

BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001

www.bbw.org.au

PRICE PER ANNUM \$20.00
(included in Club Membership fee)

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The next committee meeting to be held at 7.30pm on **Wednesday 1st December** is at Tom Cowlshaw's at 47 Samford Road. Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: Pre-trip descriptions are submitted via the leaders page on the web site. Any articles from members, especially post-trip reports, are welcome. The editor reserves the right to edit articles to fit available space. The preferred method for article submission is email; for other methods please discuss with editor.

*Deadline for the February magazine is the Open Meeting **Wednesday 12th January.***

BBW WEB SITE & EMAIL

BBW web site: **www.bbw.org.au**
 email **editor@bbw.org.au**
outings@bbw.org.au

BBW is an affiliated member of Bushwalking Qld whose website is: **www.bushwalkingqueensland.org.au**

FIRST AID CERTIFICATES

To encourage members to maintain a current First Aid certificate, the Club will organise courses for Full members (not Probationary members) for half price for those who attend.

Cover Photograph

Mt Barney Throughwalk - East Peak
 photo: :Lou Darveniza

EQUIPMENT HIRE

The following equipment is available *for club activities*. The charge *between meetings* per item is:

- Foam mat..... \$2.00
- Self inflating mat \$5.00
- Stove..... \$5.00
- Tent or Pack..... \$10.00

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

*All equipment may be booked for hire by phoning the Equipment Officer.
 Pre-booking will ensure availability.*

PLB: The Club has several PLBs which Leaders may borrow, at no cost, for approved club activities only. Extended loan periods will need to be arranged with the Equipment Officer.

LIBRARY

Available on the library table at all meetings:

- For sale: Long sleeve shirts \$30.00, Short sleeve shirts \$20, Caps \$10. These articles have the club logo embroidered on them.
- Car stickers and material badges all \$3.00
- Brisbane Forest Park maps unlaminated \$10.00
- Long, wide bandages to be used in the unlikely event of a snake bite \$8.00
- Maps and Rasters: free loan to leaders
- Available for loan to members: Books 50c, Magazines 20c, DVDs and CDs \$2.00

MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum
 Couples \$60 per annum

Annual membership falls due 31st January.

Probationary Members:
 Singles \$25 per 6month
 Couples \$40 per 6 month

Club Officials

President	Tom Cowlshaw	3856 4050	Photographic	Nada Campbell	0414 724 489
Vice President	Cheryl Curtis	3801 1311	Librarian	Gary Curtis	3801 1311
Secretary	Chris Patterson	3161 4930	Abseil Co-ordinator	John Granat	3265 5404
Treasurer	Marge Henry	0413 337 530	Members Register	Shirley Peadon	3892 4641
Outings	Kerry Frankcombe	0430 915 943	Website Admin	Gary Curtis	3801 1311
Safety & Training	Barry Collins	0410 703 041	Editors	Eugene Hedemann	3359 3114
Membership	Dennis Fishlock	3284 0551		Jenny Zohn	3272 2732
Social	Deniz Clarke	0401 725 726	Contact Officers	Tom Cowlshaw	3856 4050
Equipment	Eddie Chappel	3312 7032	Family Co-ordinator	Marion Crowther	3351 7832

ABBREVIATIONS & GRADING

DISTANCE Short — Under 10 km per day
Medium — 10 to 15 km per day
Long — 15 to 20 km per day
EXtra Long — Over 20 km per day

ACTIVITY ABSeil; Base Camp; Day Walk; Through Walk; Easy Through Walk; Night Walk; SOCIAL Activity; KaYaK; CYCle; Safety & Training; Federation Mountain Rescue; ROGaine.

FAMILY Family — Family Group conditions; contact Leader

TERRAIN GRADING — 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

FITNESS & ENDURANCE GRADING — A to E (Note: Walking times do not include breaks.)

- A** Basic — Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- B** Easy — About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate — About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High — High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging — Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or download from the BBW website)

- Nominate for an activity on the clipboard list at the meetings. Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend meetings contact the leader (who keeps the list).
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

CAMPING FEES: National Park or State Forest camping fees are \$5.15 per person per night. (The leader will provide details.) NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Membership Card; lunch, snacks, spare food; water (at least 2 or 3 litres); first aid kit; hat & sunscreen; torch; whistle; pencil & paper; warm clothing (fleecy jacket minimum, thermals if you have them); raincoat. Don't forget a change of clothing & shoes for after the walk and money for car pooling & coffee.

Example — **FSDW-3B**
Family (F)
Short Day Walk (SDW)
Graded track with obstacles (3)
Easy (B)

PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

November

23	MDW7C SNW2C	Mt. Mitchell from Spicers Gap West End Hills	Brian Randle Joan Davey	32662932 0415 139 646
24	Meeting	Tasmania Part 3: South West Cape Track & South Coast Track	- Ray Glancy	
25	MDW - 5C - SNW-3C/4C	Golden Stairs Circuit Mt Coot-tha Weekly Thursday Night Walk	Jim Lydon Ken Rubie and Malcolm Crabtree	04 3191 3264
26-28	W 'N' W MBC 4C MBC4A S&T	Mt Glorious Base Camp [QPWS Volunteers only] Rocky Creek Landsborough Navigation and Leader Training Base Camp	John Shields Burney Mt Glorious Barracks	32646565 0422386080
27	EXLDW 3C	Binna Burra to O'Reillys	Barry Collins Mary Comer	3876 9779 3844 6231
28	LDW-3C MDW-4C MDW-5C	Toolona Creek Circuit Warrie Circuit & The Pinnacle Larapinta Falls	Ken Rubie Glen Duffy Nick Brooking	0448448598 0429 028 321 3262 5244

December

2	SNW-3C/4C	Mt Coot-tha Weekly Thursday Night Walk	Ken Rubie and Malcolm Crabtree	
3-5	M BC 3C MBC-5C STW 6D	Noosa River - Harry's Hut Base Camp Under 40s Rimfall Base Camp Valley Of The Winds & Rock Garden - Girraween	Greg Kuss. Deniz Clarke Paul Horwath	0408 806310 0401 725 726
4	MDW6C/8C MINIMAX 3B	Summer Creek Iron Bark Gully	Elaine Beller & Ray Glancy Dennis Fishlock	32840551 0419577360
4-5	MTW-5C	Upper Blackfellow Creek Circuit	John Stevens	0431 929 466
5	ABSDW-5C SURVEY KYK	Kinnanes Falls Abseil Beerburum State Forest South and North Pine Rivers	Anne Kemp, Chrissy Dott Dennis Fishlock	3371 2707 32840551 0419577360
7	SDW 6C SNW2C SOCIAL	Muscat & Bailey Creeks West End Hills Dinner & Movie Night	Ken Rubie Annette Miller Joan Davey Deniz Clarke	0448448598 3892 5938 AH 0415 139 646 0401 725 726
8	Meeting	Wildlife Preservation Soc of Qld		
9	SNW-3C/4C	Mt Coot-tha Weekly Thursday Night Walk	Ken Rubie and Malcolm Crabtree	
10-12	FBC3B	Mt Glorious Base Camp Family Xmas	John Shields / Marion Crowther	32646565 / 33517832
	LTW-4C	Moreton Island Under 40s Fun In The Sun	Paul Horwath, Thomas Bishton	
11	LDW 3C FSDW5C FSOC	Shipstern Circuit Northbrook Gorge FAMILY Christmas Party	Ken Rubie Picnic Pete, Marion Crowther Marion Crowther	0448448598 3351 1184 33517832
12	SDW-3B LDW-6D LDW4C	Purling Brook Falls & Twin Falls Around Mt Bangalora Coomera Circuit	Bernie Ryan Barry Collins Kay Byrne	33255616 [not on walk day] 3876 9779 [not on walk day] 3397 1021
	MINIMAX 3B	Jolly's Lookout	Bill Gale	33556023
16	SNW-3C/4C	Mt Coot-tha Weekly Thursday Night Walk	Ken Rubie and Malcolm Crabtree	
18	MDW - 4C MDW-7D MDW2B	Mt Greville Coomera Gorge Under 40s Noosa National Park	Jim Lydon Paul Horwath Deniz Clarke	04 3191 3264 0401 725 726
19	MDW 5C MDW-3B LDW-8E	London Creek Noosa North Shore EAGANS creek VIA Savages Ridge	Dennis Fishlock Eddie Chappel Paul Horwath	32840551 0419577360 33127032
21	FSNW3A	Total Lunar Eclipse	Picnic Pete	3351 1184
22	No Meeting - Christmas Break			
	CYC	Christmas Lights Bike Tour	Picnic Pete	3351 1184
23	SNW-3C/4C	Mt Coot-tha Weekly Thursday Night Walk	Ken Rubie and Malcolm Crabtree	
30	SNW-3C/4C	Mt Coot-tha Weekly Thursday Night Walk	Ken Rubie and Malcolm Crabtree	

PROGRAM

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Refer to Page 3 for a list of the minimum items required to take on a Day Walk

31 SOCIAL New Years Eve party Nada Campbell 0414724489

January 2011

9 MDW 4C Manorina Walk Dennis Fishlock 32840551 0419577360

12 Meeting

15-16 MTW 6C Basket Swamp Creek & Cataract River Annette Miller 3892 5938

16 MDW3C Flaxton/Ubajee Walk Dennis Fishlock 32840551 0419577360

18 SOCIAL Walk & Dinner - Tibetan Kitchen New Farm Deniz Clarke 0401725726

22 MINIMAX 3B Iron Bark Gully Dennis Fishlock 32840551 0419577360

22-23 S-3C-SOC-B Granite Belt Wine Tasting Weekend Greg Kuss. 0408 806310

4C-6D Upper Portals via Cleared Ridge K.Rosbrook & Paul Horwath 0401221403

KYK Upper Noosa River Ken Rubie 0448448598

26 Meeting

26 LDW-8D Pyramid Rock part3 Paul Horwath

26-30 STW 7D Guy Fawkes River Annette Miller 0418 791 841

30 MDW-8D MID south east Ridge (new way up) Paul Horwath

February

4-6 BC3/5C Mt Glorious Base Camp John Shields, Bernie Ryan 32646565

4-7 MTW - 5C Cataract River Cath Carkeet 3357 5607

7-12 LTW 6D Lewis Pass to Nelson Lakes New Zealand via Matakita valleys

Andrew Wedlake 3264 6744

13 LDW-6D Around Mt Bangalora Lou & Marion Darveniza 3378 4031

19-20 MBC-7C Two Creeks in the Conondales Ruth Palsson, Lou & Marion Darveniza

LTW-4C Moreton Island Under 40s Fun In The Sun Paul Horwath

25-27 BC3/5C Mt Glorious Base Camp John Shields, Bernie Ryan 32646565

26 MDW-7D Coomera Gorge Paul Horwath

MINIMAXS4B Mt Coot-tha for New Members Lou & Marion Darveniza 3378 4031

27 MDW-6C Byron Gorge & Stevens Ck Lou & Marion Darveniza 3378 4031

LDW-6D Around Mt Bangalora Paul Horwath

March

5 LDW-6D Around Mt Bangalora Lou & Marion Darveniza 3378 4031

12-13 MTW-6D Reynolds Gorge Paul Horwath

19 SD/NW 3B Sunset and Moonrise from Mt Mitchell John Mitchell 32819751

20 SD/NW3B Sunset and moonrise from Mt Mitchell John Mitchell 32819751

25-27 W 'N' W Mt Glorious Base Camp [QPWS Volunteers only] John Shields 32646565

26-27 LTW-4C Moreton Island Under 40s Fun In The Sun Paul Horwath

April

9-21 SOC Island Cruise Nada Campbell 0414724489

16 SD/NW 3B Sunset and moonrise from Mt Mitchell John Mitchell 32819751

16-17 LTW-4C Moreton Island Under 40s Fun In The Sun Paul Horwath

17 SD/NW 3B Sunset and Moonrise from Mt Mitchell John Mitchell 32819751

NO MEETING 22nd December

MEMBERSHIP CARDS

BBW walk leaders will need to see your membership card at the start of all walks, so PLEASE have it with you! You may be refused participation in an activity if you cannot prove your membership status.



.....Coming Trips.....

GOLDEN STAIRS CIRCUIT

Day Walk Survey Thu 25 Nov
LEADER: Jim Lydon 04 3191 3264
EMAIL: j.lydon@uq.net.au
GRADE: MDW - 5C -
LIMIT: 12
BRING: Page 3 Kit + 2L Water
COST: \$20 Car Pool
DEPART: 6am Fairfield Gardens
CAR KMS: 230
MAP: Maroon 9441-42

We park near Drynans Hut, wade across Barney Ck, change into dry footgear and walk up Drynans Hut Road to the bottom of Golden Stairs, a watercourse full of small rock structures, with large rock sheets pouring over from Paddys Peak Ridge to the South. Near the head of the creek, we walk around and up to the lip of Top Falls for smoko and to enjoy the expansive views and the breezes. This is a commanding shelf of rock. A gentle spur leads us up to the crest of Paddys Peak Ridge, thence a short walk up the ridge to Paddys Peak Summit, with exceptional views either side of the ridge to Barney/Maroon etc. We retrace our steps a little way, then continue down the full length of Paddys Peak Ridge, to the Barney Creek crossing, our change of shoes, and the cars. Paddys Peak Ridge is not steep; it has no buttresses to ambush the weary Bushwalker, has much rock, and fine views out to either side. Towards the bottom, it gives outstanding views down into Little Barney Gorge, past truly vertical cliff faces.

MT COOT-THA WEEKLY THURSDAY NIGHT WALK

Night Walk Thu 25 Nov
LEADER: Ken Rubie and Malcolm Crabtree
MOBILE: 0448448598
GRADE: SNW-3C/4C
LIMIT: 15+
BRING: Page 3 including torch
DEPART: 6:30pm Carpark - half way between Roundabout and Summit Cafe
MAP: BCC Mt Coot-tha Map

The Mt Coot-tha Thursday night walks are exercise walks to assist people to improve their bushwalking fitness and to learn techniques for night time walking. The walks will commence at 6.30pm sharp from the car park, half way between the Roundabout and the Summit Cafe on Mt Coot-tha, as you drive up the Mountain from either direction. The walks will be approximately

1.5-2 hours in duration, on marked tracks and fire trails, involving the descent and ascent of the mountain at a reasonable walking pace. In places the terrain of the walk will involve walking on loose surfaces with moderate and in some places, steep inclines. Participants will need a moderate level of fitness suitable for hill walking. Participants will need the Page 3 items which includes the appropriate hiking footwear, torch and drinking water. At the end of the walk we will have coffee at the Summit Cafe for those who wish to reward their efforts and enjoy the sights of Brisbane at night. Bookings will not be taken for these walks so people intending to walk need to arrive at the start point in sufficient time, to register their name for the walk commencement at 6.30 sharp. And Yes, this is a members only walk. For further information please contact the walk leaders.

MI GLORIOUS BASE CAMP [QPWS VOLUNTEERS ONLY]

Base Camp Fri 26 - Sun 28 Nov
LEADER: John Shields 07-32646565
MOBILE: 0447824988 Walkday only
EMAIL: johnashields@bigpond.com
GRADE: W 'N' W
BRING: Working clothes ,gloves tools etc optional day walk pack
COST: \$12 camp fee [2 nights]

Our normal maintenance work with the optional day walk on Sunday if desired .This is being run in conjunction with the Nav / Leaders Course the same as the September Camp.

ROCKY CREEK LANDSBOROUGH

Base Camp Fri 26 - Sun 28 Nov
LEADER: Burney 0422386080
EMAIL: burnicestakey@hotmail.com
GRADE: MBC 4C
LIMIT: 40
BRING: Hiking gear, Share plate, \$10 gift, theme outfit
COST: \$25

BLACK AND WHITE CAMP WITH BELLS ON.:

We will be using the Scout facilities at Rocky Creek Scouts, Landsborough. Walks will be organised by the leaders present for the Maleny/ Monteville areas. There is provisions for camping, a small dorm in Paroo Place and use of Kingfisher Hall for our dancing. Yes Dancing!! It's time for our usual Christmas Theme weekend. This time, is quite easy or quite inventive: Black and White. Come as a cow, priest, zebra, newspaper, pot of vegemite, a waiter, fluffy cloud, be a Black

Sheep or Michael Jackson. I'm hoping Santa will come as usual so please buy a unisex gift to the value of \$10 to put under the tree. We will do a bring a plate with some central coordination to avoid too much or too little, similar to last year. I'll put those details together later. When nominating include your email and the first to ask for a dorm bed is a winner.

NAVIGATION AND LEADER TRAINING BASE CAMP MT GLORIOUS BARRACKS

Navigation And Leader Training Fri 26 - Sun 28
Nov

This activity is full.

BINNA BURRA TO O'REILLYS

Car Swap Sat 27 Nov
LEADER: Mary Comer 3844 6231
MOBILE: 0427446000
EMAIL: mco71878@bigpond.net.au
GRADE: EXLDW 3C

LIMIT: 30
BRING: Usual day walk gear
COST: \$20
DEPART: 6am Fairfield Gardens
MAP: Lamington NP

Peter Day is leading this 22km walk with me. It is all in the rainforest on the graded tracks at Lamington NP. One group will start the walk at Binna Burra on the eastern side and so have views into the Numinbah Valley and across to Springbrook passing various junctions before going on a side track to Mt Merino for lunch, meeting the other group and returning car keys. The other group start at O'Reillys following the Border Track to the escarpment with views into the Tweed Valley and Mt Warning. Apart from its length this is an easy walk through wonderful rainforest with its many ancient Antarctic Beech Trees. We will do a car swap at Canungra so please be aware that someone else will drive your car to the start of the walk. And please bring a spare car key just in case we do not meet up on the walk.

TOOLONA CREEK CIRCUIT

Day Walk Sun 28 Nov
This activity is full.

WARRIE CIRCUIT & THE PINNACLE

Day Walk Sun 28 Nov
LEADER: Glen Duffy 0429 028 321
EMAIL: duffy.g@bigpond.com
GRADE: MDW-4C
LIMIT: 10
BRING: Usual page 3 'must take' gear
DEPART: 6:00am Fairfield Gardens
CAR KMS: 200km
MAP: Springbrook National Park

Warrie Circuit and The Pinnacle is a 19 km scenic walk in the Springbrook National Park. Starting from the Canyon Lookout Car Park the walk descends into the valley past a number of very nice waterfalls which all should be flowing after the recent rains. After walking for about 1 hour we leave the main track and head to the Pinnacle which is reached after navigating along a rough path that finishes with a scramble to the top of the Pinnacle. After enjoying the views and morning tea we head back to the main track and continue past some more waterfalls to our lunch destination at the Meeting of the Waters'. If conditions are favourable some of the group may like to have a swim in the rock pools. After lunch we continue on the track to our starting point at the top of the valley. This walk will suit members with reasonable fitness and who are happy with a bit of scrambling, if you have any concerns please give me a call.

LARAPINTA FALLS

Day Walk Sun 28 Nov
LEADER: Nick Brooking 3262 5244
MOBILE: 04 1972 4296
EMAIL: brooking@bigpond.com
GRADE: MDW-5C
LIMIT: 12
BRING: Usual DW gear + togs
DEPART: 7am Fairfield Gardens
MAP: Lamington 1:25000

This is one of my favourite summer walks. Larapinta Falls is on the Southern Branch of Christmas Creek in the south part of Lamington National Park. The walk follows a track to Westray's Grave, a beautiful but sad place in the rainforest. From the gravesite we follow the creek upstream. You will get wet feet as we rock hop along the creek for an hour. It's worth it. The Falls are awesome and there is a nice pool at the bottom. We'll have lunch there and enjoy a refreshing dip. I've ramped it up to 5C as there have been many tree falls recently and with all this rain we can expect the creek to be higher than previous years. If you are confident on wet rocks, this walk is for you.

MT COOT-THA WEEKLY THURSDAY NIGHT WALK

Night Walk Thu 2 Dec
See activity description for Thu 25 Nov

NOOSA RIVER - HARRY'S HUT BASE CAMP

Base Camp Fri 3 - Sun 5 Dec
LEADER: Greg Kuss. 0408 806310
EMAIL: gregory.dkiss@gmail.com
GRADE: M BC 3C
LIMIT: 12
BRING: Base Camp gear, Day pack, party

food and drinks
COST: \$30 petrol, plus meals
DEPART: 5:45pm Alderly
CAR KMS: ~400
MAP: Sunmap Cooloola Region

We will carpool from Alderly on the Friday night. We will have our meal at the BP roadhouse Forest Glen, (A good roadhouse on the north coast run). We drive into Harry's Hut. It would be good if people with 4WD's could nominate as the road is recommended for 4WD, but I have done a trip where we only had 2WD's. The camping area is right on the river. Anytime you feel like it you can walk over and jump in the 15m deep tea tree stained Noosa River from the pontoon. Which should be great at this hot time of year around Christmas. Saturday we will do a 19k track walk to Wandi Waterhole. Like the river it has crystal clear reflections good for photography. We can swim in the river on the way and the waterhole when we get there, and river when we get back to cool off. Bring party food and plenty of drinks for our Christmas bash on Saturday evening. Prepare own meals. Sunday morning I will make my famous pancakes and maple syrup for everyone. If you rise early enough you can catch the morning mists and reflections on the river. Sunday will be a relaxed time for swimming and chilling out at the campsite, with no walks. Bring lie lows and tubes for the river. We pack up at lunch time and drive over to the renowned Kin Kin Hotel for a counter lunch. We will take it easy and have a few drinks listening to the band in the beer garden. Come prepared for heaps of swimming, partying and a fun time on the Noosa River for our Christmas bash. I will need some people to drive from Alderly.

UNDER 40S RIMFALL BASE CAMP

Base Camp Fri 3 - Sun 5 Dec
This activity is full.

VALLY OF THE WINDS AND THE ROCK GARDEN GIRRAWEEEN

Through Walk Fri 3 - Sun 5 Dec
LEADER: Paul Horwath
GRADE: STW 6D
LIMIT: 10 incl. leader
BRING: Page 3, extra water capacity
COST: Camp Fee \$5 pp p night
DEPART: pre-arranged
CAR KMS: Approx 500
MAP: Girraween & Wallangarra 1:25,000

The focus of this walk will be visiting some of the most popular granite monoliths in the park, enjoying lots of scrambling & views from the tops, and maybe visiting a couple of cool caves. On the Saturday night we bivvy on one of the high gran-

ite domes with panoramic views, & enjoy the sunrise spectacle of the first rays of sun touching Mt Norman. we will do both valley of winds and the rock garden , also will try to fit a bit more into the weekend depends on time. The best thing about the walk is we won't need to carry our bags all day we can hide them , so you will need a day walk pack something just for water and food. The through walk will leave Saturday morning, there will be some intermittent scunge to connect up the good bits and lots of dropping of packs to scramble up interesting things (rocks) and scramble down again. Although the intention is to bivvy on Saturday night, please carry a fly or other weather shelter in case of precipitation. and don't forget the party food!! No list at meetings.

SUMMER CREEK

Day Walk Sat 4 Dec
LEADER: Elaine Beller & Ray Glancy
MOBILE: 0450 614300
EMAIL: embeller@gmail.com
GRADE: MDW6C/8C
LIMIT: 15
BRING: Usual day walk gear, 3L water, waterproofed packs
DEPART: 6am TBA
CAR KMS: 250km
MAP: Mt Langley, Borumba Dam 1:25 000

This creek is in the Conondales, offering beautiful pools for swimming and moderate rockhopping up the creek. We drop down a grassy slope into the creek, with some lantana to hopefully avoid, then it is fairly easy rock hopping until lunch time with some superb pools for as many swims as we like! When we reach the "climb out rock", you have the choice of climbing up a short, but somewhat exposed section of rock, or swimming just a few metres around the base. This is the 6C version (to be led by Elaine). If you choose to swim, your pack will need to be waterproofed. Once up the rock, we pick up a faint track back to the road and the cars, stopping for a breather to view the falls a little further upstream. Ray will lead the 8C version, which involves swimming through a canyon, clambering over some large boulders and another swim to the base of the waterfall. The climb up the two sections of the waterfall requires competence climbing up steep rock. Shoes to wear in the water are recommended.

IRON BARK GULLY

Training Day Sat 4 Dec
LEADER: Dennis Fishlock 32840551
0419577360
EMAIL: fyshies@bigpond.com.au
GRADE: MINIMAX 3B
LIMIT: 15

BRING: Day Pack as per Page 3/3ltr water
DEPART: 8am Iron Bark Gully Picnic Grounds
UBD MAP 117 F17
MAP: Brisbane Forest Park
NOMINATION LIST: Self Serve Online/Email
Leader

MEETING POINT ARRIVAL: Minimum 15 Minutes
before Departure Time

This walk is intended to introduce new members to bush walking and to the BBW club in particular. The MinimaxS is a good option for your first walk, we will be mainly walking on track and stopping at regular intervals to discuss a number of topics such as clothing, equipment, safety, First Aid and Environmental Impact to name a few. There will be a sample of off track to get an appreciation of the clubs walk grading system, bring your pack, morning tea and lunch, please bring what ever gear you would take on a full day walk. Register directly on the web site or at the club meetings on the registration board with the New Membership Officer.

UPPER BLACKFELLOW CREEK CIRCUIT

Thru Walk Sat 4 - Sun 5 Dec

LEADER: John Stevens 0431 929 466

EMAIL: johnpstevens@hotmail.com

GRADE: MTW-5C

LIMIT: 8 including leader

BRING: usual thru walk gear. Gaiters, gloves,
long pants and long sleeve tops are
highly recommended

COST: \$5.00 camp fee

DEPART: 5:30am to be advised

CAR KMS: 300 kms

MAP: Glen Rock 1:25,000

This is a repeat of the end of year walk I led in December 2009. It will take us down to Blackfellow Creek where we'll camp for the night. The next day, a 600 metre climb up Darcy's Spur, followed by a few kms through untracked rainforest will take us to a forestry track and eventually back to our cars. This somewhat easier walk has been designed and graded keeping in mind likely hot weather conditions, walking in the morning and taking advantage of tree cover. The camp will be near water. Like last year, I will reserve all available spaces for people who have walked with me during the year. Walkers wishing to nominate will need to contact me by email. There will be no nomination on line. We will need a second 4WD car to get all of us to the start of the walk.

KINNANES FALLS ABSEIL

Abseil Day Walk Sun 5 Dec

LEADER: Anne Kemp, Chrissy Dott 3371 2707

MOBILE: 0411327704

EMAIL: anneikemp@hotmail.com

GRADE: ABSDW-5C

LIMIT: 5

BRING: Abseil and day walk gear, warm
clothing

COST: \$10 rope hire, \$10 harness & hard-
wear hire if required, petrol.

DEPART: 7am Fairfield Gardens

Kinnanes Falls is located on Wilsons Creek in Main Range National Park south of Boonah. The access route involves a short but steep climb before we traverse "The Verandah" a narrow ledge along a cliff face. There will be three abseils. Initially a short drop into a deep pool at the top of the falls followed by two long abseils, 50 and 60 metres down the falls. The views as we descend are breathtaking. There is little space on the ledges between drops so numbers must be limited. Waterproofing is essential as two drops are into deep water. A short walk down the creek returns us to the cars. This day is only suitable for those who have recently completed BBW abseil training at Kangaroo Point. Come along for a very exciting day. Please phone me if you have any queries or need to hire club equipment and don't forget warm clothing as we will be wet for several hours.

BEERBURRUM STATE FOREST

Survey Sun 5 Dec

LEADER: Dennis Fishlock 32840551
0419577360

EMAIL: fyshies@bigpond.com.au

GRADE: SURVEY

LIMIT: 6

BRING: Day Pack as per Page 3/3ltr water

DEPART: 5:30am Aspley Hypermarket Front
Car Park Under Sails

CAR KMS: 120kms

MAP: Wamuran

This survey will be done in the Beerburrum State Forest with the aim of establishing some new grade 3 walks close to Brisbane. The walk will commence from O'Shea road, Jan Rodwell an experienced club survey walker has considerable local knowledge of this area and will help us establish some suitable grade 3 walks on the many trails and tracks as the main emphasis with any other potential area's having a higher grading available as an added bonus.

SOUTH AND NORTH PINE RIVERS

Kyk Sun 5 Dec

This activity is full.

MUSCAT & BAILEY CREEKS

Day Walk Tue 7 Dec

LEADER: Annette Miller 3892 5938 AH

MOBILE: 0418 791 841

EMAIL: annette.c.miller@marsh.com
GRADE: SDW 6C
LIMIT: 6 + leader
BRING: Page 3
DEPART: 7am Alderley
CAR KMS: ~ \$10
MAP: BFP Map

Starting from the Y junction we follow an old track then a steep ridge down to South Kobble Creek, then rock hop down to a nice pool for morning tea. More rock hopping follows to the junction with Muscat Creek, we then pass 2 small but beautiful gorges & more swimming pools. Above a larger waterfall we branch off to Baileys Creek which ascends steeply via a series of small slabby waterfalls requiring some exposed scrambling. (Note I have graded this walk 6 for terrain but it is probably more like 6 and a half because of the waterfall scrambling, at times on delicate holds) High in the creek we exit on to a ridge which leads back to the main track. Time & interest permitting, we may make a short detour to view the Piper Comanche Wreck, before returning to the cars.

WEST END HILLS

Night Walk Tue 7 Dec
LEADER: Joan Davey 0415 139 646
MOBILE: 0415 139 646
EMAIL: joanyd@dodo.com.au
GRADE: SNW2C
LIMIT: 10
BRING: water, money for coffee
COST: coffee/drink
DEPART: 6pm Ship Inn Southbank

We will walk around West End/Highgate Hill up & down some of the hills for about 1-1/2 hours for a some fitness training. Anyone training for that big walk very welcome. We will have a coffee/drink after at The Ship Inn after the walk. You do need to have reasonable fitness for this walk as we do walk at a fairly brisk pace and we do find as many hills as we can. This is not a social walk it is a training walk, there is no stopping for the 1-1/2 hours you do need to be able to push yourself that little extra. We leave at 6pm sharp so please give yourself plenty of time for traffic & parking.

MT COOT-THA WEEKLY THURSDAY NIGHT WALK

Night Walk Thu 9 Dec
See activity description for Thu 25 Nov

MT GLORIOUS BASE CAMP FAMILY XMAS

Family Base Camp Fri 10 - Sun 12 Dec
This activity is full.

MORETON ISLAND UNDER 40S FUN IN THE

SUN

Throughwalk Fri 10 - Sun 12 Dec
LEADER: Paul Horwath , Thomas bear Bishton

MOBILE: 0429509334 . tom 0404025150
EMAIL: paulpaulpaulpaul@live.com.au
GRADE: LTW-4C
LIMIT: 20
BRING: Usual through walk gear plus swimmers. 2 litres water plus extra capacity. Sunscreen and insect repellent
COST: \$70 approx
DEPART: 6pm Howard Smith Drive Lytton
We will catch the 6.30 barge on the Friday night from Lytton. The barge leaves at 6.30pm but you will need to be there by at least 6pm. There is no booking required to walk on. Cost is \$45 return and there is a \$10 parking fee to leave your car in secure parking at the wharf. You can get pies and drinks etc on board. That night we will camp at the Wrecks near Tangalooma. This weekend is all about snorkling and swimming also we can go tobogganing. You can make your own way over; any way you like. I will be riding my jetski over, the flyer could also get you there on Saturday morning.

SHIPSTERN CIRCUIT

Day Walk Sat 11 Dec
This activity is full.

NORTHBROOK GORGE

Family Swim Through Sat 11 Dec
This activity is full.

FAMILY CHRISTMAS PARTY

Party Sat 11 Dec
LEADER: Marion Crowther 33517832
MOBILE: 0417081002
EMAIL: marion2008@mjcsc.kk.id.au
GRADE: FSOC
LIMIT: no limit
BRING: Festive Food + 1 mystery gift per child you are bringing
COST: \$10/gift
DEPART: 4:30pm Mt Glorious Barracks
MAP: BFP

The FAMILY Christmas Party is on again at the Barracks. Please bring festive food to share and wear festive clothes. The party is open to all members of the family group and your other non-member family people, even if you are not staying and camping for the weekend. PLEASE NOTE: If you are not already a registered camper for the weekend you won't be able to stay overnight - the camping list is FULL. You may wish to nominate as a camper and be waitlisted. To add to the festivities, Santa will be visiting, so we ask

you to bring a unisex, multi-age mystery gift to a maximum value of \$10/gift. If you have 1 child with you, you will need to bring 1 gift, 2 children = 2 gifts etc, so that we have enough to go around. The party will start after the walkers have returned from their daytrips. Please come on one of the walks as well and make a day of it. If you are already registered as a camper for the weekend, you do not need to renominate for this activity - I will presume you are coming. Just nominate if you are not staying overnight.

PURLING BROOK FALLS & TWIN FALLS

Day Walk Sun 12 Dec
This activity is full.

AROUND MT BANGALORA

Day Walk Sun 12 Dec
This activity is full.

COOMERA CIRCUIT

Day Walk Sun 12 Dec
LEADER: Kay Byrne 3397 1021
MOBILE: 0429924726 (walk day only)
EMAIL: kayabyrne@gmail.com
GRADE: LDW4C
LIMIT: 15
BRING: Usual day walk, 2lt water
COST: Petrol approx \$25 per passenger
DEPART: 7am Fairfield Gardens
CAR KMS: 210kms
MAP: Lamington National park Hema
1;35,000

This 18 km track walk in the Lamington National Park (Binna Burra Section) is a spectacular circuit which passes through rainforest, crosses many creeks which supply the source of the Coomera River. We will stop for morning tea to take in the view at the Coomera Falls lookout and proceed to pass many more waterfalls stopping at either the cascades or Gwongondoolba Falls for lunch. The track then joins with the border track for approximately the last hour to stretch out the legs on the return to Binna Burra Lodge Cafe. This walk is one not to be missed and is not difficult if you can manage the distance.

JOLLY'S LOOKOUT

Minimaxs Sun 12 Dec
LEADER: Bill Gale 33556023
MOBILE: 0409613905
EMAIL: fregata@bigpond.net.au
GRADE: MINIMAX 3B
LIMIT: 15
BRING: Page3 items, 2 l. water
COST: \$10 Car share
DEPART: 7:30am Alderley
Jolly's Lookout is on Mt Nebo Rd, giving access

to D'Aguilar National Park. We will walk the Thylogale track to Boombana, the Rainforest Circuit and Ergenia Circuit, a distance of about 10.5 Km on track through some beautiful subtropical rainforest and more open eucalyptus forest, with a few short off track sections to make it a little more interesting and a number of stops along the way so we can have some brief discussions. This is an easy training walk intended to introduce new members to bush walking, and to Brisbane Bushwalking Club in particular, with emphasis on safety, minimal environmental impact, clothing and equipment, club protocols and maximizing your enjoyment. Ideally, this should be your first walk with the club. You will need long pants (not jeans) or shorts and gaiters, good shoes or boots, your pack, your lunch, at least 2l. of water and all of the ALWAYS TAKE items on page three of this magazine. Please arrive at Alderley by 7.15, so we can introduce ourselves and arrange car sharing, for a 7.30 departure.

MT COOT-THA WEEKLY THURSDAY NIGHT WALK

Night Walk Thu 16 Dec
See activity description for Thu 25 Nov

MT GREVILLE

Day Walk Sat 18 Dec
LEADER: Jim Lydon 04 3191 3264
EMAIL: j.lydon@uq.net.au
GRADE: MDW - 4C
LIMIT: 12
BRING: Page 3 Kit + 2L Water
COST: \$20 Car Pool
DEPART: 6am Fairfield Gardens
CAR KMS: 200
MAP: Mount Alford 9441-44

From the SE carpark the walk takes us up a rough start track to the bottom of Palm Gorge. It is similar to a set of rocky steps and stairs, fairly clean and easy going, with no scrambling or climbing to worry us. It is very scenic, and from time to time we enjoy views down the gorge, and out to the surrounding countryside and mountains. Much of the "Up" is within the cool Palm Gorge, so this is a walk suitable for Summer as well as Winter. At the top of the gorge (550 m), which is about two thirds of the way up Greville, we emerge on to open rocky slabs, to sit and take in the view, and for smoko. A rough pad takes us on to the Summit (767 m) for Lunch and to bask in one of the finest views in the area, with a 270 degree panorama, including the Main Range and much of the Scenic Rim. After lunch, we retrace our steps, turning off just before the top of Palm Gorge, and thence descending via the light and airy South East Ridge, a lovely

rocky ridge of moderate steepness and good grippy rock, with little or no exposure. There are exceptional views out and about, and in front of us, all the way down. In particular, there are impressive views available down into the sheer sided Palm and Waterfall Gorges, one on each side of us. Near the bottom, when we leave the clean rocky ridge, we eventually regain the rough start track, to return to the car park.

COOMERA GORGE

Day Walk Sat 18 Dec

LEADER: Paul Horwath

GRADE: MDW-7D

LIMIT: 10

BRING: "Always take" (P3 of mag) + togs

DEPART: 6am Fairfield Gardens

CAR KMS: Approx 220

MAP: Lamington NP

This walk is in the Binnaburra section of Lamington NP. We start out on the Coomera Gorge circuit for about an hour before heading off track down to the Coomera River via a wonderful amphitheater below a waterfall & a nice little cliff break. Once we reach the river we rock hop (& wade) our way upstream to the base of the Coomera falls & lunch & no doubt a swim or 2. After lunch we will re-trace our steps back to Binnaburra. Walkers need to be comfortable with scrambling & the use of roots as handholds, as there is plenty on this walk. Of course there will be a coffee stop on the way home! And please note the early start.

UNDER 40S NOOSA NATIONAL PARK

Day Walk Sat 18 Dec

LEADER: Deniz Clarke 0401 725 726

EMAIL: denizclarke@gmail.com

GRADE: MDW2B

LIMIT: 15

BRING: Day walk gear, swimmers, towel & coffee money

COST: \$28 car contribution + money for coffee

DEPART: 7am Alderley

MAP: www.epa.qld.gov.au

KMS DRIVING FROM MEETING: 280 return

A day of walking & swimming at Noosa National Park for the young people in the Club. We start at the southern end of the National Park entrance, where we will park the cars on a side road. We will walk to Alexandria Bay (skipping the nudist beach) on the Tanglewood track and then get some sand between our toes on the beach. Morning tea will be at Hell's Gates, which has great views of the coast in both directions. We will then walk along the coastal track and stop for a swim and lunch under the trees at Tea Tree

Bay. After lunch, we walk along the coastal track to the park entrance and then along the boardwalk to Hastings Street for a gelati at Massimo's on Hastings Street. Then we'll head back along some small hills and treat ourselves to a drink at the Surf Club. This is an easy walk, on sandy, rocky and board tracks, through some lush rain-forest and more open coastal vegetation, with sheoaks and pandanus. The coastal track has spectacular views of the rocky foreshore, Noosa River Entrance and Northern beaches, with whales, dolphins, surfboard riders and fishing boats out to sea. Walking or running shoes are appropriate footwear. Contact leader directly. No online nominations.

LONDON CREEK

Day Walk Sun 19 Dec

LEADER: Dennis Fishlock 32840551
0419577360

EMAIL: fyshies@bigpond.com.au

GRADE: MDW 5C

LIMIT: 15

BRING: Day Pack as per Page 3/3ltr water

COST: Car Cost \$12 Per Person

DEPART: 5:45am Aspley Hypermarket Front Car Park Under Sails

CAR KMS: 120kms

MAP: Landsborough sheet 9444-21

NOMINATION LIST: Self Serve Online/Email Leader

MEETING POINT ARRIVAL: Minimum 15 Minutes before Departure Time

This walk is located in the Peachester State Forest, we start the walk at the end of McDonalds road and walk down beside a private boundary fence dropping down quite a steep ridge into London creek. The vegetation is a mix of rain forest and medium to heavy dense Australian scrub. The first stage of the walk will be along and in the creek rock hopping constantly, from a specific point/land mark we will leave the creek and circumnavigate off track through thick vegetation from a north easterly direction into a westerly direction and drop back into the creek some time later where we entered the creek at the beginning of the walk, from here we will continue to walk down beside and in the creek rock hopping. At a specific point beside a rock pool we will stop for lunch and cool off before continuing down the creek and back out onto a track, enter a fire trail and walk back to the cars. Vecchios for afternoon tea at Glass House Mountains. THIS WALK IS SUITABLE FOR MEMBERS WITH SOME OFF TRACK AND ROCK HOPPING EXPERIENCE.

NOOSA NORTH SHORE

Day Walk Sun 19 Dec

LEADER: Eddie Chappel 33127032
MOBILE: 0432 733 847 Day of walk only
EMAIL: chappel.e@optusnet.com.au
GRADE: MDW-3B
LIMIT: 14
BRING: As per Mag, 2 litres water
COST: Petrol Money + Barge Fare \$12 per car
DEPART: 6:30am Aspley Hypermarket near Post Office Sign
MAP: UBD Noosa North Shore

We will start this walk from the Noosa River Ferry (\$12 per car return barge fare) at Tewantin. We then walk down along the Noosa River north Shore riverbank in the national park as far as possible & then on some of the dirt roads to the rivermouth. We will then walk around the Frying Pan sandbank on the north shore. This will be followed by a walk along Teewah Beach to the Cooloola Great Walk entrance. The group will have lunch somewhere in the frontal dunes along this section & perhaps a paddle in the surf. We cannot go too far out into the surf as it is unpatrolled. The return back to the ferry is via the first section of the Cooloola Great walk. The length is unknown but it is probably 15 km. Please nominate by self-serve, e-mail or home phone.

EAGANS CREEK VIA SAVAGES RIDGE

Day Walk Sun 19 Dec
LEADER: Paul Horwath
GRADE: LDW-8E
LIMIT: 8
BRING: 4lt water, Page 3
DEPART: 3am Fairfield Gardens
CAR KMS: 200km
MAP: Mt. Lindesay 1:25000

We will park outside Mt. Barney Lodge and walk for about one hour until we pass the start of South Ridge track. After three creek crossings we hang a right up Savages Ridge which will take us all the way to the western side of West Peak. We will begin to climb West Peak and after negotiating the chimney quite close to the top we will be on the summit for lunch. This vantage point affords us different views of Mt. Barney and is quite spectacular. After descending the Eastern face of West Peak we reach Rum Jungle then make our way down Eagans creek this is the route opposite Barney Gorge. Come along for a long but wonderful day, WILL MEET YOU ALL AT YELLOW PINCH 5AM

TOTAL LUNAR ECLIPSE

Picnic Tue 21 Dec
LEADER: Picnic Pete 3351 1184
MOBILE: 0419496837
EMAIL: peter@lock.id.au

GRADE: FSNW3A
LIMIT: 20
BRING: BBQ food, picnic or take-away.
DEPART: 5:30pm Shorncliffe

This party will celebrate the total eclipse of the moon and the longest day of the year. We'll meet at the Shorncliffe Peer at 5:30pm, then scout around to choose the best electric BBQ spot, close to the car park. (If you are late, phone me and I will tell you where we are.) We will be cooking our BBQ, playing on the sand with the rising tide, and watching the moon. After dinner we will go for a short stroll around the headland, pausing along the way for dessert. It would be best to bring your torch for this, since the moon won't be as bright as usual. I expect to be back at the car park by 8pm.

CHRISTMAS LIGHTS BIKE TOUR

Night Ride Wed 22 Dec
LEADER: Picnic Pete 3351 1184
MOBILE: 0419 496 837
EMAIL: peter@lock.id.au
GRADE: CYC
LIMIT: 15
BRING: Money for supper and donations.
Cake for Santa.

DEPART: 6:30pm

By popular demand, the Christmas Lights Bike Tour is on again, and with the same format as last year. We meet at the corner of Childs St and Woodland Cl in Bracken Ridge. Please be ready to ride at 6:30pm. We will follow some back streets around bracken ridge to take in the Christmas lights displays. Navigation will be by the stars! Hopefully we will get supper (including sausage sizzle) at the Uniting Church in Board St. But it's a good idea to bring some extra Christmas food as riding can be hungry work, and we never know if we might meet hungry reindeer or Santa. Don't forget your bike lights - it will be dark! Some displays are collecting donations for charity, so bring a few coins. And some chocolate money or small treats for the householders is a good idea.

MT COOT-THA WEEKLY THURSDAY NIGHT WALK

Night Walk Thu 23 Dec
See activity description for Thu 25 Nov

MT COOT-THA WEEKLY THURSDAY NIGHT WALK

Night Walk Thu 30 Dec
See activity description for Thu 25 Nov

MANORINA WALK

Day Walk Sun 9 Jan

LEADER: Dennis Fishlock 32840551
0419577360
EMAIL: fyshies@bigpond.com.au
GRADE: MDW 4C
LIMIT: 15
BRING: Day Pack as per Page 3/3ltr water
COST: Car Cost \$12 Per Person
DEPART: 6:45am Alderley
CAR KMS: 80 kms
MAP: Brisbane Forest Park
NOMINATION LIST: Self Serve Online/Email
Leader

Manorina Park is located in the Brisbane Forest Park, we will travel from Alderley centre up Mt Nebo road to the Manorina car park, the walk starts on a formed track out to Mt Nebo Look Out, from here we will go off track and work our way over some ridges and gully's. We will get some good views across Samford valley and will also see a variety of orchids. Some where along the off track at a good vantage point we will stop for morning tea, from here we will continue to work over some more ridges and gully's and come back out onto a fire trail, depending on time and weather conditions whether we go back off track and work our way onto the look out road or walk back up the fire trail and out the locked gate onto Mt Nebo road. We will then walk back to our cars and head off for afternoon tea at the Samford Bakery. **SUITABLE ALSO TO NEW MEMBERS WITH A REASONABLE LEVEL OF FITNESS AND TO THOSE MEMBERS WHO WANT TO GET SOME OFF TRACK EXPERIENCE.**

BASKET SWAMP CREEK & CATARACT RIVER

Throughwalk Sat 15 - Sun 16 Jan
This activity is full.

FLAXTON/UBAJEE WALK

Day Walk Sun 16 Jan
LEADER: Dennis Fishlock 32840551
0419577360
EMAIL: fyshies@bigpond.com.au
GRADE: MDW3C
LIMIT: 15
BRING: Day Pack as per Page 3/3ltr water
COST: Car Cost \$15 Per Person
DEPART: 6am Aspley Hypermarket Front Car
Park Under Sails
CAR KMS: 200kms return
MAP: Gheerulla Creek
NOMINATION LIST: Self Serve Online/Email
Leader

This is stage 2 of the Great Walk on the Sunshine Coast, we will travel along the Steve Irwin Way to Montville and down to Flaxton Mill road where we will start, all the drivers will take their

cars to the Ubajee picnic grounds and the drivers will be brought back to the start as it is a one way walk. We will start the walk on a track through dry rain forest and pick up the trail out to Baxter Falls where we will have morning tea, we will then cross a swing bridge and continue along the trail which is mostly under a canopy of tree cover and walking beside a creek. We will come back out onto a road which we walk along the path to Mapleton Falls for lunch. From here we will continue through She Oak and Palm Groves and work our way back to the forestry road to Ubajee camp site and walk back out to our cars. Montville for afternoon tea at THE EDGE which is a large verandah coffee/refreshment venue over looking the valley.

IRON BARK GULLY

MINIMAXS Sat 22 Jan

LEADER: Dennis Fishlock 32840551
0419577360
EMAIL: fyshies@bigpond.com.au
GRADE: MINIMAXS 3B
LIMIT: 15
BRING: Day Pack as per Page 3/3ltr water
DEPART: 8am Iron Bark Gully Picnic Grounds
UBD MAP 117 F17
NOMINATION LIST: Self Serve Online/Email
Leader
MEETING POINT ARRIVAL: Minium 15 Minutes
before Departure Time

This walk is intended to introduce new members to bush walking and to the BBW club in particular. The MinimaxS is a good option for your first walk, we will be mainly walking on a track stopping at regular intervals to discuss a number of topics such as clothing, equipment, safety, First Aid and Environmental Impact to name a few. There will be a sample of off track walking to get an appreciation of the clubs walk grading system, bring your pack, morning tea and lunch and a change of fresh cloth's, please bring what ever gear you would take on a full day walk. Register directly on the web site or at the club meetings on the registration boards with the New Membership Officer.

GRANITE BELT WINE TASTING WEEKEND

Social, Base Camp Sat 22 - Sun 23 Jan
LEADER: Greg Kuss. 0408 806310
EMAIL: gregory.dkiss@gmail.com
GRADE: S-3C-SOC-B
LIMIT: 16
BRING: tent, \$ for wines to fill your cellar
COST: \$80 p.p tour, \$12.50 camping, \$40
petrol contribution, plus dinner and drinks.

DEPART: 5:45am Fairfield Gardens
The Granite Belt has firmly established itself as a premier wine making region in Australia. It is now a credible force in boutique wines internationally. On this weekend we will sample some of the vines finest. From Fairfield Gardens car park on Saturday morning we car pool to Stanthorpe where we will camp at the Top of Town Tourist Park. Granite Highland Maxi Tours will pick us up and drop us back at the caravan park. 10am - 4:30pm. \$80 p.p including a 2 course lunch at the wineries. Visiting 6 - 8 wineries. Great for all the wine buffs. We will freshen up then be transferred by the coach service to the Stanthorpe RSL for dinner. Sunday morning we will drive over to Girraween N.P and do the 3 k track walk to the Pyramids. A steep rock resembling a Pyramid. When we return we will have a picnic lunch in the day use area before we travel back to Brisbane, stopping for a final coffee at BP Aratula. We don't need to pay for the wine tour till the day, but the camp sites need to be prebooked. \$25 twin share or \$12.50 each. If you cancel for any reason, you will have to pay this fee to me unless a replacement is found. If you are cashed up the park has a range of cabin style accommodation. If you would prefer this email me on nomination and I will forward you the contact details so you can book. The rest of us will camp in out tents. The temperature is always a couple of degrees cooler than Brisbane so it should be a beautiful weekend.

UPPER PORTALS VIA CLEARED RIDGE

Through Walk Sat 22 - Sun 23 Jan
LEADER: K.Rosbrook & Paul Horwath
0401221403

EMAIL: krosbroo@internode.on.net
GRADE: 4C-6D
LIMIT: 14
BRING: p3 + gear
COST: 5 + petrol
DEPART: 6am Fairfield Gardens
Drive done to the base of Mt May and park as required. Carpool from here in 4wds up cleared ridge and park. From here we walk down into the upper portals camp site. This should be a level 4 but might be a 5. The Plan Set up camp and relax. Paul is leading the way in and has offered to do the Barney Waterfall on Saturday and on Sunday Barney Gorge. these are optional.

UPPER NOOSA RIVER

Kyk Sat 22 - Sun 23 Jan
LEADER: Ken Rubie
MOBILE: 0448448598
EMAIL: kenrubie@hotmail.com
GRADE: KYK

LIMIT: 6 people
BRING: Refer Trip Description
COST: \$5.00
DEPART: 6:30am Alderly
The purpose of this trip is to paddle the upper sections of the Noosa River enjoying the scenery and the reflections and to climb the Carlo Sand Blow over looking the coast and hinterland. This will be an overnight paddle and you will need to take all your requirements with you in your canoe, including drinking water. Additionally, you will need sufficient food items to undertake a bushwalk of around 12km in distance. We will depart the Alderley Shopping Centre for Harry's Hut where canoes will be put into the water, loaded, and we will paddle upstream to the campsite, approximately 8.5km from our starting point. In the afternoon we will paddle further upstream perhaps as far as campsite 15. Saturday night is party night so please bring nibbles to share as we watch the sunset over the river from the sandy beach of Campsite 4. On Sunday the intention is to rise early and paddle to Campsite 3 before walking the 6km to the Carlo Sand Blow. You will need appropriate walking gear and carry sufficient water and food for a 12km walk in hot conditions. Following the walk we will return to campsite 4 for lunch and paddle back to Harry's Hut for our return to Brisbane. Over the weekend we are likely to paddle in excess of 30km in various segments so you will need capacity to paddle this distance keeping up with the group. If you are considering participating in this paddle but not sure of your capacity, please contact me. You will need your kayak safety gear as well as camping and walking gear for this combination trip. I also suggest that you bring a camera as the photographic opportunities are terrific. The camping cost is \$5.00 for the Saturday night which will be organised for you and you will need to pay this cost to the leader. You will also need to organise getting your kayak or canoe to and from Harry's Hut. Once you are accepted on the paddle you will be required to pay the camping fee even if you don't attend the paddle.

PYRAMID ROCK PART3

Ldw Wed 26 Jan
LEADER: Paul Horwath
MOBILE: 0429509334
GRADE: LDW-8D
LIMIT: 12
BRING: page 3.through packs and gear
DEPART: 3am Fairfield Gardens
CAR KMS: 220
This a new walk for the club , we head down bull ant spur , then follow the creek down stream for very long time . this is a survey walk . I intend to

arrive at Pyramid Rock. This will be very hard, but what a view. No list at meetings.

GUY FAWKES RIVER

Through Walk Wed 26 - Sun 30 Jan

LEADER: Annette Miller

MOBILE: 0418 791 841

EMAIL: annette.c.miller@marsh.com

GRADE: STW 7D

LIMIT: 6 incl. leader

BRING: Page 3, water tablets, waterproof pack liner

COST: \$100 pp car contribution

DEPART: 4pm TBA

CAR KMS: ~ 1,000

MAP: Ebor, Hernani (NSW)

If you don't enjoy rock hopping/scrambling with a through pack or are not proficient at it, read no further!! This will be a 4 day trip down the Guy Fawkes starting at Ebor below the falls. We will rock hop, scramble and swim our way down the river and plan to exit near Boundary Creek. (A car shuttle will be required). The entire walk will be rock hopping and apart from the first day, there will be many compulsory swims. Approx. 60% of the walk I have done before, the remainder will be exploratory. Expect rough country and long days, campsites may also be rough and are few and far between (bring the smallest tent you have, or a hammock). And a BIG climb back to the cars at the end. The plan will be to leave Brisbane early Tuesday night (hopefully around 4pm) and depending how keen people are, either drive the entire distance (about 6 hours) Tues night or stay somewhere en route and arrive Wednesday morning. Wednesday is a public holiday for Australia Day, however please bear in mind the Thursday & Friday are normal work days. If after our arrival the weather or river conditions are unsuitable, there are many alternative areas nearby to explore.

MID SOUTH EAST RIDGENEW WAY UP

Day Walk Sun 30 Jan

LEADER: Paul Horwath

MOBILE: 0429509334

GRADE: MDW-8D

LIMIT: 9

BRING: Day walk gear/3L H2O + LotsaNRG!

COST: Refer trip description

DEPART: 4am Fairfield Gardens

CAR KMS: 200km +

MAP: Mt Lindesay 1:25000

NOMINATION: Self registration preferred

this is the ridge in between logans and south east. MID south east this will be a long and reasonably arduous day. we'll leave at 0600 morning, climbing to the top of East Peak and return-

ing via eagans creek. We're planning a 4 hour ascent, a leisurely 1 hour lunch on top, followed by a 3 hour descent. With around 1000m elevation to be gained and lost, it's always possible that we could arrive back at camp after dark, so you MUST be prepared accordingly. No torch, no go! Before nominating for this activity you MUST have previously completed other Grade 7d/8d walks w The pace will be reasonably 'constant' so fitness is a prime consideration. If we have not walked together before, please contact me via email with details of previous club walk experience. NO LIST AT MEETINGS.

LEWIS PASS TO NELSON LAKES NEW ZEALAND VIA MATAKITAKI VALLEYS

Long Through Walk Mon 7 - Sat 12 Feb

LEADER: Andrew Wedlake 07 3264 6744

MOBILE: 0439 864 418

EMAIL: Topqs@hotmail.com

GRADE: LTW 6D

LIMIT: 5 + Leader

COST: \$300 + Accommodation & flights

DEPART: 10am Christchurch, NZ

MAP: NZ Topo, Lewis, Matakita, St Arnaud

Classic NZ tramp starting at Lewis Pass on the St James walkway, heading over 3 tarn pass, down the West Matakita, up the East Matakita, over D'Urville pass with a high side to Thompson pass, over Waiau pass, past Lake Constance & Blue Lake, down the Sabine & up to Lake Angelus, down the Robert Ridge to St Arnaud. Long glacial valleys, high alpine passes and alpine ridge travel through the most remote sections of Nelson Lakes national park taking in the most spectacular features of the park including Lakes Thompson, Constance, Blue lake, Angelus and the Robert Ridge. 5 high alpine passes at approx 1800 m. Valleys at 500 & 700m. Day 4 includes a 1300m ascent over 3km. You will need to be fit & capable of 8-10 hrs (20km) per day with full through walk gear.



Pat's Bushwalking Tips (Bumper Xmas Edition)

- If you are going on a walk that involves lots of off-track bush-bashing through rain forest, then it's a good idea to schedule all your boring work meetings for the Monday morning after the walk. That will give you time to quietly sit with a needle and focus on removing all those annoying Wait-a-While splinters from your hands and arms.
- A lightweight tarpaulin is a great thing to have on a throughwalk when it rains. (Sil-nylon tarps are only a few hundred grams.) The tarp will provide adequate shelter for the group to sit together and prepare meals instead of scurrying off to their tents. It's best to tie the tarp as high as possible, so if no one in the group is particularly tall, then don't forget to also pack your stiletto heels.
- If you plan to do a particular walk and you know your fitness level has waned a bit, it's a good idea to invite along someone you know is less fit than you. That way you won't be the slowest walker and you won't feel any of the pressure that comes from being the group straggler.
- When you sleep the night in a tent, have you noticed that in the morning the inside of the tent fly will be dripping with condensation while the outside may be completely dry? The inside condensation is due to the vapour that you exhale during the night. It's a real nuisance if you want a dry tent for an early start. However, you can avoid this by always taking an oxygen mask and 1-2 metres of plastic hose. Just make sure the hose is poking outside the tent throughout the night and in the morning the inside of your fly will be dry.
- You're on a throughwalk and the group is sitting in a circle quietly socialising after dinner, taking in the ambience of the night surrounds. Everyone has an amusing anecdote or is sharing some personal story from their past. If you dread your turn to contribute because you have neither of these to offer, then how about dazzling the group with an

amazing display of Fire Twirling!

Just grab your walking pole, wrap each end tightly with some socks or strips of bark from a Melaleuca tree, soak each end in lightweight kerosene, apply a match and you're away. Perhaps start with some figure-eights, baton spins, and double-baton spins. Then progress to the rolls: over the shoulder, around the neck, around the wrist, around the back. Finish off with a few throws and catches - maybe even an armpit catch. Your bushwalking companions will be left in speechless awe.

- "When it comes to creek crossings", my Grandad used to say, "there are two types of bushwalkers - those with long legs and those with wet boots". Well you can throw off those shackles of physical stature and make wet boots a thing of the past with a set of lightweight bushwalking stilts. It may take a bit of practice, but once you have mastered stilt walking you will be able to cross creeks, stride muddy tracks, straddle fallen tree trunks and act as lookout for the walk leader. Stilts can also be used as walking poles, tent poles and even emergency splints for bandaging broken bones. So you will never feel silly taking stilts on a walk and will always be a valued member of the group.
- A peculiarity known only to the hardest bushwalker is that wine improves dramatically in taste at higher altitudes. For example, even the cheapest cask Fruity Lexia can taste wonderful when camping in the Saddle at the top of Mt Barney after you have lugged it 1000 metres uphill.
- Some bushwalkers love woolen thermals because they are warm and low-odour (important for long trips). However, in summer it is essential to store them carefully as moths will quickly destroy them. If you don't like the smell of naphthalene or camphor then try storing your thermals in the freezer. Just take them out the night before your next walk and they will be lovely and fresh.
- The freezer is also a great place to store dehydrated meals that you have prepared. Seal them properly in plastic bags and they will keep indefinitely. The night before your next big walk just grab your meals (and your thermals). Take care, however, as it would be quite distressing on the first night of your throughwalk to discover you had inadvertently grabbed that frozen cane toad you had forgotten to dispose of in your wheelie bin.

.....Footprints.....

IN THE HEAT OF THE MOMENT

A low pressure trough had been sitting along the SE QLD coast for the past week. Lots of rain, overflowing dams, daily temperatures in the low to mid 20s. The extended forecast was for patchy rain showers and possible late afternoon storm activity. Armed with that information, esteemed leader relaxed a little knowing that her group for the walk tomorrow should present no problems.

Arriving on schedule at the trailhead in clear, sunny conditions next morning, a thorough walk briefing ensued. Maps were consulted, compasses checked and guides positioned at point. An hour and a half of pleasant, undulating, easy walking through the shade of beautiful gums followed before the group arrived at the base of the first of two rocky creeks to be negotiated that day. After the obligatory morning tea break, our intrepid group of adventurers began their climb to the summit up the steep, slabby creek, as the sun, too, continued a steady climb towards its zenith.

The rock slab was very steep and challenging, and you could feel the heat radiating up from it under the now omnipresent sun. The fitter members, however, were in friction heaven as they gripped the slabby surface with hands and feet, and moved steadily upwards. However, it had become apparent to the leader very early in the climb that at least one of the party was already dragging the chain. After only 30-40 minutes it had become clear that, at the slow walker rate, the group would not reach their destination. And this was before the troop had even arrived at the first real obstacle, a wide expanse of jumbled, loose rock and cliff breaks, blanketed in thick barbed wire type undergrowth. The sun was rapidly approaching its noon high point and the sweat was flowing freely from these wilderness intruders. It was getting hotter and water bladders were being drained as the rate of effort increased.

The leader had decided to take the slow section of the convoy around the obstacle to avoid the rocky area ahead, while her nominated leader cohort began the head-on approach to the rocks with the remainder of the team. Whereas the first few mountain goats negotiated the hurdle easily, and with great glee, a couple of the others were not happy about this confrontation. This group now began their retreat to the less daunting slope up which the chain draggers had ascended some 15 minutes before. It was hard, hard work as the leader cohort slowly forged a path through the energy draining vegetation and scattered loose rock to join the others above!

Arriving at the top, the party regrouped. At this point the decision was agreed that the leader would take the unfit member back via the planned escape route to an agreed meeting point at the base of the mountain, with the remainder continuing to the goal under the leadership of the co-leader.

Now, our esteemed co-leader was not going to have any difficulty with the navigation involved, having done this walk on several occasions recently. However, he was still very hot, and physically drained from the recent exertion below the cliff break. A short rest and a few sips of water, though, seemed to alleviate his immediate stress and off they went.

He knew he was overheating, and no amount of water intake was making any difference. But it was only another 25-30 minutes to the top so he continued slowly and clinically up the steep slope with his unsuspecting motley crew tucked in behind. Stoically placing one boot before the other he forced himself upwards in a trance-like state, willing the summit plateau to arrive at each step. This was harder now than he could ever recall any other walk being. He was not enjoying himself! He was aware that he was no longer sweating - weird! - and as the dizziness arrived, he was beginning to get concerned..

His last conscious thought was of the bright, blue sky appearing through the breaks in the trees above, as his right leg collapsed beneath him, sending him sprawling in the loose scree and long grass. He didn't hear the cries of alarm from his fellow walkers, nor was he aware that he had no feeling along the entire left side of his body. Nor did he realize that he was unable to speak without slurring his words, or that his ankle was broken. He didn't even feel hot any more. The stroke he had suffered was accompanied by complete heart failure, and he died when his head smashed against the jagged rock as he fell!

* * * * *

.....Footprints.....

Fortunately, this story didn't have such an unhappy ending...but it could have!

The hot conditions being experienced on the day led to the co-leader overheating, and heat exhaustion followed. Without proper consideration for rest and cooling, heat stroke followed, as well as heart failure. Without the added complication of head injuries, this distressed individual was not looking at a very positive prognosis anyway. And look at where it could have placed the other members of his group! Leaderless and lost with a lifeless liability lying before them.

A lot of basic leadership issues arise from this hypothetical yarn, but the main point I want to address is the issue of **Heat Induced Illness (Hyperthermia), Heat Exhaustion and Heat Stroke.**

Hyperthermia may occur when the body generates heat, or is exposed to heat that is not able to be lost to the environment. It is associated with dehydration.

In the bushwalking environment, heat balance disturbance may be affected by excessive physical exertion, hot climatic conditions with high humidity, inadequate fluid intake, infections (viral), inappropriate clothing, some medications, various illnesses and extremes of age.

Symptoms include fatigue, dizziness, nausea, headache, convulsions and unconsciousness. Thirst may not be felt at first.

Hyperthermia may cause convulsions, fainting, cramps, heat exhaustion and heat stroke. Impaired mental function may be followed by unconsciousness and death. All body organs are affected.

Treatment should include resting the casualty in shade, loosening excessive clothing and giving cool water to drink if conscious.

To prevent permanent damage or death the body temperature must be reduced quickly. In the most advanced state of hyperthermia, emergency services assistance should be requested urgently. In the scenario above, the group recalled that the co-leader had a PLB in his pack. A handy option to have available at any time.

As the summer months approach, the days will become very much hotter. Summer conditions also include increased humidity. These conditions will require the human body to take on a lot more fluid when expending energy in the manner in which bushwalkers do. It is not enough to take 2-3litres of water simply because BBW requires you to. You must drink that water at regular intervals throughout the day. You may wish to take more than the minimum volume required. It's not hard to carry an extra litre [= 1 kg] in your pack.

As you pass by those lovely pools of water along the way, think about using the water to cool off. Treat yourself to the luxury of a cool, refreshing 'shower' - soak your wide-brimmed sunhat in the water, and your bandana too. Take advantage of the opportunity to reduce your body temperature.

And you don't have to stay under the relentless sun! Move to the edge of the creek and get beneath the trees. Be smart, not stupid, with regard to your body temperature. You wouldn't ignore the rapidly rising engine temperature gauge in your car, so don't ignore the warning signs being provided to you by your own body. **Do something about the situation early. Cool off - rest up - drink, drink, drink that beautiful water - get under shade. And please don't hesitate to communicate your condition to the group. They're probably feeling the heat as well.**

It's cool to be cool!

Barry Collins
Safety & Training Officer

MELBOURNE CUP 2010 - MT WARNING

This year's Melbourne Cup was celebrated atop Mt Warning (due to the usual venue, Mt Maroon, having the northern access route still closed.). Mt Warning offered breathtaking 360 degree views of Mt Barney, Mt Lindesay, Lamington National Park, Springbrook Plateau and Byron Bay. To enter into the spirit of the day, there were several conditions for joining this walk. Once atop, guests were required to change into formal wear and the dress standard was very high. (It would be embarrassing to have climbed Warning only to be denied entry to the VIP marquee - aka the Darveniza tarp.) One first-time attendee was caught trying to sneak in with bushwalking boots complementing her party frock! A long relaxing formal luncheon was served, followed by the usual listening to The Cup and paying out sweep winners.



Info from Oxfam Trailwalkers

I'm part of a team training for the Oxfam Trailwalker (first one in Brisbane in 2011) and was wondering if any other members have done the Sydney, Melbourne or NZ Trailwalkers? We are looking for a bit of guidance, hints, tips, etc.

Nikki Ladd

Phone: 0414 933 373 or email: nikki.ladd@yahoo.com.au

First Aid Course - October 2010

The following BBW members successfully completed the St John's Ambulance two day Apply First Aid course held over the weekend of 30/31Oct10:

Elaine Beller
Barry Collins
Til Innanorati
Jim Lydon
Lisa McIntosh
Rosa Miron
Diana Norkaitis
Paul Vidler
Christine McLennan
Rodney Black
Mark Taylor



Thanks go to Peter Mrzyglocki, course instructor and BBW member, for presenting such an informative and relevant first aid course to those present. The BBW contingent was joined by a group from NPA (National Parks Association) as well.

Barry Collins
Safety & Training Officer



4-day Remote Wilderness First Aid Course

Binna Burra Lodge, and interNATIONAL PARKtours are running a 4 day remote area first aid course for their staff early next year. They are also inviting bushwalking club members, and other interested persons to boost their numbers and help bring the cost down. The course will involve response to casualty scenarios in areas of Lamington NP.

The dates will be 18-21 January 2011, and the cost of the course is nominally \$350 pp for the 4 days - (the cost will reduce if more people attend).

Extra costs will be accommodation in the campground, Environmental Study Centre bunkhouse, or the Lodge and any optional meals at Binna Burra Lodge. The self catering option is available for campers and the bunkhouse. A group discount for campsite / bunkhouse accommodation may be applicable if sufficient numbers book.

Interested persons, please Reply email to secretary@bushwalkingqueensland.org.au

Gavin Dale
Secretary, Bushwalking Queensland Inc.

Committee News

Guest Speakers

Wednesday 24 Nov Tasmania Walk, Part 3 - Ray Glancy

The South West Cape Track & The South Coast Track

Wednesday 8 Dec Wildlife Preservation Soc of Qld

Des Boyland is the Secretary of the State Council of the Wildlife Preservation Society of Queensland (WPSQ). Des also serves as Policies and Campaigns Manager for the Society. Des will deliver a power point presentation which will briefly outline the history and current organisational structure of WPSQ. He will highlight current campaigns, policies and submissions and let our questions address issues of interest.

Annual Report - Equipment Officer

I have completed two years on the Committee as Equipment Officer and would like to take this opportunity to thank Greg Long and Eddie Chappel for standing in when I took vacations.

Having been a member of BBW since 2000 it has been a pleasure to give back to an organisation which I am proud to be a part of. Not only have I seen places, birds and flora that I would otherwise never have seen, I have also made many friends.

The club has a variety of tents, through-walking packs and stoves for hire, and I encourage new members to use the gear and enjoy the many base camps and through-walks the leaders offer for your enjoyment.

I wish Eddie every success in his role as the Club's new Equipment Officer.

Catherine Lowry

New Leaders

Congratulations to the following new Leader who has been approved by the Committee:

Glen Duffy

NEW MEMBERS

Welcome to the following New Members who joined during the last month:

Peter Amabile	Carla Anderson	Oleksandr Bondarenko	Glenis Bradley	
Brendan Byrne	Sarah Camilleri	Kath Clerke	Rob Cook	Stuart Cunningham
Megan Davies	Melanee Frangenheim	Belinda Giraldo	Juan Giraldo	
Jonas Good	Tracey Good	Alys Hohnen	Adrian Holmes	Mal Hurman
James Keane	Roxanna Lane	Jim Lynam	Temille Marsh	Jacqueline Medrecka
Sarah Miller	Francis Moore	Nadia O'Reilly	Natasha Saltmarsh	Megan Sandaver
Justin Tarnawski	Sue Thomson	Mick Van den Bergh		

Congratulations to the following who have been granted Full Membership:

Allan Brown	Ian Cooper	Laura Li	Michael Lukritz	Graham Maskiell
Pamela McCombe	Lisa McIntosh	Kerry Roach	Sarah Sheridan	Paul Vidler
Maree Walton				

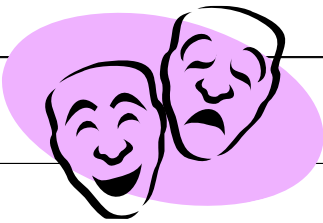
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ANNUAL MEMBERSHIP FEES

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A reminder to all **Full Members** that annual membership fees are due by 31st January 2011.

Single membership: \$40.00 per annum Couples: \$60 per annum.



Out & About

DINNER & MOVIE

Six Degrees Cafe Tue 7 Dec
 LEADER: Deniz Clarke 0401 725 726
 EMAIL: denizclarke@gmail.com
 LIMIT: Open
 MEET: 6:30pm Six Degrees Cafe,
 Shop 4/30 Station Rd Indooroopilly

Dinner & Movie Night in the Western Suburbs! Join the monthly BBW dinner & movie night at Six Degrees Cafe in Indooroopilly. As one review states 'Aussie tucker treated with passion and ingenuity!' Pasta, pizza, vegetarian and gluten free options available. Average main prices \$25. Opportunity to check out films at El Dorado: www.eldoradocinema.com.au Please nominate online to book your space.

Deniz

WALK & DINNER

Tibetan Kitchen Tue 18 Jan
 Night Walk & Social
 LEADER: Deniz Clarke 0401 725 726
 EMAIL: denizclarke@gmail.com
 LIMIT: 15
 BRING: 2lt water, money
 COST: money for dinner & transport home
 DEPART: 6pm Brisbane Square

This is a brisk social dinner walk from the Brisbane CBD along the pedestrian track adjacent to the Brisbane River along the floating walkway into New Farm (nice climb up Brunswick Street prior to dinner). We'll have dinner at Tibetan Kitchen then head home via city cat/bus/train/car. Tibetan Kitchen: www.tibetankitchen.com.au. Note: Social walks do not qualify for full membership. Please ensure you nominate online as bookings are required at Tibetan Kitchen.

Deniz

NEW YEARS EVE PARTY

Fri 31 Dec

LEADER: Nada Campbell
 MOBILE: 0414724489
 EMAIL: nadacampbell@y7mail.com
 LIMIT: 30
 COST: plate of nice food
 DEPART: 8pm
 MAP: to be advised

Happy New Year!!! It's time to think how you will be welcoming in the new year and saying good bye to the old. I am hosting a pool party at a home in Albany Creek. Let's make a splash and make this a night to remember. Lots of music, dancing, food and fun. Relax around the pool or go crazy and swim to your heart's content. Mingling will be a must. Numbers will be limited to 30, so get your nomination in early. BYO drinks, chair, togs, towel and a plate of nibblies to share. Though chips and dips are fabulous at pool parties a variety of food would be wonderful. Plenty of space for people wanting to stay the night. There are some beds but it would be a good idea to bring a sleeping bag, air mattress, your favourite pillow etc. if you are planning a sleep-over. Further details will be emailed to you. Ps If you are planning to stay the night let me know so we can make sure there is enough room for you.

Nada

For Sale

Thermorest Trek & Travel

Trail Lite Model. Size:51 x 168 cm; Thickness:3.8cm; Weight:880g, Nearly New. \$95.00

Phone: Lynley Murtagh
0414 631 115

Magazine Collating

Magazine collating is at Anne Kemp's at Auchenflower on Thursday 20th January. There is only about 1½ hours work required. If you would like to come along for an easy social night and dinner please phone 3371 2707 to confirm.



For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.

If you have recently changed your address, phone number (home or work) or email please advise the Membership Register Officer so that the club records can be kept up to date:
Shirley Peadon—email: registrar@bbw.org.au; or phone: 07 3892 4641

If unclaimed, please return to:
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GPO Box 1949
BRISBANE 4001

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