

The **BRISBANE BUSHWALKER**

March 2015



BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001

[www.bbwwalkers.org.au](http://www bbw.org.au)

MEETINGS: The Brisbane Bushwalkers Club meets every **2nd & 4th** Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket.

For the period from March-May 2015, the Club will trial only one meeting per month on the 2nd Wednesday of the month.

COMMITTEE MEETINGS: The next committee meeting, to be held at 7.30pm on **Wednesday 4th March**, is at Tom Cowlshaw's at 47 Samford Road, Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: Pre-trip descriptions are submitted via the leaders page on the web site. Articles from members, especially post-trip reports, are welcome. Lengthy articles may be edited to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

Deadline for the April magazine is the Meeting on Wednesday 11th March.

MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum
Couples \$60 per annum

Annual membership falls due 31st January.

Probationary Members:

Singles \$25 per 6month
Couples \$40 per 6 month



COVER PHOTOGRAPH

Basket Swamp Ck & Cataract River Throughwalk

photo: Richard Lukacz

EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat	\$2.00
Self inflating mat	\$5.00
Stove	\$5.00
Tent or Pack	\$10.00



Members can hire up to 4 items at one time for a maximum charge of \$10 per person.

All equipment may be booked for hire by phoning the Equipment Officer.

Pre-booking will ensure availability.

PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only.

LIBRARY

Available on the library table at all meetings:

- For sale: Long sleeve shirts \$25, Short sleeve shirts \$20, Fleece Jackets \$35, Fleece Vests \$30, Hats \$13, Caps \$10. These articles have the club logo embroidered on them.
- Car stickers and cloth badges: all \$3.00
- Long, wide bandages to be used in the unlikely event of a snake bite \$10.00
- Maps and Rasters: free loan to leaders
- Free loan to members:- Books, Magazines, DVDs and CDs. Come and browse the selection.

FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members).

The Club will refund 70% of the cost upon completion.

Club Officials

President	Marge Henry	3856 5757
Vice President	Steve Cockburn	3260 5787
Secretary	Tania Withington	
Treasurer	Tom Cowlshaw	0427 226 006
Outings	Arthur Walton	0418 730 541
	email: outings@bbw.org.au	
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New Members	Bernie Ryan	0432 907 275
	email: membership@bbw.org.au	
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Equipment	Anne Cumpston	0403 150 379
	email: equipment@bbw.org.au	
Photographic	Martine Jellema	0437 805 414

Social	Kurt Wagner	3325 0629
Abseil Co-ordinator	John Granat	0409 620 047
Members Registrar	Anna Bransden	
	email: registrar@bbw.org.au	
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	Jenny Zohn	0407 630 362
	email: editor@bbw.org.au	

Contact Officers
0431 691 773 or 0423 095 580 or 0434 194 996
These are VOICE ONLY numbers (ie. no SMS)

ABBREVIATIONS & GRADING

DISTANCE Short — Under 10 km per day
Medium — 10 to 15 km per day
Long — 15 to 20 km per day
EXtra Long — Over 20 km per day

ACTIVITY **AB**Seil; **B**ase **C**amp; **D**ay **W**alk; **T**hrough **W**alk; **E**asy **T**hrough **W**alk; **N**ight **W**alk; **S**O**C**ial Activity; **KaYaK**; **CY**Cle; **S**afety & **T**raining; **F**ederation **M**ountain **R**escue; **RO**Gaine.

FAMILY Family — Family Group conditions; contact Leader

Note for Leaders when grading a walk: *The brief descriptions below are to help members match their ability to an activity. To grade your walk consult the Standard List of Graded Walks.*

TERRAIN GRADING - 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

FITNESS & ENDURANCE GRADING - A to E (Note: Walking times do not include breaks.)

- A** Basic - Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- B** Easy - About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate - About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High - High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging - Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.



INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or from the BBW website).

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

CAMPING FEES: National Park or State Forest camping fees are \$5.75 per person per night. (The leader will provide details.) Many NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

TRIAL PERIOD - ONE MEETING PER MONTH

For **March, April and May** there will be **no meeting** on the **4th Wednesday** of the month. This is a trial only at this stage.

However - there will be someone from the committee attending the hall on the 4th Wednesdays to receive / loan out equipment, between 7:30pm and 8pm

PROGRAM

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

February

23	SNW-2A	Toohey Forest Monday night walk	Graham Olive
24	TRNG	Regular River Walk Group B	Bernie Ryan
25	Meeting	Bring & Buy	Marge Henry
26	MNW-2A	Chermside Hills Reserve	Richard Duczmal
26	SNW-3B	Mt Coot-tha Thursday night walk	Graham Olive
26	SDW-1A	Manly/Wynnum Hills	Barry Culley
27	Social	German dinner night at the Black Forest	Karen and Bernie Ryan
27-1	Crows Nest Gorge	Base Camp	Neil Parker
28	KYK	Coochin Crk to Caloundra Kayak	Greg Long
28	MDW-5C	Crows Nest Gorge	Neil Parker
28	ABSDW-5C	Kinnanes Falls Abseil	Anne Kemp, Lynley Murtagh
28	MDW-7C	Summer Creek Falls	Andrew Stephan
28	MDW-3A	Jolly's Lookout	Stephen Perry
28	Minimax 3A	Chermside Hills Reserve - New Members	Steve Cockburn

March

1	LDW-3C	Sunshine Coast Hinterland Great Walk Stage 2 - Flaxton to Gheerulla Circuit	Bernie Ryan
1	MDW-7C	Crows Nest Gorge	Neil Parker
1	LDW-3B	Toolona Creek Circuit	Mary Comer
2	SNW-2A	Toohey Forest Monday night walk	Graham Olive
5	MNW-2A	Chermside Hills Reserve	Richard Duczmal
6-8	Lamington National Park	David Sydes' Birthday	Wade Chang / David Sydes
7	LDW-6D	Black Canyon - Slow / Fast	David Sydes/Paul Sharwood
7	SDW-5B	Sth Kobbie Creek - the source	Kelvin Taylor
7-8	LTW-4C	Moreton Island	Wendy Spiry
11	Meeting	Journey to Mt Everest Base Camp - Ian Poynten and Angie Sobrya	
12	MNW-2A	Chermside Hills Reserve	Richard Duczmal
13-15	BC	NEW MEMBERS BASE CAMP - Mt Glorious	David Sydes
13-15	MTW-7D	Black Canyon/Lost World	Tim Easton
14	Minimax S3A	Obi Obi Creek, Great Walk Track	Julie Moore
14	MDW-7C	Summer Creek Falls	Neil Parker
14	SDW-6C	Love & Cedar	David Haliczzer
14-15	MTW-4C	Rat-a-tat, Lamington NP	Elena Williams
15	XDW-3C	Sunshine Coast Hinterland Great Walk Stage 3 - Gheerulla Circuit	Bernie Ryan
15	SDW-6C	Enoggera Gorge	Neil Parker
15	SDW-5C	Springbrook Westcliffs	Geoff Anstey
18	SDW-6C	Enoggera Gorge	Lou & Marion Darveniza
19	MNW-2A	Chermside Hills Reserve	Richard Duczmal
21	MINIMAXS4A	Mt Coot-tha for New members	Lou & Marion Darveniza
21	MDW-7D	Isolated peak	Kelvin Taylor
22	SURVEY	Parklands Conservation Park	Karen Ryan
22	MDW-6D	Around Mt Bangalora	Lou & Marion Darveniza
22	MDW-3B	Booloumba Falls Photographic	Peter Hunt & Martine Jellema

25 NO MEETING TONIGHT

26	MNW-2A	Chermside Hills Reserve	Richard Duczmal
27	Social	Greek dinner night at the Ouzeri	Karen & Bernie Ryan
27-29	BC/S&T	Base Camp Lake Maroon Holiday Park	Lynley Murtagh
28	MDW-7C	Mt Greville - Northern Gorges	David Haliczzer
28-29	STW-8D	Logans Ridge, Mt Barney Through Walk	Lou & Marion Darveniza
28-29	XTW-3C	Binna Burra to O`Reillys to Binna Burra	Wendy Spiry
31-8	MTW-4B	Great Ocean Walk	Sandra Winzar

April

2-6	MTW-7D	Sundown Circuit	Lou & Marion Darveniza
3-5	MTW-7D	Mt Barney - Barrabool Ceek & Peak	Peter Shera
3-6	XBC-3C	Cania Gorge EASTER Base Camp	Karen Ryan
3-6	MTW-5C	Oxley Wild Rivers NP	John Mitchell
8	Meeting	How to Take Better Landscape Photos - Martine Jellema	
9	MNW-2A	Chermside Hills Reserve	Richard Duczmal
11	MINIMAX2A	MiniMaxS Walk - Dave's Creek Circuit	Elaine Beller
11	S&T ABS-4C	Advanced Abseil Training - Kangaroo Point Cliffs	John Granat
12	MDW-4C	Tabletop Mountain	Bernie Ryan
12	MDW-7D	Mt Maroon - Southern Waterfall route	Lou & Marion Darveniza
16	MNW-2A	Chermside Hills Reserve	Richard Duczmal
17-19	MTW -6D	Mt Doubletop/Mt Huntley	Lou & Marion Darveniza
18-19	S&T	Leader Training Base Camp - Mt Glorious Barracks	Chris Hall

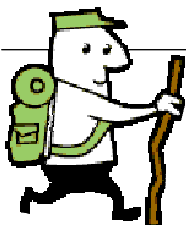
22 NO MEETING TONIGHT

23	MNW-2A	Chermside Hills Reserve	Richard Duczmal
25	MDW-6C	Mt Bangalora Sth Rocky Ridge	David Haliczzer
26	SURVEY	Sandy Creek Trail SURVEY A	Bernie Ryan
30	MNW-2A	Chermside Hills Reserve	Richard Duczmal

May

1-3	SBC-4B	Springbrook Woonoongoora Nominations open 26 March	Peter Hunt
2-3	MTW-5C	The Steamers	Sonja Risa
2-3	METW-3B	Echo Point, Lamington NP	Elaine Beller
3	SURVEY	Sandy Creek Trail SURVEY B	Bernie Ryan
9	SOCIAL	Kookaburra Cafe Dinner Night	Karen Ryan
13	Meeting	Adventures in Tasmania etc. - Alex Robey	
15-17	MBC-5C	Rimfall Base Camp	Ray Glancy
16	MDW-8D	Logans Ridge - Mt Barney	David Haliczzer
22-24		Mad Barney in May - Arthur Walton's 60th	Wade Chang
23	MDW-7D	Mt Barney - South East Ridge	Chris Hall
23	MDW-6D	Mt Barney - South Ridge	Bernie Ryan
27	NO MEETING TONIGHT		
29-31	MTW-6D	Point Pure	Lou & Marion Darveniza
29-31	MBC-5C	Rimfall Base Camp	Ray Glancy
30-31	XTW-3C	Binna Burra to O`Reillys to Binna Burra	Richard Duczmal
31	XLDW-3C	Wyralong Dam - Shoreline Trail	Bernie Ryan





.....Coming Trips.....

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 23 Feb
LEADER: Graham Olive 0455 539 999
GRADE: SNW-2A
LIMIT: 10+
BRING: Page 3 items Torch, water.
MEET: Car park behind McDONALDS Salisbury. Cnr Toohey Rd, Orange Grove Rd & Evans Rd

DEPART: 6:30pm
MAP: BCC Toohey Forest track map
Toohey Forest is located just 10km south of Brisbane's CBD. There are extensive walking tracks through open eucalypt forest and heath. We start this two hour night walk from the car park behind the McDonalds restaurant in Salisbury. This walk will be on both sealed and dirt tracks with some short hills. There are lots of tracks so a different route each time. No need to book for these walks, just turn up. Members wanting to walk should be at the start point ready to go at 6.30 PM sharp. This activity does not count toward full membership.

REGULAR RIVER WALK GROUP B

Training Walk Tue 24 Feb
LEADER: Bernie Ryan 0432 907 275
GRADE: TRNG
LIMIT: 15
BRING: Money for Coffee or drink afterwards. Backpack if wanting weight to carry. Some walkers also have dinner at the ship inn and they give us a 20% discount.
MEET: Ship Inn Southbank

DEPART: 6pm
I have again put on Regular River Walk Group B as Steve C will be again putting on Mega River Walk Group A as per walk descriptions both walks Feb 10. We will meet at the Ship Inn South Bank (stairs opposite the Inn) as per the West End Hills Walks. We will then cross a few bridges and head along the river walkways doing mostly flat but reasonable paced walking. We might do a few stairs at Kangaroo Point but this is optional. We will walk a little longer than usual for approx 1.45 hrs as we will extend the walk to cover the full River walk including the new section to New Farm. We will keep together and whilst there are often lots of people using the areas, we will take it easy and not rush. You will need a reasonable level of fitness and if you are preparing for a big walk, this one might help, especially if you carry a

weighted pack. I'm not super fit at the moment so we will pace it so we keep together as I will not want to spread out the group. If you have any questions feel free to call or email. We will have a coffee or drink afterwards at the Ship Inn. There is usually plenty of parking on the streets but factor in heavy traffic and peak hour times.

CHERMSIDE HILLS RESERVE

Training Thu 26 Feb
LEADER: Richard Duczmal 0400 744 896
GRADE: MNW-2A
LIMIT: 12
BRING: Bring page 3 items and torch, water is available at start (end) and Bushland Centre
MEET: Opposite 421 Trouts Road, Chermshire West

DEPART: 6.30 pm.
Start on Giwadha track, to Spider Hill, Stringybark track, finish Giwadha track, on road to Pomax track and Milne Hill reserve across animal thoroughfare bridge over Hamilton Road to Raven Street Reserve. Onto Banksia track to Downfall Creek Bushland Centre (water and seats available but toilets are closed), Xanthorrhoea track to Raven Street Reserve and back to start via Pomax track. On the 11 km walk we will be in reserves that have Grass trees, banksias, casuarinas, weeping myrtles, blueberry ash, small matrush, comb ferns, bloodwoods, rough barked apples, stringybarks and sheoaks. Because of the circular nature of the walk it is possible for anybody to discontinue at about 5 km and 8 km. Depending on the group it is also possible to increase the distance by walking figure eights throughout the intertwined tracks in the reserves. There are seats and tables at the start (also end) for a picnic but you need to bring all food and drinks etc. This walk does not count towards full membership

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 26 Feb
LEADER: Graham Olive 0455 539 999
GRADE: SNW-3B
LIMIT: 20+
BRING: page 3 plus torch and water
MEET: angle carpark west of Kuta Cafe Mt Coot-tha
DEPART: 6:30pm
MAP: BCC Mt Coot-tha track map
MUST: Read trip description

The Mt Coot-tha Thursday night walks are exercise walks to assist people with improving their bushwalking fitness and to learn techniques for

night-time walking. The walks will commence at 6.30pm from the angle parking car park on the approach to the lookout on Mt Coot-tha. The walks will be approximately 2 hours in duration, on fire trails and marked tracks, with obstacles such as rock or root intrusions, fallen debris, and some, usually dry, creek crossings on some of the tracks. The walks will also involve the descent and ascent of the mountain at a reasonable walking pace with up to 520 metres gained and lost over the length of the walk. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate level of fitness suitable for hill walking. Participants will need the Page 3 items as well as the appropriate hiking footwear, torch and drinking water. Walking poles are useful. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time to register their name for the walk commencement at 6.30 sharp. For further information please contact the walk leaders. By the way, these walks don't count toward full membership.

MANLY/WYNNUM HILLS

Training Thu 26 Feb
 LEADER: Barry Culley 0415 320 029
 GRADE: SDW-1A
 LIMIT: 15
 BRING: usual gear
 MEET: Wynnum Swimming Pool near the jetty
 DEPART: 5:30pm

This is a mid week training walk along the Manly/Wynnum hills for those members who live in the byside area. We will zig zag the hills along the esplanade for about an hour or so and have coffee afterward.

CROWS NEST GORGE BASE CAMP

Base Camp Fri 27 Feb -- Sun 1 Mar
 LEADER: Neil Parker 0430 367 260
 LIMIT: 20
 BRING: Page 3 & Water Proof Packs
 COST: Camp Fee's \$5.75 p/p per night
 MEET: TBA
 DEPART: TBA

To attend the two walks I have listed this weekend I will hold a Base Camp weekend from Friday to Sunday at the Crows Nest National Park Camp Ground which is located only 6km from town and at the start of our walks. It has several site sizes avail with enough room for up to 8 people on each site. We booked 2 sites on the survey walk and we had loads of room for the 6 of us that camped. There are pit toilets and a donkey boiler shower system avail for us. Camp fee's are \$5.75 p/p per

night. I will organise this once we have number together. Dinner on Sat night is at the local pub in town. Their menu is very good and the food was great. Very friendly bunch of people. I am happy to organise the car pooling or you can arrange it yourselves.

COOCHIN CRK TO CALOUNDRA KAYAK

Kyk Sat 28 Feb
 LEADER: Greg Long 0408 264 763
 This activity is full.

CROWS NEST GORGE

Day Walk Sat 28 Feb
 LEADER: Neil Parker 0430 367 260
 This activity is full.

KINNANES FALLS ABSEIL

Abseil Day Walk Sat 28 Feb
 LEADER: Anne Kemp, Lynley Murtagh 0411 327 704
 This activity is full.

SUMMER CREEK FALLS

Day Walk Sat 28 Feb
 LEADER: Andrew Stephan 0447 808 552
 GRADE: MDW-7C
 LIMIT: 8
 BRING: Usual day walk gear, 3L water, water-proofed packs
 MEET: Landsborough IGA Car park
 DEPART: 6am - Brisbane, 7am Landsborough
 CAR KMS: 250km
 MAP: Conondale Great Walk 1:25 000

Summer Creek is in the Conondales and offers beautiful pools for swimming, moderate rockhopping up the creek, a spectacular gorge to swim through & a two part waterfall to climb. We drop down a grassy slope into the creek, then it is fairly easy rock hopping until lunch time and some superb pools for swimming. Packs have to be water-proofed for the next section which involves swimming through a canyon, clambering over some large boulders and another swim to the base of the waterfall. The climb up the two sections of the waterfall requires competence climbing up steep rock, care, plus the ability to cope with exposure. Once up the waterfall, we start back on part of the Great walk, before picking up a faint track back to the road and the cars.

JOLLY'S LOOKOUT

Day walk Sat 28 Feb
 LEADER: Stephen Perry 0428 188 151
 This activity is full.

CHERMSIDE HILLS RESERVE - NEW MEMBERS

MINIMAX Sat 28 Feb
LEADER: Steve Cockburn 0421 059 482
GRADE: Minimax 3A
LIMIT: 15
BRING: Usual day walk gear including P3 items, 2L water
MEET: Chermside Hills Reserve Picnic Shelter Cnr of Hamilton Road and Trouts Road. Entry on Trouts Rd.

DEPART: 7am

This activity is designed to introduce new members to bush walking and to the Brisbane Bushwalkers club. This Minimax is on a Saturday am and is being held locally in Brisbane and is designed for those new to the club or who might not feel too confident at this point to hit the track system. All are welcome to attend but as this activity is on local walking tracks and off shoots, this activity would suit those who might be keen but feeling a little under confident and beginning the journey into bush walking. Please note we will still be doing hills, some off track bits, different walking surfaces and environs and will cover a fair amount of territory and topics as we move through the Reserve. We will not go above any walk gradings of Terrain 3-4. Being a Minimax, we will be discussing safety, clothing, club protocol, minimal environmental impact, first aid, the clubs grading system etc. We expect to finish well before lunch so bring your morning tea and the "always take" items on p3 of the Magazine.

SUNSHINE COAST HINTERLAND GREAT WALK STAGE 2 - FLAXTON TO GHEERULLA CIRCUIT

Day Walk Sun 1 Mar
LEADER: Bernie Ryan 0432 907 275
This activity is full.

CROWS NEST GORGE

Day Walk Sun 1 Mar
LEADER: Neil Parker 0430 367 260
GRADE: MDW-7C
LIMIT: 10
BRING: Page 3 & Water Proof Packs
MEET: Crows Nest Nat Pk Campground
DEPART: 7.30 am

This is such a beautiful place to visit. I have spent several weekends up there working out this combination of walks that I am offering this weekend. Sat will be a level 5C walk with a good level of creek scrambling and rock hopping ability. Sun will be a 7C walk for the more adventurous folk in the club with some off track walking and steep descents into the gorge. Both days will offer swim thru's so our packs will need to be waterproofed. Sunday in more Detail:-

We will head to the Cascades to start our walk.

We will head down the creek to the Falls where we will exit the creek onto the tourist track. We will follow the track to the last lookout, The Valley of the Diamonds. From here we will head off track along the ridge till we reach our descent point thru the steep cliffs down into the creek. At this point we will stop to have morning tea at a nice water-hole. We will then walk down stream for an hour or so or until we find a nice deep pool to go for a swim in. From here we will retrace our footsteps past our entry point and to the junction of the 3 creeks. Soon after we join Crows Nest Crk will be the first two swim thru's. Depending on time we may stop for lunch and to water proof our packs. If we are here too early we can have our lunch on top of the Falls after our longest & last swim thru. The walk from here is an easy rock hopping creek walk with many large pools to swim in. The largest pool is known to have Platypus in residency, but you would have to be there very early in the morning or later in the evening. (its easy to get to from the camp ground via the tourist track. The last section of this walk is to enjoy the Cascades from the start of the walk before heading back to Brisbane. My intention is to have those doing the 5C on Sat stay and enjoy the company of the 7C walkers who will come up on Sat afternoon for the Sun walk and visa versa if the Sunday walkers wish to do the same. This is a very relaxing & leisurely walk with lots of opportunity to stop and enjoy our surrounds and cool off if its hot. The camp ground has pit toilets and a donkey boiler shower system, if you wish to use it. There are plenty of sites avail at this stage but we will need to start booking them soon. We booked two sites last time and we could have had 10 people pitching tents in the area given. Car pooling will need to be organised once number are confirmed. For those doing the Sat walk you could enjoy the surrounds and maybe some platypus spotting on Sunday before heading back to Brisbane. Like wise those doing the Sunday walk are welcome to come up on Friday with us and do the same before our Sun adventure.

TOOLONA CREEK CIRCUIT

Day Walk Sun 1 Mar
LEADER: Mary Comer 0427 446 000
GRADE: LDW-3B
LIMIT: 15
BRING: Usual Day Walk Gear
COST: \$25
MEET: Fairfield Gardens
DEPART: 6.30am
MAP: Lamington N.P.

This walk is 17.4km in the O'Reillys area of Lamington NP. We leave the Border Track for Elabana Falls where we will have morning tea. The morn-

ing is then spent walking upstream along the very beautiful Toolona Ck with it's many waterfalls and "tree gardens". There are some creek crossings but if we are smart shouldn't get wet feet. Lunch will be taken at Wanungara Lookout overlooking the Tweed Valley. The walk along the escarpment features many ancient Antarctic Beech Trees. We will complete the circuit by returning along the Border Track. The entire walk is in the rainforest.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 2 Mar
LEADER: Graham Olive 0455 539 999
See walk description for Mon 23 Feb.

CHERMSIDE HILLS RESERVE

Training Thu 5 Mar
LEADER: Richard Duczmal 0400 744 896
See walk description for Thu 26 Feb.

LAMINGTON NATIONAL PARK - DAVID SYDES' BIRTHDAY

Social - Birthday Celebration Fri 6 -- Sun 8 Mar
LEADER: Wade Chang / David Sydes wad-
age@gmail.com
LIMIT: Size of the Green Mountains camping
area
BRING: Your Own Stuff
MEET: Green Mountains camping area
We are having a birthday party for David at Lam-
ington National Park. If you are a friend of his, or a
friend of his friends, or just want an excuse to
drink some nice Red wine with him. Come and
join us at Green Mountains camping area.
PLEASE NOTE: ****YOU NEED TO BOOK YOUR
OWN CAMPSITE**** **Nominate your own walks
that is available on the website** Leaders: Feel
free to put a walk on the website.

BLACK CANYON - SLOW / FAST

Day Walk Sat 7 Mar
LEADER: David Sydes/Paul Sharwood
0419 871 100
GRADE: LDW-6D
LIMIT: 20
MEET: Green Mountains
DEPART: 6am/7am
David will lead a "slower" group (leaving at 6am),
Paul will lead a faster group, leaving at 7am
(TBC). You can decide which group you'd prefer
the night before..... Black Canyon is a spectacular
feature of the Albert River in Lamington National
Park, and features a pair of waterfalls (Lightning
and Thunder falls) which drop into a wonderful
swimming hole at the top of the box canyon. Par-
ticipants need to be comfortable with both scam-
bling and rockhopping for this walk. This will be a
long day, commencing with a brisk walk along the

track system from Green Mountains towards the
Albert River. We will drop off the track and scam-
ble down a steep slope (with possibly loose rocks)
into the canyon. We will then rock hop up the
creek to the head of the canyon for lunch and a
swim. If we have wet weather, we may need to
consider alternative walks (e.g. Fountain Falls), as
the rock hopping may be too slow and dangerous
in slippery conditions. We return via the same
route

STH KOBBLE CREEK - THE SOURCE

Day walk Sat 7 Mar
LEADER: Kelvin Taylor
GRADE: SDW-5B
LIMIT: 12
COST: \$10
MEET: Bi-Lo Alderley
DEPART: 7.30 am

South Kobble Creek in D'Aguiar National Park
forms the basis of many off track creek walks,
ranging from easy to quite demanding. This is
probably one of the easiest and so is suitable for
people new to walking, who want to get into a bit
of off track. We will descend down a steep ridge
into the creek and then proceed upstream, pass-
ing various cascades and waterfalls along the
way. Continuing until the creek runs dry and exit-
ing back near the cars. The creek will be mainly
dry, no need to get wet. The walk will be cancelled
if raining as it gets very slippery. You will still need
reasonable fitness and I will leave that up to the
nominee to evaluate their own capabilities.

MORETON ISLAND

Through Walk Sat 7 -- Sun 8 Mar
LEADER: Wendy Spiry 0409 055 000
GRADE: LTW-4C
LIMIT: 10
BRING: Usual through walk gear. Sunscreen
and insect repellent.
COST: \$80 approx
MEET: MICAT terminal, Howard Smith Drive,
Port of Brisbane
DEPART: 8:30am

A weekend of sand and ocean! On Saturday
morning we will walk along the calm side of the
island until we reach the Big Sandhills. Bore water
is available here. After a rest we will either pick up
a track for the last few kilometres across the is-
land to the ocean side or we will take the steeper
and longer trip across the Little Sandhills instead.
We will camp on a lovely little plateau overlooking
the beach, with another bore for water nearby. On
the Sunday we will pack up and head back to
Tangalooma via the Rous Battery track. Points of
interest along the way include World War 2 relics
and lovely coastal forest. We cross the "Desert"

just before descending to the beach again near Tangalooma (time for a swim!). After a drink at Tangalooma resort we will catch the 4.30pm barge home. This is a beautiful walk but bear in mind that we will cover about 37km in total and it can be hard walking on sand. Also at this time of year it will probably be hot.

CHERMSIDE HILLS RESERVE

Training Thu 12 Mar
LEADER: Richard Duczmal 0400 744 896
See walk description for Thu 26 Feb.

NEW MEMBERS BASE CAMP - MT GLORIOUS

New Members Base Camp Fri 13 -- Sun 15 Mar
LEADER: David Sydes 0419 871 100
GRADE: SBC-3A / SBC-4B
LIMIT: 25
BRING: Base camp gear, tent, sleeping bag etc. PLUS 'Must take Page 3'
COST: \$5 per person per night camp fee
MEET: Friday 4pm onwards
CAR KMS: 50km

MAP: D'Aguilar National Park

We will be staying at the Barracks at Mt Glorious - a National Parks facility which the club is able to use one weekend each month. The venue has a large grassed area, covered spaces for outdoor meals etc. plus a fully equipped kitchen (fridge, stove, microwave, crockery, cutlery, glasses etc.), shower and toilet. There will be a choice of walks on both Saturday and Sunday - probably a track walk (3A) and also an introductory off-track walk - Northbrook Gorge or the Piper Comanche wreck (4B). On Saturday afternoon and Sunday morning, we will also be covering the MiniMaxS course content for new members - equipment, first aid, bushwalking ethics, safety and training etc. This weekend is a great opportunity for new members to meet each other, as well as a few more experienced members, to learn about bushwalking and the club in a relaxed social setting. You'll need to bring base camping gear (tent, sleeping mat and bag etc), your food for the weekend, plus nibbles to share for one night. Directions on how to find the Barracks will be emailed to you a few days before the weekend.

BLACK CANYON/LOST WORLD

Through Walk Fri 13 -- Sun 15 Mar
LEADER: Tim Easton 0421 139 022
GRADE: MTW-7D
LIMIT: 7
BRING: Page 3, through walk gear
COST: \$25 fuel, \$10NPWS
MEET: Green Mountains camp site
DEPART: 6.00am Saturday 14 March
CAR KMS: 300km return

MAP: Lamington NP, Hema 1:35,000

A good level of fitness is required as we will be dropping 350m into Black Canyon then climbing up into the saddle of Lost World to camp Saturday night. Sunday we traverse Lost World then drop another 450m into the Albert river before ascending another 470m to Lamington Plateau. This is steep and quite dangerous terrain; experience required.

OBI OBI CREEK, GREAT WALK TRACK

Minimax Sat 14 Mar
LEADER: Julie Moore 0402 722 871
GRADE: Minimax S3A
LIMIT: 12
BRING: Swimmers. As per page 3 in mag
COST: \$20
MEET: Alderley
DEPART: 7am
CAR KMS: 200 + car shuffle

A delightful easy DW on a graded track following Skene Ck and Obi Obi Ck. We follow the tourist route to Kondallila Falls then descend on a graded track to the bottom of the falls. From here we walk beside Skene Ck and Obi Obi Ck to Baroon Pocket Dam where we will have previously left cars to take us back to Kondallila Car Park. We walk through rainforest and over woodland ridges. This is a 10km, 5hr walk so there is ample time to stop for Minimax talks on safety, first aid, bush ethics etc. also time for lunch by the water and a swim. The track zig zags up and over 2 ridges but these should be within the capability of average walkers.

SUMMER CREEK FALLS

Day Walk Sat 14 Mar
LEADER: Neil Parker 0430 367 260
GRADE: MDW-7C
LIMIT: 10
BRING: Usual day walk gear, 3L water, water-proofed packs
COST: Carpooling -\$25
MEET: Alderley
DEPART: 6am
CAR KMS: 250km

MAP: Mt Langley, Borumba Dam 1:25 000
Summer Creek is in the Conondales and offers beautiful pools for swimming, moderate rockhopping up the creek, a spectacular gorge to swim through & a two part waterfall to climb. We drop down a grassy slope into the creek, then it is fairly easy rock hopping until lunch time and some superb pools. Packs have to be waterproofed for the next section which involves swimming through a canyon, clambering over some large boulders and another swim to the base of the waterfall. The climb up the two sections of the waterfall requires

competence climbing up steep rock, care, plus the ability to cope with exposure. Once up the waterfall, we start back on part of the Great Walk, before picking up a faint track back to the road and the cars.

LOVE & CEDAR

Day Walk Sat 14 Mar
LEADER: David Haliczzer 0432 901 030
GRADE: SDW-6C
LIMIT: 8
BRING: day walk gear
COST: \$10
MEET: Alderley
DEPART: 6:30am
MAP: D'Aguilar NP 1:30000

Starting from Alex Rd we will descend the nearby tributary to Love Ck and then descend Love Ck past Love Ck Falls to the Cedar Ck Junction. From here we ascend to the top of Greens Falls and then to Alex Rd again via hill 759781.

RAT-A-TAT, LAMINGTON NP

Through walk Sat 14 -- Sun 15 Mar
LEADER: Elena Williams 0439 873 311
This activity is full.

SUNSHINE COAST HINTERLAND GREAT WALK STAGE 3 - GHEERULLA CIRCUIT

Day Walk Sun 15 Mar
LEADER: Bernie Ryan 0432 907 275
This activity is full.

ENOGGERA GORGE

Day Walk Sun 15 Mar
LEADER: Neil Parker 0430 367 260
This activity is full.

SPRINGBROOK WESTCLIFFS

Day Walk Sun 15 Mar
LEADER: Geoff Anstey 0427709258
GRADE: SDW-5C
LIMIT: 12
BRING: 3 litres water, gloves, long sleeves, gaiters/trousers
COST: \$20
MEET: Fairfield Gardens
DEPART: 7:00 am
CAR KMS: 200 km return
MAP: Springbrook 1:25 000

This is an interesting walk, mostly through rainforest with views over Numinbah Valley from the west cliffs of Springbrook National Park and at the end over the Tweed Valley from Best-of-All Lookout. Depending on numbers we may start by walking 2 km down Repeater Station Rd from the Lookout, and then head west into the National Park to the cliffs and south along the line of the

cliffs, with a number of creek/gully crossings and a few viewing opportunities, including our morning tea spot. We then continue along the cliffline before descending a steep ridge, contouring across the steep slopes and another major gully and then back up another very steep ridge adjoining a cliff to our lunch spot. From there we have the option of taking the usual route back up the second-southernmost ridge to the Lookout or the slightly more difficult (more wait-a-while vines) southernmost ridge. Refreshments afterwards back at Springbrook village store.

ENOGGERA GORGE

Day Walk Wed 18 Mar
LEADER: Lou & Marion Darveniza3378 4031
This activity is full.

CHERMSIDE HILLS RESERVE

Training Thu 19 Mar
LEADER: Richard Duczmal 0400 744 896
See walk description for Thu 26 Feb.

MT COOT-THA FOR NEW MEMBERS

Minimaxs Sat 21 Mar
LEADER: Lou & Marion Darveniza3378 4031
GRADE: MINIMAXS4A
LIMIT: 15
BRING: Usual day walk gear including the P3 items, 2 L water
MEET: Toowong Memorial Park (car park) Sylvan rd, Toowong. UBD p159, A16
DEPART: 7am
MAP: D'Aguilar National Park 1:30 000
MOBILE TO RING ON DAY OF WALK ONLY.: 0438 481 186

This trip is designed to introduce new members to bushwalking and to the Brisbane Bushwalkers club. We will meet at the car park of the memorial Park on Sylvan Road, Toowong and then travel to Mt Coot-tha. Mt Coot-tha has plenty of tracks, formed and unformed plus several creeks which will enable new walkers to experience a variety of terrains. The creek bits will be Terrain 5 and there will be an opportunity to do some scrambling (Terrain 6)- alternatives do exist. Being a Minimaxs, we will be discussing safety, clothing, club protocol, minimal environmental impact, first aid, the clubs grading system etc. We expect to finish early afternoon. Bring morning tea, lunch and the "always take" items on p3 of the magazine.

ISOLATED PEAK

Day walk Sat 21 Mar
LEADER: Kelvin Taylor
GRADE: MDW-7D
LIMIT: 10
COST: \$25

MEET: Fairfield

DEPART: 7 am

I consider Isolated Peak to be the best value on Mt Barney. So close to the majestic northern faces as we go from peak to peak along the lower part of Eagles Ridge. We will return down an eastern ridge and cross country back to the cars at lower portals car park. Isolated is only 800 and something metres but the ups and downs along the way make the total over 1,000. You will need suitable BBW history of course.

PARKLANDS CONSERVATION PARK

Survey Sun 22 Mar

LEADER: Karen Ryan 0419 733856

This activity is full.

AROUND MT BANGALORA

Day Walk Sun 22 Mar

LEADER: Lou & Marion Darveniza3378 4031

This activity is full.

BOOLOUMBA FALLS PHOTOGRAPHIC

Day Walk Sun 22 Mar

LEADER: Peter Hunt & Martine Jellema
0431 652 083

This activity is full.

CHERMSIDE HILLS RESERVE

Training Thu 26 Mar

LEADER: Richard Duczmal 0400 744 896

See walk description for Thu 26 Feb.

BASE CAMP LAKE MAROON HOLIDAY PARK

Navigation Training Fri 27 -- Sun 29 Mar

LEADER: Lynley Murtagh 0414 631 115

GRADE: MBC-4A S&T

LIMIT: 24 + Leaders/Helpers

BRING: Day walking gear, food, water, compass

COST: \$12.00 pp per night unpowered camping fees

MEET: We will meet at the Maroon Holiday Park Friday night

MAP: Maps will be supplied, please bring your compass

This weekend is to learn how to read a map and then put it into practice by finding some markers. The plan would be to arrive on Friday night and settle in and meet everyone. You can just come on Saturday morning if you need we will start at 7.30 am. The training will be held over two days with the instruction being held on Saturday followed by an introduction to putting your newly acquired skills into practice. On Sunday we will improve your navigation skills and have some fun finding more controls. We will be off track and will split into small teams, each with a mixture of expert and beginner

navigators. Each team will take some controls and set them at marked points in the bush, then go on to visit controls that have been set by other teams. After lunch we venture out once more to collect the controls. The focus for each team will be to learn and improve upon navigation skills, rather than competing and getting the most controls. Dress for bashing through scrub. Maps of the walk area will be provided. Bring your compass if you have one. We will have a few compasses available to buy for those who do not own one yet. We will be off-track most of the day. Don't forget the gear from page 3 of the mag plus your base camping equipment. We will have nibbles on Saturday afternoon and time to recap the day.

The cost of camping is \$24 for two nights just for a tent site (\$8.00 per night extra for a powered site) so when you nominate please deposit funds into my bank account and put your name in the reference. The BSB is 638-010 and the account number is 11124822 the account name is Lynley Murtagh. Once the funds are there I will accept the nomination. Please bring along a chair (full size) that you will be able to use as we will be sitting at tables for the navigation training. If you have a camp table can you please let me know and bring it along with you. The weekend will be held at the Lake Maroon Holiday Camp. Please look at the website for directions and park rules. <http://www.lakemaroon.com.au/>

MT GREVILLE - NORTHERN GORGES

Day Walk Sat 28 Mar

LEADER: David Haliczzer 0432 901 030

GRADE: MDW-7C

LIMIT: 12

BRING: P3 gear

COST: Petrol - \$20

MEET: Fairfield Gardens

DEPART: 6.30am

CAR KMS: 200Ks

MAP: Mt Alford

Similar to the 3 Gorges Walk in some ways this is my own version. We ascend by the rocky ridge north of Waterfall Gorge and then to the lookout for MT. After this we descend into the Northern gorges where we will have some scrambling on one or two of the isolated pinnacles. We ascend through a tight gorge that includes some serious chimney moves. Only suitable for those who are competent and confident with rock scrambling.

LOGANS RIDGE, MT BARNEY THROUGH WALK

Through Walk Sat 28 -- Sun 29 Mar

LEADER: Lou & Marion Darveniza3378 4031

This activity is full.

BINNA BURRA TO O'REILLYS TO BINNA BURRA

Through Walk Sat 28 -- Sun 29 Mar
LEADER: Wendy Spiry 0409 055 000
GRADE: XTW-3C
LIMIT: 10
BRING: Page 3 and usual through walk gear
COST: \$20 + \$5.75 per person for tent site
MEET: Fairfield Gardens
DEPART: 6:00am
CAR KMS: 200km approx
MAP: Lamington NP

This 2 x 21 km through walk is in the rainforest on the border track at Lamington National Park. We will have views into the Numinbah Valley, across to Springbrook, the escarpment, into the Tweed Valley and Mt Warning. Apart from its distance, this is an easy walk through rainforest with its many ancient Antarctic beech trees. Tent sites at O'Reillys can be booked at <http://parks.nprsr.qld.gov.au/permits/> - look for Lamington National Park - Green Mountains camping area tent sites. You are responsible for organizing and paying for the tent site booking. The campsite has proper showers, toilets and level tent sites. However it is a long walk.

GREAT OCEAN WALK

Through Walk Tue 31 Mar -- Wed 8 Apr
LEADER: Sandra Winzar 0419 679 667
This activity is full.

SUNDOWN CIRCUIT

Through Walk Thu 2 -- Mon 6 Apr
LEADER: Lou & Marion Darveniza 3378 4031
GRADE: MTW-7D
LIMIT: 8
BRING: Light Through walk gear, nibbles to share for one night
COST: \$23 camping fees + car pooling
MEET: TBA
DEPART: Thursday 2 April TBA
CAR KMS: 600 km (approx)
MAP: Mt Donaldson and Sundown 1:25000
MOBILE - OFTEN NOT ON: 0438481186

Sundown National Park is located south-west of Stanthorpe and it is a spectacular rocky and relatively arid environment. Thursday night we will camp at the National Park Broadwater campground by the cars. Next day, after crossing the Severn River, we will travel up McAllisters Creek and camp fairly high up. On Day 2 we climb Mt. Donaldson then descend back to the Severn River via Donaldson Creek and camp on the banks of the Severn river. On Day 3 we will go up the spectacular Blue Gorge and aim to camp close to the source of Ooline Creek. Day 4 will involve coming down Ooline creek involving many waterfalls and back to the cars. A good level of

scrambling ability is needed for this trip. There are many serious sections.

MT BARNEY - BARRABOOL CREEK & PEAK

Through Walk Fri 3 -- Sun 5 Apr
LEADER: Peter Shera 0435 866 933
GRADE: MTW-7D
LIMIT: 6
BRING: P15 of Members Handbook
COST: petrol \$25/passenger, camp fee \$5.75/person/night
MEET: Yellow Pinch Reserve
DEPART: 5am from YP Reserve.
CAR KMS: 210km
MAP: Sunmap Topographic, Mt Lindesay, 9441-31, Qld&NSW, 1:25,000

Day 1.

YP Reserve – IsolatedCk – Eagles Saddle – BarneyFalls - BarneyCk – Barney Gorge Junction campsite – BarneyCk - BarraboolCk Junction campsite.

Day 2.

BarraCk Jn campsite – up dramatic and scenic BarraCk via pools, gorges, waterfalls, to Turnback-Falls GRef678728 – upper BarraCk around behind Long Barra Ridge up to BarraboolPk/WestPk Saddle - BarraPk campsite.

Day 3.

BarraPk campsite – WestPk – RumJungle - EastPk – NorthPk - Eagles Saddle - IsolatedCk - YP Reserve.

OR

BarraPk campsite – WestPk – RumJungle - EastPk – RockyCk - YP Reserve.

OR

BarraPk campsite – WestPk – RumJungle - EganCk - YP Reserve.

CANIA GORGE EASTER BASE CAMP

Base camp Fri 3 -- Mon 6 Apr
LEADER: Karen Ryan 0419 733 856
This activity is full.

OXLEY WILD RIVERS NP

Through Walk Fri 3 -- Mon 6 Apr
LEADER: John Mitchell 32819751
This activity is full.

HIKING in the SIERRAS

The Sierra Nevada of California is a massive area of wilderness. On the western side are the well known National parks - Yosemite, Kings Canyon and Sequoia. The eastern side is under the jurisdiction of the Inyo National Forest.

There are hundreds of kilometres of trails - well maintained and marked. The famous John Muir Trail starts in Yosemite Valley and ends at Mt Whitney, the highest peak in the contiguous USA, but numerous shorter hikes can be planned and are very rewarding. It is recommended to start in with shorter multiday hikes.

Good maps are readily available plus numerous guidebooks. (Tom Harrison maps or National Geographic best for trail hiking).

Topomaps (1:24000) can be downloaded from USGS for free - these are essential for off track.

A Wilderness Permit is necessary for all overnight hiking. These can be reserved ahead of time for a small fee. Non-reserved permits are free. All permits need to be picked up in person from a ranger station.

The most popular trails will have a daily quota so it is worthwhile reserving online.

A bear canister is mandatory for almost all areas. These can be hired from the ranger offices, though they are not expensive (about \$70) unless one wants the lighter carbon fibre one for a mere \$230. Bears can be a problem in the very popular camping spots, but they are only interested in getting food. Bear canisters are to be placed about 30m from tents and anything with a scent must be in a bear canister (includes toothpaste, sunscreen etc).

Some popular hikes will have bear boxes provided at designated camping grounds, avoiding having to take a bear canister.

GETTING THERE

Fly into Los Angeles or San Francisco. It is very easy to get to the centre of SF by train (BART - Bay Area Rapid Transit), and it is an easy city to get around in.

If flying to LA, then take a connecting flight to either SF International (SFO) or Oakland airports. From these airports, catch a BART into the city.

From LA, a plane flies daily to Mammoth Lakes.

PUBLIC TRANSPORT

Sequoia NP - train or Bus from LA or SF to Visalia, then a cheap shuttle up to the Giant Trees. The AMTRAK trains are excellent and cheap.

Kings Canyon - no public transport

Yosemite - train or bus to Merced, then a YARTs bus to Yosemite Valley (Yosemite Area Regional Transit).

A YARTs bus goes a couple of times a day to Tuolumne Meadows and on to Mammoth Lakes. Also a Hiker's bus leaves Yosemite Valley each morning for the high country and can drop hikers off at various trailheads before stopping at Tuolumne Meadows for a few hours.

YARTS - timetables from www.yarts.com

Mammoth Lakes -

There is a shuttle service to Devils Postpile regularly each day passing a number of trailheads.

Bishop can be reached from LA by bus. It is a hub for hikers and has several buses a day between it and Mammoth Lakes **during the week**.

Shuttles to the trail heads can be organised at Bishop (or hitch).

ACCOMMODATION

Yosemite Valley - there is a backpackers campground where those with wilderness permits can stay for **one** night before and after a hike. (\$5 per person). Other accommodation (including camping) is usually booked out ages ahead. The backpackers campground is at the back of the North Pines campground.

(Backpacking is the term used for Through Walking)

Tuloumne Meadows - has a campground for backpackers who have wilderness permits plus a public campground which is full most of the time.

Mammoth lakes - Two campgrounds in the town - plenty more in the Lakes Valley. Plenty of Motels, but best to book ahead.

Bishop - lots of motels, but usually full on weekends. There is a nice shady campground 1 mile (1.6km) south of the town, but Bishop can be hot and it is 1.9 miles (about 3km) to walk to the excellent supermarket on the northern side.

GEAR SHOPS

San Francisco - REI (Recreational Equipment Incorporated)

Sports Basement

North Face

Marmot

Patagonia

Merrill

More stores at Berkeley.

Mammoth Lakes -

Mammoth Mountaineering

Bishop -

Wilson's Eastside Sports

Mammoth Mountaineering Gear Exchange

Tuolumne Meadows -

Tuolumne Meadows Sports Shop

Yosemite Valley -

Village Sports Shop,

Yosemite Mountain Shop

PERMITS

Inyo National Forest (US Forest Service www.fs.usda.gov/inyo/)

Sequoia & Kings Canyon National Parks (U.S. National Park ...www.nps.gov/seki/)

Yosemite National Park (U.S. National Park Service) www.nps.gov/yose/

REFERENCES

Maps

Tom Harrison Maps obtained from www.rei.com

Mt Whitney High Country Trail Map

Kings Canyon High Country Trail map

Mono Divide High Country Trail Map

Mammoth High Country Trail Map

Yosemite High Country Trail Map

There are numerous publications for hiking.

Suggest looking at Amazon.com and or REI.com

There is also a lot of information on the web.

All the books listed below are available as e-books.

"John Muir Trail" - Elizabeth Wenk

even if not planning the do the JMT, it is a wealth of information.

"50 short Best Hikes - Yosemite National park & Vicinity" - Elizabeth Wenk

For cross country hiking (=off track walking)

"Peaks Passes and Trails of the High Sierra" - RJ Secor

"The Sierra High Route" - Steve Roper

Marion Darveniza

Super Ultra Lightweight Gear for Thru Walkers

Notes from presentation at December meeting by John & Julie Shera

There are a few dozen companies [mostly cottage industries] in the US that are producing ultra lightweight bushwalking gear. Use of this gear allows for some quite remarkable weight reductions in your overnight pack. For example, my 9 day Tassie through walking pack once weighed 20 kg. Now it weighs 14 kg. Similarly my overnight Mt Barney pack now only weighs a bit over 7 kg.

Much of this weight reduction is through the innovative use of cuben fibre or GTF3. This material is related to the ultra light and strong slings used in rock climbing [Dynema]. As cuben fibre was originally developed as a high strength sail cloth it lends itself to the manufacture of light weight tents, tarps, groundsheets, dry bags, packs and even a "breathable" style raingear.

Other ultra lightweight products not involving cuben fibre are sleeping bags and down jackets. The remarkable lightness of these down products is achieved by using simple designs coupled with the lightest shell materials and 900 loft down.

Below is a list of typical ultralight products and approximate weights:-

Pack 60L	500 g
Raingear [breathable] jacket plus pants	250 g
Double tent [with pegs, poles]	700 g
Tarp 3m x 3m [with 40m of Spectra string]	280 g
Sleeping bag (minus 7°C)	480 g
Down jackets	150 g to 370 g
Set of Dry bags, Pack liner, Pack cover	245 g [cf 503 g for same in Sil nylon]
Sleeping mat [Neo Air]	250 g or 350 g [full or 3/4]
Pillow dry bag	60 g
PLB	150 g [down from 250 g]

To check out companies that make this gear just google 'ultralight hiking gear cottage industries'. Hyperlite mountain gear, Gossamer gear, Zpacks, Mountain Laurel Designs, Antigravity Gear, Mont Bell and ULA equipment are just a few of those on offer.

Most of this gear is only available online and the waiting time can be anything from one to six weeks.

What does all this cost?

Below are some prices from one of the more respected cottage industries [Zpacks]. Prices are in USD.

Duplex tent \$595	Breathable raincoat \$235	Breathable rainpants \$160
Tarp 3m x 3m \$275	60L pack \$289	Pack cover \$39 Pack liner \$39
Sleeping bag [-7°C] \$390	Water purifier \$24	Dry bags \$16 to \$25

Strategies towards getting pack weights down include :-

Keeping spare clothes light and to a minimum.

Know exactly how much food you consume per day.

Consider using a soft drink style metho stove [google red bull alcohol stove]

Don't go for fiddly bladder type drink containers. Soft drink bottles are lighter and are rated to withstand well over 50 psi pressure.

Sharing gear can save from 1 to 3 kg. Items to consider sharing are:- tent, First Aid kit, toilet kit, stove, pots, PLB, GPS, phone, double quilt.

Keep footwear light. My old boots are a full kilo heavier than the lighter ones I have now, and research has shown that an extra kilo on the feet is equivalent to an extra 4 kilos on the back.

If any club members have any queries regarding this gear I will be happy to answer emails or phone calls.

John Shera

Mt Glorious Barracks - Historical Photo

Many BBW members will have been to a weekend basecamp at the Barracks at Mt Glorious. It is an old forestry camp owned by Qld National Parks and BBW is allowed to use this facility several times a year.

This is a photo of the Barracks which may have been taken back in the 50's judging by the age of vehicles in the picture. The buildings and fences in the foreground have long gone and the two main buildings at the rear are the ones we use today. It is amazing how the rainforest has regenerated around the site. So much so, that National Parks will have to clear the trees from around the helipad this year, as the proximity of the regrowth has become a hazard to helicopters landing there.

Arthur Walton



Leeches

The information below is an extract from "Tropical Factsheets - Leeches". It is one of a series of fact sheets based on the Tropical Topics newsletters edited by Stella Martin and produced by the Wet Tropics Management Authority and the Queensland Environmental Protection Agency.

The full Factsheet is available online at: www.wettropics.gov.au/site/user-assets/docs/leeches.pdf

- It is difficult to outwit leeches. To keep leeches from biting you, avoid brushing against low vegetation in damp or wet places.
- Cover your socks and shoes with eucalyptus oil or soap. The lather repels leeches. You can also wear pantyhose on the outside of socks and long pants to keep leeches off your legs.
- If you apply insect repellent to your socks and shoes, keep clear of creeks so you don't pollute the water.
- To detach a leech, carefully expose the leech to heat such as a lighted cigarette or a flame or try sprinkling it with salt, tea tree oil, eucalyptus oil, alcohol or insect repellent. Don't pull leeches off. This can tear the skin which may then become infected.
- If you just want to move the leech on, slide a fingernail under the biting end. (The hirudin anti-coagulant might cause the bite to bleed for some time, and the bites are often itchy.)
- Leeches can be dangerous if they fasten themselves to an eyeball. The only safe thing to do is wait for 15-40 minutes until the leech detaches itself and drops off. Don't pull the leech off and don't apply salt or you may damage your eye.

Chris Hall
Safety & Training

Trial - One Club Meeting a Month - March, April, May

The Club is evolving and David Syde's survey last year, as well as word of mouth as we walk, kayak, abseil, cycle and train together has indicated that the need and the desire for a second Club meeting every month may be dwindling.

It is also putting greater pressure on the Committee, and Steve Cockburn, our Vice President, to think of ways to encourage people to attend. When we don't have a special activity, which is usually a guest speaker, the bulk of the attendees are new members. There is no longer a need to spruik a walk - the website does that very well, and trip reports are nearly a thing of the past.

Therefore, the Committee has decided on a three month trial period of only having **one Club meeting a month - the 2nd Wednesday in that month**, starting March. There could be an issue with the loan of equipment, but our Equipment Officer, Anne Cumpston, along with David Sydes will advise nearer the date, how this will be addressed.

The Committee welcomes opinions on this initiative and you can contact them on committee@bbw.or.au

Marge Henry

Update: *There will be someone from the committee attending the hall on the 4th Wednesdays to receive / loan out equipment, between 7:30pm and 8pm.*

"Bring and Buy" Table - Wednesday 25 Feb

Many of us have become gear junkies, buying the newest or lightest or most gadgety items when it comes to bushwalking. Now is the time to get rid of some of those impulse purchases, or items that you may just no longer need. And a chance to possibly pick up something that you never knew you needed till you saw it! Therefore bring any items you wish to sell to the meeting - clearly labelled with your name and a desired price.

This is not an auction - you will be responsible for your own bargaining & sales.

Marge Henry

Guest Speakers

Wednesday 11 Mar Journey to Mt Everest Base Camp

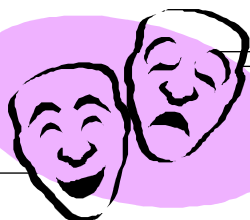
Ian Poynten and Angie Sobrya

Ian and Angie have just returned from a walk to Everest Base Camp. This journey has been more than just a walk. It has been the culmination of a long personal objective for Ian and the beginning of a new one for both. Ian and Angie will share their pictures and thoughts on this journey.

Wednesday 8 Apr How To Take Better Landscape Photos

Martine Jellema (BBW Photographic Officer)

Do you ever feel that your bushwalking photos do not do justice to the wonderful scenery you have explored? Then this presentation may be for you. BBW Photographic Officer Martine Jellema will provide tips and tricks on how to improve your landscape shots. This presentation will consist of three parts. The first part will focus on composition. This part will be useful to all photographers, regardless of what type of camera they use. The next part will focus on how to use an SLR camera to good effect. If you've ever struggled to get good photos out of a good camera, this section is for you! Last but not least, the third part will deal with mobile phone photography and the wonderful apps and gadgets available to today's landscape photographers. Bring pen and paper to take notes.



Out & About

GREEK DINNER NIGHT AT THE OUZERI

Social Fri 27 Mar
LEADER: Karen & Bernie Ryan 0419 733856
LIMIT: 10
BRING: cash for one bill per table
COST: \$18 - \$38
MEET: 118 Boundary Street, West End
(Cnr Boundary & Russell St)
TIME: 6.30 pm

If you've been to this restaurant before you'll know all about their fantastic meals ... delicious Greek style seafood, steak and pasta dishes. Choose from a wide variety of tasty dips, meals and tempting desserts. The blue and white table cloths, the music and the huge variety of dishes reaffirms that Ouzeri restaurant provides a deliciously Greek dining experience. Owner and head chef, Arthur Rizos, has made sure he offers a wide choice of Greek dishes including souvlaki, Greek sausages, dips and breads, dolmades, quails and vegetarian plates. The restaurant is both licensed and BYO corkage for BYO is \$3.50.

KOOKABURRA CAFE DINNER NIGHT

Dinner Night Sat 9 May
LEADER: Karen Ryan 0419 733 856
BRING: birthday wishes
COST: as per description
TIME: 6:30pm
MEET: 280 Given Terrace, Paddington
Phone number of the restaurant: 33692400

The Kookaburra Cafe is a Brisbane landmark, very popular with locals and tourists alike. Situated in the inner Brisbane suburb of Paddington, it combines good food and value with ambience and architecture from a past era. The Kookaburra Cafe is the home of the 50 piece pizza, supposedly Australia's biggest. The menu consists of pizza and pasta dishes as well as various meat, fish and salad dishes. The restaurant is also fully licensed. Prices; Entrees; \$4-\$14, Mains; \$11-\$28 and Desserts; \$6-\$9 This is a milestone birthday for my amazing husband Bernie and we will be honoured to share the night with our BBW friends and comrades.

Upcoming Rogaine Events

Bushwalkers who would like to practice or improve their navigation skills might like to try out some of the rogaie events offered by the Queensland Rogaine Association for SE Qld.

- 7-8 March 8hr "Upside Down" Night/Day Rogaine, Daisy Hill, Brisbane
- Sat 28 March Training Day (8am - 1pm) Bunyaville State Forest, Brisbane
- Sun 29 March Mini Rogaine (3 hours) Bunyaville State Forest, Brisbane

Training Day - This is a great way to try out Rogaining

This is aimed at both novice and semi-experienced rogainers. The day will be adapted to the number of participants, and their level of navigation experience. The day will consist of both theory and hands on exercises. Topics to be covered include Navigation, Course Planning, Nutrition and lots more.

The training day will run from 8am until about 1pm. Then you can come the next day (Sunday 29th March) to test your skills in the Bunyaville 3hr Mini-Rogaine!

The Training Day is only held once a year, and it's in Brisbane - so why not give it a go?

For further information and more event dates visit the QRA web site at www.qldrogaine.asn.au

Magazine Collating

Magazine collating is at Mary Comer's at Highgate Hill on Thursday 19th March at 6:30pm. There is only about 1½ hours work required. If you would like to help while enjoying an easy social night with dinner please phone 3844 6231 to confirm.



For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.



If you have recently changed your address, mobile number or phone number (home or work) or email, please update your record on the website so that the Club register can be kept up to date.

If unclaimed, please return to:
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GPO Box 1949
BRISBANE 4001

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