

The
BRISBANE BUSHWALKER
May 2014



BRISBANE BUSHWALKERS MONTHLY NEWS



**BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001**

www.bbw.org.au

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The next committee meeting, to be held at 7.30pm on **Wednesday 7th May**, is at Tom Cowlshaw's at 47 Samford Road, Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: Pre-trip descriptions are submitted via the leaders page on the web site. Any articles from members, especially post-trip reports, are welcome. The editor reserves the right to edit articles to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

Deadline for the June magazine is the Open Meeting on Wednesday 14th May.

MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum
Couples \$60 per annum

Annual membership falls due 31st January.

Probationary Members:
Singles \$25 per 6month
Couples \$40 per 6 month

COVER PHOTOGRAPH

Mt Doubletop, Mt Huntley Throughwalk
Photo: Richard Lukacz



EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat..... \$2.00
Self inflating mat..... \$5.00
Stove..... \$5.00
Tent or Pack \$10.00

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

All equipment may be booked for hire by phoning the Equipment Officer.

Pre-booking will ensure availability.

PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only. Extended loan periods will need to be arranged with the Equipment Officer.

LIBRARY

Available on the library table at all meetings:

- For sale: Long sleeve shirts \$25, Short sleeve shirts \$20, Fleece Jackets \$35, Fleece Vests \$30, Hats \$13, Caps \$10. These articles have the club logo embroidered on them.
- Car stickers and cloth badges: all \$3.00
- Long, wide bandages to be used in the unlikely event of a snake bite \$10.00
- Maps and Rasters: free loan to leaders
- Free loan to members:- Books, Magazines, DVDs and CDs. Come and browse the selection.

FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members) for half price for those who attend.

Club Officials

President	David Sydes	0419 871 100
Vice President	Steve Cockburn	3260 5787
Secretary	Tom Cowlshaw	0427 226 006
Treasurer	John Andresen	
Outings	Arthur Walton	0418 730 541 email: outings@bbw.org.au
Safety & Training	Marge Henry	3856 5757
Membership	Marion Darveniza	3378 4031 email: membership@bbw.org.au
Librarian	Graham Olive	3277 5279
Equipment	Julie Moore	3353 5641 email: equipment@bbw.org.au
Photographic	Shaun Johnston	0478 124 075

Social	Kay Byrne	3264 3960
Abseil Co-ordinator	John Granat	0409 620 047
Members Registrar	Marge Henry	3856 5757 email: registrar@bbw.org.au
Website Admin	Shaun Johnston	email: webadmin@bbw.org.au
Editors	Eugene Hedemann	3359 3114
	Jenny Zohn	3272 2732 email: editor@bbw.org.au

Contact Officers
0431 691 773 or 0423 095 580 or 0434 194 996
These are VOICE ONLY numbers (ie. no SMS)

ABBREVIATIONS & GRADING

DISTANCE Short — Under 10 km per day
Medium — 10 to 15 km per day
Long — 15 to 20 km per day
EXtra Long — Over 20 km per day

ACTIVITY **ABS**eil; **Base Camp**; **Day Walk**; **Through Walk**; **Easy Through Walk**; **Night Walk**; **SOC**ial Activity; **KaYaK**;
CYCle; **Safety & Training**; **Federation Mountain Rescue**; **ROG**aine.

FAMILY Family — Family Group conditions; contact Leader

Note for Leaders when grading a walk: *The brief descriptions below are to help members match their ability to an activity. To grade your walk consult the Standard List of Graded Walks.*

TERRAIN GRADING - 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

FITNESS & ENDURANCE GRADING - A to E (Note: Walking times do not include breaks.)

- A** Basic - Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- B** Easy - About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate - About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High - High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging - Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or from the BBW website).

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

CAMPING FEES: National Park or State Forest camping fees are \$5.60 per person per night. (The leader will provide details.) Many NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

Example -- **FSDW-3B**
Family (**F**)
Short Day Walk (**SDW**)
Graded track with obstacles (**3**)
Easy (**B**)

PROGRAM

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

April

21	MDW-4C	Spring brook Plateau via Tallebudgera Crk	Ray Glancy
23	Meeting	Peter McMahon - Trails in Enoggera Creek Area	
24	SNW-3B	Mt Coot-tha Thursday night walk	Graham Olive
24-27	MTW-6D	Teviot Gap to Spicers Gap	David Sydes
24-27	MTW-6D	Spicers Gap to Teviot Gap	Jarraah Gard
25-27	MBC-3C	Sundown Nat Park	Jenny Zohn
25-28	MTW-4C	Moreton Island Southern Tip	Greg Kuss
26	MDW-8D	Logans Ridge Mt Barney	Annette Miller
26	MINIMAXS-3A	Chermside Hills Reserve - New Members	Steve Cockburn
26	LDW-3B	Toolona Creek Circuit	Diana Norkaitis
26	SDW-5C	Mt Greville	Marion Archbald
27	MDW-6D	Mt Barney - (West Peak) via South Ridge	Arthur Walton
28	SNW-2A	Toohey Forest Monday night walk	Graham Olive
29	TRNG	West End Hills	Joan Davey

May

1	SNW-3B	Mt Coot-tha Thursday night walk	Graham Olive
2-4	SBC-4B	Ankida	Peter Hunt
3	MDW-8D	Mezzanine Ridge (Mt Barney)	Annette Miller
3	SDW-5C	Mt Maroon	Marion Archbald, Glenis Bradley
3-4	S&T	First Aid Course - 2 days	Marge Henry
3-5	LTW-4B	Moreton Island	Steve Cockburn
4	LDW-4C	Lake Manchester and the knoll	Bernie Ryan
4	MDW-6C	Lillypilly Creek	Bob Reilly
4	MDW-7D	Mt Maroon - Southern Waterfall Route	Andrew Huggins
5	SNW-2A	Toohey Forest Monday night walk	Graham Olive
10	MDW-6D	Mt Barney - South Ridge	Nick Brooking
10	LDW-3C	Numinbah to Apple Tree Park	Mary Comer
10	MDW-5B	South Pine River, Mt Glorious	Lindsay Waddel
10-11	METW-3B	Echo Point, Lamington NP	Elaine Beller
10-11	METW-3B	Bethingabel Campsite	Ray Glancy
11	CYC/Social	Ipswich City Cycle	Kay Byrne
11	MDW-6C	Jollys Lookout: Map/Terrain Interpretation	Bob Reilly
11	LDW-4C	Northbrook Mountain & Eagles Nest.	Mark Houghton
13	TRNG	West End Hills	Joan Davey
14	Meeting	PAUL FEENEY and MARY COMER - Project at Pungalina	
16-18	MTW-5C	Mt May to Mt Maroon	David Sydes
17	MINIMAXS4A	Mt Coot-tha for New members	Lou & Marion Darveniza
17-18	MTW-5C	Lizard Point	Ryan Langley
18	MDW-5D	Mt Bangalora	Lou & Marion Darveniza
18	MDW-5B	Enoggera Creek, Mt Nebo	Lindsay Waddel
23-25	MTW-6D	Point Pure	Annette Miller
23-25	MTW-5C	The Steamers	David Sydes
24	ABS-8B	Kangaroo Point Nursery Cliffs	John Granat
24	MINIMAXS-3A	Chermside Hills Reserve - New Members	Steve Cockburn
24-25	STW-8D	Logans Ridge, Mt Barney Through Walk	Lou & Marion Darveniza
25	SURVEY	Teviot Range - Southern Section SURVEY	Bernie Ryan
25	ABS-8B	Kangaroo Point Nursery Cliffs	John Granat
25	LDW-4C (Fast)	Augie's Loop (D'Aigular National Park)	Bob Reilly
25	MDW-6C	Stinson Plane Wreck	Ray Glancy
25	SDW-5C	Mt Maroon	Elena Williams
28	Meeting	Meeting	Steve Cockburn
30-1	METW-3B	Conondules NP	Elaine Beller



30-1 LBC-7D	Mt Ernest via Organ Pipes	Glenis Bradley, Ryan Langley
31 S&T	First Aid Course - recertification	Marge Henry
31-1 MTW-6D	Stretcher Track/Stinson Wreck	Ray Glancy

June

1 LDW-4C	Jubilee Park and Redwood Park from the bottom	Bernie Ryan
1-21 XLTW-6C	Larapinta Trail - Central Australia	Marge Henry
6-9 MTW-6D	Teviot to Spicers	Lynley Murtagh
6-9 MTW-6D	Spicers to Teviot	Richard Walton
6-10 MTW-4C	Fraser Island via Hervey Bay	Greg Kuss
7 MDW-6C	Mt Maroon via the Caves Route	Lynsey Moore
7-8 MTW-3B	Echo Point	Mary Comer
8-9 MTW-3B	Echo Point Through Walk	Ray Glancy
11 Meeting	MEETING	
13-15 S&T Leader	Training Base Camp - Mt Glorious Barracks	Marion Darveniza
14 MDW-8D	Logans Ridge, Mt Barney	Chris Hall
14 MDW-7D	Lost World Traverse	Ray Glancy
14 Moderate	North Stradbroke Island	Alan Cooper
14 MINIMAX4B	Mt Cootha New Members	Barry Culley
14-15 MTW-5C	Lizard Point	Ryan Langley
20-22 MBC-5C	Goomburra - Mt Castle	David Sydes
21 MINIMAXS4A	White Rock for New Members	Lou & Marion Darveniza
22 MDW-7D	Mt Barney via South East Ridge	Arthur Walton
22 MDW-7D	Mt Maroon - Southern Waterfall route	Lou & Marion Darveniza
28-29 MTW-7D	Three Peaks of Mt Barney TW	Lou & Marion Darveniza
28-29 LTW-6D	Middle Ridge Traverse	Ray Glancy
29 MDW-4C	Mount Zahel	Bernie Ryan

July

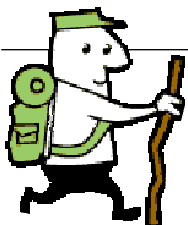
5-6 METW-4C	Rat-a-tat, Lamington NP	Elaine Beller
9 Meeting	A/Professor Con Aroney - Bushwalking and conditions of the heart	
11-13 MBC-3B	Byron Bay Base Camp	Bernie Ryan
11-13 MTW-5C	The Steamers	David Thorpe
19 MDW-8D	Logans Ridge - Mt Barney	Lynley Murtagh
23 Meeting	Meeting	Steve Cockburn
25-27 MTW-5C	The Steamers	David Thorpe

August

1-3 SBC-4B	Woonoongoora	Peter Hunt
5-11 Expedition - 4C	Cape Melville Expedition	Kendall Rubie
9-10 STW-5C	Black Snake Ridge, Lamington NP	Elaine Beller
13 SDW-5B	Mount Warning (Wollumbin) The Cloud Catcher	Karen Ryan
13 Meeting	Warwick Willmott & Gary Basford - The geology of SE Qld in the main areas where we walk	
15-17 MTW-6C?	Lamington Plateau	Chris Hall
30 MDW-5C	Shirley Strachan Memorial Walk	Chris Hall

September

6-11 MTW-4C	Solitary Island Coastal Walk	Greg Kuss
10-18 MTW-7D	Gardens of Stone NP (N of Sydney)	Annette Miller
12-14 MBC-3B	Bunya Mountains Base Camp	Bernie Ryan
12-14 MTW-5D	Little Flaggy Creek Falls source - Main Range	Chris Hall
19-21 MTW-5C	The Steamers, Main Range NP	Elaine Beller
21 MDW-3B	Mt Cordeaux & Bare Rock or / Mt Mitchell (see Notes)	Arthur Walton



.....Coming Trips.....

SPRING BROOK PLATEAU VIA TALLEBUDGERA CRK

Day Walk Mon 21 Apr
LEADER: Ray Glancy 0419 719 480
GRADE: MDW-4C
LIMIT: 12
BRING: Usual Daywalk gear
MEET: Eight Mile Plains Park and Ride
DEPART: 630am
CAR KMS: 190kms
MAP: Springbrook

From the end of Tallebudgera Crk Road we walk along a reasonable dirt road and branch off to have a look at some falls beside the track and very pretty they are too. Coming back to the road we follow it up to the base of a ridge which takes us up to the Plateau where we will have lunch. We retrace our steps back to the cars and on to coffee. This walk is suitable for newer members who are ready for an easyish offtrack walk or for new members with a good level of fitness. Please contact me if you need more info

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 24 Apr
LEADER: Graham Olive 0455 539 999
LIMIT: 20+
BRING: page 3 plus torch and water
MEET: angle carpark west of Kuta Cafe Mt Coot-tha
DEPART: 6:30pm
MAP: BCC Mt Coot-tha track map
MUST: Read trip description

The Mt Coot-tha Thursday night walks are exercise walks to assist people with improving their bushwalking fitness and to learn techniques for night-time walking. The walks will commence at 6.30pm from the angle parking car park on the approach to the lookout on Mt Coot-tha. The walks will be approximately 2 hours in duration, on fire trails and marked tracks, with obstacles such as rock or root intrusions, fallen debris, and some, usually dry, creek crossings on some of the tracks. The walks will also involve the descent and ascent of the mountain at a reasonable walking pace with up to 520 metres gained and lost over the length of the walk. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate level of fitness suitable for hill walking. Participants will need the Page 3 items as well as the appropriate hiking footwear, torch and drinking water. Bookings will

not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time to register their name for the walk commencement at 6.30 sharp. For further information please contact the walk leaders. By the way, these walks don't count toward full membership.

TEVIOT GAP TO SPICERS GAP

Through Walk Thu 24 -- Sun 27 Apr
LEADER: David Sydes 0419 871 100
This activity is full.

SPICERS GAP TO TEVIOT GAP

Through Walk Thu 24 -- Sun 27 Apr
LEADER: Jarrah Gard 0422 371 188
GRADE: MTW-6D
LIMIT: 8
BRING: Usual TW gear, warm clothing, 3L water + capacity for 6L
COST: \$11.20 camping fee + car contribution
MEET: Car pool from Brisbane to Aratula
DEPART: Thursday afternoon
CAR KMS: 360 km (approx)
MAP: Cunningham's Gap & Mt Superbus 1:25,000

NOMINATE: Direct to leader please, no list at meetings

*** THERE IS ONE SPACE LEFT AS OF 11 APRIL *** This is a great classic throughwalk in the Main Range, where we take 3 days to traverse a series of major peaks of the scenic rim. The walk is quite strenuous and can vary considerably in bad weather. You will need a high level of fitness to complete the walk as there are a lot of ups and downs. You will need to be confident at rock scrambling with a through pack as well as experienced at off track walking. We will camp Friday night at Spicers Gap, having exchanged cars and keys with David Sydes' group who are doing the walk in the opposite direction. Our first day is the longest and will require an early start. It involves the ascent of Spicer's Peak, Mt Doubletop and the long up to the campsite at Mt Huntley. There is also a cliff break to be negotiated before we get to the camp site. We camp Saturday night on Mt Huntley. Day 2 We climb Mt Asplenium and Panorama Point and camp at Steamer saddle. Day 3 involves climbing Mt Steamer first thing in the morning, Lizard Point and Mt Roberts. Each day involves walking along the Main Range escarpment, offering spectacular views but also some strenuous ascents/descents. The cliff breaks require confidence in scrambling. Like all Main Range walks, this features impressive views, lots of up and down and a variety of terrain from rain-

forest to open forest with grass trees. The walk is suitable for fit and experienced throughwalkers. We will need to keep up a good pace, especially on the first day. The water is only available at the campsites so the capacity to carry extra will be needed. Please nominate directly to Leader. Camping fees will be required upon nomination being accepted.

SUNDOWN NAT PARK

Base Camp Fri 25 -- Sun 27 Apr

LEADER: Jenny Zohn

GRADE: MBC-3C

LIMIT: 10ish

BRING: Basecamp, day walk gear.

COST: camp fees and car pooling

DEPART: 6am. Friday

CAR KMS: 600km approx

Sundown National Park is located south-west of Stanthorpe and it is a spectacular rocky and relatively arid environment. This will be a mixed weekend with our camp based at Broadwater camp. The plan is to head down on Friday morning, set up camp and fill the weekend with a series of local day walks, some birdwatching and photography. We will have a community meal on fri and sat nites, I will organise this closer to the time.

MORETON ISLAND SOUTHERN TIP

Through Walk Fri 25 -- Mon 28 Apr

LEADER: Greg Kuss 0408 806 310

GRADE: MTW-4C

LIMIT: 8

BRING: Light weight through pack

COST: \$90 + meals and drinks

MEET: Micat Ferry Lytton

DEPART: 7:30am TBC

MAP: Sunmap Moreton Island

Tall sand dunes, endless sandy beaches, sea birds, coastal heath land, surrounded by aqua blue waters makes Moreton Island a jewel in Moreton Bay. Right on Brisbane's doorstep. We alter my annual Moreton through walk by circumnavigating and exploring the southern tip of the island. Never before put on by BBW. This is a 68.5 k, 4 day, 3 night hike. Beach camping. No camp grounds or amenities at sites. With 2 socials having meals and drinks. Coinciding with Anzac Day. Participants need to take the Monday leave from work. We meet at the Micat Ferry, Lytton. Purchase your return walk on ticket \$50 and secure car park \$10 per day, on arrival. Enjoy the 75 minute triple deck ferry cruise, with a licenced cafe. Day 1: 15.5k. South past Tangalooma. Cross the Desert Sandblow. Take the diagonal track across the island to Rous Battery camp site on eastern ocean beach. Day 2: 17.3k. South down eastern beach to the township Koorlingal.

We pass Mirapool and wading birds. We will have lunch and drinks at the famous Gutter Bar, Koorlingal. Licenced bar and restaurant. The non tourist part. Renowned across the island for seafood fresh from trawlers and oysters from clear local waters. Try some bloody mary oyster shooters. We collect water here and it needs to last us till 10am the next day, participants need to have capacity to carry 5 litres of water. 3k north up the western beach to our nights camp site. Day 3: 19.6k. North along western beach. Cross the island over Little Sandhills. North along eastern beach. Collect water at Rous battery bore. Continue north to Eagers Ck camp site behind the dune. Day 4: 16k. We cross back over the island via the Middle Road. We take a side trip to climb Mt Tempest. Moreton's highest point which offers commanding views. Once back on the western beach we go to Tangalooma Resort for a late lunch and celebratory drinks. A final swim at the Wrecks before catching the 3:30pm sunset ferry cruise back to Brisbane. Upon nomination, if I Don't know you email me with 1. your fitness, 2. through walk experience and 3. ability to participate socially in one of my activities. Committed nominees only please. The first 6 names on the list get free camping as I have a credit on my national parks booking site due to cancellations on my last Cooloola/Fraser trip. The last 2 names will need to book your own camp sites and I will email you with the booking details. Ferry trips. Beautiful blue waters. The Gutter Bar. Tangalooma Resort. Plenty of swimming. We have it all. See you there.

LOGANS RIDGE MT BARNEY

Day Walk Sat 26 Apr

LEADER: Annette Miller 0418 791 841

GRADE: MDW-8D

LIMIT: 6

BRING: Page 3

COST: \$25

MEET: Yellowpinch

DEPART: 6am

CAR KMS: 250

MAP: Mt Lindesay

ELEVATION GAIN:: Min. 1,000 metres

Logans Ridge provides the most direct route to the East Peak of Mt Barney. It has much open rock providing great views of the surrounding country, and also has several areas of exposed rock to negotiate. Good scrambling skills and confidence with moderate exposure are required, if you are nervous of heights best give this one a miss! In addition the route up is steep so a high level of fitness is required. Our descent route will be South East Ridge and we will have lunch somewhere on the way down. (if not back at the

cars) We will be doing this walk at a reasonably brisk pace with only minimal, short stops, there will be no dilly dallying or multiple morning teas, so please bear this in mind before nominating. Please email me if you have not walked with me before, advising what walks of this grade you have done RECENTLY and with which leaders.

CHERMSIDE HILLS RESERVE - NEW MEMBERS

Minimaxs Sat 26 Apr
LEADER: Steve Cockburn 0421 059 482-when walking

GRADE: MINIMAXS- 3A

LIMIT: 12

BRING: Usual day walk gear including P3 items, 2L water

MEET: Chermside Hills Reserve Picnic Shelter Trouts Road Entry .

DEPART: 7am

MAP: See 'Notes'

This activity is designed to introduce new members to bush walking and to the Brisbane Bushwalkers club. This Minimaxs is on a Saturday am and is being held locally in Brisbane and is designed for those new to the club or who might not feel too confident at this point to hit the track system. All are welcome to attend but as this activity is on local walking tracks and off shoots, this activity would suit those who might be keen but feeling a little under confident and beginning the journey into bush walking . Please note we will still be doing hills , some off track bits, different walking surfaces and environs and will cover a fair amount of territory and topics as we move through the Reserve. We will not go above any walk gradings of Terrain 3-4. Being a Minimax, we will be discussing safety, clothing, club protocol, minimal environmental impact, first aid, the clubs grading system etc. We expect to finish well before lunch so bring your morning tea and the "always take" items on p3 of the Magazine.

TOOLONA CREEK CIRCUIT

Day Walk Sat 26 Apr

LEADER: Diana Norkaitis 0408 700 520

GRADE: LDW-3B

LIMIT: 12

BRING: Page 3 requirements

COST: \$25 fuel contribution

MEET: Fairfield Gardens

DEPART: 7:00am

CAR KMS: 220km

Toolona Creek Circuit is a picturesque graded track walk out of Green Mountain (O'Reilly's) in Lamington National Park. The walk is about 17 km & a great introduction to sub-tropical rainforest. Suitable for walkers new to the club. Initially we

drop down to Box Forest circuit passed Elabana Falls. The track then picks up the Toolona Creek branch, passing numerous waterfalls & via several creek crossings, we will gradually ascend through changing vegetation, including king ferns & ancient Antarctic beech. We will finally emerge on the rim of the Mt Warning caldera near Wanungara Lookout with spectacular views into the Tweed valley & across to Mt Warning itself a great spot for lunch. The return is via the Border track (~7km) past more amazing Antarctic beech along the rim to Bithongabel & then the side of the ridge back to the carpark.

MT GREVILLE

Day walk Sat 26 Apr

LEADER: Marion Archbald 0435 858 123

This activity is full.

MT BARNEY - (WEST PEAK) VIA SOUTH RIDGE

Day Walk Sun 27 Apr

LEADER: Arthur Walton 0418 730 541

This activity is full.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 28 Apr

LEADER: Graham Olive 0455 539 999

GRADE: SNW-2A

LIMIT: 10+

BRING: Page 3 items Torch, water.

MEET: Car park behind McDONALDS Salisbury. Cnr Toohey Rd, Orange Grove Rd & Evans Rd

DEPART: 6:30pm

MAP: BCC Toohey Forest track map

Toohey Forest is located just 10km south of Brisbane's CBD. There are extensive walking tracks through open eucalypt forest and heath. We start this two hour night walk from the car park behind the McDonalds restaurant in Salisbury. This walk will be on both sealed and dirt tracks with some short hills. There are lots of tracks so a different route each time. No need to book for these walks, just turn up. Members wanting to walk should be at the start point ready to go at 6.30 PM sharp. This activity does not count toward full membership.

WEST END HILLS

Training - Night Walk Tue 29 Apr

LEADER: Joan Davey 0415 139 646

GRADE: TRNG

LIMIT: 10

BRING: water, money for coffee some walkers have dinner at the Ship Inn after they give us 20% discount.

MEET: Ship Inn Southbank

DEPART: 6pm

We will walk around West End/Highgate Hill up & down some of the hills for about 1-1/2 hours for a some fitness training. Anyone training for that big walk very welcome. We will have a coffee/drink after at The Ship Inn after the walk. You do need to have reasonable fitness for this walk as we do walk at a fairly brisk pace and we do find as many hills as we can. This is not a social walk it is a training walk, there is no stopping for the 1-1/2 hours you do need to be able to push yourself that little extra. We leave at 6pm sharp so please give yourself plenty of time for traffic & parking.

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 1 May
LEADER: Graham Olive 0455 539 999
See activity description for Thu 24 Apr

ANKIDA

Base Camp Fri 2 -- Sun 4 May
LEADER: Peter Hunt 0431 652 083
GRADE: SBC-4B
LIMIT: 15
BRING: Page 3 items & as listed
COST: \$40 plus fuel contribution \$20
DEPART: To be organised
MAP: Gold Coast Great Walk

This is a golden opportunity to experience an area that is not open to tourists. We have special permission to do a walk to Waterfall Ck. with its lovely rock slabs and wonderful Horseshoe Falls plummeting over a high cliff into beautiful Numinbah Valley. After arriving out of the rain forest to the edge of the world the view is spectacular and will be enjoyed at our leisure. The other walk for the weekend is in the Beechmont Basalt area. It is a track walk mainly through rain forest and includes such features as Warringa Pool and the wonderful Purlingbrook Falls. The view from the top of the falls is excellent. Please bring one dish per person of either nibbles, main course or dessert for a shared dinner on Saturday night. Please also bring all other meals for the weekend. We have a well appointed kitchen with crockery, cutlery, glassware, pans and utensils. Fridge, stove, microwave and electric kettle are also provided to result in an easy base camp and light packing. Accommodation is in a Lodge with bunk beds and some normal type beds so will be on a shared room basis. There are five showers so not much waiting time. Please bring all of your own bedding or a sleeping bag. As a personal reward, as a thank you for our cheap accommodation and to assist in the restoration of this world heritage area to its former glory we will assist with the removal of exotic plants. There are lots of, naturally regenerated, trees from the parts that have previously

received attention. This involves 4hrs of sitting on the soft grass while gently levering out small exotic plants. The numbers are more of a challenge than the size. Tools are provided, however, please bring gardening gloves. Coffee from the real coffee machine will be available at morning tea time. Car pooling is essential due to the tiny size of the car park and at least three people per car is preferable. Payment: Please pay by the 1st of April & advise me by email. Lodge for the weekend is \$40 per person. Once your payment is received into my bank account I will accept your nomination. Please use reference of your first name and Ankida. Bank details are Suncorp BSB 484 799, Account 511190601 in name of Peter Hunt. Car pooling contribution is between you and your driver so please transfer the \$40 only for accommodation.

MEZZANINE RIDGE (MT BARNEY)

Day Walk Sat 3 May
LEADER: Annette Miller 0418 791 841
This activity is full.

MT MAROON

Day Walk Sat 3 May
LEADER: Marion Archbald, Glenis Bradley 0435 858 123
This activity is full.

FIRST AID COURSE-2 DAYS

First Aid Sat 3 -- Sun 4 May
LEADER: Marge Henry 0413 337 530
GRADE: S&T
LIMIT: 15
BRING: Water bottle, morning tea, lunch
COST: \$195 (Ordinary members \$97.50)
MEET: St John's Headquarters, The Valley

An introductory first aid course, Provide First Aid PLUS, will be conducted at the St John Ambulance HQ, 225 St Paul's Terrace, in The Valley on the weekend of Sat/Sun 3rd & 4th May 2014. This is a simple, yet comprehensive course suitable for everyday emergency situations. It is the minimum qualification required by Workplace Health and Safety Legislation for the workplace first aider. It gives you more hands-on time to practice and reinforce first aid skills, plus participants will receive accreditation in first aid response in an education and care setting, management of asthma, management of anaphylaxis and automated external defibrillation. BBW's own Peter Mrzyglocki will once again be providing his expert tutelage as our St John Ambulance First Aid Instructor/Facilitator. The Club will advise SJA of the names of all BBW participants. The Club will subsidise all Full members by 50%. Probationary members pay the full rate. Acceptance to the

course will only be given on receipt of payment.

MORETON ISLAND

Thru Walk Sat 3 -- Mon 5 May
LEADER: Steve Cockburn 0421 059 482-when walking
This activity is full.

LAKE MANCHESTER AND THE KNOLL

DAY WALK Sun 4 May
LEADER: Bernie Ryan 04320907275
This activity is full.

LILLYPILLY CREEK

Day walk Sun 4 May
LEADER: Bob Reilly 0408 985 852
This activity is full.

MT MAROON - SOUTHERN WATERFALL

ROUTE

Day Walk Sun 4 May
LEADER: Andrew Huggins 0457 747 498
GRADE: MDW-7D
LIMIT: 8
BRING: Usual day walk gear (page 3) + 2 litres of water
COST: \$25 car pooling
MEET: Fairfield Gardens
DEPART: 6:00 am
CAR KMS: 210 km
MAP: Maroon 1:25,000

Mt Maroon (965m) is in the Mt Barney National Park, south of Boonah. We'll park the cars at the end of Seidenspinners Rd and arrange a car to be left at Drynan's Hut, to save the walk back across the fields at the end of the walk. We head up forestry tracks to the base of the South Ridge before heading left and then up a creek to the main waterfall. Above the falls we continue up the now slabby creek to the base of the cliffs, then ascend to the peak. A good head for heights is required. The return will be via West Maroon Creek then the usual path down from Paddy's Gully to the car(s) we left earlier.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 5 May
LEADER: Graham Olive 0455 539 999
See activity description for Mon 28 Apr

MT BARNEY - SOUTH RIDGE

Day Walk Sat 10 May
LEADER: Nick Brooking 04 1972 4296
GRADE: MDW-6D
LIMIT: 12
BRING: Day walk gear / 3 ltrs water
COST: \$25 vehicle contribution
MEET: Fairfield Gardens

DEPART: 5:00am
CAR KMS: 200km+
MAP: Mt Lindesay 1:25000

The route to East Peak via South Ridge is regarded as the easiest and least exposed of all routes up Mt Barney. Nevertheless it will be a long and reasonably arduous day. We will park the cars at Yellow Pinch, have lunch on East Peak and return by the same route. Sunset is soon after 5pm, so a reasonably quick pace is required. The plan is a 4 hour ascent and a 3 hour descent with a leisurely lunch at the top. There is over 1000m height difference between Yellow Pinch and the summit, it's possible we'll return to the cars after dark, so no torch = no go.

NUMINBAH TO APPLE TREE PARK

Day Walk Sat 10 May
LEADER: Mary Comer 0427 446 000
GRADE: LDW-3C
LIMIT: 15
BRING: Usual Day Walk Gear
COST: \$20
MEET: Fairfield Gardens
DEPART: 7.00
MAP: Gold Coast Great Walk

This walk covers a section of the Gold Coast Great Walk. We will start at the settlement of Numinbah and walk 8kms to Apple Tree Park on the Springbrook Road where there are toilets and picnic tables. We return on the same track. The map suggests that there are 900 steps but last time we counted only 863! There is one flight of 809 so walkers must be reasonable fit to enjoy doing this. The vegetation varies with 2 creek crossings. Coffee will be at the Numinbah Cafe.

SOUTH PINE RIVER, MT GLORIOUS

Day Walk Sat 10 May
LEADER: Lindsay Waddel 0433 881 899
GRADE: MDW-5B
LIMIT: 12+Reserves
BRING: Page 3 items
COST: \$8
MEET: Alderley
DEPART: 7 am

CAR KMS: 50 km Return
Walk Distance 10 Km's Walk Time 5.0-6.0 Hours
Elevation Gain 200m This walk starts at the parking area at the base of Mt Glorious road. We walk down a short track to the creek and start rock hopping straight away. We will encounter many tricky sections where we have to go around, up and over. After about 1.5 hours of walking we come to the long steep rock climb, there are many hand and foot holds to use, but care is needed as there are some long drops to the rock pools below. Once on top we rock hop all the way to the 5

Tunnel Flood Way, we walk through these and a further 2 km up the creek then have lunch. After lunch we walk back down the creek and to the cars and afternoon tea at Samford. This is a good walk if hot as there are many deep pools we can have a swim in. Here is a link for some photo's copy and paste in your browser <https://www.dropbox.com/sh/aizph0m5vtuok4/KnWN5V570N>

ECHO POINT, LAMINGTON NP

Easy through walk Sat 10 -- Sun 11 May
LEADER: Elaine Beller 0450 614 300
This activity is full.

BETHINGABEL CAMPSITE

Through Walk Sat 10 -- Sun 11 May
LEADER: Ray Glancy 0419 719 480
This activity is full.

IPSWICH CITY CYCLE

SOCIAL/CYCLE Sun 11 May
LEADER: Kay Byrne 0429 924 726
GRADE: CYC/Social
LIMIT: 15
BRING: Bike with spare tube, water bottle, morning tea and lunch
MEET: Ipswich Heart Parklands Carpark, Bremer Street, Ipswich

DEPART: 0915hrs

This is a social ride and will take in some of the historical features of Ipswich and will cover about 30kms at a leisurely pace. We will meet and begin our ride from the western carpark of Ipswich Heart parklands which is only about 100 metres from the Ipswich Railway station. We will have lunch after the ride back at the cars and the nearby parkland BBQ and Picnic area. (Confidence required riding on roads)

JOLLYS LOOKOUT: MAP/TERRAIN INTERPRETATION

day walk Sun 11 May
LEADER: Bob Reilly 0408 985 852
This activity is full.

NORTHBROOK MOUNTAIN & EAGLES NEST.

Day Walk Sun 11 May
LEADER: Mark Houghton 0417 025 182
GRADE: LDW-4C
LIMIT: 14
BRING: As per P3 of Mag.
COST: \$7.00
MEET: The (new) Gap Park & Ride, Waterworks Rd, The Gap.
DEPART: 7am
CAR KMS: 65km return.
MAP: D'Aguilar National Park. South

D'Aguilar section.

Northbrook Mountain & Eagles Nest are in the D'Aguilar National near Mt. Glorious. From the Western Window we follow a track to Lawton Road. The Lawton Road forestry track is followed to the turnoff to Northbrook Mountain. We go off track here and ascend a rough trail to the top of Northbrook Mountain where, weather permitting, there are good views over the west and south-west to the Main Range and Cunningham's Gap. After a possible morning tea break we walk on to Lawton Rd. (forestry road) and then on to Eagles Nest which requires a scramble to the top. Probably have lunch here and then return the way we came to Western Window. This walk is not recommended for new members unless they are reasonably fit and capable of walking the more than 16km on the day.

WEST END HILLS

Training - Night Walk Tue 13 May
LEADER: Joan Davey 0415 139 646
See activity description for Tue 29 Apr

MT MAY TO MT MAROON

Through Walk Fri 16 -- Sun 18 May
LEADER: David Sydes 0419 871 100
This activity is full.

MT COOT-THA FOR NEW MEMBERS

Minimaxs Sat 17 May
LEADER: Lou & Marion Darveniza 3378 4031
GRADE: MINIMAXS4A
LIMIT: 15
BRING: Usual day walk gear including the P3 items, 2 L water
MEET: Toowong Memorial Park (car park) Sylvan rd, Toowong. UBD p159, A16
DEPART: 7am
MAP: Brisbane forest Park 1:30 000
MOBILE TO RING ON DAY OF WALK ONLY.: 0438 481 186

This trip is designed to introduce new members to bushwalking and to the Brisbane Bushwalkers club. We will meet at the car park of the memorial Park on Sylvan Road, Toowong and then travel to Mt Coot-tha. Mt Coot-tha has plenty of tracks, formed and unformed plus several creeks which will enable new walkers to experience a variety of terrains. The creek bits will be Terrain 5 and there will be an opportunity to do some scrambling (Terrain 6)- alternatives do exist. Being a Minimaxs, we will be discussing safety, clothing, club protocol, minimal environmental impact, first aid, the clubs grading system etc. We expect to finish early afternoon. Bring morning tea, lunch and the "always take" items on p3 of the magazine.

LIZARD POINT

Through Walk Sat 17 -- Sun 18 May
This activity is full.

MT BANGALORA

Day Walk Sun 18 May
LEADER: Lou & Marion Darveniza3378 4031
This activity is full.

ENOGGERA CREEK, MT NEBO

Day Walk Sun 18 May
LEADER: Lindsay Waddel 0433 881 899
GRADE: MDW-5B
LIMIT: 12
BRING: Page 3 Items
COST: \$6
MEET: Alderley
DEPART: 6.00am
CAR KMS: 30 km
MAP: 9443-23,22

Creek section 10.9 km's Total walk approx 14 km's Time for walk 5-6 hours Grade: MDW-5B If there is a lot of water in the creek it will be a grade 5C. This walk starts at the top of Scrub Rd. We walk down the road to where it crosses Enoggara Creek. Soon after starting the creek section we come to a waterfall and there are several ways down depending on the amount of water flowing. We then rock hop all the way down the creek until we come to Center Rd, where we walk up back to the cars. Time for the walk will be from 5-6 hours depending on the conditions. There is very little elevation gain until we come to Center Rd this is not as steep as Scrub Rd.

POINT PURE

Through Walk Fri 23 -- Sun 25 May
LEADER: Annette Miller 0418 791 841
This activity is full.

THE STEAMERS

Through Walk Fri 23 -- Sun 25 May
LEADER: David Sydes 0419 871 100
This activity is full.

KANGAROO POINT NURSERY CLIFFS

Abseil Training Sat 24 May
LEADER: John Granat 0409 620 047
This activity is full.

CHERMSIDE HILLS RESERVE - NEW MEMBERS

Minimaxs Sat 24 May
LEADER: Steve Cockburn0421 059 482-when walking
GRADE: MINIMAXS- 3A
LIMIT: 12
BRING: Usual day walk gear including P3

items, 2L water

MEET: Chermside Hills Reserve Picnic Shelter Trouts Road Entry .

DEPART: 7am

This activity is designed to introduce new members to bush walking and to the Brisbane Bushwalkers club. This Minimaxs is on a Saturday am and is being held locally in Brisbane and is designed for those new to the club or who might not feel too confident at this point to hit the track system. All are welcome to attend but as this activity is on local walking tracks and off shoots, this activity would suit those who might be keen but feeling a little under confident and beginning the journey into bush walking . Please note we will still be doing hills , some off track bits, different walking surfaces and environs and will cover a fair amount of territory and topics as we move through the Reserve. We will not go above any walk gradings of Terrain 3-4. Being a Minimax, we will be discussing safety, clothing, club protocol, minimal environmental impact, first aid, the clubs grading system etc. We expect to finish well before lunch so bring your morning tea and the "always take" items on p3 of the Magazine.

LOGANS RIDGE, MT BARNEY THROUGH WALK

Through Walk Sat 24 -- Sun 25 May
LEADER: Lou & Marion Darveniza3378 4031
This activity is full.

TEVIOT RANGE - SOUTHERN SECTION SURVEY

survey Sun 25 May
LEADER: Bernie Ryan 04320907275
This activity is full.

KANGAROO POINT NURSERY CLIFFS

Abseil Training Day 2 Sun 25 May
LEADER: John Granat 0409 620 047
This activity is full.

AUGIE'S LOOP (D'AIGULAR NATIONAL PARK)

Day Walk Sun 25 May
LEADER: Bob Reilly 0408 985 852
GRADE: LDW-4C (Fast)
LIMIT: 12
BRING: as per p.3 of Mag
COST: Petrol contribution: \$4
MEET: Illowra Park & Ride (cnr Waterworks Rd & Illowra St The Gap)
DEPART: 7am
CAR KMS: 40 km (return)
MAP: D'Aigular National Park (South D'Aigular section) 1: 30,000

If you are looking for a long, "fitness type" walk near Brisbane, then this may be one for you! This

will be fast track walk along forestry roads (not snig tracks or fire trails). We will aim to complete the 16 kms walk in 4/4.5 hours--a significantly faster pace than most BBW track walks, especially when you take into account the 900 metres "rise and fall", over this walk's length. We will pass through wet and dry eucalypt forest, and some rainforest. As we will be walking along forestry roads, we can walk 2 to 3 abreast, (for most of the way), making it easier to talk amongst ourselves as we walk. However, we will be taking few breaks along the way. While we will keep together as a group for most of the walk, there will be an opportunity for people to "push themselves" (if they wish), walking up a moderately steep (with a varying grade of 10 to 20%) hill, about 1.5 kilometres long. This walk is suitable for all members with a moderate/high level of physical fitness. We aim to be back in Brisbane for lunch.

STINSON PLANE WRECK

Day Walk Sun 25 May
LEADER: Ray Glancy 0419 719 480
This activity is full.

MT MAROON

Day Walk Sun 25 May
LEADER: Elena Williams 0439 873 311
GRADE: SDW-5C
LIMIT: 10
BRING: day walk pack, page 3 items, 2-3L water
COST: \$20
MEET: Fairfield Gardens
DEPART: 7am
CAR KMS: 220km
MAP: Maroon topographic

Mt Maroon is a prominent peak of 967m in the Mt Barney National Park. We will walk up the Cotswold Track which is a fairly obvious track up the north east ridge. This is the conventional route up Mt Maroon and is sometimes referred to as the "tourist track". It is quite steep with 600m elevation gain so good fitness is required. About half-way up the mountain there is a bit of scrambling up a gully beside some scenic cliffs on our way to the saddle. Once we reach the false peak we traverse some rocky terrain with a few steep bits to the true summit. Here we are rewarded with magnificent 360degree views of surrounding mountains, valleys and Lake Maroon. This is a lovely spot to relax and lunch whilst enjoying the views. We will descend via the same route. This walk is suitable for people with good fitness and is a good introduction to off track mountain walking.

CONONDALES NP

Easy through walk Fri 30 May -- Sun 1 Jun
LEADER: Elaine Beller 0450 614 300
GRADE: METW-3B
LIMIT: 8
BRING: usual TW gear, nibbles to share
COST: NP camp fee + car pooling
DEPART: after work Friday

This is the second walk in a series for those interested in starting through walking. We will walk part of the Conondales Great Walk, beginning at Booloumba Ck with a Friday night camp there. On Saturday, we will do a car shuffle to place a car at the end of the walk, then head up over Mt Allen, and across to Summer Falls walkers' camp. Swimming opportunities if you're game! On Sunday we continue on the Great Walk track to Peters Ck where our car will have been left. This walk is all on track, but the Saturday walk is steeper than the first walk in the series.

MT ERNEST VIA ORGAN PIPES

Basecamp Fri 30 May -- Sun 1 Jun
LEADER: Glenis Bradley, Ryan Langley 0412 618 607
This activity is full.

FIRST AID COURSE - RECERTIFICATION

First Aid Sat 31 May
LEADER: Marge Henry 0413 337 530
GRADE: S&T
LIMIT: 6
BRING: Water bottle, morning tea, lunch
COST: \$150 (Ordinary members \$75)
MEET: St John's Headquarters, Fortitude Valley

This course is designed for a person who holds a current or recently expired First Aid certificate. The recertification course assesses your current knowledge & skills and recertifies and validates your first aid skills; it does not teach you all the content again. This course is not suitable for a person who has never previously attended a first aid training course. The Club will subsidise all Full members by 50%. Probationary members pay the full rate. Acceptance to the course will only be given on receipt of payment.

STRETCHER TRACK/STINSON WRECK

Through Walk Sat 31 May -- Sun 1 Jun
LEADER: Ray Glancy 0419 719 480
GRADE: MTW-6D
LIMIT: 8
BRING: Throughwalk gear (email me if you are unsure what you need)
COST: \$11 camping fee and vehicle cont
MEET: Stinson Memorial Park
DEPART: Sat. 6.30 am

CAR KMS: 220 kms

MAP: Lamington (supplied)

This walk is an opportunity to discover how hard the track cutting must have been for the rescuers aiming to carry out the two survivors of the Stinson Plane wreck. There is a slog up to the Neglected Mt. Saddle and then a steeper grunt up to the Plateau. Trackfinding will be difficult and fallen trees will be something of an obstacle as will be the usual rainforest scratchies but it is an historic walk and we will camp at Pt. Lookout on Sat. night and visit the wreck site on Sun. morn on our descent to Christmas Ck

JUBILEE PARK AND REDWOOD PARK FROM THE BOTTOM

Day Walk Sun 1 Jun

LEADER: Bernie Ryan 0432 907275

GRADE: LDW-4C

This activity is full.

LARAPINTA TRAIL - CENTRAL AUSTRALIA

Through Walk Sun 1 -- Sat 21 Jun

LEADER: Marge Henry 0413 337 530

This activity is full.

TEVIOT TO SPICERS

Through Walk Fri 6 -- Mon 9 Jun

LEADER: Lynley Murtagh 0414 631 115

This activity is full.

SPICERS TO TEVIOT

Through Walk Fri 6 -- Mon 9 Jun

LEADER: Richard Walton 0421228466

GRADE: MTW-6D

LIMIT: 8 inc leader

COST: camp fees + fuel

MEET: Aratula

DEPART: TBA - Friday night

CAR KMS: 300 approx

MAP: Cunningham's Gap, Mt Superbus
1:25,000

This is arguably THE premier 3-day walk in SE Qld. It offers a rich variety of landscapes, geologies, ecosystems, views, and walking terrain. We will do a car swap with Linley's North Going Zax, probably at Aratula, on Friday night. We will camp beside the cars Friday night. We should get out mid-afternoon on the Monday to get back home at a reasonable hour. Now for the warning. The walk is deceptively strenuous with a large variation in route conditions. At best there is a rough walking pad in some places; in most places there is no pad at all. You are either walking up or down a long steep slope, and if you are not, you are about to. Some slopes are particularly steep and long. There are short sections of rock scrambling (both

up and down) on poor, loose, vegetated rock in a number of places. While not technically difficult nor exposed nor too steep, they do require a confidence on rock as a fall would be a very negative experience. The walk will get considerably more difficult in wet weather. You will need a high level of fitness with experience in off-track walking on steep, rough, difficult terrain; with a 3 day pack. You will need to be confident at rock scrambling; with a 3 day pack. You will need previous experience in through walking. This is NOT a good first-time through walk. We will need to keep up a steady pace on the first day; no dilly dallying or multiple morning teas. The first day is long and we will need to start early. In summary, if you have a high level of fitness with experience in off-track walking on steep, difficult terrain with some scrambling experience (with a pack) and you are up for a challenge, excitement and considerable fun; this walk is for you. Please nominate to me directly; ensure you provide the usual details. If we have not walked together before I will ask for a bit of a walking history. This is always a spectacular walk so please come along and enjoy.

FRASER ISLAND VIA HERVEY BAY

through walk Fri 6 -- Tue 10 Jun

LEADER: Greg Kuss 0408 806 310

This activity is full.

MT MAROON VIA THE CAVES ROUTE

Day Walk Sat 7 Jun

LEADER: Lynsey Moore 0409 725843

This activity is full.

ECHO POINT

Through Walk Sat 7 -- Sun 8 Jun

LEADER: Mary Comer 0427 446 000

GRADE: MTW-3B

LIMIT: 6

BRING: TW Gear +nibbles

COST: \$5.60

MEET: O'Reilly's Car Park

DEPART: 8.30

MAP: Lamington NP

This TW on graded tracks in Lamington N P is especially for members new to Through Walking. The walk is all in rain forest with water available near the campsite. We follow the Border Track then the Albert River Circuit passing beautiful waterfalls to the campsite. We will visit nearby Echo Point on the escarpment with great views into NSW. On Sunday we continue on the circuit to the Border Track and so back to the cars at O'Reilly's.

ECHO POINT THROUGH WALK

Through Walk Sun 8 -- Mon 9 Jun
LEADER: Ray Glancy 0419 719 480
This activity is full.

LEADER TRAINING BASE CAMP - MT GLORIOUS BARRACKS

Leader Training Fri 13 -- Sun 15 Jun
LEADER: Marion Darveniza 3378 4031
GRADE: S&T
LIMIT: 12 plus leaders for Saturday
BRING: See NOTES
COST: \$5 pp/pn
MOBILE (NOT ALWAYS ON): 0438 481 186
Leader Training - Mt Glorious Barracks For those interested in becoming leaders for the club, a training day will be held at the Mt Glorious Barracks starting at 7:30am on Saturday Various topics will be covered by a number of leaders with ample opportunity for discussion and questions. There will be a lot of listening and talking in the comfort of "the Barn" at the Barracks, but also some of the topics will be covered while out on a walk. Members have the option of camping at the Barracks Friday & Saturday nights or coming for the day. This is an opportunity to socialise and there will be a campfire on Saturday night. Sunday is for bushwalking & a couple of easy to medium level walks will be offered for those who wish to stay on. Details are still to be worked out. If there is room on the walks on Sunday, the walks will be open to other club members who are also welcome to camp & socialise on the Saturday night.

LOGANS RIDGE MT BARNEY

Day Walk Sat 14 Jun
LEADER: Chris Hall 0498 051 811
GRADE: MDW-8D
LIMIT: 8
BRING: Page 3
COST: \$25
MEET: Yellowpinch
DEPART: 6:30am
CAR KMS: 250
MAP: Mt Lindesay
ELEVATION GAIN:: Min. 1,000 metres
Logans Ridge provides the most direct route to the East Peak of Mt Barney. It has much open rock providing great views of the surrounding country, and also has several areas of exposed rock to negotiate. Good scrambling skills and confidence with moderate exposure are required. In addition the route up is steep so a high level of fitness is required. Our descent route will be South East Ridge. Please email me if you have not walked with me before, advising what walks of this grade you have done recently and with which

leaders.

LOST WORLD TRAVERSE

Day Walk Sat 14 Jun
LEADER: Ray Glancy 0419 719 480
This activity is full.

NORTH STRADBROKE ISLAND

CYCLE Sat 14 Jun
LEADER: Alan Cooper 0448 937 945
GRADE: Moderate
LIMIT: 12
BRING: Water, spare tyre, tools & p3
COST: \$10 Person & Bike return
MEET: Tondah Harbour
DEPART: 6.30 for 7am ferry
CAR KMS: 50kms on Island
MAP: Ubd 186 d17
Meet at Toondah Harbour (Emmett Drive) Cleveland, 6.30 am for 7.00 Ferry. Tickets can be purchased either on line (BigRedCat.com.au) or at the office on the day, 40 min trip to Straddie & then 25kms Moderate ride to Point Lookout for food, gelati or beach scrambles, same way back to catch the 4 pm ferry back to Cleveland.

MT COOTHA NEW MEMBERS

Minimaxs Sat 14 Jun
LEADER: Barry Culley 0415 320 029
GRADE: MINIMAX4B
LIMIT: 10
BRING: Morning Tea and "always take" on P3
MEET: Slaughter Falls Car Park - Picnic Shelter
DEPART: 7.00am
When you enter Slaughter Falls Car Park drive in as far as you can and you'll see the picnic shelter. This walk is designed to introduce new members to bushwalking and to the Brisbane Bushwalking Club in particular. Mt Cootha has plenty of tracks, both formed and unformed, as well as beautiful creeks. We'll do a variety of terrain from Terrain 2 to Terrain 4. We'll be discussing safety, clothing, club protocol, minimal impact, first aid, and the grading system. I'd expect to finish just before midday. Please nominate online, otherwise you can email me or call me.

DEPARTURE TIME

Walkers, please be at the meeting point 10-15 mins before the departure time so that car pooling can be organised. Actual departure will be EXACTLY at the stated departure time.

DOUBLE TROUBLE AT DOUBLE ISLAND POINT

Post-trip Report: Double Island Point, Cooloola & Rainbow Beach, 28-30 March

We had double trouble on our recent Double Island Point, Cooloola and Rainbow Beach through walk because we had to contend with flooded roads, and very hot humid conditions.

The day before the trip the heavens opened up and dumped over 200 mm of rain on the Cooloola catchment area. On the way up at 10 o'clock on the Friday night between Gympie and Rainbow Beach, Coondoo Ck was over the bridge and we couldn't get through to our intended Inskip Pt camp spot. So we camped just back up the road at Tooloora Forest Station. This was a great camp spot. By 5 o'clock the next morning the water was down, so we drove through, and grabbed a cappuccino at Rainbow Beach before setting off on our 42km hike. 25km on Saturday and 17 1/2km on the Sunday.

Temperatures reached 34°C, and it was near 100% humidity. In all my years of bushwalking this was the trip I sweated the most on. Sweat was constantly running off my face. I thought I was going through the D.T's until I looked at everyone else's faces and noticed they were all sweating profusely too. Alwin's face broke out in a nasty rash. We were constantly saturated. We couldn't tell the difference between being wet from sweat, when we were swimming, or when we walked through a brief rain shower, we were wet all the time.

4:45pm Kenmore Hills, 5:15 Bardon, 5:45 Aspley, 7:30 Gympie dinner, 10:00pm bed, 5:00am rise, commence walking 7:15, Double Island Pt lighthouse 12:30, Freshwater 4:45pm, bed 7:30, rise 5:30am, cars 1:30pm, depart Rainbow 2:30, Brisbane 5:15. For those of you that understand the logistics of organising an event like this you know there is a lot of timing involved. It is a good road at Gympie now and we made it from Rainbow Beach to central Brisbane in 2 3/4 hours.

It was a gruelling trip. It wasn't the woosey Bymien Picnic area to Freshwater and return, North Cooloola T.W. like we have seen some leaders do. It was the full-on 2 day 42km back in Brisbane by 5:30 Sunday gig! The obligatory sleeping tablets saw me get 4 hours sleep Friday night and 10 Saturday night.

We had lots of swimming. In the lagoon on north beach, Double Island Point, Teewah Beach, and Poona Lake. The swimming was our saviour and refreshed us.

\$1 hot showers at Freshwater Camping area brought me alive. So much so that when I walked out I was whistling a favourite tune, "The Low Road" by Tex Perkins, from the recently released limited edition live triple EP, which I ended up using in the audio visual I made of the trip.

*I walked the road with you my friend
Until we reach the bitter end
And if at times between your eyes
I've gone bad and twisted
I turned back and find the path
That's the day I walk
The low road.*

For those of you who remember the Cooloola/Fraser trip in September, where the toughest of the lot was our little white Russian scientist Katia, who got nothing more than itchy mosquito bites. Well on this trip she suffered the most, and got badly blistered and sore feet and fatigue. Aaron had the biggest and heaviest pack. It was a monster. I don't know if any of you know Graham White. He is a great story teller, and loves talking about all his money, super funds, and rich younger wife. For once I didn't get really sore feet.

The Lot Burger at Gympie Roadhouse. Flathead and chips and a tallie of Fourex at Rainbow Cafe. Fantastic fine weather for swimming. Freshwater is a nice camping area. Brilliant views and breezes from the Double Island Point Lighthouse. Lovely frog calls at Poona Lake. Carlo Sand blow. Great variety of forest types on the trail.

It was a challenging full on trip. Double Trouble.

Greg Kuss.

NEW MEMBERS

Welcome to the following New Members who joined during the last month:

Margaux Arzac	Tim Arthur	Cae Ashton	Rose Balczun
Susan Barnes	Kathy Barnicott	Owyn Butters	Bridgette Copcutt
Barry Dalton	Lisette Dillon	Timothy Dillon	Katherine Fullard
Selina Gerner	Denise Gibbons	Karen Gray	Robyn Ives
Trevor Ives	Cameron Kennedy	Rebecca Kennedy	Steve Kennedy
Suzette Land	Craig McLaughlin	Johannes Moolman	Craig Nalder
Kellie Nalder	Leith Phillips	Dan Pierce	Timothee Ranger
Robyn Richards	Manfred Scharpf	Andrew Stephan	Charles Tremblay
Gabrielle Turner	Roslyn Vidler	Merrilyn Williams	Peter Williams
Brad Woodward	Kevin Xian		

Congratulations to the following who have been granted Full Membership:

Mudather Ahmed	Andres Alduan	Nilesh Bokil	Ross Ernst
Russell Hawksford	Virginia Hawksford	Teresa Jenkins	Richard Meyer

"Bring and Buy" Table - 4th Wednesday Meetings

At BBW meetings on the 4th Wednesday of each month, a Bring and Buy table will be available for members to sell and buy second hand bushwalking gear – e.g. tents, stoves, sleeping bags, poles, water bladders etc. Members who wish to sell are encouraged to bring along items already priced, and will be expected to answer any queries / manage any transactions themselves.

This is a great opportunity for our bushwalking gear fanatics to de-clutter, and for newer members to pick up previously loved gear at reasonable prices.

Upcoming Rogaine Events

Bushwalkers who would like to practice or improve their navigation skills might like to try out some of the rogaïne events offered by the Queensland Rogaine Association for SE Qld. If the duration looks daunting, don't fret - you don't have to participate for the full event. Just do as much as you want and get some navigation practice at a comfortable pace.

- Sat 24-May 8hr Rogaine - White Mountains NP (near Murphy's Creek)
- Sat 12 July 24 hr Rogaine - Thanés Creek, west of Warwick
- Sat 16 Aug Cyclegaïne, 3hr or 6hr - Glasshouse Mountains area

For further information and more event dates visit the QRA web site at www.qldrogaïne.asn.au

Committee News

New Leaders

The following members were approved as new leaders at the last Committee meeting:

Shannon Bull
Nick Day
Laura Grogan
Sharyn Kurdzinski
Neil Parker
John Perry
Sonja Risa
Elena Williams

First Aid Course (2 days)

An introductory first aid course, **Provide First Aid PLUS**, will be conducted at the St John Ambulance HQ, 225 St Paul's Terrace, in The Valley on the weekend of Sat/Sun 3rd & 4th May 2014.

This is a simple, yet comprehensive course suitable for everyday emergency situations. It is the minimum qualification required by Workplace Health and Safety Legislation for the workplace first aider.

As it is run over two days, it gives you more hands-on time to practice and reinforce first aid skills, plus participants will receive accreditation in first aid response in an education and care setting, management of asthma, management of anaphylaxis and automated external defibrillation.

BBW's own Peter Mrzyglocki will be the St John Ambulance First Aid Instructor/Facilitator. Peter is also a bushwalker, so emphasis can be given on bushwalking first aid scenarios.

As all club members are encouraged to hold a current first aid certificate, the Club will subsidise all Full members by 50%. Therefore you only pay \$97.50. Probationary members will pay the full rate of \$195.

Please nominate via the normal BBW walks nomination list on line (or contact me – 0413 337 530) and pay your fee direct into the BBW bank account. Bank details are:

BSB: 124 021
Acc #: 1041 4419

Acceptance to the course will only be given on receipt of payment.

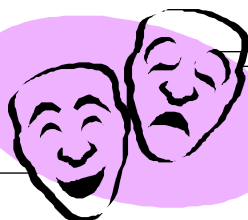
Marge Henry (Safety & Training)

Guest Speakers

Wednesday 23 Apr Peter McMahon - Catholic Bushwalkers Club
Topic: Trails in Enoggera Creek Area

Wednesday 14 May Paul Feeney and Mary Comer
Topic: Project at Pungalina, former cattle station in the NT.
Paul and Mary will give us a run down on a project Paul and Mary have been involved in in the NT.

Wednesday 9 July A/Professor Con Aroney
Topic: Bushwalking and Conditions Of The Heart
Heart Conditions relevant to Bushwalkers and what to do or not to do if things go wrong on a walk. Con is a BBW member and also a very busy and highly respected coronary expert. He will discuss issues relevant to walking and the heart.



Out & About

IPSWICH CITY CYCLE

SOCIAL/CYCLE

Sun 11 May

LEADER: Kay Byrne

0429 924 726

LIMIT: 15

BRING: Bike with spare tube, water bottle,
morning tea and lunch

MEET: Ipswich Heart Parklands Carpark,
Bremer Street, Ipswich

DEPART: 9:15am

This is a social ride and will take in some of the historical features of Ipswich and will cover about 30kms at a leisurely pace. We will meet and begin our ride from the western carpark of Ipswich Heart parklands which is only about 100 metres from the Ipswich Railway station. We will have lunch after the ride back at the cars and the nearby parkland BBQ and Picnic area. (Confidence required riding on roads.)

Don't want the magazine posted?



Members can choose not to have their monthly copy of the club magazine posted. Just follow these steps:

- Log in to BBW website
- Go to the "My Details" section
- Click "Edit"
- Scroll down to the "Protected" subsection
- Where it says "Magazine", untick the box.
- Click "Save"
- Logout

Colour versions of magazines are available in the "Magazine" section of the website as PDF files for downloading.

Magazine Collating

Magazine collating is at Ros Firster's & Richard Lukacz' at Coorparoo on **Thursday** 22nd May at 6:30pm. There is only about 1½ hours work required. If you would like to help while enjoying an easy social night with dinner please phone 3324 9018 to confirm.



For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.



If you have recently changed your address, mobile number or phone number (home or work) or email, please update your record on the website so that the Club register can be kept up to date.

If unclaimed, please return to:
Brisbane Bushwalkers Club Inc.
GPO Box 1949
BRISBANE 4001

Brisbane Bushwalkers Monthly News

05/2014 Edition

**PRINT
POST**

100001175

**POSTAGE
PAID
AUSTRALIA**

