

The Brisbane Bushwalker



August 2011

BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001

[www.bbww.org.au](http://www bbw.org.au)

PRICE PER ANNUM \$20.00
(included in Club Membership fee)

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The next committee meeting to be held at 7.30pm on **Wednesday 3rd August** is at Tom Cowlshaw's at 47 Samford Road. Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: Pre-trip descriptions are submitted via the leaders page on the web site. Any articles from members, especially post-trip reports, are welcome. The editor reserves the right to edit articles to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

Deadline for the September magazine is the Open Meeting Wednesday 10th August.

BBW WEB SITE & EMAIL

BBW web site: www.bbw.org.au
 email editor@bbw.org.au
outings@bbw.org.au

BBW is an affiliated member of Bushwalking Qld whose website is:
www.bushwalkingqueensland.org.au

FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members) for half price for those who attend.

Cover Photograph

"Hanging Around" BBW Abseil Training - Kangaroo Point Cliffs Photo: Chrissy Dott

EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat\$2.00
 Self inflating mat\$5.00
 Stove\$5.00
 Tent or Pack\$10.00

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

All equipment may be booked for hire by phoning the Equipment Officer. Pre-booking will ensure availability.

PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only. Extended loan periods will need to be arranged with the Equipment Officer.

LIBRARY

Available on the library table at all meetings:

- For sale: Long sleeve shirts \$30.00, Short sleeve shirts \$20, Caps \$10. These articles have the club logo embroidered on them.
- Car stickers and material badges all \$3.00
- Brisbane Forest Park maps unlaminated \$10.00
- Long, wide bandages to be used in the unlikely event of a snake bite \$8.00
- Maps and Rasters: free loan to leaders
- Available for loan to members: Books 50c, Magazines 20c, DVDs and CDs \$2.00

MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum
 Couples \$60 per annum

Annual membership falls due 31st January.

Probationary Members:
 Singles \$25 per 6month
 Couples \$40 per 6 month

Club Officials

President	Tom Cowlshaw	3856 4050	Photographic	Nada Campbell	0414 724 489
Vice President	Cheryl Curtis	3801 1311	Librarian	Gary Curtis	3801 1311
Secretary	Chris Patterson	3161 4930	Abseil Co-ordinator	John Granat	3265 5404
Treasurer	Marge Henry	0413 337 530	Members Register	Shirley Peadon	3892 4641
Outings	Kerry Frankcombe	0430 915 943	Website Admin	Gary Curtis	3801 1311
Safety & Training	Barry Collins	0410 703 041	Editors	Eugene Hedemann	3359 3114
Membership	Dennis Fishlock	3284 0551		Jenny Zohn	3272 2732
Social	Deniz Clarke	0401 725 726	Contact Officers	Tom Cowlshaw	3856 4050
Equipment	Eddie Chappel	3312 7032	Family Co-ordinator	Marion Crowther	3351 7832

ABBREVIATIONS & GRADING

DISTANCE Short — Under 10 km per day
Medium — 10 to 15 km per day
Long — 15 to 20 km per day
EXtra Long — Over 20 km per day

ACTIVITY **AB**Seil; **B**ase **C**amp; **D**ay **W**alk; **T**hrough **W**alk; **E**asy **T**hrough **W**alk; **N**ight **W**alk; **S**OCial Activity; **KaYaK**;
CYCle; **S**afety & **T**raining; **F**ederation **M**ountain **R**escue; **ROG**aine.

FAMILY Family — Family Group conditions; contact Leader

TERRAIN GRADING — 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

FITNESS & ENDURANCE GRADING — A to E (Note: Walking times do not include breaks.)

- A** Basic — Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- B** Easy — About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate — About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High — High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging — Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or download from the BBW website)

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

CAMPING FEES: National Park or State Forest camping fees are \$5.15 per person per night. (The leader will provide details.) NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Membership Card; lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

Example — **FSDW-3B**
Family (**F**)
Short Day Walk (**SDW**)
Graded track with obstacles (**3**)
Easy (**B**)

PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

July

July				
25	SNW-2A	Toohey Forest Monday night walk	Graham Olive	32775279
26	SNW2B	K.P Cliffs -Stairs	Steve Cockburn	0438110249
27	Meeting	Ultra Light-Weight Through Walking - Jenny Zohn		
28	SNW 2B	Mt Coot-tha weekly night walk	Graham Olive	32775279
	SNW 4B	Mt Cootha	Ken Rubie	
29-31	W 'N' W SOCIAL	Mi Glorious Base Camp [QPWS Volunteers only]	John Shields	32646565
		Xmas in July 'Back to Basics' Camp	Deniz Clarke	0401 725 726
30	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	SDW 3A	Mt Nebo Lookout	Kelvin Taylor	3269 3726
	XLDW5C	Warrie Circuit & Pinnacle	Jenny Zohn	
31	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	SDW 5C	Mt Castle	Jon Beer	3865 1808
	LDW-3B	Coomera Circuit	Jenny Campbell	3719 5435
	CYC	Nudgee Beach to Sandgate	Ken Rubie	

August

1	SNW-2A	Toohey Forest Monday night walk	Graham Olive	32775279
2	SOCIAL	Dinner & Movie Night	Deniz Clarke	0401725726
4	SNW 2B	Mt Coot-tha weekly night walk	Graham Olive	32775279
5-7	MBC-4C	Inskip point Base Camp	Eddie Chappel	33127032
6	LDW - 6D	Bangalora - Double Slabby	Jim Lydon	04 3191 3264
	SDW 3B	Mt Coot-tha North	Kelvin Taylor	32693726
	MDW 3B	Jolly's Lookout	Mark Houghton	3289 1251 [leave a message]
	SDW-4B	Bushrangers Cave	Mary Comer	3844 6231
	LDW-7D	Lost World	Ray Glancy	3343 8854
	SDW4A	Mt. Barney - Photographic	Jenny Zohn & Peter Hunt	a/h 3272 2732
	MINIMAX 3B	Iron Bark Gully	Dennis Fishlock	32840551 0419577360
6-7	MTW-3C	Echo Point - Lamington NP	Steve Cockburn	0438110249
7	SDW-5C	Mt Warning (Wollumbin)	Bernie Ryan	33255616 [not on walk day]
	MDW-6C	Mt May Creek	John Stevens	
	SOC	"Jazz Cafe"	Anna Donaldson	3351 1184
8	SNW-2A	Toohey Forest Monday night walk	Graham Olive	32775279
10	Meeting	Sea Kayaking at Hinchinbrook Island - Gary Tischer		
11	SNW 2B	Mt Coot-tha weekly night walk	Graham Olive	32775279
13	MDW-3B	Mt Cordeaux & Bare Rock	Lisa Coulburn	
	MDW-6D	Wilson's Peak via Verandah and Kinnanes Falls	David Sydes	33184085
	MDW6C	Love & Cedar Cks	John Shields, Arthur Walton	32646565
13-14	LTW-3C	Rat-a-Tat	Mary Comer	3844 6231
14	MDW-3B	Somerset Trail-Mt Mee	Bill Gale	33556023
	MDW4C	Ewen Creek North Branch	Dennis Fishlock	32840551 0419577360
	MINIMAX 3B	Tamborine Mt for New Members - MINIMAX	Eddie Chappel	33127032
15	SNW-2A	Toohey Forest Monday night walk	Graham Olive	32775279
18	SNW 2B	Mt Coot-tha weekly night walk	Graham Olive	32775279
	SNW 4B	Mt Cootha	Ken Rubie	
20	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	MDW 6 E	Spicers Peak- Mt Mitchell Circuit	Annette Miller	3892 5938 (AH)
	MDW-4C	Mt Allan Fire Tower	Kelvin Taylor	32693726
	SURVEY	Bellthorpe-Branch Creek	Dennis Fishlock	32840551 0419577360
20-21	MTW-3C	Echo Point - Lamington NP	Steve Cockburn	0438110249
21	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	MDW 5C	Mt Clunie, Stags Head and Watson Creek Falls	Jon Beer	3865 1808

PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

	MDW-3B	Under 40s Mt Cordeaux/Bare Rock	Deniz Clarke	0401725726
	CYCLE	Gateway Bridge (cycle lane)	Kelvin Taylor	32693726
22	SNW-2A	Toohey Forest Monday night walk	Graham Olive	32775279
23	SDW 5D	Glen Rock-Mt Philp Circuit	Annette Miller	
	SURVEY	Lake Manchester stage 2 Survey	Bernie Ryan	33255616 [not on walk day]
24	Meeting	Escapades of the Family Group - Peter Lock		
25	SNW 2B	Mt Coot-tha weekly night walk	Graham Olive	32775279
26-28	BC3/5C	Mt Glorious Base Camp	John Shields, Bernie Ryan	32646565
27	ABS-7C	Redcliffs Abseil	Anne Kemp, Chrissy Dott, Hilton Kane	3371 2707
	LDW 3C	Shipstern Circuit	Marge Henry	3856 5757
	MDW-6C	Lower South Kobble Ck	Kelvin Taylor	32693726
28	MDW 5C	Shirley Strachan Memorial Walk	Dennis Fishlock	32840551 0419577360
	MDW 7D	Mt Ernest via the organ pipes	Tom Bishton	
	MDW-6C	Byron Gorge	John Stevens	0431 929 466
	MINIMAX 3B	Jollys Lookout	Bill Gale	33556023
29	SNW-2A	Toohey Forest Monday night walk	Graham Olive	32775279
30	SURVEY	Camp Mountain Survey	Bernie Ryan	33255616 [not on walk day]

September

1	SNW 4B	Mt Cootha	Ken Rubie	
1-12	MTW 7 D	Kanangra Walls Circuit (11 Days)	Annette Miller	3892 5938 (AH)
2-4	MBC5C	Girraween National Park	Janine Hope & Peter Hunt	
3	LDW-8D	Mt.Barney Savages Ridge	Tom Bishton	
	MINIMAX 3B	Iron Bark Gully	Dennis Fishlock	32840551 0419577360
4	MDW - 5C	Springbrook - Nimmel Range Transit	Jim Lydon	04 3191 3264
	SDW 4B	Mt. Arum Mines/ Mt. Arum	Mark Houghton	3289 1251 [leave a message]
	MDW 5D	Wilson's Peak via verandah	Carleton Nothling	0409 516 652
	SDW 8D	North Peak Mt Barney via Eagles Slabs	Jon Beer	3865 1808
6	SOCIAL	Dinner & Movie Night Jakarta	Peter Hunt	33513642
9-11	LBC3/4C	Under 40s Springbrook Base Camp	Deniz Clarke	0401725726
10	MDW-5C	Mt Warning (Wollumbin) The Cloud Catcher'	Lisa Coulburn	
	MDW-5D	Mt Bangalora	Lou & Marion Darveniza	
	MDW-8D	Mt.Barney Logans Ridge	Tom Bishton	
11	MDW 4C	Iron Bark Gully	Dennis Fishlock	32840551 0419577360
	MDW-3B	Noosa National Park	Bill Gale	33556023
13	MDW-7D?	Mt Maroon South Side-filling in gaps	Lou & Marion Darveniza	
14	Meeting	Aust. Marine Conservation Soc.		
15	SNW 4B	Mt Cootha	Ken Rubie	
16-25	MDW-SNOW	Snow 2011	Picnic Pete	3351 1184
17	MDW-3B	Mt Cordeaux & Bare Rock	Arthur Walton	3289 7008
	XLDW8E	Mt. Barney - Eagles Ridge	Tom Bishton	
18	MDW 5C	Mt Archer Trig Point	Dennis Fishlock	32840551 0419577360
	SOCIAL	Cycle Sandgate	Peter Hunt	33513642
18-26	MXLTW	Cape to Cape Track	Mary Comer	3844 6231
23-25	W 'N' W	Mi Glorious Base Camp[QPWS Volunteers only]	John Shields	32646565
24	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	LDW7D	Mt. Razorback - Lost World - Under 40's	Tom Bishton	
25	S83S&T	Kangaroo Point Nursery Cliffs	John Granat	3274 2777 wk.
	MDW - 5D	Stinson Wreck & Point Lookout via unnamed creek	Carleton Nothling	0409 516 652
28	Meeting	Trekking Poles - An Educative Presentation		



.....Coming Trips.....

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 25 Jul
LEADER: Graham Olive 32775279
EMAIL: go191084@bigpond.net.au
GRADE: SNW-2A
LIMIT: 10+
BRING: Page 3 items
DEPART: 6:30pm Car park behind
McDONALDS Salisbury. Cnr Toohey
Rd, Orange Grove Rd & Evans Rd
MAP: BCC Toohey Forest track map

Toohey Forest is located just 10km south of Brisbane's CBD. There are extensive walking tracks through open eucalypt forest and heath. We start this two hour night walk from the upper car park behind the McDonalds restaurant in Salisbury. This walk will be on both sealed and dirt tracks with some short hills. There are lots of tracks so a different route each time. If we are lucky we might see an owl or two. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time, to register their name for the walk commencement at 6.30 sharp. We will finish the night off with a coffee. By the way, these walks don't count toward full membership.

K.P CLIFFS -STAIRS

Training Walk Tue 26 Jul
LEADER: Steve Cockburn 0438110249
EMAIL: scockburn@powerup.com.au
GRADE: SNW2B
LIMIT: 4-6
BRING: Water , Money for Coffee
DEPART: 6pm Kangaroo Point Cliffs Rotunda -
Southern side

We will meet at the Southern end of the KP Cliff top park-lands at the big Rotunda. This will be a moderate to heavy training walk involving doing multiples of stair climbs at each end of the cliff tops and we will go for approximately 1 hr. We will use the 300mtrs between the stairs at each end as the recovery period and we will do stretches to aid flexibility and prevent cramping. We will keep together and whilst there are often lots of people using the stairs , we will take it easy and not rush . You will need a reasonable level of fitness and if you are preparing for a big walk involving hills , this one might help. I'm not super fit so we will pace it so we keep together as I will not want to spread out the group. If you are very fit you might want to bring a weighted pack to push yourself, feel free to ..I won't yet. If you have any questions

feel free to call or email. We will have a coffee or drink at the Northern end at the coffee shop (pending it being open) There is plenty of parking on the main road and in side street. I will try to do this at least monthly and will try to time this in between the West End Hills walks and the Tuesday Social.

MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 28 Jul
LEADER: Graham Olive 32775279
EMAIL: go191084@bigpond.net.au
GRADE: SNW 2B
LIMIT: 20+
BRING: page 3 plus torch and water
COST: money for coffee
DEPART: 6:30pm carpark west of Kuta Cafe Mt
Coot-tha
MAP: BCC Mt Coot-tha track map
MUST: Read trip description

The Mt Coot-tha Thursday night walks are exercise walks to assist people with improving their bushwalking fitness and to learn techniques for night-time walking. The walks will commence at 6.30pm sharp from the 1st carpark you enter before the lookout on Mt Coot-tha. The walks will be approximately 2 hours in duration, on marked tracks and fire trails, with obstacles such as rock or root intrusions, fallen debris, and some, usually dry, creek crossings on some of the tracks. The walks will also involve the descent and ascent of the mountain at a reasonable walking pace with up to 520 metres gained and lost over the length of the walk. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate level of fitness suitable for hill walking. Participants will need the Page 3 items as well as the appropriate hiking footwear, torch and drinking water. At the end of the walk we will have coffee at the Kuta Cafe for those who wish to reward their efforts and enjoy the sights of Brisbane at night. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time for the walk commencement at 6.30 sharp. For further information please contact the walk leader. By the way, these walks don't count toward full membership.

MT COOTHA

Night Walk Thu 28 Jul
LEADER: Ken Rubie
MOBILE: 0448448598
EMAIL: kenrubie@hotmail.com

GRADE: SNW 5C
LIMIT: 10
BRING: Page 3 items
DEPART: 6:30pm See Description below
MAP: Mt Cootha

The Mt Cootha Thursday night walk is an exercise walk to assist people to improve their bushwalking fitness and to learn techniques for night time walking. The walk will commence at 6.30pm sharp from the Range View Picnic Area adjacent to Channel 9 on the left hand side of the road travelling towards Channel 7. The walks will be approximately 2 hours in duration, on marked tracks, fire trails and off track involving the descent and ascent of the mountain at a reasonable walking pace. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate to good level of fitness suitable for hill walking and to maintain the pace of the walk. Participants will need the Page 3 items as well as requiring the appropriate hiking footwear, torch and drinking water. For further information please contact the walk leader

MI GLORIOUS BASE CAMP [QPWS VOLUNTEERS ONLY]

Base Camp Fri 29 - Sun 31 Jul
LEADER: John Shields 07-32646565
MOBILE: 0447824988 Walkday only
EMAIL: johnshields@bigpond.com
GRADE: W 'N' W
BRING: Working clothes ,gloves tools etc optional day walk pack
COST: \$13camp fee[2 nights]

Our normal maintenance work with the optional day walk on Sunday if desired .

KANGAROO POINT NURSERY CLIFFS

Abseil Training Sat 30 Jul
LEADER: John Granat 3274 2777 wk.
This activity is full.

MT NEBO LOOKOUT

Day Walk Sat 30 Jul
LEADER: Kelvin Taylor 3269 3726
EMAIL: kelvin.taylor@bigpond.com
GRADE: SDW 3A
LIMIT: 12
BRING: Page 3
COST: \$10 fuel contribution for driver
DEPART: 8am Albany Creek Shopping Centre [Westpac Sign] UBD 108 F16
CAR KMS: 100

We start the walk at the Manorina picnic area on Mt Glorious road and head into the bush on the trail to Mt Nebo Lookout. The trail winds through a variety of rainforest and Australian bush land-

scapes with only short, gentle "ups" until we arrive at the lookout. Views out to Moreton Island. There is also another lookout 100 metres to the north, with views out over a deep valley to the ranges near Mt Glorious. We then proceed along a forestry track for a short distance before arriving at the top of a steep downhill. The plan is to walk down, losing 50 metres of elevation (or less if you like) and walk back up at a pace that is comfortable for you. This whole walk is rather flat and this little down and up may help first time walkers to assess their own fitness for future walks. We will be putting the billy on for coffee back at the top. Supply your own water and cup. We continue on along another forestry road which follows a ridge line for a while, before coming out on the Mt Glorious Rd a short distance from the cars. Walk distance 7 kms; Elevation gain 90 metres; Time 4 hours

WARRIE CIRCUIT & PINNACLE

Day Walk Sat 30 Jul
LEADER: Jenny Zohn
This activity is full.

KANGAROO POINT NURSERY CLIFFS

Abseil Training Sun 31 Jul
LEADER: John Granat 3274 2777 wk.
This activity is full.

MT CASTLE

Daywalk Sun 31 Jul
LEADER: Jon Beer 3865 1808
This activity is full.

COOMERA CIRCUIT

Day Walk Sun 31 Jul
LEADER: Jenny Campbell 3719 5435
MOBILE: 0488 410 762 (day of walk only)
EMAIL: karyljennifer@hotmail.com
GRADE: LDW-3B
LIMIT: 12
BRING: Usual day walk gear, 2L water
COST: \$20 petrol money
DEPART: 7:00am Fairfield Gardens
MAP: Lamington NP

PREFERRED NOMINATION:By website or email
The Coomera Circuit is a very scenic 17.5km graded track walk beginning from the Binna Burra car park. The walk passes mainly through rain forest and provides excellent views of the Coomera falls, which descend into the 160m deep gorge. The circuit crosses many creeks, so come prepared for some minor rock hopping. We will stop for morning tea to take in a view of the Coomera Falls lookout and proceed to pass many more waterfalls stopping at one for lunch. After lunch the circuit joins the Border Track for the re-

turn to Binna Burra Cafe. This is a beautiful track walk with lovely trees and cascades.

NUDGE BEACH TO SANDGATE

Bike Ride Sun 31 Jul

LEADER: Ken Rubie

MOBILE: 0448448598

EMAIL: kenrubie@hotmail.com

GRADE: CYC

LIMIT: 10

BRING: Bike, Water, Repair Tools

DEPART: 8am Refer to Trip Description Below

This is a bike ride with a stop for coffee covering two beaches from Nudgee Beach to the Sandgate beachfront via the Boondall Wetlands. Rating: Distance approx 40kms. Mainly flat on bike paths and quieter back roads. Moderate pace. The ride will commence at 8:00 AM and conclude around mid-day including a coffee stop at Sandgate on the beach front. The meeting place is the Nudgee Beach Reserve, Fortitude St Nudgee Beach - UBD Map 111 - L15 The ride is suitable for all types of bikes but you will need to bring water, repair tools etc to meet your own needs.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 1 Aug

See activity description for Mon 25 July

MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 4 Aug

LEADER: Graham Olive 32775279

See activity description for Thu 28 July

INSKIP POINT BASE CAMP

Base Camp Fri 5 - Sun 7 Aug

LEADER: Eddie Chappel 33127032

MOBILE: 0432733847

EMAIL: chappel.e@optusnet.com.au

GRADE: MBC-4C

LIMIT: 9

BRING: Base Camp Gear, Walking Gear, food to share Sat Night

COST: Petrol \$40 Camp Fees \$11 for 2 nights

CAR KMS: 480

MAP: Tin Can Bay 1:25000

I have decided to do a different walk as we do not have enough 4WD's. It will still be a very interesting walk. We will start near the point where the old railway line crosses the road into Rainbow Beach & follow the railway line from there to where it terminated. (so we are doing some of the railway line walk anyhow, probably 5km) From there we will follow the Kings Bore 4WD road to the point where it meets the Cooloola Great walk which we will follow to Poona Lake & Bymien Picnic area. We will station a car at Bymien before the walk to

take the drivers of the other cars back to get their cars. The estimated walk distance is 18km & will now be a LBC-4C. Walkers will need to arrive at Rainbow Beach on Friday to erect their tent at Inskip Point before 10pm. Walkers will have to organise their own tea for Friday night. Inskip Point is one of the nicest camp sites in S E Qld & is right on the ocean beach. Please bring nibblies etc to share on Sat night. We are allowed to have a small camp fire at this camp ground so bring a chair to sit around the fire. I will be booking the camp sites with DERM so I need everyone to pay me the \$11 ASAP but at least before the end of July. There are toilets at the camp ground. THERE ARE NO WATER TAPS AT THE CAMP-GROUND SO CAMPERS WILL NEED TO BRING 5 LITRES OF WATER WITH THEM. There are taps for campers to fill water containers at Rainbow Beach. Closer to the weekend we can talk about car pooling & expected times of arrival at Rainbow Beach. 2WD DRIVE VEHICLES ARE ONLY NEEDED. Please nominate online or by e-mail.

MT COOT-THA NORTH

Day Walk Sat 6 Aug

LEADER: Kelvin Taylor 32693726

EMAIL: kelvin.taylor@bigpond.com

GRADE: SDW 3B

LIMIT: 12

BRING: Page 3

DEPART: 8am Macrae Rd, Bardon

The walk will start from Macrae Rd, Bardon. On street parking on Simpson Rd, etc. We walk through the gate and up a road to the water tower continuing on up the hill to point around half way up Mt Coot-tha. Instead of doing the hill in one go, we will divert on to a really nice little circuit that meanders around the northern slopes of Mt Coot-tha and then back to our attack on the hill. We continue on up past a TV transmission tower and then a short distance to Sir Samuel Griffiths Drive at the top of the hill. Cross the road and down to Simpson's Falls. From here we retrace our steps with some variation and leaving out the circuit. The track is not neatly manicured and in many places is rocky and loose underfoot. We are in the bush after all. This is a beginners walk and medium fitness should suffice. All hills will be taken at a gentle pace with plenty of short stops for breathers, but remember, we are scaling the full height of Mt Coot-tha, plus a bit more. Due to the difficulty of parking 12 cars close to a coffee shop in this area on a weekend, the obligatory post walk coffee will be on the billy back at the cars. Coffee, etc supplied, bring nibblies. Distance 9 kms Elevation gain 250 metres Time 4 hours

JOLLY'S LOOKOUT

Day Walk Sat 6 Aug
LEADER: Mark Houghton 3289 1251 [leave a message]
MOBILE: 0417 025 182 [walk day only]
EMAIL: mhoug3@eq.edu.au
GRADE: MDW 3B
LIMIT: 12
BRING: Day Pack as per page 3 & 2-3 litres water
COST: Petrol contribution \$12
DEPART: 7am Alderley
CAR KMS: 100klms

Jolly's Lookout is on Mt Nebo Road, giving access to D'Aguilar National Park, with great views across the Brisbane Valley and to the coastline. We will walk on track through some beautiful sub-tropical rainforest and more open eucalyptus forest, using the Thyogle Track to Boombama and then around the Pitta Circuit. We will then have morning tea and walk back to the Ergenia Circuit and then to the lookout to have our lunch. We should see a variety of animal and birdlife. The distance for the walk is approximately 10.5 klms and suitable for new members. Please be at the Alderley Shopping Centre Carpark at 6.45 a.m. so that we can organise carpooling before leaving at 7.00 a.m. Nominations online preferred. If phoning please leave a message with your name and phone number. If I am outside by the time I get to the phone it has usually gone to messagebank or rung out.

BUSHRANGERS CAVE

Day Walk Sat 6 Aug
LEADER: Mary Comer 3844 6231
This activity is full.

LOST WORLD

Day Walk Sat 6 Aug
LEADER: Ray Glancy 3343 8854
MOBILE: 0419 719 480
EMAIL: rayanddawnglancy@yahoo.com.au
GRADE: LDW-7D
LIMIT: 10
BRING: Usual day walk gear, head torch and spare batteries are mandatory due to the fact that the walk is likely to finish in the dark, scunge gloves, long gaiters
DEPART: 6am Fairfield Gardens
MAP: Lamington & Tyalgum
The Lost World (Mt Razorback) is an area that spears into the Wilderness section of Lamington National Park with Mt Worendo the headwaters of the Albert River Black Canyon all being accessible from this route. The plan is to leave our cars at the Lost World Guest House and walk back down the road till we pick up a fence line which takes us

straight up steeply to meet the main ridge which continues on to the base of the Lost World. At times the ridge is a narrow razorback so nominees will need a good head for heights. Sections of the climb are over grassy slopes where the footing is not always perfect. Morning tea will be at the waterfall campsite from which we traverse across the Lost World till we pick up the correct ridge to take us down into Worendo saddle for lunch. Once again there are great views at numerous locations along this section. Lunch will be short as we have a steep descent into Albert River and then approximately 2 and a half hours of creek and rock hopping. The creek is somewhat overgrown with weed at the moment and this makes progress slow and this is the reason why a late end to the day is possible. Please keep this in mind. Those who nominate for this walk will have to be prepared to move quickly and the breaks on this walk will be short.

MT. BARNEY - PHOTOGRAPHIC

Photographic Sat 6 Aug
LEADER: Jenny Zohn & Peter Hunt a/h 3272 2732
This activity is full.

IRON BARK GULLY

Training Day Sat 6 Aug
LEADER: Dennis Fishlock 32840551 0419577360
EMAIL: fyshies@bigpond.com.au
GRADE: MINIMAXS 3B
LIMIT: 15
BRING: Day Pack as per Page 3/3ltr water
DEPART: 8am Iron Bark Gully Picnic Grounds UBD MAP 117 F17
NOMINATION LIST: Self Serve Online/Email Leader
MEETING POINT ARRIVAL: Minium 15 Minutes before Departure Time

This walk is intended to introduce new members to bush walking and to the BBW club in particular. The MinimaxS is a good option for your first walk, we will be mainly walking on a track and stopping at regular intervals to discuss a number of topics such as Clothing, Equipment, Safety and First Aid and Environmental Impact to name a few. There will be a sample of OFF TRACK to get an appreciation of the clubs walk grading system, bring your day pack, morning tea and lunch, please bring what ever gear you would take on a day walk, also bring a change of cloths to change into at the end of the walk. Register directly on the web site or at the club meetings on the registration boards with the New Membership Officer.

MT WARNING (WOLLUMBIN) THE CLOUD CATCHER'

Day Walk Sun 7 Aug
LEADER: Bernie Ryan 33255616
This activity is full.

MT MAY CREEK

Day Walk Sun 7 Aug
LEADER: John Stevens
This activity is full.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 8 Aug
See activity description for Mon 25 July

MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 11 Aug
LEADER: Graham Olive 32775279
See activity description for Thu 28 July

WILSONS PEAK VIA VERANDAH AND KINANES FALLS

Day Walk Sat 13 Aug
LEADER: David Sydes 33184085
This activity is full.

LOVE & CEDAR CKS

Survey Sat 13 Aug
LEADER: John Shields, Arthur Walton 32646565
MOBILE: 0447824988 WALK DAY ONLY
EMAIL: johnashields@bigpond.com
GRADE: MDW6C
LIMIT: 6 [INCL LEADER]
BRING: USUAL DAY PACK AS PER Page 3 ;
2 litres water
COST: car contribution \$13
DEPART: 7am Albany Ck Centro Shopping
Centre UBD map108 E16
CAR KMS: 80 return
MAP: BFP

We will park at Alex Rd and survey the Love AND Cedar Ck areas to put together a walk with a difference from the usual track. John will be away from the beginning to the end of July so you can contact Arthur during that time for enquiries and nominating. Arthur Walton Group Concrete Manager The Neilsen Group, Johnstone Road | Brendale 4500 Postal Address | PO Box 5319 | Brendale QLD 4500 Phone 07 3205 5599 | Fax 07 3205 7521 | Arthur@neilsens.com.au

RAT-A-TAT

Through walk Sat 13 - Sun 14 Aug
LEADER: Mary Comer 3844 6231
This activity is full.

SOMERSET TRAIL-MT MEE

Day Walk Sun 14 Aug
LEADER: Bill Gale 33556023
This activity is full.

EWEN CREEK NORTH BRANCH

Day Walk Sun 14 Aug
LEADER: Dennis Fishlock 32840551
0419577360
This activity is full.

TAMBORINE MT FOR NEW MEMBERS - MINI-MAXS

MinimaxS Sun 14 Aug
LEADER: Eddie Chappel 33127032
MOBILE: 0432733847 Day of walk only
EMAIL: chappel.e@optusnet.com.au
GRADE: MINIMAXS 3B
LIMIT: 5 + 10
BRING: See Page 3 mag + 2 litres water
DEPART: 7am Fairfield Gardens

We will be walking a couple of the tracks in the Tamborine Mountain area including Witches Falls which was the first National Park in Queensland. This walk is intended to introduce new members to bush walking, and to Brisbane Bushwalking Club in particular. And it's a good chance to make some new friends. It is a good option for your first walk with the club. We will have a stroll around some walking tracks, and stop occasionally to discuss clothing, safety and environmental impact. There will be a small sample of off track walking to give an appreciation of the club's grading system. After leaving Yeronga Park, we will meet at the car park at Witches Falls (UBD Gold Coast section Map 13 ref L18). Be at Fairfield Gardens Shopping Centre car park, Fairfield Rd Fairfield about 15 minutes before the departure time. Bring your pack, and your lunch. Even though this walk will be short and close to the cars, please bring what ever gear you would normally take on a full day walk, because checking out each other's gear is part of the fun.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 15 Aug
See activity description for Mon 25 July

MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 18 Aug
LEADER: Graham Olive 32775279
See activity description for Thu 28 July

KANGAROO POINT NURSERY CLIFFS

Abseil Training Sat 20 Aug
LEADER: John Granat 3274 2777 wk.
This activity is full.

SPICERS PEAK- MT MITCHELL CIRCUIT

Day Walk Sat 20 Aug
LEADER: Annette Miller 3892 5938 (AH)
This activity is full.

MT ALLAN FIRE TOWER

Day walk Sat 20 Aug
LEADER: Kelvin Taylor 32693726
EMAIL: kelvin.taylor@bigpond.com
GRADE: SDW-4C
LIMIT: 12
BRING: Page 3
COST: \$15 fuel contribution
DEPART: 7am Aspley Hypermarket open car park in front of the sails. Gympie Rd end
CAR KMS: 200

Mt Allan is located in the Conondale area just north of Maleny. We leave the cars at the Booloomba day use area and follow a well defined track which soon crosses Booloomba Ck and continue on till we reach the start of the Conondale Great walk track, which we follow for a few kms, rising all the way, till we get to the Mt Allan turnoff and a short distance to the top. We have now risen 450 metres in elevation from our start point and if you want to climb the 54 steps up the fire tower that adds 20 metres, but the views are well worth the little extra effort. We will have lunch here. After lunch we descend down the east ridge on a old, poorly defined trail. Hard to follow in places, but is so much nicer than the main track. We emerge onto the main trail again at the base of the ridge and a short walk back to the cars. Coffee at Conondale. Distance 9 kms Elevation gain 450 M Time 4 hours

BELLTHORPE-BRANCH CREEK

Day Walk Sat 20 Aug
LEADER: Dennis Fishlock 32840551
0419577360
This activity is full.

KANGAROO POINT NURSERY CLIFFS

Abseil Training Sun 21 Aug
LEADER: John Granat 3274 2777 wk.
This activity is full.

MT CLUNIE, STAGS HEAD AND WATSON CREEK FALLS

Daywalk Sun 21 Aug
LEADER: Jon Beer 3865 1808
GRADE: MDW 5C
LIMIT: 8
BRING: a cake please! (one for eating that is!)
DEPART: 6am Fairfield Gardens
CAR KMS: 220?
MAP: Mt Clunie 1:25000 topographic

NOMINATIONS: direct to leader, thanks.
Mt Clunie is located out on the Qld/NSW border near Boonah. We start this walk from what is in fact called the Boonah Border gate. A short walk into NSW takes us to the start of our ascent up initially a gentle slope. The route goes up on a ridge that takes us to the border fence not too far from the summit. Some of you may know that Mt Clunie has one of if not the steepest border fences (on both sides of the mountain) in Australia. This ascent does not anywhere include these steepest sections up or down. At the top we find some of the most beautiful stands of Antarctic Beech in SE Qld, for the most part blocking views. From the here it is short distance west? and down to where we leave NSW crossing the fence and taking a spur towards Stags Head (which has to be seen to be believed!). A ridgeline from here goes all the way to Watson Creek Falls and then we simply regain the border fence to return to our starting point. When I first did this walk I couldn't have anticipated how relatively simple but satisfying it would be. One of my fellow walkers (John Dwyer) was so impressed that he led the walk at a later date. So yes I think this is a good one!

UNDER 40S MT CORDEAUX/BARE ROCK

Day Walk Sun 21 Aug
LEADER: Deniz Clarke 0401725726
EMAIL: denizclarke@gmail.com
GRADE: MDW-3B
LIMIT: 15
BRING: 3L Water and all items on Page 3
COST: \$20 car contribution plus money for coffee at Aratula BP :)
DEPART: 7am Fairfield Gardens

This is a 12km walk from Cunninghams Gap for Under 40s. We walk through rainforest to Mt Cordeaux where we will take in the gorgeous views of the Fassifern Valley over morning tea. After morning tea, we will continue gently uphill we will take a short side track to Morgans Lookout before we get to Bare Rock for lunch. We return via the same route. We have a variety of vegetation, views and the remains of mining ventures. Please note this will be a brisk walk, photos can be taken at morning tea & lunch. Bring mug for coffee/tea and warm clothes as it may be cold in June. No online nominations. Contact leader directly to nominate.

GATEWAY BRIDGE (CYCLE LANE)

Cycle Sun 21 Aug
LEADER: Kelvin Taylor 32693726
EMAIL: kelvin.taylor@bigpond.com
GRADE: CYCLE
LIMIT: 12
DEPART: 8am Centenary Pool Carpark

The ride will start from the Centenary Pool car park on Gregory Tce and will be partly road and part bikeways. We will head along Kingsford Smith Drive to Eagle Farm and then onto the Gateway Bridge access. Long slow peddle up the bridge. Great views from the top before proceeding down the other side. We will work our way through East Brisbane, Woolloongabba and over the Green Bridge to the Uni, Coronation Drive Bikeway, Botanic Gardens, through the City and back to the cars. Not a fast pace, expect to sit on around 20kph on the flats with an average of 15kph. (typical BBW social speed) Distance 40 kms Time depending on number of stops. You must be comfortable with on road cycling, but footpaths will be used with care on main roads and in heavy traffic.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 22 Aug
See activity description for Mon 25 July

GLEN ROCK-MT PHILP CIRCUIT

Day Walk Tue 23 Aug
LEADER: Annette Miller
This activity is full.

MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 25 Aug
LEADER: Graham Olive 32775279
See activity description for Thu 28 July

MT GLORIOUS BASE CAMP

Base Camp Fri 26 - Sun 28 Aug
LEADER: John Shields, Bernie Ryan 32646565
MOBILE: 0447824988 Walkday only
EMAIL: johnshields@bigpond.com
GRADE: BC3/5C
LIMIT: 20 [2 leaders]
BRING: base camping gear/ day walk gear
COST: \$13camp fee [2 nights]

This base camp is aimed at the newer and older club members to experience camping, meet fellow club members both new and old and do a variety of walks. Bernie conducts the 3 grade walks while John does the 4/5 grade walks. We camp in the D'Aguilar National Park and use the old Forestry Barracks and its facilities which are away from the public situated in a grassy clearing surrounded by rainforest. The emphasis is on camping although there are a few beds in the Barracks for those walkers who so desire or you could bring a camp stretcher and camp in the truck shed. Discuss with leader before the camp as to availability. This is upmarket camping with hot shower, septic toilet, well equipped kitchen [M/W;FRIDGE;STOVE; CUTLERY; CROCKERY] and open fire. Please bring firewood if you can. Plenty of grassy camp-

sites and camper trailers are welcome. The water supply is tank water so if this is a problem then bring your own drinking water. We arrive Friday afternoon/night and most are there by 9p.m. and usually hit the sack early to be up, breakfasted and ready to walk by 8a.m. planning to get back mid to late afternoon at the latest. Happy hour around the campfire. Bring nibbles and the beverage of your choice. The level of walks will be decided after group discussion and we try to keep within your comfort zone. HOW TO GET THERE. Brisbane Forest Park is conveniently close to Brisbane and you head for Mt Glorious via Samford or The Gap. Pass through the village to Maijala Park to a Pine Rivers display board on the left. Travel a further 700metres and past Western Window Lookout is a closed National Park gate on the left with a BBW sign. This gate is to be kept closed at all times except when driving through. Travel 200metres through the rainforest and you arrive at the barracks. A shorter walk is conducted on SUNDAY morning to bring us back just after lunch with tents dry and ready to pack up and leave mid afternoon.--ONLINE BOOKINGS OR EMAIL OR PHONE LEADER.

REDCLIFFS ABSEIL

Day Walk Abseil Sat 27 Aug
LEADER: Anne Kemp, Chrissy Dott, Hilton Kane 3371 2707

MOBILE: 0411327704
EMAIL: anneikemp@hotmail.com
GRADE: ABS-7C
LIMIT: 8
BRING: Abseil equipment and usual DW gear
COST: \$10 rope hire, \$10 harness and hardwear hire if required. Petrol.
DEPART: 6:30am Fairfield Gardens
MAP: Murphys Creek 1:25000
WALK LIST: No list at meetings. Please phone or email leader.

This is an abseil primarily for people who have completed the August two day BBW abseil training at Kangaroo Point and want to practice their new skills. Redcliffs is a short section of beautiful sandstone cliffs in the Helidon Hills (north west of Gatton) which offers an extensive range of opportunities to try much longer drops or experience a range of overhangs. The walk in is short so we'll have plenty of time to try different routes. Please let me know if you need to hire club equipment or need more information.

SHIPSTERN CIRCUIT

Day Walk Sat 27 Aug
LEADER: Marge Henry 3856 5757
MOBILE: 0413 337 530
EMAIL: margewalk@gmail.com

GRADE: LDW 3C
LIMIT: 15
BRING: Usual page 3 daywalk gear
COST: \$22 fuel contribution
DEPART: 6:30am Fairfield Gardens
MAP: Lamington NP

This is a long track walk of just over 20km in the Binna Burra region of Lamington NP. From Binna Burra and make our way across and down into the valley, then along Nixon Creek and up the Shipstern Range for great views of Egg Rock and Turtle Rock. We'll have morning tea at Lower Ballanjui Falls and then have the option of doing a short side track up steps to Charraboomba Rock from which there are great views. We then continue ascending to Kooloonbano Lookout with its magnificent views over the Numinbah Valley and stop for lunch. The afternoon has us completing the circuit along the Shipstern Range as rainforest gives way to eucalyptus forest and eventually joins up with the Border Track which will take us back to Binna Burra for well earned afternoon tea. This walk is suitable for all if you are happy with 20kms.

LOWER SOUTH KOBBLE CK

Day walk Sat 27 Aug
LEADER: Kelvin Taylor 32693726
EMAIL: kelvin.taylor@bigpond.com
GRADE: SDW-6C
LIMIT: 10
BRING: Page 3
COST: \$15 fuel contribution
DEPART: 7am Albany Creek Shopping Centre
[Westpac Sign] UBD 108 F16

CAR KMS: 100

We start the walk at Tension Woods car park and walk along the Lepidozamia track for a couple of k's before heading east on a barely visible walking track. This was once a well defined forestry road, but is now little more than a track with views of the ranges to the north as we descend. Another couple of k's and we go off track and head up to a knoll. The top is lightly wooded and so offers views of Mt Sampson and across the valley to the ranges on the south side of Kobble Ck. After smoko we take a SE ridge, and proceed down into the valley. This is a long steep grassy slope descending 400m, and a joy to walk. Lightly wooded with the ranges in front rising ever higher as we descend, til we eventually drop into Kobble Ck at an elevation of around 200m. From here it's all up. 3k's of Kobble Ck rising 500m in the process. Lots of scrambling, slabby falls, steep falls, good fun. At the point where the Upper Kobble Ck walk joins in, we take a northern tributary and work our way up yet more falls, to eventually scramble up a creek bank, onto a ridge and up to the Lepido-

zamia track and back to the cars. There is quite a bit of up in this walk, but most of it is in Kobble Ck, which, due to the slow progress, is not as taxing as say up a ridge. You would need a history of 5C's or higher. Email me if unsure. Waking time 6hrs Distance 8kms Total elevation gain 620m

SHIRLEY STRACHAN MEMORIAL WALK

Day Walk Sun 28 Aug
LEADER: Dennis Fishlock 32840551
0419577360

EMAIL: fyshies@bigpond.com.au
GRADE: MDW 5C
LIMIT: 15
BRING: Day Pack as per Page 3/3ltr water
COST: Car Cost \$15 Per Person
DEPART: 6am Aspley Hypermarket open car park in front of the sails

CAR KMS: 180 kms

MAP: Neurum

NOMINATION LIST: Self Serve Online/Email Leader

This a memorial walk to Shirley Strachan's crashed helicopter which is on private land located on the side of Mt Archer. We will start the walk at the foot of Mt Archer and work our way up twin gorge to the summit, once on the plateau we will walk in a northly direction for approximately 30 minutes and arrive at our morning tea spot. From here we will drop down to the crash site and pay our respects, once we have visited the site we will return back onto the ridge and walk out to a small waterfall, this is where we will have lunch. After lunch we will walk back across the plateau to the east and re-enter down the zigzag trail to the base where there is a large private camp site and where our cars will be parked. The terrain is quite steep for the first stage to the plateau and the return to the base of the mountain the vegetation is all Australian scrub, you will get great views at the top across the valley's and also look out towards the head waters of Somerset Dam. Head back to Woodford for afternoon tea at CJ'S BAKERY. THIS WALK IS ONLY SUITABLE FOR MEMBERS WITH OFF TRACK EXPERIENCE AND GOOD FITNESS.

MT ERNEST VIA THE ORGAN PIPES

Day Walk Sun 28 Aug
LEADER: Tom Bishton
This activity is full.

BYRON GORGE

Day Walk Sun 28 Aug
LEADER: John Stevens 0431 929 466
This activity is full.

JOLLYS LOOKOUT

Day Walk Sun 28 Aug
LEADER: Bill Gale 33556023
MOBILE: 0409613905
EMAIL: fregata@bigpond.net.au
GRADE: MINIMAXS 3B
LIMIT: 15
BRING: Page3 items, 2L water
COST: \$10 Car share
DEPART: 7:30am Alderley

Jolly's Lookout is on Mt Nebo Rd, giving access to D'Aguilar National Park. We will walk the Thylogale track to Boombana, the Rainforest Circuit and Ergenia Circuit, a distance of about 10.5 Km on track through some beautiful subtropical rainforest and more open eucalyptus forest, with a few short off track sections to make it a little more interesting. This is a training walk intended to introduce new members to bush walking, and to Brisbane Bushwalking Club in particular, with emphasis on safety, minimizing environmental impact, club protocols and maximizing your enjoyment, and we will make a number of brief stops along the way so we can talk. You will need long pants or shorts and gaiters, good shoes or boots, your daypack, your lunch, at least 2L of water and all of the ALWAYS TAKE items on page three of the club's magazine. It is also useful to bring a change of clothes and shoes for the trip back to the car park.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 29 Aug
See activity description for Mon 25 July

KANANGRA WALLS CIRCUIT (11 DAYS)

Extended Walk Thu 1 - Mon 12 Sep
LEADER: Annette Miller 3892 5938 (AH)
MOBILE: 0418 791 841
EMAIL: annette.c.miller@marsh.com
GRADE: MTW 7 D
LIMIT: 4 incl. leader
BRING: Page 3, capacity for overnight water
COST: Plane/Charter
DEPART: 7am Brisbane Airport
MAP: Several - ask me

From Kanangra Walls we will spend 11 days traversing parts of Kanangra Boyd & the southern Blue Mountains National Parks, including the area known as the Blue Breaks, covering approximately 100 klm with 5-6,000 metres of elevation gains. There will be early starts & the occasional carrying of overnight water, plus some attractive camp caves along the way. There will also be river crossings, negotiating high passes & cliff-lines, scunge, spectacular views & high camps, and the satisfaction of visiting a remote wilderness area seen by few walkers, although only 70 klm

(as the crow flies) from the Sydney CBD. High level fitness is required plus the agility & confidence to scramble with a heavy pack, at times with moderate exposure. If last year is anything to judge by, the wild flowers should also be out. There is no public transport to the start/finish of the walk, so we will need to engage a charter operator or it may be more cost and time effective to use a rental car, either way you should budget \$100-\$150 per person for this cost (in addition to the return air fare) plus the cost of basic accommodation in Katoomba (or nearby) for the final night. If you are comfortable with all of the above, please email me for further info & provide details of your previous extended walks if I do not know you - thanks.

GIRRAWEE NATIONAL PARK

Base Camp Fri 2 - Sun 4 Sep
LEADER: Janine Hope & Peter Hunt
This activity is full.

MT. BARNEY SAVAGES RIDGE

Day Walk Sat 3 Sep
LEADER: Tom Bishton
MOBILE: 0404025150
EMAIL: tbishton23@hotmail.com
GRADE: LDW-8D
LIMIT: 6
BRING: Page 3, 3lt Water Minimum
DEPART: 4:00am Fairfield Gardens
CAR KMS: 200km
MAP: Map Mt. Lindesay 1:25000

We will park the cars at Yellowpinch and walk along the track towards the start of the South Ridge. We shall turn left at the South Ridge junction and cross Cronan's creek several times. We shall then hang a right and head through some rain forest gradually ascending the mountain towards Savages ridge. As we increase in altitude the forest clears and we are rewarded with great views of West Peak, East Peak, Mt. Lindesay and the Big Lonely Peaks. As we make our way along Savages ridge we encounter some small but not difficult razorbacks and rock scrambles. As we head towards West Peak we approach a small chimney, which has some exposure but nothing serious. After ascending the chimney we reach West Peak where further great views are encountered. We shall have lunch on the top of West Peak and then descend to Rum Jungle via the Eastern face of West Peak. From here we shall take the South Ridge back to Yellowpinch. This walk will be long and will require good fitness, stamina and scrambling skills. Torches are a must on this walk as it possible that we may return in the dark.

IRON BARK GULLY

Training Day Sat 3 Sep
LEADER: Dennis Fishlock 32840551
0419577360
EMAIL: fyshies@bigpond.com.au
GRADE: MINIMAXS 3B
LIMIT: 15
BRING: Day Pack as per Page 3/3ltr water
DEPART: 8am Iron Bark Gully Picnic Grounds
UBD MAP 117 F17
NOMINATION LIST: Self Serve Online/Email
Leader
MEETING POINT ARRIVAL: Minium 15 Minutes
before Departure Time

This walk is intended to introduce new members to bush walking and to the BBW club in particular. The MinimaxS is a good option for your first walk, we will be mainly walking on a track and stopping at regular intervals to discuss a number of topics such as Clothing, Equipment, Safety and First Aid and Environmental Impact to name a few. There will be a sample of OFF TRACK to get an appreciation of the clubs walk grading system, bring your day pack, morning tea and lunch, please bring what ever gear you would take on a day walk, also bring a change of cloths to change into at the end of the walk. Register directly on the web site or at the club meetings on the registration boards with the New Membership Officer.

MT. ARUM MINES/ MT. ARUM

Day Walk Sun 4 Sep
LEADER: Mark Houghton 3289 1251[leave a message]
MOBILE: 0417 025 182[walk day only]
EMAIL: mhoug3@eq.edu.au
GRADE: SDW 4B
LIMIT: 14
BRING: As per page 3 of magazine
DEPART: 8am D'Aguilar National Park Headquarters. Mt. Nebo Road, The Gap
MAP: BFP map
Mt. Arum Mines/ Mt. Arum. The mines and Mt. Arum are in the south-east corner of D'Aguilar National Park, previously called Brisbane Forest Park. After meeting at the Park Headquarters at The Gap we head off on the Araucaria Track [graded track] around the Enoggera Reservoir. Near the end of the trail we go off track and follow some rough forestry roads over low ridges to Enoggera Creek. From here we follow the creek on the eastern side finally traveling through a few hundred metres of lantana to reach the mines. We will not be entering the mines. After a look at the mines we head off, slowly climbing a ridge to a high point called Mt. Arum. This high point is only about 168m so does not require a huge amount of effort. It is this part around Mt. Arum that gives

this walk a 4 rating. When we reach the top of Mt. Arum there is an optional lunch break before heading back to the park headquarters via some bracken/lantana, forestry roads and part of the Araucaria track. This is not a long or hard walk but I would not recommend it for new members unless they are reasonably fit and are ready for some off track walking. If you have done 3B /C walks before this would be a good first off track walk for you. Coffee/drinks and food at the end of the walk at the park headquarters or The Gap. I recommend you bring gloves and arm covering to protect yourself against the lantana. Gaiters would also be a good idea. Nomination online is preferred. If you phone [landline] please leave a message. I will endeavour to get back to you A.S.A.P. When the phone rings and I'm outside it goes to messagebank before I get inside to answer it.

WILSON'S PEAK VIA VERANDAH

Day Walk Sun 4 Sep
LEADER: Carleton Nothling 0409 516 652
This activity is full.

NORTH PEAK MT BARNEY VIA EAGLES

SLABS

Day walk Sun 4 Sep
LEADER: Jon Beer 3865 1808
GRADE: SDW 8D
LIMIT: 8
BRING: cake, licorice allsorts, chocolate? and 'the usual'
DEPART: 5am Fairfield Gardens
CAR KMS: 250?
MAP: Mt Lindesay 1:25000 topographic
NOMINATIONS: direct to leader, thanks
North Peak is the 3rd highest peak of Mt Barney which is located south south west of Brisbane and we will access it via Beaudesert and Rathdowney. This walk starts effectively on the lower slopes of Logans Ridge before crossing over Rocky Creek and the lower section of North Ridge. We then ascend up the creek which lies between North Ridge and the 'shoulder' of Isolated Peak taking us to the saddle between Isolated and North peaks. From here we follow the Eagles Ridge route over the wonderful and airy slabs all the way to North Peak. We'll descend via North Ridge. This is not a 'full on' Barney walk as the high point is North Peak ('about' 1200m), but it does require good fitness and comfort on exposure, and good grippy soled shoes/boots will help too! Views are quite excellent especially on the "airy" sections.

UNDER 40S SPRINGBROOK BASE CAMP

Base Camp Fri 9 - Sun 11 Sep
LEADER: Deniz Clarke 0401725726
MOBILE: 0401 725 726

EMAIL: denizclarke@gmail.com
GRADE: LBC3/4C
LIMIT: 25
BRING: Basecamp & daywalk gear, thermals,
Fleeces, Chair, Stove, Tent, + 10lt
Drinking Water
COST: \$10 per person (2 nights) camping
DEPART: Contact leader
CAR KMS: 220 kms
MAP: Springbrook 1:25000

We wanted to organise a base camp in an area renowned for its beautiful walks, waterfalls, escarpment and wildlife. The vegetation is primarily rainforest with the usual rainforest birds and ani-

mals. There are significant private camp areas at the Settlement campsite which we will be able to use, there is a covered cooking, eating area with coin-operated barbecues. Cold gear will be required! Sat morning we will complete the recently opened Warrie Circuit with lunch at the 'Meeting of the Waters'. Back to camp for nibbles and drinks Sat afternoon before dinner. Sun we will complete the 'Purlingbrook Falls track' from the campground. Pack up approx 2pm and back to Brisbane. Nominees will be given instructions for campsite booking once nomination has been accepted. Nominate online or email leader. Campsite booking details will be emailed to nominees.

Pilgrimage - 26-28 August

Dates: Fri 26th to Sun 28th August

Venue: Kenilworth Showgrounds

The Pilgrimage is an annual bushwalking and social event attracting members of Bushwalking Queensland affiliated clubs from throughout the south-east corner of the state and sometimes further afield. This year it is being hosted by the Sunshine Coast and Glasshouse Bushwalkers Clubs at the Kenilworth Show Grounds between Fri 26th and Sun 28th August. On the Saturday you can join one of the many day walks through the surrounding areas. A Bush Dance and other social activities are organised throughout the weekend. It is an ideal time to meet and renew friendships with fellow bushwalkers. The activity is run on a non-profit basis.

Program

Friday evening walk registration. Saturday walks start from 7:00am. Optional dinner at the hotel. Bush dance in the show ground hall. Sunday sausage sizzle breakfast, club tug of war, throw the boot competition.

Registration

Weekend registration is \$35 per person with \$5.00 discount for payment received by July 31. The package includes non-powered camping, walks, bush dance, supper, sausage sizzle, good company. Hot showers require a \$1 coin.

Registration should wherever possible be done through your own bushwalking club who can consolidate club attendee lists and registration fees. Registration received prior to July 31st are entitled to the five dollar discount.

The registration form asks if you intend to have the 3 choice set meal at Kenilworth Hotel on Saturday night at a separate cost of \$14.95. It also asks if you require the vegetarian option.

Saturday Walks

20 walks with varying degrees of difficulty are available to choose from. See the Sunshine Coast Bushwalkers website for the current list: <http://www.sunshinecoastbushwalkingclub.com/pilgrimage/>

The **Festival of The Walks** in the Maleny - Montville area will run separately from the Pilgrimage from 19 to 28th August: <http://www.festivalofthewalks.com.au/>

However, both organisation committees are liaising with each other to arrange some bushwalker leaders to assist with the Festival during the week leading up to the Pilgrimage. If any bushwalking club member wishes to help out (and attend both events), please contact the BWQ secretary.

PHOTOGRAPHIC COMPETITION

Entries are now invited for the 2011 Competition

There are 5 Categories

- Pictorial:** Photographs of any broad natural scene taken in Australia. Pictorial photographs can include eg: creeks, seascapes, waterfalls, mountains, rocky outcrops, clouds, etc.
- Nature:** Photographs depicting flora or fauna taken in Australia, excluding domestic animals. This category should also exclude evidence of man. Examples of nature photographs are birds, animals, native flowers, forest, fungi, reptiles, insects etc.
- Bushwalking:** Photographs showing one or more people participating in a bushwalking type of activity in Australia.
- Social** Social activities such as bike riding, abseiling, canoeing, dinners and picnics hosted by the club. This category does not include bushwalking.
- Overseas:** Can be comprised of any of the above 4 Categories - please label accordingly e.g. Joe_Walker_Overseas_Nature_5.jpg

Only the Overseas category can include images taken outside of Australia.

- CONDITIONS -

- Photographs must have been taken during the past 12 months on a bushwalking related activity (ie. since 23 Sept 2010)
- Entries must be on 'Digital Media' images CD-ROM as JPG files and resized to **1024 x 768** pixels. These may be produced from a digital camera, or a scanned image of a print or slide.
- All entries are to be marked with your name and the category. Each image filename should consist of your name, category and photograph number e.g. Joe_Walker_pictorial_1.jpg.
- There is a limit of 10 entries per person. Entries attract a fee of **\$1** each.
- The Grand Champion will be selected from one of the winning entries.
- The winners will be announced at the 12th October club meeting.

- CLOSING DATE -

All entries must be submitted to the Photographic Officer (Nada Campbell) prior to, or at, the **BBW Meeting on Wed 28th September 2011.**

- COMPETITION PRESENTATION NIGHT -

October Open Meeting 12th October 2011

All entries will be displayed

Enquiries to Nada Campbell before 28th September 2011
(Preferred method is email to: photographic@bbw.org.au)

.....Footprints.....

YOMPING ALONG WITH JIM

It was minus five degrees Celsius driving across the lowlands. Frost covered grass as far as the eye could see, and cattle grazed amid intermittent patches of rump high radiation fog. The sun was yet to silhouette the skyline peaks, and the car heater was working overtime. All were snug in the comfort of this man-made world of warmth within.

Joining the remainder of the team shortly thereafter, the small convoy continued towards the chosen destination as the sun now continued its inexorable rise in the east. The fields everywhere were rapidly doffing their coats of frost as they prepared for the rejuvenation of the coming day. The team, too, were becoming restless in their anticipation of becoming as one with the wilderness.

Arriving at the trailhead the group completed their pre-walk rituals and slipped eagerly into the wilderness awaiting them. A crystal creek of Antarctic-like temperature awaited them within minutes of entering the bush. Any remnants of drowsiness were now totally gone.

Along and up the ridge before them the group trudged in the joy of each other's company in the welcoming forest. Rocky outcrops punctuated their progress providing perfect platforms for the panoramas omnipresent. An azure sea of sky lapped the countryside as far as their mortal vision allowed. The silence broken only by boot contact with the ground to the accompaniment of their rhythmic breathing.

Reaching the final grassed knoll of this perambulation, it was time to refuel the tired bodies in anticipation of a long and steep descent back to valley level. Stoves appeared from packs well-used to this ritual, and hot infusions followed. The warming effect of the brews was a perfect addition to the warmth of the sun now seeming to hover overhead, and the warmth of fellowship shared between good and true friends. Surrounded by the simple beauty of nature this blessed troop reveled in the moment.

All too soon packs were donned and the descent dance of the conga began. The mighty maroon mountain ahead beckoned in the perfect light as the troop continued on down.

And then they came, those exquisite and unbelievable little creatures, the sugar gliders. Swooping low over the forward navigator's protected head, their flight complete as they gripped expertly to the saplings beside the ridge. With only seconds of tree time they again launched, one left, one right, on their smooth flights to lower altitude. Too quickly they were gone, but the image of the instant remains indelibly imprinted on the memory of the temporary denizens of the forest. This was definitely the icing on a perfect day, which had already included wonderful sightings of those amazing sky regents, the wedge tail eagles, as well as several brush tail rock wallabies.

Reaching the plains below, and deep in personal thought, the team continued slowly, reverently, through the bush to the welcoming embrace of the lower slopes of the mighty mountain. Continuing then along the creek, past the falls, now dry after the interminable drenching received earlier in the year, yet another brush tail rock wallaby allowed itself to be considered as it perched comfortably upon its territorial rocky roost.

This had been one of the most memorable of outings in recent months. A safe and enjoyable yomp in the bush in the company of like-minded souls. The only incidents, those of encounters of the best type.

It doesn't get any better than that.

Barry Collins
Safety and Training

New Leaders

Congratulations to the following new Leaders who have been approved by the Committee:

Lisa Coulburn
Jon Luthje
and

Geoff (Bushy) Hinds
Chris Hall
Katherine Gifford (welcome back to the leaders list)

Anna Donaldson

Kelvin Taylor

MOTION REGARDING HELICOPTER RESCUE SERVICES DONATIONS

This motion was postponed from the Wednesday 22nd June, 2011 meeting and will now be moved at:
THE GENERAL MEETING ON WEDNESDAY 27TH JULY, 2011.

If you are interested, would you please come along to vote.

MOTION 1:

That BBW makes an annual donation to each of the three helicopter services listed below:

- AGL Action Rescue Helicopter (based at Maroochydore Airport)
- Westpac Life Saver Helicopter (based at Caloundra Aerodrome, and Gold Coast Airport)
- RACQ Careflight (based at Gold Coast Airport)

MOTION 2

This donation is to be paid on 1st February each year

MOTION 3

The donation is to be paid out of Members Funds and therefore be allocated in the Annual Budget.

MOTION 4

The amount to be paid each year is to be agreed at the September general meeting of the club to allow inclusion in the budget

MOTION 5:

That the amount donated to each of the three helicopter rescue services this year (2011) be increased.

MOTION 6:

That the amount donated to each of the three helicopter rescue services this year (2011) be increased from \$200 to \$1000.

BACKGROUND:

Eight club members have been rescued by helicopter in the past few years: Kurt Wagner, Ros Firster, Bill Gale, Lynsey Moore, Margaret Moran, Brian Randle, Mark Stockwell and Graham McLeod.

If a helicopter service was not used in these rescues, the patient's ordeal would have been considerably worse, and in a couple of cases, the outcome may have been life threatening.

There are 4 Helicopter Rescue Services based in SE Queensland – the three mentioned above and a government-run service, the EMQ (Emergency Management Queensland), based at Archerfield. The non-government services rely on donations to maintain their operation. While there is sizeable corporate sponsorship, they also rely on community donations, from beneficiary organisations such as BBW.

According to information from the helicopter rescue services' websites, the average cost of a rescue is between \$7,500 and \$10,000. BBW members have therefore incurred between \$60,000 & \$80,000 of rescue service costs. As a beneficiary organisation, it is only reasonable to support these services.

As per the Balance Sheet published in the November 2010 BBW Magazine, Members Funds totaled \$46,697.43. This is a great deal more than is required for a "not for profit" organization, particularly as it has been steadily growing over recent years.

The Profit and Loss Statement published in the November, 2010 BBW Magazine, indicated there was one donation of \$200 for the whole year in 2010 - it does not state who was the recipient of the donation.

All of the club members we have canvassed, are supportive of the donations and we are confident the majority of members will support a donation of \$1000 each year to each of the three non-government services as a contribution to their on-going viability & so to potentially save a life or at least, make their experience more bearable should they find themselves in a position to need use of the helicopter rescue service.

Lynsey Moore, Peter Hunt, Deniz Clarke, Dawn Glancy

Committee News

President's Communiqué

Since the last magazine it has been a very sad month to record the shock of Ross's accident at Mt Lindesay, We will support Annette and I'm sure she will let us know when she is ready, if we can comfort her in any way in these difficult times.

We have had the additional discomfort of some members who want to dispose of our funds to helicopter services. It has caused considerable division and put undue stress on the club's management committee who is responsible for the club's governance for the club's welfare and betterment and compliance with authority. It is the first time in the club's history that I can recall that we have been forced to seek legal assistance and direction on dealing and reporting to authorities responsible for the enforcement of the Associations Act. Although every effort to avoid this expense and disablement to our otherwise harmonious and well managed affairs was offered, there was a total disregard for the information provided.

Independent legal advice sourced through the Chamber of Commerce and Industry (thanks to Cheryl's past experience) has made it blatantly obvious that the motions proposed are out of order and should not be processed. I have also been directed on how to deal with this matter in the event that if the motions were to be put and passed at a meeting. Basically any motions to incur the club in a loss are to be reported to the Office of Fair Trading with the names of the individual members who caused the conflict. They will then take the appropriate action to rectify the situation. Copies of the full advice has been provided to all involved.

I would urge your support to come to the meeting and appose all the motions so the issues can be resolved and we can get on with more appropriate matters towards members' enjoyment of our club's purpose.

It is important however to note that the management committee and most members support the helicopter service and other worthy charities and the way the Brisbane Bushwalkers Club Inc can support and donate to them is by organising special purpose activities such as socials, benefits and art unions, where we designate the beneficiary of the funds we raise from any such event we organised.

As Kerry Francombe mentioned at the last meeting, our walks program is diverse and caters well to our needs. Also thanks to Tom Hulse for his assistance to clear the back log on the website. Your support in coming forward to be leaders and to lead more outings strengthens the club and allows it to achieve the standards we offer. We depend on you volunteering to be a leader. (See Barry Collins S & T Officer for more information on becoming a leader)

INSURANCE

We have upgraded our insurance cover to afford more protection to our leaders and volunteers for the clubs management and activities.

We are covered in accordance with relevant Australian Standards for industry (Bushwalking Club - Recreational) and activities undertaken and as such, Brisbane Bushwalkers Club Inc have to be careful to maintain and implement our risk management procedures and compliance. The cover is insured with Australian Insures "Sports Underwriting Aust Pty Ltd" for bushwalking, abseiling, kayaking, canoeing, bicycle riding and club functions and the extent of the cover is 20,000,000. for public Liability and 5,000,000. for management Liability.

The management Liability was the area causing us concern, so this new policy will give leaders and club volunteers, particular comfort when exercising their duties in the club's welfare.

The Club no longer subscribes to any personal accident compensation insurance, for injuries sustained by members participating in our activities. If you are concerned about this you should arrange your own private health cover and personal accident insurance.

The schedule of cover and policy will be available for perusal on our website for members in due course. Copies are available from myself or the secretary at meetings.

Thomas Cowlshaw
President

VALE

ROSS MILLER

04 April 1960 – 18 June 2011



Photo: Marion Darveniza

Tragically Ross died in a rock climbing accident on Mt. Lindesay during a private outing with his wife Annette and friends.

Ross enjoyed an enthusiastic life with various outdoor pursuits in the bush and was particularly noted for his extended through walks.

He met Annette through the club, some 15 years ago and they have both ably contributed to the walks program and outings for many years.

Ross made a dedicated and responsible contribution to the club's management during the early 1990's for six or so years and served on the committee in the positions of Vice President, President, Editor and Safety & Training Officer.

He will be remembered for his generous capacity to share camaraderie and bush skills with all who had the pleasure of knowing him.

Our thoughts are with Annette and his family.

Thomas Cowlshaw
President

NEW MEMBERS

Welcome to the following New Members who joined during the last month:

Madeana Boyd	Patrick Bridgman	Chris Bridgman	Natalie Bufi
Harry Campbell	Andrew Chan	Ian Coulburn	Bronwyn Dallow
Mo Douglas-Holland	Scott Goodrick	Gisela Hanhardt	Chris Holland
Vincent Huang	Cathy Hunt	Linda Johns	Elizabeth Johnston
Kelly Kim	Lynda Knight	Susan Laurie	Ros Lim
Catherine Lockyer	Julia Marler	Ann-Maree McCarthy	Louise McFarline
Fiona Milnes	Darrin Milnes	Julia Niemann	Grace Qlu
Laura Riedy	Sandra Rothwell	Geoff Russell	Joycee Smith
Radi Tatic	Tim Watson		

Congratulations to the following who have been granted Full Membership:

Jason Boldeman	Taressa Bull	Chris Castellani	Karl Forcey
Donna Gardner	Sandra Gil	Bernd Gorenflo	Jim Hibberd
Jenny Howell	Anwar Lopez	John Mactaggart	Andrea Martin
Will Winton			

Notices

Call for Nominations for position of Returning Officer

Nominations are called for the position of Returning Officer to oversight the election of BBW office bearers at the Annual General Meeting to be held on 26th October 2011. The nominee must be a Full Member and should advise the Committee in writing (or by email) of their nomination.

Guest Speakers

Wednesday 27 July Ultra Light-Weight Through Walking - Jenny Zohn

Jen claims her overnight thru pack weighs under 10kg and contains all the luxuries, including the kitchen sink. Come along for a peek inside - there just might be an idea you could use.

Wednesday 10 August Sea Kayaking at Hinchinbrook Island - Gary Tischer

A 100km paddle up the eastern side of Hinchinbrook Island starting at Lucinda and finishing at Mission Beach after visiting the Family Isles, including Dunk Island.

Wednesday 24 August Escapades of the Family Group - Peter Lock

Wednesday 14 Sept Aust. Marine Conservation Soc. - Daisy Barham

It's not much of a place for bushwalking but the Coral Sea is a sight to be seen none the less. The Australian Marine Conservation Society's Daisy Barham is working to protect our precious Coral Sea which is further east than the Great Barrier Reef. The area is one of the last places in the world that still hosts healthy populations of large fish like tuna and marlin, as well as 30 coral reefs. It is a true oceanic wilderness. Please join Daisy to hear (and see!) why this area is worthy of protection.

Wednesday 28 Sept Trekking Poles: An Educative Presentation - Norman Moxey

More than 400 academic studies have identified the health and fitness benefits available by the proficient use of trekking poles. The important issue is knowing how to use the poles correctly to get those benefits. The correct techniques are simple but not intuitive. When poles are used correctly the impact stress loads applied to the lower limb rotating joints are significantly reduced. The presentation describes the benefits that poles can provide and gives a thorough instruction on how to use the poles to gain the benefits. Also, the latest developments in trekking pole technology and some guidance to choosing suitable poles.

Wednesday 12 Oct BBW Photographic Competition Night

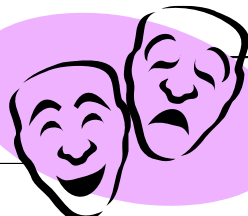
A guest photographic judge will announce the winners. All entries will be displayed. Come along and see some great pics and maybe pick up a few tips on what makes a photo a winner.

Upcoming Rogaine Events

Bushwalkers who would like to practice or improve their navigation skills might like to try out some of the rogaïne events offered by the Queensland Rogaine Association.

- Aug 13th Chuwar You Up Cyclegaïne (Chuwar, Ipswich)
- Sep 3rd 8/15/24hr Rogaine (East of Nanango)
- Oct 15th Metrogaïne (Nambour)

For further information and more event dates visit the QRA web site at www.qldrogaïne.asn.au



Out & About

DINNER & MOVIE NIGHT

To be advised
LEADER: Deniz Clarke
EMAIL: denizclarke@gmail.com
LIMIT: Nil
DEPART: 6:30pm
Location to be advised

Tue 2 Aug
0401725726

Deniz

JAZZ CAFE

DINNER & SHOW

LEADER: Anna Donaldson
MOBILE: 04 3805 2411
EMAIL: anna.e.donaldson@gmail.com
LIMIT: 10
BRING: * see below
COST: \$30/ticket
DEPART: 3:45pm Brisbane Grammar School

Sun 7 Aug

07 3351 1184

"Fine food, Cool Wine and Tasty Jazz", will be an afternoon of great entertainment. On Sunday 7th August 2011 there is going to be a wonderful presentation by the Brisbane choir, Choral Con-

nection singing Jazz classics. The event is being held at the Great Hall, Brisbane Grammar School, Gregory Tce, Spring Hill starting at 4pm. Tickets bought through me are \$30:00 for Adults, \$25.00 for Concession and primary school aged children are free. Prices include finger food dinner, wine and dessert (usually including tea and coffee). The afternoon is lovely however the seats are a little hard so I will be taking a cushion with me, feel free to do the same. I will reserve seats for 10 and be waiting to meet you near the ticket table outside the front door to the Great Hall. There is minimal parking inside the grounds of Brisbane Grammar school so expect to park down a side street or in the car park of Brisbane Girls Grammar school just next door. Payment would be required by 01/08/11. I have enjoyed their performances several times and it's going to be a great afternoon, so nominate soon. For more information www.choralconnection.org.au

Anna

XMAS IN JULY 'BACK TO BASICS' CAMP

Fri 29 - Sun 31 Jul

LEADER: Deniz Clarke
EMAIL: denizclarke@gmail.com
LIMIT: max 60
COST: \$35 for two nights camping
DEPART: Mt Tamborine

0401 725 726



The BBW Xmas in July is a tradition valued by many members of BBW. This year, the theme is 'back to basics' and we are going back to the traditions of BBW and camping. The location will be a lovely creek at Thunderbird Park, Mt Tamborine.

Festivities planned for Saturday will incorporate several BBQs and anticipate a few copies of the BBW Songbook will be utilised. Bring something delicious to cook on the BBQ.

\$35 for two nights to secure your spot. Thunderbird Park www.thunderbirdpark.com

Deniz

Magazine Collating

Magazine collating is at Brian & Julie Moore's at Everton Hills on Thursday 18th August. There is only about 1 1/2 hours work required. If you would like to come along for an easy social night and dinner please phone 3353 5641 to confirm.



For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.

If you have recently changed your address, phone number (home or work) or email please advise the Membership Register Officer so that the club records can be kept up to date:
Shirley Peadon—email: registrar@bbw.org.au; or phone: 07 3892 4641

If unclaimed, please return to:
Brisbane Bushwalkers Club Inc.
GPO Box 1949
BRISBANE 4001

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