

*The*  
**BRISBANE BUSHWALKER**

*Dec 2012 - Jan 2013*



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**BRISBANE BUSHWALKERS MONTHLY NEWS**

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**BRISBANE BUSHWALKERS CLUB INC (EST. 1948)**  
GPO BOX 1949, BRISBANE 4001

[www.bbw.org.au](http://www.bbw.org.au)

**MEETINGS:** The Brisbane Bushwalkers Club meets every 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2<sup>nd</sup> Wednesday. All welcome.

**COMMITTEE MEETINGS:** The next committee meeting, to be held at 7.30pm on **Wednesday 5th December**, is at Tom Cowlshaw's at 47 Samford Road, Alderley. Ph: 3856 4050. All members are welcome to attend.

**MAGAZINE:** Pre-trip descriptions are submitted via the leaders page on the web site. Any articles from members, especially post-trip reports, are welcome. The editor reserves the right to edit articles to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

**Deadline for the February magazine is the Open Meeting on Wednesday 9th January.**

#### BBW WEB SITE & EMAIL

BBW web site: [www.bbw.org.au](http://www.bbw.org.au)  
 email [editor@bbw.org.au](mailto:editor@bbw.org.au)  
[outings@bbw.org.au](mailto:outings@bbw.org.au)

BBW is an affiliated member of Bushwalking Qld whose website is:

[www.bushwalkingqueensland.org.au](http://www.bushwalkingqueensland.org.au)

#### FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members) for half price for those who attend.

#### COVER PHOTOGRAPH

BBW Photographic Competition - 1st Prize,  
 Bushwalk category Ben Blanche

#### EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat .....\$2.00  
 Self inflating mat .....\$5.00  
 Stove .....\$5.00  
 Tent or Pack .....\$10.00

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

*All equipment may be booked for hire by phoning the Equipment Officer.  
 Pre-booking will ensure availability.*

**PLB:** The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only. Extended loan periods will need to be arranged with the Equipment Officer.

#### LIBRARY

Available on the library table at all meetings:

- For sale: Long sleeve shirts \$25, Short sleeve shirts \$20, Fleece Jackets \$35, Fleece Vests \$30, Hats \$13, Caps \$10. These articles have the club logo embroidered on them.
- Car stickers and cloth badges: all \$3.00
- Long, wide bandages to be used in the unlikely event of a snake bite \$10.00
- Maps and Rasters: free loan to leaders
- Free loan to members:- Books, Magazines, DVDs and CDs. Come and browse the selection.

#### MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum  
 Couples \$60 per annum

Annual membership falls due 31st January.

Probationary Members:  
 Singles \$25 per 6month  
 Couples \$40 per 6 month

## Club Officials

|                   |   |              |
|-------------------|---|--------------|
| President         | Cheryl Curtis   | 3801 1311    |
| Vice President    | Beryl Rosser  | 3378 8331    |
| Secretary         | Tom Hulse   | 3351 2190    |
| Treasurer         | Tom Cowlshaw  | 3856 4050    |
| Outings           | Dennis Fishlock   | 3284 0551    |
| Safety & Training | Peter Lock  | 3351 1184    |
| Membership        | Barry Culley  | 0415 320 029 |
| Librarian         | Graham Olive  | 3277 5279    |
| Equipment         | Anna Morphett   | 3351 1184    |
|                   | email: <a href="mailto:equipment@bbw.org.au">equipment@bbw.org.au</a> |              |
| Photographic      | Gary Curtis   | 3801 1311    |

|   |   |  |
|---|---|--|
| Social                                    |   | <i>position vacant</i>   |
| Abseil Co-ordinator                       | John Granat   | 3265 5404  |
| Members Register                          |   | <a href="mailto:registrar@bbw.org.au">registrar@bbw.org.au</a> |
| Website Admin                             | Gary Curtis   | 3801 1311  |
|   | email: <a href="mailto:webadmin@bbw.org.au">webadmin@bbw.org.au</a> |  |
| Editors                                   | Eugene Hedemann   | 3359 3114  |
|   | Jenny Zohn  | 3272 2732  |
| Contact Officers                          | 0431 691 773  |  |
|   | or 0423 095 580   |  |
|   | or 0434 194 996   |  |
| These are VOICE ONLY numbers (ie. No SMS) |   |  |

## ABBREVIATIONS & GRADING

**DISTANCE** Short — Under 10 km per day  
Medium — 10 to 15 km per day  
Long — 15 to 20 km per day  
EXtra Long — Over 20 km per day

**ACTIVITY** ABSeil; Base Camp; Day Walk; Through Walk; Easy Through Walk; Night Walk; SOCIAL Activity; KaYaK; CYCle; Safety & Training; Federation Mountain Rescue; ROGaine.

**FAMILY** Family — Family Group conditions; contact Leader

Example — **FSDW-3B**  
Family (F)  
Short Day Walk (SDW)  
Graded track with obstacles (3)  
Easy (B)

**Note for Leaders when grading a walk:** *The brief descriptions below are to help members match their ability to an activity. Do not use for grading as errors can result. To grade your walk consult the Standard List of Graded Walks.*

### TERRAIN GRADING — 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions or minor creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions or minor creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek crossings.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or major creek crossings.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.


### FITNESS & ENDURANCE GRADING — A to E *(Note: Walking times do not include breaks.)*

- A** Basic — Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills.
- B** Easy — About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate — About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High — High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging — Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

## INFORMATION FOR WALKERS

*The Members Handbook has a complete list of Club Guidelines (also available from the library or download from the BBW website)*

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

**TRANSPORT COSTS:** Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle. 

**CAMPING FEES:** National Park or State Forest camping fees are \$5.45 per person per night. (The leader will provide details.) Many NSW National Parks also charge \$7 per vehicle per day.

**ALWAYS TAKE: Membership Card;** lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

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## PROGRAM

### ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

#### November

|      |          |  |                             |
|------|----------|--|-----------------------------|
| 26   | SNW-2A   | Toohey Forest Monday night walk          | Graham Olive                |
| 27   | TRNG     | Kangaroo Point - Weight bearing training | Chris Hall                  |
| 27   | SNW2B    | River Walk                               | Steve Cockburn              |
| 28   | Meeting  | General Meeting                          | Beryl Rosser                |
| 29   | TRNG     | Kangaroo Point - Jog and Core training   | Chris Hall                  |
| 29   | SNW 3B   | Mt Coot-tha Thursday night walk          | Graham Olive, Ken Rubie     |
| 29   | SDW - 5B | Mt Byron - Byron Ck - Falls Circuit      | Jim Lydon                   |
| 30-2 | MTW 6D   | Bookookoorara Creek                      | Annette Miller              |
| 30-2 | SDW - 3B | Tux & Tiaras, Springbrook                | David Sydes, Burney Starkey |

#### December

|       |            |  |                                |
|-------|------------|--|--------------------------------|
| 1     | MDW3B      | Under 40s Noosa NP                                     | Deniz Clarke                   |
| 1     | MINIMAX 3B | Iron Bark Gully  | Dennis Fishlock                |
| 1     | SDW - 7C   | Northbrook Creek from Gorge to Source                  | Arthur Walton                  |
| 2     | LDW-3C     | Gold Coast Hinterland Great Walk [Springbrook section] | Bernie Ryan                    |
| 2     | SDW-5C     | Mt Greville  | Deniz Clarke                   |
| 2     | MDW6-D     | Lost World Traverse                                    | Ray Glancy                     |
| 2     | LDW-3C     | Albert River Circuit, Lamington NP                     | Errol Thomas                   |
| 3     | SNW-2A     | Toohey Forest Monday night walk                        | Graham Olive                   |
| 4     | SNW2C      | West End Hills   | Joan Davey                     |
| 6     | MDW - 5D   | Main Range - Lizard Point - Classic Route              | Jim Lydon, Errol Thomas        |
| 6     | SNW 3B     | Mt Coot-tha Thursday night walk                        | Graham Olive, Kendall Rubie    |
| 8     | LDW-6C     | Diana's Bath via Mt Byron                              | Kelvin Taylor                  |
| 9     | SDW 5B     | Northbrook Gorge                                       | Anne Kemp                      |
| 9     | SDW-6B     | Love Creek Falls from Alex Rd                          | Lou & Marion Darveniza         |
| 9     | LDW7E      | Green Mts - Lost World Circuit                         | Richard Walton                 |
| 9     | MDW-6C     | England Creek  | David Sydes                    |
| 10    | SNW-2A     | Toohey Forest Monday night walk                        | Graham Olive                   |
| 11    | SOCIAL     | West End Gardens Dinner & Movie Night                  | Bernie Ryan                    |
| 11    | Social     | West End Hills Xmas Dinner                             | Joan Davey                     |
| 12    | Meeting    | Guest Speaker - Moreton Island                         | Beryl Rosser                   |
| 13    | SNW 3B     | Mt Coot-tha Thursday night walk                        | Graham Olive, Ken Rubie        |
| 15    | MDW 5C     | Lower Portals & Barney Waterfall                       | Chrissy Dott                   |
| 15    | SDW-6C     | Platypus Pool  | David Sydes                    |
| 15    | MDW 2B     | Dave's Creek Circuit                                   | Anna Bransden                  |
| 15-16 | MTW - 6C   | Mt Barney Creek - Upper to Lower Portals               | Chris Hall                     |
| 16    | MDW 3C     | Baroon Dam/Kondalilla Falls                            | Dennis Fishlock                |
| 17    | SNW-2A     | Toohey Forest Monday night walk                        | Graham Olive                   |
| 20    | SNW 3B     | Mt Coot-tha Thursday night walk                        | Graham Olive, Ken Rubie        |
| 22    | MDW-6C     | Byron Gorge & Stevens Ck                               | L & M Darveniza, Nick Brooking |
| 26    | No Meeting | No Meeting   | Beryl Rosser                   |
| 30    | SDW-5B     | Northbrook Creek Descent                               | Glenis Bradley                 |

#### January

|     |         |                                 |                         |
|-----|---------|---------------------------------|-------------------------|
| 1-7 | F KYK   | Chandler River Paddle           | Peter Lock              |
| 3   | SNW 3B  | Mt Coot-tha Thursday night walk | Graham Olive, Ken Rubie |
| 5   | SDW-5C  | Little Nerang Creek West Branch | Richard Kolarski        |
| 6   | LDW-3B  | Caves/Lower Bellbird Circuit    | Bernie Ryan             |
| 6   | MDW-6C  | Summer Creek                    | Lou & Marion Darveniza  |
| 7   | SNW-2A  | Toohey Forest Monday night walk | Graham Olive            |
| 9   | Meeting | Welcome New Members             | Beryl Rosser            |
| 13  | LDW-6D  | Around Mt Bangalora             | Lou & Marion Darveniza  |

|    |            |                                       |                        |
|----|------------|---------------------------------------|------------------------|
| 19 | MDW5C      | Obi Obi Gorge Survey                  | Peter Hunt             |
| 19 | MINIMAXS4A | Mt Coot-tha for New members           | Lou & Marion Darveniza |
| 19 | XLDW 4C    | Bushrangers Cave - Mout Hobwee        | Burgi Wagner           |
| 20 | LDW-3C     | Warrie Circuit [including Twin Falls] | Bernie Ryan            |
| 20 | MDW-6C     | Byron Gorge & Stevens Ck              | Lou & Marion Darveniza |

### February

|       |           |                               |                |
|-------|-----------|-------------------------------|----------------|
| 8-17  | LTW 7D    | Nelson Lakes National Park NZ | Andrew Wedlake |
| 13    | Meeting   | Guest Speaker                 | Beryl Rosser   |
| 24-18 | XLTW - 6C | 3 Walks in Tasmania           | Ray Glancy     |

### March

|       |        |                                   |               |
|-------|--------|-----------------------------------|---------------|
| 31-17 | LTW 4D | Trek to Everest Base Camp - Nepal | Arthur Walton |
|-------|--------|-----------------------------------|---------------|

### April

|       |         |                                   |              |
|-------|---------|-----------------------------------|--------------|
| 25-28 | M 3C TW | MORETON ISLAND NORTH THROUGH WALK | Gregory Kuss |
|-------|---------|-----------------------------------|--------------|

### July

|       |      |                                   |               |
|-------|------|-----------------------------------|---------------|
| 7-17  | 3-4C | Kings Canyon and Uluru            | Kendall Rubie |
| 21-25 | 3-4C | Larapinta Trail Central Australia | Kendall Rubie |
| 28-10 | 3C   | Central Australian Deserts        | Kendall Rubie |



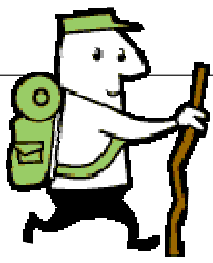
### Don't want the magazine posted?

Now that the new website has been launched, members can choose not to have their monthly copy of the club magazine posted. This is easy to do by following these steps:

- Log in to BBW website
- Go to the "My Details" section
- Click "Edit"
- Scroll down to the "Protected" subsection
- Where it says "Magazine", untick the box.
- Click "Save"
- Logout

You will receive a short email every month advising you when the new magazine has become available on the website. The email address used will be the one in the "Contact" subsection.

Colour versions of magazines are available in the "Magazine" section of the website as PDF files for downloading.



# .....Coming Trips.....

## **TOOHEY FOREST MONDAY NIGHT WALK**

Night Walk Mon 26 Nov  
LEADER: Graham Olive 32775279  
GRADE: SNW-2A  
LIMIT: 10+  
BRING: Page 3 items Torch, water.  
MEET: Car park behind McDONALDS Salisbury. Cnr Toohey Rd, Orange Grove Rd & Evans Rd  
DEPART: 6:30pm

MAP: BCC Toohey Forest track map

Toohey Forest is located just 10km south of Brisbane's CBD. There are extensive walking tracks through open eucalypt forest and heath. We start this two hour night walk from the car park behind the McDonalds restaurant in Salisbury. This walk will be on both sealed and dirt tracks with some short hills. There are lots of tracks so a different route each time. If we are lucky we might see a Twany Frogmouth. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time, to register their name for the walk commencement at 6.30 sharp. By the way, these walks don't count toward full membership.

## **KANGAROO POINT - WEIGHT BEARING TRAINING**

Training Tue 27 Nov  
LEADER: Chris Hall 0498051811  
GRADE: TRNG  
BRING: Jogging gear plus weighted backpack (normal walking gear isn't necessary as there are toilets and water fountains throughout)  
MEET: Rotunda on River Terrace (southern end of KP cliffs)

DEPART: 6pm

This session is for those walkers already accomplished at day walking and looking to improve their through pack carrying fitness. The session includes a weighted back pack (between 5-15 kilos), stairs, lunges and various core body exercises. We can cater for some varying level of fitness in this session however you should already be trying to achieve or have achieved a 5C walk level of fitness this is a fitness session for walking, not a walk. Car parking is available in the streets opposite and give yourself a little extra travel time given that this starts around peak hour. We finish the night with stretching.

## **KANGAROO POINT - JOG & CORE TRAINING**

Training Thu 29 Nov  
LEADER: Chris Hall 0498051811  
GRADE: TRNG  
BRING: Jogging/exercise gear  
MEET: Cafe on River Terrace (northern end of KP cliffs)

DEPART: 6pm

This session is for those walkers already accomplished at day walking and looking to improve their aerobic and core fitness (it is not a walk but a training session). The first half of the session includes a leisurely :) 6 kilometre jogging loop (broken into two sections) from KP, across Story Bridge, along the river to Botanical Gardens and across the Goodwill Bridge back to KP, followed by various core body and work station exercises on the lawns at KP. We can cater for some varying level of fitness in this session however you should already be trying to achieve or have achieved a 5C walk level of fitness. For those not used to jogging, a combination of walk and jogging is suitable with the leaders doing return loops to the rear group. We finish the night with stretching.

## **MT COOT-THA THURSDAY NIGHT WALK**

Night Walk Thu 29 Nov  
LEADER: Graham Olive, Ken Rubie 32775279  
GRADE: SNW 3B  
LIMIT: 20+  
BRING: page 3 plus torch and water  
MEET: carpark west of Kuta Cafe Mt Coot-tha

DEPART: 6:30pm

MAP: BCC Mt Coot-tha track map

MUST: Read trip description

The Mt Coot-tha Thursday night walks are exercise walks to assist people with improving their bushwalking fitness and to learn techniques for night-time walking. The walks will commence at 6.30pm from the 1st carpark you enter on the western side of the lookout on Mt Coot-tha. The walks will be approximately 2 hours in duration, on fire trails and marked tracks, with obstacles such as rock or root intrusions, fallen debris, and some, usually dry, creek crossings on some of the tracks. The walks will also involve the descent and ascent of the mountain at a reasonable walking pace with up to 520 metres gained and lost over the length of the walk. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate level of fitness suitable for hill walking. Participants will need the Page 3 items as well as the appropriate hiking

footwear, torch and drinking water. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time to register their name for the walk commencement at 6.30 sharp. For further information please contact the walk leaders. By the way, these walks don't count toward full membership.

### **MT BYRON - BYRON CK - FALLS CIRCUIT**

Daywalk Thu 29 Nov  
LEADER: Jim Lydon 04 3191 3264  
GRADE: SDW - 5B  
LIMIT: 12 + Reserves  
BRING: P3 Kit + 2L Water  
COST: \$15 Carshare Suggested  
MEET: Alderley  
DEPART: 8.00 am  
CAR KMS: 2 x 65 = 130 km  
MAP: Mt Byron

Length = 7.8 km; Up = 210 m; Down = 210 m.  
The walk commences on the crest of the D'Aguilar Range at 73,050 99,980. It descends to the South West, along an easy ridge through open forest (210 m in about 2 km) via an old fire trail, to the rainforest bed of Byron Creek and Morning Tea. It takes us a little over 3 km up the creek to "The Causeway" on Peggs Rd, and then up the road (125 m in 2.3 km) back to the cars. It is a pretty creekbed; it is mostly gravel, smooth rock, and small stones, but there is a little scrambling in the 100 m or so below the Falls, which gives it the "5" Skill Rating. There are many interesting rock/water features passed on the way. There is an impressive 35 m Waterfall about half way up the creek leg at 72,060 00,560 (71,950 00,370 AGD66). This has a very large top pool, and an even larger bottom pool, almost a lagoon. Think about swimming in the top pool ! It is a pleasant, cool creek walk, even in Summer, but if conditions become too hot, we can save the walk back up to the cars by positioning a Shuttle at "The Causeway".

### **BOOKOOKOORARA CREEK**

Throughwalk/Through Swim Fri 30 Nov -- Sun 2 Dec  
LEADER: Annette Miller 0418791841  
This activity is full.

### **TUX & TIARAS, SPRINGBROOK**

Social, Birding Fri 30 Nov -- Sun 2 Dec  
See details on page 19.

### **UNDER 40S NOOSA NP**

Day Walk Sat 1 Dec  
LEADER: Deniz Clarke 0401 725 726  
This activity is full.

### **IRON BARK GULLY**

Training Day Sat 1 Dec  
LEADER: Dennis Fishlock 0419577360  
GRADE: MINIMAX 3B  
LIMIT: 15  
BRING: Day Pack as per Page 3/3ltr water  
MEET: Iron Bark Gully Picnic Grounds UBD MAP 117 F17  
DEPART: 8am Departure time  
CAR KMS: 45km From GPO  
MAP: UBD Map 117 F17  
NOMINATION LIST: Self Serve Online/Email Leader  
MEETING POINT ARRIVAL: Minimum 15 Minutes before Departure Time

This walk is intended to introduce new members to bush walking and to the BBW club in particular. The MinimaxS is a good option for your first walk, we will be mainly walking on a track and stopping at regular intervals to discuss a number of topics such as Clothing, Equipment, Safety and First Aid and Environmental Impact to name a few. There will be a sample of OFF TRACK to get an appreciation of the clubs walk grading system, bring your day pack, morning tea and lunch, please bring what ever gear you would take on a day walk, also bring a change of cloths to change into at the end of the walk. Register directly on the web site or at the club meetings on the registration boards with the New Membership Officer.

### **NORTHBROOK CREEK FROM GORGE TO SOURCE**

Day Walk Sat 1 Dec  
LEADER: Arthur Walton 0418 730 541  
This activity is full.

### **GOLD COAST HINTERLAND GREAT WALK [SPRINGBROOK SECTION]**

Day Walk Sun 2 Dec  
LEADER: Bernie Ryan 0432 907273  
This activity is full.

### **MT GREVILLE**

Day Walk Sun 2 Dec  
This activity is full.

### **LOST WORLD TRAVERSE**

Day Walk Sun 2 Dec  
LEADER: Ray Glancy 0419719480  
This activity is full.

### **WEST END HILLS**

Night Walk Tue 4 Dec  
LEADER: Joan Davey 0415 139 646  
GRADE: SNW2C  
LIMIT: 10  
BRING: water, money for coffee

MEET: Ship Inn Southbank

DEPART: 6pm

We will walk around West End/Highgate Hill up & down some of the hills for about 1-1/2 hours for a some fitness training. Anyone training for that big walk very welcome. We will have a coffee/drink after at The Ship Inn after the walk. You do need to have reasonable fitness for this walk as we do walk at a fairly brisk pace and we do find as many hills as we can. This is not a social walk it is a training walk, there is no stopping for the 1-1/2 hours you do need to be able to push yourself that little extra. We leave at 6pm sharp so please give yourself plenty of time for traffic & parking.

### **MAIN RANGE - LIZARD POINT - CLASSIC ROUTE**

Daywalk Thu 6 Dec

LEADER: Jim Lydon, Errol Thomas  
04 3191 3264

GRADE: MDW - 5D

LIMIT: 12 + Reserves

BRING: P3 Kit + 3 L Water

COST: \$25 Carshare suggested

MEET: Fairfield Gardens

DEPART: 6.00 am

CAR KMS: TBA

MAP: Mount Superbus

Length = 11.5 km; Up = 790 m; Down = 790 m. The walk commences from "The Head" carpark in Teviot Gap, runs NNE along the disused Forestry track, passes the Rabbit Fence turn off, and continues on for another kilometre to the foot of Teviot Ridge at 48,840 78,390, gaining elevation gently all the way. It leaves the road here, and crosses the true right branch of High Teviot Brook (permanent potable water) before starting the ridge climb. It follows Teviot Ridge all the way, making some use - on and off - of the ancient Teviot Ridge Road, and emerges onto the crest of the Main Range between Superbus and Roberts, about 250 m before Steamer View, and Morning Tea. The walk then proceeds N along the Main Range mainly in rainforest, moving steadily up and down, crossing the high point of Mount Roberts at 1327 m and arriving about an hour later at Lizard Point (1200 m) for Lunch, to bask in a famous view, generally accepted as one of the best in SE Qld. We return the same way.

### **DIANA'S BATH VIA MT BYRON**

Day walk Sat 8 Dec

LEADER: Kelvin Taylor 0403176972

GRADE: LDW-6C

LIMIT: 10

COST: \$15

MEET: Albany Creek shopping centre under Westpac sign

DEPART: 6am

CAR KMS: 100k

Diana's Bath is an Olympic pool sized swimming hole at the foot of Mt Byron. We will start from the Gantry and walk the Somerset Trail out to Mt Byron. Walk along the cliff top for a while with nice views then down a ridge to Diana's Bath. The return route will be a more direct route up Mt Byron with some interesting cliffs to negotiate near the top but still within a 6 grading and back along the Somerset Trail. Yes, it will probably be hot. It's an open forest with little cover. So if heat bothers you then best miss this one Walk distance 17k Elevation gains 600m Walking time 8 hrs

### **NORTHBROOK GORGE**

Day walk Sun 9 Dec

LEADER: Anne Kemp 33712707 / 0411327704

This activity is full.

### **LOVE CREEK FALLS FROM ALEX RD**

Day Walk Sun 9 Dec

LEADER: Lou & Marion Darveniza 3378 4031

This activity is full.

### **GREEN MTS - LOST WORLD CIRCUIT**

Day Walk Sun 9 Dec

LEADER: Richard Walton 0421228466

GRADE: LDW7E

LIMIT: 8

BRING: P3

COST: Fuel - 220km + camping fees

MEET: Green Mountains Camping Area

DEPART: 5am

CAR KMS: 220

MAP: Lamington

EARLY START: Note early start time from Green Mts

This is a walk for people who enjoy walking - fast. We will camp at Green Mts Saturday night for an early 5am start (to avoid the heat); although you can drive out that morning if you really must. We will head out along the track to Castle Crag, bop off the side, down the ridge, across the Albert River valley and ascend to the Lost World razorback. We will then climb the razorback, walk the length of the Lost World plateau to the escarpment at Mt Worendo and then follow the track back to O'Reilly's/Green Mt. This walk is quite long and strenuous (note the E grading). We will be walking at speed both up and down steep untracked dry sclerophyll forest as well as through untracked sub-tropical rainforest (but it has a relatively flat grade). You should carry enough water for the day. There are some short sections of scrambling on loose gravelly rock involved (descending Castle Crag and ascending Lost world) with very limited handholds. We should be



in the rainforest on Lost World by about 0700; before it is too hot. We will need to walk at a steady clip and won't be dilly dallying and having multiple morning teas. If you find yourself getting excited as you read this....then don't delay, sign up now.

### **ENGLAND CREEK**

Day Walk Sun 9 Dec  
LEADER: David Sydes 0419871100  
GRADE: MDW-6C  
LIMIT: 10  
BRING: Usual day walk  
COST: \$10 petrol  
MEET: Alderley  
DEPART: 7:30am

This walk is near Mt Glorious, in Brisbane Forest Park. We will park the cars at Lawton Rd, and walk for a couple of kms along a forestry track towards Northbrook Mountain. It's a lovely walk through eucalyptus forest to start with, once in the creek there's a dense rainforest canopy, with lots of palms. We'll then follow a ridge south east down to the top of England Creek Falls, where we'll have morning tea. Then we will follow England Creek up to its source, negotiating a number of waterfalls, with plenty of opportunities for swimming and getting wet. You will need to be confident at rock hopping and scrambling, as there are a couple of tricky waterfalls to climb. I'll be bringing a tape in case it's needed.

### **WEST END HILLS XMAS DINNER**

Social Tue 11 Dec  
LEADER: Joan Davey 0415 139 646  
GRADE: Social  
LIMIT: No limit  
BRING: To be confirmed  
MEET: 6pm  
Will either be Pizza or BBQ in the park

### **LOWER PORTALS & BARNEY WATERFALL**

Day Walk / Swim Sat 15 Dec  
LEADER: Chrissy Dott 0411 312 241  
This activity is full.

### **PLATYPUS POOL**

Day Walk Sat 15 Dec  
LEADER: David Sydes 0419871100  
This activity is full.

### **DAVE'S CREEK CIRCUIT**

Day Walk Sat 15 Dec  
LEADER: Anna Bransden 0432248945  
GRADE: MDW 2B  
LIMIT: 10  
BRING: P3 gear, 2-3 litres water  
COST: Vehicle contribution \$22

MEET: Fairfield Gardens  
DEPART: 7am  
CAR KMS: 220 km  
MAP: Beechmont

Dave's Creek Circuit is a 12 km walk at Binna Burra passing through rainforest, heathland and eucalypt forest. There are no serious ups or downs and we should have some good views, weather permitting. The walk is suitable for new members. It will be hot by mid-December so bring plenty of water!

### **MT BARNEY CREEK - UPPER TO LOWER PORTALS**

Through Walk Sat 15 -- Sun 16 Dec  
LEADER: Chris Hall 0498051811  
GRADE: MTW - 6C  
LIMIT: 8  
BRING: Through walk gear, pre dinner nibbles, waterproofing for pack, small day pack  
COST: \$5.45 camp fees + car pooling costs  
MEET: TBA  
DEPART: 6am  
CAR KMS: 210  
MAP: Mt Lindsay 1:25 000

Starting from the Lower Portals car park, the plan is walk into the Barney Gorge Junction Campsite, leave the large packs at the campsite and with a day pack head up the creek to the Upper Portals, climb up to the ridge and returning via the rough tracks. In order to get back to the camp before dark, significant fitness and good rock hopping ability is essential. Sunday we will rock hop down the creek, do a side trip to the top of the Barney Waterfall (optional), go further down the creek to Lower Portals. Packs will have to be waterproofed to do this - it involves clambering down some big boulders, a jump into the pool and a roughly 30 metre swim.

### **BAROON DAM/KONDALILLA FALLS**

Day walk Sun 16 Dec  
LEADER: Dennis Fishlock 0419577360  
This activity is full.

### **BYRON GORGE & STEVENS CK**

Day Walk Sat 22 Dec  
LEADER: L & M Darveniza, Nick Brooking  
3378 4031  
This activity is full.

### **NORTHBROOK CREEK DESCENT**

Day Walk Sun 30 Dec  
LEADER: Glenis Bradley 0412 618607  
GRADE: SDW-5B  
LIMIT: 8  
BRING: Usual day walk gear, 2 L water

COST: car pooling - \$10  
MEET: Alderley  
DEPART: 7am  
MAP: Kipper Ck 1:25 000

We will follow old forestry tracks for about an hour and a half (steep in parts), then drop down to Northbrook Ck not far from several good pools. Hopefully there will be enough water in them for a swim. Then we will be rock hopping downstream to Northbrook Gorge, a truly beautiful place. Packs will need to be dry bagged as you will be swimming through a small pool. Finally a short 70m climb up a track to where some of the cars will have been placed earlier. Suitable for FIT new members who wish to try off track.

### **CHANDLER RIVER PADDLE**

River Through Paddle Tue 1 -- Mon 7 Jan  
LEADER: Peter Lock 0419496837  
GRADE: F KYK  
LIMIT: 12  
BRING: Boat, paddle, life jacket, helmet,  
shoes to walk in water  
COST: \$200 transport  
DEPART: 6am  
CAR KMS: 1200km  
MAP: Big Hill, Kempsey Forestry

Our paddle begins at Halls Peak on the Chandler River, and finishes 60km downstream in the Macleay River at Georges Junction. This stretch of river boasts spectacular scenery, glorious campsites, crystal clear water and easy paddling. We will see rock wallabies hopping up the cliffs above us, and brumbies crossing the river ahead, which add to the adventure feel of the trip. The river has numerous small rapids. These are not monster white water extreme sports, but they do add some excitement to the trip and will require basic river paddling skills. We'll have 5 days on the water, so the pace will be relaxed with plenty of time for morning tea and side trips.

### **CAVES/LOWER BELLBIRD CIRCUIT**

Day Walk Sun 6 Jan  
LEADER: Bernie Ryan 0432 907275  
GRADE: LDW-3B  
LIMIT: 10  
BRING: page 3 items, 3 litres water, camera  
COST: \$25 car contribution  
MEET: Fairfield Gardens  
DEPART: 6:00am  
MAP: Lamington

This lovely walk is in the Binna Burra section of Lamington NP. It combines two of the shorter, but very scenic trails, the Caves and Lower Bellbird walks. The walk follows spectacular cliff lines, passes through rainforest and open forest, and by interesting caves. The walk from Binna Burra

down to the Caves and further on to the Information Centre provides an excellent view into the Coomera Valley including the Coomera River. After about 500m on the road we then turn into the Lower Bellbird Circuit and walk below the Bellbird cliffs to the Lower Ballanjui Falls where we will have lunch. After lunch we head back up to the escarpment along the Shipstern track taking in some excellent views to Shipstern Bluff and over the Kurraragin Valley including Turtle Rock and Egg Rock. This 16km walk is suitable for those who like walking in the rainforest and do not mind a longish uphill after lunch.

### **SUMMER CREEK**

Day Walk Sun 6 Jan  
LEADER: Lou & Marion Darveniza3378 4031  
This activity is full.

### **AROUND MT BANGALORA**

Day Walk Sun 13 Jan  
LEADER: Lou & Marion Darveniza3378 4031  
This activity is full.

### **OBI OBI GORGE SURVEY**

Day Walk Sat 19 Jan  
LEADER: Peter Hunt 0431652083  
This activity is full.

### **MT COOT-THA FOR NEW MEMBERS**

Minimaxs Sat 19 Jan  
LEADER: Lou & Marion Darveniza 3378 4031  
GRADE: MINIMAXS4A  
LIMIT: 15  
BRING: Usual day walk gear including the P3 items, 2 L water  
MEET: Toowong Memorial Park (car park)  
Sylvan rd, Toowong. UBD p159, A16  
DEPART: 7am  
MAP: Brisbane forest Park 1:30 000  
MOBILE TO RING ON DAY OF WALK ONLY:  
0438 481 186

This trip is designed to introduce new members to bushwalking and to the Brisbane Bushwalkers club. We will meet at the car park of the memorial Park on Sylvan Road, Toowong and then travel to Mt Coot-tha. Mt Coot-tha has plenty of tracks, formed and unformed plus several creeks which will enable new walkers to experience a variety of terrains. The creek bits will be Terrain 5 and there will be an opportunity to do some scrambling (Terrain 6)- alternatives do exist. Being a Minimaxs, we will be discussing safety, clothing, club protocol, minimal environmental impact, first aid, the clubs grading system etc. We expect to finish early afternoon. Bring morning tea, lunch and the "always take" items on p3 of the magazine.

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**BUSHRANGERS CAVE - MOUNT HOBWEE**

Day walk Sat 19 Jan  
LEADER: Burgi Wagner 3325 0629  
GRADE: XLDW 4C  
LIMIT: 12  
COST: \$20.00 approx  
MEET: Fairfield Gardens  
DEPART: 6:30am  
CAR KMS: 200km

This activity is intended as a trainings walk for members going to Nepal in April. We will leave our cars at the Border Gate and walk along the Border Fence to Bushrangers Cave. From then on it is a steep up to the Morning Tea spot at the bottom of a cliff. We continue on up to Mt Wagawn and then walk along the graded track to Mt Hobwee for lunch. We will return the same way to our cars at the Border Gate.

**WARRIE CIRCUIT [INCLUDING TWIN FALLS]**

Day Walk Sun 20 Jan  
LEADER: Bernie Ryan 0432 907275  
This activity is full.

**BYRON GORGE & STEVENS CK**

Day Walk Sun 20 Jan  
LEADER: Lou & Marion Darveniza 3378 4031  
This activity is full.

**NELSON LAKES NATIONAL PARK NZ**

LTW Fri 8 - Sun 17 Feb  
LEADER: Andrew Wedlake 0439 864 418  
This activity is full.

**3 WALKS IN TASMANIA**

XLTW Sun 24 Feb - Mon 18 Mar  
LEADER: Ray Glancy 0419719480  
GRADE: XLTW - 6C  
LIMIT: 10  
BRING: usual through walk gear and food drops  
COST: to be advised  
MEET: Hobart 23 Feb. 2013  
DEPART: tba

These 3 walks are a replay of walks I did in 2010 with a great group of people. The walks consist of the Port Davey Track, the South West Cape Circuit and the South Coast Track. They are of varying difficulty but all will involve creek crossings, camping in tents etc. Food drops will need to be organised prior to leaving for the first walk.



MiniMaxS at Mt Coottha - All smiles at the end in the JC Slaughter Falls car park.  
(Photo: Lou Darveniza)

# 10 Years Ago

## EAGLES RIDGE, MOUNT BARNEY

The moon was setting at 4.30 am, her golden exit seen by zealous bushwalkers and few others. Perhaps man created God knowing the orchestration of such beauty was beyond us.

Nine of us were on our way to climb Eagles Ridge, the others in the group probably not dwelling, as I was, on the risks inherent in such a day, but nevertheless conscious that they were about to undertake an arduous walk which required reasonable stamina and climbing ability.

Sunrise saw us halfway up Tom's Turn (that's how its spelt) - clothing layers quickly shed as the heat of exertion overcame an ambient temperature close to 0 degrees C. It was the start of a beautiful day - blue sky and no wind. A wedge-tail eagle soared majestically above, surveying its world. From lofty perches we shared briefly the eagles' domain and savoured exquisite 360 degree views. A dislodged 5kg rock hurtling between two members of the party, no doubt etching the experience in their subconscious and colouring their dreams for some time to come, brought us all back to the reality of being earth-bound.

5pm coffee at Petronella's topped off a perfect day.

Thanks to Jack Knook and John Raymond for guiding us around the obstacles and ensuring our early finish.

Peter James  
from Aug 2002

## NEURUM CREEK

Leader Gwenneth Connell 29 June

This trip was planned as something different on the calendar as it hasn't been led much since John Stevens commenced working in East Timor. I thought I was pretty clever, after all I had led this walk for a group of new members at a New Members base camp back in April. I also had the legendary Peter Hunt along with me for back up as he also was on the walk in April. I had a pretty experienced group of 15 along and thought this would be a simple walk on a glorious day in Mt Mee.

We met up at the Mt Archer car park after a short trip to Kilcoy to see the sights and took off in eager anticipation. We wandered along the creek as all good bushwalkers should for a while, having a chat as we went. After a stop for morning tea we forged ahead into the walk proper in anticipation of a few waterfalls to negotiate. As those of you who have done this walk previously would be aware you must keep to the right hand side of the creek as it is very easy to miss the right branch that is the correct one needed to take us to the falls. Somehow or other we didn't seem able to get to the right bank at all and traversed high up on the left side!! "Good grief this isn't familiar", I said to Peter "I'm sure we didn't come this way the last time". He agreed, but Peter has this famous saying "don't worry all roads lead to Rome". It soon became very apparent that we had missed the turn off. However after some discussion and serious map reading we decided to take another tributary with Brad Gooda now leading the way. I mentioned to Brad that I hoped there weren't any waterfalls that were difficult as we had a couple to whom I have promised that they were all easy to negotiate. Brad said "look at the contours, nothing steep at all here". Once again famous last words even though (thankfully) the creek was dry we found a few challenging falls to negotiate.

A feast of lantana was found at the top on the last section and it was a sight to behold 6 foot plus Brad with a log in his hand belting down lantana as only a good leader will. What a fantastic group of people to have on an exploratory walk, even if not intentional. Thanks to all who joined us for a great day and special thanks to Brad for pushing through the lantana. I think Peter Hunt knew it was there though as he has a secret liking for the stuff!!

Once again thanks to a fantastic bunch for a great day!!

Gwenneth  
from Aug 2002

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## SIERRA NEVADA 2012

Marion & Lou D together with Cheryl C & Annette M made a walking trip to the Sierras, California during 2012. The trip consisted of a number of sections.

Trip 1 was from Sequoia NP at the southern end of the Sierras (famous for its giant trees) to the adjacent Kings Canyon NP and took 5 days. In addition to enjoying the spectacular scenery, the objective was to become acclimatized & OK for heavy duty walking. Day 3 presented a stark wakeup call when we crossed 11360 ft Elizabeth Pass during the then abnormal heat wave.

Trip 2 took 6 days from Kings Canyon to the town of Bishop in the Owens Valley on the eastern side of the Sierras. Because of the heat wave, we abandoned the idea of doing this section via the cross country Sierra High Route (SHR) preferring existing trails such as the John Muir Trail (JMT) as far as the Palisade Lakes. We then went SHR crossing Cirque, Potluck, Thunderbolt, Bishop Passes en-route to the east. Thunderbolt is not the usual route & was unfamiliar to us. We had a particularly torrid 11 hour day negotiating the extensive talus landscape.

Trip 3 commenced from Mammoth Lakes reached by road from Bishop. It was planned to take 7 (to 8) days taking us to Tuolumne Meadows high on the Tioga Pass road in Yosemite NP. The first camping spot was at Thousand Islands Lake where we had an interesting nocturnal visit from a Black Bear. Next we camped high on rock ledges at Lake Catherine & made an early morning attempt to climb Mt Ritter. We were repulsed at about 12400 ft perhaps off-route in a dangerous loose rock gully. Resuming to the classic SHR route we camped next at Bench Canyon then crossing Blue Lake Pass with a further venture into the unknown taking us into a hanging valley via the Forster Ridge. Again the unexpected unpleasant talus experience caused a change in plans. From our camp we followed the Lyell Fork of the Merced River down to the SHR trails & completed the 7 day journey into Tuolumne. An highly unusual weather feature for 2012 during this section was the daily presence (or constant threat) of late day rain storms with the biggest storm taking place at our final camp in Tuolumne. Cheryl & Annette's time was up & they departed for home. M & L made a delightful 2 day trip down to Yosemite Valley going over Cloud's Rest with its stunning views including Half Dome and El Capitan.

Trip 4 was decided from the map at the last minute before obtaining the mandatory NP Permit. We wanted to visit a new place & chose the Hetch Hetchy valley dammed & flooded, with great controversy, about 1910 to secure water for San Francisco. Our trip started at White Wolf descending into the beautiful Tuolumne River, circumnavigating the extensive reservoir then following trails back to White Wolf then with the further intention to walk to Yosemite Valley. This area is on the drier western and lower edge of the Sierras but is perhaps best visited in Spring. All went well except for the day six when we had about 11 km left to White Wolf. The trail just disappeared under a blanket of knee high prickly bushes, regrowth following an old fire. We took 3.5 hours to cover the worst 3 km. Our GPS onboard topo map came into constant use. Our legs were covered in scratches. We abandoned the last day & returned to Yosemite Valley by bus.

A great adventure with all the elements.

Lou Darveniza



## Post trip report: Springbrook Social and a Survey

The “Blue Star Warriors” strike another mighty blow in the ongoing tale of rainforest restoration.

With only 7 volunteers we removed 120kg of this exotic plant, Blue Star (aristeria) from "Warblers" property, which is threatening the surrounding rainforest. We also found tiny new rainforest tree seedlings. Furthermore, Jim Lydon and his band of hikers helped survey and lay a narrow trail for future scientific explorations and possibly a special walking circuit for future BBW visits. This survey trip revealed several plants not recorded before at Springbrook, plus a mystery fungus. Two glorious Peregrine Falcons patrolling the cliffs were a highlight. An.Ki.Da, a recently acquired ARCS property, offers fabulous views over an escarpment into the Numinbah Valley with a single drop waterfall, pools and creeks. More trails are to be created both along the escarpment and down into the valley. Maybe you can be a part of this major internationally significant ecological restoration project.

Members may recall that I reported that the first team of “Weeders and Seeders” found 20 new saplings. I’m happy to say they are now looking strong and proud. Proof that with a little help nature will heal itself. The grid from which we removed the Aristeria needs another touch up as a few have regrown. Nevertheless, the grids that have had our attention are looking very good. The rest of the property continues to pose a huge treat.

I personally love the Springbrook Plateau, its old Antarctic Beeches, waterfalls, cool shady creeks and multitude of flora and fauna. To wake to the dawn chorus of Lyrebirds and Logrunners in a well appointed Lodge is a privilege. Now I’m contributing to preserving this ancient lineage, I feel a small sense of belonging.

We hope to return again in November.

Burnice Starkey

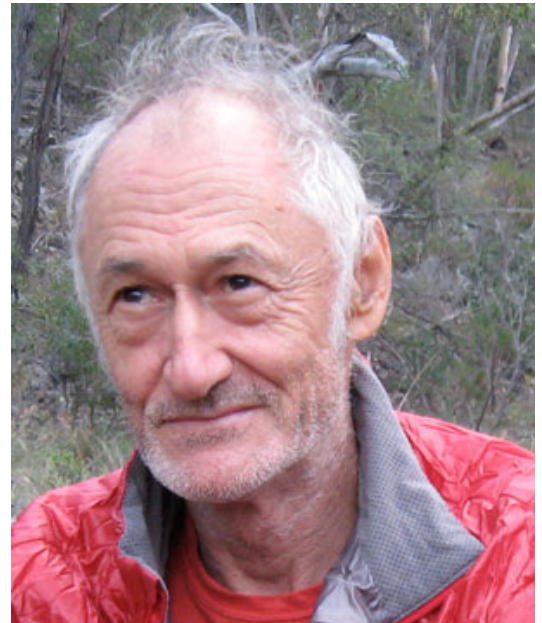


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## LOU DARVENIZA - BELATED HAPPY 70TH

In recent years a number of dedicated club members have passed 70 years of age while still doing a lot of bushwalking. Mary Comer, Ralph Chetham, Bill Gale and Paul Feeney, who did 7 weeks in Tasmania two years ago walking North to South, come to mind. Another member who celebrated 70 this year is Lou Darveniza and along with wife, Marion, has been a fixture in the club and on walk lists for quite a few years. Both Lou and Marion had been members of BBW some decades ago, fresh out of uni and before kids and, when they rejoined the club after many years bushwalking in North Queensland, they took up where they left off leading higher level walks and being ready with advice on any number of topics.

My first experience of their help was a CD of images they gave me of their walk through the Pyrenees in 2004. It fired me up to plan a walk there in 2006 which didn't happen for a number of reasons but which I did in 2011 with five other club members. The Pyrenees were all I hoped for and my thanks go to Lou (and Marion) for their inspiration. The Pyrenees are only one of the many overseas destinations Lou and Marion have been to and the United States in August has been a favourite many times, walking various National Parks and obscure tracks, especially if the passes are around 13000 ft (4000m). They've been travelling more recently in a bid to outrun Father Time and maintain their health especially as Lou has dealt with diabetes for over 50 years. Marion told me that she and Lou were thinking of a walk in Italy in 2013 but preferred to do a longer, more difficult and lesser known track as it would allow them to camp in the open carrying tents and stoves etc. instead of the refugio system so loved by those of us who enjoy a bit of luxury – known as 'glamping'.



The desire to camp means that Lou and Marion are top level gear junkies. If you see something new be assured Lou and Marion have it and have its 'new and improved' big brother. They've been ready to pass on information regarding equipment and are always the high priests of the lightweight walkers known as 'gram nazis'. It's no big deal for Lou and Marion to spend the night in their 'light' weight sleeping bags under a tarp. They've been known to make some of their own gear, and many of us have a Lou and Marion tarp.

Lou and Marion are prominent members in the life of the club, always ready with advice or opinion and woe betide a member who posts something on the club website without thinking it through or who isn't committed to an opinion. I've had my fingers singed and a good friend pointed out that Lou, with his uni background, and Marion, a science teacher, are used to challenging what they disagree with. It's difficult to imagine BBW and particularly the higher level walk list without Lou and Marion and I thought I would take the opportunity to thank Lou and Marion for all the walks they've taken me on and all the entertainment they've provided and hope that we can look forward to more walks to come.

Ray Glancy

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## "Bushwalker died after drinking too much water"

*The following article was spotted by Deniz Clarke. It is from The Launceston Examiner, 17 September 2012. The link to the article is:*

[www.examiner.com.au/story/340183/bushwalker-died-after-drinking-too-much-water-coroner/?cs=95](http://www.examiner.com.au/story/340183/bushwalker-died-after-drinking-too-much-water-coroner/?cs=95)

A 30-year-old Victorian man who was found dead on a track while bushwalking in the state's North-West last year most likely died from excessive consumption of water, a coroner has found.

Coroner Michael Brett said that Jonathan Paul Dent died on or about April 19 last year while bushwalking in the Dial Ranges at North Motton. In handing down his findings, Mr Brett said Mr Dent had most likely died from exercise-related hyponatremia, "which itself resulted from excessive consumption of water during the course of the prolonged exertion of the bushwalk".

After an initial autopsy failed to determine Mr Dent's cause of death, Mr Brett arranged for the evidence to be reviewed by medical expert, Professor Anthony Bell, whose report noted that the autopsy showed a swollen brain with signs of herniation, which was consistent with water excess consumption.

According to Mr Brett, Mr Dent had set out for a bushwalk alone about 9.30am on April 19 from Wings Wildlife Park at Gunns Plains, with the intention of following the track to Foggs Flat - a walk of approximately four hours. Mr Brett said Mr Dent appeared to be in good health and was well equipped for the walk - including having a mobile phone - and was appropriately dressed for the conditions. During the course of the day, Mr Dent's wife received a number of telephone calls from him indicating that he was lost but was still hopeful of making his way to a planned meeting spot with her later in the day.

However, about 4pm Mr Dent telephoned his wife and indicated to her that he was tired and dehydrated. Further conversations indicated that he was lying down and his breathing was heavy and he was coughing, Mr Brett said. Mr Dent's body was found at 1.10pm the following day by a search team on a track just north of Foggs Flats.

In handing down his findings, the coroner said the case highlighted two specific concerns, including a general perception, particularly among people involved in athletic activities "that one should drink as much as possible and avoid becoming dehydrated during prolonged strenuous exercise." Mr Brett said that there was a need for greater education in relation to the danger associated with excessive consumption of fluid during exercise. "I recommend that health authorities consider and address the question of whether public health education in this area is adequate and/or accurate, having regard to current scientific knowledge," he said.

Mr Brett also highlighted the issue of bushwalking alone. "Had Mr Dent been in company, whilst it cannot be said that he would not have suffered the condition that led to his death, I suspect that he would have been in a substantially better condition to cope with the disorientation and fear that arose from being lost."

### **DEPARTURE TIME**

Walkers, please be at the meeting point 10-15 mins before the departure time so that car pooling can be organised. Actual departure will be EXACTLY at the stated departure time.



# Committee News

## President's Report

Hi all,

We have the privilege of welcoming a new committee, old and new combined, always the best marriage. Great people, variety of backgrounds and amazing experiences/talents to offer our club. I am excited, looking forward to the next phase and thankful to those who have stepped up to accept positions. It is a tough gig though. May I remind you all of just how difficult it is to get people to commit/volunteer to a committee position.

Big issue now...how do we keep these wonderful people who have signed on to work hard and represent us, and does anyone really care!

Committee members, new and existing, over the last few weeks have been subjected to the most appalling tirade on the leaders list. Ongoing, sustained, disrespectful and relentless.

Apart from the leaders list this traffic has also been directed to individual committee members. These emails can only be described as appalling personal attacks. Whilst I have become accustomed to this behavior, our new committee members are not...they are appalled and shocked. Some new members have not previously had access to the leaders list. Understand their position.

Committee members, new and experienced, are currently asking themselves if this commitment is worthy of their time. Personally, on a good day, I know it is.

Next pressing issue...club bureaucracy.

Criticisms currently abound about the committee killing the notion of can we just walk...

No! Actually we can't just walk. That day is long gone.

Bureaucracy rules and stalks us at every move...now we, the committee, must deal with new Work place Health and Safety regulations,...harmonization. Consider the fact that the club being Incorporated no longer protects our personal assets. We, the committee are now personally at risk.

Onerous times, much to consider, much work to do, I still wake up wanting to just walk with my mates.

Please help us continue to enable/make it happen. Our club is what we make it.

Dream big and work really hard.

Cheryl Curtis  
President

### NEW MEMBERS

*Welcome to the following New Members who joined during the last month:*

|                  |                   |              |                   |
|------------------|-------------------|--------------|-------------------|
| Sharareh Farmani | Christo Filmalter | Lyn Massey   | Leanne Middleton  |
| Maggie Miles     | Bob Orchard       | Joseph Paige | Aleksander Stular |

*Congratulations to the following who have been granted Full Membership:*

|                |            |              |                 |
|----------------|------------|--------------|-----------------|
| Mon Bannister  | Tim Easton | Kate Johnson | Cathy Milevskiy |
| Paul Milevskiy | Ian Smith  |              |                 |

## For Sale

For any members who would like to sell their second-hand bushwalking equipment:-

Just email a brief description of the item to the editor's mailbox ([editor@bbw.org.au](mailto:editor@bbw.org.au)) and include a price, phone no. and/or email address. You may wish to include your suburb so that seller and purchaser can decide whether meeting up at some time other than a club meeting is viable.

Maree Kramer 0421 141 474

- **Walking Poles** Pair of gold Yuanda walking poles, 3 adjustable stages with pistol grips, brand new, never used. Maximum height is 108 cm, which is the reason for sale as they are too short. \$30 the pair.

## Guest Speakers

Wednesday 12 Dec Moreton Island

Wednesday 26 Dec NO MEETING

Wednesday 9 Jan Welcome New Members



## NeoAir Sleeping Pad - Fixing Leaks

Marion and I took our NeoAir sleeping pads to the Sierras. We had about 30 days camping but my pad began to leak and was non-functional for the final 14 days. On returning home, I fixed the leaks with process as follows:-

Firstly, I mist-sprayed mine with a dilute detergent solution and put it out in the sun to slowly build up the internal pressure. Tell tale bubble groups soon revealed 3 leaks (two on the bottom 1 on the top all on the air ribs). I then did the same for Marion's and was amazed to find a tiny OK leak top-side and middle of the depression between two ribs.

I sealed the leaks with McNETT SiNet and 24h later checked again using spray and the sun. To my astonishment, I found two more leaks on my pad separated but same area as the previous bottom leaks. Further, Marion's mid valley leak had a tiny expanding air bubble showing I had not solved this leak completely with perhaps a minute hole in the silicon patch.

How did all this happen? We were aware that the new NeoAir pads have much lighter fabric than our Prolite pads. I had been exceedingly careful only to roll them up on my thighs to avoid external damage. However, we had a new lightweight tent with a bucket ground sheet and generous vestibules each side open to the ground. This tent was also a pain to tip inside out (done a few times) to remove bits and pieces of rubbish invariably carried-in. We occasionally camped on granitic debris and I undoubtedly carried small bits of this material into the tent, which combined with my restless sleeping habits, caused the leaks. For the two new leaks, I discovered I could see small depressions in the fabric. I suspect the initial pressure test caused these to fail between the two checks. Marion's tiny restart leak remains a bit of a mystery but I may not have deflated the pad sufficiently when applying the silicon thus resulting in the minute hole that appeared. I did make a third final check.

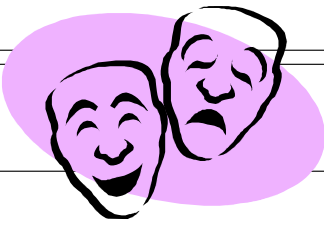
Marking the hole, applying silicon and then finally covering with a further protective patch is elementary. There are a number of obvious lessons to learn from the above experience. Also, I may create a tiny repair kit to take on long trips.

Lou Darveniza

## Magazine Collating

Magazine collating is at Peter Hunt's at Ferny Hills on Thursday 17th January at 6:30pm. There is only about 1 1/2 hours work required. If you would like to help and enjoy an easy social night with dinner please phone 0431 652 083 to confirm.





## Out & About

### **DINNER**

#### **WEST END GARDEN**

Tue 11 Dec  
0432 907275

LEADER: Bernie Ryan  
LIMIT: 15  
MEET: West End Garden  
190 Melbourne St, South Brisbane  
TIME: 6:30pm

West End Gardens are licensed & BYO (Wine Only) and most mains between \$14 - \$18.  
The Vietnamese and Chinese menus are equally

tempting. A meat focus is evident with dozens of different styles of beef, chicken, lamb and seafood. Why not try something new, such as the pepper chicken, flaming pork ribs, Vietnamese-style barbecue duck or sugar cane prawns. Also familiar Chinese and Vietnamese favourites are also available, with pho soup and Chinese-style lemon chicken. There are also banquets for 3 or more people. Dessert is also a high priority with deep-fried ice-cream the list-topper, followed by the house speciality of coconut pudding, and lychees or mango with ice-cream.

Bernie

### **TUX & TIARAS SPRINGBROOK**

Social, Birding Fri 30 Nov - Sun 2 Dec  
LEADER: David Sydes, Burney Starkey 0419871100, 0422386080  
Contact Email david.sydes@pivit.net.au  
GRADE: SDW-3B  
LIMIT: 19  
BRING: page 3, binoculars  
COST: \$40 accom, \$25 meal  
MEET: 317 Repeater Station Rd, Springbrook

This year's annual birding event will be held at Springbrook. Weather permitting, walking and birding are planned for either Friday, Sat afternoon or Sunday morning. On Saturday morning, we will assist with restoration of a nearby property, involving 4hrs of gentle Weeding and Seeding.

On Saturday night, we'll enjoy a delicious Gala(h) Dinner - the meal on Saturday night will be catered, and will be Italian inspired. In keeping with tradition, we will be dressing for dinner - Black Tie for the men, Tiaras for the ladies. Please let me know if you would like vegetarian or gluten-free meal options.

Bring all other meals for the weekend. We have a well appointed kitchen with crockery, cutlery, glassware, pans and utensils. Fridge, stove, microwave and electric kettle make for an easy base camp and light packing.

LODGE: There are 4 rooms with double bed and couch/bed, each has a shower, toilet, fridge and tea making facilities. There is also a larger shared area with 2 double bunks, one single and one double bed also with shower and toilet. Pillows and blankets are provided, please bring your own linen. Weeding tools are provided but bring your own gardening gloves.

Please car pool and/or unload cars and park back up on road, when car park is full. There will be a BBW sign on the roadside by the entrance.

DIRECTIONS: Follow the Pacific Highway south to Mudgeeraba. Continue along the Gold Coast - Springbrook Rd through Austinville. Ascend range to Springbrook National Park area pass Purlingbrook Falls. Follow signs towards the Best of All Lookout. The Lodge is at 317 Repeater Station Rd off Springbrook Rd. The driveway descends to a small carpark. Then there are several steep sets of stairs down the hill to the top level of the Lodge. Use a head torch if arriving in the evening.

PAYMENT: Lodge for the weekend is \$40 per person. Cost for the Saturday evening meal is \$25 per person. Please make your payment (total \$65) to David Sydes: BSB 064 114 Account: 10193067

***For your Bushwalking Safety***  
***NEVER WALK ALONE...***  
***ALWAYS TELL SOMEONE...***  
***WALK WITH A CLUB.***



If you have recently changed your address, phone number (home or work) or email please advise the Membership Registrar so that the club records can be kept up to date:  
Gary Curtis - email: registrar@bbw.org.au

If unclaimed, please return to:  
Brisbane Bushwalkers Club Inc.  
GPO Box 1949  
BRISBANE 4001

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