

The
BRISBANE BUSHWALKER
July 2012



BRISBANE BUSHWALKERS MONTHLY NEWS



**BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001**

[www.bbww.org.au](http://www bbw.org.au)

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The next committee meeting to be held at 7.30pm on **Wednesday 4th July** is at Tom Cowlshaw's at 47 Samford Road, Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: Pre-trip descriptions are submitted via the leaders page on the web site. Any articles from members, especially post-trip reports, are welcome. The editor reserves the right to edit articles to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

Deadline for the August magazine is the Open Meeting on Wednesday 11th July.

BBW WEB SITE & EMAIL

BBW web site: www.bbw.org.au
 email editor@bbw.org.au
outings@bbw.org.au

BBW is an affiliated member of Bushwalking Qld whose website is: www.bushwalkingqueensland.org.au

FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members) for half price for those who attend.

Cover Photograph

Abseil Training at Kangaroo Point Cliffs
 Photo: Chrissy Dott

EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat\$2.00
 Self inflating mat\$5.00
 Stove\$5.00
 Tent or Pack\$10.00

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

*All equipment may be booked for hire by phoning the Equipment Officer.
 Pre-booking will ensure availability.*

PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only. Extended loan periods will need to be arranged with the Equipment Officer.

LIBRARY

Available on the library table at all meetings:

- For sale: Long sleeve shirts \$25, Short sleeve shirts \$20, Fleece Jackets \$35, Fleece Vests \$30, Hats \$13, Caps \$10. These articles have the club logo embroidered on them.
- Car stickers and cloth badges: all \$3.00
- Long, wide bandages to be used in the unlikely event of a snake bite \$10.00
- Maps and Rasters: free loan to leaders
- Free loan to members:- Books, Magazines, DVDs and CDs. Come and browse the selection.

MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum
 Couples \$60 per annum

Annual membership falls due 31st January.

Probationary Members:
 Singles \$25 per 6month
 Couples \$40 per 6 month

Club Officials

President	Cheryl Curtis	3801 1311
Vice President	Bill Gale	3355 6023
Secretary	Tom Hulse	3351 2190
Treasurer	Tom Cowlshaw	3856 4050
Outings	Dennis Fishlock	3284 0551
Safety & Training	Hilton Kane	0447 397 743
Membership	Barry Culley	0422 386 080
Social		<i>position vacant</i>
Equipment	Catherine Lowry	0430 450 569 (Not during business hours) email: equipment@bbw.org.au

Photographic Librarian	Gary Curtis Nada Campbell	3801 1311 0414 724 489
Abseil Co-ordinator	John Granat	3265 5404
Members Register	Shirley Peadon	3892 4641
Website Admin	Gary Curtis	3801 1311
Editors	Eugene Hedemann Jenny Zohn	3359 3114 3272 2732
Contact Officers	Tom Cowlshaw or Gary Curtis or Tom Hulse	3856 4050 3801 1311 3351 2190

ABBREVIATIONS & GRADING

DISTANCE Short — Under 10 km per day
Medium — 10 to 15 km per day
Long — 15 to 20 km per day
EXtra Long — Over 20 km per day

ACTIVITY ABSeil; Base Camp; Day Walk; Through Walk; Easy Through Walk; Night Walk; SOcial Activity; KaYaK; CYcle; Safety & Training; Federation Mountain Rescue; ROGain.

FAMILY Family — Family Group conditions; contact Leader

Example — **FSDW-3B**
Family (F)
Short Day Walk (SDW)
Graded track with obstacles (3)
Easy (B)

Note for Leaders when grading a walk: *The brief descriptions below are to help members match their ability to an activity. Do not use for grading as errors can result. To grade your walk consult the Standard List of Graded Walks.*

TERRAIN GRADING — 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions or minor creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions or minor creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek crossings.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or major creek crossings.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

FITNESS & ENDURANCE GRADING — A to E (Note: Walking times do not include breaks.)

- A** Basic — Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills.
- B** Easy — About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate — About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High — High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging — Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or download from the BBW website)

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

CAMPING FEES: National Park or State Forest camping fees are \$5.30 per person per night. (The leader will provide details.) NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Membership Card; lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

June

25	SNW-2A	Toohey Forest Monday night walk	Graham Olive	32775279
27	Meeting	Rescues and FMR - Ted Wassenberg, Phil Box		
28	SNW 3B	Mt Coot-tha weekly night walk	Graham Olive, Ken Rubie	Graham 32775279
29-1	LBC-7D	Mt Barney for Old Timers Weekend	David Sydes	
30	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	MDW 2B	Dave's Creek Circuit	Marge Henry	
	MDW-6C	Muscat Creek	Kelvin Taylor	32693726
30-1	STW-8D	Logans Ridge, Mt Barney Through Walk	Lou & Marion Darveniza	3378 4031

July

1	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	LD CYCLE	Brisbane Valley Rail Trail - Moore to Blackbutt	Ken Rubie	
	MDW4C	Mt d'aguilar via Piper COMMANCHE	John Shields	32646565
	SURVEY	Mt Joyce Escape Recreation Park Stage 3 SURVEY	Bernie Ryan	33255616 [not on walk day]
3	SOCIAL	Kookaburra Cafe Dinner Night	Bernie Ryan	33255616 [not on walk day]
6-8	MTW 6D	Goomburra to Glen Rock (Pt Pure Cross Over)	Annette Miller	
7	MINIMAX 3B	Iron Bark Gully	Dennis Fishlock	32840551 0419577360
7-8	MTW-5D	Glen Rock to Goomburra (Point Pure Cross Over)	John Stevens	
8	SDW - 5D	Barney/Ballow - Four Summits	Jim Lydon	04 3191 3264
	MDW4C	Glasshouse Mtns TUNBUBUDLA EAST & WEST	John Shields	32646565
11	Meeting	New Website Unveiling - Gary Curtis, Peter Lock		
13-15	MBC-3C	Byron Bay Base Cam	Bernie Ryan	33255616 [not on walk day]
	PHOTO+FAM	Photographic Base Camp - Iluka	Gary & Cheryl Curtis	3801 1311
14	LDW-3B	Toolona Creek Circuit	Marge Henry	
	SDW-3B	Mt Coot-tha	Kelvin Taylor	32693726
15	MDW 5C	Mt Archer Trig Point	Dennis Fishlock	32840551 0419577360
	MDW4C	Love Creek Falls via Hanging Valley	John Shields	32646565
20-22	SOCIAL	Xmas in July: Dairy Flats	Burney	0422386080
21	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
22	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	MDW - 5D	Barney/Ballow - Seven Summits Circuit	Jim Lydon	04 3191 3264
	MDW-6C	Wilsons Peak cross over	Nick Brooking	3262 5244
	MDW-6D	Wilsons Peak cross over	John Stevens	
	MDW5C	Love Ck The Source	John Shields	32646565
25	Meeting			
27-29	W 'N' W	Mt Glorious Base Camp [QPWS Volunteers only]	John Shields	32646565
	MTW 5D	The Steamers	David Thorpe	3289 3773
28	MDW-5C	Nortbrook Gorge via Northbrook Mtn	Kelvin Taylor	32693726
28-29	MTW-3C	Albert River Through Walk	Deniz Clarke	0401725726
29	MABS-5C	Love Creek Falls Abseil	Anne Kemp, Hilton Kane	3371 2707
	MDW 3C	Mylett Track Walk	Dennis Fishlock	32840551 0419577360

August

4	MINIMAX 3B	Iron Bark Gully	Dennis Fishlock	32840551 04195773604
4-5	MTW -- 6C	Lizard Point	Cath Carkeet	3357 5607
5	MDW-3C	Camp Mountain & Bellbird Grove	Bernie Ryan	33255616 [not on walk day]
	MDW5C	Greenes Falls & love Ck Falls	John Shields	32646565
11	LDW-7D	A slow Barney	Kelvin Taylor	32693726
12	MDW5C	Sth Kobble Ck Tributaries SURVEY	John Shields	32646565
15	MDW4C	Glasshouse Mtns [mt Cooe/ Mt Tibrogargen/ Mt Tibrowocum]	John Shields	32646565

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18	LDW-6D	The 3 Kobbles (new improved version!!)	Kelvin Taylor	3269 3726
19	MDW-3C	Gold Creek Reservoir	Bernie Ryan	33255616 [not on walk day]
	MDW5B	South Pine River	John Shields	32646565
24-26	BC3/5C	Mt Glorious Base Camp	John Shields, Geoff Hinds	32646565
	LDW3C/BC	Ships Stern, Binna Burra	Marion Crowther	33517832
	MTW3C	Sunshine Coast Great Walk (Northern Section)	Deniz Clarke	0401725726
25	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	MDW-4C	Bushrangers Cave & Mt Wagawn	Mary Comer & Kurt & Burgi Wagner	3844 6231
26	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	MDW 5C	Shirley Strachan Memorial Walk	Dennis Fishlock	32840551 0419577360

September

2	ABS-M5C	Redcliffs Abseil	Anne Kemp, Hilton Kane	3371 2707
	MDW-4C	Tabletop Mountain	Bernie Ryan	33255616 [not on walk day]
7-9	MBC-4B S&T	Navigation and Leader Training Base Camp	Mt Glorious Barracks	Hilton Kane
	SOCIAL	2012 Pilgrimage	Redland Bushwalkers	
7-12	M TW 3C	Yuraygir Coastal Walk	Greg Kuss.	0408 806310
8-9	FIRST AID	St John Ambulance Apply First Aid Course & Recertification		Hilton Kane
9	MDW-5D	Lizard Point	Barry Collins	3876 9779
16	MDW-3B	Mt Cordeaux & Bare Rock	Arthur Walton	0418 730 541
	XLDW 3C	Binna Burra to O'Reillys & Vice Versa	Mary Comer & Eddie Chappel	3844 6231
28-30	W 'N' W	Mt Glorious Base Camp [QPWS Volunteers only]	John Shields	32646565
29	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
29-7	FAMILY	FAMILY Snow 2012	Picnic Pete	3351 1184
30	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.

Advance Notice

6-7	October	Watson's Falls Abseil Base Camp	Chrissy Dott/Anne Kemp	0411 312 241
10	October	Meeting - Photographic Competition	Gary Curtis	04 1455 1488
26-28	October	Girraween National Park	Janine Hope & Peter Hunt	
26-28	October	Mt Glorious Base Camp	John Shields, Geoff Hinds	32646565
31 Mar-17 Apr	2013	Trek to Everest Base Camp - Nepal	Arthur Walton	3289 7008

DEPARTURE TIME

Walkers, please be at the meeting point 10-15 mins before the departure time so that car pooling can be organised. Actual departure will be EXACTLY at the stated departure time.



.....Coming Trips.....

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 25 Jun
LEADER: Graham Olive 32775279
EMAIL: gol91084@bigpond.net.au
GRADE: SNW-2A
LIMIT: 10+
BRING: Page 3 items Torch, water.
DEPART: 6:30pm Car park behind
McDONALDS Salisbury. Cnr Toohey
Rd, Orange Grove Rd & Evans Rd
MAP: BCC Toohey Forest track map

Toohey Forest is located just 10km south of Brisbane's CBD. There are extensive walking tracks through open eucalypt forest and heath. We start this two hour night exercise walk from the car park behind the McDonalds restaurant in Salisbury. This walk will be on both sealed and dirt tracks with some short hills. There are lots of tracks so a different route each time. If we are lucky we might see an owl or two. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time, to register their name for the walk commencement at 6.30 sharp. By the way, these walks don't count toward full membership.

MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 28 Jun
LEADER: Graham Olive, Ken Rubie Graham
32775279
MOBILE: Ken 0448448598
EMAIL: Graham. gol91084@bigpond.net.au
GRADE: SNW 3B
LIMIT: 20+
BRING: page 3 plus torch and water
DEPART: 6:30pm carpark west of Kuta Cafe Mt
Coot-tha
MAP: BCC Mt Coot-tha track map
MUST: Read trip description

The Mt Coot-tha Thursday night walks are exercise walks to assist people with improving their bushwalking fitness and to learn techniques for night-time walking. The walks will commence at 6.30pm from the 1st carpark you enter on the western side of the lookout on Mt Coot-tha. The walks will be approximately 2 hours in duration, on fire trails and marked tracks, with obstacles such as rock or root intrusions, fallen debris, and some, usually dry, creek crossings on some of the tracks. The walks will also involve the descent and ascent of the mountain at a reasonable walking pace with up to 520 metres gained and lost over the length of the walk. In places the terrain of

the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate level of fitness suitable for hill walking. Participants will need the Page 3 items as well as the appropriate hiking footwear, torch and drinking water. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time to register their name for the walk commencement at 6.30 sharp. For further information please contact the walk leaders. By the way, these walks don't count toward full membership.

MT BARNEY FOR OLD TIMERS WEEKEND

Day Walk/ Social Weekend Fri 29 Jun - Sun 1 Jul
LEADER: David Sydes
MOBILE: 0419871100
EMAIL: david.sydes@pivit.net.au
GRADE: LBC-7D
LIMIT: 17 (Incl Leaders)
BRING: Always take p3, esp. 3-4 litres water +
torch (compulsory) for climb, food &
drink for weekend (incl. party food),
sleeping bag/pillow (+ ear plugs sug-
gested for people allergic to zeds at
night).
COST: Approx \$75
DEPART: Own arrangements - prefer car pool-
ing (phone David if needing assis-
tance)

CAR KMS: Approx. 200 km
MAP: Mt Lindesay (1:25000)
BBW has many fine walks & the ascent of Mt Barney is one of the best. This weekend offers those ready to again (or the for the first time, even if you can't remember) take on the 1100m climb & 20k round trip of this SE Qld centrepiece, and the opportunity to combine this outstanding bushwalking experience with a relaxing social celebration. Arriving Fri evening, we will be staying in Henry's & Forester's Huts at Mt Barney Lodge. On Sat, setting out at "Sparrow's" (before 0600 - it's a big day), we climb the East Peak via South East Ridge. This offers fabulous views back to Mt Ernst, Mt Lindesay & across to Lamington most of the way up. After lunch on top, our descent (depending on the group & weather) will probably be via South Ridge. While there is not a lot of exposure, there are a couple of tricky & steep sections and so those with a significant fear of heights or exposure should not nominate. Sat night is a post-climb celebration: so bring your munchies etc (I will coordinate closer to the date) & your choice of beverage. No walks are planned for Sun but, for those with surplus energy....

enough said! Check out time is 11am on Sun. The huts have full crockery, cutlery, fridges and gas stoves; plus hot showers shared with the campers. You do need to supply your own sleeping sheets, bags etc. Booking Conditions: Fitness: You must recently have climbed the equivalent of Mt Maroon or Mt Spicer with no ill-effects to your health & fitness or concerns with terrain. Accommodation Cost: Around \$75 pp (depending on numbers) payable by cash or cheque. And please note: there can be no Sat morning arrivals - we need an early start for the big day; & you pay for both nights, as we have booked accommodation for the weekend.

KANGAROO POINT NURSERY CLIFFS

Abseil Training For Beginners Sat 30 Jun

LEADER: John Granat 3274 2777 wk.
This activity is full.

DAVE'S CREEK CIRCUIT

Day Walk Sat 30 Jun

LEADER: Marge Henry
This activity is full.

MUSCAT CREEK

Day walk Sat 30 Jun

LEADER: Kelvin Taylor 32693726
This activity is full.

LOGANS RIDGE, MT BARNEY THROUGH WALK

Throughwalk Sat 30 Jun - Sun 1 Jul

LEADER: Lou & Marion Darveniza 3378 4031
This activity is full.

KANGAROO POINT NURSERY CLIFFS

Abseil Training Sun 1 Jul

LEADER: John Granat 3274 2777 wk.
This activity is full.

BRISBANE VALLEY RAIL TRAIL - MOORE TO BLACKBUTT

Cycle Sun 1 Jul

LEADER: Ken Rubie
This activity is full.

MT D'AGUILAR VIA PIPER COMMANCHE

Day Walk Sun 1 Jul

LEADER: John Shields 07-32646565
This activity is full.

MT JOYCE ESCAPE RECREATION PARK STAGE 3 SURVEY

Survey Sun 1 Jul

LEADER: Bernie Ryan 33255616 [not on walk day please]

This activity is full.

GOOMBURRA TO GLEN ROCK (PT PURE CROSS OVER)

Through Walk Fri 6 - Sun 8 Jul

LEADER: Annette Miller
This activity is full.

IRON BARK GULLY

Training Day Sat 7 Jul

LEADER: Dennis Fishlock 32840551
0419577360

EMAIL: fyshies@bigpond.com.au

GRADE: MINIMAXS 3B

LIMIT: 15

BRING: Day Pack as per Page 3/3ltr water

DEPART: 8am Iron Bark Gully Picnic Grounds
UBD MAP 117 F17

NOMINATION LIST: Self Serve Online/Email
Leader

MEETING POINT ARRIVAL: Minium 15 Minutes
before Departure Time

This walk is intended to introduce new members to bush walking and to the BBW club in particular. The MinimaxS is a good option for your first walk, we will be mainly walking on a track and stopping at regular intervals to discuss a number of topics such as Clothing, Equipment, Safety and First Aid and Environmental Impact to name a few. There will be a sample of OFF TRACK to get an appreciation of the clubs walk grading system, bring your day pack, morning tea and lunch, please bring what ever gear you would take on a day walk, also bring a change of cloths to change into at the end of the walk. Register directly on the web site or at the club meetings on the registration boards with the New Membership Officer.

GLEN ROCK TO GOOMBURRA (POINT PURE CROSS OVER)

Thru Walk Sat 7 - Sun 8 Jul

LEADER: John Stevens

EMAIL: johnpstevens@hotmail.com

GRADE: MTW-5D

LIMIT: 6 including leader

BRING: Usual through walk gear

COST: \$5.30 camp fee + \$30 petrol

DEPART: 5:00am to be advised

CAR KMS: 280kms

MAP: Glen Rock 9342-23

Two groups of 6 walkers will do this very scenic walk, avoiding the need for a long car shuffle. The group led by Annette Miller will start from Mt Castle car park and will end up at Glen Rock Casuarina day use area. This group will start from Glen Rock Casuarina day use area and walk along Blackfellow Creek Valley to Top Yards. We will then go up a spur to the south of Shady Creek

right branch and, once up the range, turn northwards towards Point Pure. This is a grassy, lightly forested spur offering magnificent views over the Blackfellow Creek Valley and Point Pure. Its upper section is quite steep. An altitude gain of over 600 metres is involved. We will collect water at Shady Creek right branch, about 30 minutes before reaching Point Pure. Both groups will camp for the night at Point Pure and swap car keys before heading off to our waiting cars. Please bring entree or dessert nibbles to share. Point Pure, in addition to great view, provides a large area of grassland perfect for camping. From Point Pure, our group will head eastwards along the crest of the ridge until we reach the Winder Track. The majority of this section is in rainforest. We will pick up some water in Shady Creek left branch on the way through. We will follow the Winder Track to Mt Castle car park and our transport back to Brisbane. There will be no list at the meeting. Please nominate on line. Walkers who have not walked with me must email a list of 5D+ graded club walks they done in recent months. This trip will involve a car swap. Someone else may have to drive your car. Please check your insurance details to ensure that this is not a problem and bring spare key along. The logistics of the car swap will be dealt with once we know who is coming.

BARNEY/BALLOW - FOUR SUMMITS

Day Walk Sun 8 Jul
 LEADER: Jim Lydon 04 3191 3264
 This activity is full.

GLASSHOUSE MTNS TUNBUBUDLA EAST & WEST

Day Walk Sun 8 Jul
 LEADER: John Shields 07-32646565
 This activity is full.

BYRON BAY BASE CAMP

Base Camp Fri 13 - Sun 15 Jul
 LEADER: Bernie Ryan33255616 [not on walk day please]
 MOBILE: 0432 907275
 EMAIL: cino1410@optusnet.com.au
 GRADE: MBC-3C
 LIMIT: 15
 BRING: Camping/cabin gear, food including breakfast for 2 days, camera, usual day walk gear, page 3 items.
 COST: as per description/car pooling
 DEPART: Friday evening to arrive by 7.00 pm on the Friday night
 MAP: Minyon Falls/Byron Bay
 IF ARRIVING AFTER 7.00PM: please arrange with the office
 ALSO BRING: smart casual clothes for Saturday

night dinner

We will be staying at Glen Villa Resort which has excellent facilities including laundry, swimming pool and camp kitchen with cooker, fridge and microwave for use by campers. Our accommodation options per night are; unpowered sites \$30, powered sites \$35, huts \$60 and cabins \$100. These sites all have maximum 2 people therefore these costs could be shared. There are also cottages available at \$50 EACH per person per night. The MINIMUM number required for a cottage is 4 people per cottage. PLEASE NOTE you will need to book your own accommodation directly with Linda Oliver on 02 66857382 to discuss your preferred arrangements. The line does get reasonably busy therefore it is suggested the best time to call is early afternoon. PLEASE also mention BBW as this price deal is only for our group. We will do our own thing for dinner on Friday night. There are several choices available or you can bring your own to cook/heat up. On Saturday morning we will head to one of my favourite areas, the heritage listed Nightcap National Park. Nightcap National Park contains the mountains immediately south of Mount Warning. The walk we will be doing is the RUMMERY PARK TO MINYON FALLS CIRCUIT with a small detour to Quandong Falls. The walk is approx 13kms all up. On Saturday night we will be at the Byron Services Club for dinner which is booked for 6.30pm. This will only be a short walk from Glen Villa. On Sunday after sleeping in we will do a short walk around Cape Byron which is the most easterly part of Australia. PLEASE NOTE, the process is to nominate first. I will add "request noted, will accept when accommodation booked", then book your accommodation, let me know when this has been done then the nomination will be updated to "accommodation booked."

PHOTOGRAPHIC BASE CAMP - ILUKA

Base Camp Fri 13 - Sun 15 Jul
 LEADER: Gary & Cheryl Curtis07 3801 1311
 MOBILE: 04 1466 1499
 EMAIL: gazilla@gmail.com
 GRADE: PHOTO+FAM
 LIMIT: none
 BRING: Camera +BaseCamp gear
 COST: \$50 (approx for 2 nights)
 DEPART: meet at camp
 CAR KMS: 270km (each way)
 MAP: <http://g.co/maps/tfy26>
 Spend a weekend camping at Woody Head Camping Area in Bundjalung NP (near Iluka NSW). All amenities (toilets, hot showers, fireplaces and BBQs) and a short stroll to the beach. BYO everything for 2-3 nights camping with heaps of photographic opportunities. The camp-

ing area has a kiosk with limited supplies and hot food. Firewood is supplied. We will be driving down on Friday (13th!) and setting up a large kitchen tarp before dark. We intend to return to Brisbane on Monday morning. We are happy for people to come and go anywhere in that time. You need to book your own campsite on 02 6646 6134. We have booked sites H1 + H2 for the communal kitchen and campfire. Suggested sites nearby are F1-F5 and G1-G5 (if available). Camp fees are \$21 per night (which includes 2 people). There is a NP entrance fee of \$7/day for each vehicle. Camp map PDF available from us on request. "Photo Ops" abound in this area. We do NOT intend to stay together in one large group. We will apprise you of the photographic opportunities; beach, headlands, rockshelves, plenty of birdlife (including birds of prey), World Heritage littoral rainforest, and the picturesque Clarence and Esk rivers. The Esk River is most suitable for kayaks/canoes if you are lucky enough to have one. Please bring your usual day pack with standard "Page 3" gear. For the intrepid, there are quite lovely snorkelling opportunities close to the camp. Bring your wet-suit, you will need it! We will stoke up a raging campfire each night. Bring a comfy camp chair, nibbles and something to wash them down. In short, BYO everything. This a "family friendly" campsite, so kids are more than welcome.

TOOLONA CREEK CIRCUIT

Day Walk Sat 14 Jul

LEADER: Marge Henry

MOBILE: 0413 337 530

GRADE: LDW-3B

LIMIT: 15

BRING: Page 3 requirements

COST: \$22 fuel contribution

DEPART: 7am Fairfield Gardens

CAR KMS: 220km

Toolona Creek Circuit is a wonderful graded track walk out of Green Mountain (O'Reilly's) in Lamington National Park. The walk is about 18 km & a great introduction to sub-tropical rainforest. Suitable for walkers new to the club, & guaranteed to get you hooked. Initially we drop down to West Canungra Creek, passing majestic brush box, hoop pine & booyong along the way. The track then picks up the Toolona Creek branch passing numerous waterfalls via several creek crossings. Depending on how much rain there has been in the preceding weeks, you may get your feet wet. We will gradually ascend through changing vegetation, including king ferns & ancient antarctic beech. We may be lucky enough to encounter a snappy lamington crayfish or even a lyrebird along the way. We will finally emerge on the rim

of the Mt Warning caldera near Wanungara Look-out with spectacular views into the Tweed valley & across to Mt Warning itself a great spot for lunch. The return is via the Border track past more amazing antarctic beech along the rim to Bithongabel & then the side of the ridge back to the carpark.

MT COOT-THA

Day walk Sat 14 Jul

LEADER: Kelvin Taylor 32693726

EMAIL: kelvin.taylor@bigpond.com

GRADE: SDW-3B

LIMIT: 12

DEPART: 8am MacRae Rd, Bardon

The walk will start from Macrae Rd, Bardon. On street parking on Simpson Rd, etc. We walk through the gate and up a road to the water tower continuing on up the hill to point around half way up Mt Coot-tha. Instead of doing the hill in one go, we will divert on to a really nice little circuit that meanders around the northern slopes of Mt Coot-tha and then back to our attack on the hill. We continue on up past a TV transmission tower and then a short distance to Sir Samuel Griffiths Drive at the top of the hill. Cross the road and down to Simpson's Falls. From here we retrace our steps with some variation and leaving out the circuit. The track is not neatly manicured and in many places is rocky and loose underfoot. We are in the bush after all. This is a beginners walk and medium fitness should suffice. All hills will be taken at a gentle pace with plenty of short stops for breathers, but remember, we are scaling the full height of Mt Coot-tha, plus a bit more. Due to the difficulty of parking 12 cars close to a coffee shop in this area on a weekend, the obligatory post walk coffee will not happen. Distance 9 kms Elevation gain 250 metres. Time 4 hours

MT ARCHER TRIG POINT

Day Walk Sun 15 Jul

LEADER: Dennis Fishlock 32840551
0419577360

This activity is full.

LOVE CREEK FALLS VIA HANGING VALLEY

Day Walk Sun 15 Jul

LEADER: John Shields 07-32646565

This activity is full.

KANGAROO POINT NURSERY CLIFFS

Abseil Training For Beginners Sat 21 Jul

LEADER: John Granat 3274 2777 wk.

This activity is full.

KANGAROO POINT NURSERY CLIFFS

Abseil Training Sun 22 Jul

LEADER: John Granat 3274 2777 wk.
This activity is full.

BARNEY/BALLOW - SEVEN SUMMITS CIRCUIT

Day Walk Sun 22 Jul
LEADER: Jim Lydon 04 3191 3264
This activity is full.

WILSONS PEAK CROSS OVER

Day Walk Sun 22 Jul
LEADER: Nick Brooking 3262 5244
This activity is full.

WILSONS PEAK CROSS OVER

Day Walk Sun 22 Jul
LEADER: John Stevens
EMAIL: johnpstevens@hotmail.com
GRADE: MDW-6D
LIMIT: 8 including leader
BRING: normal day gear & cold weather gear
DEPART: 6:30am Fairfield Gardens
CAR KMS: 250 kms
MAP: Mt Superbus, Teviot, Mt Clunie, Wilsons Peak 1:25000

Wilson's Peak is on the border with NSW just south of Teviot's Gap and offers great views towards the east. Two groups of walkers will do this walk, avoiding the need for a long car shuffle. One group will start from the border fence west of Teviot's Gap, walk up Wilson's Peak's west spur and walk down to the Boonah border gate. The second group of walkers will start from the Boonah border gate and will do the walk in the opposite direction. This route involves a much steeper and longer continuous climb. Both groups will have lunch at the top. The second group will bring the first group's cars down to the Boonah border gate. The bulk of this walk is off track and involves going up and down steep slopes. It is not suitable for first timers and you should have done at least a few 5C+ graded day walks before nominating. I am leading the east to west walk. It is graded MDW-6D. There will be no list at the meetings. Please nominate on line. If you have not walked with me previously, please email me which 5C+ graded club walks you've done in the last few months with the date they were on. Any query? Please send me an email.

LOVE CK THE SOURCE

Day Walk Sun 22 Jul
LEADER: John Shields 07-32646565
MOBILE: 0447824988 Walkday only
EMAIL: johnashields@bigpond.com
GRADE: MDW5C
LIMIT: 10
BRING: Day pack as page 3 / 2 lit water

COST: \$14CAR CONTRIBUTION
DEPART: 7am Albany Ck Centro shopping centre UBD108F16 Westpac sign
CAR KMS: 84 KM return
MAP: BFP
NO LIST AT MEETING
SELF SERVE ON LINE BOOKINGS

Drive to Tenison Woods Mtn and park. We drop straight into the gully which is the start of Love Ck which we follow to find the first signs of running water. This we follow through the palm lined rainforest rising up each side. A little rock hopping and creek crossing with minimal drop in altitude and no really difficult terrain. Smoko in a picturesque grove along the creek. Proceeding further down stream we turn off into a tributary. This junction is where we stop for lunch. Heading up the tributary through a gorge and palmgroves and up a few small waterfalls which will ascend to the top of the ridge and pick up the Mt D'Aguiar Track which will take us back to the cars. This ascent involves following the watercourse up hill over the occasional rock ledge but nothing too difficult. Very pretty country and plenty of photo opportunities. The plan is to be back to the cars by 3pm for coffee and homemade cake at Olleys. Only rated 5 because of the rock hopping. An ideal walk for a member wanting to try off track without getting too adventurous.

Mt GLORIOUS BASE CAMP QPWS VOLUNTEERS ONLY]

Base Camp Fri 27 - Sun 29 Jul
LEADER: John Shields 07-32646565
MOBILE: 0447824988 Walkday only
EMAIL: johnashields@bigpond.com
GRADE: W 'N' W
BRING: Working clothes ,gloves tools etc optional day walk pack
COST: \$13camp fee[2 nights]
Our normal maintenance work along Western Walk with the optional day walk on Sunday if desired. Basic tools supplied by QPWS. Lantana regrowth check.

THE STEAMERS

Through Walk Fri 27 - Sun 29 Jul
LEADER: David Thorpe 3289 3773
EMAIL: David.Thorpe@lionco.com
GRADE: MTW 5D
LIMIT: 8
BRING: Warm gear
COST: \$5:30camp +fuel
DEPART: 6:00pm Milton.
CAR KMS: 400 approx.
This is a classic cold winter through walk in the Main Range National Park. We leave Brisbane at 6:00pm for dinner at Aratula. We then head off for

our first nights camp near Emu Creek. Next morning we climb up to a track between the Funnel and Mast, then make our way along to the Stern where we stop for lunch and then climb out to the Stern view point. We then climb Mt. Steamer for further views. We then descend down to the Steamer Saddle for our next nights camp. Water is available at this campsite. On Sunday we walk north to Lower Panorama Point for further views of the Main Range. On our return trip we head down Davies Ridge to the cars. Party food for Saturday night will help keep us warm. Four wheel drive access is necessary for this trip and it will be cancelled if it rains.

NORTHBROOK GORGE VIA NORTHBROOK MTN

Day walk Sat 28 Jul
LEADER: Kelvin Taylor 32693726
EMAIL: kelvin.taylor@bigpond.com
GRADE: MDW-5C
LIMIT: 12
BRING: Page 3
COST: \$15 to driver
DEPART: 7am Alderley

We park the cars almost at the bottom of Northbrook Parkway and walk down the bitumen (dodging out of control motorcycles) past Northbrook Creek and go bush up a ridge towards the top of the Northbrook Range. A long climb, but nice open country with a couple of rocky knolls to scale along the way for pleasant views. Follow Northbrook Range with views as far south as Barney on a clear day and down the other side and along a ridge leading down to Eagles Nest. A rather steep zig zag trail will take us from here down to Northbrook Creek and the walk/paddle/wade through the gorge before walking up a short ridge out of the gorge back to the cars. A walk with everything. A good heart starter, great views from Northbrook Range, a beautiful Northbrook Creek and of course, The Gorge. All this and NO CAR SHUFFLE. Walk distance 10kms. Elevation gains 650m. Time 7 hours

ALBERT RIVER THROUGH WALK

Through Walk Sat 28 - Sun 29 Jul
LEADER: Deniz Clarke 0401725726
This activity is full.

LOVE CREEK FALLS ABSEIL

Abseil Day Walk Sun 29 Jul
LEADER: Anne Kemp, Hilton Kane 3371 2707
This activity is full.

MYLETT TRACK WALK

Day Walk Sun 29 Jul
LEADER: Dennis Fishlock 32840551

0419577360

This activity is full.

IRON BARK GULLY

Training Day Sat 4 Aug
LEADER: Dennis Fishlock 32840551
0419577360
EMAIL: fyshies@bigpond.com.au
GRADE: MINIMAXS 3B
LIMIT: 15
BRING: Day Pack as per Page 3/3ltr water
DEPART: 8am Iron Bark Gully Picnic Grounds
UBD MAP 117 F17
NOMINATION LIST: Self Serve Online/Email
Leader
MEETING POINT ARRIVAL: Minimum 15 Minutes
before Departure Time

This walk is intended to introduce new members to bush walking and to the BBW club in particular. The MinimaxS is a good option for your first walk, we will be mainly walking on a track and stopping at regular intervals to discuss a number of topics such as Clothing, Equipment, Safety and First Aid and Environmental Impact to name a few. There will be a sample of OFF TRACK to get an appreciation of the clubs walk grading system, bring your day pack, morning tea and lunch, please bring what ever gear you would take on a day walk, also bring a change of cloths to change into at the end of the walk. Register directly on the web site or at the club meetings on the registration boards with the New Membership Officer.

LIZARD POINT

Throughwalk Sat 4 - Sun 5 Aug
LEADER: Cath Carkeet 3357 5607
This activity is full.

CAMP MOUNTAIN & BELLBIRD GROVE

Day Walk Sun 5 Aug
LEADER: Bernie Ryan 33255616 [not on walk
day please]
This activity is full.

GREENES FALLS & LOVE CK FALLS

Daywalk Sun 5 Aug
LEADER: John Shields 07-32646565
MOBILE: 0447824988 Walkday only
EMAIL: johnashields@bigpond.com
GRADE: MDW5C
LIMIT: 10
BRING: Day pack as page 3 / 3 lit water
COST: \$14 CAR CONTRIBUTION
DEPART: 7am Albany Ck Centro shopping centre UBD108F16 Westpac sign
CAR KMS: 80 KM return
MAP: BFP

We drive to Mt Glorious and park at the end of Alex Rd to start the walk and head down the ridge to Annies Ck. Up to and across the plateau then down to Greenes Falls Lookout. Down the track to have smoko on a rocky ledge looking up the falls. Back up another longer ridge to the plateau to drop off down a ridge to Love Ck. Down stream a short way to Love Ck Falls. Here we slip down the track to get an up view of the falls. Back upstream to peel off into Annies Ck to start the ascent up the rock ledges, through the shady palm groves to select a beauty spot along the creek for lunch. We reach the Y junction to leave the creek and ascend the ridge and back to the cars. Head off to Olleys honey and coffee shop.

A SLOW BARNEY

Day walk

LEADER: Kelvin Taylor

Sat 11 Aug

32693726

EMAIL: kelvin.taylor@bigpond.com

GRADE: LDW-7D

LIMIT: 10

BRING: Torch, just in case

COST: \$25 to driver

DEPART: 5:30am Fairfield Gardens

This is a walk for all those who always wanted to do Barney, but were afraid of not being able to maintain the pace of some walks. A traditional up south east ridge, down south ridge tour, but at a pace more befitting my advancing geriatricism. Expecting a slower time of around 5 hours for the up part. It is still Barney and you will still need to be fit of course. Email me as usual if you are unknown to me. One more time with feeling, EMAIL ME FIRST, IF I DON'T KNOW YOU. Breakfast at Macca's Beaudesert! Distance 12 kms. Elevation gain 1,200m. Walk time 10 hrs



Milton Rotary Tramping Club

We are a non commercial group of unpaid volunteers who have, over the past 26 seasons taken almost 16,000 people (mostly middle aged) on some of our most famous tracks and activities in the southern part of NZ. Many return year after year, to participate in another trip. As word has spread, we find that more and more Aussies are joining our activities, and a quite a number are from the Bush Walking Clubs. We often find that members of your Bush Walkers Clubs are generally well suited to our trips, as most have done some backpacking and tramping. And we love Aussies !!

Our trips are not the "up Market" excellent guided trips, run by Commercial operators on some of our tracks. We undertake the "Freedom Walks", where we use the very adequate Department of Conservation Huts, carry all our own gear & food (we supply food), and do our own cooking etc. We are a Tramping Club, and as such, as we operate on Public Lands, are required (by law) to run our trips at "cost recovery" only, and hence can offer these adventures at very moderate cost. We do ask that participants become members of our Tramping Club, for the season of their trip(s) (\$50), and also suggest an optional donation to our funds, so we are able to support the two Charitable organisations, that are the parent bodies of our Cub. We organize all Leaders, Transport, (Dunedin or where applicable Queenstown return) bookings, food. boats, etc.

MILFORD TRACK HUMP RIDGE TRACK KEPLER TRACK BORLAND LODGE
CYCLE THE OTAGO CENTRAL RAIL TRAIL ROUTEBURN/GREENSTONE TRACK
CATLINS-TAUTUKU LODGE MT ASPIRING LODGE HUXLEY LODGE SUTTON CAMP

Full information about us, and the trips, contacts, costs and dates, etc, is on our Website:

www.otagorotarytruststramps.org.nz

Regards

Peter Vollweiler

The Otago Youth Adventure Trust/Rotary Club of Milton Tramping Club Inc

PO Box 15014 , Waiholo 4923, South Otago, New Zealand

Phone (03) 417 7190

Email: peter.vollweiler@xtra.co.nz

Myrtle Rust (Update)

What is myrtle rust?

Myrtle rust is a serious fungal disease, caused by *Uredo rangelii* or *Puccinia psidii*, which belongs to the eucalyptus or guava rust complex of rust fungi. It requires a living host and affects plants in the Myrtaceae family. It is spread by wind, human activity and animals.

The disease is native to South America but was first detected in New South Wales in April 2010. By December, it was present in some areas of Queensland.

While the fungus and the spores are believed to be non-toxic to wildlife, it is likely to make foliage and fruits less palatable as well as affecting their nutritional values. Myrtle rust poses no known threat to humans. However, visitors to national parks can help reduce its spread.

Update

Biosecurity Queensland recently confirmed the first myrtle rust detection on the Fraser Coast. The infection was found on a blushing beauty plant in the township of Urangan. Further surveillance in the region was conducted with no further signs of infection found. There are now two confirmed cases of myrtle rust outside of South East Queensland, Urangan and Cairns.

An early stage infection of myrtle rust has also been confirmed at the Roma Street Parkland in Brisbane but has since been removed. Other susceptible plants at the Parkland have been sprayed as a precaution.

Myrtle rust has now been confirmed at 131 sites in Queensland including production and retail nurseries, residential, business, government and public land locations including national parks, amenity parkland and road reserves. Infections have been confirmed on 61 host plant species in Queensland with the large majority of these being native plants.

More information and a Myrtle Rust photo gallery

Visit www.derm.qld.gov.au/parks_and_forests/myrtle-rust

Bushwalking

Myrtle Rust cannot be eradicated, but bushwalkers can take steps to help prevent further spread of the disease.

- **Come clean**

Check the Park Alerts pages for advice on parks that are infected by myrtle rust, to assist in planning a visit.

Make sure clothes (including hats), equipment and vehicles are clean before entering the park.

If infected plants are found avoid contact and do not move any part of the plant, as this may spread spores.

- **Go clean**

If contact has been made with vegetation infected by myrtle rust, put a jacket over clothes or change into clean clothes.

As soon as practical, clean all clothes (including hats), equipment and vehicles.

Apart from Myrtle Rust, there are other fungi and algae that can be transferred by bushwalkers into new areas. It is always good environmental practice to clean boots and clothing after any walk. Mud, especially, should be removed from the soles of boots and they should be allowed to dry thoroughly before their next use.



TICKS



A favourite topic of bushwalkers that gets a mention every now and then in this newsletter. Usually there is debate about the correct method to remove a tick. The following email was distributed by Julie Moore - and its not about the best way to remove a tick - its about larval stage ticks which many members incorrectly assume are "mites".

"Brian and I had spots and itching for days. After gardening and Bushcare there were many possible causes. Four days on, Brian suspected possible small black heads, so late one night I used his watchmakers eyeglass (x10 magnification) and was amazed to see a tiny clear coloured tick with head buried and legs flailing. Two hours later we had removed approx 30 minute larval ticks from each other with the aid of eye glass and very fine "watchmakers forceps". These were so minute we were keen to find out which tick they were and how we got them. Downfall Creek Bushland Centre staff sent specimens to Queensland Museum. They were the common Paralysis Tick, the larval stage which is why they were so tiny and so many. As Brian was "infested" a second time after gardening we conclude they were in the garden, not the more obvious bush habitat. Our garden backs Bunyaville Forest. Many people suggested scrub-itch but I found scrub itch is a mite; Trombiculid Mite or Scrub Typhus Mite.

Following this, a staff member at Downfall Creek Bushland Centre found a series of articles in the Australian Association of Bush Regenerators NSW newsletter (AABR, No. 112, March 2012):

www.aabr.org.au/images/stories/resources/newsletters/AABR_News_112.pdf

If you would like to learn more about ticks, their life cycle, how to protect yourself and treat your clothing, and the occurrence of Lyme disease, then the AABR newsletter is worth a read. Remember, however, these people are full-time bushcare workers who may have had hundreds of tick bites during the course of their work over many years - an exposure to ticks far greater than the occasional bushwalker.

A few items below have been taken from the AABR Newsletter which, itself, has taken items from Wikipedia's article "Ixodes holocyclus" (paralysis tick of Australia).

Tick Habits

Of the 75 or so species of ticks in Australia, the main tick of greatest concern to human health is the paralysis tick (*Ixodes holocyclus*). These ticks are found right down the east coast of Australia and have been found inland up to 30 km, though there is some evidence to suggest that they are much further inland than previously recorded.

Bush regenerators are most susceptible to tick bite due to the nature of the work. We are often crawling around in dense vegetation, exposing every part of our bodies to the ticks preferred habitat.

Ticks are mostly found in vegetation below one metre in height, where they are most likely to find their preferred host - small mammals. Larvae are more commonly found in the leafy moist ground layers where the eggs are laid, and nymphs and adults are generally found up to one metre in height within moist humid vegetation.

Ticks are described as being geotropic, meaning that they instinctively climb to the highest point or in opposition to gravity. They seek a suitable host by climbing onto grasses or low bushes and use one set of legs to grab onto a host as it brushes past (fortunately they cant jump or fly). This behaviour is called questing. When searching for a host, a tick responds mainly to exhaled carbon dioxide, body heat and scent.

Larvae and nymphs are the most active during the cooler months of the year, with the adults becoming more prolific during the warmer months.

Source: AABR Newsletter, No. 112, March 2012

Tick Life Cycle

The life cycle of *Ixodes holocyclus* consists of four stages- egg, larva, nymph, adult. Ticks hatch as six-legged larvae after an incubation period of 40 to 60 days. Larvae search for a blood meal from a host, feed for four to six days, then drop from the host and moult to become an eight-legged nymph. Nymphs require a second blood meal before they can moult again to become an adult. Female adults then require a further blood meal of up to ten days before dropping off to lay up to 3000 eggs in leaf litter. Male adults will search for females on the host for mating, and to parasitise the females for blood meals. This life cycle takes around a year to complete (minimum 135 days, maximum 437 days).

Unengorged Larvae (6 legs)	Unengorged Nymph (8 legs)	Unengorged Adult (8 legs)	Engorged Adult (8 legs)
A small, six-legged larva with a dark, oval body and six thin legs.	A slightly larger, eight-legged nymph with a dark, oval body and eight thin legs.	A larger, eight-legged adult tick with a dark, oval body and eight thin legs.	A very large, engorged adult tick with a dark, oval body and eight thin legs, showing significant swelling.
0.5 mm long, 0.4 mm wide	1.2 mm long, 0.85 mm wide	3.8 mm long, 2.6 mm wide	13.2 mm long, 10.2 mm wide

Measurements refer to the body section only (i.e. legs are not included)

Source: en.wikipedia.org/wiki/Ixodes_holocyclus

Tick removal.

Debate around the best method of tick removal is based around two main concerns. The first is that the method of removal could cause further injection of noxious substances (allergens, paralysing toxins and infectious micro-organisms). The second is that the method may leave the 'head' (really just the tick's mouthparts) embedded in the skin.

The tick's salivary glands and gut contents are together the main source of the noxious substances and these are located in the main body of the tick. It is thought that any irritation of the tick might cause it to either inject saliva or regurgitate gut contents or that any compressing the body of the tick might squeeze saliva and gut contents into the host.

Specifically, application of methylated spirit, nail polish remover, turpentine or ti-tree oil is thought to irritate the tick and make it inject more of the noxious substances. Spreading butter or oil over the tick is no longer recommended either. Application of pyrethrin (or pyrethroid) insecticides has been suggested 'as a narcotic and a toxicant, which prevents the tick from injecting its saliva' but with this method the tick may remain physically attached for 24 hrs before it drops off dead.

Leaving the mouthparts (incorrectly referred to as 'the head') embedded in the skin is usually of lesser concern. If left embedded the mouthparts cause a foreign body reaction and are usually eventually sloughed like a splinter. It has been noted that when *Ixodes holocyclus* is forcibly extracted the feeding tube (the hypostome) is usually damaged which suggests that part of its tip remains embedded in the skin.

In sensitive areas of the body (e.g. eyelids) touching the tick can make its presence become suddenly painful.

... See the Wikipedia article for a diagram showing tick removal using tweezers.

Larval ticks ('grass ticks' or 'seed ticks') are usually present in large numbers - it is considered safe to soak for 30 minutes in a bath to which 1 cup of bicarb soda has been added, then scrape off the dead larvae.

Source: en.wikipedia.org/wiki/Ixodes_holocyclus

The Pilgrimage is an annual bushwalking and social event attracting members of BWQ affiliated clubs. On the Saturday you can join one of many day walks through the surrounding areas. A Bush Dance and other social activities are organised throughout the weekend and it is an ideal time to meet and renew friendships with fellow bushwalkers. The activity is run on a non-profit basis.

For more details (including a list of the walks, Booking Form, etc) go to:
www.pilgrimage2012.weebly.com

BUSHWALKERS PILGRIMAGE **2012**

A chance to walk & meet with other clubs.

Hosted by REDLANDS BUSHWALKING CLUB

AT

CANUNGRA SHOWGROUNDS

(Showgrounds Road Canungra)

ON

7th - 9th SEPTEMBER 2012

Early Bird until 31/7/2012 - \$36

After 31/7/2012 - \$42

We are also offering a Tasty Spit Roast Dinner
on

Saturday night for \$18.50 (BYO drinks)

The cost for the weekend includes:

Camping, Hot Showers, Friday Night Soup, Tea, Coffee & Nibbles all weekend, Bushwalks from Hard to Easy, Bush band "Stone the Crows", and Sunday Morning 'Sausage Sizzle'.

For more info and booking see our website
<http://pilgrimage2012.weebly.com/index.html>

Contacts: Hilary Riley 0415 526 910
Betty Murray 0408 129 241

Email: Pilgrimage2012@hotmail.com

Guest Speakers

Wednesday 27 June Rescues and FMR - Ted Wassenberg, Phil Box

Federation Mountain Rescue (FMR) has been operating in SE Qld for about 40 years. It originated under the auspices of the then Federation and comprised many members from BBW. As an organization it has had many highs and lows but has always been at the ready for a police call out of its members. Recent unfortunate events have seen a resurgence for the requirement of FMR bushwalker and rock climber's skills. Ted Wassenberg & Phil Box will deliver this presentation, which will delve back in time and bring you back to current events.

Wednesday 11 July New Website Unveiling - Gary Curtis, Peter Lock

Come along and see the new web site. It will be "going live" on Tuesday 17th July. Peter Lock and myself will go through new features and changes. We will be available to answer questions from members.

NEW MEMBERS

Welcome to the following New Members who joined during the last month:

Mon Bannister	Sam Benson	Ross Blyth	Benjamin Brown
Trevor Bryce	Steve Buckman	Beverley Cameron	Karen Doolan
Tracey Douglas	Martin Gustar	Noel Herley	Kate Johnson
Tim Knowles	Cathy Leslie	Helen Lowe	Brendan Marquardt
Megan Mitchell	Judy Moody-Stuart	Stu Munday	Pat Rea
Faye Shekle	Jim Stanley	Hansen Sun	Alexandra Tamas
Laszlo Tamas	Lilian Tamas	Keiko Tanaka	Errol Thomas
Simon Waldby			

Congratulations to the following who have been granted Full Membership:

Paul Baillie	Linda Baillie	Dawn Carnell	Joanne Luke
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Jatbula Track - Katherine to Edith Falls, Northern Territory Expressions of Interest

I have a booking for 1-2 people to join me to do this 6 day trek from 18th July. This 58 klm trek traverses the escarpment with lots of cascades and swimming holes all the way, with wonderful campsites to enjoy the waterways.

If you're interested in the trip, please contact me and I can perhaps assist with accommodation and transfers in Darwin. The cost of the bus from Darwin to Katherine return, camping charges for the trek, transfer from end of trek approx. \$230.

Check out this website: <http://en.travelnt.com/advice/itinerary-ideas/jatbula-trail.aspx>

Please email: dee4diesel@gmail.com or phone 0407 716122, home 55285952 if you have any questions

Dee Mitchell
Gold Coast Bushwalkers

For Sale

For any members who would like to sell their second-hand bushwalking equipment:-

Just email a brief description of the item to the editor's mailbox (editor@bbw.org.au) and include a price, phone no. and/or email address. If you can't get to a club meeting to meet up with a prospective purchaser then maybe include your suburb so a purchaser can decide whether meeting up at some other time is viable.

Richard Walton 0421 228 466 (Chapel Hill) Email: richard@jaliso.com.au

- **Tent:** Wilderness Equipment "First Arrow". 2/3 person, 5 season tunnel tent. The First Arrow has been the one-tent-for-anything choice of mountaineers, ski-tourers and bushwalkers for nearly 30 years. (RRP: \$800) Age: 3 yrs; Condition: Perfect; Usage: used for about 1 week in total. This is a really really nice tent. Price: \$350
- **Tent:** Macpac "Citadel" 3 person, 3/4 season tent. This 3 person tent offers plenty vestibule space, making it very suitable for trips by bicycle, motorbike or simply for comfortable tramping allowing for gear storage, sheltered cooking and easy trip planning. Age: 7/8 yrs. V large vestibule. This is a nice clean tent, but the fly life will be limited (due to age), hence the cheap price. Notwithstanding that, it will be good value for +2 yrs worth of work (maybe more) and will perform better and will be much nicer and drier than a "kmart" tent of equivalent value. Great for travelling due to large vestibule. (RRP: \$760) Price: \$60
- **Sleeping Bag:** Ultra-warm Mountain Designs winter sleeping bag (down). Ideal for camping at Girraween or other cold climates. Ideal for someone who feels the cold. Also ideal for children. (RRP: unknown - est \$800 - \$1000) This is a well maintained, nice, clean bag with many years of use left in it. Price: \$100

Bill Gale 33556023 or 0409613905 (Everton Park) Email: fregata@bigpond.net.au
I attend all BBW meetings so can arrange to meet there.

- **Tent:** Denali Stormfront 2 person basecamp tent and fly, new \$90
- **Sleeping Bag:** Mont Sleeping Bag Womans Zodiac 500 LZ, lightweight, as new, used only with silk liner \$160
- **Stove:** Whisperlite Internationale Multi fuel stove, new \$90
- **Watch:** Casio Baby-G water and shock resistant sports watch, black, new \$80

Catherine Lewis 0468 428 733 (Coorparoo) Email: catherine33_41@hotmail.com

- **Day Pack:** Deuter Futura day pack. In excellent condition. RRP from Anaconda is \$199, I would like to sell it for \$40. This is an urgent sale as I am heading overseas to live mid July.

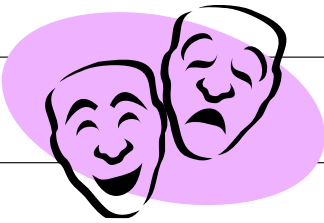
Upcoming Rogaine Events

Bushwalkers who would like to practice or improve their navigation skills might like to try out some of the rogaïne events offered by the Queensland Rogaine Association for SE Qld.

- Sat 1 Sept Old Man Emu 6 & 12hr Rogaine (Emu Creek)
- Sat 6 Oct Metrogaïne (Kenmore Hills)

For further information and more event dates visit the QRA web site at www.qldrogaïne.asn.au





Out & About

KOOKABURRA CAFE DINNER NIGHT

Tue 3 Jul

LEADER: Bernie Ryan 33255616
MOBILE: 0432 907275
EMAIL: cino1410@optusnet.com.au
LIMIT: 15
WHEN: 6:30pm
280 Given Terrace, Paddington



The Kookaburra Cafe is a Brisbane landmark, and very popular with locals and tourists alike. Situated in the inner Brisbane suburb of Paddington, it combines good food and value with ambience and architecture from a past era. The Kookaburra Cafe is the home of the 50-piece pizza, supposedly Australia's biggest. The menu consists of pizza and pasta dishes as well as various meat, fish and salad dishes. The restaurant is also fully licensed. Prices: Entrees; \$4-\$14, Mains; \$11-\$28 and Desserts; \$6-\$9. For further information and the full menu visit: www.kookaburra-cafe.com.au

Bernie

Xmas in July - Dairy Flats

Social / Base Camp Fri 20 - Sun 22 Jul
LEADER: Burney 0422386080
EMAIL: burnicestarky@hotmail.com
LIMIT: 10
BRING: Walking gear, tennis racket, share meal
COST: \$66



We're heading back to Dairy Flats, again. Nestled under Mt Lindsey, the scenery is spectacular! I have just booked the Homestead for the Weekend of Fri July 20-22nd. \$660 for the weekend. This sleeps 10/11 people with 5 bedrooms and 2 ensuites. For those who remember, a log fire warms the lounge room where a 1920's pianola provides entertainment. I'm interested in having a bird walk. Other walks are possible depending on Walkers/Leaders and of course "a game of Tennis, anyone?" We'll put together a Xmas in July spread to get us cosy. Wear Xmas gear. First 10/11 people who have paid are in the Homestead house. If there are sufficient extra people wishing to join in I can book another cottage as well. Please confirm your place by putting \$66 per person for the weekend into my account. I'm required to pay 50% up front as a deposit: Members Equity Bank BSB: 944 300 Account 010834109. Please nominate on-line after paying cost. Then email me so I can match the deposits with a name.

Burney

Magazine Collating

Magazine collating is at Shirley Peardon's at Annerley on Thursday 19th July at 6:30pm. There is only about 1 1/2 hours work required. If you would like to help and enjoy an easy social night with take-away dinner please phone 3892 4641 to confirm.



For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.



If you have recently changed your address, phone number (home or work) or email please advise the Membership Registrar so that the club records can be kept up to date:
Shirley Peadon - email: registrar@bbw.org.au or phone: 07 3892 4641

If unclaimed, please return to:
Brisbane Bushwalkers Club Inc.
GPO Box 1949
BRISBANE 4001

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