for lunch. After lunch and a couple of those swim throughs, we continue down the creek and exit before the Northbrook Bridge where we will have a pre-positioned car. Don't be deterred if you have not done a swim through before. Please come and speak to us if you need advice about waterproofing your pack.

Burney & Janine

TWIN PEAKS

Day Walk/social Sun 20 Nov

LEADER: Jenny Zohn 3342 6345

EMAIL: jennz@optusnet.com.au

GRADE: S33DW

LIMIT: 12 inc. leader

BRING: See "must take" p.3 +3lt water

COST: extra \$'s for m/tea. + petrol

DEPART: 7am Alderley Car Park

Twin Peaks is a bit of an exaggeration. We start with a gentle amble up GunGun of Glass House mts. fame followed by a lovely drive north to Malaney for m/tea. Our 2nd peak is Mt. Allan in the Connondale forest. Its a short sharp up with good views from the fire tower on top. As always on my walks we will take the ups at a slow pace. We can refresh ourselves for the long drive home with more treats at Malaney. Your sides will hurt as much as your legs at the end of the day as our prime objective is to have a good time. Suited for newer members.

Jenz

NEW MEMBERS BASE CAMP - BUNYA MOUNTAINS

Base Camp Fri 25 - Sun 27 Nov

LEADER: Ray Glancy 3343 8854

MOBILE: 0419 719 480

EMAIL: rayanddawnglancy@yahoo.com.au

GRADE: M33BC

LIMIT: Open

BRING: BASE CAMP GEAR, THERMALS,
FLEECE, CHAIR, STOVE, TENT,
LONG GAITERS OR TROUSERS
WATER (10 lt per person)

COST: \$8 per person (2 nights)

DEPART: Ring Leader

CAR KMS: 480 kms

MAP: Mowbullan

This is a provisional report as a new Membership Officer will be elected at the October AGM. Bunya Mt NP is 240km north west of Brisbane, taking approximately 3 hours to drive. It is predominantly rainforest though not particularly thorny. The campground has flushing toilets and time restricted hot showers. A variety of walks are planned for the weekend as well as the usual discussions on safety, ethics, equipment etc. Please bring plenty of cold gear as it could still be cold at night at the Bunyas. Please note that ALL the activities on the weekend are mandatory for probationary members who are using this base camp to become full members. Also, I would prefer full members who come to also participate in all the activities as excessive wandering about distracts the attention of others.

Ray

WARRIE CIRCUIT

Day Walk Sun 27 Nov

LEADER: Jenny Zohn 3342 6345

EMAIL: jennz@optusnet.com.au

GRADE: L33DW

LIMIT: 12

BRING: See must take p.3 +3lt water

COST: \$15 petrol contribution

DEPART: 7am Fairfield Gardens Car Park

Warrie Circuit is a graded track out of Springbrook with fabulous views over the Gold Coast hinterland. We will experience a variety of rainforest habitats, moss gardens and spectacular waterfalls. Lunch at meeting of waters and walk back up the mountain completes a very do-able longer walk for newer members. The ups are slow on all my walks but we will need to move along on the other stretches. Note there are several creek crossings on this walk, but unless it rains you will hardly get your boots wet. Refreshments @ the cafe if we make it back in time.

Jenz

THE BRISBANE BUSHWALKER

Midweek Night Walk

RIVER CITY CIRCUIT

Night Walk first night is Thu 6 Oct
LEADER: Jenny Zohn
GRADE: M22NW
LIMIT: no limit
BRING: Membership card, Water
COST: Refreshments, City Cat ticket
DEPART: 6.10 pm Good Will Bridge, S/Bank
We will meet every Thursday night till further notice to complete a variety of walks by the river in

the CBD. We will finish with refreshments at a convenient venue and may use the City Cat service to complete the circuit. The actual walking should take approx 1.5-2hrs. I will collect names and membership no's at the start, so don't look for the board at the meeting, also there is no need to book. The pace will be fairly brisk, we will leave at 6.10pm sharp so don't be late. Join me for some regular mid-week de-stressing exercise.

Jenz

PARKING

Urgent Message for all Members

Dominos, next door to the club house, have repeatedly asked that our members not use their car park on meeting nights. Ample parking is available in nearby streets, and some nearby commercial premises car parks.

Please oblige our neighbours in this request, nobody wants to deal with the inconvenience of towed or clamped vehicles.

Editor

Past Trip Reports



IMPRESSIONS OF A FIRST-TIME THROUGHWALKER

I joined BBW in May 2003 and on Saturday August 27th I did my first throughwalk! I had heard the ladies (and men too!) talking about how good it was to walk into these secluded spots. The views were usually breathtaking and with the right company the whole thing was one of those never-to-be-forgotten experiences. So for 12 months I planned the whole thing—new lightweight down sleeping bag, new pack with special frame endorsed by the chiropractic association, new gas cooker, etc etc.

The choice of Bribie Island as a beginner's throughwalk was excellent—as it's a flat little island. The first part of the day involved walking along the beach—absolute bliss! However after morning tea at Gallagher's Pt we realised that we would have to walk almost all the way back to our start point—which wasn't so exciting. This round about way added 6km to our otherwise "short" walk to Poverty Pt. We arrived hungry, tired and dusty to find Mavis and her 4WD already setup in the beautiful green camping ground. Our wine & beer orders were being nicely chilled in a number of eskies she had "carried" in. More bliss.

After lunch everyone started to unload their packs and some of the more unusual items appeared. One intrepid camper, who shall remain nameless, produced a bush shower, coffee percolator and hammer from a pack that was reputed to weigh in excess of 25kg! Once the tent setup phase was complete some people enjoyed a well earned siesta whilst others went to try fishing (and paddling) in the waters of Pumicestone Passage that is just off one side of the camping area.

The "Happy Hour" came around all too soon and party food of various types and levels of healthiness

THE BRISBANE BUSHWALKER

appeared. This was washed down with some really excellent bottles of red and white wine! Dinner was a relaxed and jovial affair with some people sampling dehydrated combinations for the first time. A few die-hards stayed up after 9pm but the majority hit the sack early to rest sore hips, knees & calf muscles.

A little light rain fell during the early hours of the morning, but most people enjoyed a lie in until 7am. Breakfast was once again a communal affair. Most of the group decided to enjoy the ambience of the setting and not leave until after lunchtime. However I and 4 others decided to return to the rat race early and set off at a brisk pace once more along the ash coloured sandy track to White Patch. Looking back it was a great weekend with good company in a relaxed setting. Many thanks to Kay for organizing it and to Mavis for taking her 4WD loaded with drinking water and beverages of another kind. My hips and knees told me I shouldn't go throughwalking again – but I don't think I will listen to them.....

Dawn Hendrick

Why Run?

A beginner's story by Jon Beer

Hi to runners (and bushwalkers!)! Some of you may know that I'm a relatively new convert to this activity (just over 12 months now). This is my story - so far...

Many many years ago I remember a close friend of mine (Robert Loftouse – NOT a bushwalker!) telling me (passionately!) about his running activity. Way back then in the 1980's, and for quite some years later I wasn't that interested really. Nevertheless over the years I did indulge my friend's encouragement, once or twice, but didn't get 'hooked'. Anyway I had by 1988 found my own outdoor/active passion - bushwalking!

Then about 12 months ago Robert told me about the "Your The Run That I Want" running promotion (by NIKE) leading up to a 10k fun run in October. He said that it would be good, as they had short - 4k runs, pacing groups and you got to try on their shoes - real running shoes as part of the whole deal. So I said "ok, I'll give it a go..." or words to that effect, and went to my first training run at New Farm Park on Saturday 4 September 2004. Now some may call it 'fate' or just a lucky break, but part of this promotion was as you finished your run you would get a 'lottery ticket' and later they would sometimes give away a pair of shoes (amongst other prizes). Well guess what? On my very first time I won a pair of shoes! (Maybe this was "meant to be!")

So I went on to do about 5 weeks of very general training doing on average 2 training runs a week – Saturday mornings and Tuesday evenings. I did run only in the 4k at 7 minute kilometre pace group (pretty slow when I think about it now!) and progressed to about 6 minute kilometre pace by the time of the fun run and certainly increased my "running fitness". Then when the day of the fun run came I was determined to run all of the 10k without stopping or walking and did so doing about 67 minutes for the distance, which wasn't bad for a 'beginner' (and considering I'd never run more than 4k during this period).

So "what do I do now? " Well during the training runs there was so much fun being had by many new runners like me that after the promotion was over a couple of people in this now unofficial group decided that they would like to "keep on running" and took the names and email addresses of those interested. We "kept on running" from then (about December 2004) and continue to on a regular basis now.

So how far have I come since then? Well due to learning very early in this the correct way to prepare for a run (warm up/stretch/ "do it"/cool down), I have gotten into quite a 'normal' routine of running 3, 4, 5 or sometimes 6 days a week. I've done several events over this period and fit them into my bushwalking commitments, (bushwalking is my main passion!!!) and am building up for my first half-marathon in October (Toowoomba).

THE BRISBANE BUSHWALKER

Mmmm....so are there negatives? "What about all the injuries Jon?" - well none so far, 'touch wood'!! And "Isn't it really hard?" - well yes, but it 'works for me' so I do it! "But won't you get bored with it Jon?" - hardly, considering how many great people there are how many wonderful 'events' and places there are to go (a bit like bushwalking really!!), and goals to achieve (goals which are all personal and unlimited – at the moment!).

Lastly some out and out positives. Of course I'm a lot fitter now, and yes I've "lost a few kilos", and running has only complemented my main activity (passion!) – bushwalking (and other things too like cycling and swimming). No doubt (possibly?!), my greatest improvement/change has been my confidence and self-esteem. Now that confidence could be just "coincidental", but I'll take it anyway! So why run? I'm not sure really. I just wake up in the mornings (every morning!) - at 5am - and have 'got to do something', so I do, and its great!!! (But all you runners, and there are a few of you in the club know that, even if you are an 'evening runner'!!)

Jon

Bums n' Boots

Back at the start of the year someone suggested doing an 800km cycling trip from Cairns to Karumba, followed by a trek along Kokoda Trail. As we were starting in Cairns and would already be half way to Papua New Guinea, why not combine the two. Many people thought it was a crazy idea, but to a few of us, well ... it seemed like a good idea at the time.

On further investigation we realized that we would have to put in some serious training if we were going to be in any condition to actually enjoy this 'holiday'. A few ideas came in about what we needed to do and when we put them all together, like the sceptics, we also began to doubt our sanity. We persevered, and by the middle of June we were as ready as we could be.

So off we went with our trusty bikes. We made an impression on the first day of the bike ride. Brian forgot his helmet and held up the start of the ride through riding back to the backpackers (obviously riding without a helmet) to find it. As a reward for this wayward behaviour he won the first 'Wally' award of this year's ride, an award given out daily for unusual or errant behaviour.

The cycle is a fund raiser for the kids of North Queensland, it's 800kms long, takes 7 days and is extremely well organised and supported, thanks to the hard work of a large group of volunteers who give up their time each year to help out. There is a catering crew, a mobile bar, escort drivers and a bus as well as the police and ambulance and numerous others to help along the way. The local communities also support the ride through various means, providing lunches, morning teas and accommodation along the way.

The route goes from Cairns to Atherton on the first day. It's 94k and we had to learn how to ride in formation, not something we had done before. It turned out to be surprisingly good to ride in this way and it certainly sorted the riders out by speed and ability.

The taxing first day set the scene for the rest of the ride. The longest day was 150k and we all made that with varying degrees of success. It was a great cause for celebration and although tired, we made good use of the bar that night. Not all of us were able to complete all of the ride but the bits we didn't ride we enjoyed in the bus.

Each night there was entertainment for those who were up to it. On the night of the Red Faces no talent quest, the Bums n' Boots mob won the encouragement award for their rendition of Ghost Riders in the Sky, converted to a bike riders song at short notice.

All too soon the ride came to an end at Karumba. For the Bums n' Boots mob there was relief as well as celebrations and that evening there were big celebrations at the local pub.

In Cairns we repacked for the next leg of our journey, the Kokoda Track. We said goodbye to Zoe

THE BRISBANE BUSHWALKER

and set off for New Guinea, not sure about what was ahead of us.

We started the walk after a six hour wait for our flight to Kokoda, which lasted 25 minutes. That first day we walked for only 1½ hours before setting up camp at Hoi.

It was the next day that we really began to feel the humidity. The walk to Isurava took about 6 hours. But much of that walk was a steep, steep up. We were covered in sweat and had lots of stops, the humidity adding a degree of difficulty that we hadn't anticipated. As well as it being humid, it was overcast and muddy underfoot.

Isurava had a memorial trekkers hut built by the Rotary Club as well as the Battlefield Memorial, which was erected in 2002 by Australia and PNG. The four pillars of the memorial represented endurance, mateship, courage and peace, a stark reminder of why the Kokoda Track is famous.

The next day after 7½ hours we stumbled into Templeton's Crossing. We were impatient for the hot water at this camp site; we needed our cups of tea urgently. It didn't matter that the fire was taking some time to boil the billy because of the wet wood; we wanted it now.

The days got easier as we went on, probably because we were adjusting to the humidity and the hills. The rainforest was beautiful and changed from day to day. We also saw some really lovely flowers and the butterflies were magnificent.

We just got to Kagi when the heavens opened and it rained for hours. Our porters erected a shelter from a big tarp and lit a fire. Most of them came from the village so we didn't see much of them this day. The local people were very friendly and late in the evening some ladies brought us food.

It took us 8 hours to get to Menari but it wasn't hard walking, lots of ups and downs but also surprisingly, a bit of flat. We stayed in a guest house here and had our own table and chairs under the verandah, which was excellent as again it rained heavily. Our hosts were very friendly and sold us bottles of coca cola for 5k each – an exorbitant price which we were happy to pay. We also met a Fuzzy Wuzzy angel here. He wore an Australian Army hat with the insignia on the side. As a teenager, he had been a carrier of guns and ammunition from Menari to Kagi.

The porters were a great support and foresaw our every need. Whenever we needed help on a difficult patch one was always there to help. They helped us across the rivers and creeks, on hills and downs as well as in the slippery mud. While we had to take our boots off to wade across some of the rivers, they carried our packs on their heads and went across, then returned to carry more.

While walking to Va'Ule Creek we saw trenches dug by the Australians and the Japanese. The Australian ones fitted 2-3 people while the Japanese ones would fit one small person in them. We saw a range of other war artefacts along the way including a large rock which had been used as an operating table and a display of war memorabilia at Menari.

The washing and toilet facilities ranged from just okay to non existent. At Va'Ule Creek, I had to put on my boots and take my trekking poles to go to the loo, the path was so muddy and steep, it was hard work going up the hill to 'just a hole'. At another camp there were no facilities at all, while some had two toilets (or holes) and a couple even had a makeshift shower. Admittedly one of these was in the creek.

From Goldie's Crossing it was just up the hill, 450m and one hour to Ower's Corner and the end of the walk. After lots of photo shots, hugs and congratulations we got into our bus and drove away.

From the Bums n' Boots mob:

Elaine Beller; Zoe Knowles (bike ride); Brian & Julie Moore; Ian Marlow; Peter Hunt; Rosemary McConnell.



Committee Reports

PRESIDENT'S REPORT

A typographical omission in my last report needs acknowledgement—Peter's (Hunt) name was inadvertently omitted from a sentence commending our new honorary life members.

At its last meeting, the committee terminated the membership of one of our longer-standing members for anti-social behaviour during a walk in June 2005. As with any such matter, there was a thorough assessment of the facts and the member was given an opportunity to present their perspective of the incident before the decision was made—hence the time lapse.

The following quotation seems to capture the spirit that drives our members to climb mountains when others succumb to the comfort of their armchairs—it seems to typify adventurers who traverse Hinchinbrook Island, trek in Nepal or New Zealand, walk the Kokoda Track, backpack through The Kimberley, tour Vietnam and China by bike, explore Australia's arid regions by camel, cross Europe on foot, participate in Middle East archaeological digs, or just bushwalk around Brisbane—some would say we're a weird mob, but:

"Life's journey is not to arrive at the grave safely in a well preserved body, but rather to skid in sideways, totally worn out, shouting "Hell what a ride!" (author unknown)

Peter

OUTINGS SECRETARY REPORT

The ever-increasing cost of petrol has resulted in the Committee increasing the recommended transport cost cents per kilometre figure to nine, instead of eight. Drivers, please note and adjust your requested amounts accordingly. Remember, BBW is not a registered charity so drivers do not have to subsidise member's travel costs.

Welcome to three new club activity leaders – Steve Astley, Dawn Glancy and Greg Long. Thanks go to all three; you can help them by signing on to their first walks.

By the time of a walk, many Activity Nomination Sheets are almost unreadable due to the number of crossed-out and added names –

and the problem seems to be getting worse. Managing this 'churn' is time-consuming for the leader, and often walks depart with less than maximum number of participants when others could have been on the walk. Members are therefore asked to

Only nominate for a walk when you are certain you want to take part and you are available on the day.

Remember that you nominated for a walk. Write it in your diary or use whatever reminder method you normally use.

Contact the leader immediately you find you are unable to go on a walk you have signed up for – please don't leave this until the night before the walk.

Not be a 'no show' – i.e. failing to turn up for a walk and not advising the leader. This is definitely not appreciated.

Tom

MEMBERSHIP OFFICER REPORT

In the month of August, 24 probationary members joined the club, and four members applied for and were accepted as full members, congratulations to them. We also have 3 new leaders appointed by the committee and I look forward to supporting them when they get their first walks organised.

At present, I have 40 people for the Girraween New Members Base Camp on 23rd to 25th September. This Base Camp promises to be special as I have been told that Girraween is noted for its abundance of wildflowers at this time of the year. Also, the varied bird life and animal life should also be prolific.

Please keep in mind the next New Members Base Camp which is planned for Bunya Mountains National Park on Friday 25th November to Sunday 27th November. This is provisional as the next New Members Officer will be responsible from the end of October. For those of you who like a little home comfort, there are flushing loos and hot showers.

Ray

THE BRISBANE BUSHWALKER

GUEST SPEAKERS

Many thanks to Brian and Julie Moore for their presentation on August 10. Their pictures and commentary of Kakaku, Keep River, Karajini and Kalbari National Parks were outstanding.

We were very fortunate to have Ian Plowman with us on August 24 with his talk on Leadership, so thank him for sharing his research with us in such a fascinating way.

Mary

September 14

St. Johns First Aid Officer - with topics particularly relevant to bushwalkers.

October 12

Dr. Scott Burnett - Platypus.

November 9

John Granat and Betty Healy

Reducing the weight you carry when " through walking ", but still have everything you need.

New Members

During August we welcomed the following new members:

Matt Ambagtsheer
Quentin Crestanelli
Jane Ling
Gunnar Ozkan
Astrid Rung
Karen Villis

Ben Ashton
Colette Doherty
Cheryl McGuinness
Bronwyn Patrick
Judy Smith
Lee Whitby

Aurelie Barbe
Tom Doherty
Jo Nolan
Peter Pendle
Mark Smith
Elaine Wills

Mark Crawford
Rachel Head
Gerry O'Malley
Suneel Prasher
Mark Taylor
Sue Woolf

Full Members

Congratulations to the following people who have been granted full membership since 3rd August:

Lesley Gower

Leanne Passier

Kylie Stapleton

Rosemary Stone

From the Editors Desk

What a "lully" lot of past trip reports in the mag. When I first joined the club I would soak up every word and wonder when I too would be able to achieve some of the feats described (actually, I'm still wondering, some several years later). Dawn's notes on her first through walk sum it all up nicely. "If it doesn't kill 'ya, you'll be addicted for life". Jon's description of his new found 'luv for running speaks of his first passion, bushwalking with a similar reverence. I think most people in the club feel the same way...so it's a real shame to see the list of walks available has dwindled in this issue of the mag. We have quite a few new leaders to help out but with a membership approaching 600 (we post out 570+ mags this month) the need for even more walks is as desperate as ever.

Last issue I included an article on stinging trees, I was informed that the picture (half lost by the printer) was of the wrong species. Lou has added some more info on this particular menace, folk attending the first aid course may be able to shed even more light on remedy's. Articles submitted by members are accepted as they come, everyone should check for themselves all information given in articles.

Jenz

Magazine Collating

Collating for the November magazine is at **Tina Stubb's at Annerley on Thursday 22 October at 7pm**. There is only about 1½-2 hours work required – If you would like to come along for an easy social night and supper please phone **3892 1925** to book.

Notices

NOTICE TO ALL MEMBERS
NOMINATIONS FOR MANAGEMENT COMMITTEE 2006

Nominations are called for all positions on the Management Committee for the next club year. Nominations must be in writing from fully qualified financial members. Nominations must have the consent of the member nominated and the signature of a nominator and a seconder. Nominations close 9:00pm on 12 October 2005 (Open night). Nominations, must be given to the returning officer David Thorpe.

As stated in the club rules, any member may nominate for several positions but can only be elected to one position. No member can be elected to a specific position for more than two consecutive years. All positions are vacant and they are:-

- President
- Vice-President
- Secretary
- Treasurer
- Outing Secretary
- Safety & Training Officer
- Membership Officer
- Social Coordinator
- Equipment Officer
- Photographic Officer
- Librarian

NOTICE TO ALL MEMBERS
ANNUAL GENERAL MEETING

The Annual General Meeting of Brisbane Bushwalkers Club Inc is to be held immediately after the October General Meeting on Wednesday 26 October 2005 at Newmarket Memorial Hall, cnr Enoggera Rd & Ashgrove Ave, Newmarket, where the business of the meeting will be limited to the following:-

- Receiving annual reports and financial statements;
- Receiving the Auditors report;
- Election of members to the Management Committee;
- Appointment of an Auditor; and
- The setting of fees.

Please note: Only fully qualified financial members are eligible to vote at the AGM elections.

THE BRISBANE BUSHWALKER

PHOTOGRAPHIC COMPETITION SPONSORS

The Brisbane Bushwalkers gratefully acknowledges the support of the following organizations for donating the photographic competition prizes.

Please consider patronizing them when purchasing new equipment, visiting Mt Barney or buying maps, guides calendars, and bushwalking books.



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Safety & Training

Stinging Trees

The recent article on stinging trees reminds me of the NQ stinging tree.

The correct botanical name for the northern stinging tree is *Dendrocnide moroides*. It occurs as a shrub or small tree rather than as the massive tree form (max 40 meters) of the SE Queensland Giant Stinging tree (*Dendrocnide excelsa*) which only occurs south of Gympie. The giant trees are certainly visually spectacular; when fallen can rot away within 2 years; are said to be the softest/lightest rainforest timber.

Like the southern version, the NQ stinging tree is widely found in disturbed rainforest areas where light penetrates the canopy e.g. new timber roads, massive tree falls, cliffs and the top break area of cliffs. The leaf shapes and form are superficially very similar. It can be a bushwalking curse.

The sting is rather awful and by verbal account much worse for the northern variety. A good sting can produce a feverish first night and swollen lymph glands. Entering cold water can cause a small reminder sting for at least a month no doubt due to the embedded fine hairs. This effect suggested a remedy for a sleepless night i.e. apply heat to the sting area and this works. Hair removal methods also seem to work although it is hard to be certain. Testing shows that it is fine to eat the purplish globular fruit. No doubt birds do the same and spread seeds far & wide.

The best bushwalking antidote is that of instant, automatic recognition and rigid avoidance. This is wonderfully effective with the help of a few instructional stings. One bare footed bushwalking friend refers to the hard-to-see tiny seedling plants as 'toe biters'.

Lou Darveniza

First Aid Training

ST JOHN FIRST AID

First Aid Course Sat 29 - Sun 30 Oct

LEADER: Peter Lock 3351 1184

EMAIL: peter@lock.id.au

GRADE: S11S&T

LIMIT: 20

BRING: Lunch

COST: \$120

DEPART: 8:30am 225 St Paul's Tce

This two-day first aid course is run by St John's Ambulance, specially for BBW members. We have organised a group booking with a dis-

counted fee, and there will be some extra bush-specific first aid discussion. The course will be extra fun because it is loaded with BBW members! You will get a proper first aid qualification, so you may be able to get your employer to pay for it. If not, ordinary members of BBW may present their receipt and certificate to the treasurer for a reimbursement of half the price. There is only half an hour for lunch, so it's best to bring your own to eat on site. The course will finish around 4:30pm each day. Places are limited to the first 20 people who pay the fee.

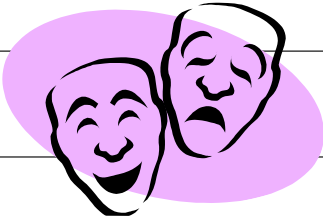
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**St John Ambulance - First in First Aid
225 St Paul's Terrace Fortitude Valley
Ph: 3253 0500**

Not valid with any other kit discount offer ref: **BBW 05**





Out & About



DINNER AND MOVIE NIGHT

WHEN: 6.30pm Tuesday 04 Oct
WHERE: Thai Pochana,
189 Oxford St, Bulimba
CONTACT: Peter Hunt 3351 3642

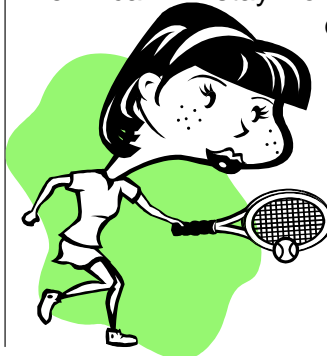
It is time to venture overseas again. The Thai Pochana is one of the best Thai restaurants in Brisbane and it is conveniently situated a few minutes from the Balmoral Cinema. There is a wide range of authentic Thai meals from which to choose which is difficult. They all sound so delicious. Hope to see you there.

Movies screening at the time will be discussed over dinner.
Peter

TENNIS DAY

When: 10am-3pm Sunday 2nd October
Where: Whaminda Tennis Courts,
Samford Rd (just past Woolshed)
Contact: Janine Hope 33977706 0417707663

We have 2 courts booked from 10-1pm. After this we can stay for a BBQ (byo food and drinks) and there are short walks at the Lomandra picnic area just across the road. Cost will be about \$5 to play tennis - may be less depending on how many come!



Janine

XMAS PARTY

When:

WEEKEND OF 9TH-11TH DECEMBER 05

Where:

CEDAR CREEK LODGES. THUNDERBIRD PARK, TAMBOURINE MOUNTAIN

Contact:

JANINE HOPE: 3397 7706 OR 0417 707 663

The BBW Xmas party is booked again and will be another great party!

This time the theme is a "Surfin' Safari" – so come in your boardies, Hawaiian gear or anything beachy and be prepared for the beach music of the 60's and 70's!

Cedar Creek Lodges is on the Tambourine mountain road – turn left at Tambourine Village and continue for 7km.

Accommodation is in bunk houses – 8 people per room.

Bring your own sleeping bag and pillow.

We will have a central recreation room for our own use and this has kitchen facilities including crockery and cutlery. There is an outdoor BBQ too.

Local activities include walking, swimming in Cedar Creek Falls, horse riding, volley ball and tennis (half court).

Cost is \$75 per person, which includes accommodation from Friday night to Sunday and a 3 course meal on Saturday night.

Other meals are self catering in the recreation room.

Bookings are essential, full payment is required by **26th October** to secure a place!

Janine

For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.

If you have recently changed your address or phone number (home or work)
please advise one of the following so that the club records can be kept up to date:
Ken Shea (3371 3623) or Tom Cowlshaw (3856 4050)

If unclaimed, please return to:
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