# The BRISBANE BUSHWALKER April 2011





# BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948) GPO BOX 1949, BRISBANE 4001

www.bbw.org.au

PRICE PER ANNUM \$20.00 (included in Club Membership fee)

**MEETINGS:** The Brisbane Bushwalkers Club meets every 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2<sup>nd</sup> Wednesday. All welcome.

**COMMITTEE MEETINGS:** The next committee meeting to be held at 7.30pm on **Wednesday 6th April** is at Tom Cowlishaw's at 47 Samford Road. Alderley. Ph: 3856 4050. All members are welcome to attend.

**MAGAZINE:** Pre-trip descriptions are submitted via the leaders page on the web site. Any articles from members, especially post-trip reports, are welcome. The editor reserves the right to edit articles to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

**Deadline** for the **May** magazine is the Open Meeting **Wednesday 13th April**.

#### **BBW WEB SITE & EMAIL**

BBW web site: www.bbw.org.au

email editor@bbw.org.au outings@bbw.org.au

BBW is an affiliated member of Bushwalking Qld whose website is:

www.bushwalkingqueensland.org.au

#### **FIRST AID CERTIFICATES**

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members) for half price for those who attend.

#### **Cover Photograph**

Reynolds Gorge, Mt Bangalora photo: :Marion Darveniza

#### **EQUIPMENT HIRE**

The following equipment is available **for club activities**. The charge between meetings per item is:

Foam mat	\$2.00
Self inflating mat	\$5.00
Stove	\$5.00
Tent or Pack	\$10.00

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

All equipment may be booked for hire by phoning the Equipment Officer.

Pre-booking will ensure availability.

**PLB:** The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only. Extended loan periods will need to be arranged with the Equipment Officer.

#### **LIBRARY**

Available on the library table at all meetings:

- For sale: Long sleeve shirts \$30.00, Short sleeve shirts \$20, Caps \$10. These articles have the club logo embroidered on them.
- Car stickers and material badges all \$3.00
- Brisbane Forest Park maps unlaminated \$10.00
- Long, wide bandages to be used in the unlikely event of a snake bite \$8.00
- Maps and Rasters: free loan to leaders
- Available for loan to members: Books 50c, Magazines 20c, DVDs and CDs \$2.00

#### **MEMBERSHIP FEES**

Fees include magazine subscription.

Full Members: Singles \$40 per annum

Couples \$60 per annum

Annual membership falls due 31st January.

**Probationary Members:** 

Singles \$25 per 6month Couples \$40 per 6 month

# Club Officials

President	Tom Cowlishaw	3856 4050
Vice President	Cheryl Curtis	3801 1311
Secretary	Chris Patterson	3161 4930
Treasurer	Marge Henry	0413 337 530
Outings	Kerry Frankcombe	0430 915 943
Safety & Training	Barry Collins	0410 703 041
Membership	Dennis Fishlock	3284 0551
Social	Deniz Clarke	0401 725 726
Equipment	Eddie Chappel	3312 7032

Militars		
Photographic	Nada Campbell	0414 724 489
Librarian	Gary Curtis	3801 1311
Abseil Co-ordinator	r John Granat	3265 5404
Members Register	Shirley Peadon	3892 4641
Website Admin	Gary Curtis	3801 1311
Editors	Eugene Hedemann Jenny Zohn	3359 3114 3272 2732
Contact Officers	Tom Cowlishaw	3856 4050
Family Co-ordinato	r Marion Crowther	3351 7832

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ABBREVIATIONS & GRADING

**DISTANCE** Short — Under 10 km per day

Medium — 10 to 15 km per day Long — 15 to 20 km per day EXtra Long — Over 20 km per day Example — FSDW-3B
Family (F)
Short Day Walk (SDW)
Graded track with obstacles (3)
Easy (B)

ACTIVITY ABSeil; Base Camp; Day Walk; Through Walk; Easy Through Walk; Night Walk; SOCial Activity;

KaYaK; CYCle; Safety & Training; Federation Mountain Rescue; ROGaine.

**FAMILY** Family — Family Group conditions; contact Leader

TERRAIN GRADING — 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- **4** Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- **5** Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
- **6** Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- **8** Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- **9** Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

#### FITNESS & ENDURANCE GRADING — A to E (Note: Walking times do not include breaks.)

- A Basic Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- **B** Easy About five hours of walking and up to 300m of elevation gain/loss per day.
- C Moderate About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- **D** High High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- **E** Challenging Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

#### INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or download from the BBW website)

- Nominate for an activity via the club website, or by phoning or emailing the leader. (Some leaders only accept phone or email nominations.) Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

**TRANSPORT COSTS:** Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

**CAMPING FEES:** National Park or State Forest camping fees are \$5.15 per person per night. (The leader will provide details.) NSW National Parks also charge \$7 per vehicle per day.

**ALWAYS TAKE:** *Membership Card;* lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

#### **PROGRAM**

#### ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

March						
21 22	SNW-3B MDW-5C	Toohey Forest Monday night walk Lincoln Wreck	Barr	nam Olive ry Collins	32775279 3876 9779	
23	Meeting	Brisbane Bushwalker's Auction				
24	SNW 3C	Mt Coot-tha weekly night walk			32775279	
	7 W 'N' W	Mt Glorious Base Camp [QPWS Vo	· -		32646565	
26	DW5-D	Running Creek Falls via Neglected				
				Glancy	3343 8854	
26-27	7 FMBC-4/5C	FAMILY Lower Portals/Mt Barney				
				vther, Picnic Pete	33517832	
27	MDW 3B	Coomera Circuit		Rubie		
	MDW 4C	Iron Bark Gully	Dennis Fishloo		419577360	
	LDW-4C	Sunshine Coast Great Walk Stage			00055040	
	0D\W 50	E		nie Ryan	33255616	
	SDW-5C	England Creek Right Branch - BFF		Beer	3865 1808	
	MINIMAXS 4B	Mt Coot-tha for New Members		y Collins	3876 9779	
28	SNW-3B	Toohey Forest Monday night walk		nam Olive	32775279	
29	MDW-5D	Lizard Point	•	3876 9779 [not o	v -	
	SNW2C	West End Hills		•	15 139 646	
31	4C/5C	Mt Cootha		Rubie		
	SNW 3C	Mt Coot-tha weekly night walk	Nada Campbe	ell / Graham Olive	32775279	
April			_			
1-3	M BC 3C	Border Ranges Base Camp		•	408 806310	
2	SDW3C	Glasshouse Mountains Suite		n Kane		
	MINIMAXS 3B	Iron Bark Gully	Dennis Fishloo		419577360	
2-3	MTW4 C	South Bald Rock		n Mitchell	32819751	
	TW-6C	Stinson Wreck and Stretcher Track		•		
3	MDW4C	Mt d'aguilar via Piper COMMANCI		n Shields	32646565	
	XLDW-4C	Sunshine Coast Great Walk Stage				
			•	33255616 [not o		
4	SNW-3B	Toohey Forest Monday night walk		nam Olive	32775279	
4-5	LDW 4D	Mistake Mountains - Sierra Gorge		•	3191 3264	
5	SOCIAL	Himalayan Cafe Dinner & Movie		er Hunt	33513642	
7	SNW 3C	Mt Coot-tha weekly night walk		e, Nada Campbell		
8-10	SOC	Flinders Beach, North Stradbroke I			150 614300	
9	MDW-6D	Mt Barney - South Ridge		y Collins	3876 9779	
	LDW-7D	Mt Barney - SE Ridge		n Bishton		
	MDW-8D	Mt barney. mid south east Ridge {r		Paul Horwath		
9-10	MTW4 C	South Bald Rock		n Mitchell	32819751	
9-21	SOC	Island Cruise		a Campbell		
10	MDW 3C	<b>,</b>	Dennis Fishlocl		419577360	
	MDW-4C	Wagawn Lookout		Rubie		
	LDW-5C	Long Creek Falls		ie Chappel	33127032	
	LDW-6D	mezzanine Ridge and the chamber		Paul Horwath & T		
	MDW5C	Love Ck The Source		n Shields	32646565	
11	SNW-3B	Toohey Forest Monday night walk		nam Olive	32775279	
13	Meeting	Light Weight Through Walking -				
14	4C/5C	Mt Cootha		Rubie		
	SNW 3C	Mt Coot-tha weekly night walk		nam Olive	32775279	
16	SD/NW 3B	Sunset and moonrise from Mt Mitch		n Mitchell	32819751	
	SDW 6C	Muscat and Bailey		e Kemp	3371 2707	
	ROG	Moogerah	Lynl	ey Murtagh	3165 3031	

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16-17	7 MTW-6? D?	Waterfall Ck/Basket Swamp Ck Ex	ploration
		·	Lou & Marion Darveniza 3378 4031
17	SD/NW 3B	Sunset and Moonrise from Mt Mitc	
	MDW 4C MDW-6D	BellBird Grove Walk Mt Maroon - South Ridge	Dennis Fishlock 32840551 0419577360  David Sydes 33184085
	LDW-8D	Savages Ridge	Paul Horwath
	MDW5C	SOUTH KOBBLE CK The Source	John Shields 32646565
18	SNW-3B	Toohey Forest Monday night walk	Graham Olive 32775279
	6 MTW-7D	Sundown National Park Circuit	Lou & Marion Darveniza 3378 4031
	S LTW5C	Oxley Wild Rivers NP	John Mitchell 32819751
26-30 <b>27</b>	) LTW 3-C <b>Meeting</b>	Fraser Island <b>Aust Marine Conservation Socie</b>	Ken Rubie
29-2	MTW-6D	Teviot to Spicers	Lynley Murtagh 3165 3031
	MTW-6D	Spicer's Gap to Teviot Gap	David Sydes 33184085
	ETW4C	Girraween Celestial Palace	Picnic Pete 3351 1184
30	LDW-7D	Logan's Ridge Mt Barney	Carleton Nothling 0409 516 652
30-2	MTW4 C	Moreton Island	John Mitchell 32819751
May			
1	MDW 5C	Neglected Mountain	Cath Carkeet 3357 5607
	MINIMAXS 3B	Iron Bark Gully	Dennis Fishlock 32840551 0419577360
6-8	BC3/5C	Mt Glorious Base Camp	John Shields, Bernie Ryan 32646565
_	MTW5C	Girraween Throughwalk	Ryan Langley
7 8	MDW-6D	SSW Slope of Mt Maroon	Lou & Marion Darveniza 3378 4031
o 11	MDW-5C <b>Meeting</b>	Lizard Point  Blue Mtns Heritage Area - Annet	Lynsey Moore 3366 6135
14	Meeting		
14		Of John 3 Milipulation-Combined M	DDIV FIRST AID & Recertification Courses
14			pply First Aid & Recertification Courses y Collins, Peter Mrzyglocki 3876 9779
15	MDW-3B	Barr Tamborine Mt for New Members -	y Collins, Peter Mrzyglocki 3876 9779 MINIMAXS Eddie Chappel 33127032
15	SURVEY 7D	Barr Tamborine Mt for New Members - Mt. Razorback - Lost World	y Collins, Peter Mrzyglocki 3876 9779 MINIMAXS Eddie Chappel 33127032 Tom Bishton
15 18	SURVEY 7D MDW-7D	Barr Tamborine Mt for New Members - Mt. Razorback - Lost World Mt Maroon - South Ridge	y Collins, Peter Mrzyglocki 3876 9779 MINIMAXS Eddie Chappel 33127032
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15 18	SURVEY 7D MDW-7D	Barr Tamborine Mt for New Members - Mt. Razorback - Lost World Mt Maroon - South Ridge Ships Stern Circuit + Base Camp	y Collins, Peter Mrzyglocki 3876 9779 MINIMAXS Eddie Chappel 33127032 Tom Bishton Lou & Marion Darveniza 3378 4031
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# .....Coming Trips.....

#### TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 21 Mar

LEADER: Graham Olive 32775279

EMAIL: gol91084@bigpond.net.au

GRADE: SNW-3B LIMIT: 10+

BRING: Page 3 items

DEPART: 6:30pm Car park behind

McDONALDS Salisbury. Cnr Toohey Rd, Orange Grove Rd & Evans Rd

MAP: BCC Toohey Forest track map

This walk is an exercise walk to help people maintain their fitness. We start this night walk from the upper car park behind the Mcdonalds restaurant in Salisbury. There are lots of tracks so a different route each time. There are hills so a moderate level of fitness is needed. The pace will NOT be fast, but we will need steady walking to finish under two hours. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time, to register their name for the walk commencement at 6.30 sharp. We will finish the night off with a coffee. By the way, these walks don't count toward full membership.

#### LINCOLN WRECK

Day Walk Tue 22 Mar

This activity is full.

#### MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 24 Mar

LEADER: Graham Olive 32775279

MOBILE: 0414724489 Nada

EMAIL: nadacampbell@y7mail.com

GRADE: SNW 3C

LIMIT: 20

BRING: page 3 plus torch & water

COST: money for coffee

DEPART: 6:30pm carpark west of Summit cafe

Mt Coot-tha

The Mt Cootha Thursday night walks are exercise walks to assist people to improve their bushwalking fitness and to learn techniques for night time walking. The walks will commence at 6.30pm sharp from the car park below the Summit Cafe on Mt Cootha, leading back towards the western side of the mountain. The walks will be approximately 2 hours in duration, on marked tracks and fire trails, involving the descent and ascent of the mountain at a reasonable walking pace. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some

places, steep inclines. Participants will need a moderate level of fitness suitable for hill walking. Participants will need the Page 3 items as well as requiring the appropriate hiking footwear, torch and drinking water. At the end of the walk we will have coffee at the Summit Cafe for those who wish to reward their efforts and enjoy the sights of Brisbane at night. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time for the walk commencement at 6.30 sharp. For further information please contact the walk leader

#### MI GLORIOUS BASE CAMP[ QPWS VOLUN-TEERS ONLY ]

Base Camp Fri 25 - Sun 27 Mar LEADER: John Shields 07-32646565

MOBILE: 0447824988 Walkday only EMAIL: johnashields@bigpond.com

GRADE: W'N' W

BRING: Working clothes ,gloves tools etc op-

tional day walk pack

COST: \$13camp fee[2 nights]

Our normal maintenance work with the optional day walk on Sunday if desired .

# RUNNING CREEK FALLS VIA NEGLECTED MOUNTAIN AND THE STRETCHER TRACK

Day Walk Sat 26 Mar

This activity is full.

#### FAMILY LOWER PORTALS/MT BARNEY WA-TERFALL (FAMILY)

Family Walk-in Base CampSat 26 - Sun 27 Mar

LEADER: Marion Crowther, Picnic Pete

33517832

MOBILE: 0417081002

EMAIL: marion2008@mjcskk.id.au

GRADE: FMBC-4/5C

LIMIT: 18

BRING: p3 + walk-in base camp gear

COST: Car contribution + approx \$6pp camp

fee TBC

DEPART: 6:30am Yeronga Park Swimming

pool complex

CAR KMS: about 210km

MAP: Mt Lindsay 1:25000

The aim of this activity is to combine some camping with walking without having to lug the camping gear for the whole day. The camp ground is about 4km in along the track where we can drop our tents and any other bits you won't require for the day before continuing on with what is a great day of fun in the water with a bit of walking - the total walking for the day will be about 8km. The

Page 6 The Brisbane Bushwalker

lower portals is a lovely swimming hole on Mt Barney Creek. So we'll swim. Then we'll explore further upstream, as far as the Barney Waterfall, where there are a couple of natural water slides. So we'll slide. There will be an optional climb to the top of the falls, where there are some spa baths. So we'll bathe. We return via the same path, except if your pack is waterproofed, you will be able to swim down through the lower portals instead of having to walk around. If the day is hot, we will swim until quite late and walk out when it is a bit cooler - almost sunset. There is not much climbing, but there will be some rocks to walk on. You'd be better off wearing shoes that can get wet - saves you pussy-footing around with bare feet in the creek. Saturday night will be a pleasant night's camp in the bush. Sunday morning we can have a swim in the nearby creek before heading the 4km back to the cars.

This is a FAMILY GROUP ACTIVITY - please don't nominate unless you are part of the Family Group and planning on bringing children. ALL Children must be registered as Guest Members BEFORE participating in this activity.

#### **COOMERA CIRCUIT**

Day Walk Sun 27 Mar

This activity is full.

#### IRON BARK GULLY

Sun 27 Mar Day Walk LEADER: 32840551 Dennis Fishlock

0419577360

EMAIL: fyshies@bigpond.com.au

MDW 4C GRADE:

LIMIT: 15

**BRING:** Day Pack as per Page 3/3ltr water DEPART: 7am Alderley Shopping Centre Car

Park UBD Map 139 D11

CAR KMS: 80 kms

Brisbane Forest Park MAP:

NOMINATION LIST: Self Serve Online/Email

Leader

MEETING POINT ARRIVAL: Minium 15 Minutes

before Departure Time

This walk is located in the Samford State Forest, the start of the walk commences from Iron Bark Gully Picnic Grounds which is off Samford road. This is a easy off track walk not exceeding 300m elevation, the vegetation is Australian native scrub and also the home of the Powerful Owl. We will start on a less than visible pad then go off track crossing some fire trails and working up and down ridge's and gully's as we work to the furtherest point in the park for morning tea. We will then continue to work cross country to the highest point for lunch, then work our way back to cars via Lomandra Picnic grounds and back to our cars. Samford Bakery for afternoon tea. THIS WALK IS ALSO SUITABLE FOR NEWER MEM-BERS WITH A REASONABLE LEVEL OF FIT-NESS AND READY TO VENTURE INTO OFF TRACK WALKING.

#### SUNSHINE COAST GREAT WALK STAGE 2 -FLAXTON TO GHEERULLA CIRCUIT

Sun 27 Mar Day Walk

This activity is full.

#### **ENGLAND CREEK RIGHT BRANCH - BFP**

Daywalk Sun 27 Mar LEADER: Jon Beer 3865 1808

GRADE: SDW-5C

LIMIT: 8 (or more if there's demand)

togs and the 'usual' BRING: DEPART: 7:00am Alderley

CAR KMS: 80?

MAP: Brisbane Forest Park Information

Map - 1:30000

NOMINATIONS: direct to me England Creek is located in Brisbane Forest Park (BFP) in the Mt Glorious region west of Brisbane. We'll start from Maiala NP walking down the road to access Joyners Ridge road which we follow before taking a ridge down to the creek. The intention is to follow up the creek through rainforest sections and eventually exiting initially via an open forest spur and then on the track back which will take us back to the main road and cars. Good swimming opportunities will be taken advantage of! This branch of the England creek is certainly less visited but well worth the effort.

#### MT COOT-THA FOR NEW MEMBERS

Day Walk Sun 27 Mar LEADER: Barry Collins 3876 9779

0410 703 041 MOBILE:

EMAIL: bazzoo340@yahoo.co.uk

GRADE: MINIMAXS-4B

LIMIT:

**BRING:** Usual day walk gear - refer p3 'must

take' stuff

DEPART: 8am Mt Coot-tha summit carpark MAP: Sunmap Brisbane Forest Park

1:30000

Minimum Impact Maximum Safety = MinIMaxS. This walk is intended to introduce new members to bush walking, and to Brisbane Bushwalking Club in particular. It is an ideal option for your first walk with the club. We'll have a yomp around some walking tracks, stopping occasionally to discuss Club protocols, gear, clothing, safety and environmental impact. There will be a small sample of off track walking to give an appreciation of the club's grading system. Please meet at the roundabout end of the car park that you come to

just before the Summit Restaurant at the top of Mt Coot-tha. Be there about 15 minutes before the departure time. Bring your pack, your lunch and whatever gear you would normally take on a full day walk [refer page 3 of the Club magazine]. After the walk we'll wander up to the Summit cafe for refreshments prior to heading off home. Leaders thinking of running MinlMaxS walks are very welcome to join in and assist.

TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 28 Mar See activity description for Mon 21 Mar.

#### LIZARD POINT

Daywalk Tue 29 Mar

This activity is full.

**WEST END HILLS** 

Night Walk Tue 29 Mar LEADER: Joan Davey 0415 139 646

MOBILE: 0415 139 646

EMAIL: joanyd@dodo.com.au

GRADE: SNW2C LIMIT: 10

BRING: water, money for coffee

COST: coffee/drink

DEPART: 6pm Ship Inn Southbank

CAR KMS: 0

We will walk around West End/Highgate Hill up & down some of the hills for about 1-1/2 hours for a some fitness training. Anyone training for that big walk very welcome. We will have a coffee/drink after at The Ship Inn after the walk. You do need to have reasonable fitness for this walk as we do walk at a fairly brisk pace and we do find as many hills as we can. This is not a social walk it is a training walk, there is no stopping for the 1-1/2 hours you do need to be able to push yourself that little extra. We leave at 6pm sharp so please give yourself plenty of time for traffic & parking.

MT COOTHA

Night Walk Thu 31 Mar

LEADER: Ken Rubie This activity is full.

MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 31 Mar LEADER: Graham Olive 32775279

See activity description for Thu 24 Mar.

**BORDER RANGES BASE CAMP** 

Base Camp Fri 1 - Sun 3 Apr LEADER: Greg Kuss. 0408 806310

EMAIL: gregory.dkiss@gmail.com

GRADE: M BC 3C

LIMIT: 12

BRING: Day Pack, Base Camp Gear

COST: NSW camp fees, petrol contrib, plus

meals.

DEPART: 5:45pm Fairfield Gardens Car Park MAP: Hema Maps. North East NSW road

an .

We will carpool from Fairfield Gardens on the Friday night. We regroup at the Railway Hotel Beaudesert for a Friday night counter tea. We then travel via Lions Rd to Forest Tops camping area in Border Ranges National Park, where we will camp Friday and Saturday nights. Saturday we will do the 15km (approx) track and road walk through beautiful Brindle Ck rainforest. Having our lunch at Antarctic Beech Picnic Area, and returning via the one way road walk. Saturday evening bring party food and drinks for our happy hour. Sunday morning we will do the Tweed Range scenic drive and stop at Blackbutts lookout which provides breathtaking views of the Tweed Valley and Mt Warning which we are on our way to climb. We travel onto the Kyogle Murwillumbah Rd through Uki to Mt Warning. We will climb Mt Warning via the graded track and have lunch on top. For afternoon tea we will drive over to a cafe at Kingscliff. If time and weather permits we can have a swim in the ocean. We will then travel back to Brisbane via the M1.Good fitness and self reliance required for the weekend. We will need a couple of reliable vehicles for the driving. Two wheel drives suitable.

#### **GLASSHOUSE MOUNTAINS SUITE**

Day Walk Sat 2 Apr

LEADER: Hilton Kane MOBILE: 0413253238 GRADE: SDW3C

LIMIT: 12

BRING: Page 3 items
COST: \$12 car-pooling
DEPART: 7:30am Alderley

CAR KMS: 120

MAP: Glasshouse Mountains 1:25,000

Autumn is a great time to walk the peaks of the Glasshouse Mountains. There is plenty of steep terrain to work up your fitness in a location just 60km from Alderley. If you are just starting out and are uncertain about walking up and down hills, then this is for you. We begin with the path to the lookout on Beerburrum (280m) to gauge your uphill ability, then progress to Ngungun (253m) where the uphill push is rewarded with a 360 degree panorama of the Glasshouse Mountains region. After lunch, we will head over to the Tibrogargan circuit - around, not up this one. NB If you have not walked up hills before, this is an opportunity to do so with some company for conversation as we go. If you regularly grab at hand-

rails on stairs, I would strongly recommend a trekking pole or long walking stick to assist, particularly on the descents. The pace will be beginner friendly, but as swift as the group can manage.

#### **IRON BARK GULLY**

Training Day Sat 2 Apr LEADER: Dennis Fishlock 32840551

0419577360

EMAIL: fyshies@bigpond.com.au

GRADE: MINIMAXS 3B

LIMIT: 15

BRING: Day Pack 3ltr Water

DEPART: 8am Iron Bark Gully Picnic Grounds

**UBD MAP 117 F17** 

NOMINATION LIST: Self Serve Online/Email

Leader

MEETING POINT ARRIVAL: Minium 15 Minutes

before Departure Time

This walk is intended to introduce new members to bush walking and to the BBW Club in particular. The MinimaxS is a good option for your first walk, we will be mainly walking on track at stopping at regular intervals to discuss a number of topics, such as clothing, equipment, safety, first aid and environmental impact to name a few. There will be a sample of off track to get an appreciation of the clubs grading system, bring your day pack, morning tea and lunch, please bring what ever gear you would take on a full day walk, including a change of fresh cloth's. Register directly on the website or at the club meetings on the registration boards with the New Membership Officer.

#### **SOUTH BALD ROCK**

Through Walk Sat 2 - Sun 3 Apr LEADER: John Mitchell 32819751

EMAIL: mitchbbw@gmail.com

GRADE: MTW4 C

LIMIT: 8

BRING: Nornal Through Gear

COST: camp\$5 Car fee \$7 Petrol \$55

DEPART: 7am tba CAR KMS: 550kms MAP: Giraween

SOUTH BALD ROCK

This walk is one of the best short through walks, and is especially suitable for first time through walkers. We start from Brisbane and head to Stanthorpe for early morning tea/late breakfast. From there we head out to the Mt Lindsay Highway, and head to Bald Rock NP camp ground. We exercise our legs by climbing Bald Rock to enjoy the 360 degree views and to overview where we walk. We have lunch back at the carpark, before heading off with our packs. We take the loop track which in part follows Racecourse

Ck until we reach South Bald Rock. 8/9kms. Light permitting we have time to climb/explore the rock, before returning for nibbles/drinks. We camp here. There is water available from the creek. Boil/treat. The next morning we return via the Border Track and climb West Bald Rock on the way. We return to our cars in time for lunch. Three places will be keep for first time through walkers, until one week before the walk. Please indicate in comments column if you are a first time through walker. Gear is available for hire from the club. Do not spend money on gear. Beg, hire, borrow or steal. Please contact me or other club members re gear if you have any questions.

#### STINSON WRECK AND STRETCHER TRACK VIA OI OI CREEK

Through Walk Sat 2 - Sun 3 Apr This activity is full.

#### MT D'AGUILAR VIA PIPER COMMANCHE

Day Walk Sun 3 Apr LEADER: John Shields 07-32646565 MOBILE: 0447824988[on walk day only] EMAIL: johnashields@bigpond.com

GRADE: MDW4C

LIMIT: 15

BRING: Day pack as page 3 / 2 lit water COST: \$14CAR CONTRIBUTION Tam Albany Ck Centro Shopping

Centre UBD map108 E16 CAR KMS: 80 return

Drive to D'Aquilar NP and leave the cars at Tenison Woods mtn. Following the old fire trail along the ridge, a small diversion off the track takes us to view a giant Cedar tree. Back up to the track and on to the Wings Tree we turn off and head down to the wreck. Smoko will be in the palm grove before we descend. Having viewed the remains we head offtrack ascending a ridge and on to mt D'Aguilar by way of a high point and across a saddle for lunch. Returning to the high point we pick up a bearing take us over another saddle and up to the ridge to meet up with the track to head us back towards the cars. A picturesque walk through dry rainforest under the protection of the canopy to protect from the elements. The variations in elevations make the walk interesting. Olleys for coffee and homemade cake.

# SUNSHINE COAST GREAT WALK STAGE 3 - GHEERULLA CIRCUIT

Day Walk Sun 3 Apr

This activity is full.

#### TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 4 Apr See activity description for Mon 21 Mar.

#### **MISTAKE MOUNTAINS - SIERRA GORGE**

Survey Mon 4 - Tue 5 Apr LEADER: Jim Lydon 04 3191 3264

EMAIL: j.lydon@uq.net.au

GRADE: LDW 4D

LIMIT: 16

BRING: Page 3 Kit + 2L Water COST: Camp Fee + Car Pool

DEPART: 7am Mt Castle Lookout Carpark

MAP: Glen Rock 9342-23

The Mistake Mountain Range, North of Cunninghams Gap, has a formidable Western Scarp some 20 km long. High Flaggy Creek rises at an elevation of 1000 m, close to" The Winder", and over the eons has cut a deep "S" shaped gorge (Sierra Gorge) down through the cliff line; it is dark, moist, green and mossy, with permanent potable water and a steep jumbled floor. It is unexplored! "The Winder" is what is left of an old two drum snigging winch; sans IC Prime Mover. We drive into the PoplarFlat/MannaGum self reqister (\$5.15) camping area at the top of Dalrymple Ck, camp overnight (Mon 4 Apl 11), and aim for a 7.00 am (Tues 5 Apl 11) start from the Mt Castle Lookout carpark. The first leg is a walk to The Winder. The track goes gently up and down for about 6 km; vegetation varied, but including Nettle and face high Gympie, and with Carpet and Black snake in season. The next leg takes us off-track to the West through rainforest, to contour across the headwaters of High Flaggy Ck, and thence down a spur to the top end of Sierra Gorge, ready to begin our exploration. After exploring the gorge, we can return to the Winder by following the creek up past small falls, cascades, and water chutes, a distance of about 1.4 km; else, if energy levels are low, we return cross country along the 900 m contour the way we came. This is about the same distance, but generally easier going. From The Winder, we return to the cars the way we came. Most of this walk is through rainforest at about 1000 m elevation, so is suitable for Summer as well as Winter. Total distance is about 16 km, and the maximum height loss/gain is 250 m. It is expected that the Survey will grade the walk somewhere about LDW - 4C; however, surprises abound!

#### MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 7 Apr LEADER: Graham Olive 32775279 See activity description for Thu 24 Mar.

# FLINDERS BEACH, NORTH STRADBROKE ISLAND

Walk-in Social Base Camp Fri 8 - Sun 10 Apr This activity is full.

#### MT BARNEY - SOUTH RIDGE

Day Walk Sat 9 Apr

This activity is full.

#### MT BARNEY - SE RIDGE

Day Walk Sat 9 Apr

LEADER: Tom Bishton MOBILE: 0404025150

EMAIL: tbishton23@hotmail.com

GRADE: LDW-7D LIMIT: 6 inc. leader

BRING: Day walk gear + 3-4L Water and

Torch

DEPART: 5am Fairfield Gardens

CAR KMS: 250

MAP: Mt Lindesay 1:25000 topographic We shall park the cars at the Yellowpinch day use area and follow a track around the base of Barney. We shall then branch off to the right towards the base of the South East Ridge. We shall ascend the South East Ridge towards the East Peak of Mt. Barney. On the way we are rewarded with great views of Mt. Lindesey, Mt. Ernest and Mt. Barney Logan's ridge. However there will be bits of exposure on the way up and some scrambling. On the top of East Peak we shall take in the views and have lunch. We shall descend either by South East Ridge or South Ridge depending on the conditions. I shall be carrying climbing tape should it be required. As with any Barney walk good fitness and stamina is required. The walk involves around 1,100m in elevation. Please bear this in mind when nominating.

# MT BARNEY. MID SOUTH EAST RIDGENEW WAY UP

Day Walk Sat 9 Apr

LEADER: Paul Horwath MOBILE: 0429509334 GRADE: MDW-8D

LIMIT: 9

BRING: Day walk gear/3L H2O + LotsaNRG!

DEPART: 4am Fairfield CAR KMS: 200km +

MAP: Mt Lindesay 1:25000

NOMINATION: Self registration preferred This is the ridge in between logans and south east.MID south east this will be a long and reasonably arduous day. we'll leave at 0600 morning, climbing to the top of East Peak and returning via eagans creek. We're planning a 4 hour ascent, a leisurely 1 hour lunch on top, followed

by a 3 hour descent. With around 1000m elevation to be gained and lost, it's always possible that we could arrive back at camp after dark, so you MUST be prepared accordingly. No torch, no go! Before nominating for this activity you MUST have previously completed other Grade 7d/8d walks w The pace will be reasonably 'constant' so fitness is a prime consideration. If we have not walked together before, please contact me via email with details of previous club walk experience. Looking forward to your company on the day. if your down for the day 4am Fairfield

#### **SOUTH BALD ROCK**

Through Walk Sat 9 - Sun 10 Apr LEADER: John Mitchell 32819751

See activity description for 2-3 Apr.

#### FLAXTON/UBAJEE WALK

Day Walk Sun 10 Apr

This activity is full.

#### **WAGAWN LOOKOUT**

Day Walk Sun 10 Apr

This activity is full.

#### LONG CREEK FALLS

Day Walk Sun 10 Apr

This activity is full.

# MEZZANINE RIDGE AND THE CHAMBERS OF SECRETS

Day Walk Sun 10 Apr LEADER: Paul Horwath and tom bishton

GRADE: LDW-6D

LIMIT: 7

BRING: Page 3 gear, torch, 3L water

COST: \$20

DEPART: 6am yellow pinch

CAR KMS: 200km MAP: Mt Lindesay

We will park outside yellow pinch walk across the road and immediately start walking uphill towards Ridge. After about 2 hours we will reach a rocky outcrop for morning tea. We will be on top of East Peak for lunch and will descend via South East Ridge. Will be camping tonight at Flanagans.

#### LOVE CK THE SOURCE

Day Walk Sun 10 Apr LEADER: John Shields 07-32646565

MOBILE: 0447824988 Walkday only EMAIL: johnashields@bigpond.com

GRADE: MDW5C LIMIT: 15

BRING: Day pack as page 3 / 2 lit water COST: \$14CAR CONTRIBUTION

DEPART: 7am Albany Ck Centro shopping cen-

tre UBD108F16 Westpac sign

CAR KMS: 84 KM return

MAP: BFP

NO LIST AT MEETING

SELF SERVE ON LINE BOOKINGS

Drive to Tenison Woods Mtn. We drop straight into the gully which is the start of Love Ck which we follow to find the first signs of running water . This we follow through the palm lined rainforest rising up each side. A little rock hopping and creek crossing with minimal drop in altitude and no really difficult terrain. Smoko in a picturesque grove along the creek. Proceeding further down stream we turn off into a tributary which will ascend to the top of the ridge and pick up the Mt D'Aguilar Track which will take us back to the cars. This ascent involves following the watercourse up hill over the occasional rock ledge but nothing too difficult. Very pretty country and plenty of photo opportunities. Coffee and homemade cake at Olleys. Only rated 5 because of the rock hopping. An ideal walk for a member wanting to try off track with getting too adventurous.

#### TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 11 Apr See activity description for Mon 21 Mar.

#### MT COOTHA

Night Walk Thu 14 Apr

LEADER: Ken Rubie MOBILE: 0448448598

EMAIL: kenrubie@hotmail.com

GRADE: 4C/5C LIMIT: 10

BRING: Page 3 items

DEPART: 6:30pm See Description below

MAP: Mt Cootha

The Mt Cootha Thursday night walk is an exercise walk to assist people to improve their bushwalking fitness and to learn techniques for night time walking. The walk will commence at 6.30pm sharp from the car park below the Summit Cafe on Mt Cootha, leading back towards the western side of the mountain. The walks will be approximately 2 hours in duration, on marked tracks, fire trails and off track involving the descent and ascent of the mountain at a reasonable walking pace. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate to good level of fitness suitable for hill walking and to maintain the pace of the walk. Participants will need the Page 3 items as well as requiring the appropriate hiking footwear, torch and drinking water. At the end of the walk we will have coffee at the Summit Cafe for those who wish to reward their efforts and enjoy the

sights of Brisbane at night. For further information please contact the walk leader

MT COOT-THA WEEKLY NIGHT WALK

Short Night Walk Thu 14 Apr LEADER: Graham Olive 32775279

See activity description for Thu 24 Mar.

SUNSET AND MOONRISE FROM MT MITCHELL

Day Walk Sat 16 Apr LEADER: John Mitchell 32819751

EMAIL: mitchbbw@gmail.com

GRADE: SD/NW 3B

LIMIT: 12

BRING: Normal Day Walk

COST: \$15

DEPART: 1pm Yamanto Shopping Centre

Macca's carpark

CAR KMS: 150kms MAP: Main Range

Experience the sun setting in the west while the full moon rises in the east, while enjoying a meal and other delights, while at the top of Mt. Mitchell. Mt Mitchell is the mountain on the left of Cunningham's Gap. National Parks track goes from the car park to the top. The distance of the walk is 5kms each way. The plan of attack is simple 1.To reach the top of Mt Mitchell about 30-40 minutes before Sunset. 2.Enjoy food and a glass or two. 3.Watch the sun set while watching the full moon rise in the east. 4.Walk back to the car park about 1 hour or so after sunset. What to bring normal day pack with extra goodies plus a good torch and extra batteries. Warm gear- yes.

**MUSCAT AND BAILEY** 

Day Walk Sat 16 Apr

This activity is full.

**MOOGERAH** 

Rogaine Sat 16 Apr LEADER: Lynley Murtagh 3165 3031

MOBILE: 0414 631 115

EMAIL: lynleymurtagh@gmail.com

GRADE: ROG LIMIT: no limit

BRING: List provided by Qld Rogaining COST: \$35.00 plus \$10 non members

DEPART: 10am Moogerah

If you are interested in learning to Rogaine please get a team together or email me and I will put you in touch with other interested people. Rogaining can have teams of 2 - 5 people. It is a fun way to practice your navigation and a great social weekend as well. Choose to have dinner and head back to Brisbane or camp over and have breakfast. If you are wanting to help build your

navigation skills please let me know or look on the Qld Rogaining web site:

www.qldrogaine.asn.au

#### WATERFALL CK/BASKET SWAMP CK EX-PLORATION

Survey Sat 16 - Sun 17 Apr LEADER: Lou & Marion Darveniza3378 4031

EMAIL: louandmarion@gmail.com

GRADE: MTW-6? D?

LIMIT: 6

BRING: Usual throughwalking gear, nibbles

DEPART: 5:30pm

CAR KMS: 600 km (approx)

Basket Swamp Ck is familiar - a creek with one waterfall after another, and magnificent swimming holes. Roughly parallel to it and entering Cataract River further downstream is Waterfall Ck with a very large waterfall visible from the Bruxner Highway. The plan is to camp at the Basket Swamp campground on Friday night. Then on Saturday after going down basket Swamp Ck for roughly an hour, take an old road over to Waterfall Ck. We will investigate Waterfall Ck, get down the waterfall and camp somewhere in Cataract River that night. Sunday will involve coming up Basket Swamp Ck to the cars.

#### SUNSET AND MOONRISE FROM MT MITCHELL

Day Walk Sun 17 Apr LEADER: John Mitchell 32819751 See activity description for Sat 16 Apr.

#### **BELLBIRD GROVE WALK**

Day Walk Sun 17 Apr LEADER: Dennis Fishlock 32840551

0419577360

EMAIL: fyshies@bigpond.com.au

GRADE: MDW 4C

LIMIT: 15

BRING: Day Pack as per Page 3/3ltr water

COST: petrol \$10 DEPART: 6:45am Alderley

CAR KMS: 80Kms

MAP: Brisbane Forest Park

NOMINATION LIST: Self Serve Online/Email

Leader

Bellbird Grove is located on the Mt Nebo road just past Brisbane Forest Park HQ, the walk will start on a designated track for about 1km, from here we will go off track for most of the day, working our way up and down ridges and gully's. After morning tea we will ascend a steep ridge which is Clear Mountain for about one and half hours as we gain height we will get good views of the city, the vegetation is a mix of native scrub which is mainly Australian gums and other native

species. Once we get to the top of Clear Mountain we will stop for lunch at the picnic grounds and take in the views of the city, we will then proceed back down the mountain and go off track back to the car park. Afternoon tea at the Gap. THIS WALK IS ALSO SUITABLE FOR NEW MEMBERS WANTING TO START TO DO OFF TRACK, A REASONABLE LEVEL OF FITNESS IS REQUIRED.

#### **MT MAROON - SOUTH RIDGE**

Day Walk Sun 17 Apr LEADER: David Sydes 33184085

This activity is full.

#### SAVAGES RIDGE

Day Walk Sun 17 Apr

LEADER: Paul Horwath GRADE: LDW-8D

LIMIT: 12

BRING: 4lt water, Page 3
DEPART: 4am Fairfield Gardens

CAR KMS: 200km

MAP: Mt,Lindesay 1:25000

We will park outside Mt.Barney Lodge and walk for about one hour until we pass the start of South Ridge track. After three creek crossings we hang a right up Savages Ridge which will take us all the way to the western side of West Peak. We will begin to climb West Peak and after negotiating the chimney quite close to the top we will be on the summit for lunch. This vantage point affords us different views of Mt.barney and is quite spectacular. After descending the Eastern face of West Peak we reach Rum Jungle and follow South east Ridge track to the base. Come along for a long but wonderful day. WILL MEET YOU ALL AT YELLOW PINCH 6AM

#### SOUTH KOBBLE CK THE SOURCE

Day Walk Sun 17 Apr LEADER: John Shields 07-32646565

MOBILE: 0447824988 Walkday only EMAIL: johnashields@bigpond.com

GRADE: MDW5C

LIMIT: 10

BRING: Day pack as page 3 / 3 lit water

COST: \$14 car contribution

DEPART: 7am Albany Ck Centro shopping cen-

treUBD108F16 Westpac sign

CAR KMS: 84 KM return

MAP: BFP

NO LIST AT MEETING

SELF SERVE ONLINE BOOKINGS

**PREFERRED** 

Drive to Tenison Woods Mtn. We follow the foot trail out towards the big log and turn off down an old snigging track and drop off the southern side

near the bottom into a dry creek which joins up with Sth Kobble Ck. Following it up stream we begin the ascent up the rock ledges and bypasses up to the track back to the cars. The ascent will take a couple of hours and as well as having many flat sections the "ups" are approached at a casual rate with rests. A picturesque creek walk with rock hopping and some scrambling. Suitable for those interested in creek following. Reasonable fitness is recommended.

#### TOOHEY FOREST MONDAY NIGHT WALK

Night Walk Mon 18 Apr See activity description for Mon 21 Mar.

#### SUNDOWN NATIONAL PARK CIRCUIT

Through Walk Thu 21 - Tue 26 Apr LEADER: Lou & Marion Darveniza3378 4031 MOBILE: 0438 481 186 on day of walk only

EMAIL: louandmarion@gmail.com

GRADE: MTW-7D

LIMIT: 6

BRING: Light Through walk gear, party food COST: \$25.75 camping fees + car pooling

DEPART: 5:30pm

CAR KMS: 600 km (approx)

MAP: Mt Donaldson and Sundown 1:25000 Sundown National Park is located south-west of Stanthorpe and it is a spectacular rocky and relatively arid environment. Thursday night we will camp at the National Park Broadwater camp ground by the cars. Next day, after crossing the Severn River, we will travel up McAllisters Creek and camp fairly high up. On Day 2 we climb Mt. Donaldson then descend back to the Severn River to camp via Donaldson Creek. Day 3 will be a side trip to Rats Castle. On Day 4 we will go up the spectacular Blue Gorge and aim to camp close to the source of Ooline Creek. Day 5 will involve coming down Ooline creek involving many waterfalls and back to the cars. A good level of scrambling ability is needed for this trip. There are many serious sections.

#### **OXLEY WILD RIVERS NP**

Through Walk Fri 22 - Tue 26 Apr LEADER: John Mitchell 32819751

EMAIL: mitchbbw@gmail.com

GRADE: LTW5C LIMIT: 10 COST: \$120 DEPART: 6am tba CAR KMS: 1200kms

MAP: Big Hill, Carrai Winterbourne

**Chandler River** 

The Oxley Wild Rivers NP is a remote series of river gorges east of Armidale, draining from The New England Tableland into the Mcleay River.

These valleys are very beautiful and only a handful of walkers, local horsemen and paddlers visit this area. For those of us who believe the world is flat, this walk proves the point. There are no hills or mountains to conquer. There are however, are many river crossings, which are normally knee high. The walk itself is designed for those of good levels of fitness.(5C day walk) and for people not in any great hurry. It follows the Mcleav and Chandler Rivers and is in open country along old 4wd track, brumby tracks, open riverbanks and dry riverbeds. The walk starts in Private land, before entering the NP. The mountains on each side of the valley are around 900-1200m. The walk itself is 250m 300m range. Fishing is an option Murray cod (protected) Bass, Trout and Dew. NSW Regulations apply. There is plenty of water along the walk, and many river crossings. There is plenty of time to count daisies, swim, photograph and just sit around. DAY ONE Drive through Armidale to West Kunderung Homestead. Leave vehicles and head up the Mcleay River. Two hours walking. 6/7kms DAY TWO Continue to walk upstream 5/6 hours and camp. At the Mcleay and Chandler Junction we head up the Chandler River. Our camp spot for two days. 15/16kms DAY THREE Explore upstream and return to camp. About 5/6hours walking. DAY FOUR Head back downstream 5/6 hrs and camp 2hrs from the homestead, 15/16kms DAY FIVE Walk back to homestead. 2hrs. Head home. 6/7kms. Please contact me if you have any questions.

#### FRASER ISLAND

Through Walk Tue 26 - Sat 30 Apr LEADER: Ken Rubie This activity is full.

#### **TEVIOT TO SPICERS**

Throughwalk Fri 29 Apr - Mon 2 May LEADER: Lynley Murtagh 3165 3031 This activity is full.

#### SPICER'S GAP TO TEVIOT GAP

Through Walk Fri 29 Apr - Mon 2 May LEADER: David Sydes 33184085 This activity is full.

#### GIRRAWEEN CELESTIAL PALACE

Easy Through Walk Fri 29 Apr - Mon 2 May LEADER: Picnic Pete 3351 1184

MOBILE: 0419496837 EMAIL: peter@lock.id.au

GRADE: ETW4C

LIMIT: 8

COST: \$20 camp fee DEPART: after work, Friday

CAR KMS: 480km

This is for first time through-walkers and others who like to take it easy on the long weekend. On Friday night we will camp next to the cars at Dalveen before heading off Saturday morning to start our through-walk. There will be plenty of time for pottering around as we will only have approximately 3-4km off track to cover before reaching our campsite for the night. NO TENT will be required as we will be camping in a majestic cave known as Celestial Palace. The cave is level, clean, sheltered and large enough for 20 walkers. Saturday night we will take our dinner out to nearby slip rock. On Sunday we will leave our heavy packs behind for a day walk up the pyramid, and try to survey the easy way that I have heard about. We'll walk out Monday morning, and leave for home fairly early.

#### LOGAN'S RIDGE MT BARNEY

Day Walk Sat 30 Apr LEADER: Carleton Nothling 0409 516 652 EMAIL: carleton.nothling@gmail.com

GRADE: LDW-7D

LIMIT: 6

BRING: Page 3 gear, torch, 3L water

COST: \$20

DEPART: 5:30am Fairfield Gardens

CAR KMS: 200km MAP: Mt Lindesay

We will park outside Mt .Barney Lodge, walk across the road and immediately start walking uphill towards Logans Ridge. After about 2 hours we will reach a rocky outcrop for morning tea. We will be on top of East Peak for lunch and will descend via South East Ridge. Please contact leader direct to nominate. As with any Barney walk, you need to be experienced, competent and fit walkers and in this case, have done a Barney walk before

#### **MORETON ISLAND**

Through Walk Sat 30 Apr - Mon 2 May LEADER: John Mitchell 32819751 This activity is full.

#### **NEGLECTED MOUNTAIN**

Day Walk Sun 1 May LEADER: Cath Carkeet 3357 5607

EMAIL: cmcarkeet@gmail.com

GRADE: MDW -- 5C

LIMIT: 12

BRING: Usual daywalk gear, 3 lt water
DEPART: 7am Yeronga Park Swimming Pool

carpark UBD Map 140, M14

CAR KMS: 230

MAP: Lamington 1:25000

Neglected Mountain is a 739 m peak in Laming-

ton National Park, which we access from Christmas Creek Road via Beaudesert and Laravale. We leave cars at Stinson Memorial Park and approach the mountain from the south-west. A walk along Gap Creek Road leads to the main ridge, with open forest, grass trees and some loose rocks underfoot. There is an undulating climb to the summit with a few rocky outcrops to negotiate for good views along the way of the peaks of the scenic rim. There is a bit of a razorback approaching the summit, but nothing too daunting. Lunch on top then we retrace our route back to the cars. Reasonable fitness is required for the ups on this walk. Suitable for fit newer members who've comfortably completed some long track walks and are ready to launch into peaks and views walking.



#### **IRON BARK GULLY**

Training Day Sun 1 May LEADER: Dennis Fishlock 32840551

0419577360

EMAIL: fyshies@bigpond.com.au

GRADE: MINIMAXS 3B

LIMIT: 15

BRING: Day Pack as per Page 3/3ltr water DEPART: 8am Iron Bark Gully Picnic Grounds

**UBD MAP 117 F17** 

MAP: Brisbane Forest Park

NOMINATION LIST: Self Serve Online/Email

Leader

MEETING POINT ARRIVAL: Minium 15 Minutes

before Departure Time

This walk is intended to introduce New Members to Bush Walking and to the BBW Club in particular

The MinimaxS is a good option for your first walk, we will be mainly walking on track and stopping at regular intervals to discuss a number of topics such as, Clothing, Equipment, Safety, First Aid and Environmental Impact to name a few. There will be a practical sample of off track to get an appreciation of the clubs grading system. Bring along your day pack, morning tea and lunch and other gear as par the members hand book. Please bring a change of cloth's for the end of the walk, we finish up with a social afternoon tea at Samford Bakery. Register directly online or on the registration boards at the club meeting with the New Membership Officer.

# Volunteer Track Maintenance at Lamington N.P. First Work Days 14th & 15th May

After all the extreme weather events of recent months, we are pleased to announce that the first work days for the bushwalkers volunteer track maintenance program at Lamington National Park will be able to commence in May. This will be at the Binna Burra Section of Lamington, commencing with a short site induction at the Rangers' Office / Information Centre, lower car park at Binna Burra.

Those bushwalkers who have already expressed interest and have attended the QPWS Induction Day at Daisy Hill may reply to the email address below to register your intentions.

Any other interested bushwalking club member may also reply to the email address below and arrangements to participate in another induction will be advised before the date.

Accommodation options are being negotiated for those overnighting on site.

Full details will be forwarded to those who reply in due course.

John Marshall

President

Bushwalking Queensland Inc.

email: secretary@bushwalkingqueensland.org.au

### ....Footprints.....

#### ALL AT SEA IN THE FORESTS AND MOUNTAINS

Well, now that I may have the attention of some of you, let's talk about a few issues of real meaning and value to us as bush walkers.

Now that the floods have receded, the Cyclone has decayed and some normality has returned to our otherwise flat out lives, we're once again heading out along all points of the Compass in search of relaxation and adventure in the Countryside. The mops, brooms, gumboots and high pressure sprays have been relegated to their normal place in the shed and gratefully replaced by our packs, boots, gaiters and other bush walking Clobber.

It is probably Correct to say that many of us have taken a little longer this year to get into the full swing of things 'out there'. Fitness levels may have dropped away just a tad, so it's time to get Creative and Correct that issue. Some may Consider the gym to be the place to get some tone back into those muscles, and certainly it would assist in that regard. However, as in any other activity requiring physical fitness, the best and most appropriate exercise is to simply do it. Swimmers swim, Cyclists Cycle, runners run and walkers walk. It's easy, Cheap and enjoyable.

The Club activity program offers not only walks graded from the equivalent of getting out of bed, to scaling near vertical rock, but also regular shorter walks around Mt Coot-tha, Toohey Forest and West End Hills, and which are all focused specifically on gaining and maintaining that level of fitness sought by so many. If you're unable to get along to these activities, for whatever reason, perhaps you Could Consider getting out of bed earlier on a regular basis to walk around your local area for an hour or so each morning before surrendering to the Car journey to work. Or perhaps you could make the effort in the evening after escaping the daily grind and returning to the Cosy Confines of your Comfortable Casa.

Whatever Course you Choose, your Commitment will be of great benefit to both yourself and those with whom you intend to walk. You'll feel better, more Confident in your ability to stay the distance. As you Continue to walk more often you will become more Competent in your role within the Crew. You will begin to regard your surroundings with great Clarity. You will become Conscious of the Chaos of Colour and Catalogue of Creation that surrounds you Completely when you take to the forests and hills. From Carnivores to Carpet pythons, Cascades, Cataracts and Creeks and the Catadromous Creatures Cruising therein. Cockatoos to Cockatiels, Crags and Cliffs. You will find yourself Commiserating with your work Colleagues who may still be searching for their own Cathartic escape into the wilderness from the Charade of their Compacted, Controlled and Comparably Cruisy Corners of Crumbling Consciousness.

\* \* \* \* \* \*

Now, all this fun that we set out to enjoy comes with an element of risk. Wet and slippery rocks as well as hot and humid days have already this year accounted for a number of incidents resulting in injury to members.

Walkers have slipped on wet rocks in creeks, fallen down scree slopes in the rain forest and succumbed to heat exhaustion on another occasion. These are just a few examples of the sort of incidents likely to result infrequently as we pursue our adventurous bushwalking lifestyle. All we can do is to be aware of the environment in which we walk, all the while maintaining a healthy respect and consciousness for the many hazards before us. There's never really any need to rush anywhere [you miss the enjoyment of the bush cinema rolling past you by speeding along on an ill-defined mission]. *Take the time to take your time.* Watch where those feet are being placed, and be very careful about what your hands are about to grab. Loose rocks and reptilian denizens feature underfoot [usually], and spiky, pain-inflicting vegetation lurks at every step and intended grasp from am ignorant, unprotected hand, neck, nose, ear, knee etc;

Don't forget your gaiters. Remember to check that your 'scunge gloves' are still in your pack. Review the contents of your First Aid kit for appropriateness of content, as well as expiry dates of your vari-

ous pills and potions. Long sleeved shirts are a good idea too.

Talk with other experienced walkers about how they personally deal with risk management. Look, listen and learn. And share your experiences with others so that all may continue benefit accordingly.

Barry Collins Safety and Training

#### **Guest Speakers**

#### Wednesday 23 March BBW Auction Night - Terry Maloney

This is an opportunity for members to sell unwanted, but still useable, bushwalking and camping gear. Once again, BBW has secured the services of the illustrious Mr Terry Maloney as auctioneer. Based on previous occasions, this will be a fun-filled night with lots of laughter.

#### Wednesday 13 April Light Weight Through Walking - Joe Iriondo

Joe will be talking about the ultralight tents he is developing. Materials include carbon fibre tent poles and high strength minimum stretch spectra cord. Very high strength aluminium tent pegs of about 11 grams are becoming the norm but he has initiated trials of a carbon fibre tent peg which weighs 7 grams. Also discussion about coating silnylon fabric with silicon to make it significantly more water-proof.

#### Wednesday 27 April Aust Marine Conservation Society

It's not much of a place for bushwalking but the Coral Sea is a sight to be seen none the less. The Australian Marine Conservation Society's Daisy Barham is working to protect our precious Coral Sea which is further east than the Great Barrier Reef. The area is one of the last places in the world that still hosts healthy populations of large fish like tuna and marlin, as well as 30 coral reefs. It is a true oceanic wilderness. Please join Daisy Barham to hear (and see!) why this area is worthy of protection and how you may be able to help make sure it remains healthy for future generations.

#### Wednesday 11 May Blue Mtns Heritage Area - Annette Miller

The Greater Blue Mountains World Heritage Area surrounds Sydney and protects a wilderness area of more than 1 million hectares. It comprises 8 national parks, and is adjoined by other parks and conservation areas in some locations.

"I was fortunate to do three walks in the GBMWH last year: two in the Blue Mountains/Kanangra-Boyd parks to the south, and more recently in Wollemi National park to the north. Hopefully our photos will inspire some of you to embark on your own exploration of this spectacular wilderness."

#### Upcoming Rogaine Events

Bushwalkers who would like to practice or improve their navigation skills might like to try out some of the rogaine events offered by the Queensland Rogaine Association.

April 16th The Mooga Mooga 8hr Rogaine (Moogerah)

May 14th Training Day (Toohey Forest)

May 15th 3hr Mini Rogaine (Toohey Forest)

June 11th 6 / 12hr Rogaine (location TBA)

For further information and more event dates visit the QRA web site at www.qldrogaine.asn.au

#### BRISBANE BUSHWALKER'S AUCTION NIGHT

#### WEDNESDAY, 23 MARCH

**AUCTIONEER: The illustrious Mr Terry Maloney** 

Members are invited to attend an Auction Night to be held on Wednesday, 23 March. This is an opportunity for members to sell unwanted, but still useable, bushwalking and camping gear.

Sellers and Bidders are requested to bring small notes and change on the night. (Preferably in Australian currency. This is not an opportunity to offload those Nepalese Rupees you have left over from your last trip.)

#### Sellers

Sellers of items must place their name and item description on item on the night.

Sellers to advise their name, item description and Reserve Price to Cheryl Curtis by email or phone no later than Monday, 21 March please.

email: cherylacurtis@gmail.com phone: 3801 1311 or 0414 661 499

Items to be auctioned will be accepted on the night. Sellers to arrive no later than 7.15pm.

#### **Bidders**

If you are in the market for boots, please bring thick socks.

Based on previous occasions, this will be a fun-filled night with lots of laughter.

#### Oxfam Trailwalker Brisbane: Volunteers needed

Oxfam Trailwalker is a team endurance event, where teams of four people walk/run 100km in under 48 hours. It's a major fundraising event for Oxfam's poverty alleviation work in 29 countries around the world. This year an event has been organised in Brisbane for the first time: June 17-19, 2011 in D'Aguilar National Park.

For the inaugural Brisbane event, there are 300 teams (1200 participants) registered to take up the challenge. Team registrations for this event are now closed.

However, the organisers are looking for support in recruiting and organising volunteers who are specifically skilled in dealing with bushwalking and outdoor events such as this. There are lots of different roles available such as the following:

- Trail Marker: With your fantastic navigational skills, you'll walk the trail before everyone else and place trail markings according to the maps. Your help will ensure that the walkers know where they're going.
- Trail Marshal: The motivators! Not only will you help the participants pass safely along the trail, but you'll also be their motivation and support when they really need it.
- Sweep Team: The all-important back-up crew you'll follow the last team on the trail and ensure they safely reach the next checkpoint. You'll also clear the trail of all trail markings and debris as you go.
- Or other roles based at one of the checkpoints along the path there is a role for everyone! To find out more or to register to be a volunteer visit: http://trailwalker.oxfam.org.au/brisbane/

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# Out & About

# **DINNER & MOVIE** Himalayan Cafe

Tue 5 Apr

LEADER: Peter Hunt 3351 3642

MOBILE: 0431652083

EMAIL: peterjameshunt@optusnet.com.au

MEET: 6:30pm,

640 Brunswick St New Farm

New Farm's 'Himalayan Cafe' is a wonderfully authentic Nepalese and Tibetan restaurant that serves a tasty range of traditional cuisine in a relaxed setting. Sit inside on cushions by the Himalayan prayer wheel or on the tables and chairs in the outside dining area. In keeping with Nepalese culture there is a massive range of vegetarian dishes on the menu, as well as beautifully fresh seafood and premium meat dishes in generous portions. Try the creamy sherpa chicken curry or the wonderfully tender goat stew. The Palace Centro Cinema is close by for those who wish to see a movie after dinner (optional).

Bookings are essential for this popular restaurant so please nominate early to be included.

NB - I will be on holidays until 22 March so consider yourself accepted & I will formalise upon my return.

Peter



#### **NEW MEMBERS**

Welcome to the following New Members who joined during the last two months:

Jane Anderson Danay Baker-Andresen Andrew Booker Kate Bowman Rebecca Driver Aus Driver Colette Edeling Isabel Ceron Castano Andrew Edwards Fran Giesecke Jenny Gillett Lib Ginn **Tracey Goulding** Rosemany Gray Deb Gregg Amy Hsieh Elizabeth Hynes Gerard Hynes Jaii Jeffries Nicole John Stewart MacIntyre Lorna McMahon Aleck Menard **Andrew Nichols** Merianne Orlowski Glenn Pritchard Chris North Andrew North Elisabeth Rizzo Cathy Schoch Michelle Stafford Christopher Tomkins Darya Vanichkina Peter Woodall Deb Walsh Phil Wright Sandy Young

Congratulations to the following who have been granted Full Membership:

Marisse Anderson Francis Moore Jan Rodwell Kath Sherman

#### **Magazine Collating**

Magazine collating is at Peter Hunt's at Ferny Hills on **Wednesday** 20th April. There is only about 1 1/2 hours work required. If you would like to come along for an easy social night and dinner please phone 3351 3642 to confirm.



# For your Bushwalking Safety NEVER WALK ALONE... ALWAYS TELL SOMEONE... WALK WITH A CLUB.

If you have recently changed your address, phone number (home or work) or email please advise the Membership Register Officer so that the club records can be kept up to date: Shirley Peadon—email: registrar@bbw.org.au; or phone: 07 3892 4641

If unclaimed, please return to: Brisbane Bushwalkers Club Inc. GPO Box 1949 BRISBANE 4001

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