

The
BRISBANE BUSHWALKER
May 2012



BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001

[www.bbww.org.au](http://www bbw.org.au)

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The next committee meeting to be held at 7.30pm on **Wednesday 2nd May** is at Tom Cowlshaw's at 47 Samford Road. Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: Pre-trip descriptions are submitted via the leaders page on the web site. Any articles from members, especially post-trip reports, are welcome. The editor reserves the right to edit articles to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

Deadline for the June magazine is the Open Meeting on Wednesday 9th May.

BBW WEB SITE & EMAIL

BBW web site: **www.bbw.org.au**
 email **editor@bbw.org.au**
outings@bbw.org.au

BBW is an affiliated member of Bushwalking Qld whose website is: **www.bushwalkingqueensland.org.au**

FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members) for half price for those who attend.

Cover Photograph

Reynolds Gorge (Mt Bangalora Day Walk)
 Photo: Cheryl Curtis

EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat\$2.00
 Self inflating mat\$5.00
 Stove\$5.00
 Tent or Pack\$10.00

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

All equipment may be booked for hire by phoning the Equipment Officer. Pre-booking will ensure availability.

PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only. Extended loan periods will need to be arranged with the Equipment Officer.

LIBRARY

Available on the library table at all meetings:

- For sale: Long sleeve shirts \$25, Short sleeve shirts \$20, Fleece Jackets \$35, Fleece Vests \$30, Hats \$13, Caps \$10. These articles have the club logo embroidered on them.
- Car stickers and cloth badges: all \$3.00
- Long, wide bandages to be used in the unlikely event of a snake bite \$10.00
- Maps and Rasters: free loan to leaders
- Free loan to members:- Books, Magazines, DVDs and CDs. Come and browse the selection.

MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum
 Couples \$60 per annum

Annual membership falls due 31st January.

Probationary Members:
 Singles \$25 per 6month
 Couples \$40 per 6 month

Club Officials

President	Cheryl Curtis	3801 1311	Photographic	Gary Curtis	3801 1311
Vice President	Bill Gale	3355 6023	Librarian	Nada Campbell	0414 724 489
Secretary	Tom Hulse	3351 2190	Abseil Co-ordinator	John Granat	3265 5404
Treasurer	Tom Cowlshaw	3856 4050	Members Register	Shirley Peadon	3892 4641
Outings		<i>position vacant</i>	Website Admin	Gary Curtis	3801 1311
Safety & Training	Hilton Kane	0447 397 743	Editors	Eugene Hedemann	3359 3114
Membership	Dennis Fishlock	3284 0551		Jenny Zohn	3272 2732
Social		<i>position vacant</i>	Contact Officers	Tom Cowlshaw	3856 4050
Equipment	Catherine Lowry	0430 450 569 (Not during business hours)	Family Co-ordinator		<i>position vacant</i>

ABBREVIATIONS & GRADING

DISTANCE Short — Under 10 km per day
Medium — 10 to 15 km per day
Long — 15 to 20 km per day
EXtra Long — Over 20 km per day

ACTIVITY ABSeil; Base Camp; Day Walk; Through Walk; Easy Through Walk; Night Walk; SOCIAL Activity; KaYaK; CYCLE; Safety & Training; Federation Mountain Rescue; ROGaine.

FAMILY Family — Family Group conditions; contact Leader

Example — **FSDW-3B**
Family (F)
Short Day Walk (SDW)
Graded track with obstacles (3)
Easy (B)

Note for Leaders when grading a walk: *The brief descriptions below are to help members match their ability to an activity. Do not use for grading as errors can result. To grade your walk consult the Standard List of Graded Walks.*

TERRAIN GRADING — 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions or minor creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions or minor creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek crossings.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or major creek crossings.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

FITNESS & ENDURANCE GRADING — A to E (Note: Walking times do not include breaks.)

- A** Basic — Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills.
- B** Easy — About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate — About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High — High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging — Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or download from the BBW website)

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

CAMPING FEES: National Park or State Forest camping fees are \$5.30 per person per night. (The leader will provide details.) NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Membership Card; lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

April

23	SNW-2A	Toohey Forest Monday night walk	Graham Olive	32775279
25	Meeting	Anzac Day- The Kokoda Track - David MacGibbon		
	MDW 6C	Mt Mitchell from Spicers Gap	Jon Beer	3865 1808
	MDW-5D	Mt Bangalora	Lou & Marion Darveniza	3378 4031
26	SNW 3B	Mt Coot-tha weekly night walk	Graham Olive, Ken Rubie	32775279
27-29	BC3/5C	Mt Glorious Base Camp	John Shields, Geof Hinds	32646565
	SOCIAL	Springbrook	Burney	0422386080
28	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	MDW-6D	Wednesday Ck	Lou & Marion Darveniza	3378 4031
29	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	LDW - 5D	Mistake Mountains - Foot, Little Flaggy Falls	Jim Lydon	04 3191 3264
	MDW 4C	Glasshouse Mtns Mt Tibbuwuccum Mt Cooee	Dennis Fishlock	32840551
	MDW-6C	Mt Byron via Byron Gorge	Kelvin Taylor	32693726
30	SNW-2A	Toohey Forest Monday night walk	Graham Olive	32775279

May

1	SNW2C	West End Hills	Joan Davey	0415 139 646
	SOCIAL	Himalayan Cafe	Peter Hunt	
3	MDW - 4C	Lamington - Kurraragin (Egg Rock) Valley Track	Jim Lydon	04 3191 3264
4-7	FSTW-4B	Celestial Palace - Girraween NP	Picnic Pete	3351 1184
	MTW-6D	Teviot Gap to Spicers Gap and reverse	Ray Glancy, Richard Walton	
5	MDW-6C	Middle Kobbie falls via HP560	Kelvin Taylor	32693726
	MINIMAX 3B	Iron Bark Gully	Dennis Fishlock	32840551 0419577360
	CYC	Stradbroke Island cycle	John Hinds	0731185217
5-7	M TW 3C	Moreton Island	Greg Kuss.	0408 806310
6	LDW-3C	Lake Manchester including 'the knoll'	Bernie Ryan	33255616 [not on walk day]
	MDW-5D	Mt Mistake	John Stevens	0431 929 466
	MDW5C	Love Ck Loop	John Shields	32646565
9	Meeting	Lightweight Backpacking - Jenny Zohn		
12	MDW-7D	Mt Barney	Picnic Pete	3351 1184
13	MDW - 5C	Barney/Ballow - Montserrat Circuit	Jim Lydon	04 3191 3264
	MDW 4C	Manorina Walk	Dennis Fishlock	32840551 0419577360
	MDW 5C	The Cougals and Boyds Butte crossover	Jon Beer, Nick Brooking	3865 1808
	MDW-4C	Northbrook Mtn	John Shields	32646565
	SURVEY	Back Creek to Killarney Glen	Mike Eden/Anne Kemp	0457 687811
15	SNW2C	West End Hills	Joan Davey	0415 139 646
18-20	MBC4B S&T	Navigation and Leader Training Base Camp	Mt Glorious Barracks	Hilton Kane
19	SD/NW 3B	Sunset from Bare Rock	John Mitchell	32819751
	MDW - 5C	Bangalora - Double Slabby	Chris Hall, Anne Kemp	0498051811
	MINIMAXS4A	Mt Coot-tha for New Members	Lou & Marion Darveniza	3378 4031
19-20	MTW-3C	Rat-a-tat	Mary Comer	3844 6231
20	SD/NW 3B	Sunset from Bare Rock	John Mitchell	32819751
	MDW 4B	Lyre Bird & Orchid Grotto Lookouts	Joan Davey	0415 139 646
	MDW-3C	Redwood Park & Jubilee Park	Bernie Ryan	33255616 [not on walk day]
	MDW-6C	A Creek Route on Mt Maroon	Lou & Marion Darveniza	3378 4031
23	Meeting			
25-27	W 'N' W	Mt Glorious Base Camp [QPWS Volunteers only]	John Shields	32646565
26	SOCIAL	Car Boot Sale, Swap Meet and BBQ	Cheryl & Gary Curtis	3801 1311
26-27	LTW-4B	Moreton Island	Elaine Beller	0450 614300
27	MDW - 5C	Barney/Ballow - Paddys Peak Circuit	Jim Lydon, Barry Collins	04 3191 3264
	MDW 4C	Iron Bark Gully	Dennis Fishlock	32840551 0419577360
	LDW-7D	Mt Barney - SE Ridge	Tom Bishton	

PROGRAM

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June

2	MINIMAX 3B	Iron Bark Gully	Dennis Fishlock	32840551	0419577360
2-3	MTW-6D	Mt Barney, West & East Peaks	Lou & Marion Darveniza	3378	4031
3	MDW4C	Glasshouse Mtns [mt Cooe/ Mt Tibtogargen/ Mt Tibrowoccum]	John Shields		32646565
	XLDW-3C	Mt Mitchell & Bare Rock - Cunningham's Gap	Bernie Ryan	33255616	[not on walk day]
8-11	STW-8E	Tenth Annual Barney Four Day Classic	John Hinz	3846	1432 H/W
9-11	MBC3C	Kwiambal National Park Base Camp	Ken Rubie		
9-12	M TW 3C	Fraser Island. Southern Lakes and Eurong Resort.	Greg Kuss.	0408	806310
10	MDW - 5C	Bangalora - Double Slabby	Jim Lydon	04	3191 3264
	MDW5B	South Pine River	John Shields		32646565
14	SDW - 4B	Springbrook - Warringa Pool Track	Jim Lydon	04	3191 3264
17	MDW 4C	Mc Afees Lookout Walk	Dennis Fishlock	32840551	0419577360
	SURVEY	Mt Joyce Escape Recreation Park Stage 2 SURVEY	Bernie Ryan	33255616	[not on walk day]
21	SDW7BPHOTO	Tibrogargan Solstice Sunrise	Hilton Kane		
22-24	MBC-5C	Rimfall Base Camp	Ray and Dawn Glancy	3343	8854
	BC3/5C	Mt Glorious Base Camp	John Shields, Geof Hinds		32646565
24	MDW - 5C	May/Maroon - Paddys Perambulation	Jim Lydon	04	3191 3264
29-1	LBC-7D	Mt Barney for Old Timers Weekend	Lynsey Moore	3366	6135
30	X LDW 8E	Barney Skyline..eagles Ridge	Paul Horwath	0429509334	

July

1	SURVEY	Mt Joyce Escape Recreation Park Stage 3 SURVEY	Bernie Ryan	33255616	[not on walk day]
8	SDW - 5D	Barney/Ballow - Four Summits	Jim Lydon	04	3191 3264
13-15	MBC-3C	Byron Bay Base Camp	Bernie Ryan	33255616	[not on walk day]
15	MDW 5C	Mt Archer Trig Point	Dennis Fishlock	32840551	0419577360
20-22	SOCIAL	Dairy Flats	Burney	0422386080	
22	MDW - 5D	Barney/Ballow - Seven Summits Circuit	Jim Lydon	04	3191 3264
27-29	W 'N' W	Mt Glorious Base Camp [QPWS Volunteers only]	John Shields		32646565

August

15	MDW4C	Glasshouse Mtns [mt Cooe/ Mt Tibrogargen/ Mt Tibrowoccum]	John Shields		32646565
24-26	BC3/5C	Mt Glorious Base Camp	John Shields, Geof Hinds		32646565
26	MDW 5C	Shirley Strachan Memorial Walk	Dennis Fishlock	32840551	0419577360

Advance Notice

7-9	Sept	Navigation and Leader Training Base Camp	Mt Glorious Barracks	Hilton Kane	
7-9	Sept	2012 Pilgrimage	Redland Bushwalkers		
7-12	Sept	Yuraygir Coastal Walk	Greg Kuss.	0408	806310
8-9	Sept	St John Ambulance Apply First Aid Course & Recertification		Hilton Kane	
29-7	Sept	FAMILY Snow 2012	Picnic Pete	3351	1184

DEPARTURE TIME

Walkers, please be at the meeting point 10-15 mins before the departure time so that car pooling can be organised. Actual departure will be EXACTLY at the stated departure time.



.....Coming Trips.....

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 23 Apr
LEADER: Graham Olive 32775279
EMAIL: gol91084@bigpond.net.au
GRADE: SNW-2A
LIMIT: 10+
BRING: Page 3 items Torch, water.
DEPART: 6:30pm Car park behind
McDONALDS Salisbury. Cnr Toohey
Rd, Orange Grove Rd & Evans Rd
MAP: BCC Toohey Forest track map

Toohey Forest is located just 10km south of Brisbane's CBD. There are extensive walking tracks through open eucalypt forest and heath. We start this two hour night exercise walk from the car park behind the McDonalds restaurant in Salisbury. This walk will be on both sealed and dirt tracks with some short hills. There are lots of tracks so a different route each time. If we are lucky we might see an owl or two. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time, to register their name for the walk commencement at 6.30 sharp. By the way, these walks don't count toward full membership.

MT BANGALORA

Day Walk Wed 25 Apr
LEADER: Lou & Marion Darveniza3378 4031
This activity is full.

MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 26 Apr
LEADER: Graham Olive, Ken Rubie. Graham
32775279
MOBILE: Ken 0448448598
EMAIL: gol91084@bigpond.net.au
GRADE: SNW 3B
LIMIT: 20+
BRING: page 3 plus torch and water
DEPART: 6:30pm carpark west of Kuta Cafe Mt
Coot-tha
MAP: BCC Mt Coot-tha track map
MUST: Read trip description

The Mt Coot-tha Thursday night walks are exercise walks to assist people with improving their bushwalking fitness and to learn techniques for night-time walking. The walks will commence at 6.30pm from the 1st carpark you enter on the western side of the lookout on Mt Coot-tha. The walks will be approximately 2 hours in duration, on fire trails and marked tracks, with obstacles such as rock or root intrusions, fallen debris, and

some, usually dry, creek crossings on some of the tracks. The walks will also involve the descent and ascent of the mountain at a reasonable walking pace with up to 520 metres gained and lost over the length of the walk. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate level of fitness suitable for hill walking. Participants will need the Page 3 items as well as the appropriate hiking footwear, torch and drinking water. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time to register their name for the walk commencement at 6.30 sharp. For further information please contact the walk leaders. By the way, these walks don't count toward full membership.

MT GLORIOUS BASE CAMP

Base Camp Fri 27 - Sun 29 Apr
LEADER: John Shields, Geof [Bushy] Hinds
32646565
MOBILE: 0447824988 Walkday only
EMAIL: johnashields@bigpond.com
GRADE: BC3/5C
LIMIT: 20
BRING: base camping gear/ day walk gear
COST: \$13camp fee[2 nights]

This base camp is aimed at the newer and older club members to experience camping, meet fellow club members both new and old and do a variety of walks. The walks vary from 3B to 5C and will be decided after group discussion and we try to keep within your comfort zone. We camp in the D'Aguilar National Park and use the old Forestry Barracks and its facilities which are away from the public situated in a grassy clearing surrounded by rainforest. The emphasis is on camping although there are a few beds in the Barracks for those walkers who so desire or you could bring a camp stretcher and camp in the truck shed. Discuss with leader before the camp as to availability. This is upmarket camping with hot shower, septic toilet, well equipped kitchen and open fire. Please bring firewood if you can. Plenty of grassy campsites and camper trailers are welcome. The water supply is tank water so if this is a problem then bring your own drinking water. We arrive Friday afternoon/night and most are there by 9p.m. and usually hit the sack early to be up, breakfasted and ready to walk by 8a.m. with smoko and lunch in their day pack. Aim to get back mid to late afternoon at the latest. Happy hour around the campfire. Bring nibbles and the beverage of your choice. HOW TO GET THERE. Brisbane Forest

Park is conveniently close to Brisbane and you head for Mt Glorious via Samford or The Gap. Pass through the village to Maiala Park to a Pine Rivers display board on the left. Travel a further 700metres and past Western Window Lookout is a closed National Park gate on the left with a BBW sign. This gate is to be kept closed at all times except when driving through. Travel 200metres through the rainforest and you arrive at the barracks. A shorter walk is conducted on SUNDAY morning to bring us back just after lunch with tents dry and ready to pack up and leave mid afternoon.--ONLINE BOOKINGS OR EMAIL OR PHONE LEADER.

SPRINGBROOK

Social Fri 27 - Sun 29 Apr
LEADER: Burney 0422386080
See details on p.23

WEDNESDAY CK

Day Walk Sat 28 Apr
LEADER: Lou & Marion Darveniza3378 4031
This activity is full.

MISTAKE MOUNTAINS - FOOT, LITTLE FLAGGY FALLS

Day Walk Sun 29 Apr
LEADER: Jim Lydon 04 3191 3264
This activity is full.

GLASSHOUSE MTNS MT TIBBUWUCCUM MT COOEE

Day Walk Sun 29 Apr
LEADER: Dennis Fishlock 32840551
0419577360
This activity is full.

MT BYRON VIA BYRON GORGE

Day walk Sun 29 Apr
LEADER: Kelvin Taylor 32693726
EMAIL: kelvin.taylor@bigpond.com
GRADE: MDW-6C
LIMIT: 12
BRING: page 3
COST: \$15 to driver
DEPART: 7am Alderley
CAR KMS: 160

The walk starts from the Gantry at Mt Mee. We walk down a forestry road to an unnamed creek and follow this creek downstream to what must be the biggest and best falls in this area. Seldom visited, and well worth a little detour. We continue downstream, past Steven's Creek coming in from the right and on down to Byron Gorge. We cover most of Byron Gorge on the way up before heading up a ridge towards the Mt Byron Range. Coming out at a cliff top with great views looking down

over the valley below. We walk along the cliff top for a while still with the views to the left and pick up an old track which will take us to The Somerset Trail and back to the cars. Email me with a BBW history before nominating if I don't know you. Walk distance 15 kms. Elevation gains 400m. Walk time 6 hrs

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 30 Apr
LEADER: Graham Olive 32775279
See the activity description for Mon 23 April

LAMINGTON - KURRARAGIN (EGG ROCK) VALLEY TRACK

Day Walk Thu 3 May
LEADER: Jim Lydon 04 3191 3264
EMAIL: j.lydon@uq.net.au
GRADE: MDW - 4C
LIMIT: 16
BRING: P3 Kit + 2L Water
COST: \$25 Carpool suggested
DEPART: 7am Fairfield Gardens
MAP: GC Hinterland Great Walk, 1:25,000
Topographic

Length = 14 km. Up = 215 m. Down = 870 m. This route follows portion of the Gold Coast Hinterland Great Walk Viz. Binna Burra Lodge - Lower Ballanjui Falls - Lower Bellbird Track - East down Kurraragin Valley, between Egg Rock and Turtle Rock - Down to Egg Rock Ck and Nixons Ck, crossing both streams by rock hopping/wading - Up to, and along the ridge North of Turtle Rock - Down the spur to the Nerang/Murwillumbah Road, and our Shuttle Car. Nixons Creek is the dominant feature of the catchment. It rises on the 950 m contour, W of the Daves Creek Wildflower Country, and 570 m N of Joalah Lookout. From here it flows N over the Nagarrijoon Falls, down past Ballanjui Cascades, till it goes into freefall over the Kurraragin Valley scarp at Ballanjui Falls. This walk picks up the stream at the foot of these spectacular falls at about 530 m elevation, and follows down through the Kurraragin Valley to where it decants into the Nerang River, in the Numinbah Valley at about 135 m.

CELESTIAL PALACE - GIRRAWEE NP

Easy Through Walk Fri 4 - Mon 7 May
LEADER: Picnic Pete 3351 1184
MOBILE: 0419496837
EMAIL: peter@lock.id.au
GRADE: FSTW-4B
LIMIT: 16
COST: petrol + camp fees
CAR KMS: 480km approx
MAP: Girraween

This will be an easy weekend, and perfect for first

time through walkers. Friday night, we will drive most of the way to Girraween, and camp at Dalveen, 35km south of Warwick. On Saturday, we park cars in Girraween NP and walk about 3km (off track) to a large, open luxurious cave. Sunday will be a day walk exploring the boulders and rocky outcrops around the Slip Rock area. On Monday we return to the cars for a late lunch and early trip home. No tents are required in the cave, but you still need mattress and sleeping bag. We will organise sharing of some resources such as cookers and water to help ease the load. (You will need a tent at the car on Friday night.)

TEVIOT GAP TO SPICERS GAP AND REVERSE

Through Walk Fri 4 - Mon 7 May
 LEADER: David Sydes 33184085
 MOBILE: 0419871100
 EMAIL: david.sydes@pivit.net.au
 GRADE: MTW-6D
 LIMIT: 8 in each direction
 BRING: Usual through walk gear, warm clothing, 3L water
 COST: petrol contribution + \$10.60 camp fees
 DEPART: 6pm TBA - car pooling to be arranged
 CAR KMS: 300km (approx)

This is a classic through walk traversing mountainous terrain between Teviot Gap and Spicers Gap. Like all Main Range walks, this features impressive views, lots of up and down and a variety of terrain from rainforest to open forest with grass trees. The walk is suitable for fit and experienced throughwalkers. Each day involves walking along the Main Range escarpment, offering spectacular views, and occasional cliff breaks which require confidence in scrambling. David will lead the group heading from Teviot Gap to Spicer's Gap, I am looking for volunteers for leading the same walk in the opposite direction. The following notes are for David's group - We will camp Friday night at Teviot Gap, having exchanged cars and keys with the group who are doing the walk in the opposite direction. On Saturday morning, we'll take a variation on the usual route to Mt Roberts, crossing Teviot Falls and climbing over Mt Bell on the way to Mt Roberts. We'll have lunch and spectacular views at Lizard Point, and then head to our campsite at Mt Steamer saddle - water available here. On Sunday, we'll climb Panorama Point, Mt Asplenium and Mt Huntley (hopefully meeting the other group somewhere along the way), and we'll camp at Huntley saddle. Day 3 will see us conquering Mt Doubletop and Spicer's Peak before a steep descent to the cars at Spicer's Gap. I will contact participants closer to the date to arrange car-pooling, departure times

etc. Nominate to leader please, no list at meetings

MIDDLE KOBBLE FALLS VIA HP560

Day walk Sat 5 May
 LEADER: Kelvin Taylor 32693726
 EMAIL: kelvin.taylor@bigpond.com
 GRADE: MDW-6C
 LIMIT: 10
 BRING: Page 3
 COST: \$10 to driver
 DEPART: 7:30am Alderley
 CAR KMS: 100

I'll try again after rain cancellation. The walk starts from Tennison Woods just North of Mt Glorious. We walk out along the Lepidozamia and Middle Kobble tracks before going off track and head up to HP 560. Nice views from here over to Mt Samson and across the South Kobble valley. We continue on along the ridge down to lower Middle Kobble. This part is 3 k's of really nice walking country. Lightly wooded Australian bush with great views out both sides of the ridge as we descend. Once in Middle Kobble we head upstream to two rather impressive falls. The falls are at the upper end of the 6 grading and tape, of course, is available. We return via the North Kobble track. As usual, email me first if I don't know you. Walking distance 12 kms. Total elevation gains 760 m. Walk time 6hrs

IRON BARK GULLY

Training Day Sat 5 May
 LEADER: Dennis Fishlock 32840551
 0419577360
 EMAIL: fyshies@bigpond.com.au
 GRADE: MINIMAX 3B
 LIMIT: 15
 BRING: Day Pack as per Page 3/3ltr water
 DEPART: 8am Iron Bark Gully Picnic Grounds
 UBD MAP 117 F17

NOMINATION LIST: Self Serve Online/Email Leader

MEETING POINT ARRIVAL: Minium 15 Minutes before Departure Time

This walk is intended to introduce new members to bush walking and to the BBW club in particular. The MinimaxS is a good option for your first walk, we will be mainly walking on a track and stopping at regular intervals to discuss a number of topics such as Clothing, Equipment, Safety and First Aid and Environmental Impact to name a few. There will be a sample of OFF TRACK to get an appreciation of the clubs walk grading system, bring your day pack, morning tea and lunch, please bring what ever gear you would take on a day walk, also bring a change of cloths to change into at the end of the walk. Register directly on the web site or at the club meetings on the registra-

tion boards with the New Membership Officer.

STRADBROKE ISLAND CYCLE

Cycle Sat 5 May
LEADER: John Hinds 0731185217
MOBILE: 0410652347
EMAIL: johnjhinds@gmail.com
GRADE: CYC
LIMIT: 15
BRING: Page 3, cycle tools, \$19 for ferry
COST: \$19
DEPART: 6:30am Cleveland, see description
MAP: Stradbroke Island

This will be a moderately paced ride about 50kms in total around Stradbroke Island. We meet 6:30am at Cleveland returning on the 6pm ferry, arriving Cleveland about 7pm. We will have morning tea at Brown Lake, then across to Point Lookout and Cylinder Beach for a swim, lunch, walk around the headland and the gorge. At this time of year, we may even see male humpback whales heading north. It is all sealed roads except for the last 1km into Brown Lake is graded dirt. The meeting point is at 06:30am outside the Big Red Cat Ferry office to arrange the tickets and get on the boat for the 7:00am departure. Cost of the ferry ticket is \$19 return. Please bring \$19 each for the ferry ticket as it will be busy and they asked we pay as a group. Big Red Cat Ferry terminal is at 12 Emmett Drive, Toondah Harbour, Cleveland (end of Middle St.) It is the first one you come to as you follow the road, not Stradbroke Ferries at the far end.

MORETON ISLAND

Through Walk Sat 5 - Mon 7 May
LEADER: Greg Kuss. 0408 806310
This activity is full.

LAKE MANCHESTER INCLUDING 'THE KNOLL'

Day Walk Sun 6 May
LEADER: Bernie Ryan33255616 [not on walk day please]
This activity is full.

MT MISTAKE

Day Walk Sun 6 May
LEADER: John Stevens 0431 929 466
This activity is full.

LOVE CK LOOP

Day Walk Sun 6 May
LEADER: John Shields 32646565
MOBILE: 0447824988 Walkday only
EMAIL: johnshields@bigpond.com
GRADE: MDW5C
LIMIT: 10

BRING: Day pack as page 3 / 2 lit water
COST: \$14CAR CONTRIBUTION
DEPART: 7am Albany Ck Centro shopping centre UBD108F16 Westpac sign
CAR KMS: 80 return
BOOK ON LINE PREFERRED

We drive to Tenison woods Mtn and enter the NP to follow the Mt D'Aguilar track out to the big log where we stop for smoko. Refreshed we go off-track to meet up with a wet/dry tributary of Love Ck down which we rock hop /scramble to meet up with the main stream. From here we head down stream to meet another wet/dry tributary where we ascend back up similar terrain as the down hill one to get back onto the Mt D'Aguilar Track to return to the cars. These water ways are Picabeen palm groves with the babbling creeks cascading over the rocks. Really picturesque and a photographers dream. Walkers should be confident of their rockhopping abilities and have reasonable fitness. Swimmers could have a dip in one of the pools in Love Ck if they wish. Coffee at OLLEYS COFFEE & HONEY SHOP.

MT BARNEY

Day Walk Sat 12 May
LEADER: Picnic Pete 3351 1184
MOBILE: 0419 496 837
EMAIL: peter@lock.id.au
GRADE: MDW-7D
LIMIT: 12
BRING: torch, extra food, warm clothes
DEPART: 6am Fairfield Gardens
CAR KMS: 250Km \$30
MAP: Mt Lindesay 1:25000

This Barney climb will be more leisurely than most, taking plenty of time to enjoy the view, take some photos, and remove our boots at lunch time. All this slow going will not make the mountain any smaller or the climb any shorter, so we will be WALKING OUT IN THE DARK. We will walk up via South East Ridge and descend via Barney Saddle and South Ridge. These are two of the least technically challenging routes on the mountain. However there is still a climb of 1100m, with some steep and loose sections, and a little exposure. And a decent of 1100m. Expect a long day requiring some sustained exertion. As a rough guide, expect to be walking from 8am to 7pm, and back in the city by 10pm. This walk is suitable for first-time Barney climbers who are not afraid of the dark, and don't mind getting home late. Don't forget to bring plenty of food, water, a torch, thermals and rain coat. You may make your own arrangements to camp at Mt Barney Lodge the night before and/or the night after. (I will not be camping.)

BARNEY/BALLOW - MONTERRAT CIRCUIT

Day Walk Sun 13 May
LEADER: Jim Lydon 04 3191 3264
This activity is full.

MANORINA WALK

Day Walk Sun 13 May
LEADER: Dennis Fishlock 32840551
0419577360

This activity is full.

THE COUGALS AND BOYDS BUTTE CROSS-OVER

Daywalk Sun 13 May
LEADER: Jon Beer, Nick Brooking 3865 1808
GRADE: MDW 5C
LIMIT: 16 - 8 each way
BRING: spare keys if driving
DEPART: 6am Fairfield Gardens
CAR KMS: ~200
MAP: Springbrook 1: 25000 topographic
NOMINATIONS: to Jon on 38651808

The Cougals and Boyds Butte are located in Springbrook NP on the Gold Coast Hinterland south of Brisbane. The main idea of this walk is to have 2 groups one going from the Garden of Eden (to the Cougals) and the other from Currumbin Creek (to Boyds Butte) and crossover with each group finishing where the other started. There's a variety of terrain and vegetation going up to the Cougals with views of both East and West along the way. Near the top there is a cliff break before coming out in open country at East Cougal. Interesting and different views can be had from West Cougal and is worth the effort if you've never been there. Boyds Butte and the route from Currumbin Creek is mainly in rainforest but once there climbing the rocky outcrops gives quite excellent views of the Cougals and surrounding areas. The ridgeline is then followed to East Cougal. This walk was inspired by Nick who has wanted to do it for some years. Both groups will visit East Cougal and Boyds Butte and have the option of going to West Cougal as well. We will do a car swap before the walk so drivers will need to have spare keys and be happy for someone else to drive their car. Refreshments will be had back at Currumbin at a venue well recommended by Nick!

NORTHBROOK MTN

Day Walk Sun 13 May
LEADER: John Shields 07-32646565
This activity is full.

BACK CREEK TO KILLARNEY GLEN

Abseil Sun 13 May
LEADER: Mike Eden/Anne Kemp 0457 687811

EMAIL: fully_loaded_mike@hotmail.com
GRADE: SURVEY
LIMIT: 8
BRING: Page 3 gear plus thin wetsuit or similar.

COST: \$10 Rope cost, \$10 Equipment Hire (Harness/Hemet etc. if required) and car pool costs

DEPART: 6:00am Fairfield Gardens

CAR KMS: Approx 180km

This is a SURVEY trip to assess the viability and fun factor of an extended 'Back Creek' abseil and walk terminating at Killarney Glen rather than the usual circuit. You must have competently completed the BBW abseil training course at Kangaroo Point to be eligible for this walk. The abseil section is suitable for those newly trained with BBW at Kangaroo Point with no overtly large or technically difficult pitches to test the nerves. There are 5 falls to negotiate in the upper section. This part will be led by the wonderful and highly knowledgeable Anne Kemp and will be ably assisted by another of the talented BBW abseil leaders. The extension of this walk will see us bypass the usual exit route and head north, downstream towards Killarney Falls which, by all accounts, are both fun and spectacular for a variety of reasons. The walking sections are tough with lots of large and amazing rock formations and boulders to negotiate. Good sturdy footwear, a competency in scrambling and rock-hopping and a great attitude will be desirable for this outing. The walking section and overall outing details will be lead by Mike Eden. AWESOME!

NAVIGATION AND LEADER TRAINING BASE CAMP MT GLORIOUS BARRACKS

Navigation And Leader Training Fri 18 - Sun 20 May

LEADER: Hilton Kane
MOBILE: 0447397743
EMAIL: hilton.kane@gmail.com
GRADE: MBC-4B S&T
LIMIT: 20
BRING: Day walking gear, food, compass
COST: \$6.50pp/pn
DEPART: Meet at the Barracks on Friday evening.

CAR KMS: 80 return from Brisbane

MAP: BFP 1:30,000 [Club copies will be supplied]

This weekend is a combination of Navigation and Leader training, sharing information in a relaxing atmosphere of a base camp weekend. We arrive Friday afternoon/evening and depart Sunday afternoon. Basic Navigation training on the Saturday / Leader Training on the Sunday. The navigation exercises on the Saturday will prepare you

for the Leader training walk the following day. We will cover a number of bushcraft skills, including navigation both with and without map and compass, as well as some very helpful hints for a range of different situations that may be encountered during walks. The essentials of leading a BBW walk will, of course, be covered. There will be a number of hands-on activities to develop practical skills in map reading, compass use, as well as route selection and planning. A number of BBW leaders will give presentations on leader skills and BBW club policies. We will be walking on both days to enhance our activities, with plenty of time to relax and socialize during the evenings of what will be an informative and enjoyable weekend.

SUNSET FROM BARE ROCK

Day Walk Sat 19 May
LEADER: John Mitchell 32819751
EMAIL: mitchbbw@gmail.com
GRADE: SD/NW 3B
LIMIT: 12
BRING: Normal Day Walk
COST: \$20
DEPART: 1:45pm Fairfield Gardens
CAR KMS: 200kms
MAP: Main Range

Experience the sun setting in the west while enjoying a meal and other delights, while at the top of Bare Rock. Bare Rock is 3kms past Mt. Cordreau, the right of Cunningham's Gap. National Parks track goes from the car park to the top. The distance of the walk is 6 kms each way. The plan of attack is simple. 1.To reach the top of Bare Rock at Sunset. 2.Enjoy food and a glass or two. 3.Watch the sun set 4.Walk back to the car park about 1 hour or so after sunset, enjoying amazing views over the Fassifern Valley and Brisbane. The Sunsets have been spectacular over the last couple of weeks. The bonus on the walk is the amazing display of Glow Worms about 2kms on the way back to the carpark. What to bring:- normal day pack with extra goodies plus a good torch and extra batteries. Warm gear- yes.

BANGALORA - DOUBLE SLABBY

Day Walk Sat 19 May
LEADER: Chris Hall, Anne Kemp0498051811
EMAIL: chrishallat@hotmail.com
GRADE: MDW - 5C
LIMIT: 12
BRING: P3 Kit + 2-3L Water
COST: \$25 car cost
DEPART: 6am Fairfield Gardens
CAR KMS: 230
MAP: Mt Superbus 9341-12; Teviot 9441-43
Length = 15 km : Total ascent 760 mMount Ban-

galora is 4 km E of Lizard Point. The Lizard is on the Main Range, South of Cunninghams Gap. Two creeks on Bangalora have beds formed from extensive sections of rock sheet, a delight to walk up, and creating slabby structures of great variety. North Slabby Ck is a tributary of Nine Mile Creek; West Slabby Ck is a tributary of Reynolds Ck. The walk runs from the Eastern Car Park - N to Smoko Log - Up N Slabby to Ruthless Cave - Up to the N Knoll (*625m) - Up N Ridge to Summit (*827) - Down to S Point for Lunch - Contour to top of W Slabby Ck - Down W Slabby Ck to The Cirque - Down to Reynolds Ck - North, then East, then South back around the base of the mountain to the Car Park. Outstanding views are available from the long slabby reaches of both creeks, the Knoll, the Rock Garden, the Summit, and - in particular - from South Point during Lunch. The large, overhanging Ruthless Cave is a special feature of this walk. The Rock Garden at the top has some fascinating miniature gardens to photograph and enjoy.

MT COOT-THA FOR NEW MEMBERS

Training Day Sat 19 May
LEADER: Lou & Marion Darveniza3378 4031
MOBILE: 0438 481 186 on day of walk only
EMAIL: louandmarion@gmail.com
GRADE: MINIMAXS4A
LIMIT: 15
BRING: Usual day walk gear including the p3 items ,2L water
DEPART: 7am Toowong Memorial park (car park) Sylvan Rd, Toowong. UBD p159, A16
MAP: Brisbane forest Park 1:30000

This trip is designed to introduce new members to bushwalking and to the Brisbane Bushwalkers club. We will meet at Toowong in the car park of the Memorial Park on Sylvan Road (UBD page 159, ref A16, car pool and then travel up to Mt Coot-tha. Mt Coot-tha has plenty of tracks, formed and unformed plus several creeks which will enable new walkers to experience a variety of terrains. The creek bits will be Terrain 5. (walking up a rocky creek). There will also be an opportunity to do some scrambling (Terrain 6) - alternatives exist. Being a MINIMAXS, we will be discussing, safety, clothing, club protocol, minimal environmental impact, first aid, the grading system etc. We expect to finish early to mid afternoon. Bring morning tea, lunch and the "always take" items on page 3 of the magazine.

RAT-A-TAT

Day walk Sat 19 - Sun 20 May
LEADER: Mary Comer 3844 6231
This activity is full.

SUNSET FROM BARE ROCK

Day Walk Sun 20 May
LEADER: John Mitchell 32819751
See the activity description for Sat 19 May

REDWOOD PARK & JUBILEE PARK

Day Walk Sun 20 May
LEADER: Bernie Ryan 33255616 [not on walk
day please]
This activity is full.

A CREEK ROUTE ON MT MAROON

Day Walk Sun 20 May
LEADER: Lou & Marion Darveniza 3378 4031
This activity is full.

MI GLORIOUS BASE CAMP [QPWS VOLUNTEERS ONLY]

Base Camp Fri 25 - Sun 27 May
LEADER: John Shields 07-32646565
MOBILE: 0447824988 Walkday only
EMAIL: johnshields@bigpond.com
GRADE: W 'N' W
BRING: Working clothes ,gloves tools etc optional day walk pack
COST: \$13camp fee [2 nights]
Our normal maintenance work along Western Window walk with the optional day walk on Sunday if desired. Basic tools supplied by QPWS. Lantana regrowth check.

CAR BOOT SALE, SWAP MEET AND BBQ

Social Sat 26 May
LEADER: Cheryl & Gary Curtis 07 3801 1311
MOBILE: 04 1466 1499
EMAIL: cherylacurtus@gmail.com
GRADE: SOCIAL
LIMIT: None
BRING: BYO BBQ and stuff to sell
COST: None, unless you buy
DEPART: 9:00am TBA

We are organising a Car Boot Sale and/or Swap Meet for all manner of bushwalking equipment. This will be followed by a BBQ (BYO EVERYTHING!!) at the same venue (yet to be advised). As an aside, there will also be a display of single skin tents (eg Tarp Tent, Six Moons), which can only be bought on-line from the USA. Feel free to bring along anything you may like to "show and tell" at the GEARFEST!!.-The event will commence at 9:00am and continue through to the BBQ lunch. No doubt some will stay and chat for hours around the picnic table. We are looking for a suitable venue. What we need is... 1) plenty of parking in a single carpark (not many split carparks like Daisy Hill), 2) BBQs, and hopefully tables and shelters, within walking distance of the

cars, 3) enough space to spread out and put up tents for display, and 4) somewhere central to Brisbane. Contact us directly if you know of such a magical place. No nominations, just turn up on the day.

MORETON ISLAND

Through Walk Sat 26 - Sun 27 May
LEADER: Elaine Beller 0450 614300
This activity is full.

BARNEY/BALLOW - PADDYS PEAK CIRCUIT

Day Walk Sun 27 May
LEADER: Jim Lydon, Barry Collins 04 3191 3264
This activity is full.

IRON BARK GULLY

Day Walk Sun 27 May
LEADER: Dennis Fishlock 32840551
0419577360
EMAIL: fyshies@bigpond.com.au
GRADE: MDW 4C
LIMIT: 15
BRING: Day Pack as per Page 3/3ltr water
DEPART: 7:45am Alderley
CAR KMS: 80 kms
MAP: Brisbane Forest Park
NOMINATION LIST: Self Serve Online/Email Leader

This walk is located in the Samford State Forest, the start of the walk commences from Iron Bark Gully Picnic Grounds which is off Samford road. This is a easy off track walk not exceeding 300m elevation, the vegetation is Australian native scrub and also the home of the Powerful Owl. We will start on a less than visible pad then go off track crossing some fire trails and working up and down ridge's and gully's as we work to the furthest point in the park for morning tea. We will then continue to work cross country to the highest point for lunch, then work our way back to cars via Lomandra Picnic grounds and back to our cars, change into some fresh cloth's and head off to Samford Bakery for afternoon tea. THIS WALK IS ALSO SUITABLE FOR NEWER MEMBERS WITH A REASONABLE LEVEL OF FITNESS AND READY TO VENTURE INTO OFF TRACK WALKING.

MT BARNEY - SE RIDGE

Day Walk Sun 27 May
LEADER: Tom Bishton
This activity is full.

IRON BARK GULLY

Training Day Sat 2 Jun
LEADER: Dennis Fishlock 32840551

0419577360
EMAIL: fyshies@bigpond.com.au
GRADE: MINIMAX 3B
LIMIT: 15
BRING: Day Pack as per Page 3/3ltr water
DEPART: 8am Iron Bark Gully Picnic Grounds
UBD MAP 117 F17

NOMINATION LIST: Self Serve Online/Email
Leader

MEETING POINT ARRIVAL: Minimum 15 Minutes
before Departure Time

This walk is intended to introduce new members to bush walking and to the BBW club in particular. The MinimaxS is a good option for your first walk, we will be mainly walking on a track and stopping at regular intervals to discuss a number of topics such as Clothing, Equipment, Safety and First Aid and Environmental Impact to name a few. There will be a sample of OFF TRACK to get an appreciation of the clubs walk grading system, bring your day pack, morning tea and lunch, please bring what ever gear you would take on a day walk, also bring a change of cloths to change into at the end of the walk. Register directly on the web site or at the club meetings on the registration boards with the New Membership Officer.

MT BARNEY, WEST & EAST PEAKS

Throughwalk Sat 2 - Sun 3 Jun
LEADER: Lou & Marion Darveniza 3378 4031
MOBILE: 0438 481 186 on day of walk only
EMAIL: louandmarion@gmail.com
GRADE: MTW-6D
LIMIT: 8
BRING: Through walking gear, pre-dinner nibbles and a small, light, daypack
COST: Car pooling, \$5.30 camping fees
DEPART: 6am TBA
CAR KMS: 210km
MAP: Mt Lindsay 1:25000

A chance to spend the night on Barney plus climb the often neglected highest peak (West). The route up will be the South Ridge track with camping in Rum Jungle. After pitching tents, we will go up West Peak in the afternoon. Sunday will be up to East peak, return to pick up packs and then head back down South Ridge. The route up to Rum Jungle via South ridge is Terrain 5, (the pack carrying bit), but the ascent of West peak needs scrambling ability. (Terrain 6) Nominate by email or phone.

TENTH ANNUAL BARNEY FOUR DAY CLASSIC

Through Walk Fri 8 - Mon 11 Jun
LEADER: John Hinz 3846 1432 H/W
EMAIL: johnhinz@optusnet.com.au
GRADE: STW-8E

LIMIT: 5 including leader
COST: \$15.90 pp camping fees + car expenses
DEPART: 5:30pm Highgate Hill on Thursday night
MAP: Maroon, Mt Lindesay and Mt Clunie 1:25000

This is the tenth year that a hardy band of BBW walkers will be venturing into the Mt Barney area for a four-day scenic tour. To celebrate the tenth anniversary we will follow the same route as covered on the first walk in 2003. After meeting in Brisbane on Thursday night we will have dinner in Boonah before camping at a convenient location. An early start on Friday will see us starting our walk at Cleared Ridge, then walk by easy tracks to Barney Gorge camp ground on Barney Creek. Barney Gorge will be our ascent route to our camp at the Rum Jungle in Barney Saddle. This is one of the easiest ways to climb Barney with through packs, and it is also in my opinion one of the most beautiful creeks in SE Queensland. On Saturday morning we will climb West Peak, and then follow the top of Savages Ridge past Savages Point and Burrajum Peak, before turning to start to follow Barney Spur towards the border. Camp tonight will be at a saddle in the rainforest with water available after about a 100 metre descent. Day three will see us descend to the headwaters of Barney Creek, before heading downstream to the T Junction. We then start climbing again up a ridge heading towards the Ballow Range. We plan to camp in the rainforest again at a saddle not far from we hit the shoulder of Nohofagus Mountain. Our last day will see us heading along the Ballow Range towards Cleared Ridge. Along the way we will summit Mt Ballow (Junction Peak), Double Peak, Durramplee Peak and Mowburra Peak. The views from Double Peak are some of the best I have seen in SE Queensland, being almost 360 degrees, and looking towards the Main Range as well as Mt Barney and Mt Maroon. A final steep descent down grassy slopes to Graces Hut, and one more short up will have us back at the car, at the end of a very memorable walk. Come along if you're looking for a challenge, want to visit locales very rarely visited, and are an experienced and fit through walker. It is essential that all participants strive to keep the weight of their packs as low as possible. All walkers interested in nominating for this walk must talk to me before doing so.



Camp Cooking

At the Stove Wars cooking demonstration (March meeting) a few people expressed interest in obtaining some interesting and easy recipes suitable for base camps and through-walks. A few well-tested recipes have been reprinted below.

PETER HUNT'S RECIPES

Check the BBW website - you will find many recipes contributed by Peter Hunt.

Log in to the BBW website and go to

-> activities

-> Recipes for Base Camps and Through Walks

A recipe from Picnic Pete (July 2008)

LIME AND CHILLI CHICKEN

120g pasta (small macaroni fits in best)

90g yellow split peas

70g dehydrated beef mince

30g green split peas

30g red lentils

50g coconut milk powder

30g Parmesan cheese

20g chicken cuppa soup

15g Lime & Chilli spice

At home, mix all ingredients in a 750g plastic peanut butter jar. At the campsite, bung it all in a 2 litre pot with plenty of water. Also add a dash of oil that you have carried in a separate container. Turn the fire down very low, and leave it for about an hour while you put up your tent, have a swim, photograph the sunset and bludge some cheese and olives.

This quantity fits nicely in a large peanut butter jar, and the large Trangia pot, and feeds three hungry walkers.

In the past I dried my own chicken, but that was a lot of work so now I just buy the beef mince from the camping shop. I buy the coconut milk powder in a 1kg bag from the Asian supermarket in Vulture St West End because the mainstream supermarkets don't seem to stock it any more.

LENTIL CURRY

2/3 cup red lentils (1/3 cup per person)

1 cup chicken stock made with stock powder

1 onion

1 clove garlic

1 bay leaf

2 tabs red curry paste

Olive oil for cooking

¼ cup coconut milk (lite if dehydrating)

Chopped vegetables to add:

1 Potato

1 Carrot

Pumpkin

Pepper

1 Zucchini

Mushrooms

Fry onion and garlic in olive oil until transparent. Rinse lentils and add to saucepan with stock and curry paste. Cook 25-30 minutes.

Prepare and cut up veges into evenly sized cubes and add to lentils, starting with those which take longest to cook. E.g. Cook potatoes 25 mins, add carrot and pumpkin after 15 mins, mushrooms 5 mins etc. Add any vegetables you wish.

Add coconut milk and water if too thick. Remove from heat and check seasoning. Dehydrate if required - quite successful! Serve with basmati rice. (Serves 2)

CHILLI CON CARNE

This recipe has been successfully dehydrated and rehydrated. Eat with corn chips, burrito wraps or rice.

1 medium-sized onion, coarsely chopped

1 teaspoon crushed garlic (optional)

600-750g lean beef mince (Buy the mince with the least fat, especially if dehydrating.)

1/4 to 3/4 teaspoon chilli paste according to taste

1/2 teaspoon ground cumin

1/4 teaspoon ground oregano

50-60g tomato paste (about half a small tub)

410g can crushed or chopped tomatoes in juice

410g can red kidney beans, drained

1 - 2 handfuls of sliced mushrooms

1/2 - 3/4 capsicum, coarsely chopped

3/4 cup frozen corn kernels

Fry onion and garlic in oil until just transparent. Add mince, increase heat and brown throughout, stirring well to stop mince forming lumps. Reduce heat. Add tomato paste, chilli, cumin, oregano and mix through. Add tomatoes and juice. Rinse can in a little water and add the extra water. Add all remaining ingredients and mix thoroughly.

Bring to the boil, then reduce to a low heat, cover and simmer for 15 minutes, stirring occasionally. You may need to add extra water if the vegetables aren't covered but don't add too much as they will reduce in volume during cooking. (Serves 5 - 6)

Notices

“Do You Know Tasmania” - 17 May

Bushwalking Queensland & FMR Inc. is liaising with Ian Ross from Launceston Walking Club to schedule the 'Do You Know Tasmania' a/v presentation. Ian is in town for 2 nights only, 17 & 18 May and we have picked Thursday 17th May as the date.

Date: Thursday 17 May

Venue: Riverglenn Function & Conference Centre at Indooroopilly (www.riverglenn.com.au)

BWQ is budgeting for 200 attendance and cost ea. will be \$20 payable at the door. Tea/coffee and on site baked cookies will be provided. Proceeds after expenses will be 50% each to Launceston Walking Club and FMR Inc.

Do You Know Tasmania is a feature of Launceston Walking Club which has been running for many years, both within Tasmania as well as a road trip in mainland states. The content changes each year but concentrates on bushwalking and nature photography of a very high standard.

John Marshall
President BWQ
jmarshall@optusnet.com.au

Visioning the Outdoors - Short Film Competition

The Queensland Outdoor Recreation (QORF) recently launched a Short Film Competition based on outdoor recreation, to capture people's experiences and inspire others into action. It provides a chance for amateur and professional film makers alike to get their cameras ready to showcase outdoor recreation activities as fun, challenging, adventurous, beautiful and inspiring.

Great prizes on offer. See the QORF website: www.visioningtheoutdoors.com for details.

Last entries accepted: Fri 20th July, 2012

Alana Thomson
Project Coordinator
QORF
www.qorf.org.au

NEW MEMBERS

Welcome to the following New Members who joined during the last month:

Barb Alexander	Murray Argent	Rob Bates	Robina Cahill
Angus Crabtree	Audra De Witt	Mark Doyle	Myalee Evans
Will Freeman	Katie Freeman	Julian Glassock	Elizabeth Hurrion
Shaun Johnston	Gill Lilley	Graeme Lilley	Anthony Logan
Liz Magee	Kaz Manley	Liam Murphy	Tracy Reardon
Phillip Stephan	Harry Sunderland	Mindy Tysoe	Trevor Warren

Congratulations to the following who have been granted Full Membership:

Debra Chen	Neil Cordon	Bryce Davies	Alison Murphy
Wendy Ward	Pete Watson	Graham White	

Legend by Arthur Groom, Esq.

Foreword by Percy Pease, Minister for Lands.

The following pages contain some material taken from a 75 year old book that many BBW members will find of historical interest. They were provided by a member who wishes to remain anonymous.

The original "Souvenir Book" was a gift from my Father to my Mother, when the family first visited Binna Burra in August 1938, and I retain the personal volume. I arranged last year with Mary Comer to place photocopies in the BBW Library collection, so Members who might become interested in the snippets attached, have recourse to the larger, wide ranging contributions in the complete book.

In 1937, The Hon Percy Pease, Minister for Lands, directed that a Souvenir Book of "The Lamington National Park" be produced and published, which duly came to pass in 1938, being "wholly set up and printed in Australia by DAVID WHYTE, Govt Printer, Queensland 1938".

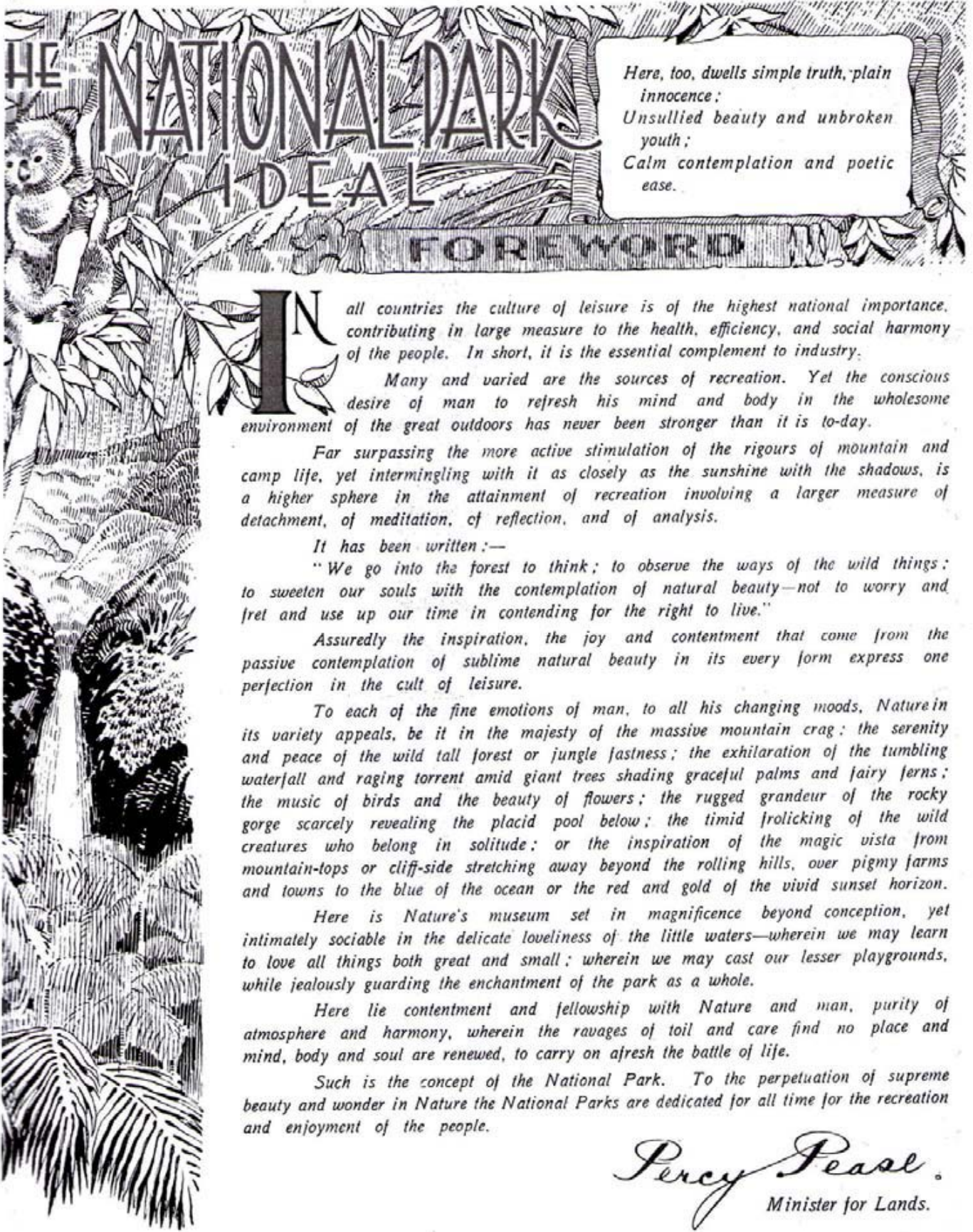
There were many articles of abiding interest included, contributed by the most distinguished members of the Queensland Scientific and Environmental communities of the day, and among them were several pieces by Arthur Groom, Author, and an outstanding pioneer of the National Parks Movement.

One of the items he contributed was a delightful, imaginative essay called "Legend" (page 19) and must have been written by him in 1937 or early 1938.

The Foreword to this Souvenir Book (page 18), written by Percy Pease himself, is a grand and definitive statement in its own right.

It is a magnificent statement of the National Parks Credo of 75 years ago, and I believe is worth re-printing, even if only to demonstrate how the power and appeal of early ideas has survived, to provide the framework for what we believe in today.





THE NATIONAL PARK IDEAL

Here, too, dwells simple truth, plain
innocence;
Unsullied beauty and unbroken
youth;
Calm contemplation and poetic
ease.

FOREWORD

In all countries the culture of leisure is of the highest national importance, contributing in large measure to the health, efficiency, and social harmony of the people. In short, it is the essential complement to industry.

Many and varied are the sources of recreation. Yet the conscious desire of man to refresh his mind and body in the wholesome environment of the great outdoors has never been stronger than it is to-day.

Far surpassing the more active stimulation of the rigours of mountain and camp life, yet intermingling with it as closely as the sunshine with the shadows, is a higher sphere in the attainment of recreation involving a larger measure of detachment, of meditation, of reflection, and of analysis.

It has been written:—

“We go into the forest to think; to observe the ways of the wild things; to sweeten our souls with the contemplation of natural beauty—not to worry and fret and use up our time in contending for the right to live.”

Assuredly the inspiration, the joy and contentment that come from the passive contemplation of sublime natural beauty in its every form express one perfection in the cult of leisure.

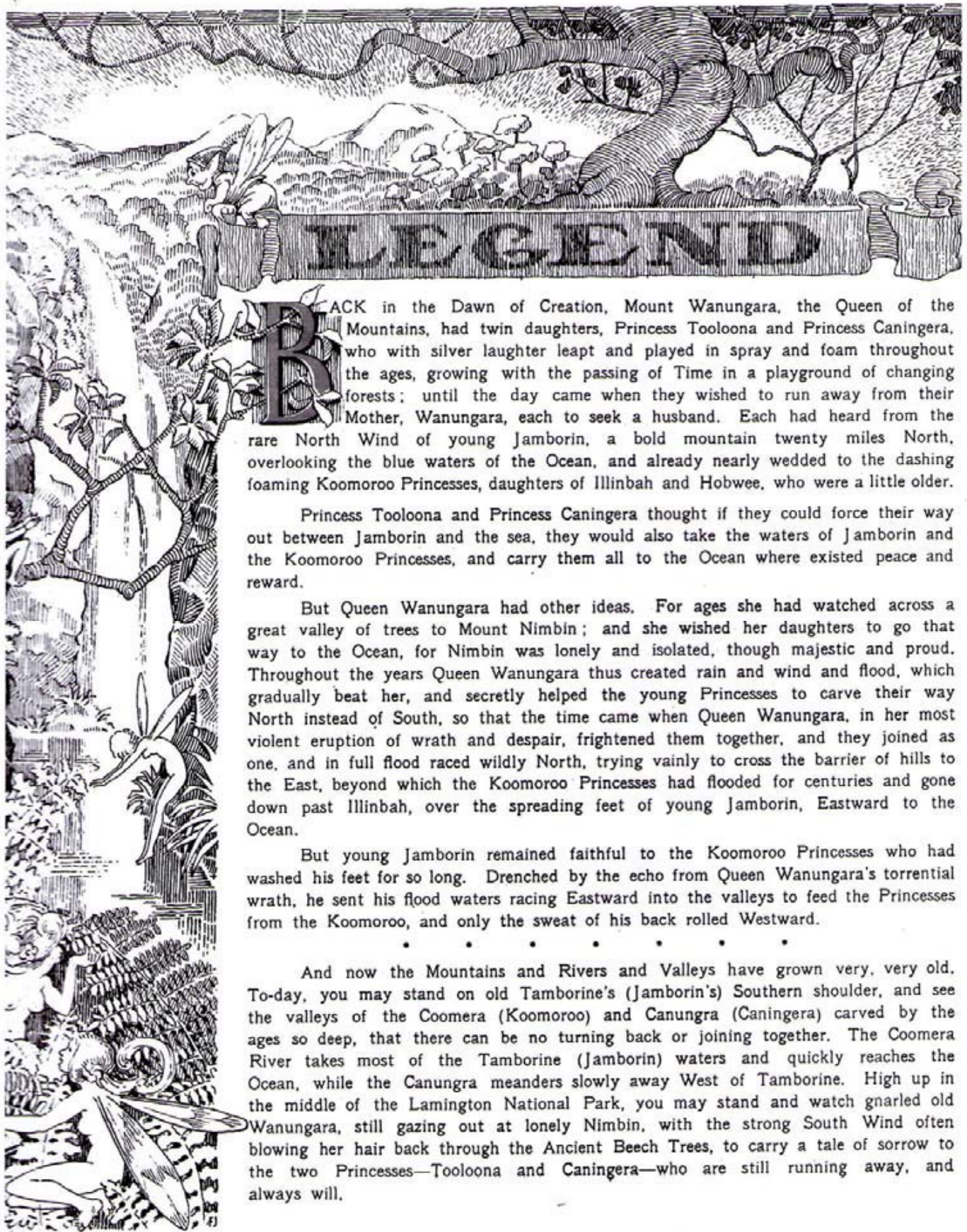
To each of the fine emotions of man, to all his changing moods, Nature in its variety appeals, be it in the majesty of the massive mountain crag; the serenity and peace of the wild tall forest or jungle fastness; the exhilaration of the tumbling waterfall and raging torrent amid giant trees shading graceful palms and fairy ferns; the music of birds and the beauty of flowers; the rugged grandeur of the rocky gorge scarcely revealing the placid pool below; the timid frolicking of the wild creatures who belong in solitude; or the inspiration of the magic vista from mountain-tops or cliff-side stretching away beyond the rolling hills, over pigmy farms and towns to the blue of the ocean or the red and gold of the vivid sunset horizon.

Here is Nature's museum set in magnificence beyond conception, yet intimately sociable in the delicate loveliness of the little waters—wherein we may learn to love all things both great and small; wherein we may cast our lesser playgrounds, while jealously guarding the enchantment of the park as a whole.

Here lie contentment and fellowship with Nature and man, purity of atmosphere and harmony, wherein the ravages of toil and care find no place and mind, body and soul are renewed, to carry on afresh the battle of life.

Such is the concept of the National Park. To the perpetuation of supreme beauty and wonder in Nature the National Parks are dedicated for all time for the recreation and enjoyment of the people.

Percy Pease
Minister for Lands.



BACK in the Dawn of Creation, Mount Wanungara, the Queen of the Mountains, had twin daughters, Princess Tooloona and Princess Caningera, who with silver laughter leapt and played in spray and foam throughout the ages, growing with the passing of Time in a playground of changing forests; until the day came when they wished to run away from their Mother, Wanungara, each to seek a husband. Each had heard from the rare North Wind of young Jamborin, a bold mountain twenty miles North, overlooking the blue waters of the Ocean, and already nearly wedded to the dashing foaming Koomoroo Princesses, daughters of Illinbah and Hobwee, who were a little older.

Princess Tooloona and Princess Caningera thought if they could force their way out between Jamborin and the sea, they would also take the waters of Jamborin and the Koomoroo Princesses, and carry them all to the Ocean where existed peace and reward.

But Queen Wanungara had other ideas. For ages she had watched across a great valley of trees to Mount Nimbin; and she wished her daughters to go that way to the Ocean, for Nimbin was lonely and isolated, though majestic and proud. Throughout the years Queen Wanungara thus created rain and wind and flood, which gradually beat her, and secretly helped the young Princesses to carve their way North instead of South, so that the time came when Queen Wanungara, in her most violent eruption of wrath and despair, frightened them together, and they joined as one, and in full flood raced wildly North, trying vainly to cross the barrier of hills to the East, beyond which the Koomoroo Princesses had flooded for centuries and gone down past Illinbah, over the spreading feet of young Jamborin, Eastward to the Ocean.

But young Jamborin remained faithful to the Koomoroo Princesses who had washed his feet for so long. Drenched by the echo from Queen Wanungara's torrential wrath, he sent his flood waters racing Eastward into the valleys to feed the Princesses from the Koomoroo, and only the sweat of his back rolled Westward.

And now the Mountains and Rivers and Valleys have grown very, very old. To-day, you may stand on old Tamborine's (Jamborin's) Southern shoulder, and see the valleys of the Coomera (Koomoroo) and Canungra (Caningera) carved by the ages so deep, that there can be no turning back or joining together. The Coomera River takes most of the Tamborine (Jamborin) waters and quickly reaches the Ocean, while the Canungra meanders slowly away West of Tamborine. High up in the middle of the Lamington National Park, you may stand and watch gnarled old Wanungara, still gazing out at lonely Nimbin, with the strong South Wind often blowing her hair back through the Ancient Beech Trees, to carry a tale of sorrow to the two Princesses—Tooloona and Caningera—who are still running away, and always will.

Rescue at Lightning Cascades

At the end of last month Joan Davey and Steve Coburn were involved in the rescue of Hannah following a call for assistance during a club walk. Joan's report is a factual account of her own involvement only and contains no assumptions so is suitable for publishing here.

At the last committee meeting it was moved that 'this committee recognises the assistance provided by members Joan Davey and Steve Cockburn in the recent rescue of the young girl Hannah following a fall at Lightning Cascades, Lamington, and on behalf of the club thank them profoundly for their efforts'. This was carried unanimously.

Here is Joan's report of the rescue. Distances and times are approximate.

We set out on our Echo Point throughwalk on Saturday morning, arriving at the Echo Point campsite about 2.45pm. Not long after arriving at camp, a young girl came running in very distressed and told us that her friend had fallen down a waterfall. She had already contacted the authorities but the battery on her phone was flat and she asked if anyone had a phone she could borrow. Steve Cockburn let her use his phone. The rescue coordinator asked if we could go back and help so Steve and I volunteered to go.

I asked Jenny Campbell to stay with the group as she was a club leader.

When we reached the injured girl there was a team of three that had been winched in. We had to climb about 20 metres up to where the girl had fallen onto a ledge. Steve and I then carried some of their gear back down to the track. Two paramedics then arrived - they had walked in from O'Reilly's. The seven of us then carried the girl down the waterfall onto the track. By the time we had got her down it was too dark to have her winched out. The only option was to start the long walk back to O'Reilly's where the helicopter was waiting as the doctor had said it was not an option to stay there overnight. It was a very slow trip. My job from here was to guide them along the track by torch light and I also carried some gear; the others and Steve rotated in carrying the stretcher and gear. A team of SES arrived about 10pm and we were still a couple of K's from the Border track. Steve and I stayed and helped for another 45minutes.

The Team Leader Darren from the helicopter (he was the one who winched them down - I don't know his official title) said if we wanted to go back to camp we could as there was another SES team coming in. I felt that we had done all we could and wanted to get back to the rest of the group at Echo Point, I made the decision to go back up to the Border Track and take the other route back to Echo Point as it was shorter and had no creek crossings. Darren thanked us for our help and said they would not have been able to get her down from the waterfall without us. We met the other SES Team at the junction of the Border Track so we knew that more help was there.

Steve and I sat on the seat at the other junction of the Albert River Circuit and had a rest, some water and chocolate before heading off. We arrived back at camp just after midnight.

It was reported that she fell from Echo Falls but it was Lightning Cascades. We have since been told that the injured girl (Hannah) has a broken ankle, tail bone and pelvis and she was stable.

Joan Davey

Trip report: Oxley Wild Rivers NP, Easter 2012

After a delightful walk along the Chandler/Mcleay Rivers in Nth NSW last Easter I decided I couldn't beat it for a relaxing break again this year.

The company dwindled a bit by the time we left on Friday morning but ended up being John Mitchell (leader), Mervyn and myself in the X'y driving down, and meeting up with Kurt & Burgi outside of Armidale.

The X'y handles the drive along Raspberry Rd with ease, though the road was rougher than usual after heavy rains earlier in the year. Burgi and Kurt in their lower sedan came along at a more sedate pace, and we all transferred to the X'y before driving down the escarpment to West Kunderung.

Cindy, the owner, and her dogs met us for a chat while we booted up and compared pack weights. Off we set for a gentle stroll up stream for about 1.5 hrs to our first camp on the McLeay River.

The walk involves many, many river crossings, so its wet feet and occasionally bum for the whole weekend, but water temperatures are tepid to say the least and the days were warm. The river has undergone a huge change since I padded down it in January. The levels are very low, and gravel has filled most of the deep pools, I wouldn't recommend a paddle till they have some major rains to hopefully wash it out again.

Saturday and Sunday night camp was in the same place. A long flat grassy river bank, with She-Oaks for shade and wind sounds, a lovely gravel race for water sounds, and heaps of old flood debris for the nightly cook fire. Saturday was a longer walk, but still plenty of time to get out the fishing gear for some casting practice during the long lazy rest breaks. Sunday was a day walk.

Monday saw us wander back down the river to somewhere near our Fri night spot. But this time we had a wide gravel river edge for our nightly fire, So we dug out couches for ourselves and laid out under the stars watching the milky way and satellite spotting. The last of the Easter chocolate was consumed under the light of the just past full moon, and all was right with the world.

A short walk out on Tuesday and the long drive home completed one of the nicest walks on the club calendar. Look for it next year, you wont be disappointed.

Jenny Zohn

The (not so) unspoilt beauty of Cedar Creek (A personal view)

On Sunday, 9th April, myself and my happy little band of walkers set out from the car park up Cedar Creek. Cedar Creek is very nice in this area. A wider, slabby creek with channels cut deep into the rock from the constant water erosion. The creek was flowing well on the day, the babble being replaced by almost a roar in places. The usually easy to cross creek was a lot wider now and very impressive.

After a short time we approached the rock pools. Large, deep swimming holes with the creek water cascading into them. Very popular on a hot summer afternoon. The atmosphere was a little spoilt by the presence of a discarded water bottle. No, sorry, make that two discarded water bottles, oh, and a couple of empty tin cans and a little further a not so neat pile of assorted rubbish. In fact lots of rubbish. I must admit, the untidiness was offset by a neat row of empty beer bottles on a rock and the rock art (some may call it graffiti) was interesting. We continued on our merry way with some discussion about who would do such things.

The previous day I did a walk in the same area that involved a bit of road walking on Cedar Creek Rd. Can't help wondering if these were the same yobbos, (Oops, sorry, "young gentleman") who drove by a couple of times, yelling unintelligible things.

However I must be grateful that most of the places we walk in are out of reach for these people.

Kelvin Taylor

Guest Speakers

Wednesday 25 April The Kokoda Track - David MacGibbon

Possessing a lifelong interest in all aspects of military affairs, David has served on and chaired the Joint Committee of Foreign Affairs and Defence. David has a great interest in the history of the Australian Defence Force in both World Wars and when the opportunity arose in 2004 to join a party to walk to Kokoda he readily accepted. In his talk he will cover the social climate existing in Australia in 1942 and the Kokoda campaign as well as relating his experiences on the Kokoda Track.

Wednesday 25 April Lightweight Backpacking - Jenny Zohn

Jenny has been a BBW member for 10 years, leading walks to the summits of many of our SE Queensland mountains and also a lot of long distance walks. The longest was 13 days requiring a great deal of thought about weight and logistics. Her winter through pack now weighs 8.5 Kg, which is only a little heavier than most members' daypacks. This is an opportunity to hear and see how that can be achieved and get some practical ideas about lightening your own loads. Food options for throughwalks will also be discussed.

Globe Trekker 20% discount

We have been informed by Globe Trekker Adventure Gear that they have moved from the CBD over to West End, corner of Montague Rd and Vulture St. (292 Montague Road) and are offering members a 20% off discount (double the normal discount) on anything stocked. Offer ends at the end of May 2012.

Please pass on to other club members and don't forget your membership card.

Tom Hulse
BBW Secretary

For Sale

BBW tried having another annual Auction Night recently but, as only about 20 items were nominated by BBW members, the auction was cancelled.

For any members who would like to sell their second-hand bushwalking equipment, don't forget you are always welcome to place a For Sale notice in this magazine. We usually get one or two ads a year - mainly from long-time members who know the tradition - but there's no reason why it can't become a regular feature.

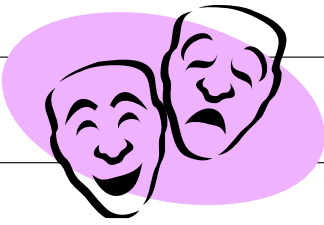
Just email a brief description of the item to the editor's mailbox (editor@bbw.org.au) and include a price, phone no. and/or email address. If you can't get to a club meeting to meet up with a prospective purchaser then maybe include your suburb so a purchaser can decide whether meeting up at some other time is viable.

Upcoming Rogaine Events

Bushwalkers who would like to practice or improve their navigation skills might like to try out some of the rogaïne events offered by the Queensland Rogaine Association.

- Sun 27 May 3 hr Explore the North Urbangaine (Brisbane northern suburbs)
- Sat 2 June 8/15/24 hr Rogaine (Eskdale)
- Sat 30 June Rainforest Ramble Cyclegaine (Mapleton)

For further information and more event dates visit the QRA web site at www.qldrogaïne.asn.au



Out & About

DINNER & MOVIE NIGHT

HIMALAYAN CAFE

Tue 1 May

LEADER: Peter Hunt 0431652083
EMAIL: peterhunt007@gmail.com
WHEN: 6:30pm
640 Brunswick St New Farm

New Farm's 'Himalayan Cafe' is a wonderfully authentic Nepalese and Tibetan restaurant that serves a tasty range of traditional cuisine in a relaxed setting. Sit inside on cushions by the Himalayan prayer wheel or on the tables and chairs in the outside dining area.

In keeping with Nepalese culture there is a massive range of vegetarian dishes on the menu, as well as beautifully fresh seafood and premium meat dishes in generous portions. Try the creamy sherpa chicken curry or the wonderfully tender goat stew.

The Palace Centro Cinema is close by for those who wish to see a movie after dinner (optional). Bookings are essential for this popular restaurant so please nominate early to be included.

Peter

SEEDS AND WEEDS SPRINGBROOK

Social Fri 27 - Sun 29 Apr
LEADER: Burney 0422386080
EMAIL: burnicestarkey@hotmail.com
LIMIT: 15
BRING : Sheets & towels, a share meal, gloves, daypack+ page 3 gear
COST: \$20 ppn

I'd like to do at least 3 visits to Springbrook again this year to continue our volunteers work with Dr Aila Keto. Remember it's easy work just sitting on soft ground digging out regrowth or cutting seeding tops off plants. 4hrs gardening and the rest of the weekend to walk, bird or just enjoy the lodge facilities.

We have self-contained rooms with ensuites and balcony views. If we have a group of strong walkers there maybe some survey walks exploring virgin rainforest on what was once private property. But I'll need walk leaders for the other activities. We normally have a delicious communal dinner on Sat night around the fireplace. I will need 5 people bringing Starters, 5 for Mains and 5 for Desserts. When nominating please write your dinner contribution in the COMMENTS box. Bring all other meals for the weekend. We have a well appointed kitchen with crockery, cutlery, glassware, pans and utensils. Fridge, stove, microwave and electric kettle make for an easy base camp and light packing.

Directions: Follow the Pacific Highway south to Mudgeeraba. Continue along the GoldCoast Springbrook Rd through Austinville. Ascend range to Springbrook National Park area pass Purlingbrook Falls. Follow signs toward the Best Ever Lookout. The Lodge is at 317 Repeater Station Rd off Springbrook Rd. Look for the red BBW sign. It's a steep driveway down to the carpark (limited car space). Steep stairs down to lodge, wear a head torch if arriving at night.

Burney

Magazine Collating

Magazine collating is at Peter Hunt's at Ferny Hills on Thursday 17th May. There is only about 1 1/2 hours work required. If you would like to come along for an easy social night and dinner please phone 3351 3642 to confirm.



For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.



If you have recently changed your address, phone number (home or work) or email please advise the Membership Registrar so that the club records can be kept up to date:
Shirley Peadon - email: registrar@bbw.org.au or phone: 07 3892 4641

If unclaimed, please return to:
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