

The
BRISBANE BUSHWALKER
March 2016



BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001

[www.bbwwalkers.org.au](http://www bbw.org.au)

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The next committee meeting, to be held at 7.00pm on **Wednesday 2nd March**, is at Tom Cowlshaw's at 47 Samford Road, Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: Pre-trip descriptions are submitted via the Walks page on the web site. Articles from members, especially post-trip reports, are welcome. Lengthy articles may be edited to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

Deadline for the April magazine is the Meeting on Wednesday 9th March.

MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum
Couples \$60 per annum

Annual membership falls due 31st January.

Probationary Members:

Singles \$25 per 6month
Couples \$40 per 6 month



COVER PHOTOGRAPH

'Lake Manchester from the knoll'
Photo: Bernie Ryan

EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat	\$2.00
Self inflating mat	\$5.00
Stove	\$5.00
Tent or Pack	\$10.00



Members can hire up to 4 items at one time for a maximum charge of \$10 per person.

All equipment may be booked for hire by emailing the Equipment Officer.
Pre-booking will ensure availability.

PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only.

LIBRARY

Free loan to members:-

Books, Magazines, DVDs, CDs

Free loan to leaders:-

Maps and Rasters

Duration of loan:- 2 weeks for Maps, 4 weeks for all other items. If unable to return items on time please put them in the mail.

For Sale:-

Snake bandages: \$10.00
Car stickers and badges: 3.00
Club T shirts, jackets, vests

FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members). The Club will refund 70% of the cost upon completion.

Club Officials

President	Marge Henry	3856 5757
Vice President	Graham Olive	0455 539 999
Secretary	Tania Withington	
Treasurer	Tom Cowlshaw	0427 226 006
Outings	David Sydes	0419 871 100
	email: outings@bbw.org.au	
Safety & Training	Chris Hall	0498 051 811
New Members	Bernie Ryan	0432 907 275
	email: membership@bbw.org.au	
Librarian	Burgi Wagner	3325 0629
Equipment	Jenny Howell & Elena Williams	
	email: equipment@bbw.org.au	
Photographic	Lucy Guzman	

Social	Kurt Wagner	3325 0629
Abseil Coordinator	Ross Ernst	
Members Registrar	Anna Bransden	
	email: registrar@bbw.org.au	
Website Admin	Shaun Johnston	
	email: webadmin@bbw.org.au	
Editors	Eugene Hedemann	3359 3114
	Jenny Zohn	0407 630 362
	email: editor@bbw.org.au	

Contact Officers
0431 691 773 or 0423 095 580 or 0434 194 996
These are VOICE ONLY numbers (ie. no SMS)

ABBREVIATIONS & GRADING

DISTANCE Short — Under 10 km per day
Medium — 10 to 15 km per day
Long — 15 to 20 km per day
EXtra Long — Over 20 km per day

ACTIVITY **AB**Seil; **B**ase **C**amp; **D**ay **W**alk; **T**hrough **W**alk; **E**asy **T**hrough **W**alk; **N**ight **W**alk; **S**O**C**ial Activity; **K**a**Y**a**K**;
CYCle; **S**afety & **T**raining; **F**ederation **M**ountain **R**escue; **R**O**G**aine.

FAMILY Family — Family Group conditions; contact Leader

Note for Leaders when grading a walk: *The brief descriptions below are to help members match their ability to an activity. To grade your walk consult the Standard List of Graded Walks.*

TERRAIN GRADING - 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

FITNESS & ENDURANCE GRADING - A to E (Note: Walking times do not include breaks.)

- A** Basic - Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- B** Easy - About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate - About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High - High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging - Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.



INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or from the BBW website).

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

CAMPING FEES: National Park or State Forest camping fees are \$5.75 per person per night. (The leader will provide details.) Many NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleece jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

PROGRAM

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

February

22	SNW-2A	Toohey Forest Monday night walk	Graham Olive
23	TRNG	Mt Gravatt - Pack Training	Chris Hall
23-25	MTW -6D	Basket Swamp Ck/Cataract River .	Lou & Marion Darveniza
24	Meeting	Bring & Buy	
25	TRNG	Thursday Kangaroo Point - Core Training	Pete Watson
25	TRNG-3B	Mt Coot-tha Thursday night walk	Graham Olive
25	TRNG-2A	Chermside Hills Reserve	Jenny Zohn
27	MDW-3A	Mt Byron, Mt Mee	Jim Jeavons
27	MDW-4B	Glasshouse Mtns: South	Tom Vaughan
27	SDW-4A	Lower Portals	Marge Henry
27	KYK	Coochin Creek to Caloundra Kayak	Greg Long
27	MDW-3B	Mt Coot-tha from The Gap	Christine & Tony Everett
27	XDW -3C	Shipstern Circuit	Anna-Lena Moore
27-28	S&T	First Aid Training Base Camp - Mt Glorious Barracks	Chris Hall
27-28	MTW-6D	Black Canyon via Lost World/Worendo Saddle	Ray Glancy
27-28	MTW 3A	Paddy's Knob	John Shera/Julie Shera
28	MDW-3B	Wishing Tree- West Cliff	Mary Comer
28	SDW-7C	Muscat & Bailey	Lou & Marion Darveniza
29	SNW-2A	Toohey Forest Monday night walk	Graham Olive

March

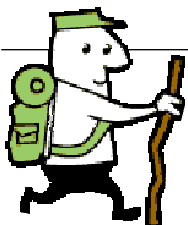
1	TRNG	Mt Gravatt - Pack Training	Chris Hall
1	TRNG-3A	Bunyaville Conservation Park	Richard Duczmal
2	SDW-6C	Scott's Creek	Lou & Marion Darveniza
3	TRNG-3B	Mt Coot-tha Thursday night walk	Graham Olive
3	TRNG-2A	Chermside Hills Reserve	Jenny Zohn
4	Social	Little Thai Cafe & Restaurant Curry Night	Karen and Bernie Ryan
5	SDW - 4B	Richmond River - Source	Jim Lydon, Marion Archbald
5	MDW-5C	Northbrook Mountain and Gorge Circuit	Lynsey Moore
5	MDW-7C	Coomera Gorge	Andrew Stephan
5	SDW-6C	Enoggera Gorge	Lou & Marion Darveniza
5	MDW-3B	Mt Gravatt Outlook / Toohey Forest	Graham Olive
5	MiniMax3A	Bunyaville Conservation Park	Julie Moore
6	LDW-3B	Coomera Circuit	Barry Culley
7	SNW-2A	Toohey Forest Monday night walk	Graham Olive
8	TRNG	Mt Gravatt - Pack Training	Chris Hall
8	TRNG-3A	Bunyaville Conservation Park	Richard Duczmal
9	Meeting	Rafting the Colorado River. - Naren Gajjar	
10	TRNG-3B	Mt Coot-tha Thursday night walk	Graham Olive
11-13	SBC-3A	NEW MEMBERS BASE CAMP - Mt Glorious	David Sydes
12	MDW-8E	Savages & Logan's	David Haliczzer
12	SDW-3B	Mt Mitchell	Jim Jeavons
12-13	MTW-6C	Basket Swamp Ck/Cataract River	Lou & Marion Darveniza
12-13	MTW-4C	Rat-a-Tat Campsite	Ray Glancy
12-13	ABS-8B	Kangaroo Point Nursery Cliffs	Ross Ernst
13	XDW-3C	West Canungra & Toolona Creek Circuit SURVEY	Bernie Ryan
13	MDW-6C	Summer Creek	Andrew Fleming
13	LDW-3B	Illinbah Circuit Binna Burra	Barry Culley
13	MDW3B	Stage 2 Sunshine Coast Great Walk	Anna Bransden
13	LDW-4C	Stairway Falls & Box Forest	Mary Comer
14	SNW-2A	Toohey Forest Monday night walk	Graham Olive
15	TRNG	Mt Gravatt - Pack Training	Chris Hall
15	TRNG-3A	Bunyaville Conservation Park	Richard Duczmal



17	TRNG-3B	Mt Coot-tha Thursday night walk	Graham Olive
19	MINIMAXS-5B	Brisbane Forest Park	Tim Easton
19	MDW-6D	Around Mt Bangalora	Lou & Marion Darveniza
19	MDW 3B	Mt Cordeaux & Bare Rock	Jim Jeavons
19	LDW-6D	Running Creek Falls via Neglected Mountain & Stretcher Track	Ray Glancy
20	MDW - 4C	Lockyer NP - North Ridge	Jim Lydon, Chris Hall
20	SDW-7C	Mt Beerwah Equinox Climb by Twilight	Frank Evans
20	MDW-7C	Mt Mitchell Circuit	Andrew Stephan
22	TRNG	Mt Gravatt - Pack Training	Chris Hall
22	TRNG-3A	Bunyaville Conservation Park	Richard Duczmal
23	Meeting	Chandler River paddle - Peter Lock, David Rae	
24	TRNG-3B	Mt Coot-tha Thursday night walk	Graham Olive
25-28	XBC-3C	Cania Gorge EASTER Base Camp	Karen & Bernie Ryan
25-28	MTW-7D	Sundown Circuit	Lou & Marion Darveniza
25-28	MTW-7D	Sundown Circuit	Jarrah Gard
25-28	MTW-5C	Oxley Wild Rivers NP	Jenny Zohn
25-28	MTW-6D	Spicer's Gap to Teviot Gap	Tim Easton
25-28	MBC-3B	Moreton Island Basecamp 4 day Easter Weekend	Michele Cottrell
29	TRNG-3A	Bunyaville Conservation Park	Richard Duczmal
31	TRNG-3A	Bunyaville Conservation Park	Richard Duczmal
31	TRNG-3B	Mt Coot-tha Thursday night walk	Graham Olive

April

1	SOCIAL	Turkish dinner night at the Sultans	Karen and Bernie Ryan
2	SDW-3C	Mt Matheson Trail	Jim Jeavons
2	MDW-5C	Mt Superbus / Lincoln Bomber Wreck	David Sydes
2	SDW - 3A	May/Maroon - Paddys Plain	Jim Lydon, Mary Comer
2	MDW-5C	Lizard Point	Lynsey Moore
3	KYK	Mary River Kayak Survey	Peter Hunt
3	FDW-1A	Brisbane Bayside Steam Train	Ray Glancy
3	MDW-6D	Mt Barney - (West Peak) via South Ridge	Arthur Walton
3	MDW-6C	Mt Maroon Caves Route	Frank Evans
3-8	XBC-4C	Carnarvon Gorge	Sandra Winzar
9-10	MTW 5C	Lizard South	Julie Shera/John shera
10	SURVEY	Flinders Peak via South Ridge (an alternate way)	Bernie Ryan
10	MDW-8D	Logans Ridge, Mt Barney	Arthur Walton
10	MDW-5C	The Steamers	Andrew Stephan
13	Meeting	Trekking the Cordillera Huayhuash (Peru) - Eugene Hedemann	
14-17	MBC-4C	Clarence River Wilderness Lodge	Daniel Cirskey
15-17	MBC-5D,6D	Mt Glorious - Bootcamp	David Sydes
17	SDW - 4B	Border Ranges NP - Gradys Ck - Source	Jim Lydon
17	SDW-5C	Mt Greville	Peter Hunt
17	MDW-8D	Mt Barney up Logan's Ridge and return via Rocky Creek	Frank Evans
22-25	LDW3C	Springbrook NP	Jenny Zohn
23-26	MTW-4C	Moreton Island South and Koorungal	Greg Kuss
23-27	MTW 5B	Girraween NP	Jim Jeavons
24	SURVEY	Beyond the Sandy Creek Trail SURVEY	Bernie Ryan
24	LDW-3C	Ship's Stern Circuit - Lamington	Barry Culley
27	Meeting		
29-2	MTW-6D	Teviot Gap to Spicers Gap and reverse	David Sydes/Lynley Murtagh
30	LDW - 4C	Lockyer NP - East Ridge	Jim Lydon
30-1	MTW-3B	Echo Point	Mary Comer



.....Coming Trips.....

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 22 Feb
LEADER: Graham Olive 0455 539 999
GRADE: SNW-2A
LIMIT: 10+
BRING: Page 3 items Torch, water.
MEET: Car park behind McDONALDS Salisbury. Cnr Toohey Rd, Orange Grove Rd & Evans Rd

DEPART: 6:30pm
MAP: BCC Toohey Forest track map
Toohey Forest is located just 10km south of Brisbane's CBD. There are extensive walking tracks through open eucalypt forest and heath. We start this two hour night walk from the car park behind the McDonalds restaurant in Salisbury. This walk will be on both sealed and dirt tracks with some short hills. There are lots of tracks, and if we're lucky we might see a Twany Frogmouth. Will finish with a coffee.

MT GRAVATT - PACK TRAINING

Training Tue 23 Feb
LEADER: Chris Hall 0498 051 811
GRADE: TRNG
BRING: Head torches, exercise gear, pack, joggers/boots
MEET: Mt Gravatt Lookout (yes at the top) via Mt Gravatt Outlook Drive - off Logan Rd
DEPART: 5:30pm (arrive early)
MAP: Google Maps - type Mt Gravatt Lookout
SPECIAL NOTE:: There are now toilets at the lookout

This session is for fit walkers looking to improve their pack carrying fitness. Primary aim is a fitness session for walking, so bring a weighted back pack (start at about 5 kilos). We do mostly track walking with some bridging, lunges, stretching etc.

BASKET SWAMP CK/CATARACT RIVER .

TW Tue 23 -- Thu 25 Feb
LEADER: Lou & Marion Darveniza33784031
GRADE: MTW -6D
LIMIT: 6
BRING: Through walking gear
COST: \$50
MEET: TBA
DEPART: Monday 22 Feb after lunch TBA
CAR KMS: 600km approx
MAP: Boonoo Boonoo 1:25000
MOBILE ON DAY OF WALK: 0438 481 186

Basket Swamp Ck and Cataract R are both stunning waterways in granite country - lots of waterfalls, cascades, pools and great rock to travel over and climb up and down. Monday night we will camp at the Basket Swamp Campground and Tuesday morning leave a car close to the source of Wellington Ck before returning to Basket Swamp Ck and setting off. On Tuesday night we will camp in Cataract R about an hour up from the junction with Basket Swamp Ck on a sandy beach below a waterfall. To get to this spot, feet will almost certainly get wet. On Wednesday morning we will venture upstream to the massive slabby slopes/cascades/waterfall formation before returning to pick up packs and head off to camp at the junction of Basket Swamp Ck and Wellington Ck. On Thursday we will go up Wellington Creek to a waiting car then go up Wellington rock. Good scrambling skills are needed.

THURSDAY KANGAROO POINT - CORE TRAINING

Training Thu 25 Feb
LEADER: Pete Watson 0400 706 493
GRADE: TRNG
BRING: joggers,towel,skipping rope
COST: Nil
MEET: Adjacent to 'Cliffs' Cafe, S end of clifftops

DEPART: 6pm
This is an interval training session with a variety of exercises for those wishing to improve their general fitness. Core and strength fitness is essential for us to be comfortable in carrying packs and negotiating some of our tougher walks enjoyably.

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 25 Feb
LEADER: Graham Olive 0455 539 999
GRADE: TRNG-3B
LIMIT: 20+
BRING: Torch, water, raincoat, fleece jacket, First-aid kit.
MEET: angle carpark west of Kuta Cafe Mt Coot-tha
DEPART: 6:30pm
MAP: BCC Mt Coot-tha track map
MUST: Read trip description

The Mt Coot-tha Thursday night walks are exercise walks to assist people with improving their bushwalking fitness and to learn techniques for night-time walking. The walks will commence at 6.30pm from the angle parking car park on the approach to the lookout on Mt Coot-tha. The walks will be approximately 2 hours in duration, on

fire trails and marked tracks, with obstacles such as rock or root intrusions, fallen debris, and some, usually dry, creek crossings on some of the tracks. The walks will also involve the descent and ascent of the mountain at a reasonable walking pace with up to 520 metres gained and lost over the length of the walk. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate level of fitness suitable for hill walking. Participants will need the appropriate hiking footwear, Torch, water, raincoat, fleece jacket, First-aid kit. Walking poles are useful. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time to register their name for the walk commencement at 6.30 sharp. For further information please contact the walk leaders. By the way, these walks don't count toward full membership.

CHERMSIDE HILLS RESERVE

Training Thu 25 Feb
LEADER: Jenny Zohn 0407 630 362
GRADE: TRNG-2A
LIMIT: 12
BRING: Bring page 3 items and torch, water is available at start (end) and Bushland Centre
MEET: Opposite 421 Trouts Road, Chermside West
DEPART: 6.30 pm. earlier if everyone there
A training walk through Chermside Hills reserve, up Spider Hill and around the various formed and rough paths for approx 1.5 hrs / 8kms of walking. This walk does not count towards full membership

MT BYRON, MT MEE

Day Walk Sat 27 Feb
LEADER: Jim Jeavons 0404 454 263
This activity is full.

GLASSHOUSE MTNS: SOUTH

Day Walk Sat 27 Feb
LEADER: Tom Vaughan 0407 283 106
GRADE: MDW-4B
LIMIT: 15
BRING: DW gear as per P3, 3 ltrs water.
COST: \$15
MEET: Aspley Hypermarket. Park and Ride Section
DEPART: 0700
CAR KMS: ~90km each way
Most of this walk is on graded track. We will start with a short walk up to the Wild Horse Lookout before driving to Matthew Flinders Park and walk towards Mt Tibrogargan track. At Marshes Rd car park we will head to 4wd track that will lead us to

a steep (in part) trail up the ridge to Mt Tibberoo-woccum for smoko. This section is where we will go off track for about an hour. For those who are interested, there is an optional rock scramble to the very top of Tibberoo-woccum for some fantastic views. This section would be a 5+C ranking. Down the ridge on a different path back to Trachyte track. Walking poles recommended for the descent. We will have lunch along the Trachyte track then back to Matthew Flinders park to take cars onto Mt Ngungun for fabulous 360 degree views. This track climbs steadily uphill (2.8km return). Total walk is approx 12kms of varied attractive vegetation and great views. Will end the day with refreshments at The Lookout Cafe

LOWER PORTALS

Day Walk / Swim Sat 27 Feb
LEADER: Marge Henry 0413 337 530
GRADE: SDW-4A
LIMIT: 12
BRING: Page 3 gear,
COST: \$25
MEET: Fairfield Gardens
DEPART: 7.00am
CAR KMS: 250
MAP: Mt Barney
This walk is just an excuse/bludge to have a swim in the bush. I don't plan to walk fast - will take just around 80 minutes from the carpark going up and down 5 gullies on a sometimes rough track. The only tricky part is just near the end when you need to be able to hoist yourself up through a rock crevice/shute. The Lower Portals is a wonderful swimming hole and we'll spend as long as we like there before heading back. If any of us feel a bit more adventurous, we may climb the hill at the end of the walk for views..and then come back for another swim.

COOCHIN CREEK TO CALOUNDRA KAYAK

Kyk Sat 27 Feb
LEADER: Greg Long 0478016353
GRADE: KYK
LIMIT: 10
BRING: Page 3, Kayak, Paddle, PFD
MEET: Coochin Crk Day use area
DEPART: 7:30am for 8:00 am departure
CAR KMS: 100km
I may change the trip based on weather conditions on the day. Please review the website for final arrangements. Coochin Creek to Caloundra -- Please note this is approximately a 30km paddle so a reasonable level of fitness is required. We paddle along Coochin Creek, turn left onto the Pumistone Passage at a very narrow place and paddle beside Bribie Island. This is all in protected waters with the only influence being from winds if

they occur. The pace will be moderate without rushing. Please waterproof your lunch, morning tea and all other items in your kayak. The location is in the Glass House Mountains area. The new over pass exit is now open. Please wait at the camping area until everyone has arrived so that we can move along the road to the boat launching area. Estuary and sea kayaks are suitable and can be hired from Rosco Canoes, Goodtime, Acacia Canoes and others that are on the internet. Racks and tie downs can usually be hired with the kayak. Be sure to get a PFD and paddle with the kayak. Experienced kayakers are welcome to use their TK1 kayak if they desire. If you can carry two kayaks on your car please record this in the comments area to allow for car pooling, from Brisbane, opportunities to be considered. Participants must be competent swimmers. Please note: This is timed to catch the tide in both directions, plus we have an 8am start, between these 2 facts we will make it to the Caloundra Power Boat club for lunch! This will still be a 30km trip on paper, so kayak choice will be important - not short and stubby, think long and streamlined, This plus the tide should add ~2km an hour to our avg speed and make this day achievable. If you are unsure of your fitness look at hiring a double Kayak for this trip; in one of these reasonable general fitness should be enough. Please contact me if you have any questions

MT COOT-THA FROM THE GAP

Day Walk Sat 27 Feb
LEADER: Christine & Tony Everett 3300 2947
walk day 0416 066 508
GRADE: MDW-3B
LIMIT: 12
BRING: "always take" Page 3
MEET: Bernarra Street, The Gap
DEPART: 6.30am

We will meet on the council block of land on Bernarra Street (located between Kirri and Bellerose Sts). This walk does involve some longer uphill and downhill sections so if you are a new member with a reasonable level of fitness, or you have done a few walks and would like to assess yourself on a different terrain, then this walk could be just the one for you. Some of the track has recently been graded and re-routed so there are not as many exposed roots, rocks and steps now (but depending on time and how everyone is feeling there is an original track we can walk on the way back). We will take a not so well graded track from the falls to the picnic ground though. Leaving The Gap we will follow various walking tracks up Mt Coot-tha, eventually joining the Powerful Owl Trail. We'll take a turn off onto another track down to Simpson Falls picnic area for morning tea be-

fore heading back up Mt Coot-tha to The Gap. It should take about 4 1/2 to 5 hours so you will be home in time for lunch. When you nominate online please remember to enter your email address and phone number.

SHIPSTERN CIRCUIT

Day Walk Sat 27 Feb
LEADER: Anna-Lena Moore 0423 779 266
GRADE: XDW -3C
LIMIT: 12
BRING: see ALWAYS BRING P3 in magazine + 2l water min.
MEET: Fairfield Gardens
DEPART: 6:00am
CAR KMS: Approx 210 km
Shipstern Circuit is in the Binna Burra section of Lamington National Park. This is quite a long track walk (approx. 21km) requiring a reasonable fitness level. We start from the escarpment below the Binna Burra complex, dropping down through rainforest to Nixon Creek and the Lower Ballanjui Falls where we will have Morning Tea. For a short time the track then follows the creek downstream before crossing & rising gradually through changing vegetation (rainforest & wet eucalyptus forest). We plan to make a side-trip to Charraboomba Rock, before eventually arriving at the aptly named Shipstern, our lunch spot. After lunch we will amble along the top of a ridge with great views down into the Numimbah Valley and south to Mt. Warning; eventually joining the Dave's Ck Circuit & the Border Track back to Binna Burra. And we will wind up with the regulation coffee at either at Binna Burra or Canungra. Please note the early start.

FIRST AID TRAINING BASE CAMP - MT GLORIOUS BARRACKS

Training Sat 27 -- Sun 28 Feb
LEADER: Chris Hall 0498 051 811
GRADE: S&T
LIMIT: 20
BRING: Day walking gear, food.
COST: \$250 with 70% refund by the club upon completion
MEET: We will meet at the Barracks on Friday evening.

CAR KMS: 42 Klm one way
For those experienced leaders and members in the club who want to learn expanded first aid techniques. Training will be held at the Mt Glorious Barracks starting at 8 am on Saturday. This training will provide you with skills to provide first aid in remote situations. You will learn more than basic first aid and be able to improvise in isolated situations using what resources you have. Logistics: Travel via either Mt Nebo or Samford to Mt

Glorious Village and on to Maiala Pk. On the left is a Pine Rivers map so keep driving 700metres and just past the Western Windows Lookout on the left is the gate with a BBW sign. The gate is to be kept closed at all times except when driving through it. (Needs a good push to open). Down the road and through the rainforest about 200 metres and out into the clearing. You are there! Facilities include hot shower, septic toilet, electric kitchen with M/W and fridge. Only a small number of beds are available in the barracks so bring your tent.

BLACK CANYON VIA LOST WORLD/ WORENDO SADDLE

Through Walk Sat 27 -- Sun 28 Feb
LEADER: Ray Glancy 0419 719 480
This activity is full.

PADDY'S KNOB

T/W Sat 27 -- Sun 28 Feb
LEADER: John Shera/Julie Shera 0403 308 407
GRADE: MTW 3A
LIMIT: 8
BRING: T/W gear
COST: camping fees and petrol
MEET: Aratula BP
DEPART: 10am
CAR KMS: 400k return
MAP: 1:25 Wilsons peak

Paddys Knob is an easy to Medium T/w suitable for new Through walkers or any experienced walker wanting an easier weekend. The walk is accessed via a very scenic drive though Tanny-Morel and Mt Colliery. Views on the walk are spectacular and campsite has permanent water about 10-15mins walk away with a view over the Condamine gorge. The walk is a combination of rainforest tracks and wide open fields with views. Walking time about 1 hour 30 or slightly longer.

WISHING TREE- WEST CLIFF

Day Walk Sun 28 Feb
LEADER: Mary Comer 0427 446 000
This activity is full.

MUSCAT & BAILEY

Day Walk Sun 28 Feb
LEADER: Lou & Marion Darveniza 33784031
This activity is full.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 29 Feb
LEADER: Graham Olive 0455 539 999
See activity description for Mon 22 Feb

MT GRAVATT - PACK TRAINING

Training Tue 1 Mar

LEADER: Chris Hall 0498 051 811
See activity description for Tue 23 Feb

BUNYAVILLE CONSERVATION PARK

Training Tue 1 Mar
LEADER: Richard Duczmal 0400 744 896
GRADE: TRNG-3A
LIMIT: 12
BRING: Page 3 items and torch, water is available in park.
MEET: At entrance car park on West side of Old Northern Road and 350 m North of Collins Road in Albany Creek.

DEPART: 6:30pm
Bunyaville Conservation Park is lightly wooded with multiple intertwined dirt roads, fire trails and tracks. Birds, koalas and possums including many of the glider possum species are known to frequent the area. Wallabies and even occasional kangaroos may also be seen along with a variety of snakes and lizards. Among the many tree species present are spotted gum, grey ironbark, narrow-leaved ironbark, white mahogany, tallow-wood, forest red gum, grey gum and brush box. The 10 km long walk will last for two hours. Water and toilets are available near one of the car parks inside the park.

SCOTT'S CREEK

Day Walk Wed 2 Mar
LEADER: Lou & Marion Darveniza 33784031
This activity is full.

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 3 Mar
LEADER: Graham Olive 0455 539 999
See activity description for Thu 25 Feb

CHERMSIDE HILLS RESERVE

Training Thu 3 Mar
LEADER: Jenny Zohn 0407 630 362
See activity description for Thu 25 Feb

RICHMOND RIVER - SOURCE

Daywalk Sat 5 Mar
LEADER: Jim Lydon, Marion Archbald
This activity is full.

NORTHBROOK MOUNTAIN AND GORGE CIRCUIT

Day Walk Sat 5 Mar
LEADER: Lynsey Moore 0409 725 843
This activity is full.

COOMERA GORGE

Day Walk Sat 5 Mar
LEADER: Andrew Stephan 0447 808 552
GRADE: MDW-7C

LIMIT: 10
BRING: Day Walking gear
MEET: Binna Burra
DEPART: 7.30am
CAR KMS: 210km
MAP: Beechmont 1:25 000

Starting from Binna Burra, the Coomera Circuit track is followed for about an hour, then we drop down to the river through a number of cliff breaks. Confidence and skill in downclimbing using rocks, roots, grass or trees is essential. The meandery route is exposed in places, crossing under and over waterfalls, so people have to be very comfortable with exposure. Once at the Coomera river we will rockhop and or wade up past more waterfalls to the base of the Coomera Falls where there is a marvellous pool - it might be COLD! The return is the same way.

ENOGERA GORGE

Day Walk Sat 5 Mar
LEADER: Lou & Marion Darveniza33784031
This activity is full.

MT GRAVATT OUTLOOK / TOOHEY FOREST

Day Walk Sat 5 Mar
LEADER: Graham Olive 0455 539 999
GRADE: MDW-3B
LIMIT: 15
BRING: Page 3 items
MEET: Car park next to McDONALDS Salisbury. Beside the cliff face.
DEPART: 7:00am
MAP: BCC Toohey Forest track map

Toohey Forest is located just 10km south of Brisbane's CBD. There are extensive walking tracks through open eucalypt forest and heath. We start this walk from the car park beside the Mcdonalds restaurant in Salisbury, and make our way to Mt Gravatt Outlook for morning tea. This outlook provides spectacular views of Brisbane and surrounding suburbs. From there we will make our way back through Toohey Forest to Pegg's Lookout. The view from Pegg's Lookout extends from Cunningham's Gap in the west, past Flinders Peak, to Mt Barney in the south. From there it is just a 10 minute walk back to the cars. This walk will be on both sealed and dirt tracks. I expect to be at the cars by 12:00 o'clock. Lunch will be at McDonalds, but feel free to either bring your own food or go home early.

BUNYAVILLE CONSERVATION PARK

MiniMax Sat 5 Mar
LEADER: Julie Moore 0402 722 871
GRADE: MiniMax3A
LIMIT: 12
BRING: Morning tea, lunch optional. As per

page 3
MEET: Picnic Area Bunyaville Forest UBD
118 K9

DEPART: 7am

This is an introductory walk in my local park; eucalypt forest with walking tracks of different grades. There are a few steep hills and a creek to briefly explore. There will be nothing difficult. Being a MINIMAX we will discuss safety, clothing, club protocol, minimal environmental impact, first aid, gradings etc. Bring morning tea and the "always take" items on page 3 of the magazine. After the walk we will have time in the picnic area for a "cuppa" and biscuit or early lunch along with discussion time. I will bring a small stove & billy and tea & coffee supplies.

COOMERA CIRCUIT

Day Walk Sun 6 Mar
LEADER: Barry Culley 0415 320 029
GRADE: LDW-3B
LIMIT: 12
BRING: Usual day walk gear
COST: \$20
MEET: Fairfield Gardens
DEPART: 7am
MAP: Lamington NP

Starting in the car park at Binna Burra in Lamington NP this 17.4km graded track is mainly in rainforest. We have excellent views to the Coomera Falls and then follow the creek upstream, with several creek crossings, to near the escarpment. Our return is on the Border Track. This is a very beautiful walk with wonderful trees, cascades, mosses and ferns. It is a suitable walk for new members to the club.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 7 Mar
LEADER: Graham Olive 0455 539 999
See activity description for Mon 22 Feb

MT GRAVATT - PACK TRAINING

Training Tue 8 Mar
LEADER: Chris Hall 0498 051 811
See activity description for Tue 23 Feb

BUNYAVILLE CONSERVATION PARK

Training Tue 8 Mar
LEADER: Richard Duczmal 0400 744 896
See activity description for Tue 1 March

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 10 Mar
LEADER: Graham Olive 0455 539 999
See activity description for Thu 25 Feb

NEW MEMBERS BASE CAMP - MT GLORIOUS

New Members Base Camp Fri 11 -- Sun 13 Mar
LEADER: David Sydes 0419 871 100
GRADE: SBC-3A / SBC-4B
LIMIT: 25
BRING: Base camp gear, tent, sleeping bag
etc. PLUS 'Must take Page 3'

COST: \$5 per person per night camp fee
MEET: Friday 4pm onwards
CAR KMS: 50km

MAP: D'Aguilar National Park

We will be staying at the Barracks at Mt Glorious - a National Parks facility which the club is able to use one weekend each month. The venue has a large grassed area, covered spaces for outdoor meals etc. plus a fully equipped kitchen (fridge, stove, microwave, crockery, cutlery, glasses etc.), shower and toilet. There will be a choice of walks on both Saturday and Sunday - probably a track walk (3A) and also an introductory off-track walk - Northbrook Gorge or the Piper Comanche wreck (4B). On Saturday afternoon and Sunday morning, we will also be covering the MiniMaxS course content for new members - equipment, first aid, bushwalking ethics, safety and training etc. This weekend is a great opportunity for new members to meet each other, as well as a few more experienced members, to learn about bushwalking and the club in a relaxed social setting. You'll need to bring base camping gear (tent, sleeping mat and bag etc), your food for the weekend, plus nibbles to share for one night. Directions on how to find the Barracks will be emailed to you a few days before the weekend.

SAVAGES & LOGAN'S

Day Walk Sat 12 Mar
LEADER: David Haliczzer 0432 901 030
GRADE: MDW-8E
LIMIT: 6
COST: \$25
MEET: Yellow Pinch
DEPART: 6am

MAP: Mt Lindsay 1:25000

Up Savages to summit West Peak for morning tea, East Peak by lunch and back to cars by 4pm. Email me dhaliczer@gmail.com if interested but you need to be used to 8's e.g. Logan's Ridge in the last year or two. Will cancel if rain forecast or temperatures predicted above 35 degrees.

MT MITCHELL

Day walk Sat 12 Mar
LEADER: Jim Jeavons 0404 454 263
GRADE: SDW-3B
LIMIT: 12
BRING: Normal day gear
COST: \$20
MEET: Fairfield Gardens

DEPART: 7am
CAR KMS: 200kms
MAP: Cunninghams Gap 9341-11 1-25000
Mt Mitchell is the mountain on the left of Cunninghams Gap. Great starter walk for beginners and for walkers that like to take it easy. Our walk begins at the carpark and we make our way through rainforest and open forest to the West Peak, which affords great views over the valley towards Brisbane. This is an easy up hill most of the way and a distance of approx 5kms. We return back the way we came to the carpark. Total distance around 10 kms We will stop at Aratula on the way back for a coffee.

BASKET SWAMP CK/CATARACT RIVER

TW Sat 12 -- Sun 13 Mar
LEADER: Lou & Marion Darveniza 33784031
This activity is full.

RAT-A-TAT CAMPSITE

Through Walk Sat 12 -- Sun 13 Mar
LEADER: Ray Glancy 0419 719 480
This activity is full.

KANGAROO POINT NURSERY CLIFFS

Beginners Abseil Training Sat 12 -- Sun 13 Mar
LEADER: Ross Ernst 0414 450 955
This activity is full.

WEST CANUNGRA & TOOLONA CREEK CIRCUIT SURVEY

Day Walk Survey Sun 13 Mar
LEADER: Bernie Ryan 0432 907 275
This activity is full.

SUMMER CREEK

Day Walk Sun 13 Mar
LEADER: Andrew Fleming 0421 194 767
This activity is full.

ILLINBAH CIRCUIT BINNA BURRA

Day Walk Sun 13 Mar
LEADER: Barry Culley 0415 320 029
GRADE: LDW-3B
LIMIT: 12
BRING: Day walk gear
COST: \$20
MEET: Fairfield Gardens
DEPART: 7:00am
MAP: Lamington NP

This is a circuit walk of about 17kms from the Binna Burra information. It is on the graded track system and has about 14 crossings of the Coomera River. You can expect to get your feet wet. There is magnificent rainforest along the river with large rock pools and hopefully some Lamington blue crayfish.

STAGE 2 SUNSHINE COAST GREAT WALK

Day Walk Sun 13 Mar
LEADER: Anna Bransden 0432 248 945
GRADE: MDW3B
LIMIT: 12
BRING: Day Pack as per Page 3/3ltr water
COST: Suggested Car Cost \$20 Per Person
MEET: Albany Ck Shopping Ctre, 700 Albany
Ck Road, Albany Ck at the Westpac
sign UBD 108H16
DEPART: 6.45am
CAR KMS: 200kms return
MAP: Sunshine Coast Great Walk Topo
map

This walk covers most of stage 2 of the Sunshine Coast Great Walk. We'll drive to the Blackall Range, through Montville and down to Flaxton Mill Rd where we will start our walk after a car shuffle to Mapleton Day Use Area which allows us to walk one way. We'll walk on a combination of management trails and graded track through open forest, rainforest and palm groves. After a steep downhill we'll have morning tea at Baxter Falls, continue over a swing bridge and then up a steep trail to Obi Obi Rd. After a short walk along the road we head into Mapleton Falls National Park where we'll have lunch. From here we continue through to a forestry road, then Delicia Rd Conservation Park and on to the Mapleton Day Use Area to our cars. After a change of clothes, we'll head back to Montville for afternoon tea picking up the car left at the start of the walk on the way. I've not done this part of the Great Walk so looking forward to discovering a new trail.

STAIRWAY FALLS & BOX FOREST

Day Walk Sun 13 Mar
LEADER: Mary Comer 0427 446 000
GRADE: LDW-4C
LIMIT: 8
BRING: DW gear + swimmers
COST: \$25
MEET: Fairfield Gardens
DEPART: 6.30
MAP: Lamington NP

This walk of about 18kms is in the Green Mountains (O'Reilly's) section of Lamington NP. We will take the West Canungra track to Yerralahlia which is a large pool with a resident eel. Probably we will have morning tea here. Then we follow as best as we can the very old and unmaintained track downstream to Stairway Falls. We may have to wade in the creek at some points. On our return we will follow our track back up the creek but will continue past Yerralahlia and return on the Box Forest circuit to the cars.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 14 Mar
LEADER: Graham Olive 0455 539 999
See activity description for Mon 22 Feb

MT GRAVATT - PACK TRAINING

Training Tue 15 Mar
LEADER: Chris Hall 0498 051 811
See activity description for Tue 23 Feb

BUNYAVILLE CONSERVATION PARK

Training Tue 15 Mar
LEADER: Richard Duczmal 0400 744 896
See activity description for Tue 1 March

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 17 Mar
LEADER: Graham Olive 0455 539 999
See activity description for Thu 25 Feb

BRISBANE FOREST PARK

Mini Max Sat 19 Mar
LEADER: Tim Easton 0421 139 022
GRADE: MINIMAXS-5B
LIMIT: 15
BRING: Day pack with lunch
MEET: Bellbird Grove, Brisbane Forest Park
DEPART: 8.00am
CAR KMS: 40km
MAP: Brisbane Forest Park

Welcome new members. This is an opportunity to do a relatively easy half day walk and talk about BBW, bushwalking and what you can expect as a member. We will be off-track for at least three hours of the walk; please wear appropriate foot wear and carry at least two litres of water.

AROUND MT BANGALORA

Day Walk Sat 19 Mar
LEADER: Lou & Marion Darveniza33784031
This activity is full.

MT CORDEAUX & BARE ROCK

MDW Sat 19 Mar
LEADER: Jim Jeavons 0404 454 263
GRADE: MDW 3B
LIMIT: 12
BRING: Usual day walk gear
COST: fuel contribution \$20
MEET: Fairfield Gardens
DEPART: 7:00am
CAR KMS: approx 200km
MAP: Cunninghams Gap 9341-11 1-25000

This is a 12 km graded track walk from car park on the north side of Cunningham's Gap, which would be very suitable for new members. The

walk starts with an easy uphill climb through rain forest until we reach a rocky outcrop just below the top of Mt Cordeaux. We will stop here to admire the views and have morning tea. We then continue gently uphill to Bare Rock where we will have lunch and more views. We return to the cars via the same route downhill. We stop at Aratula for coffee before back to Fairfield Gardens.

RUNNING CREEK FALLS VIA NEGLECTED MOUNTAIN AND THE STRETCHER TRACK

Day Walk Sat 19 Mar
LEADER: Ray Glancy 0419 719 480
This activity is full.

LOCKYER NP - NORTH RIDGE

Daywalk Sun 20 Mar
LEADER: Jim Lydon, Chris Hall 04 3191 3264
This activity is full.

MT BEERWAH EQUINOX CLIMB BY TWILIGHT

Twilight / Day Walk Sun 20 Mar
LEADER: Frank Evans 0432 861 198
GRADE: SDW-7C
LIMIT: 8
BRING: Head Torch, Usual Page 3, 1.5L Water, Camera
MEET: Mt Beerwah Car Park
DEPART: 4:00 am
MAP: See URL in walk description

This is a celebration of the March Equinox. Starting from the Mt Beerwah car park at 4am, we'll ascend (~400m) Mt Beerwah (555m) via an East Route. Decent head torches are required at the start, but the stern scrambling begins later, and there will be twilight then. We'll aim to limit the dilly dally, and see sunrise from the summit at 5:50am. There is an easy descent via the north 'Tourist Track' (which is now open / OK). I'm guessing we'll be back at the carpark at 7:45 am Please organise your transport to/from Mt Beerwah. Mt Beerwah Car Park is located at: Lat/ Long -26.890707,152.885385 UTM 886 257 Here's a map of the planned adventure: www.flickr.com/photos/96126382@N04/24497689459/in/photostream/

MT MITCHELL CIRCUIT

Daywalk Sun 20 Mar
LEADER: Andrew Stephan 0447 808 552
GRADE: MDW-7C
LIMIT: 8
BRING: Day Walking gear
MEET: Aratula BP
DEPART: 7am
MAP: C.Gap 1:25000

We start the walk from Governors Chair at Spicers Gap and proceed in anticlockwise direction. The walk is mostly off track and involves a short, steep and airy scramble onto the razorback of Mt Mitchell's east peak. Along a grassy spur on the south west side of the West Peak we descend through state forest to Spicers Gap Rd, which we follow back to the cars.

CANIA GORGE EASTER BASE CAMP

Base camp Fri 25 -- Mon 28 Mar
LEADER: Karen & Bernie Ryan 0419 733 856
This activity is full.

SUNDOWN CIRCUIT

Through Walk Fri 25 -- Mon 28 Mar
LEADER: Lou & Marion Darveniza 33784031
This activity is full.

SUNDOWN CIRCUIT

Through Walk Fri 25 -- Mon 28 Mar
LEADER: Jarrah Gard 0422 371 188
GRADE: MTW-7D
LIMIT: 6 (4 tents max)
BRING: Light Through walk gear,
COST: \$21.80 camping fees + car pooling
DEPART: Thursday 24 March TBA
CAR KMS: 600 km (approx)
MAP: Mt Donaldson and Sundown 1:25000
Sundown National Park is located south-west of Stanthorpe and it is a spectacular rocky and relatively arid environment. It is also permitted to have camp fires which make for merrier evenings indeed! Thursday night we will camp at the National Park Broadwater campground by the cars. Next day, after crossing the Severn River, we will travel up McAllisters Creek and camp fairly high up. On Day 2 we climb Mt. Donaldson then descend back to the Severn River via Donaldson Creek and camp close to Blue Gorge. On Day 3 we will go up the spectacular Blue Gorge and aim to camp close to the source of Ooline Creek. Day4 will involve coming down Ooline creek involving many waterfalls and back to the cars. A good level of scrambling ability is needed for this trip. There are many serious sections.

OXLEY WILD RIVERS NP

throughwalk Fri 25 -- Mon 28 Mar
LEADER: Jenny Zohn 0407 630 362
GRADE: MTW-5C
LIMIT: 8ish
BRING: tw gear
COST: \$140
MEET: tba
DEPART: tba
CAR KMS: 1150km

Oxley Wild Rivers NP is a system of rivers and gorges, which feed from the New England tableland into the Mcleay R. east of Armidale. The walk follows old 4wd drive tracks, horse pads and river beds. There are many river crossings most around knee height under normal conditions. The pace is slow. There is plenty of time to swim, photograph, fish, etc Wild horses, cattle, dingos, birds abound with few people if any. We can have a fire for cooking in NSW, so camp time is very relaxed. The most probable schedule will be; Day 1: Drive through Armidale and have a late lunch at West Kunderung. Walk up Mcleay R. to the Apsley R. Junction, to camp. approx 1.5-2 hrs Day 2: 5-6 hrs walking continue upstream, camp for one night. Day 3: walk downstream 4-5 hrs and camp. Day 4: 2-3 hrs walk to cars and head home. Please email any questions.

SPICER'S GAP TO TEVIOT GAP

Through Walk Fri 25 -- Mon 28 Mar
LEADER: Tim Easton 0421 139 022
GRADE: MTW-6D
LIMIT: 8
BRING: Usual TW gear
COST: \$17.25 camping fee + petrol \$25
MEET: 7pm Dinner at Aratula BP Thursday night
DEPART: tbc
CAR KMS: 300 km (approx)
MAP: Cunningham's Gap & Mt Superbus 1:25000

This is a great classic throughwalk in the Main Range, the Great Dividing range, where we take 3 days to traverse a series of major peaks of the scenic rim. The walk is quite strenuous and can vary considerably in bad weather. You will need a high level of fitness. You will need to be confident at rock scrambling with a through pack on, as well as experience in off track walking. Our first day is the longest and will require an early start. It involves the ascent of Spicer's Peak, Doubletop, and the long up to the campsite at Mt Huntley. There is also a cliff break to be negotiated before we get to the camp site. We camp Friday night on Mt Huntley. Day 2 we climb Mt Asplenium and Panorama Point and camp at Steamer saddle. Day 3 involves climbing Mt Steamer first thing in the morning, Lizard Point and Mt Roberts. Each day involves walking along the Main Range escarpment, offering spectacular views but also some arduous ascents/descents. Like all Main Range walks, this features impressive views, lots of up and down and a variety of terrain from rainforest to open forest with grass trees. The walk is suitable for fit and experienced throughwalkers. We will need to keep up a good pace, especially

on the first day. With the extra day we plan to explore The Steamers and Lincoln bomber. The water is only available at the campsites so the capacity to carry extra will be needed.

MORETON ISLAND BASECAMP 4 DAY EAST-ER WEEKEND

Base Camp Fri 25 -- Mon 28 Mar
LEADER: Michele Cottrell 0427 579 069
GRADE: MBC-3B
LIMIT: 20
BRING: Page 3 items & as listed
COST: \$260 + Parking OR Park on road
MEET: Carpool to MICat Terminal
DEPART: 1:45am for 2.30am MICat - Gear in a 4WD
MICAT PARKING: \$45 per car for 4 days
LATER MICAT FERRY: 5:45am for 6.30am MICat - All carry on

This is a 4-day basecamp on Moreton Island staying at a permanent campsite near Blue Lagoon. See pics below: www.moretonexperience.com/weekend.html

We will have our own personal MI expert guide/driver - Alan Gennings. Walks are planned for earlier in the day and later in the day. This leaves the middle of the day to socialise, rest, do your own thing, etc. Northern Beaches to the Lighthouse Cape Moreton Beaches Sandhills Tobogganing + walk Telegraph Track to Mt Tempest Honeyeater Lake; The Wrecks (swim) The large marquee tents have stretchers - just bring sheets/pillow/light sleeping bag. Alternatively, bring your own tent and pitch it nearby. Just bring your gear and food! Hot shower and toilet nearby. Cost includes transport via MICat, transfers on the Island, transport to/from walks, use of kitchen facilities and a covered area with tables & chairs. PLEASE NOTE (due to availability) the 2 possible MICat times leaving BRISBANE are: (N.B. Gear can be dropped off the previous night to travel over to MI separately in the 4WD.) 2.30AM (all gear on a 4WD) or 6.30am (walk-on with your gear - meet on MI - 4WD). MICat trip from MI leaves at 6pm for walk-on ONLY; 10:30pm gear in a 4WD. N.B. 4WD MAY fit on an earlier trip - TBA. Very limited refrigeration - only for perishables like meat. Milk, tea, coffee & butter supplied. Drinks for that night can be chilled during the day :). Can bring your own esky. Power available to charge mobiles. Interested? A non-refundable deposit of \$60, will be required for ACCEPTance on this walk. The balance of \$200 to pay by Friday 11th March.

FMR Training Activities - 2016

Federation Mountain Rescue (FMR) is a club that aims to promote and encourage a professional approach to bushwalking safety through practical training, adoption of sound and credible methods, and by demonstration to other clubs. FMR has formally become a bushwalking club to better emphasize its activities and re-vamped its program to make this clearer than previously appeared.

Further information about FMR (including its full list of objectives) can be found at www.fmrqld.bwq.org.au

Sub-Vertical Training - Aimed at advanced walk leaders

Held twice, Sun 10 April and Sun 28 August, 8am-1pm.

Nursery Cliffs at Kangaroo Point.

Cost Free, Max 15 participants

Topics:

- Minimal / light equipment; tape, dynamic vs static rope, belay devices.
- Pack hauling. Fixed lines / handlines.
- Natural Anchors and top belay techniques. Waist belay.
- Tying in without a modern / conventional sit harness.
- Assisting nervous climber. Assisting person with ankle sprain.
- Emergency stretchers.

FMR Incident Management Seminar - Aimed at all club walk leaders, or future leaders

Saturday 10 September, 9am - 1pm.

Room 39-103, University of Qld, St. Lucia.

Cost \$10, (note: parking is free), Max 50 participants

The Incident Management Seminar will be co-hosted as a BBW event, and is open to all BBW members. Please nominate for this via the BBW calendar.

Abseil / Vertical Rescue Training Weekend

Aimed at those looking toward comprehensive vertical rescue training (thus serving as a familiarisation), or those wanting to refresh their knowledge of vertical rescue.

Two Day Event, Sat 14 - Sun 15 May

Murphy's Creek Escape

Cost \$50, (which includes camping costs) Max 20 participants

Topics:

- Basics and understanding systems of abseiling.
- Cliff safety.
- Top belay methods for dealing with a group of novices.
- Solo abseiling.
- Retrieval systems for double rope and single rope rappels.
- Rescue, self rescue,.
- High directionals and edge protection.

FMR Search Training - Aimed at all FMR members

Saturday 24 September, 7am - 1pm.

Location TBA

Cost Free, Max 25 participants

Topics

- Radios and radio protocols
- Communications
- Searching techniques
- Navigation techniques

Moreton Island Basecamp

January 23-26, 2016, Leader: Michele Cottrell

We used a bush camp near Blue Lagoon, run by Alan Gennings from Moreton Experience. Kitchen & eating area under cover. Milk, butter, tea & coffee all supplied. Limited refrigeration mainly for perishables like meat. We could put drinks in the fridge of a morning ready for a coldie at the end of the day! Canvas marques with stretchers.

Some of us took our own tents, camping nearby.

A friendly camp skink loves mushrooms and grapes. It does, however, do its best to avoid the carpet python that keeps the vermin away J.

Travel to MI was via the MICAT ferry, arriving at the Wrecks at about 10.15am, 1.5 hours from the Port of Brisbane

Day 1 (~8km)

On arrival at the Blue Lagoon campsite, we set up our beds/tents and then sat down for some lunch. At around 2.30pm we headed to Bulwer for a brief shopping visit (OK - it was mainly for alcohol) and we were then dropped at Taylor Bight to start our walk along the northern beaches. After being picked up, we drove up to Cape Moreton lighthouse and took in the views and the setting sun.

Day 2 (~10km, ~5km)

An early start at 6.45am and then a short drive to the start of the Telegraph Track & Mt Tempest. Spectacular views! We were back at camp by 12 noon.

At around 2.00pm we headed to the Cape Moreton information centre and then we intended to walk around the beaches to Honeymoon Bay. Large swells with large tides meant that we went bush, just a little... Fortunately, a recent fire had cleared the foliage for us but left plenty of blackened branches for our bodies and clothes to find. The swims at Honeymoon Bay and Champagne Falls were very welcome!

Day 3 (~8 km)

We agreed that a bit of a sleep-in was a good idea... and so the morning was left free to swim, read or whatever...

At around 1.30pm we headed south to the Little Sandhills and some tobogganing fun! We then walked across the Little Sandhills, north along the western side and then climbed up the Big Sandhills.

Alan met us, in the distance, after we walked over a very artistic landscape. He led us back to the trusty 4WD.

Day 4 (~7km)

Our last day on Moreton...

One more adventure awaited us...

Starting at about 7.45am, we walked towards Blue Lagoon and then waded around the edge of the lagoon. We then followed a track and part of the Bulwer Road and then walked a short distance through tall grasses to find Honeyeater Lake. Many of us took a quick dip.

On the return trip some walkers returned the same way and some followed the sand road to the beach and then back to the camp at around 10.30am

After packing up, we headed to The Wrecks and swam, snorkelled, walked or lazed around until the MICAT arrived.

Alan's bush camp, 4WD transport around the island and local knowledge, made for 4 days of great walks (about 38km) with a minimal amount of gear needed! The total cost for the weekend was \$260 - MICAT fares, transport and use of the bush camp.

Thanks to the BBW members who joined me and contributed photos!

Michele

I have put up another MI basecamp over Easter 25 - 28 March. If we have 12 takers we can use Heidi, the 4WD bus.

A second Leader could mean additional walks, perhaps at a faster pace.

If anyone is interested, Moreton Island Protection Committee (MIPC) also offers minimal cost weekends in exchange for weeding on MI. (They have some generous donors :))

The next volunteer weekend is the Labor Day long weekend April 30, May 1 & 2.

If there was enough interest I'd be happy to Lead the long weekend.

No need to be a MIPC member :)

Costs (includes a trip to the Cape):

- Free for 9 hours weeding
- Groups usually pay the \$40 MICAT fare.



Some stats about MI:

- 13 km at its widest
- 37 km at its longest
- 186 km² in area
- 58 km from Brisbane
- 95% is National Park
- Highest rainfall in the local area (The Cape: 1500mm/yr)
- 3rd largest sand island in the world
- Mt Tempest, at 280m, is reputedly the highest, stabilised, coastal sandhill in the world



Port Davey/South Coast Track, Tasmania

12 days: 6-17 January 2016

I thought some of you may be interested in Rod and my recent walk that I can only summarise as wonderfully wild and very beautiful; what's more we had 10/12 fine days. In terms of grading, it possibly reached 6 on the descent of the Ironbound Range, an atrocious section with fallen trees, metre deep washouts and tangled slippery roots on every step of the four hour descent but the track building contractors are getting to it this summer, they told us, with a two million dollar budget!

We left Hobart on 6th January by bus to Scott's Peak arriving around mid-day and walked for about eight hours to reach Watershed Camp on the tea tree coloured Crossing River. We took four days to reach Melaleuca and found the track to be mostly very good but certainly there were areas with 1200mm and 600mm deep wash outs so we were constantly having to concentrate on not falling in or damaging an ankle as had happened to two people we met in Melaleuca who were flying home, damaged ankles in tow. The mud also varied in depth in places: ankle to knee deep on Port Davey but on the South Coast track I would think it possible one could completely disappear and never be found again, apart perhaps for one's hat sitting on top of the mud. And we experienced a "dry period" with bush fires in much of the state we later discovered; goodness knows what it would be like in the wet.

Melaleuca was a very interesting place with the "World Heritage tin mining" and the delightful little orange-bellied ground parrot of which only thirty-six remain (in the world that is). We spoke several times with a volunteer ornithologist student who explained their plight of not being strong enough for the environment where tiger snakes, currawongs, peregrine falcons, antechinus and homo sapiens are all against this rather beautiful and fragile parrot. Regrettably this summer may well be the final chapter.

We met the eighty-one year old, Barbara Wilson, who for over forty years mined the area for tin with her husband, Peter. He was a mining engineer and built (with Barbara) a sluicing plant and even more remarkably a small smelting plant all at Melaleuca. They then sailed the tin ingots around to Hobart twice per year to sell. A remarkable story. Many of you may have heard or read the Deny King story; they lived about one kilometre from the Wilson's and also mined tin from the 1960's. His service to community made him a member of the Order of Australia. A museum on-site is the likely outcome for all the mining equipment currently spread around this World Heritage listing where the final thirty-six ground parrots currently live - talk about irony. For now, Barbara prefers to live in their family home at Melaleuca and the children of Deny King still come and stay at his residence there.

There is also an aboriginal interpretation walk which tells the story of the Needwonnee people, a reed boat, woven huts and sculptures form part of a raised walkway around the banks of Melaleuca lagoon; a really lovely sunset walk! And very romantic if you are into that sort of thing. Rod and I just craved beer!

We left Melaleuca with the equivalent (we had an air drop) that we started at Scott's Peak: 22kg each. Yes; we specialise in "heavy weight walking" with about 700g of dehydrated food per day each, substantial quantities of vino and the mandatory blow up "cushion" and various other luxuries. I took on the dehydrating process allowing for fourteen days, giving us two spare days. I burnt out the Sunbeam dehydrator I bought from our BBW gear sale night (no names, Kaye). This spurred me on to buy a much bigger Sunbeam that could possibly dehydrate a whole cow. Neither of us at the end of the trip were craving anything greatly apart from a good coffee and copious quantities of beer as mentioned earlier. I had dried lots of lemon, lime, oranges, banana, apple and, on the meal front, we had three to choose from; spaghetti bolognese, Thai soup and roast vegetables with meat, not forgetting a beef jerky and several fruit puree's: NO BACKCOUNTRY!!!

The South Coast Track, as many of you would know, is spectacular: Antarctica the next stop south and the famous Maatsuyker Island group just off the coast. We had allowed nine days to do this section but the weather was mostly very favourable and we did it in eight. We found a two metre dolphin washed up on the shore on Prion beach, perhaps only a few weeks decomposed; one hopes from old age and not a fishing net. There was a lot of rope, floats and other fishing boat "rubbish" which mostly had been picked up by walkers and hung in trees on the shoreline, interesting decorations of art if nothing else.

On the Ironbound range ascent I took a compass bearing on Federation Peak which many of you will

know with it's skyline prominence and elevation of 1225m. Here I was with compass on the map when the needle spun around 180 degrees; then back up eighty-five degrees. I have read of this and Captain Cook nearly ended up on the reef near Magnetic Island as a result of this. We were seeing the "Iron bound" rocks in full swing (so to speak!).

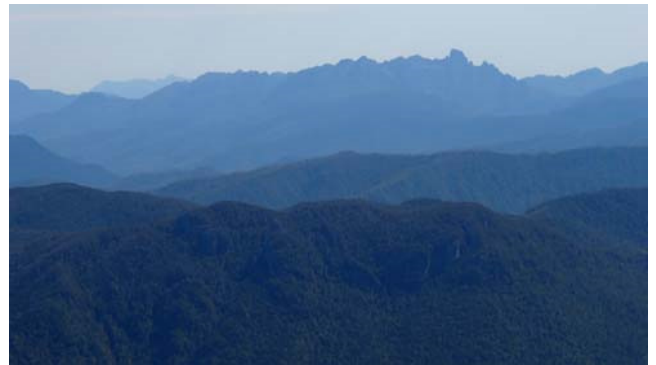
It was about day nine that we thought we saw mermaids on the horizon.....by day eleven they were sitting on our laps in camp.....beautiful they were.....brunette for Rod.....blonde for me! And then on day twelve we woke up with lots of tourists heading to the beach with surfboard underarm, coke bottles, smokes in hand;..... the mermaids had gone!

At New River Lagoon camp we had planned to head up to Precipitous Bluff a very rocky and steep elevation of 1145m. The weather was not great and as this was day 10 we were both feeling a little "weather weary" and not forgetting lots of sore muscles, backs, toes, calves, thighs, shoulders; pretty much every part of the human body in fact. We didn't want to push it especially as the western ascent is very steep with lots of rock and it was wet: another trip.....to include the Western Arthurs in January/February 2017.....and we are looking for two or three others if anyone is interested. We won't be "heavy weight walking" that trip!

Sunday 17 January mid-day saw us at Cockle Creek; we both felt very, very, very pleased with our efforts and very, very tired.

If anyone wants some specific information don't hesitate to contact Rod Smith or myself.

Tim Easton



Photographic competition 2015

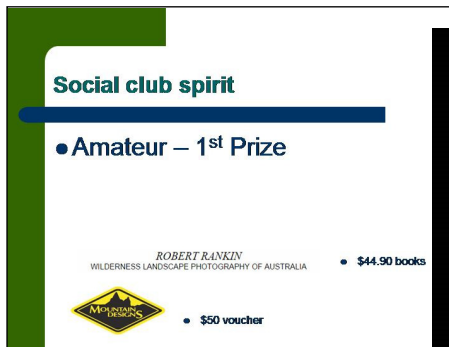
The Club runs a judged photographic competition each year in the month of October. Prizes are awarded in several categories. The following are the winners in the Social Club Spirit category for 2015. Check all winning photos on the BBW Website.

Category: Social Club Spirit - 2015 Winners

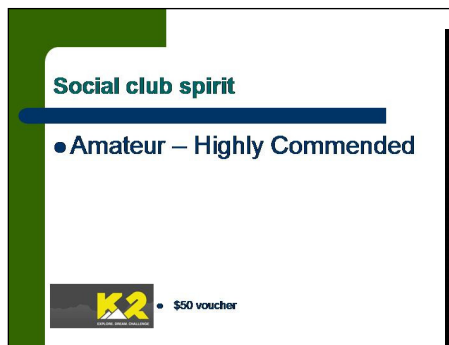
This category included photographs taken on any social event with the club

Lucy Guzman
Photographic Officer

Amateur – 1st Greg Kuss



Amateur – Highly Commended Dawn Glancy



Lyme Disease update and plea for support

Have you been bitten by a bush tick in any of your bushwalks ? Do you know how to remove these ticks and what ramifications the bite may have ? You may not be aware of the great work the Lyme Disease Association of Australia is doing to inform people about the answers to these questions and also their work in supporting further research into Lyme Disease.

Firstly you can go to their Resources page at www.lymedisease.org.au/resources/ to find all sorts of information including what tick removal devices you can buy.

Secondly you can support this cause by going to this page www.lymedisease.org.au/senate-inquiry/

Chris Hall
Safety & Training

NEW MEMBERS

Welcome to the following New Members who joined during the last month:

Col Barwick	Kirsten Besemer	Kirra Callander	Stuart Christie
Michael Feeney	Leonie Burley	Irina Georoi	Catherine Gilchrist
Irene Grant	Alice Greenfield	Monica Grzesiak	Emily Keane
Mary Kennedy	Elissa Kimber	Pierre Lemaire	Christine Lenz
Christopher Lenz	Stephanie Lindquist	Matthew Love	Kerrie Lowe
Steve Martin	Alison Mahoney	Ian McNaughton	Evgeniya Muzalevskaya
Bowen Natalie	Kaye Nunan	Thi Nguyen	Russell Pascoe
Cheryl Pascoe	Debbie Pickford	Margaret Rae	Heath Rauchle
Dianna Rigo	Richard Robinson	Margo Sendall	Peta Sharrock
Elena Stolyarova	Aline Sulpino de Sa	Elena Volkova	Kevin Ward
Neda Zitelli			

Congratulations to the following who have become Full Members:

Paul Bouton	Linda Campbell	Anjali Chauhan	Luis Contreras
Malcolm Edwards	Jillian Keane	Gary Nettleship	Bob Nicholson

"When hikers and bushwalkers go on holiday"

This article was spotted in a Roy Morgan Research update. The full article (with the chart) is available online at www.roymorgan.com , article No. 6638, 25 Jan 2016

With medical experts around the world waxing lyrical about the diverse health benefits of bush-walking – or any kind of ‘green exercise’, for that matter – it is encouraging to learn that the proportion of Australians who go hiking/bushwalking has sky-rocketed over the last five years. What’s more, it appears not to be a fad, but an actual lifestyle choice. In fact, the latest findings from Roy Morgan Research indicate that people who hike/bushwalk even tend to take holidays where they can enjoy the Great Outdoors in its myriad forms.

Between October 2010 and September 2015, the proportion of Australians 14+ who reported going hiking/bushwalking on a regular basis grew from 2.9% to 5.2%, while those who participated either regularly or occasionally increased from 15.6% to 27.3% (or more than 5.3 million Australians).

When asked what activities they did on their last trip, regular/occasional hikers/bushwalkers were consistently more likely than the average Australian to nominate active, outdoor pursuits. For example, they are 84% more likely than the average Aussie to have visited wilderness of some kind on their last trip, 81% more likely to have gone to a National Park or forest and – of course – 135% more likely to have gone bushwalking.

*[chart: **What hikers/bushwalkers did on their last trip compared to the average Australian]***

Upcoming Rogaine Events

Bushwalkers who would like to practice or improve their navigation skills might like to try out some of the rogaine events offered by the Queensland Rogaine Association for SE Qld.

- Sat 9 April Training Day, Bunyaville State Forest, Brisbane
- Sun 10 April 3 Hour Mini Rogaine, Bunyaville State Forest, Brisbane

Training Day

The day will consist of both theory and hands on exercises. Topics to be covered include Navigation, Course Planning, Nutrition and lots more. Then you can come the next day (Sunday 10 April) to test your skills in the Bunyaville 3hr Mini-Rogaine!

For further information and more event dates visit the QRA web site at www.qldrogaine.asn.au

Notices

Alternative Meeting Spot - Northside Walks

The traditional meeting place at Alderley, the BiLo carpark, is no longer available to BBW as the site has been closed off for redevelopment.

Leaders can consider the following:

- Alderley Railway Station carpark - enter via Railway Place off South Pine Road (very busy midweek but plenty of parking available at weekends)
- Gaythorne Railway Station Park n Ride, off Samford Rd. Has security systems and bus stop nearby.
- Enoggera Railway Station carpark - turn left into Pratt Street off Samford Road and go straight ahead, crossing Glenalva Terrace.

Or leaders can set their own meeting place. Qld Rail cannot give us official approval but are aware.

Marge Henry

"Bring and Buy" Table Club Meeting - Wednesday 24 Feb

Many of us have become gear junkies, buying the newest or lightest or most gadgety items when it comes to bushwalking. Now is the time to get rid of some of those impulse purchases, or items that you may just no longer need. And a chance to possibly pick up something that you never knew you needed till you saw it! Therefore bring any items you wish to sell to the meeting - clearly labelled with your name and a desired price.

This is not an auction - you will be responsible for your own bargaining & sales.

Marge Henry

Guest Speakers

Wednesday 9 Mar **Rafting the Colorado River**

Naren Gajjar

In June of 2015 Naren went on a 7 day 6 night adventure on a motorized raft through the Grand Canyon. He has prepared a video of this epic trip.

Wednesday 23 Mar **Chandler River Paddle**

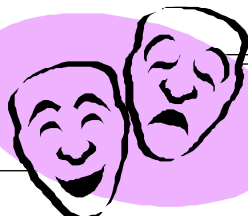
Peter Lock, David Rae

In January this year a group from BBW paddled 60 km on the Chandler River from Halls Peak to Georges Junction in the Macleay River. This stretch of river boasts spectacular scenery, glorious campsites and crystal clear water. A short video will be shown.

Wednesday 13 Apr **Trekking the Cordillera Huayhuash (Peru)**

Eugene Hedemann

The Cordillera Huayhuash is a mountain range in Peru that no one has heard of - until you point out that it contains Siula Grande (the mountain climbed in Touching The Void). This was a 12 day trek with a small family company and lots of donkeys. Mostly we were in the 4000m - 5000m altitude range, so lots of spectacular snow-capped mountain scenery and even a short video from Sonja.



Out & About

LITTLE THAI CAFE & RESTAURANT CURRY NIGHT

Social Fri 4 Mar
LEADER: Karen and Bernie Ryan 0432 907 275
LIMIT: 10
COST: \$12 - \$25
MEET: 12 Trouts Rd Everton Park QLD 4053
TIME: 6.30pm
ORDERING WILL BE : no later than 6.45pm

Located at Everton Park on Trouts Road, Little Thai Cafe & Restaurant has all the usual Thai dishes such as money bags, soups, curries and noodle dishes. Main Meals are priced \$15 - \$25 and include specialty dishes such as Chu Chee Curry Fish and Little Thai Mustsaman Curry Sauce curries, just to name a few.

BRISBANE BAYSIDE STEAM TRAIN

Social (Grandparents) Sun 3 Apr
LEADER: Ray Glancy 0419 719 480
GRADE: FDW-1A
LIMIT: 30 (incl children)
BRING: hat, sunscreen, water, morning tea, chair/picnic blanket, CLOSED IN SHOES (no sandals or thongs)
COST: \$5 per child
MEET: at Train Park, Wynnum Rd, Wynnum West (opp Network Dve)
TIME: 9.30 am for 10 am first ride

This is another grandparents activity but parents with similar age children would also be welcome. Children should be comfortable sitting on a bench with an adult sitting behind (have a look at the website and you can see the type of train they will be on). We presume a lower age of 2 to 2 1/2 and an upper age that will cut out if the child has a low boredom threshold. The plan is to meet at 9.30 am at the Picnic Shelter which we have booked - and the trains start at 10 am. It is \$5 per child for unlimited rides (accompanied by an adult - no charge for adults). Please bring morning tea for yourselves and the children. The area is booked till 12 noon. Come along for a great morning on the train. *Please note that everyone must wear*

House-Sitter available during April and May 2016

I'm a BBW member, currently in the UK, but returning to Brisbane on 1st April for 2 months and looking for a house-sit opportunity for those 2 months.

Club Member with house-sitting experience. References available.
Bayside is perfect, or east of Brisbane city but all options considered.
Please contact: Julie Dale via email: jed.julie@gmail.com

Magazine Collating

Magazine collating is at Eugene Hedemann's at Stafford Heights on Thursday 17th March at 6:30pm. There is only about 1½ hours work required. If you would like to help while enjoying an easy social night with dinner please email, or phone 3359 3114, to confirm.



For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.



If you have recently changed your address, mobile number or phone number (home or work) or email, please update your record on the website so that the Club register can be kept up to date.

If unclaimed, please return to:
Brisbane Bushwalkers Club Inc.
GPO Box 1949
BRISBANE 4001

Brisbane Bushwalkers Monthly News

03/2016 Edition

**PRINT
POST**

100001175

POSTAGE
PAID
AUSTRALIA

