

The
BRISBANE BUSHWALKER

February 2013



BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001

[www.bbww.org.au](http://www bbw.org.au)

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The next committee meeting, to be held at 7.30pm on **Wednesday 6th February**, is at Tom Cowlshaw's at 47 Samford Road, Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: Pre-trip descriptions are submitted via the leaders page on the web site. Any articles from members, especially post-trip reports, are welcome. The editor reserves the right to edit articles to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

Deadline for the March magazine is the Open Meeting on Wednesday 13th February.

BBW WEB SITE & EMAIL

BBW web site: www.bbw.org.au
 email editor@bbw.org.au
outings@bbw.org.au

BBW is an affiliated member of Bushwalking Qld whose website is:

www.bushwalkingqueensland.org.au

FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members) for half price for those who attend.

COVER PHOTOGRAPH

Enoggera Gorge (Enoggera Creek, Brisbane Forest Park) Photo: Richard Lukacz

EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat\$2.00
 Self inflating mat\$5.00
 Stove\$5.00
 Tent or Pack\$10.00

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

*All equipment may be booked for hire by phoning the Equipment Officer.
 Pre-booking will ensure availability.*

PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only. Extended loan periods will need to be arranged with the Equipment Officer.

LIBRARY

Available on the library table at all meetings:

- For sale: Long sleeve shirts \$25, Short sleeve shirts \$20, Fleece Jackets \$35, Fleece Vests \$30, Hats \$13, Caps \$10. These articles have the club logo embroidered on them.
- Car stickers and cloth badges: all \$3.00
- Long, wide bandages to be used in the unlikely event of a snake bite \$10.00
- Maps and Rasters: free loan to leaders
- Free loan to members:- Books, Magazines, DVDs and CDs. Come and browse the selection.

MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum
 Couples \$60 per annum

Annual membership falls due 31st January.

Probationary Members:
 Singles \$25 per 6month
 Couples \$40 per 6 month

Club Officials

President
 Vice President
 Secretary Tom Hulse 3351 2190
 Treasurer Tom Cowlshaw 3856 4050
 Outings
 Safety & Training Peter Lock 3351 1184
 Membership Barry Culley 0415 320 029
 Librarian Graham Olive 3277 5279
 Equipment
 email: equipment@bbw.org.au
 Photographic

Social
 Abseil Co-ordinator John Granat 3265 5404
 Members Register registrar@bbw.org.au
 Website Admin
 email: webadmin@bbw.org.au
 Editors Eugene Hedemann 3359 3114
 Jenny Zohn 3272 2732
 Contact Officers 0431 691 773
 or 0423 095 580
 or 0434 194 996
 These are VOICE ONLY numbers (ie. No SMS)

ABBREVIATIONS & GRADING

DISTANCE Short — Under 10 km per day
Medium — 10 to 15 km per day
Long — 15 to 20 km per day
EXtra Long — Over 20 km per day

ACTIVITY ABSeil; Base Camp; Day Walk; Through Walk; Easy Through Walk; Night Walk; SOCIAL Activity; KaYaK; CYCle; Safety & Training; Federation Mountain Rescue; ROGaine.

FAMILY Family — Family Group conditions; contact Leader

Example — **FSDW-3B**
Family (F)
Short Day Walk (SDW)
Graded track with obstacles (3)
Easy (B)

Note for Leaders when grading a walk: *The brief descriptions below are to help members match their ability to an activity. Do not use for grading as errors can result. To grade your walk consult the Standard List of Graded Walks.*

TERRAIN GRADING — 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions or minor creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions or minor creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek crossings.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or major creek crossings.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.


FITNESS & ENDURANCE GRADING — A to E (Note: Walking times do not include breaks.)

- A** Basic — Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills.
- B** Easy — About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate — About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High — High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging — Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or download from the BBW website)

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle. 

CAMPING FEES: National Park or State Forest camping fees are \$5.45 per person per night. (The leader will provide details.) Many NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Membership Card; lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

January

21	SNW-2A	Toohey Forest Monday night walk	Graham Olive
22	SNW2C	West End Hills	Joan Davey
22	TRNG	Kangaroo Point - Weight bearing training	Chris Hall
23	MEETING	Welcome to new members	
24	TRNG	Kangaroo Point - Core training	Chris Hall
24	SNW 3B	Mt Coot-tha Thursday night walk	Graham Olive, Ken Rubie
24	SDW - 6B	Bellthorpe - Mountford Ck Descent	Jim Lydon
25-28	MTW-6C	Waterfall Ck/Basket Swamp Ck/Cataract R	Lou & Marion Darveniza
26	LDW 7C	Coomera Gorge	Thomas Bishton
26-27	TW4C	Lower portals Through walk	Keith Rosbrook
26-28		Lake Cootharaba Paddle	Kendall Rubie
27	MDW-2B	Daves Creek Circuit	Diana Norkaitis
27	SDW - 5B	Mt Byron - Byron Ck - Falls Circuit	Errol Thomas
28	SNW-2A	Toohey Forest Monday night walk	Graham Olive
29	Social	Ben's Vietnamese Restaurant	Steve Cockburn
29	TRNG	Kangaroo Point - Weight bearing training	Chris Hall
31	TRNG	Kangaroo Point - Core training	Chris Hall
31	SNW 3B	Mt Coot-tha Thursday night walk	Graham Olive, Ken Rubie

February

2	LDW - 3B	Illingbah Circuit from the bottom	Glenis Bradley
2	MINIMAXS4A	Mt Coot-tha for New members	Lou & Marion Darveniza
3	SDW-6C	Enoggera Gorge	Lou & Marion Darveniza
3	LDW-3B	Caves/Lower Bellbird Circuit	Joan Davey
4	SNW-2A	Toohey Forest Monday night walk	Graham Olive
5	TRNG	Kangaroo Point - Weight bearing training	Chris Hall
5	SNW2C	West End Hills	Joan Davey
7	TRNG	Kangaroo Point - Core training	Chris Hall
7	SNW 3B	Mt Coot-tha Thursday night walk	Graham Olive
7	MDW - 5C	Bellthorpe - Upper Branch Creek Circuit	Jim Lydon
8-17	LTW 7D	Nelson Lakes National Park NZ	Andrew Wedlake
9	MDW-7C	England Creek right branch lower	Kelvin Taylor
9	MDW 3C	Baroon Dam/Kondalilla Falls	Kendall Rubie
9	MDW-3C	West Canungra Creek	Diana Norkaitis
10	Cycle	Sandgate	Alan Cooper
10	MDW-3B	Noosa Heads National Park (Headland section)	Bernie Ryan
10	MDW-6C	Upper South Kobbie Valley	Kelvin Taylor
10	SDW-6C	Scott's Creek	Lou & Marion Darveniza
10	SDW-3B	Wishing Tree	Mary Comer
11	SNW-2A	Toohey Forest Monday night walk	Graham Olive
12	SOCIAL	Thai on High Dinner Night	Bernie Ryan
12	TRNG	Kangaroo Point - Weight bearing training	Chris Hall
13	MEETING	Staying hydrated on a walk - Marion Crowther	
14	TRNG	Kangaroo Point - Core training	Chris Hall
14	SNW 3B	Mt Coot-tha Thursday night walk	Graham Olive
16	MDW-5B	Mt D'Aguilar	Kelvin Taylor
16	MDW3C	Artists Cascades	Peter Hunt
17	MDW-5C S&T	Leader Training - Larapinta Falls	Nick Brooking
17	MDW-5C	Northbrook Gorge via Northbrook Mountain	Kelvin Taylor
17	SDW3A/4C	Mt Matheson Trail, Spicers Gap	Kendall Rubie
17	SDW 4B	Lyre Bird & Orchid Grotto Lookouts	Mary Comer
18	SNW-2A	Toohey Forest Monday night walk	Graham Olive

19	TRNG	Kangaroo Point - Weight bearing training	Chris Hall
21	TRNG	Kangaroo Point - Core training	Chris Hall
21	SNW 3B	Mt Coot-tha Thursday night walk	Graham Olive
23	MABS-6C	Back Creek Abseil	Anne Kemp, Dawn Carnell
24	XLDW-3C	Mount Hobwee via the Coomera River	Bernie Ryan
24	SDW - 7C	Northbrook Creek from Gorge to Source	Arthur Walton
24-18	XLTW - 6C	3 Walks in Tasmania	Ray Glancy
25	SNW-2A	Toohey Forest Monday night walk	Graham Olive
26	TRNG	Kangaroo Point - Weight bearing training	Chris Hall
27	MEETING	General Meeting	
28	TRNG	Kangaroo Point - Core training	Chris Hall
28	SNW 3B	Mt Coot-tha Thursday night walk	Graham Olive

March

2	MDW-3C	Green Mountains - Tooloona Creek Circuit	Kendall Rubie
2	MDW-7C	Summer Creek Falls	Lynley Murtagh
3	MDW-7C	Summer Creek Falls	Lou & Marion Darveniza
9	MDW-5C	England Creek right branch upper	Kelvin Taylor
10	LDW-3C	Sunshine Coast Hinterland Great Walk Stage 2 - Flaxton to Gheerulla Circuit	Bernie Ryan
10	LDW-6D	Around Mt Bangalora	Lou & Marion Darveniza
13	MEETING	Peru, Patagonia & Iguazu Falls - Mary Comer & Marge Henry	
16	EXDW-3C	Mt Mitchell & Bare Rock- Cunningham's Gap	Kendall Rubie
16	MDW - 5C	Northbrook Mountain and Gorge Circuit	Arthur Walton
24	LDW-4C	Mount Joyce	Bernie Ryan
27	MEETING	General Meeting	
31-17	LTW 4D	Trek to Everest Base Camp - Nepal	Arthur Walton

April

7	XLDW-3C	Sunshine Coast Hinterland Great Walk Stage 3 - Gheerulla Circuit	Bernie Ryan
25-28	M TW 3C	Moreton Island North Through Walk	Gregory Kuss

May

17-19	SDW4C	Springbrook	Peter Hunt
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Advance Notice

7-10	June	Sunshine Coast Hinterland Great Walk	Gregory Kuss
7-17	July	Kings Canyon and Uluru	Kendall Rubie
12-14	July	Byron Bay Base Camp	Bernie Ryan
21-25	July	Larapinta Trail Central Australia	Kendall Rubie
28 Jul - 10 Aug		Central Australian Deserts	Kendall Rubie
6-15	Sep	Cooloola and Fraser Island Great Walk.	Gregory Kuss
13-15	Sep	Bunya Mountains Base Camp	Bernie Ryan

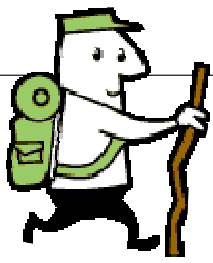
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ANNUAL MEMBERSHIP FEES

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A reminder to all **Full Members** that annual membership fees are due by **31st January 2013**.

Single membership: \$40.00 per annum Couples: \$60 per annum.



.....Coming Trips.....



TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 21 Jan
LEADER: Graham Olive 32775279
GRADE: SNW-2A
LIMIT: 10+
BRING: Page 3 items Torch, water.
MEET: Car park behind McDONALDS Salisbury. Cnr Toohey Rd, Orange Grove Rd & Evans Rd
DEPART: 6:30pm

MAP: BCC Toohey Forest track map
Toohey Forest is located just 10km south of Brisbane's CBD. There are extensive walking tracks through open eucalypt forest and heath. We start this two hour night walk from the car park behind the McDonalds restaurant in Salisbury. This walk will be on both sealed and dirt tracks with some short hills. There are lots of tracks so a different route each time. If we are lucky we might see a Twany Frogmouth. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time, to register their name for the walk commencement at 6.30 sharp. By the way, these walks don't count toward full membership.

WEST END HILLS

Night Walk Tue 22 Jan
LEADER: Joan Davey 0415 139 646
GRADE: SNW2C
LIMIT: 10
BRING: water, money for coffee
COST: coffee/drink
MEET: Ship Inn Southbank
DEPART: 6pm
CAR KMS: 0

We will walk around West End/Highgate Hill up & down some of the hills for about 1-1/2 hours for a some fitness training. Anyone training for that big walk very welcome. We will have a coffee/drink after at The Ship Inn after the walk. You do need to have reasonable fitness for this walk as we do walk at a fairly brisk pace and we do find as many hills as we can. This is not a social walk it is a training walk, there is no stopping for the 1-1/2 hours you do need to be able to push yourself that little extra. We leave at 6pm sharp so please give yourself plenty of time for traffic & parking.

KANGAROO POINT - WEIGHT BEARING TRAINING

Training Tue 22 Jan
LEADER: Chris Hall 0498051811

GRADE: TRNG
BRING: Jogging gear plus weighted backpack (normal walking gear isn't necessary as there are toilets and water fountains throughout)
MEET: Rotunda on River Terrace (southern end of KP cliffs)
DEPART: 6pm
MAP: Brisbane

This session is for those walkers looking to improve their pack carrying fitness. Whilst we do walk along the beautiful Brisbane River, the primary aim is a fitness session for walking. The session includes a weighted back pack (between 5-15 kilos), stairs, bridging, lunges, stretching etc.. Car parking is available in the streets opposite and give yourself a little extra travel time given that this starts around peak hour.

KANGAROO POINT - CORE TRAINING

Training Thu 24 Jan
LEADER: Chris Hall 0498051811
GRADE: TRNG
BRING: Jogging/exercise gear
MEET: Cafe on River Terrace (northern end of KP cliffs)
DEPART: 6pm
MAP: Brisbane

This session is for those looking to improve their aerobic and core fitness (it is not a walk but a training session). This includes a jogging loop from KP along the Brisbane River, followed by various core body exercises and stretching on the lawns. For those not used to jogging, a combination of walk and jogging can be done with the leaders doing return loops to the rear group. We finish the night with stretching.

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 24 Jan
LEADER: Graham Olive, Ken Rubie 32775279
GRADE: SNW 3B
LIMIT: 20+
BRING: page 3 plus torch and water
MEET: carpark west of Kuta Cafe Mt Coot-tha
DEPART: 6:30pm
MAP: BCC Mt Coot-tha track map
MUST: Read trip description

The Mt Coot-tha Thursday night walks are exercise walks to assist people with improving their bushwalking fitness and to learn techniques for night-time walking. The walks will commence at 6.30pm from the 1st carpark you enter on the western side of the lookout on Mt Coot-tha. The

walks will be approximately 2 hours in duration, on fire trails and marked tracks, with obstacles such as rock or root intrusions, fallen debris, and some, usually dry, creek crossings on some of the tracks. The walks will also involve the descent and ascent of the mountain at a reasonable walking pace with up to 520 metres gained and lost over the length of the walk. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate level of fitness suitable for hill walking. Participants will need the Page 3 items as well as the appropriate hiking footwear, torch and drinking water. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time to register their name for the walk commencement at 6.30 sharp. For further information please contact the walk leaders. By the way, these walks don't count toward full membership.

WATERFALL CK/BASKET SWAMP CK/ CATARACT R

Throughwalk Fri 25 -- Mon 28 Jan

LEADER: Lou & Marion Darveniza33784031

GRADE: MTW-6C

LIMIT: 8

BRING: Usual throughwalking gear, nibbles

MEET: TBA

DEPART: 5:30pm

CAR KMS: 600 km (approx)

MAP: Boonoo Boonoo 1:25 000

MOBILE : 0438 481 186

This 3 day trip starts at the Basket Swamp Campground in northern NSW. We will camp there on Friday night. The walk is mainly in the Basket Swamp National park, but part of it is on private property. On Saturday we will go down Basket Swamp Ck for some distance before taking some old roads that lead us close to Waterfall Ck. Waterfall Ck has a very large waterfall with a great pool at the bottom to be enjoyed, before carrying on to meet Cataract River. Camp that night will be further upstream in the Cataract River. On Sunday we will enjoy the cascades and waterfalls of Cataract River then camp about half-way up Basket Swamp Ck. Basket Swamp Ck has one waterfall after another, and magnificent swimming holes. Monday will involve coming up Basket Swamp Ck to the cars.

COOMERA GORGE

Day Walk Sat 26 Jan

LEADER: Thomas Bishton 0404025150

This activity is full.

LOWER PORTALS THROUGH WALK

Tw Sat 26 -- Sun 27 Jan

LEADER: Keith Rosbrook

GRADE: TW4C

LIMIT: 8

BRING: Tent, food, a book, swimmer

COST: Camp fees, usual petrol contribution

MEET: 7am at Fairfield, or 8am at Boonah

DEPART: 7am

Lazy, relaxing, suitable for beginners. And now for the real description... Start time is 7am at Fairfield, or 8am at Boonah, toilet block area (or just down towards the cafe & bakery, please be phone contactable in case). The early start is to beat the worst of the heat on the 4km slog in to the creek. Morning tea at the creek (~10:30 or a bit later depending on pace). This is a swimming hole, so be equipped to deal with this. From here we will head up the steep ridge for some views of Barney. We will drop back down to the creek, and rock hop up to the camp site. This will take us to the Barney Gorge area. NOTE:: You must book your own Campsite through the DERM website. Campsite is :: Barney Gorge Junction Remote bush Camping in the Mount Barney National park. one night, \$5.50 per night. We should arrive around 3pm at the campsite, which is almost creek side. On the Sunday we will pack up and head up the ridge for the return. Target is for lunch and swim at the lower portals. Then walk back out to the cars on the track. Please note that this walk out is warm in summer, so we probably will do this late on the Sunday afternoon, so don't plan to be back in Brisbane early. Additional information: Saturday walking will be feet-wet in places. Water-proof your bag (especially for the portals jump/swim through) Swim opportunities are Sat, Sun Lunch, Sun afternoon. Overall distance 10-15km over 2 days, but rock hopping is slow going.

LAKE COOTHARABA PADDLE

Kayak Base Camp Sat 26 -- Mon 28 Jan

LEADER: Kendall Rubie 0448448598

LIMIT: 8

BRING: Kayak and base camping gear

COST: refer to description

MEET: Alderley

DEPART: 6.30am

CAR KMS: 250

The purpose of this kayak base camp is to paddle across Lake Cootharaba and walk to the surf beach and paddle Kin Kin Creek on the upper Noosa River. Lake Cootharaba will be paddled on Saturday 26 January. This will be a paddle of about 12km return across the lake and a walk of about 6km return. You will need to bring suitable shoes to walk in sand plus food and water etc for the day. Kin Kin Creek on Sunday 27 January 2013 will be a paddle of about 12km return and

likewise you will need food and water for the day. We will camp at the Booreen Point Campground both nights by the lake shore if possible. This campground can be found by googling the name and bookings can be made on arrival. This trip is suitable for all grades of paddlers who are confident to paddle the distances involved. Please contact the trip leader for more information.

DAVES CREEK CIRCUIT

Day Walk Sun 27 Jan
LEADER: Diana Norkaitis 0408700520
This activity is full.

MT BYRON - BYRON CK - FALLS CIRCUIT

Daywalk Sun 27 Jan
LEADER: Errol Thomas 0427792266
This activity is full.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 28 Jan
LEADER: Graham Olive 32775279
See activity description for Mon 21 Jan.

KANGAROO POINT - WEIGHT BEARING TRAINING

Training Tue 29 Jan
LEADER: Chris Hall 0498051811
See activity description for Tue 22 Jan.

KANGAROO POINT - CORE TRAINING

Training Thu 31 Jan
LEADER: Chris Hall 0498051811
See activity description for Thu 24 Jan.

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 31 Jan
LEADER: Graham Olive, Ken Rubie 32775279
See activity description for Thu 24 Jan.

ILLINGBAH CIRCUIT FROM THE BOTTOM

Daywalk Sat 2 Feb
LEADER: Glenis Bradley 0412 618607
This activity is full.

MT COOT-THA FOR NEW MEMBERS

Minimaxs Sat 2 Feb
LEADER: Lou & Marion Darveniza 3378 4031
GRADE: MINIMAXS4A
LIMIT: 15
BRING: Usual day walk gear including the P3 items, 2 L water
MEET: Toowong Memorial Park (car park) Sylvan rd, Toowong. UBD p159, A16
DEPART: 7am
MAP: Brisbane forest Park 1:30 000
MOBILE TO RING ON DAY OF WALK ONLY: 0438 481 186

This trip is designed to introduce new members to bushwalking and to the Brisbane Bushwalkers club. We will meet at the car park of the memorial Park on Sylvan Road, Toowong and then travel to Mt Coot-tha. Mt Coot-tha has plenty of tracks, formed and unformed plus several creeks which will enable new walkers to experience a variety of terrains. The creek bits will be Terrain 5 and there will be an opportunity to do some scrambling (Terrain 6)- alternatives do exist. Being a Minimaxs, we will be discussing safety, clothing, club protocol, minimal environmental impact, first aid, the clubs grading system etc. We expect to finish early afternoon. Bring morning tea, lunch and the "always take" items on p3 of the magazine. Should it rain, we will run the Minimaxs at White Rock Conservation Park near Redbank Plains. This decision may be made on the day.

ENOGERA GORGE

Day Walk Sun 3 Feb
LEADER: Lou & Marion Darveniza 33784031
GRADE: SDW-6C
LIMIT: 10
BRING: Usual day walk gear, waterproofed packs, 2L water
MEET: Illowra Park and ride, Illowra St, The Gap
DEPART: 7am
MAP: Enoggera 1:25000
MOBILE TO CONTACT ON DAY OF WALK ONLY: 0438481186

Enoggera Creek starts to the south of Jolleys Lookout in Dâ€™Aguilar National Park. Some way down from the top it enters a great little gorge and hopefully with more rain, going through the gorge will provide much wet fun. We will start at Jolley's lookout and reach the creek after some graded track and old forestry road travel. The creek is left when reaching Scrub Road which takes us back up the hill to the Mt Nebo Road. Although initially the creek is fairly easy rock hopping, good scrambling skills are needed to get through Enoggera Gorge and packs must be waterproofed. Before going through the gorge, we recommend putting on a base layer (thermal) under one's shirt for warmth as there may be a fair bit of swimming & wading necessary not only in the gorge but also downstream of the gorge. It is a very nice creek, so close to Brisbane. Contact the leaders by email to nominate.

CAVES/LOWER BELLBIRD CIRCUIT

Day Walk Sun 3 Feb
LEADER: Joan Davey 0415 139 646
GRADE: LDW-3B
LIMIT: 10
BRING: page 3 items, 3 litres water, camera

COST: suggested car contribution \$25
MEET: Fairfield Gardens
DEPART: 7:00am
MAP: Lamington

This lovely walk is in the Binna Burra section of Lamington NP. It combines two of the shorter, but very scenic trails, the Caves and Lower Bellbird walks. The walk follows spectacular cliff lines, passes through rainforest and open forest, and by interesting caves. The walk from Binna Burra down to the Caves and further on to the Information Centre provides an excellent view into the Coomera Valley including the Coomera River. After about 500m on the road we then turn into the Lower Bellbird Circuit and walk below the Bellbird cliffs to the Lower Ballanjui Falls where we will have lunch. After lunch we head back up to the escarpment along the Shipstern track taking in some excellent views to Shipstern Bluff and over the Kurraragin Valley including Turtle Rock and Egg Rock. This 16km walk is suitable for those who like walking in the rainforest and do not mind a longish uphill after lunch.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 4 Feb
LEADER: Graham Olive 32775279
See activity description for Mon 21 Jan.

KANGAROO POINT - WEIGHT BEARING TRAINING

Training Tue 5 Feb
LEADER: Chris Hall 0498051811
See activity description for Tue 22 Jan.

WEST END HILLS

Night Walk Tue 5 Feb
LEADER: Joan Davey 0415 139 646
See activity description for Tue 22 Jan.

KANGAROO POINT - CORE TRAINING

Training Thu 7 Feb
LEADER: Chris Hall 0498051811
See activity description for Thu 24 Jan.

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 7 Feb
LEADER: Graham Olive 32775279
See activity description for Thu 24 Jan.

NELSON LAKES NATIONAL PARK NZ

LTW Fri 8 -- Sun 17 Feb
LEADER: Andrew Wedlake 0439 864 418
This activity is full.

ENGLAND CREEK RIGHT BRANCH LOWER

Day walk Sat 9 Feb
LEADER: Kelvin Taylor 0403176972

GRADE: MDW-7C
LIMIT: 8
COST: \$10
MEET: Alderley
DEPART: 7am
CAR KMS: 80kms

We will park on Mt Glorious Rd and head off down an old forestry road to the bottom of England Creek. A nice interesting creek which we will follow, taking a couple of tributaries til we reach our exit creek. This creek rises 200 metres in short distance. Many steep cascades and falls. And a short walk back to the cars. This walk is at the upper end of the 7 grading. Do not nominate if you need help on a 6. Walk distance 7 kms Elevation gain 300 metres Time 5 hours

BAROON DAM/KONDALILLA FALLS

Day Walk Sat 9 Feb
LEADER: Kendall Rubie 0448448598
GRADE: MDW 3C
LIMIT: 15
BRING: Day Pack as per Page 3/3ltr water
COST: Car Cost \$20
MEET: Aspley Hypermarket Front Car Park Under Sails

DEPART: 6:30am
CAR KMS: 180 kms
MAP: Witta/Nambour
NOMINATION LIST: Self Serve Online/Club Meetings

This walk is in the Kondalilla National Park Maleny/Montiville region, it is the first stage of the Sunshine Coast Great Walk, as we are only doing the walk one way there will be a car shuffle, by leaving all the cars except 2 at the end. The walk starts at the Baroon Pocket Dam car park where we will enter the track and work our way down through the rainforest, our first stop will be at a lookout with a view of Obi Obi Gorge, we will then continue along the track beside Obi Obi creek and stop for morning tea beside the creek at a rock pool. We will then continue through the rainforest and enter skene creek again stopping at a large rock slab above the creek, from here entering a palm grove we will stop beside the creek where there are some nice rock pools for lunch and have a chance to take a quick dip to cool off. After lunch we will follow the track up to Kondalilla Falls, stopping at a large public swimming hole for a short break before we walk out to the car park through the picnic grounds, change into some fresh clothes collect all our cars and head off for afternoon tea at the EDGE in Montiville. THIS WALK IS ALSO SUITABLE FOR NEW MEMBERS WITH A REASONABLE LEVEL OF FITNESS.

WEST CANUNGRA CREEK

MDW-3C Sat 9 Feb
LEADER: Diana Norkaitis 0408700520
GRADE: MDW-3C
LIMIT: 12
BRING: Day Walk Gear + Swimmers
COST: \$25
MEET: Fairfield Gardens
DEPART: 7am
CAR KMS: 250km
MAP: Lamington National Park

This 14km walk on graded tracks is in the O'Reillys area of Lamington National Park. We start the day by gently descending to Blue Pool (Yarralahla) where we will have morning tea and possible swim. From here we continue upstream with some creek crossings. We will probably have lunch at either Box Log Falls or Elabana Falls then onto Picnic Rock and follow the track up to the Border Track and to the car park. This is a beautiful rainforest circuit and most suitable for new members to the club.

SANDGATE

Cycle Sun 10 Feb -- Thu 1 Jan
LEADER: Alan Cooper 0448277910
GRADE: Cycle
LIMIT: 10
BRING: P3 & spare Inner Tubes
MEET: Albert Bishop Park Hedley Ave Toombal 7.00am

DEPART: 7.15 am
Meet at Albert Bishop park, Hedley Ave, Toombal, 7.00 am for 7.15 Departure, Riding through the Boondal Wetlands, Deagon, Shorncliffe to Sandgate for a coffee stop, return the same way, 45kms total.

NOOSA HEADS NATIONAL PARK (HEADLAND SECTION)

Day Walk Sun 10 Feb
LEADER: Bernie Ryan 0432 907275
This activity is full.

UPPER SOUTH KOBBLE VALLEY

Day walk Sun 10 Feb
LEADER: Kelvin Taylor 0403176972
GRADE: MDW-6C
LIMIT: 10
COST: \$10
MEET: Alderley
DEPART: 7am
CAR KMS: 80kms

We will cross the South Kobble Valley from north to south. Descending and ascending around 400 metres through the rainforest creeks. We will ascend a number of cascades and waterfalls on the way. Working around the largest falls in this

area. Exiting the forest close to the cars.

SCOTT'S CREEK

Day Walk Sun 10 Feb
LEADER: Lou & Marion Darveniza
GRADE: SDW-6C
LIMIT: 12
BRING: usual day gear
MEET: Alderley
DEPART: 6:30am
CAR KMS: 200 kms
MAP: Mt Byron 1:25,000

MOBILE ON DAY OF WALK ONLY: 0438481186
"Scott's" Creek is a tributary of Neurum Ck in the Mt Mee part of D'Aguilar National park. The walk starts by going upstream along Neurum Ck until the junction with Scotts Creek. This fairly shady creek has numerous rock pools, some slabby sections and 5 waterfalls taking us up to Loveday Rd where we will have left a car to avoid a 4km walk back to the start. It is a fairly short walk, 4 of the waterfalls easy to negotiate, with only one waterfall needing scrambling, and thus classing it as Terrain 6

WISHING TREE

Day walk Sun 10 Feb
LEADER: Mary Comer 0427 446000
GRADE: SDW-3B
LIMIT: 15
BRING: Usual day walk gear
COST: \$20
MEET: Fairfield Gardens
DEPART: 7am
CAR KMS: 240kms
MAP: Lamington NP

This is an easy walk of about 10kms which is suitable for people with little bushwalking experience. We start by driving to Green Mountains (O'Reilly's) section of Lamington NP. The walk is mostly on well formed tracks and trails starting behind the Guest House. Here we will be in rainforest, crossing a minor watercourse on a little suspended bridge with piccabeen palms below us. Continuing along and down we come to the Wishing Tree which we will walk through, and hopefully you will have your wishes ready ! The walk continues along the upper reaches of Morans Creek until we arrive at an open area when we follow a 4WD track to the top of Morans Creek. From here we walk on the graded track up to the road and then follow another track to Python Rock before continuing to West Cliff where we will probably have lunch. There is just one fairly short steep grassy paddock that we walk up on our way back through Luke's Farm. It will be a leisurly day with great variety and good views so bring your camera along.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 11 Feb
LEADER: Graham Olive 32775279
See activity description for Mon 21 Jan.

KANGAROO POINT - WEIGHT BEARING TRAINING

Training Tue 12 Feb
LEADER: Chris Hall 0498051811
See activity description for Tue 22 Jan.

KANGAROO POINT - CORE TRAINING

Training Thu 14 Feb
LEADER: Chris Hall 0498051811
See activity description for Thu 24 Jan.

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 14 Feb
LEADER: Graham Olive 32775279
GRADE: SNW 3B
See activity description for Thu 24 Jan.

MT D'AGUILAR

Day walk Sat 16 Feb
LEADER: Kelvin Taylor 0403176972
This activity is full.

ARTISTS CASCADES

Day Walk Sat 16 Feb
LEADER: Peter Hunt 0431652083
GRADE: MDW3C
LIMIT: 12
BRING: Page 3 & swimmers
COST: \$20 fuel contribution
MEET: Alderley
DEPART: 7:00am
MAP: Conondale Great Walk

The track that this walk follows is almost as good as a graded track & is part of the Conondale Great Walk track. The pace will be slow and the distance is around 12km, therefore, it is suitable for your first walk. It is located in the Conondale Range National Park between Maleny & Kenilworth. This track goes gently uphill through some wonderful rainforest with a great variety of interesting species of plants. It also follows the scenic Booloumba Ck with its clear waters winding their way over a bed of interestingly shaped rocks. The old gold mine is a part of the history of the area with the shaft still visible. Artists Cascades is an area of rock slabs with a small waterfall and a pool that is large enough for a good swim for which we will have plenty of time. The return trip will be along the same track.

LEADER TRAINING - LARAPINTA FALLS

Leader Training Sun 17 Feb

LEADER: Nick Brooking 04 1972 4296
GRADE: MDW-5C S&T
LIMIT: 15
BRING: Page 3 + Pencil and Paper
MEET: Fairfield Gardens
DEPART: 7am

Today's leader training course will allow participants to take turns at leading the party on a rough track beside Christmas Creek to Westray's grave, followed by rock hopping up to the beautiful Larapinta Falls. We will pause occasionally along the way to discuss various aspects of leadership and bush skills, which are noted in the club's Guide for Leaders. Before you come, please do some homework! Research the walk, check for National Park and road closures, make plans about where to park the cars, which way to drive to the spot, how long the walk should take, where might be a good spot for lunch, morning tea and afternoon tea. It would be great if you could bring some written notes, and some sort of map.

NORTHBROOK GORGE VIA NORTHBROOK MOUNTAIN

Day walk Sun 17 Feb
LEADER: Kelvin Taylor 0403176972
GRADE: MDW-5C
LIMIT: 10
COST: \$15
MEET: Alderley
DEPART: 7am
CAR KMS: 80kms

We park almost at the bottom of Northbrook Parkway, walk down to the causeway then head up a ridge towards the Northbrook Range. A couple of little rocky knolls to scramble over for a bit of a view. We walk along the top of the range over Northbrook Mountain with views down over the England Creek Valley and as far south as Mt Barney on a clear day. Down to Lawton Rd and take a saddle across to Eagles nest, just above the gorge. We will follow the steep zig zag trail down to Northbrook Creek and the gorge. Depending on conditions, the gorge will probably be a swim through, so be prepared. And a short "up" back to the cars. Expect around 600 metres of total elevation gain.

MT MATHESON TRAIL, SPICERS GAP

Day Walk Sun 17 Feb
LEADER: Kendall Rubie 0448448598
GRADE: SDW3A/4C
LIMIT: 15
BRING: Usual day walk gear, + 2lt water.
Lunch can be left in cars
COST: \$20
MEET: Fairfield Gardens
DEPART: 7:00am

CAR KMS: 170kms

We will car pool from Fairfield Gardens to the Pioneer Graves picnic area at Spicers Gap. The Spicers Gap Road is one of the earliest roads built to bring goods from the Darling Downs to the coast. At the bottom of the hill, a patch of Bamboo is all that is left of a hotel built in the 1870s. We start our walk at the Pioneer Graves at another old inn site (now farm), by following the trail to Mt Matheson. The track overlooks the Cunningham Highway as it climbs between Mt Cordeaux and Mt Mitchell. There is a loose rocky area that we will climb for about 100m where gloves may be useful to protect your hands. A small section of rainforest gives great examples of the Strangler Fig. The walk then continues as the Heritage Trail with examples of the road building techniques used by the pioneers who carted wool over the range at this point in the 19th Century. Information Boards along the way tell the story. We will admire the fantastic view from the Governor's Chair Lookout, which overlooks the Fassifern Valley and Lake Moogerah. We then walk down the road, passing Mosses well. (Road contractor in 1851) We return to cars at the picnic site for lunch. The road was used until 1972 to maintain the main telephone lines between Brisbane and Sydney. Those who have the afternoon free can head back to Aratula for cake and coffee at their leisure. Access to Spicers Gap is via an excellent dry weather gravel road. This road will closed in wet weather. There is an alternative walk if road is closed. This is a relatively easy walk but in places follows a well worn but not graded track and has a short area of exposed surface that requires a higher rating. This should not deter new walkers with a reasonable level of fitness.

LYRE BIRD & ORCHID GROTTA LOOKOUTS

Day walk Sun 17 Feb

LEADER: Mary Comer 0427 446000

GRADE: SDW 4B

LIMIT: 15

BRING: Usual day walk gear

COST: \$20 for petrol

MEET: Fairfield Gardens

DEPART: 7am

CAR KMS: 240kms

MAP: Lamington NP

This walk is from the O'Reilly's area of Lamington NP. There is a great variety of vegetation and lovely views. We leave the Border Track and walk on a trail to the former Forester's Camp then to the escarpment at Lyrebird, Orchid Grotto and Moonlight Crag Lookouts. We will go to the first part of Castle Crag to see Balancing Rock. From here we follow a 4WD track before branching off along Morans Creek to the Wishing Tree. There

are a variety of walking surfaces with trails rather than graded tracks so hence the 4 for terrain but it is not difficult and will suit new members with little bushwalking experience.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 18 Feb

LEADER: Graham Olive 32775279

See activity description for Mon 21 Jan.

KANGAROO POINT - WEIGHT BEARING TRAINING

Training Tue 19 Feb

LEADER: Chris Hall 0498051811

See activity description for Tue 22 Jan.

KANGAROO POINT - CORE TRAINING

Training Thu 21 Feb

LEADER: Chris Hall 0498051811

See activity description for Thu 24 Jan.

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 21 Feb

LEADER: Graham Olive 32775279

See activity description for Thu 24 Jan.

BACK CREEK ABSEIL

Abseil Day Walk Sat 23 Feb

LEADER: Anne Kemp, Dawn Carnell 0411 327704

GRADE: MABS-6C

LIMIT: 6

BRING: Abseil equipment Waterproofing and usual day walk gear

COST: \$10 rope hire, \$10 harness and hardware hire if required. Petrol \$20

MEET: Fairfield Gardens

DEPART: 6:30am

MAP: Canungra 1:25000

WALK LIST: No list at Meetings. Please phone or email leader.

Back Creek is located at Beechmont south of Canungra. This walk will involve five abseils at least one of which will be into deep water so packs must be waterproofed. We'll be rock hopping and scrambling downstream between abseils. The return route has steep up sections and is fairly strenuous. This really is an excellent day in a beautiful environment to practice skills (overhangs/water). Participants will need to have completed the two day BBW training at Kangaroo Point. As we will be carrying ropes and additional gear please bring a larger pack if possible. Contact me please if you need any more information or wish to hire club equipment. Note the earlier departure time.

MOUNT HOBWEE VIA THE COOMERA RIVER

Day Walk Sun 24 Feb
LEADER: Bernie Ryan 0432 907275
This activity is full.

3 WALKS IN TASMANIA

XLTW Sun 24 Feb -- Mon 18 Mar
LEADER: Ray Glancy 0419719480
GRADE: XLTW - 6C
LIMIT: 10
BRING: usual through walk gear and food drops
COST: to be advised
MEET: Hobart 23 feb 2013
DEPART: tba

These 3 walks are a replay of walks I did in 2010 with a great group of people. The walks consist of the Port Davey Track, the South West Cape Circuit and the South Coast Track. They are of varying difficulty but all will involve creek crossings, camping in tents etc. Food drops will need to be organised prior to leaving for the first walk.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 25 Feb
LEADER: Graham Olive 32775279
See activity description for Mon 21 Jan.

KANGAROO POINT - WEIGHT BEARING TRAINING

Training Tue 26 Feb
LEADER: Chris Hall 0498051811
See activity description for Tue 22 Jan.

KANGAROO POINT - CORE TRAINING

Training Thu 28 Feb
LEADER: Chris Hall 0498051811
See activity description for Thu 24 Jan.

MT COOT-THA THURSDAY NIGHT WALK

Night Walk Thu 28 Feb
LEADER: Graham Olive 32775279
See activity description for Thu 24 Jan.

GREEN MOUNTAINS - TOOLOONA CREEK CIRCUIT

Day Walk Sat 2 Mar
LEADER: Kendall Rubie 0448448598
This activity is full.

SUMMER CREEK FALLS

Day Walk Sat 2 Mar
LEADER: Lynley Murtagh
This activity is full.

SUMMER CREEK FALLS

Day Walk Sun 3 Mar
LEADER: Lou & Marion Darveniza3378 4031

This activity is full.

ENGLAND CREEK RIGHT BRANCH UPPER

Day walk Sat 9 Mar
LEADER: Kelvin Taylor 0403176972
GRADE: MDW-5C
LIMIT: 10
COST: \$10
MEET: Alderley
DEPART: 7am

We start from Maila car park and head out along the ridge between England Creek left and right branches. Then follow a spur down to the bottom of the right branch. We follow the creek all the way up coming out on Joyner's Ridge Rd and a short way back to the cars. The creek varies from quite open in the lower reaches, a bit of rainforest in the middle and a beautiful open palm forest in the upper sections. A bit of easy scrambling along the way. Around 6-7 hrs walking time and 600 metres elevation gain.

SUNSHINE COAST HINTERLAND GREAT WALK STAGE 2 - FLAXTON TO GHEERULLA CIRCUIT

Day Walk Sun 10 Mar
LEADER: Bernie Ryan 0432 907275
This activity is full.

AROUND MT BANGALORA

Day Walk Sun 10 Mar
LEADER: Lou & Marion Darveniza3378 4031
This activity is full.

MT MITCHELL & BARE ROCK- CUNNINGHAM'S GAP

Day Walk Sat 16 Mar
LEADER: Kendall Rubie 0448448598
GRADE: EXDW-3C
LIMIT: 12
BRING: see page 3 mag, 2 litres water
COST: \$20
MEET: Fairfield Gardens
DEPART: 6:30am

We will walk both the Mt Mitchell & Bare Rock tracks in the one day. The combined distance is 22.6km. Mt Mitchell is on one side of the Cunningham Highway at Cunningham's Gap & Bare Rock is on the other. The Mt Mitchell track ends at the summit which is a knife-edge ridge above a sheer cliff. Bare rock is on the north side of the highway, it detours west of Mt Cordeaux & crosses a rocky saddle north of the peak. There are spectacular views over the northern section of the national park as there are from Mt Mitchell. The walk is on track but the distance is VERY LONG & Mt Mitchell is up all the way so GOOD FITNESS IS RE-

QUIRED but otherwise it is suitable for new members.

NORTHBROOK MTN AND GORGE CIRCUIT

Day Walk Sat 16 Mar
LEADER: Arthur Walton 0418 730 541
GRADE: MDW - 5C
LIMIT: 12
BRING: Mag. Page 3 and Dry Sack
MEET: John Scott Park, Station Street Samford Village, opposite Samford Medical Centre UBD map 106 M14
DEPART: 7:00am
CAR KMS: Approx 60 Km
MAP: Brisbane Forest Park

We will park the cars on a hair pin bend approx. 2.5 Km past Wivenhoe Outlook and then set off down the road to Northbrook Parkway Bridge before going off-track and up to Lawton Road via a knoll at 448 metres and peak 612 metres. We continue to a peak at 640 metres which will be the likely morning tea spot. We then head to the first highlight of our walk, the trig point on Northbrook Mountain at 659 metres. From here we traverse the ridge which involves some scrambling and witness views overlooking Fernvale and beyond to the Main Range if the weather permits. We then descend to Lawnton Road which we follow until we pick up the saddle leading to the second highlight, the rocky outcrop known as Eagles Nest. Eagles Nest is our planned lunch spot with great views overlooking Northbrook Creek. After lunch we take a steep track descending to Northbrook Creek. On joining the creek we walk downstream which will involve some rock hopping and the opportunity to cool off in one of the shallow pools along the way. You can expect waterlogged boots and it would be wise to have the contents of your pack waterproofed in a dry sack. Northbrook Creek at our entry point is fringed with rain forest on both banks and as we go further down stream we enter our last highlight, Northbrook Gorge which we pass through as we continue downstream. A little further downstream we leave the creek to ascend a ridge and return to the cars. This classic Brisbane Forest Park walk will require a moderate level of fitness to cover the diverse terrain and approx. 7 hours duration. If I haven't walked with you before, please email me before nominating. I will need to assess your ability to complete this walk comfortably.

MOUNT JOYCE

Day Walk Sun 24 Mar
LEADER: Bernie Ryan 0432 907275
This activity is full.

TREK TO EVEREST BASE CAMP - NEPAL

Through Walk Sun 31 Mar -- Wed 17 Apr
LEADER: Arthur Walton 3289 7008
This activity is full.

SUNSHINE COAST HINTERLAND GREAT WALK STAGE 3 - GHEERULLA CIRCUIT

Day Walk Sun 7 Apr
LEADER: Bernie Ryan 0432 907275
GRADE: XLDW-3C
LIMIT: 10
BRING: As per mag page 3, 3 plus litres water, camera
COST: suggested car contribution \$20
MEET: Aspley Hypermarket; carpark opposite Aust Post Office Sign. UBD 119 J4
DEPART: 6:00am
MAP: Sunshine Coast Great Walk

This is an EXTRA LONG DAY of nearly 22kms with a lot of up and down including a gradual ascent of 1.5 kms at the end therefore GOOD FITNESS IS REQUIRED. Stage 3 is the northern most section of the Sunshine Coast Hinterland Great Walk. We join the track at Delicia Rd at Mapleton where we start by heading up along Gheerulla Bluff. We will enjoy spectacular views of the Gheerulla Valley and beyond. The legacy of logging and land clearing is evident along this trail. We visit Thilba Thalba Walkers camp where there are also views of the valley and beyond. From here we continue onto Thilba Thalba viewpoint which provides views over the lower Gheerulla Valley and the Mary Valley to Kenilworth, Conondale range, Gympie and north to Cooloola sandblow. We then descend down a lot of stairs into the Mary valley again taking in the views to the west. We will walk through a small plantation of grasstrees on the way to Gheerulla Creek where we will have lunch. From here we follow the creek back up to the cars visiting Gheerulla Falls on the way. There is plenty of picturesque scenery along the creek where there will be plenty of opportunities for photos.

SPRINGBROOK

Base Camp Fri 17 -- Sun 19 May
LEADER: Peter Hunt 0431652083
GRADE: SDW4C
LIMIT: 15
BRING: Page 3 items & as listed
COST: \$40 plus fuel contribution \$20
MEET: To be organised
DEPART: To be organised
MAP: Gold Coast Great Walk

Friday - arrive anytime in the afternoon or evening. Car pooling is essential due to tiny size of car park. Saturday morning - 8.00 am we will assist

with restoration of a part of the Springbrook Plateau. There are lots of, naturally regenerated, trees from the parts that have previously received attention - very rewarding. This involves 4hrs of sitting on the soft grass while gently levering out small weeds. The numbers are more of a challenge than the size of the weed plant. Tools are provided, however, please bring gardening gloves. The reward is that we restore a part of Springbrook to its former glory and the coffee from the real coffee machine at morning tea time. Saturday afternoon - Twin Falls circuit track walk to enjoy the lovely and spectacular falls. Saturday night - Please bring one dish per person of either nibbles, main course or dessert for a shared dinner. Bring all other meals for the weekend. We have a well appointed kitchen with crockery, cutlery, glassware, pans and utensils. Fridge, stove, microwave and electric kettle make for an easy base camp and light packing. Sunday - 8.30 am track walk from Apple Tree to Waringa Pool onto Purlingbrook Falls and then up to the Purlingbrook car park. This involves a car shuffle so that we will not be retracing our steps. Accommodation - is in a Lodge with bunk beds and some normal type beds. There are five showers

so not much waiting time. Please bring all of your own bedding or a sleeping bag. Directions - Take Exit 71 from the M1 (Motorway to the Gold Coast). Then follow the signs to Springbrook. When on the Springbrook Plateau take the right turn to Best of All Lookout (this is Repeater Station Road). The Lodge is at number 317 and there will be a BBW sign. The driveway descends to a tiny carpark. Then there are several steep sets of stairs down the hill to the top level of the Lodge. Use a head torch if arriving in the evening. Payment: Please pay at the beginning of April & advise me by email. Lodge for the weekend is \$40 per person. Once your payment is received into my bank account I will accept your nomination. Please use reference of your first name and Springbrook. Bank details are Suncorp BSB 484 799, Account 511190601 in name of Peter Hunt. Car pooling contribution is between you and your driver so please transfer the \$40 only for accommodation.

The JOYS of STRAPPING TAPE

On long trips, such as our recent 6 weeks in the Sierras, I like to take a new roll of rigid sports strapping tape (optimal choice, skin colour, 40mm Leuko). A few examples of uses are illustrated below.

Last Sierra trip, my spanking new walking shorts started to come apart on the rear seam after first 3 days walking and completely apart after one week. Repair was made with strapping tape inside and outside allowing completion of the whole trip unchanged. The 'money back return' was made to the REI store in San Francisco on the way home. On this trip during a long day talus crossing of Thunderbolt Pass, I broke a REI UL carbon fiber walking pole. I had done this once before so I was prepared for the essential repair – made stronger than new with 3 small cable ties, a strong Al tent peg as splint and lashings of strapping tape.

On the previous Sierra trip, we spent a few days in Kings Canyon NP outlasting a ferocious rain-storm. A ground squirrel got inside our tent while we spent a day at the store and caused considerable damage - all repaired with you know what. Marion's Western Mountaineering sleeping bag had 37 holes in one side (obviously a fabric to squirrel liking), mine a few, a few in the tent floor and a few more tearing type holes at outer tent edges. The bag was fine for the trip and still functions two years later although now replaced by a superior bag. On this same trip while breaking a walking stick descending a treacherous gully I also badly injured an ankle. Full scale ankle strapping and a one day rest allowed the 3 day exit walk down the fabulous Merced River Valley to Yosemite. For my pole, I grafted a semi green pine tree branch on as the bottom section.

This stuff has numerous minor uses, a bit like duct tape but better. Strapping for toe bash, holding sunglass lenses, repairing a tearing pack bottom etc. For the joys available, in my opinion every walking party could benefit by taking a roll of strapping tape.

Lou Darveniza



Rediscovery of Enoggera Gorge

In Dec 2003, John Hinz led a trip down Enoggera Creek starting from Jollys lookout. We always intended to go back but it was Mark Houghton a "local" living in this area who rekindled our interest.

So one Wednesday, the three of us, Mark, Lou & Marion checked it out. Much thrashing through scunge down to the creek (reminiscent of our trip with John Hinz), then along the creek to a wonderful small gorge plus numerous pools downstream. Knowing we could improve our access we turned up at Mark's house the following Wednesday and fine tuned the start magnificently by eliminating the scungy descent using a fire trail with minimal through forest travel.

Mark put this trip on the program twice - each time rained out. Then the next trip was a private one on Voting Day March 2012. This was the time to escape all the Qld. madness and the inclement weather. The party was Lou, Marion, Richard, Ros, Jim, Lynley & Annette. Wet rocks and big water flows were correctly anticipated due to the heavy rain.

Lou left the essential bag of tapes at home - discovered when we arrived at the start point, Jollys Lookout. Fortunately, Lynley had a tow-rope which we hoped would permit the exposed descent into the gorge proper and then the full creek traverse. Arriving at the descent point it was discovered that the full tow-rope reached the bottom of the gorge but the doubled rope, essential for recovery, only reached the 2m vertical final drop point. Much discussion ensued. Richard went off climbing high and got around the gorge and into a great photo-taking viewpoint. Marion's plan was to jump the last 2 metres into the water, which from a previous trip we knew was deep enough and had a flat rock bottom. Lou looped his belt to one end of the tow-rope and then a bootlace to this. Everybody descended the single rope. Marion turned the rope into a double rope, and from top of the final vertical bit made the 2m jump perfectly. Lou could just reach the bootlace to pull the rope down. Two more shorter rope descents for difficult spots were needed for this splendid, rarely visited creek traverse with at the time many swim-throughs.

In December, on the first successful club trip in recent times we were surprised to find the main gorge absolutely dry, creating different descent problems (water gives a softer landing than rocks). With the lower water levels there were many more options for gorge and creek travel.

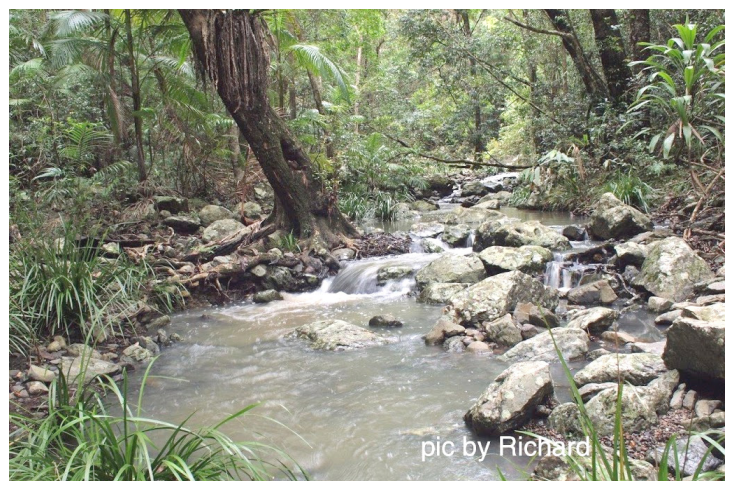
Over lunch there was time for some to check out the waterfalls in "Jollys" Creek (a side creek) before following down the creek with a number of swim-throughs to an exit road.



Hopefully Mark's trip on 12 Jan goes OK - third time lucky - and the weather will be kind for the February trip.

A great trip - not entry level 6, but lots of fun.

Marion & Lou Darveniza



Photos: Richard Lukacz . Also check out the cover pic.

Upcoming Rogaine Events

Bushwalkers who would like to practice or improve their navigation skills might like to try out some of the rogaine events offered by the Queensland Rogaine Association for SE Qld.

- Sat 23 Feb "Upside Down" 8hr Rogaine - England Creek (via Fernvale)
- Sat 16 Mar Training Day, 8am-1pm - Bunyaville State Forest (Brisbane)
- Sun 17 Mar 3hr Bunya Dash Mini Rogaine - Bunyaville State Forest (Brisbane)
- Sat 27 Apr The Rogue 8 / 24hr Adventuregaine - Borumba Dam (via Imbil)
- Sat 25 May 8hr Rogaine TBA

What's an "Upside-Down" rogaine?

It's a rogaine held at night. The "upside-down" format allow you to escape the heat of the summer day and provides an extra navigational challenge!

The England Creek event starts at 11pm on Saturday 23rd Feb and finishes at 7am on Sunday 24th Feb. Map handout will be at 9pm. Breakfast is included in your entry fee.

Of course, like all rogaines, you don't have to participate for the full duration. Just do as much as you want and get some navigation practice at a comfortable pace.

For further information and more event dates visit the QRA web site at www.qldrogaine.asn.au

NEW MEMBERS

Welcome to the following New Members who joined during the last two months:

Glynda Andrews	Brigitte Baum	Sonya Brewster	Keith Brewster
Richard Cook	Leanne Davies	Marco Diaz	Heather Forbes
Hugh Fyson	Hugo Gildenhuis	Madeleine Gildenhuis	Jason Glenwright
Vedran Hadzihalilovic	Sarah Hagen	Rod Hall	Danni Jansen
Lesley Jolly	Paul Jolly	Bryan Jones	Gloria Keegan
Sharyn Kurdzinski	Alwin Loubser	Denise Ma	Luke Manley
Bill Mansell	David Martin	Kirsty McMurtrie	Steven McSwan
Rachael Metcalfe	James Metcalfe	Greg Nelson	Bruce Nesbit
Rod Nixon-Smith	Sheetal Prasad	David Riddell	Glenda Riddell
Leona Rollinson	Tim Shaw	Kristian Smith	Alison Turner
Linda Vogel	Sue Wall	Tony Wall	Sam Yameen

DEPARTURE TIME

Walkers, please be at the meeting point 10-15 mins before the departure time so that car pooling can be organised. Actual departure will be EXACTLY at the stated departure time.

For Sale

For any members who would like to sell their second-hand bushwalking equipment:-

Just email a brief description of the item to the editor's mailbox (editor@bbw.org.au) and include a price, phone no. and/or email address. You may wish to include your suburb so that seller and purchaser can decide whether meeting up at some time other than a club meeting is viable.

Jo Swaine 0418 743 112 (Lutwyche)

- **Tent** Mont Moondance 2 lightweight tent, 2 person, near new, 2 Kg, with Mont "Footprint" groundsheet. Has had little use. \$250
- **Sleeping Bag** Western Mountaineering 'Ultralite'. For person 165 cms. Lt sided zip. Weight 800g. Goose down fill. Near new, perfect condition, recently laundered. Great 3 season bag. \$250

Hugh Fyson 3352 7026 (Newmarket)

- **Gloves**, Ironclad Heavy Utility, size M. Never used because too small for me. Were \$42 from Bunnings, \$15.
- **Walking shoes**, Scarpa Stratos, stone colour, size 42. Top quality shoes with Vibram soles, suede leather uppers, Goretex layer. Used for 3 day walks only. A bit too small for me. Were \$220, sell for \$80.

Mary Comer 38446231 or 0427446000 (Highgate Hill)

- **TENT** MSR Hubba One Person. Very good condition. Total weight 1.5kg. The reason for selling is that I now use a lighter weight tent. \$120

Glenis Bradley email: glenisbradley@yahoo.com.au

- **Women's shoes** Five Ten, size 7. Worn once. Interested parties can contact me via my web address. \$140



Guest Speakers

Wednesday 23 Jan Welcome New Members

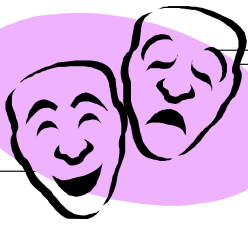
This meeting will be devoted to a new members' orientation. Leaders and current members are very welcome to attend. The billy will be on the boil!

Wednesday 13 Feb Staying hydrated on a walk - Marion Crowther

Ever wondered about those rehydration products you can buy? What is really in them? Are they really necessary? What is it you should be looking for in a product? Can you make it yourself? The aim of my talk tonight is to educate bushwalkers on staying hydrated on a walk - i.e. not getting to the point of dehydration. I will not be discussing the treatment of dehydration as that is a whole topic on its own. Come and join me for this discussion - I will have some samples available to taste test as well.

Wednesday 13 Mar Peru, Patagonia & Iguazu Falls, South America - Mary Comer & Marge Henry

In October, Mary Comer & Marge Henry went to Peru to walk the Inca Trail (4 days) to Machu Picchu and then flew down to Patagonia to do a 4 day trek in the Torres Del Paine National Park. Mary then went on to the Iguazu Falls bordering Argentina & Brazil. Photos will be shown with a bit of a spiel.



Out & About

BEN'S VIETNAMESE RESTAURANT

Tue 29 Jan

LEADER: Steve Cockburn
0499158376-when walking

LIMIT: 15

MEET: At Restaurant

WHEN: 6.30

ADDRESS 1st Floor,
14 Annerley Rd, W'GABBA

This month's social is at Ben's Licensed Restaurant. This is a Vietnamese and Chinese menu and offers a wide variety of excellent traditional options. There are banquet options. B.Y.O. bottle wine only.

Note: ONE BILL PER TABLE

Steve

THAI ON HIGH

DINNER

Tue 12 Feb

LEADER: Bernie Ryan

0432 907 275

LIMIT: 15

COST: about \$20 each

BE THERE BY: 6:30pm

ADDRESS: 36B Gladstone Rd [Cnr Prospect
Terrace], Highgate Hill

Highgate Hill is dotted with family-friendly restaurants, and Thai on High is one of the longest standing. Situated on the corner of Gladstone Road and Prospect Terrace, the warm lilac paint job makes it an inviting and relaxing place to sit in and eat. It's hard to go wrong with Thai food, and Thai on High's menu is packed with mouth-watering goodies. The most traditional dishes include the deep-fried fish with stir-fried noodles, and the kaew tod, which are egg pastries filled with minced chicken and served with sweet chilli sauce. All the favourites are there, with spring rolls, curries and coconut rice all present on the menu. The restaurant is BYO and the bottle [Thirsty Camel] is just a few doors up.

Bernie



Magazine Collating

Magazine collating is at Eugene Hedemann's at Stafford Heights on Thursday 21st February at 6:30pm. There is only about 1 1/2 hours work required. If you would like to help and enjoy an easy social night with dinner please phone 3359 3114 to confirm.



For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.



If you have recently changed your address, phone number (home or work) or email please advise the Membership Registrar so that the club records can be kept up to date:
email: registrar@bbw.org.au

If unclaimed, please return to:
Brisbane Bushwalkers Club Inc.
GPO Box 1949
BRISBANE 4001

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