

The **BRISBANE BUSHWALKER**

March 2009



BRISBANE BUSHWALKERS MONTHLY NEWS



BRISBANE BUSHWALKERS CLUB INC (EST. 1948)
GPO BOX 1949, BRISBANE 4001

www.bbw.org.au

PRICE PER ANNUM \$20.00
(included in Club Membership fee)

MEETINGS: The Brisbane Bushwalkers Club meets every 2nd & 4th Wednesday of the month at 7.30pm at the Newmarket Memorial Hall, cnr Enoggera Rd. & Ashgrove Ave., Newmarket. Except for December when the only meeting is on the 2nd Wednesday. All welcome.

COMMITTEE MEETINGS: The next committee meeting to be held at 7.30pm on **Wednesday 4th March** is at Tom Cowlshaw's at 47 Samford Rd. Alderley. Ph: 3856 4050. All members are welcome to attend.

MAGAZINE: *It is preferred that leaders submit pre-trip descriptions via the leaders page on the web site.*

Articles may also be submitted by e-mail or CD (RTF format). Typed or clearly printed copy is acceptable. Articles may be given to the Editors at any meeting, or mailed to: Editor, Brisbane Bushwalkers Club Inc. GPO Box 1949 Brisbane 4001 or Fax 3274 6782.

Pre-trips will be given first priority, then articles in order of receipt (subject to available space). The editor reserves the right to edit or reject copy where necessary.

DEADLINE for the **April 2009** magazine is the Open Meeting **Wednesday 11th March**
Pre-trip descriptions for all activities please!

website
www.bbw.org.au

email
editor@bbw.org.au
outings@bbw.org.au

Cover Photograph
'Crossing West Canungra Ck in Lamington NP'
(Photo Comp Winner) - Peter Hunt

EQUIPMENT HIRE

The following equipment is available **for club activities**. The charge *between meetings* per item is:

Foam mat..... \$2.00
Self inflating mat \$5.00
Stove..... \$5.00
Tent or Pack..... \$10.00

EPIRB: An EPIRB is available for loan on club activities. The EPIRB is free of charge to leaders.

GPS: A GPS is available for loan on club activities. The GPS is free of charge.

There is a \$20 per item deposit. Refundable upon return of equipment in good condition.

*All equipment may be booked for hire by phoning the Equipment Officer.
Pre-booking will ensure availability.*

LIBRARY

Books, Maps and Magazines are available for loan between meetings. A fee of 50^c per item is required. Late fees do apply.

MEMBERSHIP FEES

Fees include magazine subscription.

Full Members: Singles \$40 per annum
Couples \$60 per annum
Annual membership falls due 31st January.

Probationary Members:
Singles \$25 per 6month
Couples \$40 per 6 month

FIRST AID CERTIFICATES



BBW will refund 50% of the cost of a recognised First Aid certification course for full members. Show the receipt and give a photocopy of the certificate to the Treasurer.

Club Officials

President	Tom Hulse	3351 2190	Photographic	Carrol Helander	3396 8652
Vice President	Narelle Haling	3857 4263	Librarian	Ray Glancy	3343 8854
Secretary	Ian Marlow	3892 4641	Abseil Co-ordinator	John Granat	3265 5404
Treasurer	Tom Cowlshaw	3856 4050	Members Register	Shirley Peadon	3892 4641
Outings	Adam Clarke	0412 007 360	Website Admin	Gary Curtis	3801 1311
Safety & Training	Kay Byrne	3397 1021	Editors	Eugene Hedemann	3359 3114
Membership	Peter Lock	3351 1184		Jenny Zohn	3272 2732
Social	Burney Starkey	0422 386 080	Contact Officers	Tom Cowlshaw	3856 4050
Equipment	Catherine Lowry	0430 450 569		Greg Long	3841 1720

ABBREVIATIONS & GRADING

DISTANCE Short — Under 10 km per day
Medium — 10 to 15 km per day
Long — 15 to 20 km per day
EXtra Long — Over 20 km per day

ACTIVITY ABSeil; Base Camp; Day Walk; Through Walk; Easy Through Walk; Night Walk; SOCIAL Activity; KaYaK; CYCle; Safety & Training; Federation Mountain Rescue; ROGaine.

FAMILY Family — Family Group conditions; contact Leader

TERRAIN GRADING — 1 to 9

- 1 Path with smooth surface and low gradient.
- 2 Well-formed path or graded track with some minor obstacles.
- 3 Graded track, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 4 Rough, unformed track or open terrain, with obstacles such as rock or root intrusions, fallen debris, or creek crossings.
- 5 Rough or rocky terrain that may require use of hands, and/or creek rock hopping that requires small to moderate steps. Fallen debris possible.
- 6 Steep, rough or rocky terrain requiring use of hands, and/or creek rock hopping requiring moderate to large steps or jumps. Fallen debris possible.
- 7 Climb or descend steep rock, using hand or foot holds. May be some exposure. Good upper body strength required.
- 8 Climb or descend near vertical rock with exposure, using widely spaced or small hand or foot holds. Climbing skills may be required. Good upper body strength required.
- 9 Sustained climbing or descent of vertical or near vertical rock with exposure, using widely spaced or small hand or foot holds. Advanced climbing skills may be required. Good upper body strength required.

FITNESS & ENDURANCE GRADING — A to E (Note: Walking times do not include breaks.)

- A** Basic — Generally suitable for new bushwalkers. Up to four hours of walking and possibly minor hills. Slower pace with frequent breaks.
- B** Easy — About five hours of walking and up to 300m of elevation gain/loss per day.
- C** Moderate — About six hours of walking and up to 600m of elevation gain/loss per day. Agility required.
- D** High — High fitness, endurance and agility required. Up to eight hours of walking and about 1000m of elevation gain/loss per day.
- E** Challenging — Very high fitness, endurance and agility required. Up to or more than twelve hours of walking and greater than 1000m of elevation gain/loss per day.

INFORMATION FOR WALKERS

The Members Handbook has a complete list of Club Guidelines (also available from the library or download from the BBW website)

- Nominate for an activity on the clipboard list at the meetings. Walkers must be financial at the time of nominating.
- Walkers are responsible for ensuring they are capable of doing the activity for which they nominate. Read the Grading descriptions on this page. If you are uncertain, consult the walk leader.
- If you are unable to attend meetings contact the leader (who keeps the list).
- If you are unable to attend the activity you must contact the leader to cancel so that others on the waiting list may go.
- Concerned relatives can ring the Contact Officer for information if the activity is exceptionally late.

TRANSPORT COSTS: Passengers are asked to pay a contribution to the driver for their share of car expenses. Each passenger should expect to contribute 10-15 cents per km. Large cars and 4WDs obviously cost more to run than small cars. If there are 3 or more passengers then 10c/km is probably a reasonable contribution. If you are unhappy with the contribution amount, you are always free to take your own vehicle.

CAMPING FEES: National Park or State Forest camping fees are \$4.85 per person per night. (The leader will provide details.) NSW National Parks also charge \$7 per vehicle per day.

ALWAYS TAKE: Membership Card; Food & Water*; First Aid Kit; Sunscreen; Torch; Whistle; Paper/pencil; Warm Clothing; Raincoat; Sun Hat. Don't forget a change of clothing & shoes for after the walk.

*Water allowance, where noted, is the minimum the leader recommends.

Example — **FSDW-3B**
Family (F)
Short Day Walk (SDW)
Graded track with obstacles (3)
Easy (B)

PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

February

25 Meeting - Light-weight bushwalking

27-1	LBC-5C	Green Mountains Base Camp	Lynsey Moore	3366 6135
			Ray Glancy	33438854
28	S&T KAYAK	Mooloolaba	Peter Hunt & Kay Byrne	
	33513642 & 33971021			
	S83S&T	Kangaroo Point - Beginners Abseil Day One	John Granat	3274 2777 wk.
	MDW-3B	Wishing Tree & West Cliff	Mary Comer	3844 6231
	SDW-5C	Mt Greville	Kevin &	
			Leanne Pinter	32733517

March

1	M-DW-5C	Obi Obi Gorge	Kay Byrne	3397 1021
	S83S&T	Kangaroo Point - Beginners Abseil Day Two	John Granat	3274 2777 wk.
	MDW-4B	Northbrook Mtn	John Shields	07-32646565
	MDW-7D	Coomera Gorge	Marion Darveniza	3378 4031
	SDW4B	Manorina Walk	Dennis Fishlock	32840551
				0419577360
3	SOCIAL	Dinner & Movie Cinema Cafe	Peter Hunt	33513642
7	LDW-3C	Albert River Circuit	Mary Comer	3844 6231
	MDW-6C	Summer Creek	Elaine Beller	0417069366
7-14	LTW3C	Blue Mountains	Kay Byrne	3397 1021
8	MDW-3B	Mt. Cordeaux/Bare Rock	Deniz Clarke	0412 007 360
	LDW-6D	Around Mt Bangalora	Marion Darveniza	3378 4031
	MDW5C	Greene's Falls /love Ck Falls	John Shields	07-32646565
10	MDW-6C	Byron Gorge & Stevens Ck	Marion Darveniza	3378 4031
11 Meeting				
13-15	MBC3B/4B	Mt Glorious Base Camp	John Shields	07-32646565
14	MDW 3B	Somerset Trail	Dennis Fishlock	32840551
				0419577360
	SOCIAL	Chocolate High Tea	Deniz Clarke	0412 007 360
15	L3BDW	Coomera Circuit	Wendy Spiry	
	MDW - 6C	Cedar & Love Creeks	Lynsey Moore	3366 6135
	MDW-3B	Kin Kin Countryside Trail	Eddie Chappel	32619337
	MDW2B	Noosa National Park	Bill Gale	33556023
17	MDW-5C	Little Nerang West Creek Circuit - Survey	Wendy Spiry	
20-22	LBC-3B	Straddie Base Camp	Ray Glancy,	3343 8854
			Lynsey Moore	3366 6135

PROGRAM

ALWAYS TAKE YOUR MEMBERSHIP CARD WITH YOU

Refer to Page 3 for a list of the minimum items required to take on a Day Walk

21	MDW-4/5B	Mt Coot-tha Navigation Practice	Kay Byrne and Marion Darveniza 3397 1021
22	MDW 3B MDW-3B MDW-6C	Somerset Trail Greene's Falls / Western Window Cedar & Love Creeks from the bottom	Wendy Spiry John Shields 07-32646565 Marion Darveniza 3378 4031
25	Meeting		
27-29	MBC 6C /4B MBC-3C	Morans Creek & Stairway Falls Mt Glorious for New Members	Marion Darveniza 3378 4031 John Shields 07-32646565
29	MDW-5C	Lincoln Wreck	Peter James 0412886880
April			
5	LDW-6D SOCIAL	Around Mt Bangalora Moreton Bay Day Sail	Marion Darveniza 3378 4031 Burney 0422386080
8	Meeting		
9-13	MTW-3C	Fraser Island	Elaine Beller 0417069366
12	MDW-5B	Mt Coot-tha	Wendy Spiry
17-19	MBC4AS&T	Navigation and Leader Training Base Camp Mt Glorious Barracks	Kay Byrne 3397 1021
19	LDW-3B	Toolona Circuit for Under 40s	Karlene Booker 0416 192 269 & Deniz Clarke

Membership Cards

BBW walk leaders will need to see your membership card at the start of all walks, so PLEASE have it with you! You may be refused participation in an activity if you cannot prove your membership status.



Coming Trips

33513642 & 33971021

GREEN MOUNTAINS BASE CAMP

Base Camp Fri 27 Feb - Sun 1 Mar

LEADER: Lynsey Moore / Ray Glancy
3366 6135 (L) / 33438854 (R)

MOBILE: 0419 719480 (R) / 0409 725843 (L)

EMAIL: moorealjac@optushome.com.au

GRADE: LBC-5C

LIMIT: 20

BRING: Base camp gear + P3 What to bring for walks

COST: \$10 per person camp fees

DEPART: Meet Green Mountains Camp
Ground Friday night

CAR KMS: 220 kms

MAP: Beechmont (1:25000)

Green Mountain campground is 110 kms south of Brisbane in the Lamington National Park. This is the "O'Reilly's" section renowned for its lush sub-tropical rainforest, pristine creeks, spectacular waterfalls, prolific birdlife and snapping crayfish. We will meet at the camp ground on Friday night - we will be easy to spot with a tarpaulin & tables set up for those who may wish to have their Friday evening meal at the campground. AND the campground has hot showers. Saturday will see 2 walks to choose from: the first & more difficult (hence the walk grading) will take in both branches of Canungra Creek. We will descend Bullant Spur, cross the E branch & climb over "middle ridge" down to Fountain Falls on the W branch. From there it is a magnificent rock hop down to the junction with the E branch; then back up the E branch (more sedately) via Stairway Falls to Bullant Spur again, primed for the slog home. The second walk will depend on the group but will be one of the track walks on offer (perhaps the wonderful Toolona Ck circuit) & most probably be graded LDW-3B - whichever is chosen, it will offer great samples of Lamington's treasures. Then all back to camp to clean up for a usual base camp festivity. On Sunday, we will democratically select a track walk not chosen the previous day. And we plan to be back at camp in plenty of time to pack up for the return to Brisbane. You will need to provide breakfast, morning tea & lunch for 2 days & whatever you require for Friday night. We will be contacting those coming, closer to the date about what to bring for the Saturday evening festivity.

MOOLOOLABA

Day Kayak Sat 28 Feb

LEADER: Peter Hunt & Kay Byrne

EMAIL: peterjameshunt@optusnet.com.au

GRADE: S&T KAYAK

LIMIT: 10

BRING: Kayak, paddle, PFD, money

DEPART: 8:30am Mooloolaba

This is an opportunity to learn some sea kayaking skills without any cost for the training. Included in the skills list is paddle strokes, beach launching & landing, deep water rescue, handling basic sea conditions. Mooloolaba is a reasonably protected beach from which to learn these skills. I do not have any qualifications so all that I can provide is knowledge, no certificate. Please bring your own kayak as you will need it when we launch into the sea. Either an estuary or sea style of kayak is suitable. No other options please. You can hire either of these from such places as Rosco Canoe & Kayak, Windsor, Goodtime, Woolloongabba and other options in the yellow pages. You can hire roof racks with the kayak if needed. Include your e-mail address with your nomination so that I can e-mail the details for the meeting place at Mooloolaba. Please do not launch your kayak as we will be covering some theory first. Also, bring some money for a fish and chip lunch from one of the many places in the area.

WISHING TREE & WEST CLIFF

Sat 28 Feb

LEADER: Mary Comer

3844 6231

MOBILE: 04276000

EMAIL: mco71878@bigpond.net.au

GRADE: MDW-3B

LIMIT: 15

BRING: Usual day walk gear

COST: Petrol money

DEPART: 7am Fairfield Gardens car park

MAP: Lamington NP

This activity is full.

MT GREVILLE

Day Walk Sat 28 Feb

LEADER: Kevin & Leanne Pinter 32733517

EMAIL: kevinleanne@primusonline.com.au

GRADE: SDW-5C

LIMIT: 10

BRING: Day walk gear

COST: Fuel Contribution

DEPART: 6:30am Fairfield Gardens

MAP: Mt Alford 1:25000

Mt Greville is a beautiful isolated peak east of Aratula. We will ascend via Waterfall gorge and descend Palm Gorge. At the top of Waterfall

gorge is a great spot for morning tea, and then on to the summit for lunch. There are spectacular views of Lake Moogerah and the main range from both spots. This is a good introduction to 'off track' walking but you need to have done a few harder track walks previously. Please nominate via the website or email. NO LIST AT MEETINGS

OBI OBI GORGE

Day Walk Sun 1 Mar
LEADER: Kay Byrne 3397 1021
MOBILE: 0429924726 (walk day only)
EMAIL: kby51515@bigpond.net.au
GRADE: M-DW-5C
LIMIT: 12
BRING: Hat, sunscreen, 3 Lt water, "dog body" waterproofing bag for pack (available from, equipment officer at the meetings or VET)
DEPART: 7am Alderley Shopping Centre
MAP: Witta 9444-13 1:25000

This activity is full.

NORTHBROOK MTN

Day Walk Sun 1 Mar
LEADER: John Shields 07-32646565
MOBILE: 0447824988[on walk day only]
EMAIL: johnshields@netspace.net.au
GRADE: MDW-4B
LIMIT: 15
BRING: MUST TAKE P3items& 2l WATER
COST: Car contribution\$12
DEPART: 7am Albany Ck Centro Shopping Centre UBD 108 F16
CAR KMS: 40
MAP: BFP
SELF SERVE ON LINE PREFERRED:UBD108 F16

NO LIST AT MEETINGS CONTACT LEADER DIRECT:

Parking at the Lawton Rd gate we proceed down the road to pick up the track up Northbrook Mtn to enjoy smoko and views from the first peak. We follow the track along the ridges through the orchid coated rocks with views all the way . We may lunch up there or if time permits walk out to Eagle Hawks Nest.The return to the cars could be back along the road or possibly along a track that i am yet to survey. The usual Samford Bakery Coffee stop will be partaken.This is a lovely walk." TRUST ME". New members with reasonable fitness will handle it OK

COOMERA GORGE

Day Walk Sun 1 Mar
LEADER: Marion Darveniza 3378 4031

EMAIL: louandmarion@gmail.com
GRADE: MDW-7D
LIMIT: 10
BRING: Day walking gear, 3L water,
COST: carpooling
DEPART: 6am Fairfield Gardens
CAR KMS: 210
MAP: Beechmont 1:25000

This walk out of Binna Burra starts by following the Coomera Circuit track for about an hour, then dropping down into the river through a number of cliff breaks. People need to be confident about down climbing using rock/roots/grass or trees as handholds. The meandery route is exposed in places, crossing under & over waterfalls, so people need to be comfortable with exposure. Once at Coomera River, we will rock hop and/or wade up past more waterfalls to the base of the Coomera Falls where there is a marvellous pool. The return is the same way. Fantastic scenery guaranteed.If you do not want to get your boots wet, then take a pair of joggers to change into at the river & pick up your boots on the way back. (Can also leave a water bottle there). CONTACT THE LEADER DIRECTLY - NO LIST AT MEETINGS

MANORINA WALK

Daywalk Sun 1 Mar
LEADER: Dennis Fishlock 32840551
0419577360
EMAIL: fyshies@bibpond.com.au
GRADE: SDW4B
LIMIT: 15
BRING: Day Pack as per page 3/3lt water
COST: Car Cost \$10 per person
DEPART: 7am Albany Creek Shopping Centre [Westpac Sign]UBD 108F16
CAR KMS: 70Kms
MAP: Brisbane Forest Park
NOMINATION LIST: Self online/club meetings Suitable for New Members

Manorina Park is located in the Brisbane Forest Park, to get there we will travel up Mt Glorious road onto Mt Nebo road, Manorina Park is nestled amongst a eucalypt forest.We will walk first along the Atrax circuit, there is a mix of gums, ferns and small foot bridges to cross, from here we continue along Morella track, there is a varied assortment of eucalypts and cabbage tree palm groves, with plenty of photo stops to Mt Nebo Lookout, the views are spectacular across Samford Valley, this is where we will stop for morning tea.From the Lookout we will go off track, where we will see elkhorns, orchids, ferns a diverse variety of eucalypts large and tall, we will cross a dry creek bed junction, negotiate ridges and gullies and come back out onto a forstry

track at this point there will be a lunch break. We will then walk along this track back onto the internal forestry Mt Nebo track and walk out to the boundary gate onto Mt Nebo Road and back to the cars. This walk is suitable for new members who want to try a little bit of off track. We will change into some fresh cloth's [being hot and humid our walk gear will be wet] we will then head off to a well deserve refreshment stop at the Samford Bakery

ALBERT RIVER CIRCUIT

Sat 7 Mar
LEADER: Mary Comer 3844 6231
MOBILE: 0427446000
EMAIL: mco71878@bigpond.net.au
GRADE: LDW-3C
LIMIT: 15
BRING: Usual day walk gear & togs
COST: Petrol money
DEPART: 6:30am Fairfield Gardens
CAR KMS: 220kms
MAP: Lamington NP

This is a 20.6km walk in the O'Reillys area of Lamington NP. It is mostly in the rainforest and we should be able to have a swim in a rock pool. As it is always 5 degrees cooler here than in Brisbane summer seems like a good time to go ! After walking out the Border Track we descend to a branch of the Albert River where we see beautiful waterfalls and rock pools. There are some minor creek crossings. We will have lunch at Echo Point with views to Mt Warning and the Tweed Valley then return to the cars back along the Border Track. This walk is suitable for new club members as long as you are fit enough for the distance.

SUMMER CREEK

Day Walk Sat 7 Mar
LEADER: Elaine Beller 0417069366
EMAIL: embeller@gmail.com
GRADE: MDW-6C
LIMIT: 10
BRING: Usual day walk gear, 3L water, waterproofed packs
COST: Carpooling
DEPART: 6am Alderley
CAR KMS: 250km
MAP: Mt Langley, Borumba Dam 1:25 000
This activity is full.

BLUE MOUNTAINS

Tw Sat 7 - Sat 14 Mar
LEADER: Kay Byrne 3397 1021
EMAIL: kby51515@bigpond.net.au
GRADE: LTW3C
LIMIT: 8

BRING: Through walking gear, food for 3 nights on the track
COST: Air and Train fare, camping and Accomodation
DEPART: Meeting at Katoomba
This activity is full.

MT. CORDEAUX/BARE ROCK

Day Walk Sun 8 Mar
LEADER: Deniz Clarke 0412 007 360
EMAIL: denizclarke@gmail.com
GRADE: MDW-3B
LIMIT: 15
BRING: 3L Water and all items on Page 3 of magazine
COST: Car contribution and coffee
DEPART: 7am Fairfield Gardens Car Park
This activity is full.

AROUND MT BANGALORA

Day Walk Sun 8 Mar
LEADER: Marion Darveniza 3378 4031
EMAIL: louandmarion@gmail.com
GRADE: LDW-6D
LIMIT: 10
BRING: Daywalk gear waterproofed.
DEPART: 5:30am Fairfield Gardens
CAR KMS: 230
MAP: Mt Superbus 1:25000, Teviot 1:25000
This activity is full.

GREENE'S FALLS /LOVE CK FALLS

Day Walk Sun 8 Mar
LEADER: John Shields 07-32646565
MOBILE: 0447824988 [walk day only]
EMAIL: johnshields@netspace.net.au
GRADE: MDW5C
LIMIT: 15
BRING: page3 Day pack
COST: \$10.00 car contribution
DEPART: 7am Albany Ck Centro Shopping Centre UBD 108 F16
CAR KMS: 80
MAP: BFP
SELF SERVE ONLINE BOOKINGS PREFERRED

Starting at Maiala Pk we walk the graded track to Greenes Falls. Following the track down beside the falls we then follow the ridge offtrack up to the cairn. More offtrack to reach a trail down the ridge to Love Ck and to the falls for smoko. Back upstream to turn off at Annies Ck and up the cascades and into the palm grove lined creek for lunch. Back up another ridge and across the plateau and down to the boardwalk. The short track is then used to return back to the cars. This is followed by a coffee stop at Samford on the

way home. A reasonably challenging walk with a bit of everything. It can perhaps appear a little daunting at times but once completed most find their confidence in their abilities boosted. Reasonable fitness is desirable and a good stepping stone to lift you out of grade 3 walks.

BYRON GORGE & STEVENS CK

Day Walk Tue 10 Mar
LEADER: Marion Darveniza 3378 4031
EMAIL: louandmarion@gmail.com
GRADE: MDW-6C
LIMIT: 12
BRING: Usual day walk gear. 3L water
COST: carpooling
DEPART: 6:30am Alderley
CAR KMS: 120 km
MAP: Mt Byron 1:25000

This trip combines many favourite elements - rock slabs, waterfalls, rock hopping, rock scrambling, huge overhanging cliffs, caves, swimming, interesting vegetation changes, some scunge and isolation. This trip is in the Mt Mee State forest and is ideal for this time of the year.

MT GLORIOUS BASE CAMP

Base Camp Fri 13 - Sun 15 Mar
LEADER: John Shields 07-32646565
MOBILE: 0447824988[on base camp days only]
EMAIL: johnshields@netspace.net.au
GRADE: MBC3B/4B
LIMIT: 15
BRING: Camping gear / day walk gear
COST: \$5.50 pp/pn
CAR KMS: 80km
MAP: BFP;

SELF SERVE ONLINE BOOKINGS PREFERRED OR PHONE /EMAIL LEADER. We are camping at the Mt Glorious Forestry Barracks where there is plenty of flat grassy area. The walks will be in rainforest with both on and off track but nothing too difficult but with variety . The actual walks will be decided once we determine the abilities and requests of those present.. Travel via either Mt Nebo or Samford to Mt Glorious Village and on to Maiala Pk. On the left is a Pine Rivers map so keep driving 700metres and just past the Western Windows Lookout on the left is the gate with a BBW sign .The gate is to be kept closed at all times except when driving through it. Down the road and through the rainforest about 200 metres and out into the clearing. You are there! See John for where to camp. There are good flat grassy spots to set up . No camping on the helipad. Facilities include hot shower, septic toilet, electric kitchen with M/W and fridge. A small number of beds are available in the barracks but

we encourage you to tent it. Camper trailers are OK but speak to John first. We have a campfire for cooking and plain old sitting around with happy hour before and socialising after dinner. Bring firewood if you can. The water supply is tank water so bring your own drinking water if you have any worries. I drink the tank water with no problems. Be ready to walk at 8am on Saturday morning with morning tea and lunch. This base camp is ideal for new walkers and counts as two walks towards full membership. The next new members base camp is to be held here so it will not be hard to gain full membership. This is a great opportunity for all you newly joined people to make new friends and get the feel of what BBW is about.

SOMERSET TRAIL

Day Walk Sat 14 Mar
LEADER: Dennis Fishlock 32840551
0419577360
EMAIL: fyshies@bibpond.com.au
GRADE: MDW 3B
LIMIT: 15
BRING: Day Pack as per page 3/3lt water
COST: Car cost \$10 per person
DEPART: 6:30am Albany Creek Shopping Centre[Westpac Sign] UBD 108 F16
CAR KMS: 110kms return
NOMINATION LIST: Self online/club meetings
EXTRA COMFORTS: Folding Chair, Coffee/Cold Drinks and nibbles

Mt Mee is the destination we are heading for, we travel out through Dayboro and then on towards Mt Mee, we will stop along the way for some photo's as the views are spectacular across the valley and mountains ranges. We will turn off onto Sellin road and out to the Gantry which is a large well established picnic area, the Gantry is a legacy of a once active sawmill. The first walk is along a short circuit called Piccabeen, this a board walk and track through a grove of piccabeen palms, from here we will head out along the Somerset Trail which is made up of scribbly gum forest, rain forest and dry open forest, we will stop for lunch at Somerset Lookout, there will be plenty of photo stops and view looking. When we return to the Gantry Park, we will have a Shared Social Afternoon Tea Nibbles[no alcohol] I am asking members to bring along[for example chips, biscuits, cake full/pieces]. BRING A FOLDING CHAIR, EXTRA COFFEE/TEA/COLD DRINKS FOR YOURSELF. I will have a couple of Esky's and ice to keep cold stuff, I can carry some folding chairs if some cars have limited room, my vehicle is a ute. THIS A VERY SOCIAL WALK IN A VERY COOL AND PLEASANT MOUNTAIN SURROUNDING NEW MEMBERS WELCOME

COOMERA CIRCUIT

Day Walk Sun 15 Mar
LEADER: Wendy Spiry
EMAIL: aspiry@powerup.com.au
GRADE: L3BDW
LIMIT: 12
BRING: Usual day walk gear
COST: Fuel contribution
DEPART: 6:30am Fairfield Gardens Carpark
CAR KMS: 200km approx
NOMINATIONS: web nominations preferred

The Coomera Circuit is a very scenic walk beginning from the Binna Burra carpark. We begin on the Border Track before branching off on the Coomera circuit. We pass through rainforest and giant brush box we get brilliant views of the Coomera falls. The gorge itself has a depth of 160m. The circuit crosses the river several times before we rejoin the Border Track. The walk is a total of 17.5km and is suitable for beginners with reasonable fitness and for everybody else who would like a lovely walk in beautiful country. As I'll be in NZ until early March I haven't published my phone numbers and I would prefer web nominations

CEDAR & LOVE CREEKS

Day Walk Sun 15 Mar
LEADER: Lynsey Moore 3366 6135
MOBILE: 0409 725843
EMAIL: moorealjac@optushome.com.au
GRADE: MDW - 6C
LIMIT: 10
BRING: "always take" p3 & 3 L water
COST: Fuel to driver
DEPART: 7am Alderley Shopping Centre
MAP: Brisbane Forest park 1:30000

This classic walk is on the calendar often, but I haven't done it in a while. So it's on again! It is one of the really inspiring walks of Brisbane Forest Park, with some great scrambling, pools to cool off in & (if we can find it) the famous red cedar. Starting at the end of Alex Road, we make a short descent to Annie's Ck and then up, around & down to the base of Green's Falls. Cedar Creek will be followed downstream to the junction with Love Creek, then up Love Ck to lunch above Love Creek Falls. After lunch we turn left up Annie's Ck & eventually come back to the cars. There are numerous waterfalls and cascades to negotiate - so good rock hopping and scrambling skills are needed; and I expect the pools will be good enough for swimming if recent forays to Brisbane Forest Park are a guide. Finally we will celebrate with coffee at Samford on the way home

KIN KIN COUNTRYSIDE TRAIL

Day Walk Sun 15 Mar
LEADER: Eddie Chappel 32619337
MOBILE: 0432733847
EMAIL: edwin.chappel@bigpond.com
GRADE: MDW-3B
LIMIT: 14
BRING: As per Mag page3, 2 litres water
COST: Car Contribution
DEPART: 7am Aspley Hypermarket near Aust Post sign

This activity is full.

NOOSA NATIONAL PARK

Day Walk Sun 15 Mar
LEADER: CONTACT OUTINGS OFFICER
TO CONFIRM TRIP IS CONTINUING
MOBILE: 0409613905
GRADE: MDW2B
LIMIT: 15
BRING: Day walk gear, plus towel and swimmers
COST: Car Pooling
DEPART: 7am Alderley Shopping Centre
MAP: www.epa.qld.gov.au
PREFERRED NOMINATION: Website

We start near the National Park entrance, where we will park the cars on a side road. We will walk to Alexandria Bay on the Tanglewood track and then get some sand between our toes on the beach, with a possible surf if conditions are safe. Morning tea will be at Hell's Gates, which has great views of the coast in both directions. We then walk along the coastal track and stop for a swim and lunch under the trees at Granite Bay. After lunch, we walk along the coastal track to the park entrance and then along the boardwalk to Hastings Street for coffee, with a short walk back to the cars, along the boardwalk. This is an easy walk, on sandy, rocky and board tracks, through some lush rainforest and more open coastal vegetation, with sheoaks and pandanus. The coastal track has spectacular views of the rocky foreshore, Noosa River Entrance and Northern beaches, with surfboard riders and fishing boats out to sea. Hastings Street does good coffee and people may feel more comfortable in less daggy walking clothes. Sandals, Walking Shoes or Running shoes are appropriate footwear.

LITTLE NERANG WEST CREEK CIRCUIT - SURVEY

Daywalk Tue 17 Mar
LEADER: Wendy Spiry
EMAIL: aspiry@powerup.com.au
GRADE: MDW-5C
LIMIT: 12
COST: transport

DEPART: 6am Fairfield Gardens
CAR KMS: 220?
MAP: Springbrook 1:25000 topographic
NOMINATE: web nominations preferred
Little Nerang West Ck is located in the Springbrook NP on the Gold Coast Hinterland. This walk is a copy of a walk put on at the 2008 Pilgrimage by the Gold Coast Bushwalkers and then led by Jon Beer when I was on it. Below is their description. "We leave our cars at the new camping ground in Carricks Road, Springbrook and join up with an old track leading along the Gwongarella Range. This historic track, which has been rarely visited for some decades, was the original road to Springbrook used before the Little Nerang Dam was built, and runs between Little Nerang East and West Crs. The first two hours is flat or gently downhill. Nearing the Little Nerang Dam, we head down a steepish ridge for an hour, threading our way to the mouth of Little Nerang West Ck. We then follow up this beautiful shady creek, negotiating many pools and waterfalls on the way. Considerable rock hopping in this section. Further up we get on to an old track system with some tree-falls before meeting up with the "Great Walk" track which takes us to Warringa Pool. We then follow up the Purling Brook track and connect up with the new NP track that takes us back to the camping ground. Suitable for fit persons with scrambling ability. Expect wet boots. Gloves and leg protection required. Long sleeves are recommended...". Expect lantana going down the spur. Since I'll be in NZ til early March I'd prefer online nominations.

STRADDIE BASE CAMP

Base Camp Fri 20 - Sun 22 Mar
LEADER: Ray Glancy, Lynsey Moore 3343
8854, 3366 6135
MOBILE: 0419 719 480
EMAIL: rayanddawnglancy@yahoo.com.au
GRADE: LBC-3B
LIMIT: 20
BRING: usual base camp equipment including tents, small stoves, cutlery, crockery, chairs, some warm clothes for night time,
COST: approx \$65
DEPART: 7pm Ferry
CAR KMS: Nil
MAP: Stradbroke Island
This base camp is designed for the sunlovers amongst us to farewell the sun as he/she continues her northern migration. She may be kind to us and leave us with two warm days cooled by the beautiful sea breezes. After that bit of purple prose, down to the details. You will need to be at the ferry terminal by 7pm Friday

night for a 7.30 pm sail. This timing is critical as the intention is that my ute will take tents, chairs, small stoves, sleeping bags etc. It is important not to plan to take too much gear as at this point we only have one ute. The majority of us will be 'walk on' passengers who will meet the bus at Dunwich for the drive across the island where we will put up our tents etc. and get a good night's sleep. Saturday will be a longish walk along fire tracks to Keyhole Lagoon for a well deserved swim after which we will cross to the beach and walk back up towards Point Lookout and our campsite. Sunday will be a short walk around Point Lookout over the Gorge track (very spectacular) and a bit of a laze around the campsite before we pack up to catch the bus back to the ferry and home.

SOMERSET TRAIL

Day Walk Sun 22 Mar
LEADER: Wendy Spiry
EMAIL: aspiry@powerup.com.au
GRADE: MDW 3B
LIMIT: 12
BRING: As per mag page 3, 2 litres water
COST: Petrol Money
DEPART: 7am Alderley Shopping Centre
CAR KMS: approx 120km
NOMINATIONS: web nominations preferred
This walk is located at Mt Mee, north of Brisbane. The trail is 13 km long & starts at the Gantry day use area at the end of Sellin Rd, Mt Mee. The Gantry is the remains of an old sawmill. The trail passes through vegetation such as Scribbly Gum, rainforest & dry open forest. We will have lunch at Somerset Lookout from where there are great views over Somerset Dam. This is a reasonably easy walk & would be suitable for new members to the club, or for anyone feeling like a nice easy stroll. Since I'll be in NZ until early March I haven't published my phone numbers and would prefer web nominations. This walk has mostly been led as a 3B but I feel it could even be considered a 2A. We shall see.

GREENE'S FALLS / WESTERN WINDOW

Sun 22 Mar
LEADER: John Shields 07-32646565
MOBILE: 0447824988 [walk day only]
EMAIL: johnshields@netspace.net.au
GRADE: MDW-3B
LIMIT: 15
BRING: Day pack as page 3 / 2 lit water
COST: Car contribution \$10
DEPART: 7am Albany Ck Centro Shopping Centre [Westpac Sign]UBD 108F16
CAR KMS: 80 return
MAP: BFP

SELF-SERVE ONLINE PREFERRED NO LIST AT MEETINGS SPEAK TO LEADER PLEASE PRINT EMAIL ADDRESS IN COMMENTS COLUMN WHEN BOOKING ONLINE

We depart the meeting place at 7am and drive to Maiala Pk where we leave the vehicles. Walk to Greenes Falls via Rainforest walk and Cypress Grove. Smoko at the Falls, we ascend a not too steep ridge and over the plateau and descend an easy ridge to Annies Ck with its palm groves. A track then leads up another NTS ridge via Alex Rd to Lawton Rd and the start of Western Walk. A fairly level formed track back to the cars via Western Window. We will travel half on made tracks and half semi made off tracks. Not a difficult walk but plenty of rainforest and palm lined creek beds through out. OK for newer walkers of reasonable fitness and those who like a comfortable pace. Stops for photos and viewing in the rainforest are part of this walk and ascent of ridges is done with rests. Please advise leader early if you have to withdraw so reserves can be notified. A COFFEE STOP AT SAMFORD WILL END THE DAY.

CEDAR & LOVE CRKS FROM THE BOTTOM

Day Walk Sun 22 Mar
LEADER: Marion Darveniza 3378 4031
EMAIL: louandmarion@gmail.com
GRADE: MDW-6C
LIMIT: 12
BRING: Day walk gear, 3L water
DEPART: 6:30am Alderley
MAP: Brisbane Forest Park 1:30 000

Going up Cedar Creek from the bottom, and then doing the Cedar/Love Ck circuit makes for a longer day (approx 1.5 hrs longer), but the rewards are in the form of excellent swims plus a great pool just by the cars ensuring clean, cool bodies for the trip home. The trip requires good rockhopping skills and confidence in getting up and down a number of steep rocky sections. The creeks are lovely and we will be in shade most of the day. Love Ck Falls are the highest in Brisbane Forest Park and if time we will deviate to the largest Red Cedar tree in the park.

MORANS CREEK & STAIRWAY FALLS

Base Camp Fri 27 - Sun 29 Mar
LEADER: Marion Darveniza 3378 4031
EMAIL: louandmarion@gmail.com
GRADE: MBC 6C /4B
LIMIT: 12 /16
BRING: Camping gear plus Day Walking gear, party food
COST: \$4.85 per night campi + car pooling
DEPART: 6pm TBA -
CAR KMS: 210

MAP: Beechmont 1:25000, Hillview 1:25000
This will involve a base camp at Green Mtns with a trip to Morans creek on Saturday and to Stairway Falls on Sunday. Options exist to join us on Saturday morning or Sunday morning instead of camping. Any others wishing to track walk are welcome to camp & join us for Pre-Dinner drinks on Saturday evening. PEOPLE CAMPING MUST BOOK THEIR OWN CAMPSITE ONLINE at the EPA website Morans Creek MDW6C - depart 7:15am Saturday-Limit 12-start of track to Morans Falls & Python Rock. We will walk to the top of Moran's Falls, then out to Castle Crag for morning tea with a view. From there we will drop down a very steep slope, contour with extreme care around the northern side of Castle Crag and follow a ridge with some lantana to the creek. Then it is rock hopping up the creek with its cascades, waterfalls and good swimming pools to the base of the falls. An old track takes us to the top of the falls. People need to be very competent at rockhopping and prepared for wet feet. It is a fairly long trip, but we will be back in time for relaxing with pre-dinner drinks. Stairway Falls - MDW4B - depart 8:30am Sunday - start of route down Bull Ant Spur - Limit 16 We will follow the rough track down Bull Ant Spur to West Canungra Creek. Morning tea and a swim will be at Yerralahla (Blue Pool). Then the old track is followed downstream to Stairway Falls with its fabulous pool. We will lunch there and then return the same way

MT GLORIOUS FOR NEW MEMBERS

New Members Weekend Fri 27 - Sun 29 Mar
LEADER: John Shields 07-32646565
MOBILE: 0447824988 [walk day only]
EMAIL: johnshields@netspace.net.au
GRADE: MBC-3C
LIMIT: 25
BRING: Tent, mattress, sleeping bag
COST: \$15 + transport
CAR KMS: 80
This a new members weekend, which probationary members can use to qualify for ordinary membership of the club. It involves a base camp from Friday night to Sunday afternoon at Mt Glorious. The venue is the Forestry Barracks in a beautiful private part of the forest. There will be discussions and presentations interspersed through the weekend on topics relevant to bush walking and to our club in particular. And this is a great opportunity to make some new friends. Ordinary members are also welcome to attend, subject to campground capacity. There will be a grade 3 walk each day, visiting some of the creeks and waterfalls of the Mt D'Aguilar National Park. Be prepared for a

swim, as the weather may be warm. Please try to arrive at camp between 4pm and 9pm. Our campsite has a showers, toilets and rainwater provided. Please try to arrive between 4pm and 9pm. (If you are early, John gets there around midday.) Nomination instructions and further details are on the club web site, or contact the leader. Please follow these instructions as carefully as you can, to make the trip run as smoothly as possible, especially for ME!

LINCOLN WRECK

Day Walk Sun 29 Mar
LEADER: Peter James 0412886880
EMAIL: psjames2@three.com.au
GRADE: MDW-5C
LIMIT: 10
BRING: Normal Day Walk gear
DEPART: 6am Fairfield Gardens
MAP: Mt Superbus 1:25 000
This activity is full.

AROUND MT BANGALORA

Day Walk Sun 5 Apr
LEADER: Marion Darveniza 3378 4031
EMAIL: louandmarion@gmail.com
GRADE: LDW-6D
LIMIT: 8
BRING: Daywalk gear waterproofed.
DEPART: 6am Fairfield Gardens
CAR KMS: 230
MAP: Mt Superbus 1:25000, Teviot 1:25000
This is a longish day and the fairly early start is to try to beat the heat for the climb up a saddle between Mt Bell & Mt Bangalora with great views of the Main Range. Then we drop down a valley and into Reynolds Gorge. Reynolds Gorge is the highlight of the trip. Going through the gorge involves sliding, climbing down and jumping into the pools with the certainty of being wet for nearly 1.5 hours, so wearing a thermal top is recommended. A second gorge will be checked out from above and then we return to the cars by continuing around the mountain. **NO LIST AT MEETINGS - contact leader directly**

FRASER ISLAND

Through Walk Thu 9 - Mon 13 Apr
LEADER: Elaine Beller 0417069366
EMAIL: embeller@gmail.com
GRADE: MTW-3C
LIMIT: 8
BRING: usual through walk gear
COST: see trip notes
DEPART: 6pm Car pooling by arrangement
CAR KMS: 600
This activity is full.

MT COOT-THA

Day Walk Sun 12 Apr
LEADER: Wendy Spiry
EMAIL: aspiry@powerup.com.au
GRADE: MDW-5B
LIMIT: 10
BRING: Always take P3, 2L water
DEPART: 7am Carpark below Summit cafe, Mt Coot-tha - just up from roundabout - UBD p158 D18
MAP: Brisbane Forest Park 1:30 000
web nominations preferred

This trip will follow some tracks, some fire trails, wander up some rocky creeks plus a bit of cross country (off track). It will be very suitable for those who want to try off track walking through moderately rough country without being under pressure. Most of the walk will be terrain Grade 4, but the creeks will involve easy rock hopping (grade 5) and maybe a scramble up one of the falls if the rock is not greasy (alternative track exists. New walkers very welcome. It should be a fairly short day - finish early to mid afternoon. Coffee at the Summit cafe. Since I'll be in NZ until early March I haven't given my phone numbers and would prefer web nominations.

TOOLONA CIRCUIT FOR UNDER 40S

Day Walk Sun 19 Apr
LEADER: Karlene Booker
& Deniz Clarke 0416 192 269 (K)
MOBILE: 0412 007 360 (D)
EMAIL: karlenebooker@hotmail.com,
denizclarke@gmail.com
GRADE: LDW-3B
LIMIT: 15
BRING: 2-3L water, plus all 'must take' page 3 items.
COST: \$20 car contribution
DEPART: 7am Fairfield Gardens Car Park
CAR KMS: 200
MAP: Lamington

The Toolona Circuit is located at O'Reillys in Lamington National Park. It is an 18km track walk. We head out from O'Reillys and walk through some fantastic rainforest and past a lot of waterfalls on our way up to the border. Please note there are several creek crossings on this walk. Potential opportunity to see the Lamington Spiny Crayfish. We then walk through some Antarctic Beech forests and take in some panoramic views to New South Wales before heading back to O'Reillys for some well earned afternoon tea. No list at meetings. Online nominations preferred.

Safety & Training

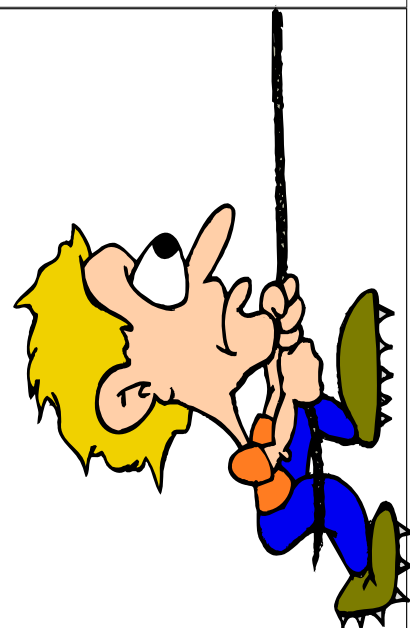
BEGINNERS ABSEIL TRAINING

KANGAROO POINT CLIFFS

DAY ONE

Abseil Training Sat 28 Feb

LEADER: John Granat 3274 2777 wk.
MOBILE: 0409620047
EMAIL: johngranat@gmail.com
GRADE: S83S&T
LIMIT: 6
BRING: Usual day walk gear,
 1lt water, morning tea
COST: \$20
DEPART: 7:30am Kangaroo Pt Nursery Cliffs



This activity is Day 1 of a consecutive two day beginners abseil course. Members must successfully complete this day before progressing to Day 2. The training will be conducted by members of BBW. Please note that you will be required to contribute \$20 towards the cost of the training, which includes issue of instruction handouts and use of club ropes and equipment.

KARGAROO POINT CLIFFS

DAY TWO

Abseil Training Sun 1 Mar

LEADER: John Granat 3274 2777 wk.
MOBILE: 0409620047
EMAIL: johngranat@gmail.com
GRADE: S83S&T
LIMIT: 6
BRING: Usual day walk gear,
 1lt water, morning tea
COST: \$20
DEPART: 7:30am Kangaroo Pt Nursery Cliffs

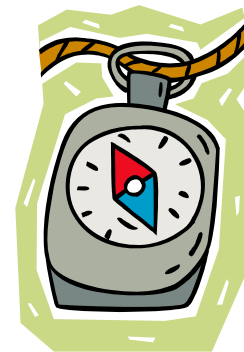
This activity is Day 2 of a consecutive two day beginners abseil course. Members must successfully complete this day before progressing to Day 2. The training will be conducted by members of BBW. Please note that you will be required to contribute \$20 towards the cost of the training, which includes issue of instruction handouts and use of club ropes and equipment.

John

NAVIGATION AND LEADER TRAINING

BASE CAMP MT GLORIOUS BARRACKS

FRI 17- SUN 19 APR



LEADER: Kay Byrne 3397 1021
MOBILE: 0429924726
EMAIL: kayabyrne@gmail.com
GRADE: MBC4AS&T
LIMIT: 20
BRING: Day walking gear, food, water if you don't like tank water, compass and a smile
COST: \$5.50pp/pn
DEPART: We will meet at the Barracks on Friday evening,
car pooling can be arranged, email me with plenty of notice
MAP: Maps will be supplied, please bring your compass

This weekend is a combination of Navigation and Leader training with sharing information in a relaxing atmosphere of a base camp weekend. You will learn a number of bushcraft skills as well as learn some helpful hints for a range of different situations that may be encountered and the essentials of leading a BBW walk. Basic navigation training will also be covered. There will be a number of hands-on activities to develop skills in map reading, compass bearings, and route selection. A number of BBW leaders will give presentations on leader skills. We will be doing some walking to enhance our activities with plenty of time to relax and socialize on this which promises to be an informative and enjoyable weekend. To get there: Travel via either Mt Nebo or Samford to Mt Glorious Village and on to Maiala Pk. On the left is a Pine Rivers map so keep driving 700 metres and just past the Western Windows Lookout on the left is the gate with a BBW sign. The gate is to be kept closed at all times except when driving through it. Down the road and through the rainforest about 200 metres and out into the clearing. You are there! Facilities include hot shower, septic toilet, electric kitchen with M/W and fridge. A small number of beds are available in the barracks (beds will not be booked) so bring your tent.

Kay

Family Group

This year I am hoping to really get the families in BBW motivated and active. We all like to get out in the fresh air and enjoy what nature has to offer and I'm sure you'd like to get your kids involved too. We now have a section about kids and bushwalking on the BBW website, so please take a look.

Already this year by the time the magazine comes out, the family group will have had a picnic at Roma St Parklands. Also, on the calendar, there is a family new members' base camp organised at the Mt Glorious Barracks for the second weekend in June.

I would love to put some walks on the calendar pretty quickly, so if you have some ideas for where we can go with the kids please let me know.

To join the family group's mailing list, please send an email to bbwfamily@bbw.org.au. Please include in your email your name and the names and ages of your kids and any special requirements they might have. There seems to be quite a few new members coming through with kids in the 8-12yr age group and quite a few at 5yr and below. Obviously, these two groups would have different activity capacities, so I'd like to get walks/activities organised for both levels. It's never too early to keep them away from the television I say!!

So come along, join the fun and get the kids involved in the outdoors.

Look forward to hearing from all the families in BBW very soon.

Marion Crowther—Family Group Co-ordinator

Snippets

The following is compliments of the NRMA web site, "Map Reading Class for Bushwalkers". The NRMA copy writer must imagine that any of their members who leaves the comfort and safety of their vehicle needs this sort of help. Actually, the rest of the article is not that bad and has some good basic advice, worth a look.....

"Refolding a Map - Reading a map is one thing, but re-folding it again is another. To avoid an origami nightmare there are some simple rules to follow.

Firstly, keep in mind that any fold you make should not bury the colourful front section of the map - the part that has the title, price, and such like. If you fold any fold this section vanishes, then undo what you just did and look for another option.

Next, take a good look at the map. You'll see there are only two kinds of folds - those that go lengthwise, and those that go across the width. In most maps, you fold up all the folds going one way before you start folding it the other way. Try folding all the lengthwise folds first, in concertina fashion, and see what happens. If you lose sight of the title section of the map, you know you've made an error and should try it the other way.

Finally, maps are prone to ripping and tearing, especially out in the bush. A good tip is to unfold it before you set off and Sellotape along all the creases to help stop tears. Always fold the map in such a way as to show the area - or part of it - that you are traversing. This way you don't have to keep opening it and closing it too often, which can cause damage in no time at all."

Pat's Tips: A better technique is to ask your map seller to get your new map laminated for you. This is a small charge and protects the map from wear & tear as well as the weather.



As you will learn on the navigation training day it's often necessary to walk holding the compass on the map. A laminated surface adheres better to the back of the compass and helps to keep the direction finder on course...a handy trick.

If you find yourself in Tasmania on a wet walk and you are down to your last pair of dry sox, try sticking your feet in plastic bags before putting on your camp shoes or wet boots. This will keep your sox dry and allow your feet to dry out a bit as well. (assuming all your plastic bags aren't full of wet sox)

A small container of antiseptic powder is also a useful addition on a wet walk. A little powder rubbed into the feet will help to dry the skin and hopefully knock off any bacteria that may be thinking of taking up residence.

Antiseptic or talc powder is also essential for a sandy walk. Sand in the sox is a major cause of blisters, so be sure to give your sox a good thrashing inside and out before putting them on. Drying your feet does not remove all the sand but it will just fall off your feet when the powder is rubbed on, be sure to get into all the cracks around the toes.

Working to the rule that everything must have multiple uses Pat also recommends Antiseptic powder for mild chaffing, and suspects it may be useful for getting into damp skins, but as yet hasn't tried this out. At this stage no recipes using antiseptic powder are anticipated, and Pat warns against using antiseptic powder as a thickener for soups & stews, potato flakes are a much better option. Be sure to label all containers.

MANY FACETS OF A TASMANIAN BUSHWALK!!

The word has passed around that January 2009 was not ideal for walking in Tasmania but we did have an excellent time despite the conditions -- even though one member has been heard to say the South Coast track was the "walk from Hell!"

We arrived at Launceston on a beautiful day and took a special photo from the bus with a view of Cradle Mt – the only view we ever got! The next morning we donned rain jackets and 2 hours later we added rain pants as we were buffeted by strong winds and rain near Marion's Lookout. We wore them every day for the next week in rain, sleet & snow! Joan declares her dream had been to walk in falling snow! Snow was falling in Pelion Gap and at Windy Ridge it snowed all night and we woke to a White New Year and a handsome snowman. As for Mt Ossa and the Acropolis we have excellent photos of these covered in snow. Our photos have reminded me of the many delightful scenes, it was exciting to see wombats, echidna, Tiger Snake, Eastern Quolls and beautiful wildflowers. We finished on a "high" with the last night at the small hut at Echo Point nestled by a peaceful Lake St.Clair.

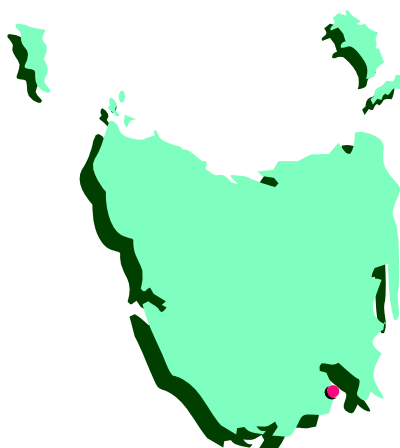
The South Coast Track was one of the hardest walks I have done as after 2 weeks of rain the mud was "mud extraordinaire" and many boardwalks were submerged under water. It sapped our energy as we pulled feet out of "sucking mud" and leaped from side to side to avoid disappearing altogether. We were lucky the weather often cleared at the right time to appreciate views and it was nearly always sunny on beach walks – I remember stunning views of the bays and cliff formations. Hey it had many memorable moments just not sure I would rush out and do it again!

After recovery in Hobart – the girls did this the best with massage, baths and saunas – the next stop was Freycinet Peninsular. The peninsular was as beautiful as people say, we not only loved the popular Wineglass Bay but found Cook's Beach and Hazard's Beach especially memorable. When we arrived Cook's Beach it looked like a tropical paradise. Our hassle at Freycinet was conflicting information on water availability so we carried in extra and then found there was water in the tanks.

Maria Island presented us with Total Fire Bans and track closures, a dust storm almost obscuring Mt.Maria, and the last night "unusual westerly winds". Winds in Hobart on the Fireban day were 110kms! There is plenty on Maria Island to enjoy with historic buildings and information, easy walking, beautiful Encampment Cove and wonderful beaches along the isthmus which we all enjoyed. We climbed Bishop & Clerk but Mt Maria was off limits due the Fireban. The island is suffering dreadfully from drought with masses of dead trees and bracken and we could see if fire started it would be disastrous.

A holiday I will always remember! One never knows what each walk will bring and I think this one had so many different aspects and was very difficult at times. Everyone kept plugging on and helped one another, keeping the smiles and high morale – especially the day we "went over the Ironbounds!". Thanks to a great crew Brian M, David T, Mary C, Paul F, Joan D, Liz L, Jeanette K, Rosemary McC. – just let me know if you want to do the South Coast Track again!!!!

Julie M



Committee News

PRESIDENT'S REPORT

In last month's report concern was expressed about the 'removal' of the Wagawn track. It would appear that is not the case and Wagawn will remain an EPA responsibility so my apologies for anyone inconvenienced by the error. The response of leaders to a request for more walks to cater for the influx of new members was magnificent and all leaders are thanked for their efforts. There were plenty of walks covering a range of grades for new members to choose, and they did take advantage of this. We welcome them all of course and hope their membership of BBW will be a long, safe and enjoyable one.

Last month I mentioned our affiliation with Bushwalking Queensland, which is the state body representing bushwalking clubs throughout the state. Some years ago you may have known it as 'federation' but that name is well out of date now. It has a new website with news on activity at the state level: www.bushwalkingqueensland.org.au

The state body is in turn affiliated with Bushwalking Australia with its website at: www.bushwalkingaustralia.org

A club sub-committee has been looking into the rules and by-laws surrounding who and how people become members of the club. This has come about through increasing membership and how best to accommodate the changing needs of members and prospective members while at the same time preserving the friendly co-operative culture of the club. It is due to report with recommendations to the March committee meeting and the outcome of that meeting will be in the next magazine.

Members will be pleased to hear that Graham McLeod has been discharged from hospital on Tuesday 10th February and by all reports is looking remarkably well, all considering. Graham, a keen kayaker, was involved in a serious car accident on return from a kayak trip on the Australia Day weekend.

Tom Hulse

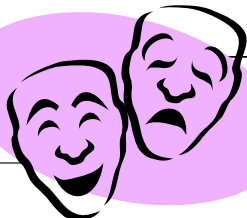
NEW MEMBERS

Welcome to the following New Members who joined during the last month:

Trent Ballard	Claire Bonfield	Annette Boshier	Micah Brennan
Ruth Bretnall	Emily Campbell	Kay Clifford	Mary Clowes
Sean Cook	Celia Copeland	Phillip Crockford	Debbie Curtis-Pryce
Julie Dale	Jacqui Dalton	Carol Dauth	Chris Davies
Lauren Dawney	Esther Dobbyn	Margaret Donald	Jude Douglas
Jesslee Engelhardt	Julie Evans	Don Fawcett	Colin Fitzgibbon
Kate Flint	Dean Gavin	Gibbo Gibbons	Tristan Gough
Ralph Hales	Cathy Hawthorne	Kimberley Heath	Paul Herrod
Jacqui Higgins	Peter Howard	Graham Isaacs	Robert Kiss
Michael Long	Kisita Mackenzie-Ross	Josh March	Jeanette McDean
Leanne Middleton	Sarah Moor	Ruth Palsson	Ken Pattemore
Lucy Patterson	Tony Peeters	Beth Perrin	Carolyn Pickering
Rikki Pieters	Chris Pumpa	Rashida Riaz	Machelle Rinaldis
Sean Robinson	Suzanne Roper	Eddie Rose	Barb Shapcott
Kerri Shepherd			

Congratulations to the following who have been granted Full Membership:

Katrina Astill	Peter Beutel	Cathy Curley	Julie Marsden
Janet Angel	Ashley Burnett	Raylee Croft	Kym Dolan
Mariska Drenth	Nancy Fishlock	Jenni Hutchings	Stephen Lagerroth



Out & About

DINNER AND MOVIE NIGHT

Social Tue 3 Mar
LEADER: Peter Hunt 33513642
EMAIL: peterjameshunt@optusnet.com.au
GRADE: Social
LIMIT: Nil
MEET: 6:30pm Cinema Cafe,
158 Oxford St, Bulimba

The Cinema Cafe offers a good range of high quality meals and desserts at reasonable prices. It is ideally situated a few doors from the Balmoral Cinemas. You are welcome to come to the dinner only as the movie sessions can be a little late. Movies screening at the time will be discussed over dinner.

Peter

CHOCOLATE HIGH TEA

Social Sat 14 Mar
LEADER: Deniz Clarke 0412 007 360
EMAIL: denizclarke@gmail.com
GRADE: SOCIAL
LIMIT: 15
COST: Approx \$35
MEET: 3pm, Lobby Stamford Plaza Brisbane
This activity is full

Deniz

MORETON BAY DAY SAIL

Social Sun 5 Apr
LEADER: Burney 0422386080
EMAIL: burnicestarkey@hotmail.com
GRADE: SOCIAL
LIMIT: 35
BRING: Lunch and refreshments, sun screen,
hat, swimmers, light jacket, camera,
NO GLASSWARE

COST: \$60
DEPART: 9:30am William Gunn Jetty,
Wyvernleigh Close, Manly

**DUE TO LARGE NUMBERS OF NOMINEES
PRE-PAYMENT IS NOW REQUIRED. \$60 BY
MARCH 11TH @ MEETING OR PAID INTO MY
BANK WITH YOUR NAME NOTE: BSB: 944300
ACC: 010834109**

This activity is full.

Please arrange car-pooling amongst yourselves by looking at the on-line nomination list and phoning someone(s) near you. "South Passage" is a 100 ft gaff-rigged schooner. It's a working ship meaning that all participants help with sailing the vessel. If you like have a go at hoisting the sails, helming or pulling ropes. Bring your sense of fun and adventure. Whilst the plan for the day is weather dependant, a possible itinerary could be a morning sail across to the Big Sand Hills where we can anchor for lunch and a swim. Please bring your food and drinks in plastic or perspex ware and in a little esky.

Burney

Magazine Collating

Magazine collating is at Lynsay Moor's at Ashgrove on Thursday 19th March at 7.30pm. There is only about 1 1/2 hours work required.

If you would like to come along for an easy social night with dinner please phone 3366 6135 to confirm.



GUEST SPEAKERS

WEDNESDAY 25 FEBRUARY—LIGHT-WEIGHT BUSHWALKING

Presentation from Greg Toman on his light-weight bushwalking experiences. Greg is from Multi-Sport Imports which has a range of GoLite equipment such as tents and packs that are specifically targeted at those who want to go light-weight to make their bushwalking more enjoyable.

Narelle

For your Bushwalking Safety
NEVER WALK ALONE...
ALWAYS TELL SOMEONE...
WALK WITH A CLUB.

If you have recently changed your address, phone number (home or work) or email please advise the Membership Register Officer so that the club records can be kept up to date:
Shirley Peadon—email: registrar@bbw.org.au; or phone: 07 3892 4641

If unclaimed, please return to:
Brisbane Bushwalkers Club Inc.
GPO Box 1949
BRISBANE 4001

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